



# Are our freshmen getting fat?

By DENISE COTTRELL  
Staff writer

The Winters School Board was informed at the Sept. 2 school board meeting that ninth grade students are far below state average in body composition, a computed ratio of weight and height. In other words, said Sue Bridge, Winters Middle School physical education instructor, our ninth graders are heavier than any other students in Yolo County.

Bridge explained that public schools in California are required by law to administer the Physical Fitness Test (PFT) annually to all students in grades 5, 7 and 9. The PFT provides information to guide teachers in designing physical fitness instruction and helps parents and guardians understand their children's fitness levels.

The test is composed of six fitness areas: aerobic capacity, body composition, abdominal strength, trunk extension, upper body strength and flexibility. Bridge presented the scores reported to the

state for 2008-09, as data for the testing completed in 2009-10 will not be available until spring. In addition, Bridge presented a comparison of the scores with other local school districts.

A comparison of these scores with other schools in Yolo County showed that Winters 5th graders were above average for Yolo County in aerobic capacity, trunk extension and flexibility. When the fifth grade scores are compared side by side with Davis schools, the lack of a physical education specialist for the elementary grades shows. Davis students scored on average 20 points higher than students in Winters.

"The employment of a P.E. specialist in the elementary grades makes a difference in the fitness levels of elementary students," said Bridge.

Seventh graders, according to the scores presented, are the most physically fit. They scored above the Yolo County and state average in all physical fitness categories. In fact,

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## Deadline to register to vote is Monday, Oct. 18

The last day for Yolo County residents to register to vote for the upcoming statewide General Election is Monday, Oct. 18. To qualify to register to vote, a voter must be 18 years of age on Election Day; be a resident of the County of Yolo for at least 15 days before the election; be a citizen of the United States and sub-

mit a properly completed Affidavit of Registration to the County Clerk-Elections Department by no later than Oct. 18.

For more information concerning registering to vote, contact the Elections Department, 625 Court Street, Room B05, Woodland, CA 95695 or call 666-8133 or (800) 649-9943.



Photo by Debra DeAngelo

Adding a buck is so easy, even a kid can do it. Showing the community how are, from left, Noah Holmes, Paige Davis and Taylor Davis, at Pacific Ace Hardware, which won the Golden Apple award last year for collecting the most money in the 2009 Add-A-Dollar campaign. Add-A-Dollar collection boxes are located at numerous businesses throughout town, and are sponsored by the Winters Education Foundation. The money is used for educational programs at Winters schools.

## All those dollars add up

By DEBRA DeANGELO  
Express editor

Have just one pesky dollar to stuff back into your wallet after making a purchase here in town? How about stuffing it into an Add-A-Dollar box right there on the counter. Most Winters businesses have the little white boxes or a register key system for the campaign, now in its second year, and just a little can go a long way, says Winters Education Foundation (WEF) vice-chairman Rebecca Bresnick Holmes.

"We really want people to put in as many dollars as they can," says Bresnick Holmes. "People might not think a dollar would make a difference, but collectively, it can. If everyone did it, that would be \$6,000. That would really help. That alone could be pieces of technology that the schools are asking for."

She notes that following last

year's successful campaign, the WEF held a series of town hall meetings to decide what to do with the \$18,000 raised. School district teachers and personnel were surveyed, and then decisions made on how to divvy up the funds for the benefit of the most students possible. Bresnick Holmes explains that the priority for the funds is on programs and purchases that will benefit a wide range of students, as well as last longer than just one year.

On Wednesday, the WEF planned to give its first donation to Winters Middle School at Back to School night. Joie Watson, WEF president, gave Principal Sandra Ayon a check for \$3,000 from WEF. The middle school was the first site to receive funds, which will be used for teacher supplies — \$100 for each teacher — as well as continuing education seminars for teachers. The WEF will

soon be distributing funds at other school sites.

Bresnick Holmes says Winters now joins 600 other California cities and towns that have an education foundation. These foundations have formed in recent years as a response to the ever-shrinking funding that public schools receive from the government.

The WEF was formed by local parents, grandparents, educators and concerned Winters citizens a couple years ago, all wanting to do something to help local public schools. According to Bresnick Holmes, state support of public schools in California is among the lowest in the nation and the WEF founders realized that this was not a short-term problem.

"They believe that the community of Winters can make a huge difference in bridging the

See DOLLARS on page A-10

## Planners approve parcel split for street realignment

*(Editor's note: In last week's Express, a backup file of the planning commission story was accidentally placed on the page rather than the finished story. The following is the correct story. We apologize for any inconvenience this may have caused.)*

By DEBRA DeANGELO  
Express editor

Last week's planning commission meeting on Aug. 24 was a study in opposites compared to the prior special meeting on Aug. 10, which packed City Hall. By contrast, the audience was sparse and no one spoke at the public hearing.

The meeting began

with a request from Jeff TenPas to make a correction to the Aug. 10 minutes, which he said were incomplete. He said that the minutes did not note the written correspondence turned in from Bill Hailey, Sally Brown, Eric Dowd and himself, and objected to City Manager John Donlevy being referred to as the economic development commission all by himself.

TenPas also noted that he had listed the amount of dirt required to be trucked in to the Burger King project at County Road 90 and Grant Avenue (which was the topic of the Aug. 10 meeting) was not recorded in the minutes, and said this dirt

constitutes a "peculiar" exception under the California Environmental Quality Act (CEQA), and therefore should require a CEQA review.

Jen Moser, planning commission secretary, noted that the meeting minutes are meant to be a summary, not a transcript.

"We don't provide a verbatim record," said Moser.

However, TenPas' comments were added to the minutes, which will not be approved until the Sept. 28 meeting after they have been corrected. Commissioner Joe Tramontana also requested a correction to the minutes regarding the placement of the Burger King highway

sign, as he had commented at the Aug. 10 meeting that the sign should be placed to the back of the property rather than the front.

Commissioner Corinne Martinez also asked for a clarification in the minutes regarding City Manager John Donlevy's slide presentation on current signs in Winters that are out of compliance with the city sign ordinance. Noting that the Berryessa Gap Vineyards on Highway 128 is 1.5 miles outside city limits, Martinez said the sign is not under city jurisdiction and is in compliance with the Yolo County sign ordinance.

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Included in this week's issue are advertising inserts from:  
**Lorenzo's Market,**  
**Round Table Pizza**

(Supplements are sent to Winters, Woodland, Davis, Capay Valley, Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken at 9 a.m. daily, covering the previous 24 hour period.

Date	Rain	HI	Lo
Sept. 1		90	65
Sept. 2		98	62
Sept. 3		100	62
Sept. 4		100	56
Sept. 5		95	60
Sept. 6		96	71
Sept. 7		97	59

Rain for week: 0  
Season's total: 0  
Last year to date: Trace  
Rainfall season: 7/1 to 6/30

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## Weekly police report

**Aug. 22**  
~ 9:00 to 9:30 p.m. — 1000 block of Eisenhower Way, a piece of lawn furniture was vandalized. Damage: \$100.

**Aug. 27-30**  
~ 4:30 p.m. to 6:30 a.m. — 400 block of Anderson Avenue, someone forcibly entered a classroom and stole a projector. Loss: \$1,049.

**Aug. 28**  
~ 1:25 to 1:30 p.m. — Fourth and Main streets, suspect fired a handgun into the air in a negligent manner. The case is being forwarded to the District Attorney for complaint.

~ 2:29 p.m. — 1000 block of McArthur Avenue, parties were involved in a verbal domestic dispute.

~ 2:49 p.m. — David J. Dunlap, 47, of Vacaville was arrested on an outstanding Solano County Sheriff's felony bench warrant charging him with violation of probation on previous charges of possessing a controlled substance and driving with a suspended/revoked driver's license. Dunlap was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

**Aug. 29**  
~ 2:10 a.m. — Melissa Nicole Muganzo, 22, of Davis was arrested for driving under the influence of alcohol. Muganzo was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

**Aug. 29-30**  
~ 6 to 2:30 p.m. — 100 block of Main Street, two residential windows were broken. Damage: \$100.  
~ 8:30 p.m. to 9 a.m. — 600 block of Fourth Street, a vehicle was scratched using an unknown object. Damage: \$1,000.

**Aug. 30**  
~ 12:20 p.m. — 300 block of Creekside Way, victim's identity was fraudulently used to open an account.  
~ 1:24 p.m. — 100 block of Main Street, pain

medication was stolen on July 2. Unknown amount of loss.

~ 3:16 p.m. — Armando Cota, 38, of Winters was arrested for inflicting corporal injury on his spouse, causing willful cruelty to a child with possible injury or death and making threats with the intent to terrorize. Cota was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

~ 8:12 p.m. — First block of Main Street, an officer responded to an audible alarm. The business was found secure. A responsible party arrived on scene and the officer cleared the building.

**Aug. 30-31**  
~ 9 p.m. to 10 a.m. — 100 block of Second Street, eggs were thrown at a vehicle. Damage: cleanup cost.

**Aug. 31**  
~ 2:16 p.m. — A found necklace was turned over to police.

~ 4:38 p.m. — Jose L. Villalobos Garcia, 42, of Winters, was issued a notice to appear for being an unlicensed driver and driving at an unsafe speed.

~ 5:31 p.m. — 700 block of Dutton Street, an officer responded to an audible alarm. It was determined the alarm was activated accidentally.

~ 11:43 p.m. — Isaac Cecilio Fuentes, 23, of Winters, was arrested on an outstanding Solano County Sheriff's bench warrant charging him with failure to appear on previous charge of possessing less than an ounce of marijuana. Fuentes was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

**Sept. 1**  
~ 6:33 p.m. — Carlos Edwin Munoz, 20, of Winters, was arrested on an outstanding Winters Police Department bench warrant charging him with violation of probation on a previous

See **POLICE** on page **A-10**

## Weekly fire department report

**Aug. 30**  
~ 800 block of West Grant Ave, unknown medical aid

**Aug. 31**  
~ 400 block of Russell Street, difficulty breathing

**Sept. 1**  
~ 1000 block of Suffolk Court, diabetic problem  
~ 200 block of Mermod Road, abdominal pains

**Sept. 3**  
~ 400 block of Plum Place, seizures  
~ 600 block of Snapdragon Court, broken ankle

~ 100 block of Grant Avenue, football game coverage

~ 100 block of East Baker Street, fire alarm sounding

**Sept. 4**  
~ 300 block of Main Street, victim of a fall  
~ 400 block of Morgan Street, victim of a fall

**Sept. 5**  
~ 1000 block of Eisenhower Way, broken hip  
~ Mutual aid Putah Creek and Old Winters Road, unknown medical  
~ 400 block of Abbey Street, unknown medical

# YESTERYEAR



Betty Coman collection

This photo, taken at the Buckhorn Saloon, shows Joe Boggs Griffin, at right, and Ed Dunnagan, both behind the bar. The youngster at the bar is George Griffin and, at the far left, is Bert Sparks. This picture was taken before the Buckhorn moved to the DeVilbiss Hotel building.

**50**  
YEARS AGO

**September 22, 1960**  
Tom Washabaugh, son of Police Chief and Mrs. Earl Washabaugh, has been named a deputy sheriff of Yolo County, and will be assigned to the East Yolo substation. The Washabaugh's other son, Richard, is a state highway patrolman, stationed in Southern California.

Mrs. Russell Davis held a meeting at her home Tuesday for the mothers of some 10 second-grade girls for the purpose of starting a Brownie troop in Winters.

Mr. and Mrs. Charles Ray Keith, of Winters, are the parents of a son, born September 20, 1960, in the Yolo General Hospital, Woodland. The infant has been named Joel Lee.

Mr. and Mrs. Gene Caselli surprised their daughter, Margene, on her 18th birthday anniversary last Wednesday evening, with a dinner party and gala evening of family and friends.

The freshman class of Winters High School elected officers this week, choosing Byron Randolph as president, Don Dote as vice president, Carol Perkins as secretary, Beverly Diaz as treasurer and Donald Schroeder as sergeant-at-arms.

Tom Rominger, son of Mr. and Mrs. James C. Rominger, celebrated his ninth birthday anniversary last Saturday with a dinner party at the Nut Tree, which included his parents, sister Patty and cousin Rick Rominger.

**September 21, 1945**

The Napa County Board of Supervisors has gone on record as opposing any type of dam in Putah Canyon that would result in the flooding of any portion of the Berryessa Valley.

Born in Sacramento, Friday, September 14, 1945, to Mr. and Mrs. Harold Hansel, a daughter.

Dennis A. Barnard arrived from Southern California to take over the management of the local Labor Camp. He has been assistant manager at Shafter Camp.

Mrs. George Berry, affable clerk in the California Market, is having a vacation until October 1. Mrs. Berry, accompanied by her sister, will visit her mother in Texas, and other relatives in New Mexico.

Mr. and Mrs. Earl Womack, Mrs. Carrie Fischer and Jack O'Banion spent Sunday at Samuels Springs.

C.S. Chambers last week became the owner of the Main Street building where he has operated a barber shop for many years. Court records report the sale of the property by Mr. and Mrs. Frank Wyatt to Chambers.

Born in Sacramento, September 17, 1945, to Mr. and Mrs. Charles Roberts, a daughter.

Sidney M. Rummelsburg, of San Francisco, was a local visitor Monday. He formerly resided in Winters, and has been in the employ of Roos Bros. San Francisco store for the past 21 years.

## Berryessa lake level down .42 of a foot

The level of Lake Berryessa fell by .42 of a foot during the past week, with a reduction in storage of 6,871 acre feet of water, according to Ken Emigh of the Solano Irrigation District.

He reported Tuesday morning that the lake was 414.78 feet above sea level, with storage computed at 1,106,546 acre feet of water.

The SID is diverting 405 second feet of water into the Putah South Canal and 33 second feet is flowing in Putah Creek at the Diversion Dam.

Evaporation on Lake Berryessa averaged 270 acre feet of water per day during the week.

**100**  
YEARS AGO

**September 23, 1910**  
The town board made important municipal history at their meeting Tuesday night when the first step toward the building of a town sewer system was made.

Miss Mary Vasey returned home from Pope Valley Monday morning. Her school has a two weeks vacation.

Misses Emma and Lillian Johnson left Saturday morning for San Jose where they will enter the state normal school.

The faculty at Winters High School will hang a good picture in the school. The trustees refuse to be outdone and will provide another to be paid out of their own pockets.

The commercial department at the high school has six standard keyboard machines in place of five, and enables it to fully meet the demands made upon it for typewriter practice.

**115**  
YEARS AGO

**September 21, 1885**  
E. Ireland was awarded the first premium, at the State Fair, on his fruit drying car and now wears the blue ribbon. He sold the car he had on exhibition to a gentleman from San Jose, and has other orders to fill.

J.B. Collet has accepted a position to run George Stephens' traction engine.

Mrs. M.A. Wolfskill fell from a stepladder on which she was standing, one day recently, and sprained one of her knees so badly that she was laid up for several days.

B.R. Sackett returned on Friday evening of last week from a visit to his mines in Shasta County.

Leonard DeVilbiss returned Saturday evening from his trip to the coast. He looks fine as silk.

Supervisor Fredericks of Citrona did business in Winters last Wednesday afternoon.

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Ad deadline, noon Tuesday

# FAT

Continued from page A-1

they are in the 90th percentile or above for abdominal strength, trunk extension, upper body strength and flexibility. Not far behind was aerobic capacity, at 84 percent. The scores for 7th grade also represent the benefits of Winters' physical education when comparing the scores with Davis. Winters 7th grade students outscored Davis students in all areas of fitness.

Although Winters students make gains in physical fitness from grades 5-7, the scores for 9th graders present a downward trend. Although 9th graders have strong aerobic capacity, trunk extension and flexibility, the scores for body composition at 47 percent indicate overweight students.

"We have a number of heavy kids who try really hard," said Bridge. "This low number is a big red flag. The trend seems to be that students are getting heavier."

In order to provide the school board with a better understanding of fitness levels, Bridge created a data sheet with a small sample of 130 students and compared their scores over three years. The results indicate a trend that students are getting heavier.

In general, students are making improvement from 5th to 7th grade, but by 9th grade their body composition drops significantly, which means their weight has gone up. Bridge's sample also indicates that male Hispanics were at much higher risk for being overweight and not being in the healthy fitness zone, whereas white (not of Hispanic origin) has a higher percentage of students within their healthy fitness range. In addition, girls have a higher percentage within their healthy fitness zone than boys. Overall, Winters' average percentage of students within their healthy fitness zone is lower than the county average.

Board member Matt Brickey questioned Bridge regarding the fitness levels and asked if 9th graders were just growing and changing, and that by 18, one might see a different outcome. As the state does not require fitness testing after 9th grade and students are only required to take two physical education

classes while in high school, those numbers are not available.

Bridge did comment, however, that the large physical education classes at the high school make it difficult to focus on fitness rather than sports. Smaller classes make it easier to document fitness levels and Bridge said, "once students are not in the healthy fitness zone, is it difficult to get them in." The bottom line seems to be that not having physical education before middle school affects fitness.

## Wolfskill update

Wolfskill high school principal Emilie Simmons provided an update on the school. She said the school year is going well and students are adjusting to new staff. She noted that the addition of a high school counselor has been very positive. As part of her report on Wolfskill, data was presented for students achieving minimum credit, attendance, the district writing assessment and the number of yearly graduates. Minimum credit is the least amount of high school credit that students must earn every grading period. A student must earn seven high school credits or he/she is at risk of falling behind. Generally, students that attend Wolfskill High School have to achieve more than the minimum number of credits because they enter Wolfskill already behind in credits to graduate.

The percentage of students meeting the goal of minimum credit ranged from 80 percent for the first grading period to a low of 50 percent for the last period. In regards to the data presented, Brickey questioned Simmons regarding the percentile drop that occurred at the end of the school year, when approximately 50 percent of the students achieved minimum credit. Simmons explained that Wolfskill enrolls students throughout the school year. A new student has an adjustment period when attending Wolfskill. They don't get credit for just being in a classroom.

"Their option is to remediate with us," said Simmons, and it takes new students a while to mature and understand the Wolfskill system. In addition, changes in percentiles represent students who are scheduled to graduate and need fewer credits, thus

lower numbers who complete minimum credits.

When presenting the data for student attendance at Wolfskill for the 2009-10 school year, Simmons instructed the board to consider that the majority of the student population had not attended school or were truant before enrollment. The scores for the 10 grading periods ranged from a high of approximately 92 percent to the lowest of 70 percent.

The percentage of Wolfskill students passing the district writing assessment in the fall, winter and spring were presented with a comparison of the school years 2007-08, 2008-09 and 2009-10. Students in 2009-10 passed at a rate of approximately 69 percent in fall, 45 percent in winter and 67 percent in spring. Students' scores for passing showed slight improvement for the spring of 2009-10 over the previous two years, however despite an improvement from the previous year, student scores in the spring at approximately 45 percent passing raised some questions from Board members Jay Shepherd and David Hyde.

Shepherd asked why student scores for the writing assessment are better in the fall than in the spring. Hyde asked about the deviations in the writing assessment scores. Simmons explained that winter quarter instruction had deviated from utilization of the Step Up to Writing Program. And in addition, the prompt for this quarter is based on social studies and science and is thus more difficult. In addition, with scores close to 70 percent passing for the fall and spring, Simmons said that she is pleased with the scores, considering that the population of the school changes every year and a half.

Data presented for the number of students graduating from Wolfskill for the years 2005-10 showed a consistent yearly trend of 29 to 30 students receiving diplomas. In addition to issuing diplomas, Wolfskill also issues certificates of completion for students who complete the coursework but cannot pass the California Exit Exam. For the year 2009-10 only one certificate was issued.

## Trustee comments

Jay Shepherd's comments during the communication reports cen-

tered on his reading about the new national standards being paired with a teacher evaluation system called value-added system. This system ranks elementary school teachers based on how much their students improve on standardized state tests. Shepherd said this type of evaluation should be given some consideration as perhaps it might "make it easier to see what's going on" in regards to student achievement.

"We could see if students are going backward for forwards at certain grade levels and see how things are moving along," he said.

He also commented that he thought this type of evaluation might make it easier for people to see where to spend more time. Board member Orosco commented that value-added systems place full responsibility on the teacher and that there are many factors that need to be considered in evaluating student achievement.

Robyn Rominger reported on her meeting with Congressman George Miller, representative from the 7th District, which encompasses Contra Costa County and chairman of the House Education committee, which is sponsoring legislation H.R. 5504, Improving Nutrition for America's Children Act. Rominger said the meeting was positive and she was able to talk with Miller

and remind him that small school districts need to be considered federal school lunch programs.

Orosco, Rominger and Hyde reported on their positive experiences visiting the local schools, including Back to School Night.

Superintendent Rebecca Gillespie reported that progress is being made with Solano Community College in creating a partnership for education in Winters that may include offering Solano Community College classes in Winters.

## Other items

~ Tecera Philbrook, vice-principal for Wolfskill Continuation School, presented a student recognition award to Oswaldo Herrera.

~ The Reed Seeds company was recognized for donating seeds to the Wolfskill ROP program. Construction of a large garden is underway at the campus.

~ Matt Moran, Winters Area Education Association president, reported that all high school faculty and students are reading the same book, "Devil's Highway: A True Story" by Luis Alberto Urea, based on the true story of 14 Mexicans who enter the US illegally through the Arizona desert and died in the attempt.

Student representative, Anderson Bouwens reported that bad behavior at the first dance has brought

about some changes in policies.

~ During the public input portion of the meeting, Tracey Calvert addressed the board on behalf of her son Austin, regarding the lack of counselor availability at Winters High School. The counselor splits her time between Wolfskill and Winters High Schools, and Austin said her son wants to know "Why is our school with 250 students split in half with a school that has only 45 or 50 kids?" and is wondering how to divide the time more equitably.

He also asked why juniors take an 8th period, usually allowed only to make up a failed class. Calvert said her son doesn't understand why a good student can't have an 8th period.

Board members were presented with revised board policies and administrative regulations for a "first reading" with a recommendation for adoption. Shepherd questioned the wording of one potential regulation and another question was raised regarding nondiscrimination of employment as to the meaning of unlawful discrimination due to genetic information. A representative informed the board that a federal law was passed that prohibited discrimination of anyone due to genetic information.

The next school board meeting will on Thursday, Sept. 16.

# Opinion

## LETTERS

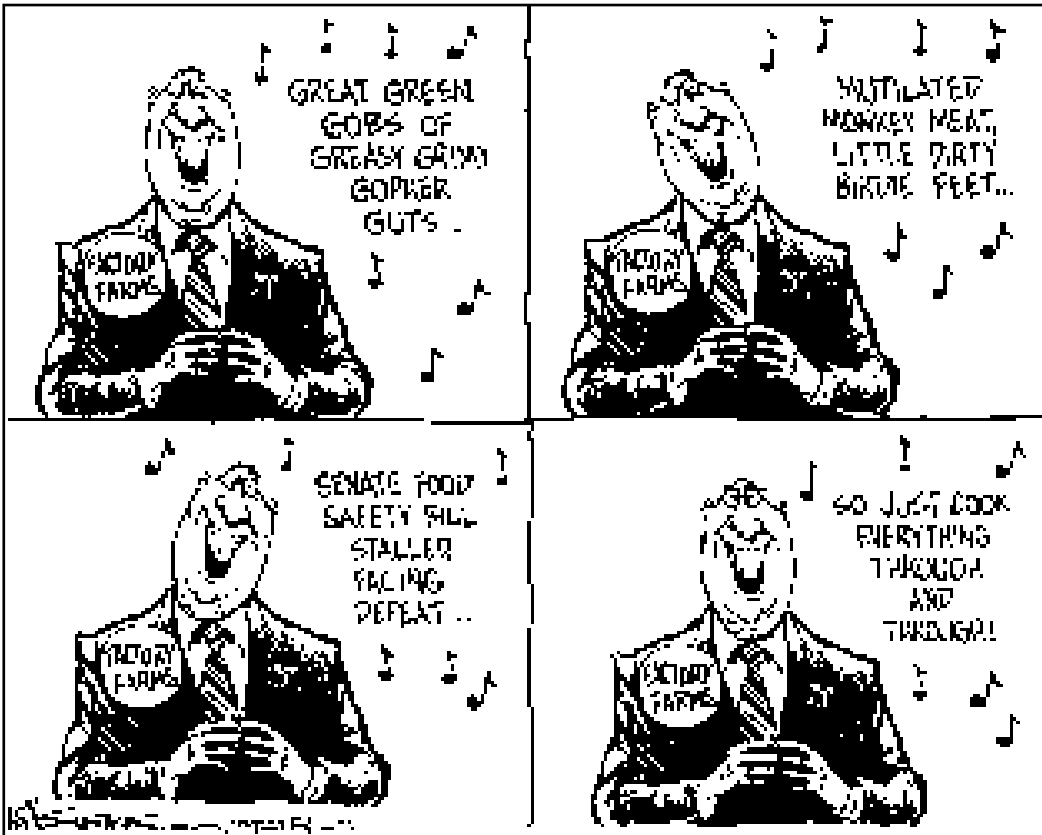
### Let's stop this foolishness

Another group of "Citizens for Orderly Growth" are at it again. Change is coming to Winters and a special interest group is trying to stop development of a business that will bring tax dollars to our town.

The idea that this action will cost the city or the developer some \$10,000 to revisit areas that the planning commission, city staff and legal counsel have already approved is redundant. This is just a ploy to stop development of any new business in our city. The last argument was that if you build a Burger King all our kids would get fat. That didn't work, so the next step it to try and clog the development process.

The latest complaint I heard was someone who lives west of town is opposed to seeing a "Burger King" on his/her way home. Is this one of the people who works in Sacramento or Davis and wants to live in utopia? And heaven forbid that person should ever have to cast eyes on something like a burger joint. I would invite that party to use an alternate route to avoid seeing what we need to survive.

It would seem to me that the people who don't want to see any development in Winters that would help our tax base would be willing to



provide money to balance our budget without extra cost to the citizens who "live in Winters." We have already been asked to contribute an additional \$500 per year in fees to operate various parts of the city. This could have been avoided if we had a larger retail tax base.

The Highway 128 corridor has long been planned for retail from Interstate 505 to Railroad Avenue. It is the logical place for this type of development and has been in the General Plan for many years. I spent 12 years on our city council and much of it was dealing with the planning of routes for trucks, and where to put new retail business such as "highway special commercial." All the traffic studies were completed

at that time. Let's stop this foolishness and get some more retail sales tax revenue for our town.

I think it's time the City Council deny this appeal and move forward with the project.

**ROGER MOSIER**

### We need this project

I really don't understand the flap about the Burger King proposal. This proposal has been around for several years and has been discussed to death.

I looked over the list of supporters of the delay and find that many are not tax payers in the city of Winters (Roy Bellhorn, Maggie Burns and Richard Rominger to name a few). This leads me to suspect that many

others listed as supporters of this delaying tactic also are not taxpayers in the city of Winters. I know some of these people have been supporters of many functions in the city. But where are their tax dollars going? Certainly not to the City of Winters.

In these grim economic times, we all need to be supporting projects that will improve the flow of tax dollars to the City of Winters. Also in reading down this list of so-called supporters who are throwing a monkey wrench into the planning process, I see almost a total lack of Hispanic names. It looks like an elitist list of supporters are behind this misdirected effort.

I believe the current population of Winters is

See **LETTERS**, page **A-5**

## All the town's a stage, and the people merely players

This whole Burger King brawl makes me feel old. And not just because I feel like I'm surrounded by squabbling children. It seems like the same play has been on the Gateway Stage for years. The story doesn't change, only the actors playing the roles.

I started thumbing through some of our back issues, looking for the original story on the passage of our current General Plan. It's in the May 21, 1992 issue, and notes that "bursts of laughter broke through the waves of excited talk" upon its passage.

See, children, once upon a time, our General Plan was viewed as a positive thing. I know that sounds really weird to you, but it's true.

The story notes that the city council certified the Environmental Impact Report and adopted the General Plan for a 12,500 population by the year 2010. Over the years, Winters' population was nowhere near that, so the city council extended the General Plan in 2009 to 2018. Which means it's still valid through 2018 or population 12,500. We've got far to go by either measure.

Interesting side note: I verified this by calling our Community Development Director, Nellie Dyer, on the phone and just asking her. And she told me the answers. It was super easy.

Turns out, you can just do that with city staff any time you want, even the city manager. You don't have to broadside them with "gotcha!" questions and accusations at public hearings. Just ask. It'd save a lot of time and aggravation, and cut the public hearing times in half.

Sometimes I hear

people say "We need a new General Plan!" as if it's just a matter of drawing up a new one. It's not. Our current General Plan cost over \$1 million, and I bet it's still not paid for. Should we really pile debt on top of debt when the city is barely treading water as it is? It's much more financially responsible to tweak the one we already have. Which, I must reemphasize, is still perfectly valid.

When I hear folks disparage our General Plan, I get the impression that they think it was just scrawled out haphazardly in crayon by a bunch of near-sighted nincompoops. Let's look at the names on the city council that approved the General Plan: Bob Chapman, Bill Pfanner, Frank Curry, Roger Mosier and Woody Fridae, our current mayor. You could stop right at Chapman. If you think Chapman was a nincompoop, you don't know your Winters history. If only we could call upon the ghost of Bob Chapman to bring sanity and order back to this Whopper war.

In today's Express, there's a letter signed by Roger Mosier. Yes, that Roger Mosier. Do you think maybe he knows what he's talking about? How we got here from there?

I kept thumbing through the 1992 back issues and found the one that printed the very same week I started working as the Express editor, Oct. 15, 1992. Know what's on the front page? A story about the new McDonald's planned on Grant Avenue.

Well, that never happened. Snags with the property owners tripped that up. But for



a time, a McDonald's was headed our way. But no letters to the editor followed, warning of the town's imminent demise from traffic nightmares, air pollution, illness and death if Ronald McDonald came to town.

And here's the salient point: That project was in the same general area as the Burger King project, and the traffic and EIR studies were approved for a population of 12,500, with traffic flow that included way more gas-guzzling, air polluting SUVs than we have now. If the studies were good for a population of 12,500, why on earth would we need new studies for the same area when we are 5,000 people short of what those studies were approved for? Isn't this pretty dumb?

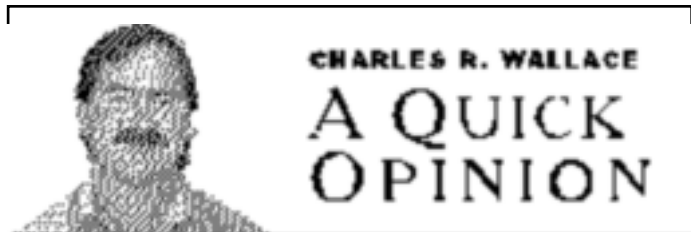
Also in 1992 are stories about the brand-new Economic Development Commission. Within the first few weeks of its formation, you know whose byline is on those stories? Mine. I have, literally, heard it all before. I'm feeling a bit like Solomon — nothing is new under the sun, not even in Winters.

This is the first line of the first story I ever wrote as Express editor on Oct. 22, 1992: "This week's City Council meeting was marked by a combination of frustration and reality as the council further defined the strategy it will use to deal with its financial crisis." I could have copied/pasted the exact same line onto

any number of council meetings this year. We were struggling then, and we are struggling now. You know what the answer was back then? Economic development. And what does our current city manager say the answer to our issues is? Economic development. It's totally consistent with the plan that's always been in place for Grant Avenue. But if you arrived late to the party, maybe you didn't know that.

The following is a line from the actual Dec. 10, 1992 story on my first Economic Development Committee meeting: "The corridor of Grant Avenue between I-505 and Railroad Avenue was described as the 'gateway to Winters.'" Yes, I was the first one to ever put that "gateway" word in print. So, yeah, I've seen this play before. I'm an eyewitness to the hard work that went into planning a template for economic development along Grant Avenue and I-505.

So, naturally it's frustrating for me and everyone else who was in the audience when the original cast was on stage to see a new cast take over and act like they're the first ones to ever appear in this play. They aren't. And they didn't write the script either. And some of us wish they'd show some respect for the ones who did. It was their hard work, concern and foresight that made Winters look like a great place for the new cast to call "home."



**DONLEVY TAKES A HIT.** Part of being a city manager is taking it on the chin from time to time. After reading Debra's column last week, you might get the impression that our city manager, John Donlevy, is skipping a sinking ship. For those of us that have been around for a couple of years, Donlevy is leading us during interesting times. I'm not sure when we weren't living during interesting times, but it is a catchy phrase.

We've had city managers (and councils) in the past who were caretakers, not willing to take risk for fear of making mistakes or not capable of making decisions. We've had a city manager, Perry Beck, who had a great vision for us but almost bankrupted us when he had us do a full blown General Plan update. He believed that we could grow ourselves out of debt. The developers promised to pay us back, but they didn't, and we ended up on the hook for over a million dollars. Each project built today is still paying for that General Plan.

Merrell Watts came along and put our financial house in order. Merrell was an interesting person. He was a bean counter. He knew how to save money, he built projects that he thought were absolutely necessary and overall he was the right man at the right time for Winters. One knock was that when the economy got better he still wouldn't spend money, even on improving our crumbling infrastructure. We could use him now in both Washington and Sacramento.

We've had John Donlevy around for almost 10 years now and his impact can't be ignored. He knows how to spend money, and lately, we are finding out that he also know how to make cuts. I don't want Winters to be like the State of California where nothing gets done, the budget is never balanced and leaders use smoke and mirrors to make us think everything is alright.

John Donlevy collects development fees up front from developers as we work on their projects. He also collected over 1.25 million dollars from developers that may never build in Winters. He used the money to build the Bobbie Greenwood Swimming Pool and the new library, among other things.

Winters has been using our reserve funds for a couple of years, yes, we are spending more than we take in. We will be out of reserves in about three more years. But who saw this great recession coming? I'm sure there are people who claim they tried to warn everyone of the pending collapse of the housing market and the jobs market that followed, but I don't think anyone, even now, can predict how long this downturn will last. I hope that Winters can add some revenue sources to help us weather this financial storm and secure our future against the next financial crisis.

People like to joke that living in a small town is like having one big family. There are fights all of the time. We've had our family fights, and most of the time, everyone takes some time off, then they shake hands and move on. One of the biggest fights was over Measure C, an anti-growth ballot measure that was defeated in 1989. With 71.3 percent of the voters rejecting Measure C, it didn't take long for everyone to calm down. There are still a few who aren't happy about the vote, but they mostly just grumble under their breaths.

Marilyn Clark summed up the election with "Our community is very independent and does not like to be told what to think." I wonder what Marilyn would think of this group telling her what to eat?

I had more friends in favor of Measure C than I have opposed to fast food and developing the freeway interchange. Must be my age or limited circle of friends. The anger is growing, which is never a good sign. There are now lawyers involved, which is never a good thing. Maybe my brother, the city attorney, will make a few extra bucks representing the city against this dirty dozen who filed the appeal of the planning commission's approval of the project. That would be one of the few good things to come out of this debate.

It will be interesting to see what this group does after the Burger King application is passed by the Winters City Council, and it will pass. Will they sue the city, try to recall the council or lick their wounds and pick up the fight another day?

Is it any wonder why we love living in Winters? Never a dull moment.

Have a good week.

## THANKS . . .

Winters welcomed Carroll and Maxine Sloper to this community about 25 years ago. During their time here, they enjoyed card games, service clubs and visits with many of you. At their passing earlier this year, we received cards and calls from many of their acquaintances. We wish to thank all of you for your kindness and friendship. The thoughts and memories will always be with us.

**NEAL SLOPER, NANCY HOWARD and LINDA EASTMAN**

Write to us:

[news@wintersexpress.com](mailto:news@wintersexpress.com)



# LETTERS

Continued from page A-4

almost 40 percent Hispanic. Come on people, let us come together and get this show on the road. We need the jobs and tax dollars that this project will bring to our fair city. The last thing we need to be is called West Davis.

I was born here almost 80 years ago and although I am not a city resident I support our current local elected officials. If you think you can do any better, run for office and throw the rascals out.

**DAVID A. FRISBEE**

## It's not about Burger King

Opinion polls are a funny thing. If we asked a bunch of people, "Would you like a new fast food restaurant in your town?" many would say, "Heck yes." If we asked a bunch of people, "Would you like it if your town failed to plan for safe streets, good traffic, and decent design?" they would probably say, "Heck no."

Instead of asking people to take sides between a new fast food restaurant and good planning, let's pose this question "Would you like safe streets, good traffic, decent design and a new fast food restaurant?" The number of "yeses" will probably be really large. In fact, even the people who filed the appeal to the planning commission's decision would say "yes."

The argument in Winters today is not about Burger King. The argument is about good planning. We believe that saying we'll build stuff and study the impact of that stuff on roads, safety and traffic later, and

figure out how it fits into the design of the rest of the area later, is not good planning. In fact, it's not planning at all.

So, we hope the current planning crisis in Winters is not played out in a simplistic sort of political poll style but instead gets a positive resolution to the issue here by stepping up and saying, "Let's have both." Let's have a good plan for traffic, roads, safe streets and decent design and, "Heck yes," let's have a new fast food restaurant and gas station. Not everybody will be perfectly happy with this, but we'll bet there will be a lot more "yeses" to this question than to any other.

**SHAUNIE BRIGGS, SALLY BROWN, KRESTA DALY, ERIC DOUD, BILL HAILEY, DON HUTCHINS, JANICE KOCH, ANA KORMOS, MIKE MCCOY, DAVE SPRINGER, JEFF TENPAS, and AL VALLECILLO**

## Planning or parenting?

Since when isn't a child's diet a parenting issue? As a lifelong vegetarian, I don't want to see any crappy fast food joint come to town. What if it was a topless joint, and the boys were biking down to check out the meat and milkshakes. Would that be a planning issue or a parenting issue?

We don't need to wait for a tragedy to happen, it already has — the American diet. And we're feeding it to our children. If it smells dead — don't eat it.

**RICK SCHUBERT**

## Spending your own money

Who are these people? Seventy-six signatures, and 38 don't live in Win-

ters. Two more are questionable. That means they don't pay a parcel tax or city (utility) bill tax. Yet, they want to see the city officials spend "\$14,000 of "our money" because they didn't get their way.

The city should make all of you put up a \$14,000 bond. If you win, you get your money back. If you lose, the city uses the \$14,000 to help keep the swimming pool open, which you use.

**TED ARMSTRONG**

## Thanks to everyone

The Winters Chamber of Commerce would like to thank everyone involved in making this year's Earthquake Street Festival a great success. We would like to thank our sponsors, Pacific Ace Hardware, First Northern Bank, Steady Eddy's, Dee Dee's Bar & Grill, Cache Creek Casino and Resort, Woodland Healthcare, Mike's Velo City, Andy Pignataro State Farm Insurance, Lester Bakery, Ficelle, El Pueblo Meat Market/ La Mexicana, Custom Cleaners and K.O. Construction, Inc.

We also would like to thank Creekside Signs for their help with updating the banner, Mariani Nuts for their use of the stage, all of those who participated in the entertainment of the night, and the Winters Police Department for their presence at the event. We also would like to thank all the vendors who participated in the event. Lastly, we would like to thank the community of Winters, for whom this event is truly about — thank you for coming out and having a good time.

**MYKE BERNA**  
**President**  
**Winters Chamber of Commerce**

## A heartfelt thanks

A big "thank you" goes to all our classroom parents and family members who donated to our garage sale. We are also very grateful to community members who opened their hearts with items and financial donations to add to our cause. Special heartfelt thanks go to our wonderful parents who came out to set up, sell, buy and clean up. All the joint efforts made our sale a big success.

**MRS. CATALAN and MRS. ROTENKOLBER and students**

## Letters policy

The deadline for Letters to the Editor is noon on Mondays for publication that week.

When Monday is a holiday, the deadline is noon on the prior Friday.

Letters may be mailed or hand-delivered to The Winters Express, 312 Railroad Avenue, Winters, CA 95694, or emailed to news@wintersexpress.com.

Letters should not exceed 500 words. Do not use all capital letters.

We reserve the right to edit or reject any letter.

Letters must be legibly signed by the writer, or if emailed, must indicate the writer's name. We may withhold writers' names from publication upon request if there is a legitimate reason, such as fear of reprisal or retribution. We reserve the right to determine legitimacy.

Letters submitted anonymously will not be printed.

We will accept letters of thanks naming individuals and local Winters businesses. Non-local individuals and businesses will be edited out.

We no longer print letters endorsing political candidates.

## 'Day of Service' supports UC Davis California Raptor Center

**By LIS FLEMING**  
**California Raptor Center**

The California Raptor Center at UC Davis is the most advanced raptor rehabilitation and raptor veterinary training center in the world. The California Raptor Center houses more than 50 injured raptors who are unable to function in the wild as well as providing nursing and medical care for injured birds from across the country that eventually can be released. The Raptor Center also provides hands-on experience to UC Davis veterinary students and educational opportunities to approximately 1,500-2,000 K-12 students who come to the center each year.

Even though the vast majority of labor at the center is donated by volunteers and students, it costs approximately \$110,000 in cash funding each year to keep the center up and running. Recently, however, the center was informed that is losing 100 percent of the funding previously provided by UC Davis. This will make continuing their mission very difficult.

To help out, the Sierra Club Yolano Group is partnering with the Burrowing Owl Preservation Society (BOPS) and Yolo Clean Air to sponsor a Day of Service at the Raptor Center on Oct. 9 during the upcoming Cool Davis 10-10-10 weekend. On this day, volunteers will be cleaning up fall leaves that have dropped and removing old plant debris. They will also be replacing about 200 feet of border fencing that is in complete disrepair and falling over.

Even with a generous discount on the lumber for fencing, the center still needs over \$1,000 just for the fencing material. All donations will be accepted. Send checks in any amount as soon as possible made payable to Sierra Club Yolano Group (write UC California Raptor Center in the memo line). Mail to POB 808, Davis CA 95617. One hundred percent of proceeds will be used for the lumber and materials for the border fence project. If any additional funds are raised they will be donated to the Raptor Center for use in their many other worthwhile projects.

At least 30 hard-working volunteers are needed on this Day of Service, Oct. 9, from 9 a.m. to 5 p.m. To volunteer, contact Carolyn Hinshaw, 757-2830 or aaagh@comcast.net. Volunteers are also invited to just show up at the event to help.

What to bring: Water and snacks; boots, gloves and hat; rakes, trash cans, and wheelbarrows if doing grounds maintenance; power drills and circular saws (with appropriate personal protective gear), extension cords, shovels and post hole diggers if doing fence replacement.

Only kids 12 and up may participate.

## Scholarship to honor Ramos' memory

The Winters Lions Club has established a Frank Ramos Scholarship for a Winters High School student athlete and scholar. Any contributions sent to the Winters Lions Club in Ramos' name or in his memory of passing will go directly into the club's scholarship fund.

Ramos was a Lion's member over 50 years and made the Lions Club a special one for the Winters community. Send contributions for the scholarship fund to: Winters Lions Club, P.O. Box 492, Winters CA, 95694, Attn: scholarship committee.

For more information about the scholarship fund, to join the club or to volunteer to serve the community with the Winters Lions Club, call John Neil, 681-5346.

## Auditions are this week

The Winters Theatre Company started auditions on Wednesday, Sept. 8, for its fall production, Frank Capra's "It's A Wonderful Life," and continues auditions on Thursday, Sept. 9, at 7:30 p.m. at the Winters Community Center. Performance dates are weekends, Nov. 19 through Dec. 5.

All ages are welcome to audition. Auditions will consist of selected cold readings from the play.

For more information, call 795-4014 or email winterstheatre@gmail.com.

# Community

## Mercury discussion planned at CreekSpeak

By **OLGA GARZON**  
Putah Creek Council

Most of us know that mercury contamination is a concern with some seafood and freshwater fish, but how the mercury gets into those fish is less well understood. Some mercury in Putah Creek, the Delta and the ocean actually comes from the mining legacy in Putah Creek.

This month's CreekSpeak will address mercury in the Putah Creek watershed. On Thursday, Sept. 9, from 7 to 9 p.m. at the Winters Library, Stephen McCord, senior engineer with Larry Walker Associates, will discuss the role Putah Creek played in the California Gold Rush, the mercury remaining in Putah Creek, and what is being done about it today.

Putah Creek Council arranged this month's CreekSpeak and the follow-up Oct. 3 mercury mine tour to shed light on this important local resource issue.

"I think mercury contamination is one of those issues most of us non-scientists don't fully understand," said Libby Earthman, executive director of the Putah Creek Council. "We know it's bad for our health, but the issue seems so complex it's hard to know where to start, and who to ask. This month's CreekSpeak and next month's fundraising tour will give attendees a great understanding of mercury contamination and the movement of mercury through aquatic ecosystems."

Mercury is a natural element found in the Putah Creek watershed. From the Gold Rush era through World War II, mercury was mined from the watershed for use in gold mining and various consumer products. That mining legacy has left behind a scarred landscape and contaminated waterways that even today threaten the health of humans and wildlife.

Mercury exists in many forms, but methylmercury



Courtesy photo

**A mercury mine in the upper Putah Creek watershed. Tickets are on sale for the all-day Oct. 3 tour of upper watershed mines.**

is the greatest concern for human health. Methylmercury is a potent neurotoxin, linked to developmental problems in fetuses and children, and to nervous system effects in adults. Methylmercury is readily absorbed from water and food, and therefore concentrations multiply greater than a million times between water and top predators of aquatic food chains such as salmon and tuna.

For more information about this free public talk or the Oct. 3 fundraising tour, visit [putahcreekcouncil.org](http://putahcreekcouncil.org) or call the Putah Creek Council at 795-3006.

CreekSpeak is a six-month series about the history, culture, and nature of our bio-region. All talks are free and open to the public. CreekSpeak runs from 7 to 9 p.m. on the second Thursday of the month at the Winters Community Library.

## The quiz show is back

By **REBECCA FRIDAE**  
Special to the Express

What is the capital of Macedonia? Who won the Kentucky Derby this year? What library program has been on a hiatus, but is coming back next month?

The answers are, Skopje, Super Saver, and of course, the Library Quiz Show. It has been more than two years since the last competition, and this October, it is back.

This fundraising event is set at 7 p.m. Thursday, Oct. 7. The show, presented by the Winters Friends of the Library, will take place at the Winters Community Center.

For a \$100, fee, teams of five will compete in three rounds of trivia questions to claim the trophy for Trivia Quiz Champion of Winters, and \$200. Categories include geography, news,

sports, history, Winters trivia and more. A few new categories will be announced at the competition.

Teams may be sponsored by civic organizations such as Soroptimist, businesses such as Warrior Video, or formed by a group of friends. WFOl will sponsor teams of students. Others may sign up for \$20, and form teams of interested individuals.

Spectators are welcome for a \$2 admission donation. Refreshments will be sold.

Entrance forms and rules are available at the library. All entries and fees are due by Oct. 5. Teams also may register at the door if all spots are not filled, for an extra \$20 charge.

For more information, call Rebecca Fridae at 795-4600.

## Say cheese — and wine



Photo by Chris Jones

**Joannie and Danny Turkovich, along with Chris Turkovich (not pictured) are the proud owners of Turkovich Family Wines and The Winters Cheese Co. at 304 Railroad Ave., and recently joined the Winters Chamber of Commerce. The Turkovich family has been serving wine and cheese since January and has expanded its product line. The tasting room hours are Thursdays, noon to 7 p.m.; Fridays, noon to 9 p.m.; Saturdays, noon to 9 p.m.; and Sundays, noon to 5 p.m.**

## Annual Winters Chamber of Commerce Teacher Appreciation Barbecue is Monday

◆ **Bags of school supplies donated by businesses will be given to instructors for their classrooms at local schools**

### Special to the Express

The annual Winters Chamber of Commerce Teacher Appreciation Barbecue honors the important contributions Winters teachers make to the economic health and quality of life in the community.

The community is invited to bring their appetites and support on Monday, Sept. 13, from 5:30 to 7 p.m. at the Community Center. The event is hosted by the Winters Chamber of Commerce and Joe Trotter of Edward Jones.

"We want a big turn-out to show our Winters' teachers how much we appreciate what they are doing for our children and the community," said Myke Berna, Winters Chamber

of Commerce president.

"Our teachers have played an important role for most of us while growing up. I bet most of us can remember one or more special teachers who made a real difference in our lives."

Berna and Chamber Executive Director Al Aldrete will grill hamburgers, veggie burgers and hotdogs while supplies last. Sides will include potato and macaroni salad, green salads, beans and chips.

The Winters Express will give each of the teachers in attendance a cloth bag filled with school supplies for their classrooms donated by various businesses in town.

The event is open to the public, however reservations are requested so enough food can be provided. To attend, call the Chamber office at 795-2329.

For more information about the Winters Chamber of Commerce, visit [www.winterschamber.com](http://www.winterschamber.com).

## Calendar

### Thursday, September 9

**Winters Rotary Club meeting**, noon, The Buckhorn

**Winters Farmers Market**, 5-8:30 p.m., Rotary Park

**Bilingual Storytime**, 6:30 p.m., Winters Community Library

**CreekSpeak**, 7-9 p.m., Winters Community Library

**Auditions for "It's a Wonderful Life,"** 7:30 p.m., Community Center

**Alcoholics Anonymous meeting**, 8 p.m., 305 First Street

### Friday, September 10

**Chamber of Commerce Board Meeting**, 7 a.m., Winters Visitors Center, 11 Main Street.

### Sunday, September 12

**Alcoholics Anonymous meeting**, 9 a.m., 305 First Street

### Monday, September 13

**Annual Chamber of Commerce Teacher Appreciation Barbecue**, 5:30-7 p.m., Community Center

### Tuesday, September 14

**Winters Healthcare Foundation Photovoice meeting**, 6-8 p.m., Winters Community Library, conference room

### Wednesday, September 15

**Soroptimist meeting**, 7 a.m., call 795-4631 or 795-2828 for location information.

**Narcotics Anonymous meeting**, 7 p.m., 62 Shams Way

(To list your non-profit local event on the Winters Express calendar, email information to [news@wintersexpress.com](mailto:news@wintersexpress.com) or call 795-4551.)

This community calendar is sponsored by:



48 Main Street, Winters CA 95691  
(530) 795-4300  
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Member FDIC



To submit community news to the Express, send details to [news@wintersexpress.com](mailto:news@wintersexpress.com) or call 795-4551

# Photos of healthy lifestyles sought

By ANA KORMOS  
Winters Healthcare Foundation

Winters Healthcare Foundation wants to establish a vision of a healthy community to guide its decision making when looking at future projects, services and grant opportunities. They intend to use the techniques of Photovoice; a participatory style community needs assessment, in order to determine this vision.

The Photovoice method uses photos taken by participants living in the community in order to tell a particular story. In this case, Winters Healthcare will ask participants to focus on “healthy lifestyles.” Participants will be given a camera and some guidelines, and they will then be sent out to document what they perceive as strengths and weaknesses in the community relating to health.

Photovoice provides a tool (the camera) that allows people to identify, represent and enhance their community without barriers of language or literacy. Photos act as a shared language allowing a diverse group of

people to come to together and open up a dialogue around common values and goals.

This method of assessing community needs was first used in 1992 by Dr. Caroline Wang working with a group of women in a remote countryside in China. These women were able to use photos to tell their stories and influence policies that were affecting their lives. Photovoice has since been used in many communities throughout the world with the primary goal being to empower community members to define for themselves what is valuable, important, and what needs to be changed.

Winters Healthcare has received its second grant from Community Clinics Initiative (a partnership between the California Endowment and the Tides Foundation) to continue its focus on promoting health in the community. The results of the Photovoice project will provide them with critical information that they need in order to implement appropriate community based programs and

services in Winters.

Winters Healthcare leaders are looking for community members of all ages who are interested in participating. They are particularly interested in youth, and low-income families or seniors. They will be conducting several informational meetings in September and would like to have interested community members signed up to participate before the first of October. Everyone is invited to attend the following meetings, all from 6 to 8 p.m.:

~ Tuesday, Sept. 14, at the Winters Community Library

~ Wednesday, Sept. 22, at Winters Village Apartments, 110 E. Baker St.

~ Thursday, Sept. 23, at Yolo Housing, 62 Shams Way.

Project participants will take photos, work together to identify common themes in the photographs, document stories that accompany the photos, and participate in a communitywide photo exhibit.

For more details, or to sign up, contact Ana Kormos at akormos@wintershealth.org or call (530) 212-1040.

## Yolo County advisory boards have vacancies

The Yolo County Board of Supervisors seeks candidates to fill vacancies on the following county advisory bodies. Board of Supervisors Advisory Committees: Area 4 Agency on Aging, Aviation Advisory Committee, Childcare & Development Planning Council, Commission on Aging & Adult Services, Community Services Action Board, Health Council, Historical Museum Committee, In-Home Supportive Services Advisory Committee, Library Advisory Board and many more.

For details on advisory bodies and specific vacancies, and to submit an application, visit: [www.yolocounty.org](http://www.yolocounty.org) (go to Government > Board of Supervisors > Advisory Bodies), call the Clerk of the Board's office at 666-8195, or contact your Yolo County supervisor.

## Volunteers needed for Putah Creek cleanup

Registration is open for the annual creek and waterway cleanup from 9 a.m. to noon Saturday, Sept. 25, at various locations around Yolo County, including Winters.

The event is expected to draw more than 400 community volunteers.

Registration for all Yolo County sites, including Winters, Davis, Woodland, West Sacramento and Clarksburg is online at [www.putahcreekcouncil.org](http://www.putahcreekcouncil.org)

Last year, 407 volunteers removed 12,950 pounds of trash and 3,120 pounds of recyclable materials from 10 waterway sites in Yolo County. The Winters volunteer crew won international

attention for removing an upright grand piano from Putah Creek.

“This year we don’t expect to find as many large, illegally dumped items as we have in the past,” said Libby Earthman, director of Putah Creek Council and coordinator of the Winters Putah Creek Cleanup.

“I have scouted many of the usual problem areas, and have found less dumping, which is encouraging. Hopefully it’s a sign of what the creek’s future will look like.”

John McNerney, wildlife specialist for the city of Davis and Yolo County cleanup coordinator for 2010, said that this year they expect another record

volunteer turnout.

“People really enjoy the opportunity to come out and do something tangible and immediate for our environment and wildlife. Trash is something that’s visible and has an immediate impact on wildlife that eat it or become entangled or trapped in it. Trash is a local issue we can easily prevent,” McNerney said.

This year, Yolo County cleanup sites encourage everyone to bring their own bucket, gloves and water bottle to their cleanup site.

“We want to encourage a ‘no waste’ paradigm with our cleanup,” McNerney said.

“Last year, we had great success with peo-

ple bringing their own bottles, and this year every site statewide is encouraging volunteers to bring their own trash collection buckets and gloves. So much of what we pick up is plastic, and we want to discourage the use of disposable plastic items as much as possible.”

This year’s cleanup event promises to be another great success. To learn more or register to volunteer to help clean up Putah Creek, visit [www.putahcreekcouncil.org](http://www.putahcreekcouncil.org) and follow the link to the online registration.

Volunteers of every age and ability are welcome and encouraged to participate.

## Limited swimming programs will continue

By KATE LADDISH  
Pool correspondent

Summer may be over, but the swimming continues at the Bobbie Greenwood Community Swim Center.

Participants in two popular programs — Adult Lap Swim and Winters’ local affiliate of US Masters Swimming — continue to use the heated pool.

Adult lap swim, a city of Winters program, takes place Monday through Thursday, from 7 to 8 p.m., and weekends, from 10 a.m. to noon. The cost is \$50 per month or \$5 per day; payments may be made at the pool or City Hall.

Winters Aquatic Masters has coached workouts from 6 to 7 a.m. and 6 to 7 p.m. Monday through Friday. On weekends, Masters swimmers and lap swimmers share the 10 a.m. to noon workout time. Fees are \$65 per month or \$8 per swim session.

The Winters Aquatic Club is affiliated with Pacific Masters Swimming and US Masters Swimming, so annual membership in US Masters Swimming also is required. For information about joining the Winters Masters club, e-mail [SwimWinters@sbcglobal.net](mailto:SwimWinters@sbcglobal.net).

More details about aquatics programs is available by contacting Tracy Jensen, at City Hall at 795-4910, ext. 100; at the pool during open hours; and on Facebook at “Bobbie Greenwood Community Swim Center (Winters, CA).”

## Democratic Club planning for election

The Winters/West Yolo Democratic Club will meet at 7 p.m. Monday, Sept. 13, with a potluck dinner at the Graf home, 316 Russell St. All Democratic ticket supporters are welcome to attend. Topics to be discussed:

~ Finalize plans for the Sept. 27 candidates night at The Palms.

~ Finish voter registration plans in Winters for the October election.

~ Complete system to get-out-the-vote on Election Day.

~ Countering false information from the radical right.

~ Set up plans to get out the truth on propositions.

~ Other ways to help?

For more, e-mail [Holdstocks@dcn.org](mailto:Holdstocks@dcn.org)

### Festival space still available

There are still booth spaces available for the fourth annual Community Festival/Festival de la Comunidad, from 5 to 10 p.m. Saturday, Sept. 25, at Rotary Park. The festival features a carnitas cook-off, music, booths and family fun.

There are three slots left in the carnitas cook-off competition. First prize is \$300; People's Choice wins \$150. Entry is free. A \$50 deposit for the pork is refundable on the day of the cook-off.

Space is available for vendor booths; nonprofits get booths for free; others pay \$25 per 10x10 booth. All food booths must obtain a health permit from the Yolo County Health Department.

Applications are at City Hall, Winters Visitor Center and online at [www.cityofwinters.org](http://www.cityofwinters.org). For more, contact Dawn Van Dyke at 795-4910, ext. 108, or Mary Jo Rodolfa at 795-4910, ext. 111.

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## Expressive vacations



Courtesy photo  
Morgan Fjord took a trip to Norway the last two weeks of June, visiting AFS student Bjorn Kulseng, who stayed with his family during his senior year at Winters High School. Both graduated with the Class of 2009. Kulseng is currently in boot camp for the Navy. His sister Elise just had her first child at the end of June. The photo was taken in front of Bjorn's house.



Courtesy photo  
Erin Espeland and Keith Cary took their Express with them when they drove from Winters to Montana last week. Erin, a former Winters resident, now lives in Sidney, Montana, in the badlands, just over the border from North Dakota, where she is a range ecology researcher at the USDA field station. She and Keith play music together and they played two sold-out gigs on his visit. Keith also gave an instrument-building workshop for kids at the local museum.

## Food Bank participating in campaign to end hunger

Across the nation, celebrities, government leaders, major U.S. corporations and grassroots volunteers will join together in September to support Feeding America's Hunger Action Month – a multifaceted effort to mobilize the public to end hunger in the United States. As a member of the Feeding America network of food banks, the Food Bank of Yolo County will also join in this effort by celebrating “30 Ways in 30 Days

of Action” throughout the month.

The theme of Hunger Action Month 2010 is “30 Ways in 30 Days,” based on the concept that everyone can help in some way, small or large, to help end hunger – whether as an advocate, organizer, volunteer or donor. Each day during the month of September, the Food Bank will post a new suggested “way” through its social media outlets such as Facebook, Twitter and My-

space to encourage residents and organizations to assist the Food Bank in its effort to alleviate hunger throughout Yolo County.

To learn more about supporting the Food Bank's efforts, visit [www.foodbankyc.org](http://www.foodbankyc.org), or contact the Food Bank, 668-0690. Find the Food Bank on Facebook at [www.facebook.com/YoloFoodBank](http://www.facebook.com/YoloFoodBank) or follow the Food Bank on Twitter at: <http://www.twitter.com/YoloFoodBank>.

## Rotary event gets spirited

The Winters Rotary Club invites everyone over 21 to attend Halloween Spirits — The 2010 Winters Rotary Wine and Food Jubilee on Friday, Oct. 29, at the Community Center, beginning at 6 p.m. with tasting and sampling of fine wines and food from regional wineries and eateries.

Added fun this year is a costume contest with prizes to be given in various categories.

There will be an after-hours party from 9-11 p.m. with dancing, a no host bar, and judging of the costumes. Tickets are \$25.

For more information call Chairman Chris Jones, 795-3279.

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## Free health seminar will focus on hip and knee pain

Woodland Healthcare is offering a health education seminar for people considering knee or hip replacement at 6 p.m. on Wednesday, Sept. 15, at Bistro 33, 226 F Street in Davis.

Orthopedic Surgeon Dr. Matthew Gargulinski will offer his expert insight about knee and hip replacement. Gargulinski will also answer questions at the event. Attendees will have the opportunity to speak to a physical therapist and check their strength and flexibility with a free mobility test. Participants can also meet new physician Dr. Angie Neison from the family medicine department at Woodland Healthcare-Davis. Refreshments will be served.

There are approximately 270,000 knee replacement and 120,000 hip replacement surgeries every year in the U.S.

To register for this free event, call 669-5540 or visit [woodlandhealthcare.org](http://woodlandhealthcare.org).

## Brain Gymnasium offered for seniors

Senior citizens are invited to keep their minds sharp by exercising their brains with games and puzzles at a weekly Brain Gymnasium session. These sessions are held Wednesdays, 1:30-2:30 p.m. at Atria Covell Gardens, 1111 Alvarado Avenue, in Davis. For information, call 756-0700. Sessions are free and open to the public.

## Prostate Cancer group to meet

The Yolo Prostate Cancer Support Group will meet on Monday, Sept. 13, at 7 p.m. at the West Davis Medical Complex, 2030 Sutter Place in Davis, and will feature Dr. Michael McCarthy, speaking about “the Decision Making Process,” touching on all the various treatment options and the advancements in medical research that may influence your treatment decision.

September is also Prostate Cancer Awareness Month and is a good time to reach out to anyone with concerns about this disease, says a group spokesperson.

For more information, call 756-9153 or 756-6408.

## Drop-in bereavement group offered

Yolo Hospice has a drop-in bereavement group for adults available to the community. In this small group environment, you can explore and work through your grief with discussion and education. People in any stage of grief are welcome. Registration is not necessary and there is no fee to participate.

The group meets twice monthly on the first and third Tuesdays of the month from 10-11:30 a.m. at Yolo Hospice, 1909 Galileo Court, Suite A in South Davis.

Call Yolo Hospice, Bereavement Services, 758-5566 or (800) 491-7711, for more information.



# SPLIT

Continued from page A-1  
nance.

Community Development Director Nellie Dyer said she would make the correction to the minutes.

A public hearing was opened and closed without comment regarding the parcel map application for the dedication of a right of way for the Walnut Lane realignment project, which includes the splitting of one .67 acre lot at 101 East Grant Avenue into two lots sized 13,736 square feet and 15,152 square feet. The property is owned by Ed and Janet Andersen, and is the location for Winters Eyecare. The only other structure on the property is a small storage shed.

Dyer noted that the Andersens had already dedicated the land for the project, and when complete, the realigned street will create a right-angle turn from Walnut Lane to Grant Avenue. This will im-

prove traffic safety at this intersection, she said. In exchange for the property dedication, the city will fund the parcel map process for splitting the lot.

According to Dyer, the two new lots are in compliance with land use for this area and comply with all relevant General Plan requirements for property zoned Central Business District, which was the lot's current designation. Tramontana asked if the driveway access to Winters Eyecare from Walnut Avenue would change, and Dyer responded it would not.

The motion to approve the parcel map application was approved unanimously.

The other public hearing scheduled for the Aug. 24 meeting was moved "off calendar" until further notice, and would have addressed a conditional use permit application submitted by Shaunie and Mike Briggs to extend a non-conforming use in an existing building at 820 Railroad Avenue.

Having conducted all their scheduled business in less than 20 minutes, the commissioners took the opportunity to offer some random comments.

Tramontana expressed concern for bike safety, noting that he has seen too many cyclists riding on the wrong side of the road and running stop signs, and although he sees children wearing bike helmets, they are often cycling with their parents who are not wearing helmets. Commissioner Glen DeVries noted that he was almost run over by the mailman while riding his bike recently. DeVries also thanked the Andersen family for allowing the split of their lot for "safety purposes" for the city.

Commission chairman Pierre Neu also commented on road safety and said that although there is a sign on the Solano County side of the creek heading over the car bridge into town that notes that there is a 25 mile per

hour zone ahead, there is no corresponding sign once over the bridge indicating that it is a 25 mile per hour zone. Neu said he would like such a speed limit sign to be installed on the Yolo County side of the creek. As it is, he said he has seen drivers come over the bridge so fast that they "rise up on their suspension as they come over the bridge."

Regarding the Burger King project discussion from the prior meeting, Neu said he would like the commission to "look into the wording and vagueness" about the ordinance regarding "concentrations of fast food businesses."

The meeting adjourned just before 7 p.m., with all commissioners present.

The planning commission will meet again on Tuesday, Sept. 28, at 6:30 p.m. in the council chambers at City Hall. Any Winters resident is welcome to attend.

## Food to be distributed

The Food Bank of Yolo County will distribute food to eligible Winters residents on Thursday, Sept. 16, at First Baptist Church, 512 First Street, 12-1 p.m., and at Yolo Housing, 62

Shams Way, 3-4 p.m. Participants may receive food at only one site, and are asked to bring a bag to carry food home.

For more information call the Food Bank, 668-0690.

## DOLLAR

Continued from page A-1

financial gap between what our schools receive and what they need to educate our children," says Bresnick Holmes, adding that Watson pointed out at WEF's recent Town Hall meeting that if each student in Winters schools were sponsored for just \$1 per day, this would raise over a half million dollars, which would make a huge dent in the \$700,000 deficit that now exists.

That inspired Bresnick Holmes to "sponsor" her own children. She donated one dollar for each school day that her two children would attend school to the WEF, and other parents did the same. This is

one of the ways that the WEF raises funds besides the Add a Buck campaign. Another major fundraiser was a bicycle criterium last spring, as well as a special performance of "Cinderella," at which the Winters Theatre Company donated all the proceeds to the WEF. The WEF also held a variety of other fundraisers over the last school year.

This year's Add-A-Dollar campaign began in the last week of August and will continue through the month of September. The WEF members are hoping that when local merchants ask if their customers would like to add a dollar to their purchases that the answer will be "Yes!"

# POLICE

Continued from page A-2

charge of being a minor in possession of alcohol. Munoz was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

~ 11:17 p.m. — First block of Main Street, an officer responded to a call of an open door of a business. The business was closed and the door secured.

### Sept. 2-3

~ 9 p.m. to 8:10 a.m. — 400 block of Columbia Way, someone forcibly entered a vehicle and stole a purse. Loss: \$200.

### Sept. 3

~ 1 to 8 a.m. — 800 block of Valley Oak Drive, someone forcibly entered a vehicle and an iPod was stolen. Loss: \$200.

~ 8:36 a.m. — 400 block of Plum Place, a suspect was found to possess heroin and heroin for sale. The case is being forwarded to the District Attorney for complaint.

~ 11:25 a.m. to 1 p.m. — 500 block of Edwards Street, someone forcibly entered a vehicle and stole a purse. Loss: \$250.

~ 7:18 p.m. — 1000 block of Kennedy Drive, an officer responded to an audible alarm. The residence was found secure.

~ 8:12 p.m. — Michael Eric Rodriguez, 22, of Winters, was arrested

for resisting/obstructing a police officer and drinking an alcoholic beverage in public. Rodriguez was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

### Sept. 4

~ 8:57 p.m. — 100 block of East Grant Avenue, an officer responded to an audible alarm. The business was found secure.

~ 9:16 p.m. — Arnulfo Flores Banuelos, 32, of Winters, was arrested for driving under the influence of alcohol with a blood alcohol content of more than .08 percent and being an unlicensed driver. Banuelos was booked at Winters Police Department and released to a sober adult on a notice to appear.

~ 11:44 p.m. — Jesus Alberto Guzman, 21, of Woodland, was arrested for driving under the influence of alcohol with a blood alcohol content of more than .08 percent and failing to dim high beam vehicle headlights. Guzman was booked at Winters Police Department and released to a sober adult on a notice to appear.

### Sept. 5

~ 1:18 a.m. — 100 block of East Grant Avenue, an officer responded to an audible alarm. The business was found secure.

~ 3:10 a.m. — At McArthur Avenue and

Jefferson Street, officers were dispatched to a group of male juveniles who were seen inside the back of a work van and riding bicycles in the area. Upon arrival, two juveniles, ages 13 and 16, fled the scene but were later located and found to reside in Suisun and Fairfield. The third juvenile, age 14, was found to be a missing juvenile out of Suisun. The Suisun Police Department was notified of the located missing person. All three juveniles were issued notices to appear for violating curfew, failing to wear a helmet while riding a bicycle and failing to have a light on a bicycle at night. The juveniles were released to a parent and/or guardian.

### Sept. 6

~ 12:30 a.m. — 100 block of East Grant Avenue, an officer responded to an audible alarm. The business was found secure.

~ 8 to 8:30 a.m. — 100 block of East Baker Street, eggs were thrown at the front door of two apartments. Damage: cleanup costs.

~ 5:36 p.m. — 1000 block of McArthur Avenue, suspect left an ATV in the driveway of a residence and later discovered it had been stolen. The case is being forwarded to the District Attorney for complaint.

~ 9:20 p.m. — 200 block of White Oak Lane, victim received

an annoying telephone call from a suspect. The case is being forwarded to the District Attorney for complaint.

~ 10:27 p.m. — First block of Main Street, an officer responded to an audible alarm. It was determined the alarm was activated accidentally.

~ 11:06 p.m. — Jesse Daryl Holloway, 25, of Santa Rosa, was arrested on an outstanding Sonoma County bench warrant charging him with violation of probation on a previous charge of being intoxicated in public. Holloway was booked at Winters Police Department and transported to Yolo County Jail for incarceration.

### Sept. 7

~ 12:12 a.m. — 100 block of East Grant Avenue, an officer responded to an audible alarm. The business was found secure.

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# Entertainment

## Where the lonely hearts go



Courtesy photo

Local band Miss Lonely Hearts — Patrick O’ Connor, Keith Cary, Mischa Gasch (standing in for Doug Keen) and Wyatt Hesemeyer — will open for Eilen Jewell at 8 p.m. Wednesday, Sept. 15, at The Palms, 13 Main St., Winters. Tickets, at \$15, are available at Pacific Ace Hardware, 35 Main St., and at the door. Jewell has a strong, distinctive voice that flows effortlessly between jazz, blues, rockabilly and country. Her band lays down licks ranging from traditional to experimental.

## ‘Singin’ in the Rain’ to open in Davis

“Singin’ in the Rain” will open the Davis Musical Theatre Company’s 26th season of musicals on Friday, Sept. 10.

Directed by Paul Fearn, with choreography by Ron Cisneros and musical direction by Chris Congdon and Adam Sartain, this classic MGM musical has been faithfully and lovingly adapted for the stage from the

original award-winning screenplay. Each unforgettable scene, song and dance are accounted for, including favorites songs such as “Good Morning,” “You Are My Lucky Star,” “Make ’Em Laugh” and the show-stopping title number — complete with rain on stage!

“Singin’ in the Rain” performs Sept. 10 through Oct. 3, Fridays

and Saturdays at 8:15 p.m. and Sundays at 2:15 p.m., at the DMTC Performing Arts Center, 607 Pena Drive in Davis.

Tickets are \$18 general, \$16 students and seniors, and \$14 per person for groups of 10 or more. Tickets may be ordered online (with no service charge) at [www.dmtc.org](http://www.dmtc.org), or by calling the box office at 756-3682.

## Farm Fresh to You offers tour of farm in Capay

Farm Fresh to You, the organic produce home delivery service, invites the public to its farm in Capay for a tour from 11 a.m. to 2 p.m. Saturday, Sept. 11. The farm is at 23800 Highway 16 in Capay.

The company has a tour tram pulled by a tractor that will take visitors around the farm to a harvest area where they can pick some organic fruit or vegetables for free.

Kids will be able to do a craft, and families can picnic at tables and listen to live music from Lisa Phenix of Sacramento.

Produce from the farm also will be sold.

“People love coming to the farm to see where their produce comes from,” said Thaddeus Barsotti, co-owner/farmer of Capay Inc. “Kids and adults enjoy learning about farming and eating seasonally.”

No RSVP is necessary. This is a free event. Call the Farm Fresh to You office, (800) 796-6009 for more information. The event-day contact is Meg Burritt, events manager, (650) 248-9441. For more information, visit [www.farmfreshtoyou.com](http://www.farmfreshtoyou.com).

## King artwork on display

Mary Neri King, retired Winters school district art and music teacher, will show her acrylic bird portraits and landscapes at The Avid Reader bookstore, 617 Second St., for the 2nd Friday Art About in Davis on Friday, Sept. 10. A reception will run from 5:30 to 7 p.m. with music by Elements of Style Duo. The show continues through Oct. 7. King also is the featured artist at Sutter Davis Hospital through Nov. 30.

## Tour of Gable Mansion set

The American Red Cross of Yolo County presents a Gable Mansion Tour from 11 a.m. to 3 p.m. Saturday, Sept. 11.

Tickets, at \$20, are available at the Red

Cross, 120 Court St., in Woodland, online at [www.yc-arc.org](http://www.yc-arc.org), at The Home Improvements Group in Woodland, Hallmark Inn in Davis, or at the door.

## Guild to host barn dance

The Vacaville Museum Guild will host a “Barn Dance and Barbecue” at the C.C. Yin Ranch from 5 to 9 p.m. Oct. 9. Tickets are \$50 each. Proceeds benefit the museum. Call (707) 447-4513.

## Acting/Writing Workshop offered at Davis Art Center

Russell St. Clair will offer an acting and writing class in which students will develop their own material.

The class, at the Davis Art Center, 19191 F St., starts Sept. 13 and will meet every other Monday until Dec. 6 when those interested in performing will present their work at 7 p.m.

No acting experience is necessary. Beginners are welcome.

St. Clair has a Master of Fine Arts degree and has been teaching and

directing plays since 1981.

This informal acting workshop is for teens and adults (age 15 and up). Students will learn to develop their own theatrical voice via class activities and/or oral histories conducted out of class.

Bring paper and a pencil and wear clothes comfortable for moving around in. The cost is \$70 for Art Center members and \$80 for non-members. Call the Art Center at 756-4100.



### Coming up

Thurs. Sept. 9 - Eliza Gilkyson

Wed. Sept. 15 - Eilen Jewell,

Miss Lonely Hearts

See the rest of our schedule online at [palmsplayhouse.com](http://palmsplayhouse.com)



## Game on



Photo by Ken Stewart

JV football player Eli Layne makes a tackle in the first game of the first season for Winters High School. Both the JV and varsity teams won their games, which were played at home. The Warriors travel to Willows on Friday.

## Breast cancer group to meet

Scott Christensen M.D., professor of hematology and oncology at UC Davis Cancer Center, will speak on “New Developments in the Treatment of Breast Cancer” at the Breast Cancer Network of Strength Open Door educational meeting on Monday, Sept. 13, at 7 P.M. at the University Covenant Church, 315 Mace Boulevard in Davis.

Call Network of Strength Northern California Affiliate for information or directions, 304-2746, or visit [www.networkofstrength.org](http://www.networkofstrength.org)



# Sports

## Warriors down Spartans 23-13

By ERIC LUCERO  
Express sports

The Warriors varsity football team opened its season on Friday, Sept 3, against visiting Esparto and picked up a 23-13 victory over the Spartans.

Winters did all of its scoring in the first two quarters and held a 23-0 half-time lead before allowing the Spartans to put two touchdowns on the board.

Running back Jacob Lucero rushed for 155 yards on 16 carries and had two touchdown runs of 39 yards and nine yards. Quarterback Nick Mariani completed 12 of 19 passes for 145 yards and a 45-yard touchdown pass. Mariani also rushed for 91 yards. Tony Brever caught the 45-yard touchdown pass as he swung out of the backfield and outran everybody down the sideline.

Darby Borges added three points on the board when he kicked a 30-yard field goal.

“We did what we had to do,” said coach Daniel Ward. “We made way too many mistakes that we need to correct before this Friday against Willows. But we got the win against a pretty good Esparto team so now we have something to build on.”

The Warriors will travel to Willows on Friday, Sept 10, to take on the Honkers, who are 1-1.

Not all stats were available at press time.

## JV team wins season opener



Photo by Ken Stewart  
**Zane West escapes the pursuit of a defender and picks up a long gain during the JV Warriors' home opener against Kennedy High School on Friday, Sept. 3.**

By ERIC LUCERO  
Express sports

The Winters Warriors JV football team won its first game of the season behind the arm and legs of Chris Mayes.

Mayes totaled 235 yards and scored four touchdowns to lead the Warriors to a 30-14 victory over visiting Kennedy High School from Sacramento.

Mayes carried the ball 13 times for 111 yards rushing and scored on runs of 31, 12 and 17 yards. Through the air, Mayes was perfect completing 8 of 8 passes for 123 yards and a 56-yard touchdown pass. Mayes also ran in a two-point conversion.

On the receiving end of the touchdown pass was Trevor Ray. Ray caught four passes for 102 yards and a 56-yard



Photo by Ken Stewart  
**Chris Mayes (No. 7) cuts off the block of Brandon Emery (No. 64) and Adam Martinez (No. 5) in the JV Warriors' 30-14 victory over visiting Kennedy High School on Friday, Sept. 3.**

touchdown in his high school debut. Justin Crabtree carried the ball five times for 30 yards and caught four passes for 30 yards. Alex Lopez kicked a PAT and kicked a 27 yard field goal for the Warriors.

Adam Martinez led the Warrior defense with an interception and had three tackles. Blaine Miller had four tackles, while Crabtree and Zane West each had three tackles for the Warriors.

## Lady Warriors work hard, but lose first two

By ERIC LUCERO  
Express sports

On Tuesday, Aug. 31, the Winters High School varsity volleyball team lost its season opener at home against visiting Oroville

High School, 3-0. Winters lost 25-8, 25-15 and 25-11.

“We are still trying to figure things out,” said coach Mark Perkins. “But we will get there.”

See **WARRIORS** on page B-6

## Warrior season passes offered

The Winters High School athletics department is selling season passes for football and volleyball this season.

Football passes are \$20, good for five adult admissions to

home games. Volleyball passes are \$22, good for seven adult admissions to home matches.

Both passes reflect a 20 percent savings over the full amount of admission.

These passes are not valid for playoff games.

Passes may be purchased at the admission gate at football and volleyball contests or from the high school office.

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## JV volleyball team wins home opener

By ERIC LUCERO  
Express sports

The Winters High School JV volleyball team played its season opener on Tuesday, Aug. 31, at home against visiting Oroville High School and won its first match of the season.

The Lady Warriors won the first game 25-22 then lost game two 15-25

to force a tie breaker. Winters came out ahead in a close 15-12 game for the victory.

“It was a really competitive game, and a good way to start the season,” said coach Teresa Perkins. “Sarah Kimes and Emma Nicholson both played well.”

On Thursday, Sept. 2, the Warriors hosted St. Helena High School for

their second game of the season. The Warriors lost both games but had a good showing.

“Traditionally they have had one of the best programs we will see during the season,” Perkins said. “We played with them in the beginning and then were overwhelmed. Taylor Biasi and Taelor Hausler played well.”

## Former WHS football players to be honored Sept. 17

The Winters High School athletics department will honor its football heroes from the 1930s and '40s between the JV and varsity games against Dixon on Friday, Sept. 17. Free

admission will be given to players from those years and a guest.

Players are asked to call the high school office at 795-6140 to get their names on the pass list.

## Gertz wins fall's first grid contest

Chris Gertz picked 26 out of 28 games correctly this week to win the first Winters Merchants Football Contest of the season, and wins the \$30 cash prize.

Antonette Bolla took the second prize of \$15 by picking 24 out of the 28

See **GERTZ** on page B-6

## PISANI'S ATHLETE OF THE WEEK

### Chris Mayes

Chris (Bubba) Mayes is athlete of the week. On Friday, Sept 3, Mayes led the Warrior JV football team to a 30-14 victory over visiting Kennedy High School in the season opener. Mayes rushed for 111 yards on 13 carries with three touchdowns and passed for 123 yards and a touchdown while completing 8 of 8 passes. Mayes also scored a two point conversion for the Warriors.



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# Schools

## Winters FFA members shine at Yolo County Fair

By AUSTIN BRICKEY  
Winters FFA

Once again, the Winters FFA Chapter had its chance to shine at the Yolo County Fair, taking home awards in livestock and mechanical projects.

The supreme exhibitor for large animals was Austin Calvert and, for small animals, the supreme exhibitor was Hannah Long. In the judging category of round robin, Katie Eslick took first, and Andrew Gonzales brought home second, and for the novice large animal, Nick Stewart also took second place.

For the swine category, Wesley Kraitz took both the Grand Champion and Reserve Grand Champion Hog. Natalie Roberts had the Yorkshire champion hog, while Kraitz won the X-bred and Hampshire champion hogs.

The class winners market were Mateo Barrera, Cale Castro, Austin Calvert, Adam Martinez, Jake Nicholson, Anthony Panteleo, Jason Pate and Alyssa Winslow. The swine division earned First Place Chapter Group Award as well, Winters FFA. For advanced sheep showmanship, Eslick took first, Choonharui second, Panteleo sixth, and Ashlynne Neil eighth. Well done, everyone.

For market steers, Calvert was Grand Champion and Gonzales

Grand Champion went to Bridgette Eldridge. Class winners are Martin Gutierrez, Eldridge and Kraitz. The market goat division also took First Place Chapter Group, Winters FFA. For advanced showmanship: first went to Eldridge, and third to Emma Young. For novice showmanship, Daniela Salas snagged second.

For market sheep, the Grand Champion went to Trevor Wright, The Reserve Grand Champion went to Eslick and the Champion Hampshire, Katie Anstead. Taylor Choonharui had the Champion Dorset, and Eslick also had a Champion Suffolk. Wright's Champion Natural Colored caught the eye of the judge, and Eslick's Champion Cross Bred and Hampshire's made her smile.

Holden Philbrook took home the Reserve Grand Champion All Other Breeds, and Maurillo Angel had the Reserve Grand Champion Suffolk. The other class winners were Nieves Cerratos and Bobby Torres. The market sheep division took the First Place Chapter Group Award as well, Winters FFA. For advanced sheep showmanship, Eslick took first, Choonharui second, Panteleo sixth, and Ashlynne Neil eighth. Well done, everyone.

For market steers, Calvert was Grand Champion and Gonzales

was Reserve Grand Champion.

In turkeys, Tyler Tufts showed strong form, placing third in advanced showmanship.

The Winters FFA Agricultural Mechanics group was honored for the award for the most outstanding Agricultural Mechanics projects.

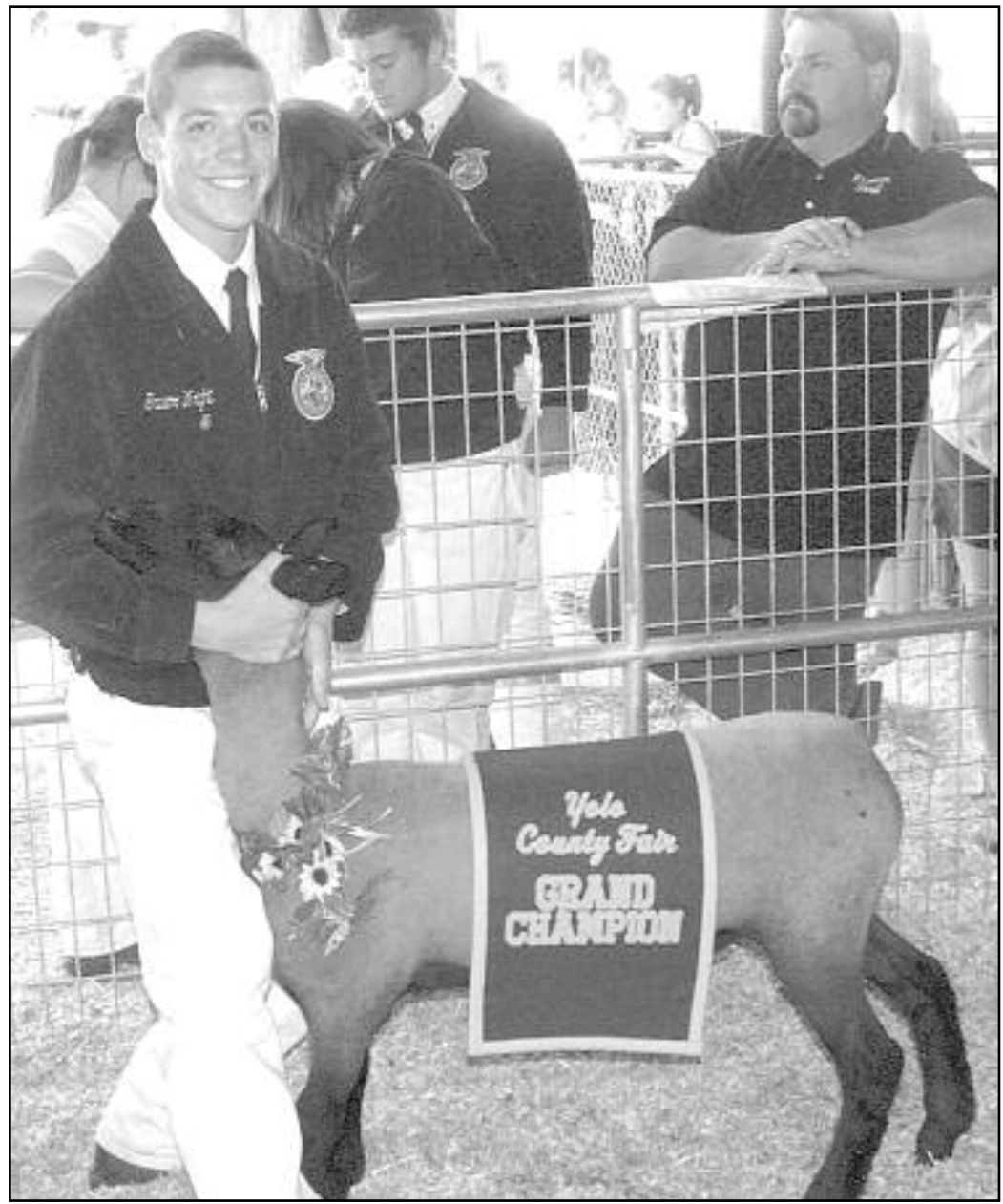
Outstanding Metal Project and Outstanding Welding Project went to Zach Pangburn. This award was for the 18-foot tilt deck trailer that he built for the Winters school district. This is the trailer that the district uses to carry the lawn mowers from campus to campus.

Pangburn had an Outstanding Junior Metal Project and Long had an Outstanding Woodworking Project. Brian Clark took home first place for his barbecue (Medium Metal Project). The last competitor was Jose Duran, with a third place win in Large Constructed Metal Project.

It was a great County Fair and all of our members' hard work finally paid off. It would not work however, without the support of our buyers at the auction, our wonderful parents, and our tireless advisers, Mr. Benson and Mr. Whitworth.

### Other FFA news

On July 27-29, the Winters FFA Chapter officers and advisers set off for an officers' retreat up at Wrights Lake. The



Courtesy photo

**Trevor Wright poses with his Grand Champion Market Lamb at this year's Yolo County Fair last month.**

camping trip was made up of team building activities, planning of the upcoming year, and goal-setting drills. The trip was a big success in organizing the year

ahead and was very enjoyable for the officers and advisers. This bonding experience was a great start to what promises to be an even better year.

## High school students may enter Speak-Off Contest

The Yolo County Resource Conservation District seeks high school students to enter the 2010 California Association of Resource Conservation Districts Annual Speak-Off Contest. This year's topic is "How Can RCDs Assist Schools with Natural Resource Education?"

Any high school student interested in agriculture, resource conservation or the environment is invited to participate, and will have an opportunity to compete against peers

at the local, regional and possibly state level.

The Yolo County competition is at 4:30 p.m. Oct. 13 at the RCD board meeting. The winner will receive \$50 and compete with other local winners at the Sacramento Valley Region of RCDs' Nov. 4 meeting in Red Bluff. The regional winner will advance to the statewide contest at the CARCD annual conference Nov. 18 in Ventura.

Applications are due by Friday, Oct. 8. For more, call Sheila Pratt at 662-2037, ext. 117.

## Congrats, young martial artist



**Javier Martial Arts student Jules Jimenez was recently promoted to yellow belt. Alongside Jules is instructor, Sifu Louie Javier.**

Courtesy photo

## Second annual CAST for Kids fishing event planned Oct. 16 at Lake Berryessa

The Bureau of Reclamation, in partnership with the Catch a Special Thrill for Kids Foundation and Pleasure Cove Marina, will host a CAST for Kids fishing event from 8 a.m. to 2 p.m. Saturday, Oct. 16, at Lake Berryessa's Pleasure Cove Marina.

The CAST for Kids Foundation is a national, nonprofit organization that aims to provide disabled or disadvantaged children ages 5 to 16 with the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing.

Each child will receive a fishing pole, tackle box, T-shirt and other prizes, and spend the morning on a boat fishing with local anglers and

volunteers. A free barbecue lunch will be served to participants, parents and volunteers in the afternoon.

Pre-registration is required for this event, which is limited to 25 children. Reclamation also is seeking individuals who wish to volunteer their time or the use of their boat.

To register, volunteer or submit the name of a child who might want to participate, contact Jason Jordan, outdoor recreation planner, at (707) 966-2111, ext. 143, or e-mail [jjordan@usbr.gov](mailto:jgjordan@usbr.gov).

More information on the CAST for Kids Foundation is available at <http://www.castforkids.org/about.aspx>.

# Features

## Heart failure patients need activity, not rest

DEAR DR. DONOHUE: I carry the diagnosis of congestive heart failure. Medicines have made me feel pretty good. My wife thinks that I should do nothing. If I do much more than sit, she is all over me. A little bit of activity isn't dangerous, is it? If I don't do something, I am going to turn into a blob of fat. — R.K.

ANSWER: You're in a boat with 5 million other Americans who have chronic heart failure. Heart failure means the heart doesn't pump enough blood with each beat to supply the body with oxygen. Shortness of breath on slight exertion is a principal sign. Rest used to be the rule for heart-failure patients. Too much rest, however, deconditions the body and makes it even more difficult for a heart-failure patient to do things that are part of everyday life, like walking and a few household chores.

You have to ask your doctor what limits you should be bound by. If there's a supervised exercise program for heart-failure patients in your area, join it. Many hospitals sponsor such programs. I encourage you to become active. You'll find that regular exercise permits you to do more than you believed you could do.

Congestive heart failure — a common consequence of heart disease — is discussed at length in the pamphlet on that topic. Readers can order a copy by writing: Dr. Donohue — No. 103W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: As you can see from my address, I live in the Deep South. I coach high-school football as well as teach two history classes. I worry about heatstroke in my players because of the high temperatures here. Any suggestions on preventing this? — L.P.

ANSWER: Your concern is justified. Between 1995 and 2007, 25



high-school students and five college students died from heatstroke while practicing football. These fatalities occurred in the first week of practice. It takes a good two weeks for people to acclimatize to heat. My best advice is to consult these Web sites for definitive tips: [www.nata.org](http://www.nata.org) (NATA is the National Athletic Trainers Association) and [www.acsm.org](http://www.acsm.org) (the American College of Sports Medicine). I'm positive your school has a computer.

DEAR DR. DONOHUE: My son is married to a woman who has thyroid problems for which she takes medication. I think it is the type where not enough thyroid hormone is produced. He is 32, and she is 34. They have been married for four years. They both want children. Is the thyroid problem preventing them from having children? — J.J.

ANSWER: It shouldn't. If you are correct and your daughter-in-law takes thyroid hormone in pill form to correct the hormone deficit, then the problem — hypothyroidism — is taken care of. It shouldn't affect her fertility.

Many other thyroid problems exist, so I can't say this with absolute assurance. It depends on her thyroid condition and what kind of medicine she's taking.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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## Which team was the best?

By Tom Crisp  
Guest columnist

As we venture into a new high school football season, conversation turns to the prospects of this year's high school team. How's the running game, the passing game, the defense, the line play? Do they have a good kicker? And so on.

Inevitably, comparisons will be made with the players and teams of the past. Is the new running back as good as those of previous years? The new quarterback is good, but I remember (fill in the blank). And it won't just be the fans. Head Varsity Coach Daniel Ward and several assistants are former Warrior gridgers and they certainly remember their teams and will not hesitate to share and compare their memories of Winters High football.

I have recently completed my research into the history of Winters High football from its inception in 1927 to the current season and this has given me an insight into teams and players of old. As we head into the 2010 season, Winters High varsity football has accumulated 398 victories, 305 losses and 28 ties. The team has garnered 18 league championships and six section championships.

So out of all the excellent squads that have graced Dr. Sellers Field over the years, which one was the best? I'm a basketball coach so I'm not going to pretend that I am qualified to make that determination, although I have seen some of the best (if not the best) during my 37 years at Winters High. I will be the instigator — throw out the facts and let the argument begin while I fade into the background.

There have been three undefeated teams in the school's history: 1939, 1978 and 1994. All three teams won section championships. The 1939 squad capped off a Yolo-Solano League Championship by beating Rio Vista, Courtland and Sonora to capture the Central California "B" Championship. The Warriors had five shutouts out of 10 games and gave up only 4 points per game on defense. Their offense was led by running back Jim Barker who scored more than 120 points (complete scoring is not

available) for the season. When asked in a recent conversation about what made that team special, Barker quickly mentioned Coach George Mosolf, a soft-spoken tactician who brought new strategies to Winters High. The other key ingredient, according to Barker, was that all of the players were good friends and hung out together.

The 1978 and 1994 teams each had a 12-0 season record, won the section championship, and were ranked No. 1 in the state for our size school. The defense in 1978 allowed only 3.1 points per game and pitched 6 shutouts compared to five shutouts for the 1994 defensive squad. The 1994 offense has the edge in points over 1978, 447 to 386, which is 37.3 points per game to 35.1 points per game.

Key players for the 1978 club were running back Britt Busby who led the state in scoring with 170 points. He shared league MVP honors with end and defensive back David Snow. Other all-league performers included Ben Geerts, Ed George, Jeff Ingles, Ray Rojas, Tom Rojas, John Carrion, Sam Biasi and Tony Rodriguez. Their closest margin of victory was 12 points against Delta and also Rio Vista. The 1978 Junior Varsity squad also was undefeated with a 10-0 record.

The 1994 team featured running backs Robert Fischer and Joe Cook who had 13 and 17 touchdowns, respectively. Quarterback Jimmy Lucas completed 85 of 150 passes for 1448 yards. Lucas was the league's offensive MVP while Ruben Valencia took home the defensive MVP honors. Other all-league players were Joe Cook, Abel Garcia, Justin Pate and Nate Snyder. The closest contest for the 1994 group was a 19-13 victory over Gridley that was sparked by a 90-yard kickoff return touchdown by Joe Cook.

A few other teams that will, undoubtedly, make it into the conversation are the 1954, 1976, 1980 and 1981 teams. The 1954 team was 7-1, winning seven in a row after an opening game 13-0 loss to Benicia in which the regular starting quarterback, Richard Rojo, was unable to play due to an injury. Jack

Mermod, a 1939 Winters High graduate, was coach of the 1954 squad. Albeit slightly biased, Mermod feels that his 1954 team was a better all-around team than in 1939. This squad's offensive attack had a better balance between running and passing.

After a second game loss to Delta High, the 1976 club posted an 11-1 record and section championship in Coach John Kammerer's last season as coach. Quarterback Phil Benson completed 102 passes, 52 of which were to Paul Hale. Lorin Warren and Dave Lucero were the team's leading rushers.

In 1980, the Warriors lost the first game to Vanden, 8-6, and then reeled off 10 straight wins on their way to a league and section championship. All-league performers were defensive MVP Marcos Carrasco, Juan Melendez, David Lowrie, David Hyer, Matt Brickley, Mike Wion and George Lizarraga.

If defense wins games, the 1981 team has to be a top contender. Those players allowed only 2 points per game and had seven shutouts. Their only loss also was to Vanden in the opening game, 10-6. Making the all-league squad in 1981 were MVP Juan Melendez, George Lizarraga, Jim Barbosa, John Lucero, Noel Carbahal, Larry Pisani and Richard Warren.

If you were on one of the many other excellent championship teams at Winters High that have not been mentioned here, your feathers are probably getting a little ruffled at this point. So that means it is time for me to back out and let the discussions of the glory days begin.

## Pleased to meet you

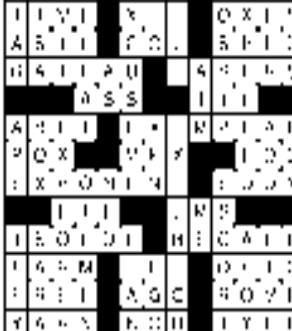


**Name:** Don Davis  
**Occupation:** Air Force boom operator  
**Hobby:** beer brewing  
**What's best about living in Winters:** "It reminds me of growing up in Nebraska."  
**Fun fact:** I flew Kid Rock to Turkey last Christmas for a USO tour for the troops.

## King Crossword

Answers

Solution time: 25 mins.



**ARIES** (March 21 to April 19) Cupid is strong in the Aries aspect this week, with the cherub opening romantic possibilities for single Lambs, and strengthening ties 'twixt loving pairs already in a caring relationship.  
**TAURUS** (April 20 to May 20) Your dramatic flair might make things more interesting as you recount an event to your colleagues. But be careful not to exaggerate reality to the point that facts and fancy combine to form fiction.  
**GEMINI** (May 21 to June 20) You love to talk, and this week you should get lots of chances to share your thoughts with people who will not only pay attention to what you have to say, but will want to hear more.  
**CANCER** (June 21 to July 22) The pattern of recent changes could begin to shift from mostly workplace-related events to more personal matters. Continue to keep an open mind as you prepare to deal with them.  
**LEO** (July 23 to August 22) An opportunity for work-related travel could be just what the Terrific Tabby needs to get a new perspective on a balky situation. The trip could also prove to be personally rewarding.  
**VIRGO** (August 23 to September 22) You might want to suggest resolving an old disagreement before it can affect a matter expected to come up for discussion. It's always best to start with a clean slate.  
**LIBRA** (September 23 to October 22) The week favors combining dollops of creativity and practicality to work out both professional and personal problems. A longtime friend could have something of note to suggest.  
**SCORPIO** (October 23 to November 21) Some surprising facts could come to light if you decide to probe deeper into an "opportunity" than you might usually do. What you'll learn could determine what you'll earn.  
**SAGITTARIUS** (November 22 to December 21) Someone close to you might seek your counsel. Hear him/her out, but hold the line at giving actual advice until you get credible answers to all your questions.  
**CAPRICORN** (December 22 to January 19) What seems to be an overwhelming workplace project can be dealt with quite well if you handle one category at a time. Things will soon begin to fall into place.  
**AQUARIUS** (January 20 to February 18) A personal matter might need more of your time than you had expected. Try to prioritize between your many outside commitments and your domestic responsibilities.  
**PISCES** (February 19 to March 20) A developing situation still needs more time to grow, and more time to study before you can plunge in and make some attention-getting waves. Patience is best for wise Pisceans.

**BORN THIS WEEK:** You have a gift for organization that would make you a fine archivist. (Are you listening out there, Library of Congress?)

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### King Crossword

ACROSS

- Kare's Roscaud, e.g.
- Decide
- Kelly or Knott
- Newsweek rival
- Not in the sense
- Yielded less
- 'Yeah, right'
- Army rank (abbr.)
- Raced
- Funny cake
- 'Star Wars' weapons
- Pompous one
- Go to
- Paper wrapping
- Model
- Curve
- Tax restaurant
- Tony's old name
- Champion of a cause
- Vortex
- Falsified
- River to the North Sea
- Tristan's love
- Hard news from the factory
- Mudflap's

DOWN

- Liquidation
- Bat's sister
- Send forth
- Vengeful
- 'Odds
- Story of a lifetime?
- Chick
- Table d' topic
- Made it home
- Grasp
- Past
- Cavort
- Knitting need
- Knitline
- Category
- Story of a lifetime?
- Chick
- Table d' topic
- Made it home
- Grasp
- Past
- Cavort
- Knitting need
- Knitline
- Category
- Story of a lifetime?
- Chick
- Table d' topic
- Made it home
- Grasp
- Past
- Cavort
- Knitting need
- Knitline
- Category

### HOCUS-FOCUS

BY HENRY GOLDINOFF

Find at least six differences in details between panels.



# Nuestras Noticias



## ¿Sirvió de algo la guerra?

Ahora que las tropas de Estados Unidos se retiraron de Irak, la pregunta es obligada ¿Sirvió para algo esta estúpida guerra? Nadie se atreve a decir que las tropas se retiran tras haber obtenido una victoria en Irak. La excusa de la guerra fue primero se trataba de encontrar armas de destrucción masiva. A pesar de que el ex presidente George W. Bush y sus funcionarios nos aseguraron que esas armas existían, eso parece haber sido tan solo una excusa para invadir Irak.

Las armas nunca se encontraron. La famosa presentación del General Colin Powell en Naciones Unidas — en la que supuestamente mostraba los lugares exactos donde estaban esas armas — fue pura ciencia ficción. No se le quiso dar más tiempo a los inspectores de Naciones Unidas para negar o corroborar las acusaciones norteamericanas. La decisión de atacar al gobierno de Saddam Hussein estaba tomada.

La guerra comenzó el 20 de marzo del 2003. El recibimiento del pueblo de Irak a las tropas norteamericanas fue muy frío, y eso era una mala señal. La guerra no comenzó bien. No era como La Casa Blanca lo esperaba, no hubo ni flores ni música de recibimiento para las tropas americanas. Cuando quedó claro que no iban a encontrar armas de destrucción masiva en Irak, el objetivo cambió. Se trataba, fundamentalmente, de derrocar a Saddam Hussein.

Saddam Hussein era un dictador déspota y sanguinario. Eso, nadie lo duda. Pero Saddam Hussein no tuvo absolutamente nada que ver con los ataques terroristas que mataron a casi tres mil norteamericanos el 11 de septiembre del 2001. Nada. Si la política de Estados Unidos en ese momento era derrocar dictadores, el presidente Bush nunca lo dijo. La lista de tiranos era amplísima. La revista Foreign Affairs acaba de publicar los nombres de 23 líderes autoritarios que actualmente gobiernan en el mundo. Casi todos ya estaban en el poder cuando comenzó la guerra en Irak en el 2003.

Kim Jong Il de Corea del Norte lleva 16 años en el poder. Robert Mugabe tiene 30 años gobernando Zimbabwe. Muammar Qaddafi no ha soltado el control de Libia por 41 años. Y los hermanos Castro llevan más de medio siglo al frente de Cuba. Pero por alguna extraña razón, Estados Unidos decidió solo derrocar a Saddam Hussein.

Sin encontrar armas de destrucción masiva y ya con Saddam detenido, el objetivo de la guerra en Irak volvió a cambiar. Ahora de lo que se trataba era de democratizar al país. Sunitas, chiitas y kurdos tendrían que aprender el arte de la negociación y el compromiso. Hubo elecciones en marzo pasado en medio de la guerra y violencia. Pero en estos momentos es imposible decir que Irak es una verdadera democracia. Hoy, todavía, no ha surgido un gobierno de esas votaciones.

En la guerra en Irak han muerto más de 4,000 soldados norteamericanos. Al menos 90,000 civiles iraquíes han perecido por la violencia desde el 2003. El precio de la guerra —en cientos de miles de millones de dólares— ha sido gigantesco. Pero, gracias a esa guerra ¿estamos más seguros en Estados Unidos? Ni siquiera esa pregunta tiene una respuesta afirmativa y definitiva. Hay quienes creen que la guerra en Irak, lejos de reducir nuestro riesgo a un ataque terrorista, lo multiplicó.

Al final de cuentas, Estados Unidos se va de Irak sin encontrar armas de destrucción masiva, sin imponer la democracia en el país, sin la certeza de que la operación redujo su riesgo terrorista y sin declarar victoria. Tanto esfuerzo y sacrificio ¿sirvió de algo la guerra?

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Able a 795-4551**

# Un México diferente

Casi 200 años después de su independencia, México vuelve a enfrentarse a una nueva forma de dominio. El yugo, es cierto, ya no es una tiranía extranjera, pero sí un poder absoluto: la diseminación del control territorial por parte de los carteles de la droga da cuenta no solamente de la capacidad logística de la delincuencia organizada, sino de su arrasadora influencia para convertir a ese país en un secuestrado más. Independizarse de esa situación no será la tarea más fácil en esta etapa de su historia.

Con más de 28 mil muertos en lo que va del gobierno de Felipe Calderón no se puede decir que se va ganando la “guerra” al narcotráfico. El propio presidente mexicano ha tenido que admitir que, en todo caso, ese conflicto es “de todos”, una vez que se ha percatado de la imposibilidad del Estado de combatir y

eliminar a los que él mismo identificó como sus enemigos. Los mexicanos sólo han ido quedando atónitos ante cada discurso ... y ante cada muerto.

La petición de unidad y ayuda que ha hecho el mandatario a los gobernadores, por ejemplo, viene a ser una prueba más de las limitaciones tanto de policías como de militares en un conflicto interno que más parece guerra civil que una persecución de bandidos. Cada estado, de hecho, tiene ya una muesa de la problemática que implica lidiar con ese Estado paralelo que han establecido los carteles. Y éstos van por más, a pesar de que ya tocaron en su momento a los sectores político y empresarial, que ya sobornaron a mandos militares y policiacos, y que ya amedrentaron a la prensa.

En efecto, a diferencia de otros hechos que han

dado a México su equilibrio en la historia, el del narco ha cerrado al parecer toda opción de mantener el espíritu libertario que emanaba de cada gesta. La guerra de Independencia, la pérdida de gran parte del territorio, el Imperio de Maximiliano, los conflictos de Benito Juárez, la etapa porfirista o la Revolución de 1910 se plantearon en su momento como parte aguas históricos de los que nacía una nueva sociedad, pues independientemente de lo ganado o lo perdido el cambio aparecía como el nuevo sendero. En el caso de la contundente presencia del crimen organizado, sin embargo, lo que se persigue no es un cambio social, sino la exigencia del rescate por ese México secuestrado.

El precio de ese plagio está saliendo muy caro, no sólo por la gran cantidad de víctimas mortales, sino por la pérdida

de valores esenciales como el respeto a la vida, a los derechos humanos, a la salud, a la educación, al desarrollo intelectual y científico que, hoy por hoy, han quedado rezagados porque pareciera que lo único que ocurre en esa nación es violencia. Nada más falso.

Pero, en efecto, es una violencia que ofende sobre todo cuando las nuevas generaciones se dan cuenta del país que les ha quedado. ¿Qué posibilidad de transformación en beneficio de las mayorías podrá emanar de una situación así, cuando lo que busca cada parte no es más que un control total para confirmar su unilateral poderío? Los habitantes, al parecer, son lo que menos les importa. El país que no será más está por nacer, es un hecho, pero lamentablemente en este momento tiene obstaculizada y comprometida su nueva independencia.

# La comunidad Latina

Pese a ser la minoría de más rápido crecimiento en Estados Unidos, la comunidad latina es todavía la más vulnerable ante los embates económicos y, sin duda, la que sufre mayor discriminación y riesgos en materia laboral, educativa, de salud e incluso de vivienda. Un reciente estudio revela que los latinos que residen en el sur del estado tienen más probabilidades que otros grupos étnicos de vivir cerca de fábricas contaminantes, lo que los coloca en un riesgo mayor de exposición a sustancias tóxicas.

Luego de examinar tres mil núcleos demográficos, los autores del estudio descubrieron que las zonas que cuentan con más de un 15% de población latina están expuestas a un 84.3% de desechos tóxicos en comparación con el promedio del sur del estado. Los condados estudiados incluyeron a los de Los ángeles, Orange, Riverside, San Bernardino, San Diego y Ventura. Esta situación se agrava por el hecho de que los latinos son los que menos acceso tiene a seguro médico. Se estima que el 34% en todo el país carece de este beneficio.

Además de vivir más en zonas

aledañas a fábricas que contaminan, los autores del estudio descubrieron que los latinos habitan, en promedio, más cerca de vías de ferrocarril que se utilizan para almacenar trenes y de autopistas por donde circula mucho tráfico y se emiten grandes cantidades de contaminantes que enrarecen la calidad del aire y pueden provocar desde diversos tipos de enfermedades pulmonares hasta cáncer.

El hecho de que una gran cantidad de latinos viva en zonas de alto riesgo no es casualidad. Se debe sencillamente a que es la comunidad menos informada sobre los riesgos que implica vivir en esas áreas. Es también la que menos participa en juntas comunitarias donde se discuten ese tipo de problemas y las posibles soluciones.

Para remediar la situación se necesita, obviamente, emprender campañas de información dirigidas específicamente a los latinos, es decir, en su idioma y organizadas por gente que entienda sus valores y su cultura. Pero definitivamente esto no es suficiente. Los problemas que los latinos enfrentan son más profundos y

requieren de soluciones más complejas. Obedecen al hecho de que un gran número de ellos son inmigrantes recientes, muchos de ellos indocumentados, por lo que no votan, ganan menos que el promedio de la población, y se ven obligados a vivir en vecindarios no sólo con un alto grado de contaminación ambiental sino donde abundan las drogas y las pandillas y donde la educación que reciben sus hijos dista mucho de ser la ideal.

La actual crisis económica no ha hecho sino agravar todos estos problemas, ante la indiferencia de los políticos, a quienes sólo les importa representar a quienes pueden votar, no a quienes realmente necesitan de su ayuda. Este círculo vicioso no se romperá a menos que aquellos latinos que tienen el privilegio de votar decidan hacerlo. Son ellos los únicos que pueden darle voz a los millones de indocumentados que hoy por hoy lo único que les queda hacer es soportar la avalancha de ataques y culpas que injustamente les achacan los políticos oportunistas.

# Mes de la Herencia Hispana

El Mes de la Herencia Hispana hace honor a las personas con antecedentes de habla hispana en Estados Unidos. Del 15 de septiembre al 15 de octubre, una multitud de programas especiales, actos, exhibiciones y sitios en Internet celebran la herencia, cultura, espíritu y extraordinarias contribuciones de los estadounidenses de origen hispano.

La celebración del Mes de la Herencia Hispana empezó a tomar escala nacional en 1968 con la emisión de la Ley Pública 90-498 que autorizó una proclama presidencial anual que declara la semana del 15

y el 16 de septiembre semana de la herencia hispana. La semana se designó para que coincidiera con las celebraciones de la independencia de Costa Rica, El Salvador, Guatemala, Honduras y Nicaragua el 15 de septiembre, México el 16 de septiembre y Chile el 18 de septiembre.

La proclama de 1968, del presidente Lyndon B. Johnson, instaba al pueblo estadounidense, especialmente a las entidades educativas, a observar la semana con ceremonias y actividades apropiadas. Para estimular la participación, el presidente Gerald R. Ford emitió

una proclama en 1974 que instaba a las escuelas y a las organizaciones de derechos humanos a participar de lleno en esa semana. En 1988 el Presidente Ronald Reagan reiteró la llamada de Ford a un reconocimiento más amplio de los estadounidenses de origen hispano y para ello aprobó la Ley 100-402 que amplió la celebración al Mes de la Herencia Hispana — desde el 15 de septiembre al 15 de octubre.

Hoy más que nunca los estadounidenses de origen hispano desempeñan un papel integral en moldear la experiencia estadounidense Son

líderes en el gobierno, el derecho, los negocios, la ciencia, los deportes, el arte y muchas otras ocupaciones. La influencia de la cultura hispana se refleja en cada elemento de la vida estadounidense, desde la política hasta la educación, pasando por la música y la televisión. La Oficina del Censo de Estados Unidos estima la población hispana se convertirá así en la minoría racial o étnica más grande del país. La Oficina del Censo estima que para el 1 de julio de 2050, los estadounidenses de origen hispano constituirán un 24 por ciento de la población de Estados Unidos.



## WARRIORS

Continued from page B-1

Ashley Andersen led the team with seven kills. Mallo-ry Dunn had two, while Olivia Orosco, Rachel Myers and Anna Campos each had one kill for the Warriors.

Campos had 11 points serv- ing, Andersen had seven, Dunn had four, Taylor Hof- strand and Myers each had three, Destiny Rogers and Orosco each had two, while Natasha Jankovic and Jas- min Barrera each had one.

Playing good defense was Dunn, who led the team with four digs. Andersen and Campos each had three. Orosco, Rogers and Barrera each had two, while Myers, Jankovic, Veronica Lopez, Sarah Selby and Hofstrand each had one dig for the Warriors.

On Thursday, Sept. 2, the Warriors hosted St Helena and lost 3-0 to the Saints. The scores of the three games were 25-14, 25-12 and 25-10. Andersen led the team offensively with 11 kills, while Orosco and Dunn each added one kill. Andersen also led the team in serving points with 10. Orosco had seven. Dunn and Selby each had five, while Rogers and Bar- rera had one apiece.

On the defensive side of the net, Andersen had five digs, Barrera had three and Cam- pos and Selby each had two, while Orosco, Jankovic, Dunn, Lopez and Rogers each had one.

The Warriors will be on the road this week but will return home to host Colusa on Sept. 14.

## Arboretum plant sales planned

By DIANE CARY  
UC Davis Arboretum

UC Davis Arboretum volunteers will host two fall plant sales — on Saturdays, Sept. 25 and Oct. 16 — rather than on the usual first Satur- day in October. The earlier date was planned to help gardeners get a jump on their fall planting.

The Sept. 25 Plant Faire and Sale will have a special focus on Califor- nia native plants. It will be open to members only from 9 to 11 a.m., then to the public from 11 a.m. to 1 p.m. Shoppers will enjoy live music, free children's activities and expert gar- dening advice. Anyone may join the Friends of the UC Davis Arboretum at the door for early admission and a 10 percent member discount; new members get a free plant!

The Oct. 16 sale will have a focus on fall planting, with experienced gardeners available to help shop- pers choose the best plants for their garden design and conditions. It will be open to the public from 9 a.m. until 1 p.m. Once again, anyone who joins at the door will get a 10 percent member discount and a free plant.

Fall is the best planting time in the Central Valley, so that young plants can get their roots estab- lished during the rainy winter before they have to face the hot, dry summer. Gardeners thinking about adding to their home landscapes can get ready for fall planting now by researching plants and design- ing new garden areas.

At the UCD Arboretum, visitors can check out more than 22,000 plants adapted to Central Valley conditions displayed in beautiful garden settings. The Arboretum gardens are always open and there is no charge to visit; the office is open weekdays from 8 a.m. to 5 p.m., and there are free public tours on weekends.

For more about the Arborteum and plant sales, call 752-4880 or visit arboretum.ucdavis.edu. In the Val- ley-Wise Gardening section of the website, there is information about All-Stars, the Arboretum's top rec- ommended plants for this region.

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of the contes-  
tants had 23 or  
fewer correct  
selections.

Another con-  
test is in this  
week's Express.

## GERTZ

Continued from  
page B-1

games correctly.

All of the rest

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Open Assembly: 9:30 a.m.  
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Youth ministry: 3:30 p.m. on Sunday  
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**Church of Christ Bible**  
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Sunday: 10:00 a.m. to noon  
Fellowship, Bible Study, Worship

**Pioneer Presbyterian Church**  
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Phone 795-2263  
**Rev. Robert Badgley, Minister**  
Sunday services:  
Class at 9 a.m.  
Worship Service: 10 a.m.  
Fellowship time: 11 a.m.  
Family night: Wed. 5:30 p.m.

**Countryside Community  
Church**  
26479 Grafton, Esparto  
787-3586  
**Rev. Pamela Anderson**  
Pastor  
Worship Service: 10:00 a.m.  
Sunday School: 9 a.m.  
Coffee Hour: 11:30 a.m.

**Winters Community Church**  
A non-denominational  
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113 Main Street  
530-795-5530  
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Sunday School 10 a.m.  
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**Davis Church of Christ**  
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753-5350 or 758-7706  
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Bible Study: 9 a.m.  
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Evening Worship: 6 p.m.  
Midweek Bible Study  
Thursday at 7 p.m.

**Guinda Community  
Methodist Church**  
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**795-2188**  
Worship Service: 10:30 a.m.  
Sunday School: 9 a.m.  
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**Unitarian Church of Davis**  
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Thurs.: 7 a.m. Bilingual  
Friday: 5:30 p.m., Bilingual  
Saturday: 5:00 p.m., Bilingual  
Sunday: 10:45 a.m., English  
Sunday: 12:30 p.m., Spanish  
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Saturday: 4-5 p.m.  
**Abbey House Information:**  
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**New Life Christian Center**  
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Madison - 661-7129  
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Worship Service: 11 a.m.  
Classes for all ages:  
10 a.m. (Sunday)  
Weekly Bible Study & Youth  
Services to be announced

**St. Martin Catholic Church**  
E. Grafton, Esparto  
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Sunday, 8:45 a.m., English

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Gerald Taylor, 795-1302  
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Sunday School & Primary: 10:50 a.m.  
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Priesthood Meetings 11:40 a.m.  
Mutual Wednesday: 7:00 p.m.

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## NASCAR THIS WEEK

By Monte Dutton

### Vickers Sets Return After Heart Surgery

Brian Vickers, who made the Chase for the Sprint Cup in 2009, competed in only 11 races this season. After a 10th-place finish at Darlington Raceway on May 8, he fell ill. Doctors discovered that Vickers, 26, had developed blood clots in his left leg, left finger and lungs. A regimen of blood thinners made it impossible for him to compete in his No. 83 Team Red Bull Toyota.

Recently, Vickers underwent successful surgery to repair a small hole between the two atriums of his heart. He also was diagnosed with May-Thurner Syndrome, in which blood flow is restricted because a vein and/or artery are pinched. After surgery, a stent was placed in a vein on July 13 to open it.

Now, however, Vickers expects to return to full-time competition next year.

"Not only did we figure out what the problem was," said Vickers, "but we were able to fix it. ... I'm going to be back in the No. 83 and very excited to be back with Red Bull."

Vickers, who has mostly stayed away from the track, has spent off time traveling and working out.

"My main priority is getting back to racing next year," he said. "I've been given a gift. Things happen for a reason. I've had some time to think back and look at my career, both personally and professionally. I don't think I'll change a lot when I come back, but I do think I will change some. I'm probably going to tolerate a lot less, but at the same time there will be areas I will tolerate a lot more — just depends on what it is. I have a new appreciation for life. I'm looking forward to it. I feel great and can't wait to race."

Vickers, from Thomasville, N.C., expects to be off blood thinners by January, at which point he will get back in a race car and begin testing to prepare for the 2011 season.

"What I love to do is race," he said. "It is not only my job, but my passion. I've been missing that need for speed, the competition, my people and friends in the industry, but at the same time, it has been nice to take a break."

\*\*\*

Monte Dutton has covered motorsports for The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (<http://nascar.rbma.com>) features all of his reporting on racing, roots music and life on the road. E-mail Monte at [nascar\\_thisweek@yahoo.com](mailto:nascar_thisweek@yahoo.com).

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**Weekly SUDOKU**  
 by Linda Thistle

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	2				8			3
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7					6	1		
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Place a number in the empty boxes in such a way that each row across, each column down and each small 3-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★★**

★ Moderate ★★ Challenging ★★★ HOO BOY!

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## MOMENTS IN TIME

The History Channel

- On Sept. 25, 1789, the first Congress of the United States approves 12 amendments to the U.S. Constitution, and sends them to the states for ratification. The amendments, known as the Bill of Rights, were influenced by the English Bill of Rights of 1689.
- On Sept. 23, 1846, at the Berlin Observatory, German astronomer Johann Gottfried Galle discovers the planet Neptune. The blue gas giant, which has a diameter four times that of Earth, was named for the Roman god of the sea. It completes an orbit of the Sun once every 165 years.
- On Sept. 21, 1938, without warning, a powerful Category 3 hurricane slams into Long Island and southern New England. All told, 700 people were killed by the hurricane, nearly 9,000 homes and buildings were destroyed and nearly 3,000 ships were sunk or wrecked.
- On Sept. 26, 1945, Lt. Col. Peter Dewey, a U.S. Army officer with the Office of Strategic Services (OSS) in Vietnam, is shot and killed in Saigon. Dewey was the head of a seven-man team sent to Vietnam to search for missing American pilots. He was the first of nearly 59,000 Americans killed in Vietnam.
- On Sept. 22, 1953, the first four-level (or "stack") interchange in the world opens in Los Angeles, at the intersection of the Harbor, Hollywood, Pasadena and Santa Ana freeways. It consisted of 32 lanes of traffic weaving in eight directions at once. Today, the interchange's cost of \$5.5 million would pay for just 250 feet of urban freeway.
- On Sept. 24, 1969, the trial of the "Chicago Seven" begins. At the height of the antiwar and civil-rights movements, young leftists had organized protest marches at the 1968 Democratic National Convention and were thus accused of conspiring to incite a riot. In 1970, the convictions and contempt charges were overturned on appeal.
- On Sept. 20, 1973, Billie Jean King defeats Bobby Riggs, 6-4, 6-3, 6-3, in a widely publicized exhibition tennis match dubbed the "Battle of the Sexes." The match was set up after the 55-year-old Riggs routed Australian star Margaret Court four months' earlier on Mother's Day.

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