

Who is this?

Find out on page B-4



Grant Avenue planning moves on to next phase

By ZACHARY LANDES
Staff writer

The City of Winters' Complete Streets program had its final public workshop at the July 13 joint city council and planning commission meeting. This three-part program is designed to involve the public in the planning process for the development of Grant Avenue.

The goal of Complete Streets is to transform Grant Avenue, from Railroad Avenue to Yolo Housing, into a multi-use roadway, complete with bike lanes, medians, planters and improvements to pedestrian accessibility.

"Our overarching vi-

sion is to improve Grant Avenue so that it addresses the needs of all its users, from pedestrians to large farm trucks that carry heavy equipment," said Mukul Malhotra, project consultant with MIG Inc., the firm designing the development. The firm seeks to turn Grant Avenue into a gateway to Winters, with welcome signs and a design that reflects Winters' agricultural and historical roots.

Grant Avenue, or Highway 128, is owned by Caltrans, so the funds to develop this area would be paid primarily by the state. MIG's tentat-

See GRANT on page A-5

Public hearing for Burger King stalled

Although the Winters Planning Commission was expected to consider a planning application for a site plan and design review for a proposed Burger King, Arco Gas Station, AM/PM convenience mart and truck fueling facility at the northwest corner of Grant Avenue and Interstate 505 at the July 27 meeting, the entire item has been removed from the planners' agenda until further notice. The appli-

cation included a sign permit for a associated freeway information sign at the site.

The only remaining agenda item for Tuesday's meeting is a public hearing regarding the dedication of a right-of-way for the Walnut Lane Re-Alignment Project and splitting one lot into two new lots at 101 East Grant Avenue.

The meeting begins at 6:30 p.m. in the council chambers at City Hall.

Vice principal resigns

The Winters School District has confirmed that Winters High School vice principal John Barsotti has resigned. His last day was Friday, July 16. Barsotti stated that he was resigning to take a position at Fairfield High School.

The Winters School

Board is expected to discuss his replacement at the next school board meeting on Thursday, Aug. 5. The meeting begins at 6:30 p.m. in the Walnut Room at the school district office, 909 W. Grant Avenue. Anyone in the community is welcome to attend.



Photo by Julia McCandless

The Studio C dancers are planning a fearsome festival this year, as they rehearse a number to Michael Jackson's "Thriller." From left are (top) Kennedy Rivera, (middle) Siena Graziani-Mazza and Sophia Tolley, and (bottom) Joslyn Jordan and Ariana Herrera. Studio C will perform at 5:30 p.m. at this year's Earthquake Street Festival, planned for Friday, Aug. 27, 5-11 p.m. on downtown Main Street.

SWEET BUT SCARY

◆ Studio C dancers planning tribute to Michael Jackson for annual street festival

By JULIA McCANDLESS
Staff writer

Break out your moonwalking shoes because the Studio C School of Dance is performing a tribute to the King of Pop at this year's Earthquake Festival. The dance performance will take place on Friday, Aug. 27, and will pay tribute to the iconic dance moves of Michael Jackson, featuring a ballet to "Thriller," a hip-hop piece to

"Jam," and other dance styles choreographed to selected Jackson songs.

Studio C School of Dance owner and dance educator, Marissa Wright said that choosing to do a Michael Jackson tribute for the festival was a no-brainer.

"Because as a dancer and an artist, he is iconic and I just couldn't see not doing it," Wright said.

With nearly 20 dancers ranging in age from 5-18 years old, Wright said that the rehearsal process for the upcoming festival has been a lot of fun, but also a lot of work. Rehearsing since January, the dancers regularly practice technique at

the ballet barre, create all their own stage backdrops and set pieces, and are always perfecting their skills with the help of Wright's leadership.

But Wright clarifies that more than just a dance studio; Studio C is a place that has helped bring the Winters community together.

"We're a staple of the community," Wright said. "It helps to bring people together. When you see the whole thing come together, it almost brings tears to my eyes, like 'Wow we did this!'"

Through her years of teaching, Wright said she recognizes

See SCARY on page A-5

Museum preserves drowned town's past

By IAN THOMPSON
McNaughton Newspapers

Carol Fitzpatrick spent many hours in her youth next to Lake Berryessa listening to grandfather Ed McGinnis tell stories of the community that was drowned by the Monticello Dam.

Born three years after Lake Berryessa started submerging the town of Monticello and her family's farm in Berryessa Valley, Fitzpatrick has become the guardian of its heritage. "I am proud of my history of this area and want people to see the lake as it was," Fitzpatrick said.

A sign over the door to the one-room museum she created last year reads "Come in and see the history of the lake

and what lies beneath."

Monticello was founded in 1867 by Ezra Peacock and grew to become the center of the cattle and sheep ranches, orchards and farms that filled the 24-mile-long Berryessa Valley.

The town itself grew to 250 people by the 1940s, centered around the Cook, McKenzie and Son general store, which also served as the post office and telephone exchange, according to Fitzpatrick. Monticello also had a hotel, community hall, two-room schoolhouse and roadside spot known as The Hub as well as an annual rodeo that brought people from Davis, Dixon and Vacaville.

But everything was razed after the U.S. Bureau of Reclamation

condemned the land to make way for the Monticello Dam. The cemetery was moved uphill near Spanish Flat.

When the lake started to fill in 1956, most of the families moved away, but Fitzpatrick's family moved their home to a hill near Spanish Flat above the lake.

"People would come to our house and watch the lake fill and they would tell stories," Fitzpatrick said.

Her grandfather, who grew up in the valley, would talk about Monticello often. "Grandpa was a living history book," Fitzpatrick said. "He told me stories for years."

Every Memorial Day, the town's aging former residents gather for a

See MUSEUM on page A-12

Portion of County Road 31 to be closed

Due to road reconstruction work on County Road 93A, County Road 93A and a portion of County Road 31 between Winters and Davis will be closed to all traffic beginning at 6 a.m. on Monday, July 26, and continuing through Wednesday, Aug. 11.

County Road 31 will be closed between County Roads 92E, 32 and 95, with signed detours provided. Mo-

See ROAD on page A-8

INSIDE

Classifieds.....B-6
Community.....A-6
Entertainment.....A-11
Eventos hispanos.....B-5
Features.....B-4
Obituary.....A-2
Opinion.....A-4
Schools & Youth.....B-2
Sports.....B-1

Included in this week's issue are advertising inserts from:
Lorenzo's Market,
Round Table Pizza

(Supplements are sent to Winters, Woodland, Davis, Capay Valley, Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken at 9 a.m. daily, covering the previous 24 hour period.

Date	Rain	HI	Lo
July 14		90	62
July 15		95	65
July 16		102	65
July 17		103	62
July 18		99	61
July 19		102	61
July 20		99	58

Rain for week: 0
Season's total: 0
Rainfall season begins July 1, ends June 30



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Weekly police report

July 12

~ 1:20 p.m., 100 block of Quail Court, an unlocked bicycle was stolen from the bed of a pickup truck. Loss: \$150.
 ~ 7:30 to 8 p.m., 100 block of East Grant Avenue, a counterfeit \$100 bill was used to pay for items at a business.

July 13

~ 12:15 a.m., Marshall David Fredericks, 18, of Winters was issued a notice to appear for being an unlicensed driver.
 ~ 8 a.m., first block of East Abbey Street, victim noticed a suspicious vehicle with two men inside parked near his storage building. Victim entered the building and locked the door behind him. Victim heard the doorknob slowly move back and forth as if someone was trying to enter the building. Victim went to a window to see outside. The suspicious vehicle and persons were gone.
 ~ 3:46 p.m., Alvaro Leon, 24, of Winters was arrested on an outstanding Winters Police Department bench warrant charging him with failure to appear on previous charges of being under the influence of a controlled substance, transporting marijuana, driving under the influence, and failing to dim high beam headlights. Leon was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.
 ~ 5:43 p.m., Zachary Allan Lawrence, 21, of Vacaville was arrested on an outstanding Sacramento County felony bench warrant charging him with failure to appear on previous charge of grand theft. Lawrence was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.

July 15

~ 4:01 a.m., first block of Main Street, a glass door was broken to gain entry to a business. Two

packs of condoms were stolen. Damage and loss: \$200.

~ 9:08 p.m., Railroad Trestle Bridge, suspect made threats to a victim with the intent to terrorize. The case is being forwarded to the District Attorney for complaint.

July 16

~ 9 a.m., a found bicycle was turned over to the police.
 ~ 3:51 p.m., Irvin Eli Soltero, 22, of Dixon was issued a notice to appear for possessing less than an ounce of marijuana.
 ~ 4:19 p.m., State Route 128 near County Road 87, two officers assisted a Yolo County Sheriff's deputy with a possible fight involving 15 people.
 ~ 5:33 p.m., first block of East Main Street, an officer responded to an audible alarm. The building was found secure.
 ~ 10:10 p.m., first block of Abbey Street, an officer responded to an audible alarm. The building was found secure.

July 17

~ 7:07 a.m., found checks and a deposit slip were turned over to the police.
 ~ 3:02 p.m., Teresa Lynn Tonnesen, 50, of Vacaville was issued a notice to appear for being an unlicensed driver.

July 18

~ 10:02 p.m., a 12-year-old Winters juvenile was arrested for being intoxicated in public and unable to care for his safety or the safety of others. The juvenile was booked at the Winters Police Department and released to a parent on a notice to appear.

July 19

~ 12:10 a.m., first block of Main Street, a lower panel of a glass door was previously broken and a makeshift repair panel was placed into a door. The repair panel was knocked out of the door. Damage: \$20.

July 11

~ 70 block of Owings Drive, victim of a fall
 ~ 700 block of Main Street, grass fire
 ~ 700 block of Dutton Street, trash can fire
 ~ 70 block of Owings Drive, lift assist

July 15

~ County Roads 89 and 28, grass fire

July 16

~ 27000 block of Highway 128, medical aid

July 17

~ First block of East Baker Street, victim of a fall

July 18

~ 400 block of Abbey Street, victim of a fall
 ~ 700 block of Main Street, oil/gas spill

YESTERYEAR



File photo by Relfe Ehret
David Wemp, right, general chairman of the 1965 Winters Youth Day, is shown here presenting a \$5 check to Niki Greenwood, who won the theme contest for the 1965 Youth Day: "Youthful Adventure." The check was given by the Winters District Chamber of Commerce.

50
YEARS AGO

Aug. 4, 1960
 A total of 48 property owners in the Major Vista area have signed petitions calling for the annexation of the area to the city of Winters.

Miss Edie Stang of Norway will arrive in Winters this month as the first foreign student to come here under the American Field Service committee sponsorship. She will live with Mr. and Mrs. Richard Frisbee and their daughter, Barbara.

For the first time in eight years, Winters peaches are leaving by rail for Midwestern markets. Bill Brinck, at the Winters Growers packing shed, is packing and shipping Elberta and Faye Elberta peaches. About 10 or 12 cars will be shipped.

The Cut-N-Curl Beauty Salon, operated by Mrs. Johanne Lewis, opened this week at 310 Railroad Ave., in the quarters formerly housing the Winters Express business and editorial offices.

Mr. and Mrs. Kimbrough Bowman returned to their ranch home first of the week to look after their peach harvest following a stay at their Dutch Flat mountain home.

The Perry Clark, Ted Morgan and John Morgan families met the Larry Warren family in Sacramento, then went on to Webber Lake for a weekend of camping.

The Robert Bishops had as visitors Sunday, her father, Mr. Jess Hembree; an aunt and uncle, Mr. and Mrs. Ben Hembree from El Reno, Okla.

65
YEARS AGO

Aug. 3, 1945
 The Yolo County Chamber of Commerce has passed a resolution calling for the construction of a low level dam at Devil's Gate.

Congressman A.J. Elliott of Tulare arrived Monday for a visit with boyhood friends and was at the C.W. Scott ranch to initiate the hunting season Wednesday morning.

T/Sgt. Bernard Lopez arrived at his home east of town from England, for a 30-day furlough. A flying fortress gunner, he is in possession of an Oak Leaf cluster and Air Medal.

Captain James Rollins arrived last Thursday from France on a 30-day furlough.

Mrs. W.E. Riley and daughter, Miss Gloria, are having a vacation at Tahoe resorts.

The attractive Russell Street S.W. Jopes home purchased last spring by Harry Sattazahn is being treated to a fresh coat of paint.

Mrs. Sam Cheney hosted a children's party, July 26, honoring her niece, Elfreda Moore. The small honoree was observing her 11th birthday.

Keep up on
the local
news by
reading the
**Winters
Express**

Berryessa lake level down .64 of a foot

The level of Lake Berryessa fell by .64 of a foot during the past week, with a reduction in storage of 10,752 acre feet of water, according to Mickey Faulkner of the Solano Irrigation District.

He reported Tuesday morning that the lake was 418.79 feet above sea level, with storage computed at 1,172,894 acre feet of water.

The SID is diverting 675 second feet of water into the Putah South Canal and 43 second feet is flowing in Putah Creek at the Diversion Dam.

Evaporation on Lake Berryessa averaged 322 acre feet of water per day during the week.

115
YEARS AGO

Aug. 3, 1895
 On Thursday of last week J.G. Young of this place and Supervisor Fredericks were returning from a bridge inspecting visit to Capay when the horse they were driving became frightened at a piece of paper and turned around suddenly, turning the buggy over and throwing the occupants to the ground. Mr. Young was badly bruised about the face while Mr. Fredericks escaped uninjured.

F.W. Wilson brought us a sample of Foster peaches from his Fresno County place last Saturday.

A fire on the Blake ranch about 2 ½ miles east of town last Saturday night, destroyed the packing shed, 5,000 drying trays, boxes, the bleaching houses and other traps, amounting in value to about \$2,000.

George Thissell informs us that he has shipped 200 crates of cantaloupes this week — a total of 3,200 melons.

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Overweight volunteers needed for study of grape powder

The USDA, ARS Western Human Nutrition Research Center seeks healthy, non-smoking men and women, ages 20 to 60 and 45 to 120 pounds overweight for a study.

The goal of this study is to test whether drinking beverages made from grape powder will decrease markers of inflammation, improve cholesterol levels and blood lipid profiles, and change immune responses that may reduce the risk of heart and blood vessel disease.

Adults must not be taking medications for cholesterol, thyroid, asthma or blood pressure, or weight loss products or trying to lose weight. Women must not be pregnant, lactating or planning a pregnancy.

This is a nine-week study involving drinking two beverages containing grape powder daily.

Participants must be willing and able to come to the WHNRC on the UC Davis campus on a weekly basis to pick-up grape powder and for six early morning visits.

Stipends will be paid for participation.

For more information, or to volunteer to take part in the study, call 752-5177 and press 2 or visit the ARS website at www.ars.usda.gov/pwa/davis/whnrc/nutrition.

You can hide your fryin' eyes

Much to their painful surprise, people learn every year that it is possible to burn the cornea of their eyes from too much ultraviolet light.

Dr. Janet Cushing, an optometrist with UW Health, says that while the condition (known as photokeratitis) most typically occurs in the winter from bright sunlight reflecting off snowfields, it can also occur in summer conditions.

"We see boaters and fishermen with photokeratitis, caused when the bright sunlight reflects off the water," she says. "It hurts like crazy and so people are miserable when it happens."

The sun's ultraviolet B (UVB) rays can burn the cornea — the clear surface of the eye.

Symptoms include intense pain, redness, swollen eyelids, a headache, and a feeling that grit is in the eye. Photokeratitis can cause hazy vision or even the loss of vision.

Sufferers are generally treated with an eye patch (to keep the eyes closed) or a bandage contact lens and antibiotic drops. The cornea usually heals within a day or two, but the condition is painful while it lasts.

Another eye condition caused by too much sunlight is pinguecula, a growth on the eyeball that can look like a pink patch or an elevated yellow bump on the white of the eye. Though harmless, they can be unsightly or become inflamed and irritated.

Cushing said that macular degeneration may also be linked to sun exposure, and UV light contributes to cataract formation.

The best treatment for any of these conditions is prevention.

"Wearing sunglasses that block UV light is the best way to protect your eyes when you're on the water or in other bright conditions," she said.

Prevention is also the key word for other summer eye threats.

"Eye protection prevents about 90 percent of eye injuries," Cushing says. That goes for projectile injuries caused by summer fun, such as baseball, air gun pellets, and paint balls, as well as the injuries that can be caused by summer yard

work and tools such as weed trimmers and other power tools.

If you do have a foreign object in your eye, the only safe way to try to remove it on your own is by flushing it with water, Cushing says. And if it is penetrating the eyeball, don't even try to remove it.

"Never attempt to remove a penetrating object because you can cause more damage," she says. "Tape a paper cup over the eye to protect it, and get to an emergency room immediately."

Finally, be careful around fireworks. Prevent Blindness America reports that eye injuries

tend to peak right around the Fourth of July. In 2007, 6,300 Americans were treated in hospital emergency rooms for fireworks injuries from June 22 to July 22. About 1,400 of them suffered eye injuries.

"Children under age 15 account for 40 percent of fireworks injuries," Cushing says. "And sparklers accounted for the most injuries that required medical attention to children ages 4 and under."

So while warm weather brings summer festivities, it also should come with a warning: Protect your eyes from too much sun and fun.

NAMI offers 'Family-to-Family' education

NAMI-Yolo
Special to the Express

Serious brain disorders, sometimes called mental illnesses, occur worldwide. Statistics show forms of schizophrenia affect 1 in 100, and bipolar disorder 1 in 50, while cases of major depression and severe anxiety disorders — of which obsessive compulsive disorder is one — are even more prevalent.

Most of these disorders exhibit bizarre behaviors that because they are misunderstood carry a stigma

that fosters denial in both the sufferer and their family.

NAMI-Yolo offers "Keys to Understanding" (NAMI's Family to Family education program), classes that help caregivers understand the biology of the disorders while learning coping skills for unusual behaviors through effective communication.

There are 12 weekly sessions from 6:15 to 9 p.m. Tuesdays, Sept. 7 to Nov. 16, in Woodland. Class size is limited and pre-registration is required. To register, call NAMI-Yolo at 756-8181 and leave your name and number.

USDA seeks female volunteers for bone study

USDA, ARS Western Human Nutrition Research Center is looking for healthy postmenopausal, non-smoking women, ages 50 to 65, who are not taking hormone replacement, bone-building medica-

tions or other medications, to take part in a nine-month study with 10 visits to UC Davis. The study will test whether Vitamin B-12 changes markers of bone formation, and includes a DEXA bone

scan, Vitamin B-12 injections and supplements, health evaluations and financial compensation. Call 752-5177 and press 6 or visit www.ars.usda.gov/pwa/davis/whnrc/nutrition.

Opinion

LETTERS

Dog days of summer are here

If the blazing sun and relentless heat isn't an indication, I'll just tell you now: we've hit the dog days of summer. Yet, instead of wasting away indoors with a bout of mid-summer malaise, you have some options — notably, the Bobbie Greenwood Community Swim Center.

Vibrant and refreshing, a day spent at the pool is never wasted. Recreation Swim is held daily from 2-5 p.m. and is the perfect time to cool off and wash away your cares. Games and competitions are held with the lifeguards at 3 p.m. on a daily basis and we've got noodles and toys galore. Admission is \$3 a person, so bring the whole family.

Water aerobics is in full swing and is looking for more members. Held on Mondays and Wednesdays from 7-8 p.m. with a certified instructor, a monthly pass is \$60 and allows members to work out during any lap swim time slot. Additionally, you are more than welcome to drop-in for \$8 a session.

Lifeguards are invading the Winters Farmer's Market. Be on the lookout for free raffle opportunities at the Farmers Market on



Thursday evenings. Last week's winners received a free Recreation Swim pass. The only gimmick is that we ask that the winners bring all their friends to enjoy our wonderful pool. Feel free to talk to the lifeguards; we're there to answer any and every question you may have.

Finally, we're expanding our swim lesson programs to a fifth session (Aug. 2-13) for our wildly popular time slot: the 5:15-5:45 p.m. block. Please give City Hall a call for more information and sign up for classes ASAP, as they fill up quickly.

With a couple friends, a little fun, and a whole lot of water, join us in "doggie-paddling" our way through the dog days of summer.

JUSTIN HYER

It's a special community

The Winters Aquatic Club (masters swimmers) and the Winters Swim Team (youth swimmers) would like to express sincere thanks to the Winters community for its support of our most recent fundraiser on July 11.

Friends and supporters of three Masters swimmers and 18 kids pledged support for distance swims in the pool in the morning. In the evening, over 200 supporters attended a dinner and aquatics fashion show. Both events took place at the Bobbie Greenwood Community Swim Center.

Many thanks to: Theresa Linton and crew of Cody's Deli, who provided the delicious food for our dinner; Coach Kevin Chester

who organized the entertaining fashion show; Coach Russell Haussermann for his help and support; Bobbie Greenwood for providing all the attire for the show; Marcelo Quintana for emceeing the event and providing his sound system; and our beautiful young ladies and handsome young men who did a wonderful job modeling all the swimsuits: Maya Tice, Ashley Shaw, Olivia Orosco, Cheyenne Burrall, Tyler Berg, Clinton Freed, D. J. Tice, and Justin Nitzkowski.

Thanks also to Nanci Mills and the City of Winters, and the Winters Joint Unified School District, for use of the pool and constant support through the year; Debra DeAngelo, Charley Wallace, and the Winters Express for

See **LETTERS**, page **A-5**

Will fast food joints be the death of Healdsburg?

A funny thing happened on the way to Healdsburg last week. It started with a day of mother-daughter bonding via wine tasting in the Sonoma Valley, beginning with lunch in Healdsburg.

Healdsburg is a darling little artisan town, with plenty of good food and wine. Boutiques and little art galleries surround the town square park, and tourists can always be found browsing, shopping and enjoying a meal. And, although you can point your car in any surrounding direction and arrive at a top-knotch winery, the town itself is a destination spot. In other words, it's what Winters wants to be when it grows up.

I'd been to Healdsburg before, and my most predominant memories included a sweet little spot called Restaurant Charcuterie and their sweet little Sonoma Salad (I recommend it highly if you like salads sprinkled with green apple, red grapes, walnuts and bleu cheese), and the Healdsburg Bar & Grill for killer burgers and beer. I also remembered the little shops and galleries, and the tall, cool trees surrounding the town square.

What I didn't remember upon arriving in Healdsburg last week was — oh gasp and horror!!! — the McDonald's and the Kentucky Fried Chicken restaurants at the main entrance to town! When did those go in! They weren't there the last couple times I'd visited. Oh no... does this mean... the entire Healdsburg business community had collapsed? What a shame. And such a cute, lovely little town, too.

I cringed as I headed

down Healdsburg Avenue, expecting to find an Applebee's where the town square once was, and nothing but Starbucks and Walgreens as far as the eye can see, but no. Everything was just as I'd remembered, right down to the Sonoma Salad.

But maybe the evil fast food joints hadn't sucked the life from the local businesses yet. I had to find out.

I put my years of hardcore investigative journalism into play and picked up the telephone. I called McDonald's first. To my astonishment, McDonald's has been in that spot since October 1992. Get out! I'd driven right past it on several occasions and never noticed it.

OK, surely KFC was a new eyesore. I couldn't have missed that too. Turns out, KFC has been right across the street for just as long, and it even has a Taco Bell counter inside. And, if my spotty memory serves, I believe both of them also had gas stations alongside the restaurants.

How does this translate to Winters? Well, much controversy and angst has bubbled up regarding a proposed Burger King that will surely end life as we know it here in Winters, diverting offended visitors to keep driving to more alluring destinations like Arbuckle or Allendale. Or not.

Maybe folks who drive to Winters for a visit are just like me on my visit to Healdsburg. I know where I want to go and what I expect to find there, and fast food joints at the town's entrance are essentially invisible to me.

Moreover, I don't associate Healdsburg with McDonald's or KFC or vice versa and likewise,



no one is going to associate Winters with Burger King. People who know our downtown will drive right past Burger King to the Buckhorn or Ficelle or The Palms. Why would you eat a Whopper when you can have a Putah Creek Burger?

As for fast food, I happen to know that both Chuy's and El Pueblo can have a meal in front of you in less than five minutes. You can call Ocean, Cody's Deli, Steady Eddy's, Tomat's or either pizza place, and they'll have your order ready to pick up the moment you walk in. It doesn't get much faster than that.

As for me, I have no desire to go to Burger King, in Winters, Healdsburg or anywhere else for that matter. Judging from the feedback, a lot of others in town feel the same.

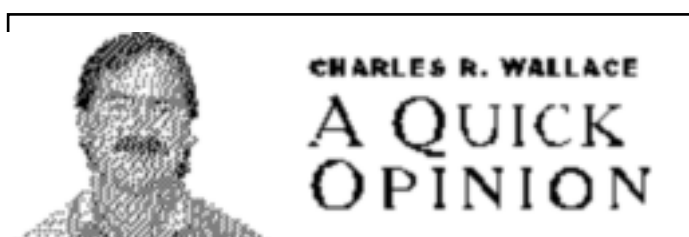
However, plenty of others actually want a Burger King here. Particularly those who — for reasons I can't fathom — drive down to Vacaville to get their junk food fix. There are also some folks who work swing shifts, for example, and would like a place to get a late night snack. And sure, all us "eat healthy" folks turn up our noses in disgust at both camps, but that's our own choice. We don't have the right to choose what other people eat, and thank God it's vice-versa. We don't make them eat organic baked tofu and they don't make us eat tasty death on a bun. It's a good arrangement.

As for Healdsburg, clearly something about fast food was attractive enough that the city officials allowed it to go in. Could it be that sales tax money generated from those businesses help maintain their lovely park, or pay for their children's recreation programs and ball fields, and keep their library, swimming pool and community center open? Could be. Whatever the reason, it was surely a mutually beneficial decision.

To Healdsburg's defense (pay close attention here, Winters City Council and Planning Commission), their McDonald's and KFC are extremely low-key and small. They don't have gaudy décor or monstrous plastic playgrounds. In particular, they don't have towering highway signs pointing drivers to their restaurants.

They're small, basic buildings, with small, basic streetside signs about 7 feet tall. And clearly, that's all they need to turn a profit at the entrance of a small town that has plenty more to offer a few blocks away. And clearly, they don't define Healdsburg, either. I can attest to that. And believe me, McDonald's and KFC aren't going to deter me from going back to Healdsburg for another Sonoma Salad either.

In they end... the fast food joints don't matter at all. Except maybe to all those kids playing baseball or swimming in the town pool.



A MINI VACATION. If you are feeling a little run down and in need of a vacation, a quick trip to the beach and a long drive to Lake Shastina for a few rounds of golf should help. If nothing else, it will make you appreciate your own bed and the friendly smile of your wife. Even the dogs seemed glad to see me.

My sister, Lois, rents an Aptos beach house for a week, almost every summer. The cutest grandkids in the world were going to spend a few days there and I drove my Harley down after the paper came out on Wednesday afternoon to meet the family. It was a little warm going through San Jose, but as soon as I topped the ridge on Highway 17 the temperature dropped 30 degrees. This was a different house than in past years, a lot larger and right on the beach. And I mean on the beach. There are storm covers for the windows facing the ocean and there was enough sand under the house and against the sea wall that I don't think they were just for show.

My permanent tenant had made the trip the day before and was well acclimated to beach life when I got there. I don't tan well. It is more of a burn and peel life that I lead. I took off my shirt for 30 minutes to work on my tan and then put my shirt back on and headed to the surf to show the grandkids how to find sand crabs. There are literally 1,000s of them per yard in some areas. You can feel them under your feet. Both the kids enjoyed them, but I still get a kick out of watching the sand crabs dig through the sand faster than you can dig them back up.

There were a few jokes about burnt feet and my blinding other tourists with my white skin, but I thought I was smart enough to not get burned. As I was driving back to Winters on Thursday evening I noticed that my shoulders and feet were warming up. By the time I got off the bike, I knew that it wasn't just the change in temperature.

This is the third time I've been invited to the "Beat the Heat and Traveling Road Show" golf tournament and they may have to find a new name. There were 26 guys in the tournament and it is a golfers paradise. Larry and Don are in charge of this four day golf marathon and they have been getting together to golf with their friends for 27 years. For the past 12 years it has been held at the Lake Shastina Golf Resort, which is just past Weed. It must be over 4,000 feet and in the past it wasn't that hot. This year was a scorcher. After playing 18 holes every day, Larry and Don schedule scrambles and horse races, which are short, just a couple of hours, golf contests.

There is a contingent from Newport, Oregon and they brought a couple of rookies along. This was Mark's first time playing in the heat, ever. He moved to Oregon from Alaska to open a Subway shop and said he is used to 65 degree days. He and was in my foursome the first day and was dying in the sun. I asked him where his hat was and why was he standing in the sun? I told him to get a hat, ride in the cart and find the shade on every hole. By the 14th hole I thought he was a goner. He was complaining of being nauseous and I told him lie in a sprinkler for a while and that seemed to help. He made some comments about my fishing hat and how silly it looked.

The next day, I see him standing in the sun, no hat. He told me that heat escapes from your head and he wasn't going to wear the hat that he had brought along. I figured that he had heat stroke from the day before. For the rest of the tournament he was wearing a wet white towel over his head. And he thought my hat looked silly.

Towns like Dunsmuir and Weed have figured out how to survive on tourist dollars. I don't know what the unemployment rate is in Siskiyou County, but the towns looked vibrant and alive. There were plenty of nice restaurants and hotels, both downtown and along the freeway. The golf course was crowded every day and plenty of people in the lounge after the matches. The people we met were all pleasant and seemed really glad to see us, which should be the way it is everywhere, but it's not.

Whether you head for the beach or try the mountains, I recommend taking some time off to enjoy our California weather. It will be raining before you know it.

Have a good week.

THANKS

Thank you very much for the cards, phone calls, flowers, donations to Yolo Hospice and the American Cancer Society, words of comfort and acts of thoughtfulness. Mom would have been surprised and humbled to know that she touched so many lives. We will always remember your kindness.

DENNIS and JULIE HIRAMATSU

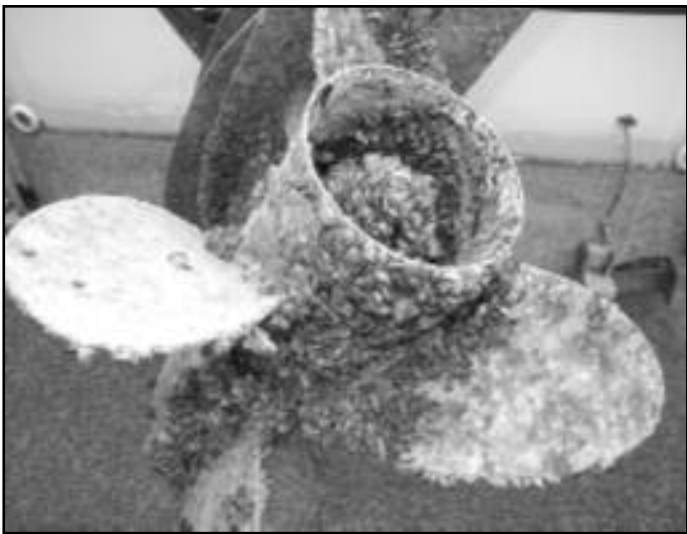
Watercraft should be inspected for any quagga/zebra mussels

Quagga and Zebra mussels may be the size of a human fingernail, but they pose a very large threat to Californias waterways.

In a letter to 117 business owners, the California Quagga/Zebra Mussels Taskforce, comprised of nearly a dozen state and federal agencies, has asked marina owners and watercraft refueling stations to stay vigilant for the creatures and encourage their patrons to practice healthy boating practices.

California's first line of defense is prevention. Boater awareness and action are key to preventing spread of these mussels, which can become attached to boats and other equipment, said Susan Ellis, Department of Fish and Games statewide coordinator of invasive species. With their ability to harm waterways and water resources, Quagga and Zebra mussels are not to be taken lightly. They pose a substantial threat in California and it is critical to keep them from being moved to other state waterways.

Boaters are being asked to inspect all exposed surfaces, wash boat hulls thoroughly, remove all plants from the boat and trailer, clean and dry live-wells and bait buckets, dispose of baitfish in the trash and drain all water-including that in lower outboard units. Watercraft should be kept dry for at least five days in warm weather and up to 30 days in cool weather between



Courtesy photo

Quagga/zebra mussels cover nearly every inch of this boat propeller. This is one way they can hitch a ride from one lake or river to another and invade the waterways.

launches in different bodies of fresh water. These measures are essential to safeguard boats and preserve waterways.

Boaters may be subject to boat inspections by a number of natural resources agencies. Boat owners who fail to follow the rules on inspections will be turned away. If the vessel carries the mussels, the owners could have their vessel quarantined.

Quagga and Zebra mussels wreak havoc on the environment by disrupting the natural food chain and releasing toxins that affect other aquatic species. The mussels frequently settle in massive colonies that can block water intake and threaten municipal water supply, agricultural irrigation and power plant operations.

The taskforce hopes to raise public awareness of the damages caused by the non-na-

tive aquatic mollusks. The letter called for assistance from businesses that service the recreational boating industry, saying their support was vital to prevent further spread. Free posters for the California Dont Move a Mussel campaign were included with the letter. In addition, the Invasive Mussel Guidebook provides strategies for local involvement in the Quagga and Zebra mussel response: www.resources.ca.gov/quagga/docs/QUAGGA_GUIDEBOOK.pdf.

The taskforce is comprised of California departments of Fish and Game, Water Resources, Parks and Recreation, Boating and Waterways, and Food and Agriculture. Federal partners include U.S. Forest Service, Fish and Wildlife Service, Army Corps of Engineers and the Bureau of Reclamation.

Meeting will focus on reward programs

The Winters Police Department is assessing whether community members are interested in starting a reward program for citizens who have information about a crime and notify law enforcement. An informational meeting is planned for Wednesday, Aug. 4, 6:30-7:30 p.m., in the council chambers at City Hall.

Anonymous citizen crime reporting programs, such as Crime Alert, Crime Stoppers, and WeTip, provide valuable tools to aid law enforcement. These tremendously successful programs have reduced crime incidents in communities nationwide.

The statistics behind these programs are impressive. In Sacramento, as of May 31, Crime Alert recovered \$3,341,712.00 in property, cleared 2,387 cases and made 2,424 arrests. Crime Stoppers, as of June 23, recovered \$1,999,301,251.00 in property, cleared 1,276,254 cases and totaled 828,528 arrests. WeTip has collected 450,000 anonymous tips, which resulted in 15,000 cases solved and nearly 8,000 criminals convicted.

The programs are non-profit and made up of volunteers. Tips are made anonymously and relayed to law enforcement. The pro-

grams guarantee anonymity by providing callers with a secret number instead of using a name.

Reward programs require a large community investment because funding comes entirely from donations. The creation of a reward program would require 501 (C)(3) nonprofit status, people willing to serve as president, vice president, secretary, and treasurer, people willing to serve on a review board, and people willing to donate reward money.

For more information, call the Winters Police Department, 795-2261.

SCARY

Continued from page A-1

that dancing helps kids to learn and build upon basic life skills through movement, noting that all of her dance students obtain a 3.0 grade point average or above.

“It’s important for Winters because it adds another element of so-

cial learning and artistic value,” Wright said. “The kids learn how to succeed in life.”

While perfecting the fluidity and stage presence that only Michael Jackson could possess, the Studio C School of Dance is eager to show off all their hard work.

“We’re just extremely excited to be able to perform in another

Earthquake Festival,” Wright said. “And we’ll keep performing as long as they’ll let us!”

The Studio C Dancers are scheduled to perform on Friday, Aug. 27, at 5:30 p.m. The Earthquake Street Festival takes place from 5-11 p.m. on downtown Main Street, and is sponsored by the Winters Chamber of Commerce.

LETTERS

Continued from page A-4

publicity, printing dinner tickets, and continuous support; Marty Mosley for being our photographer extraordinaire; everyone who helped set up and clean up; and everyone who attended or bought tickets and didn’t attend.

Thank you all for your time and energy and donations to our successful, well-attended fundraiser.

A special thank you to all the folks in the community who continue to use, enjoy, and support the fabulous Bobbie Greenwood Community Swim Center. We value the privilege of being able to utilize the pool,

and we acknowledge the efforts by city staff and city council, school district staff, and community members to keep the pool open for so many swimmers, young and old.

This is a special community, with special folks. Thanks!

WINTERS AQUATIC CLUB and WINTERS SWIM TEAM

GRANT

Continued from page A-1

itive plan is to maintain the current two lanes from Railroad Avenue to Morgan Street, but to add bike lanes, medians and greenery. East of Morgan, they want to see the road widen to four lanes, and to continue the bike lanes, medians and greenery.

East of the Interstate 505 overpass, they envision two lanes with bike lanes but with less greenery and no medians. MIG still has more studies to conduct and will reach its final conclusions in a report that should be finished by September.

A strong point of contention exists about roundabouts. MIG has plans for three roundabouts along the proposed stretch of Grant to prepare for future development of the area, but their precise location has yet to be determined. Some council members expressed concerns over disrupting traffic flow, especially for larger trucks

that may have trouble maneuvering the turns. Roundabout specialist for Caltrans Rebecca Mowry explained that roundabouts are better for all parties involved.

“For a two lane roadway, roundabouts allow for much greater traffic flow than street signals, which create a lot of dead time,” said Mowry. “Pedestrians like roundabouts and they can be designed to allow for farm equipment and other big vehicles.”

Mowry also claims that roundabouts are cheaper than street signals in the long run.

City Engineer Nick Ponticello recognized the city’s concerns with roundabouts, adding, “Some roundabouts don’t work, some are even being taken out.”

One idea is to construct the roundabouts one at a time and see how people feel about them. Mowry admitted that most communities are initially reluctant to embrace roundabouts but that once they get accustomed to them the reception tends to be

positive.

Currently, the intersection of Morgan Street and Grant Avenue is heavily used by children and seniors, and the council discussed improving safety for vulnerable populations at this intersection. Putting a crosswalk here was proposed, but it was agreed that crosswalks give a false sense of safety to pedestrians and could potentially make the intersection more dangerous. Putting a median in the highway here was seen as the best solution, allowing pedestrians to take care with one direction of traffic at a time.

Traffic speed along Grant Avenue was also discussed. Malhotra made the case that arbitrarily lowering speed limits to make Grant Avenue safer for pedestrians would create speed traps and would not actually slow people down.

“You have to design the streetscape to allow for the speed you want,” he said.

You can follow the Express on Facebook and Twitter!

Community

Swimming fundraiser made a splash

By ANIETTA TICE
and DAVID KELLEY
Special to the Express

Twenty-one dedicated swimmers ranging in age from under 8 years old to Masters swimmers ages 40 and up participated in the July 11 swimming fundraiser at the Bobbie Greenwood Community Swim Center pool.

This event was organized by Winters Swim Team and Winters Aquatic Club coach Kevin Chester. Coach Russell Haussermann also assisted.

Three swimmers are members of the 5K club: Marty Mosley, Anietta Tice and Maya Tice. They swam 5000 yards (200 laps) in under two hours. Other participants who swam varied distances included Masters swimmer Karen Olson, youth swimmers Alexis Garcia, Ashley Drummond, Ivett Arellano, Jules Jiminez, Thomas Kakutani, Casey Cox, Megan Drummond, Ireland Kelly, Anthony Simone, Taylor Davis, Mason Schroeder, Robert Martin, Rosie Kakutani, Joselyn McMillan, Paige Davis, JT Core and



Courtesy photo

Masters swimmers Anietta Tice and Marty Mosley, and youth swimmer Maya Tice are members of the 5K Club. They swam 5,000 yards (200 laps) in under two hours for a swimming fundraiser on July 11.

Spencer Kelly.

Each swimmer asked friends and family to support their swims by donating to their club. Supporters (parents and other volunteers) helped the swimmers

maximize their distances by counting laps and cheering them on. For some swimmers, this was their first distance swim; for others, the miles added on to their lifelong totals.

The fundraiser included a swimathon and dinner, with approximately 208 meals served. Funds were raised for the Winters Swim Team and the Winters Aquatics Club.

Blood drive planned at Community Center

The next community Sblood drive, hosted by the Winters Lions Club, will take place on Monday, July 26, 3-7 p.m. at the Community Center, 201 Railroad Avenue.

One hour is all it takes to save up to three lives by giving blood. And in July, blood donors receive an extra treat: a coupon for a free pint of Baskin-Robbins Ice Cream when they donate.

Donating blood is safe, easy and takes about an hour.

Donors must weigh at least 110 pounds, be at least 17 years old (or 16 with a signed Blood-Source Parental consent form) and be generally healthy. There is no upper age limit for blood donations.

Walk-ins are welcome. For more information, call (866) 822-5663.

See a crime? Call the police: 795-4561 or 911.

Express wins award

The Winters Express has won one award in the National Newspaper Association's 2010 Better Newspaper Contest and Better Newspaper Advertising Contest. The Winters Express won third place for Best Humorous Column in the non-daily division, circulation less than 3,000. The column, written by Express editor Debra DeAngelo, was about the Cialis bathtub commercials.

Winners are posted online at nnaweb.org, and will be honored at the "Puttin' on the Ritz" award reception on Saturday, Oct. 2, at the NNA's 2010 Annual Convention & Trade Show at the Omaha Hilton and Qwest Center in Omaha, Nebraska.

NNA Contest Chair Jeff Farren, publisher of the Kendall County Record in Yorkville, Illinois, congratulated the Winters Express in an award notification email.

"The Winters Express has been judged by its peers among other entrants and selected to join the roll of this year's award-winning newspapers in these national contests. Winners reflect the high quality of publications represented by the association."

There were 1,990 entries in this year's Better Newspaper Contest. A total of 634 awards were won by 143 member newspapers in 37 states.

Judges included by active and retired community newspaper editors and publishers, and retired journalism professors.

Calendar

Thursday, July 22

Winters Rotary Club meeting, noon, The Buckhorn

Winters Farmers Market, 5-8:30 p.m., Rotary Park

Bilingual Storytime, 6:30 p.m., Winters Community Library

WFOl Summer Concert, 7 p.m., Rotary Park gazebo

Alcoholics Anonymous meeting, 8 p.m., 305 First Street

Sunday, July 25

Alcoholics Anonymous meeting, 9 a.m., 305 First Street

Monday, July 26

Community Blood Drive, 3-7 p.m., Community Center

Tuesday, July 27

Planning Commission meeting, 6:30 p.m., council chambers at City Hall

Wednesday, July 28

Soroptimist meeting, 7 a.m., Chuy's Taqueria, 208 Railroad Avenue

Narcotics Anonymous meeting, 7 p.m., 62 Shams Way

Upcoming events

Chamber Mixer, Monday, Aug. 12, 5:30 p.m., Velo City, 41 Main Street.

Earthquake Street Festival, Friday, Aug. 27, 5-11 p.m., downtown Main Street.

First Day of School, Monday, Aug. 16, all WJUSD campuses.

This community calendar is sponsored by:

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Dog bite information offered

In response to the recent dog attack on a Winters child, the Winters Police Department has provided the following information regarding dog aggression, dog bites and responsible dog ownership.

Why do dogs bite?

There are five categories of aggression that can be used to explain the reasons that dogs bite. Dominance, fear, possessive, redirected and predation describe behaviors that have been part of canines for thousands of years. The likelihood of a dog to show aggressive behavior in any situation is different from dog to dog although there are common triggers to avoid.

Dominance aggression can occur when there is a challenge to a dog's social status or control of an interaction, for example, if it is disturbed when resting or sleeping or if it is asked to give up a favorite spot, such as the couch or the bed.

Fear-motivated aggression is a defensive reaction and occurs when a dog encounters an unfamiliar situation and believes he is in danger of being harmed.

Possessive aggression can also be called territorial or protective aggression that involves the defense of resources. This can include defending property, food or toys. Protective aggression can also be directed toward people or animals that a dog perceives as threats.

Redirected aggression is usually difficult for owners to recognize. If a dog is provoked by a person or animal, it is unable to attack outside its territory and it may redirect this aggression onto something else because it can't attack the intruder.

Predation is a unique kind of aggressive behavior because it's motivated by the intent to obtain food, and not primarily by the intent to harm or intimidate. Predation behaviors can also be triggered in dogs when animals or people mimic prey behavior, such as running and using high-pitched voices.

Punishment often

makes aggression worse as it can cause a dog to become fearful and may cause the behavior to escalate. The best way to deal with an aggressive dog is to consult with a local veterinarian for a referral to proper training resources. Additionally, dog owners should consider spaying or neutering their dogs, as intact dogs are more likely to display aggressive behavior.

What should I look out for?

Look for body language that indicates a dog does not want to interact. This can include stiff or still body posture, raised hair along the back of the neck, and ears back. The dog may also growl or snarl while showing its teeth.

Never scream or run away from a dog that shows these signs as this may trigger its prey instinct. A relaxed dog usually holds its head up. Its tail may be down and may wag back and forth. The ears are neither back nor forward. Its hair will lie smooth along its back. Its mouth and lips are relaxed, which can appear like the dog is "smiling." You may also be able to see its tongue.

What if I encounter a strange dog?

~ Do not approach the dog; try to avoid it by crossing to the other side of the street.

~ If a dog approaches you, do not run, do not make loud noises, and do not yell. Instead, use a firm tone of voice. If a dog approaches to sniff you, stand very still. In most cases, the dog will go away when it determines you're not a threat.

~ Look away from the dog. Dogs sometimes think direct eye contact is a challenge for power and control.

~ If a dog is charging you, toss an object away from you and away from the dog. The dog should move toward the thrown object to sniff and investigate it. This will give you a chance to slowly turn and walk away.

~ If a dog tries to bite, you can use a jacket, backpack or bicycle to block the dog and keep its teeth from contacting you.

~ If you fall or are knocked to the ground, curl into a ball with your hands over your head and neck. Protect your face.

What should I teach my kids about dogs?

Small children should never be left unsupervised with an animal. Children should be taught to respect a dog's space, and never to disturb a dog that's caring for puppies, sleeping or eating. Do not pet a dog through a fence, as the dog may growl or bite to protect its territory.

Teach children how to read a dog's body language and how to react if they encounter a dog off a leash. Have them practice what to do if they fall or are knocked to the ground by a dog. Children should also be taught not to approach an unknown dog.

How can I be a responsible dog owner?

One of the most responsible things you can do is to socialize your dog, beginning when you bring it home. Be cautious when introducing your dog to new situations. Be ready to respond to any signs that your dog is starting to feel uncomfortable and remove it from the situation. Under-socialized dogs may feel uneasy when approached by strangers. These dogs may bite out of fear.

Train your dog by teaching it basic commands: "sit," "down," "stay," "heel," and "come." This is a good way to provide control and socialize at the same time.

In Winters the law requires dogs to be licensed and kept on a leash while walking. A rabies vaccination is required to obtain a license. Be sure to keep a copy of your rabies certificate and all of your dog's medical information in one place, should you need it.

Finally, when you allow your dog to run in the yard, keep it safe in a fenced enclosure.

Contact The American Kennel Club, the Humane Society of the United States, or Yolo County Animal Services for more information on dog ownership.

On the road with the Express



Courtesy photo
Robert Fischer traveled with his Winters Express to the 34th annual Citroen Rendezvous in Saratoga Springs, New York, on June 19.

Building amnesty program extended

The Yolo County Building Amnesty Program has been extended to Oct. 1. The program, for owners of property in the unincorporated areas of Yolo County, provides an opportunity to apply for building permits through the Yolo County Planning & Public Works Department for buildings, additions, remodels, electrical, plumbing and mechanical work that was not completed with the benefit of permits and the associated inspections.

The benefits of obtaining building permits through the Building Amnesty Program include:

~ Double building permit penalty fee waived

~ Use of the building code that was in effect at the time of construction (typically less restrictive)

~ No civil penalties assessed for site development work without permits

~ Removal of deed recorded Violation for Non-Compliance on

property file Assignment of Yolo County Planning & Public Works staff to assist with the application process

"Yolo County's Building Amnesty Program is aimed at protecting public health, homeowner safety and the environment," said Yolo County Board of Supervisors Chairwoman Helen M. Thomson. "We want to encourage property owners to complete the county's permit process which ensures that construction and grading activity meet acceptable standards."

"Owners of property in the unincorporated areas of Yolo County who voluntarily apply through the Building Amnesty Program may have unpermitted construction or occupancy at their property recognized by the county, provided the work and materials comply with all minimum program requirements," said Yolo County Planning & Public Works Director John Bencomo. "The program also provides for

the waiver of all investigative and penalty fees."

Property owners who secure retroactive permits through this program must still comply with all provisions of Yolo County development regulations, i.e. floodplain, building and fire codes, zoning and improvement standards, and health regulations for septic and well designs. This program is only available for uses allowed within the zoning classification for the parcel. For example, an auto repair shop built illegally in a residential neighborhood would not be able to obtain zoning approvals through this process.

For more information on Yolo County's Building Amnesty Program, contact Lonell Butler, Chief Building Official, Yolo County Planning & Public Works Department, 666-8775, or visit: www.yolocounty.org (go to: Government > Planning & Public Works > Building Inspection Services).

Applicants sought for city's Hispanic Advisory Committee

There is currently one seat open on the Winters Hispanic Advisory Committee. This seven-member committee meets on the last Monday of each month at 6 p.m. upstairs at City Hall.

The committee works as an advisory group to the city manager and focuses on outreach and communication with the Latino community. There is a monthly time commitment of approximately one to one and a half hours except for the months of August and September.

Committee activities include one annual information/outreach

event and the Festival de la Comunidad and Carnitas Cook-off in September, held on the last weekend in September. Committee members are expected to help with the planning and work on the days leading up to and including the festival and cook-off.

Seats on the committee are open to anyone in the community and are not limited to Spanish speaking individuals.

For information and an application, contact Mary Jo Rodolfa, 795-4910, extension 111, or Dawn Van Dyke, 795-4910, extension 108.

Two birds test positive for West Nile Virus in county

The Sacramento-Yolo Mosquito & Vector Control District announced last week that West Nile Virus activity has spread to Yolo County. Two birds, one from Woodland and the other from West Sacramento, have tested positive.

The District urges the public to reduce mosquito populations and decrease their chances of contracting West

Nile virus by inspecting their yards for standing water and wearing an effective insect repellent during times of peak mosquito activity.

For more information about West Nile Virus, visit www.FIGHTtheBITE.net. Residents may also subscribe to receive email notifications for mosquito treatments by zip code. Go to Spray Notifications on the website.

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Courtesy photo

Diane Madison (left) discusses D. Madison & Daughters jams with Jillian Guernsey at the Davis Farmers Market. Diane makes her jams in Winters and sells them at the Market and the Davis Food Co-op.

From the Ground Up: When summer gives you fruit, make jam and chutney

By ANN M. EVANS and
GEORGEANNE
BRENNAN

One of the most rewarding moments of summer is canning summer fruit. Not the kind that our great-grandmothers did, putting up fruit for the winter, loading up groaning shelves with far too many jars of peaches and plums.

Here, in our region, we have an abundance of fresh, local fruit all year long. However, a few special jars of apricot or plum jam to spread on toasts come chill mornings, or of fruit chutney spiced with cinnamon and cloves to serve with Thanksgiving Turkey, or a Christmas Eve plate of cheese, well, that's different.

Having your own glass pantry filled with jars of homemade jam and chutney is not only worth the effort, it's fun. There is great joy in stirring and watching fresh, raw, fruit melt and thicken under your hand, transforming into something of your own creation.

Georgeanne has an old copper 'confiture' or jam kettle that she brought back from France.

"It's worth it to make jam, just to use that beautiful kettle," she says.

The copper distributes the heat evenly and discourages sticking and burning, but so does the American kettle, dark blue and speckled white enamel. A jam kettle isn't necessary — any large pan can be used.

Ann uses All Clad LTD covered pots of varying sizes; depending on the quantity she is cooking it could be anything from a stockpot to a saucepan. These pots ensure quick heat conduction, large bottom surface, and very seldom produce a burn on the bottom of the pan — those dreadful messes so hard to clean and which ruin the product.

Jams require little more than cooking the fruit, adding lemon juice and sugar, and stirring until it is thick enough to go into the hot, sterile jars. Chutney, considered as typically Indian, is in fact a British specialty dating from the colonial era (like pickles).

A sweet-and-sour condiment, chutney is cooked in vinegar with sugar and spices until it has the consistency of jam. Chutneys are usually made of a combination of fruits and vegetables or one or the other and served as a sweet/sour compliment to meat or vegetarian curries, rich meats or cheeses. Cooked for about two hours, chutneys are put in glass jars and keep like jams.

Since we both love to can special things, we really want to encourage others to do so as well. Jams and chutneys are a good way to begin. They are simple and straightforward, yet capture the essence of the summer season.

Plum jam

You can use any of the many different plums available. It is fun to make some with green-

fleshed Greengage plums, some with red-fleshed Elephant Heart, and some with flesh of dark purple, like the Damson, for a trio of jewel-like colors.

The Ingredients

- ~ Two and one half pounds firm, slightly underripe plums
- ~ Three and one half cups granulated sugar
- ~ Two glass pint jars with lids and seals
- ~ Pit the plums then chop them into small pieces to make four cups.

Putting it together

Put the pieces in a jam kettle or large, non-reactive saucepan and stir in the sugar. Let stand for 1 hour. Over medium high heat, bring the mixture slowly to a boil, stirring often. Cook rapidly at a boil, stirring, for 15 minutes. Insert a candy thermometer and when it reads 220 degrees F, the jam is ready.

Remove from the heat, skim off any foam, and ladle into the sterilized jars, filling to within ¼ inch of the rim. Process the hot jars in a hot water bath for 10 minutes. Remove and let cool. Listen for the seal to make a popping sound, as then you know the suction has created a seal. Test the lid with your finger to make sure it has sealed (it won't pop back up when you have pressed it down.)

The jars will store for up to 1 year.

(For more information about canning, call UC Cooperative Extension Food Safety Educators ((916) 875-6913.)

ROAD

Continued from page A-1

torists are advised to use Russell Boulevard between Winters and Davis to avoid this section of County Road 31.

The existing road materials will be recycled in place by "Full Depth Recycling," an environmentally sensitive prac-

tice, recycling 100 percent of the road in place and producing a high quality road structural section at the lowest possible cost. This eliminates the removal and disposal of the existing road surface and the import of new replacement material.

Construction costs are approximately \$720,000 and will be

funded by \$276,234 in federal American Recovery & Reinvestment Act funds, \$310,025 in federal Regional Surface Transportation Program funds and \$133,741 in state Proposition 1B funds.

The project will be completed by Teichert Construction.

Entertainment

Mae McCoy and Neon Stars to play at the gazebo

The Winters Friends of the Library summer concert series continues on Thursday, July 22, when Mae McCoy and the Neon Stars roll in with their own unique mix of country, western swing and rockabilly.

Mae has been called “as country as cornbread, yet as sophisticated as Tiffany’s.” Co-founder of the Heartache Valley Girls, Mae has played honky tonks from Nashville to Bakersfield, from the Broken Spoke to the Crystal Palace. She also has made an appearance on Country Music Television’s hit show “Can You Duet?” Whether she sings an upbeat melody, a heartfelt ballad, or an old-timey classic, Mae McCoy performs with the sincerity and sensitivity that mark a true artist. Her wit and charisma keep audiences coming back for more.

When Mae moved to Sacramento, she put together an

ensemble of four of the most talented men around and pegged them “The Neon Stars.” The band includes steel guitar player Gary Meyer, Chester Rich on arch-top guitar, Tyler K. on bass, and drummer Chris Saldana. To learn more about the band and hear their music, visit www.myspace.com/maemccoyandtheneonstars.

The free outdoor concert will take place from 7 to 8:30 p.m. at the Rotary Park gazebo, at Main Street and Railroad Avenue. Bring a blanket or lawn chairs or sit on the grass, sip a cool drink, and enjoy some fine live music on a summer evening, organizers said. The Friends of the Library will sell pizza, ice cream and cold drinks to help support the Winters Library. The Winters Farmers Market will be going on at the same time in the park. For more, call Keith or Diane Cary at 795-3173.



Mae McCoy and the Neon Stars will play country, western swing and rockabilly at a free outdoor concert from 7 to 8:30 p.m. Thursday, July 22, at the Rotary Park gazebo in Winters, as part of the Winters Friends of the Library summer concert series.

Courtesy photo

Village Homes Performers Circle to feature choral music at gathering

Village Homes Performers Circle will meet Monday, July 26, from 7:15 to 9 p.m. in Davis. This free event featuring performers of all levels and creative expressions takes place on the fourth Monday of each month. Sign-up performances are from 7:15 to 8:15 p.m. Featured acts perform from 8:30

to 9 p.m.

The featured act for July 26 is The Vocal Art Ensemble. With the goal of bringing polished, intimate and historical choral music to the community, this a cappella chorus is composed of experienced local musicians working under director Tracia Barbieri. This September, VAE

embarks on a whirlwind performance tour, representing Yolo County in the ancient castles and grand cathedrals of Ireland.

At this month’s Performers Circle, VAE will preview its concert tour program with choral works from the Renaissance through the 21st century and

masterpieces by American composers Eric Whitacre and Moses Hogan. For more information about VAE, visit www.vae.trug.com.

Village Homes Performers Circle meets at the Village Homes Community Center, 2661 Portage Bay in Davis. For information, call 756-3611.

WTC plans ‘Midsummer’ production for annual Shakespeare in the Park

Winters Theatre Company members have been rehearsing their annual Shakespeare in the Park production for the past several weeks.

This year’s selection, “A Midsummer Night’s Dream,” is not only a local favorite, but the choice of amateur and professional companies throughout the country, and has remained popular for more than 400 years, since it was first presented in 1595. The reasons for Midsummer’s enduring popularity are its combination of fairy fantasy, moonlight romance, hilarious comedy, and beautiful poetry all skillfully blended by the almost-magical pen of William Shakespeare.

With a cast of 21 actors, ranging in age from 10 years old to senior citizens, this WTC production is real community theatre, organizers said.

The play will be presented in the outdoor amphitheater behind the Community Center for two weekends — Fridays and Saturdays, Aug. 6-7 and 13-14. The play begins at 8 p.m.

Ticket prices for three of the performances are \$5 for adults, and children under 12 are admitted free if accompanied by an adult.

A special benefit performance for the Winters Center for the Arts will take place on the evening of Saturday, Aug. 7. This show’s ticket price, which includes refreshments, is \$10 for adults. Children under 12 are admitted free for this benefit as for all performances, but must be accompanied by an adult.

Community members are invited to bring a lawn chair to watch “A Midsummer Night’s Dream” in the amphitheater overlooking scenic Putah Creek.

Cold Blood ready to heat up the Palms



Courtesy photo

Lydia Pense & Cold Blood will perform at 8:30 p.m. Friday, July 23, at The Palms, 13 Main St., Winters. In the late ’60s and early ’70s, Lydia Pense & Cold Blood helped, along with Tower Of Power, forge their own specific brand of funk/soul and R&B which came to be known as East Bay Grease. For more about the band, visit www.coldblood.biz. Tickets are \$20. For more information, visit <http://palmsplayhouse.com>.

Free Lynch Canyon tour offered

The public is invited to a free, guided hike at Lynch Canyon Open Space on Saturday, July 24, at 9 a.m. Parking is \$5.

Hikers should wear layers, bring a shade hat, sunscreen and water.

A docent will talk about the human history and the bird and wildflower diversity of Lynch Canyon’s 1,039 acres of rolling grasslands, shaded creek corridors and oak woodlands. Lynch Canyon is part of the Solano County Parks system.

From I-80, take the Hiddenbrooke/American Canyon exit, between Fairfield and Vallejo. From the Hiddenbrooke side of I-80, go toward Sacramento on McGary Road about 1.5 miles. Turn left onto Lynch Road. Go through a gate at end of the cul-de-sac and take the unpaved road to a gravel parking lot to meet the guide near the kiosk.

Thoroughbred horses will race at State Fair

The thrill of live thoroughbred racing is back at the California State Fair after last year’s success. Through Sunday, July 25, fairgoers can experience the

excitement of live racing action free at the Miller Lite Grandstand with paid admission to the fair.

Post times are scheduled for 1:45 p.m. daily

and 3:45 p.m. on Fridays.

The satellite wagering facility is open year round at the Miller Lite Grandstand. For more details, visit www.bigfun.org.

Read the **Express** for local **entertainment** news and events

MUSEUM

Continued from page A-1

picnic near the Monticello Cemetery to catch up on the news and share memories of the valley before the dam. “Year after year, it has been fewer people, and that is so sad,” Fitzpatrick said. “People who know the town are in their 70s now.”

At each of the reunions, Fitzpatrick had been getting bits and pieces of history, but two years ago, she decided she needed to create a more complete chronicle of what Monticello and the valley was before the lake changed the landscape.

“I wanted to grab onto the wealth of history of the valley,” Fitzpatrick said.

She got use of a room at a building in Spanish Flat and started collecting photographs from such families as the MacKenzies, who moved their business to Vacaville after the dam was built and established Pacific Hardware.

The museum shares the same roadside building in Spanish Flat with a general store, a real estate business, an antique shop and an empty room that was once a laundromat.

With the help of still-living former residents such as Murray Clark, she recorded residents’ reminiscences, identified people and buildings in photographs and displayed them on the walls. “They would walk around and look at the pictures of their families or business and they would feel good,” Fitzpatrick said of the former

Monticello residents who visited the museum.

“Younger people would come in intending only a quick look and end up staying for hours and say, ‘I had no idea,’” Fitzpatrick said.

Fitzpatrick comes up on the weekends when she can to open the museum, and when she isn’t there, the general store’s owner will open it on request.

Despite its collection of several hundred pictures, a film of the valley made in the 1930s and dozens of displayed artifacts, the museum is still very much a work in progress for Fitzpatrick.

One wall has a large map of the valley, pointing out every house and its occupants, from the McGinnis family who lived on Pumpkin Ridge to the Peppers. “They were reputed to be the descendants of the Hole



Photo by Ian Thompson/ Fairfield Daily Republic

Carol Fitzpatrick shares memories of Monticello with historian Jerry Bown. Monticello was flooded by the federal government in the 1950s to create Lake Berryessa. The remnants of the town are at the bottom of the lake.

in the Wall Gang,” Fitzpatrick said.

More than a few pictures have small sticky notes on them with new information that Fitzpatrick has gleaned that she plans to add to the captions when she gets the chance.

On another wall is a large group picture of everyone gathered at one of the annual

rodeos. That, too, bears sticky notes listing newly identified faces. “Wanted: Berryessa families to keep their story alive,” states one note pinned up on a notice board near the door.

When the town was razed, the valley’s many families scattered across Northern California, Fitzpatrick said.

She is trying to track them down.

Whenever a former Monticello resident does find the museum, Fitzpatrick is able to fill in more historical gaps after talking to them.

Vacaville historian Jerry Bowen praised the museum, calling it “absolutely fabulous,” adding that every small

town should have a museum room like this one.

“Because of this, Monticello will be remembered, and it will be remembered in detail,” Bowen said.

For more information or to visit the museum, contact Fitzpatrick at pumpkinridge@gmail.com.

The Earthquake Street Festival takes place on Friday, Aug. 27, 5-11 p.m. on downtown Main Street.

Vendor booth space is available. Call the Winters Chamber of Commerce, 795-2329, for information.

Sports

Gamblers are headed back to DiMaggio World Series



Photo by Eric Lucero
Cody Romero scores on a base hit to right field during a recent Gamblers baseball game.

**By ERIC LUCERO
Express sports**

The Tri County Gamblers are going back to the Joe DiMaggio World Series after posting a very impressive overall record during the regular season.

The Gamblers are guaranteed the one or two seed in the North Bay League with three more games to play. During the season, the Gamblers won 23 games and lost just two. However, some of the Gamblers' wins were taken away when a team dropped out of the league. Even with their victories being dropped, the Gamblers are still at the top of the league.

The World Series will be played July 22-27 at Wooster High School in Reno, Nev. The Gamblers' first game will be on Friday, July 23, at either 2 or 5 p.m., depending on how they do in the last three regular season games.

Over the Fourth of July weekend, the

Gamblers played in the annual tournament at the Yountville Veterans Home and started out winning their first three games. But in game four in the semi-finals against South San Francisco, things seemed to fall apart.

On Friday, July 2, the Gamblers started the tournament with a 3-1 victory over San Bruno. Max Van Dyke led the Gamblers, batting 1 for 2 with a run scored and an RBI. Cody Romero also went 1 for 2 with a run scored. Ray McIntire went 1 for 2 with an RBI. Kyle Tobler batted 1 for 3 with an RBI. Bryan Case batted 1 for 3 with a double. Zach Higgins and Brian Machovec each went 1 for 3, while Andrew Ratterman scored a run for the Gamblers.

The Gamblers returned to the Vets home on Saturday, July 3, and picked up a 10-3 victory over the Napa Sheriffs. Tri County swung the bat a little better,

See **GAMBLERS**, page **B-2**

Case named baseball league MVP again

**By ERIC LUCERO
Express sports**

The Winters Warriors varsity baseball team celebrated its successful season with coach Jeff Ingles recognizing his players at their end-of-the-year awards ceremony.

Ingles keeps his

awards ceremonies low-key but lets each one of his players know how he feels about them. The Warriors ended the season with a 21-5-1 overall record, were 10-0 Butte View League champions and were runners up in the

See **CASE**, page **B-2**

Aquatics programs offered daily at pool

The swimming season at the Bobbie Greenwood Community Swim Center continues through Aug. 8.

Monthly swim passes are available for purchase at the pool or at City Hall, 318 First St. Daily passes for recreation swim are \$3; lap swim, \$5; water aerobics, \$8; and Masters, \$8.

The schedule includes:

- ~ Winters Swim Team: Weekdays, 8 a.m. to noon. For more information, call Bobbie Greenwood at 795-2367
- ~ Youth swim lessons: Weekdays, 12:30 to 1 p.m., 1:15 to 1:45 p.m., and 5:15 to 5:45 p.m. Session IV runs July 19-30. Class levels are Parents and Tots, Kinder, Beginner I and Beginner II. Lessons meet five days per week for two-week sessions, for a total of five hours of instruction.
- Group lessons are \$65 per child per session. Private lessons are \$100 per child per session. Registration must be done in advance at the finance office at City Hall. For more information, call Tracy Jensen at 795-4910, ext. 100.
- ~ Adult swim lessons: Saturdays and Sundays, 6 to 7 p.m. Session III runs July 25 to Aug. 9.

Lessons take place on weekends for three-week sessions with a total of six hours of instruction. The cost

is \$65 per person per session.

- ~ Recreation swim: daily, 2 to 5 p.m. Drop-in pass, \$3; individual season pass, \$60; each additional sibling or family member, \$10.
- ~ Adult lap swim, through Oct. 31: Weekdays, noon to 1:30 p.m.; Monday through Thursday, 7 to 8 p.m.; weekends, 10 a.m. to noon. Monthly pass, \$50; drop-in pass, \$5. (Note: noon lap swim ends Aug. 15.)
- ~ Masters swimming, through Oct. 31: Weekdays, 6 to 7 a.m. and 6 to 7 p.m. Weekends 10 a.m. to noon. Monthly pass, \$45 to the Masters program and \$20 to the city of Winters (\$65 total). For more information, call Dave Kelley at 795-2265 or visit <http://WintersAquaticClub.memberlodge.org>.
- ~ Water aerobics, Monday and Wednesday, 7 to 8 p.m. Monthly pass, \$60. Drop-in pass, \$8 per class

(Note: On Saturdays when a Winters Swim Team meet is scheduled, adult lap swim and Masters workouts will be cancelled. Meets are scheduled every Saturday through July with the exception of July 17.)

For more information about the aquatics program, or to rent the pool for private parties, call Tracy Jensen or Nanci Mills at City Hall at 795-4910.

Jr. Warriors need coaches

Coaches are urgently needed for the Winters Junior Warrior program.

The football program needs a head coach for the Jr. Pee-Wee team, and assistant coaches are needed for all teams. The cheerleading teams need a head coach for the Mitey Mite and Midget teams, and

Subscribe to the Express, call 795-4551

See **COACHES**, page **B-2**

Winters High School football team offers a **free clinic** for youth football players

5 to 8 p.m.
Saturday, July 24

at Winters High football field

PISANI'S ATHLETE OF THE WEEK



Niko Doyle

Niko Doyle, a member of the Winters High School boys varsity basketball team, is athlete of the week.

Doyle has been playing with the Warriors summer league team and helped lead it to a 6-2 record.

"Niko has had some big games for us this summer," said coach Jason Davis. "In one game he hit six 3-pointers. He is going to be fun to watch during the regular season."

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SERVING WINTERS SINCE 1959

Schools

Fashionable fundraiser



Photo by Marty Moseley

Olivia Orosco plays to the audience while modeling a vintage suit provided by Bobbie Greenwood. The vintage swimsuit fashion show was part of a poolside fundraiser July 11 at the Bobbie Greenwood Community Swim Center. Proceeds went to the Winters Swim Team and the Winters Aquatics Club.

10-year reunion planned Aug. 28

The Winters High School classes of 1999 and 2000 will have a joint 10-year reunion Saturday, Aug. 28 from 5 to 9 p.m. at the Winters Firehouse.

All graduates and their families are invited to attend the barbecue, which will be followed by drinks at JJ's.

Tickets are \$20 and include dinner and a wristband that allows class members to get happy hour prices at JJ's all night long. Children are \$7 and

children under 2 are free for the dinner.

To purchase tickets, visit paypal.com; if you are a member of the Class of 1999, make payments to winters1999@gmail.com; the Class of 2000 should make payments to wintershsclassof2000@gmail.com. Attendees should put their names and the names of their guest(s) on the memo line.

For more, e-mail Shayna (Taylor-Ledge-wood) Roberts at shaynamroberts@gmail.com.

Vacaville Museum Guild hosts Children's Party

The Vacaville Museum Guild's Annual Children's Party will run from 10 a.m. to 12:30 p.m. Aug. 5 in the Museum Courtyard, 213 Buck Ave.

The event will feature crafts, games and prizes; a 4-H Club Petting Zoo, fun mascots such as Mother Goose and Miss Jelly Belly; a show by Kelly the Clown; recycling activities; face painting; firefighters and police personnel and vehicles for fun interaction with the kids.

The party is geared toward ages 3 to 9, with at

least one adult required per five children.

Tickets are on sale at the museum from 1 to 4:30 p.m. Wednesday through Sunday. Tickets are \$5 for the first family member, \$3 for each additional member, and include popcorn and a hot dog lunch. Cash or check only. Advance purchase is recommended, as the event often sells out.

For more, call Diane Svedberg at (707) 599-9056, or Marian Chmielewski at (707) 447-1191.

A 'swimming' smile



Photo by Marty Mosley

Winters Swim Team member Ivett Arellano takes a smile break during her 164 laps of swimming on July 11. Arellano participated in the swimathon to help raise money for the Winters Swim Team and Winters Aquatics Club.

CASE

Continued from page B-1

northern section Division II finals.

Senior and third-year starting catcher Bryan Case was given special attention for his very successful individual efforts throughout the year as he received three different awards. Case was named the

Butte View League MVP for the second season in a row; he was given the Block W Coaches Award and earned the Block W Senior Scholar Athlete Award.

Zach Higgins, Cody Romero, Max Van Dyke and Joe McIntire also made the first team all league, while Rocco Romero, Jared Ney and Niko Doyle were named honorable mention all league.

GAMBLERS

Continued from page B-1

totaling 12 hits against the Sheriffs. Ray McIntire led the Gamblers, batting 2 for 3 with a homerun, a double, three RBI and two runs scored. Van Dyke batted 2 for 4 with a triple and a run scored. Kendrick Moore batted 1 for 1 with two runs scored. Jacob Lucero and John Rowell each went 1 for 1. Cody Romero batted 1 for 2 with a run scored and an RBI. Tobler went 1 for 3 with a double and a run scored. Ratterman went 1 for 3 with two runs scored. Case and Machovec each went 1 for 4 with an RBI and Rocco Romero scored a run.

The Gamblers spent July 4 defeating Millbrae 15-4 in game three, with Zach Higgins getting the win. Higgins pitched three innings, giving up two runs and had two strikeouts, while Trevor Larsen finished the game, giving up two runs and had four strikeouts.

Rocco Romero had a big day at the plate batting 3 for 3 with a homerun, a triple, six RBI and two runs scored. Tobler batted 2 for 2 with a double, four RBI and two runs scored. Machovec batted 2 for 3 with three runs scored and two RBI. Ray

McIntire went 2 for 3 with two runs scored. Ratterman went 2 for 4 with a run scored. Case batted 1 for 4 with a run scored and an RBI. Van Dyke scored three runs and had an RBI, while Scott Brace scored a run for the Gamblers.

In the semifinals against South San Francisco, the Gamblers watched a 7-1 first inning lead slip away to a 18-14 loss. Van Dyke started the game on the mound, giving up seven runs on nine hits in four innings. Higgins came in and gave up 10 runs on 10 hits, while Tobler finished the game giving up one run on one hit. The three hurlers didn't get much help from their defense as the Gamblers totaled eight errors behind them.

At the plate, Ratterman went 4 for 4 with three RBI and a run scored to lead the Gamblers. Ray McIntire went 3 for 5 with a double and a run scored. Higgins batted 1 for 1 with a run scored. Cody Romero went 1 for 3 with three runs scored. Case batted 1 for 3 with two runs scored and an RBI. Machovec batted 1 for 3 with two runs scored. Joe McIntire batted 1 for 3 with a run scored and an RBI. Van Dyke and Rocco Romero each batted 1 for 5 with a double, a run scored and an RBI and Tobler batted 1 for 5 with a run scored and an RBI.

COACHES

Continued from page B-1

assistant coaches for the Midget and Jr. Pee Wee teams.

Head coaches must be at least 21 years old and assistants must be at least 18 years old. Coaches do not need to be a parent of a participant. Visit www.jrwarriors.net for more information or to contact a board member.

Other news

~ A free football camp that is open to the

public will be hosted by the Winters High School football coaches on Saturday, July 24. Children must be at least 6 years old to participate. Children do not need to register for the Jr. Warrior program to participate.

Anyone with a child who may be interested in playing football but is unsure is invited to come out and spend the day with the high school coaches and get a feel for the game. Jr. Warrior registration information will be available at the event.

~ The Winters Jr. Warriors board is looking for four board members. Board members

must be at least 18 years old and do not need to have a child in the program to participate on the board. Board member terms will be ending in January. For more information, visit www.jrwarriors.net.

Calendar

~ July 22, parent meeting at Winters Community Library meeting room, 6 to 8 p.m.

~ July 26, first day of practice (practice schedule available online).

~ Aug. 21, jamboree at Vacaville Christian School

~ Aug. 28, first game

Winters residents help in volunteer effort to revitalize area parks

By HEIDI BAY
Special to the Express

Recognizing the impact of the current economic crisis on California's valuable parks and historic monuments, a team of 400 volunteers from the Woodland California Stake of The Church of Jesus Christ of Latter-day Saints gathered together on May 8 to revitalize area parks.

The local group joined a force of more than 75,000 LDS church members involved in the "Mormon Helping Hands" service project that focused efforts on renewing some of the 10,000 city, county and state parks throughout California.

Church members from congregations in Winters, Woodland, Davis and Dixon spent the morning improving six Woodland community parks and the Woodland Opera House. In John Ferns, Woodside, Crawford, Freeman, Campbell and Everman parks, volunteers performed a variety of tasks from painting and staining buildings and picnic tables, replacing

roof shingles and pressure washing structures, to spreading wood chips, raking leaves, weeding, cleaning paths and filling walking path holes with decomposed granite. At the Woodland Opera House, a historic state monument, workers repainted both interior and exterior elements.

"While Church members have always been involved in community service, this was an opportunity for all of our local congregations to concentrate their efforts on one day in one area — Woodland parks," said Corey Cuvelier, a Davis resident serving as president of the Woodland California Stake, which includes congregations in Winters, Davis, Woodland and Dixon.

"At a time of economic challenges for local and state governments, we felt this day of service was a good way to help maintain our outstanding community parks."

Woodland Mayor Skip Davies expressed his appreciation to the 400 volunteers, who dedicated an average of

three hours each, saving the city approximately \$25,000 in costs. In addition, local businesses contributed to the effort, including paint and supplies from Color Supply Inc. and Sherwin Williams, and ice cream for a post-service project picnic from Dreyers.

Davies, who had previously read a resolution during an April 13 Woodland City Council meeting recognizing May 8 as "Mormon Helping Hands Day" in Woodland, said to the group, "When an organization such as The Church of Jesus Christ of Latter-day Saints steps forward, it sets an example for volunteerism that is so impressive in this country. We appreciate the church and its members, including many children and families who volunteered to help do painting and clean up in our city parks today. Budget cuts have made it difficult for our parks. This volunteer effort helped clean the parks and will make them safer for all of us."

Woodland police



Courtesy photo

Winters resident Bob Morris (far right), a member of The Church of Jesus Christ of Latter-day Saints, helps replenish dirt along paths at Woodland's Crawford Park. Morris was one of 75,000 church members involved in the "Mormon Helping Hands" service project to renew city and state parks on May 6.

Chief Carey Sullivan addressed the volunteers before they separated into their respective work groups.

"This volunteer effort helps the city save money and gives citizens the opportunity to perform a great service during difficult economic times," Sullivan said.

The Church of Jesus Christ of Latter-day Saints participates in numerous service projects throughout the state each year. In 2010, church leaders asked members to unite their efforts and focus on helping renew and

restore California parks — a theme that is particularly needed in this time of tight government budgets for parks and services. Members of 159 LDS stakes representing some 800,000 members statewide worked with park and civic officials to identify projects for the day of service, reaching into national forests, community parks, coastlines and desert regions. Hundreds of thousands of hours of community service were rendered on this special Mormon Helping Hands service day.

Volunteers all wore the distinctive yellow Mormon Helping Hands vests, the official vest used by members of the church when participating in humanitarian service projects and disaster relief efforts throughout the world. Mormon Helping Hands is a church program for providing community service and disaster relief to those in need. The program is operating successfully in Latin America, Africa, Asia, Europe, the Pacific and the United States.

Obelisk restored on Cottonwood grave marker

By DENNIS DINGEMANS
Yolo County Historical Society

Coordination between local historical societies reunited two halves of the Rev. Tyler Thatcher's grave marker at the Cottonwood Cemetery on June 24. The 42-inch marble obelisk portion was rescued from the old Winters Dump in 1971 by Davis resident Paul Meier, who had been using it as a plant stand.

David Flory, of the Gibson House Museum, learned about the mystery stone in June and alerted Yolo County Historical Society President B. J. Ford. Research by Historical Society members determined that the bottom half of Thatcher's elegant 1869 stone still remained in the

Cottonwood Cemetery.

Joe Cattarin of the Davis Cemetery District retrieved the stone and assisted Curt Richter of Cache Creek Monuments in leveling the tilted base and re-mounting the decorative obelisk.

Meier and his wife found the 350-pound obelisk at the old Winters Dump in late 1971 when they were living just northwest of Winters. It seemed to have been freshly dumped along with the rest of a truckload of concrete and broken stone marker fragments from some cemetery.

After using the hunk of marble as a plant stand in their yard for 38 years, couple decided to donate it to some historical institution. What happened subsequently was a great

surprise to Paul, because it became known that the other half of the grave marker remained in its original cemetery location.

The Historical Society speculates that the marker's base had become so tilted 40 years ago that cemetery staff gave up on re-mounting the fallen obelisk. Thanks to Richter's expertise with four bags of concrete, the lower half of the marker today stands straight and is a permanent support for the obelisk.

Some historical research established that Thatcher (1801-69) was quite an accomplished scholar and it was odd that he spent the last decade of his life in a West Yolo backwater where his Cottonwood Congregationalist Church had only a dozen

members.

The Cottonwood Cemetery stands on land donated by Thatcher's widow when she died in 1879. The Cottonwood Cemetery District wasted little time in agreeing that Thatcher's monument should be repaired and reunited.

Thatcher was a noted Congregationalist Church scholar in New England, fluent in a half dozen languages and author of books (one still in print). From 1852-69, he was a missionary/pastor in Marysville and then in Cottonwood. He and his two siblings were active in abolitionist and Underground Railroad circles, and had links to John Brown.

Summertime water safety tips offered for Lake Berryessa

Summer is here, and people will be swimming, boating, skiing, fishing and playing in the water at Lake Berryessa, but whatever the activity, safety should be the first priority.

According to the Centers for Disease Control and Prevention, some 4,000 people drown in the United States each year, but by following a few simple safety tips, visitors can have a fun and safe summer at the lake.

The most important way to stay safe in the water is to wear a well-fitting personal flotation device — a life jacket. Inflatable toys, such as water wings or inner tubes, should never be used in place of a life jacket.

At Lake Berryessa's Oak Shores Day Use Area, Reclamation park rangers run a free PFD loaner program from 10 a.m. to 7:30 p.m. weekends from Memorial Day to Labor Day. Visitors may borrow life jackets at the Water Education Station, the large white trailer in the Foxtail area of Oak Shores, by leaving a form of identification, such as a driver's license.

The bright orange life jackets are available in all sizes, from infants to

adults, and a park ranger will ensure that each life jacket fits correctly. Anyone who will be in or around the water, whether wading, swimming or boating, is strongly encouraged to wear a life jacket.

Other important safety tips include:

- ~ Never swim alone
- ~ Swimming is at one's own risk at Lake Berryessa — no life guards are present
- ~ Always supervise children while they are in or near the water
- ~ Swimmers and waders should be aware of the potentially uneven lake bottom and sudden drop-offs
- ~ If someone in the water is in trouble, try to reach them with a towel, shirt, branch or paddle, or throw something to them that floats, such as a cooler or beach ball
- ~ Stay sober. The CDC reports that alcohol use is involved in up to half of adolescent and adult deaths associated with water recreation and about one in five reported boating fatalities.

For more on water safety, recreation, or Ranger Programs at Lake Berryessa, call (707) 966-2111, ext. 113, or visit <http://www.usbr.gov/mp/ccao/berryessa/index.html>.

Native American museum open for visits Aug. 7 in Vacaville

The Pena Adobe/Mowers Goheen Museum will be open from 11 a.m. to 2 p.m. Saturday, Aug. 7. It's on Pena

Adobe Road in Vacaville. Admission is free. At the pre-Gold Rush era adobe, visitors can talk with Little Bear

about Native American life and crafts, and tour the museum exhibiting adobe housewares, maps from mid-

1800's and Native American artifacts. For more: call (707) 447-0518 or visit www.penaadobe.org.

Features

Many women can regain bladder control

DEAR DR. DONOHUE: I, like the letter-writer P.G., had to run to the bathroom constantly in order not to have an accident. I wanted to see my grandson graduate from college, so I consulted a urologist. He sent me to a place where treatments with an electrical probe were given. I went for six weeks and also did Kegel exercises. The quality of my life changed for the better, and now I square dance and do aerobics. Incontinence is no longer a problem. — E.M.

ANSWER: Electrical stimulation of the pelvic muscles has successfully allowed many women to regain bladder control. It doesn't work for all, however. The stimulation strengthens muscles that keep the bladder closed, and controls overactive bladder wall muscles that contract forcefully and frequently.

Another technique is a device that delivers electric current to spinal nerves in the lower back. If those nerves respond to the current and keep the bladder closed, then a small unit is implanted under the skin for a permanent solution to this problem. One such device is called the InterStim. ***

DEAR DR. DONOHUE: I have an EKG done every year. I also have worn a monitor that records heart activity for three days. Everything is fine.

When I fall asleep most nights, I wake after about 10 minutes with a rapid heartbeat, and sometimes it takes quite a time before it settles down and I can get back to sleep. I rarely have such a rapid beat at any other time of the day. Do you know what causes this, or what it might be? I am 57. — S.B.

ANSWER: If I had to make a guess, it would be paroxysmal atrial tachycardia, a sudden heart speedup for no reason. It's usually not a serious condition, and it doesn't indicate heart disease. If the rate is really fast or if the episode lasts for a prolonged period, then treatment would be needed.



No one can be sure unless the rhythm comes on when a doctor is present or when you are hooked up to an EKG machine. That monitor you wore for three days can be left on for longer stretches of time. Or you could have someone take you to the emergency department of a hospital if you can reach it somewhat quickly. You can't obtain a diagnosis without such information.

The booklet on heart-beat disorders discusses their more common forms. Readers can order a copy by writing: Dr. Donohue—No. 107W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery. ***

DEAR DR. DONOHUE: My wife, 76, has degenerative arthritis of the spine. Can you tell me if this condition will progress to total disability? — J.D.

ANSWER: Degenerative arthritis is another name for osteoarthritis, the most common kind of arthritis. Almost every 70-year-old has a touch of it. It can be in the back, knee, hip, hand, fingers and ankle, or any of these locations. The rate of progression is unpredictable. A good many can continue to do most of the activities of life with minimum disruption. ***

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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So, what am I doing now?

If science was such a satisfying career then why did I retire at a relatively young age? I closed my laboratory when I was 56.

The initial decision was made because, like all successful scientists, I had moved myself further and further away from doing science itself. My day to day life centered on getting grants, writing papers, managing budgets, speaking at meetings, reviewing grants, sitting on academic committees, reviewing scientific papers and occasionally finding out what my technicians had been doing. The time had come to write another grant for the next five years of support and I knew I had to move into totally new methodology — and I wasn't interested. The thrill was gone.

A not-so-funny joke goes that aging scientists have three options: 1) stay in their own field and make contributions that are continuously more mediocre (scientists' best discoveries are usually made when young); 2) go into administration, an area in which they have absolutely no training; or 3) move into a new scientific field where they are totally incompetent.

I'd like to think that I retired before any of those options happened to me.

I was surprised to find that I did not have much interest in following my scientific field once I was no longer in the middle of the activity. It was not satisfying to be an intellectual bystander — observing others making findings, but not being central to the discussions, the movement to new understanding. I wanted to be in the thick of things.

One of the thoughts I had for a retirement activity was to do freelance writing. After all, I had had several columns published in the Winters Express. Maybe I had things to say?

PowerBabes, my book club, was on a trip to Santa Fe. On a walk, we were discussing possible retirement options



and someone asked me what I would do. I said I was thinking about writing. At that moment I picked up an interesting red rock from the ground — it was rectangular and flat, like a piece of paper. That omen crystallized the idea of writing in my mind two years before I actually retired.

I had been writing scientific papers and grants my entire professional life. My transitional retirement plan was to write a reference text about retinal vessels, my area of expertise. An old friend reminded me that my high school yearbook had predicted I would write The Great American Novel. In preparation for writing a general text, I decided to take writing courses to improve my style, which was dense, even for scientists.

In the fall of 1995, the only class I could find was Beginning Poetry taught at UC Davis Extension by Susan Kelly-DeWitt, a Sacramento poet. I thought, "Why not?" Poetry could teach me how to lighten my style.

During August of that year, our book club had read Edward Hirsch's new volume of poems, "Earthly Measures." It blew my mind. The feelings expressed were so subtle and nuanced.

Well, I loved writing poetry. It is funny to see how awkward my early poems are but I loved being able to express myself subtly in a few beautiful words. Once again, it was a new world for me.

My main problem was my scientific brain. I would find myself wandering around my logical left-brain when I was reaching for a fuzzy-touchy right brain experience. Sometimes science terminology oozed into the poems. That made them unique. No one else could possibly have written them.

A little highlight of my

career, both scientific and poetic, is that I have been published in the Journal of the American Medical Association. A poem. Not a science article!

After retiring and writing by myself for a few years, I felt the need to be part of a group endeavor, as science had been. An opportunity showed up, serendipitously. A small group of private citizens was organizing the Yolo Community Foundation and I joined them. After all those years of applying for grants, I thought it would be fun to be on the side of being able to give money to people who want to do good things.

I committed to the goals of the Yolo Community Foundation that started in 2001. I worked with that organization and helped to bring it to life as a viable organization for Yolo County over the next six years. We have originated some wonderful programs in philanthropy to benefit Yolo County causes.

Once again, I was using my administrative skills to foster an organization, but I wasn't learning new things. I wasn't using enough creative juices to give me the thrill of being in the middle of things, once the Foundation was underway.

So now I am looking for a new project — something creative, building something new. I wonder what it will be?

Pleased to meet you



Name: Bob Thompson
Occupation: Landlord
Hobby: Hunting and fishing
What's best about Winters: "It's a town on the edge — getting ready to really expand."
Fun fact: "I used to hitch-hike to Winters from Davis to go fishing at Lake Berryessa when I was 12."

King Crossword

Answers
Solution time: 25 mins.

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HOCUS-FOCUS BY HENRY BOLTOFF

Find at least six differences in details between panels.

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King Crossword

ACROSS

1. Ductless
2. Uncoated
3. Remain
4. Tel-
5. Blurred
6. Vagant
7. Downhill
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ARIES (March 21 to April 19) Starting something new is always exciting for the adventurous Aries. And here's the good news: This time you might be able to get some assistance in helping you finish what you've started.

TAURUS (April 20 to May 20) Put your day-dreaming penchant on hold for now, and face the facts as they are, not as you'd like them to be. Your customary hardheaded approach to "deals," etc., would be called for.

GEMINI (May 21 to June 20) Problems beyond your control might delay some of your plans. But things should start to get back to normal by midweek. The week-end could bring an unexpected (but welcome) visitor.

CANCER (June 21 to July 22) It's a good time to buckle down and tackle those unfinished tasks so you'll be ready to take on other projects. The week's end could bring an invitation from a most surprising source.

LEO (July 23 to Aug. 22) Mixed signals could create a few stressful moments for the Lion. But by midweek, explanations should help ease the tension. The weekend is party time! Share it with someone special.

VIRGO (Aug. 23 to Sept. 22) This is a good "catching up" week for finishing tasks, calling old friends and maybe reading that book you haven't opened yet or renting that movie you wanted to see again.

LIBRA (Sept. 23 to Oct. 22) Money matters should be worked out, even if it takes time away from a more romantic situation. Better to settle things before feelings turn hard and angry on all sides.

SCORPIO (Oct. 23 to Nov. 21) A job-related problem could turn out to be less troublesome than it seemed at first. Just a few moments of talk 'twixt the parties resolves everything to everyone's satisfaction.

SAGITTARIUS (Nov. 22 to Dec. 21) The Sagittarian Archer takes aim at health and fitness issues this week. Watch your diet, and try to put more exercise time into your typically busy schedule.

CAPRICORN (Dec. 22 to Jan. 19) As you continue to focus on a career or job change, it's a good time to look over some of your rarely used skills and see where they can fit into your future workplace plans.

AQUARIUS (Jan. 20 to Feb. 18) A loved one's health might be worrisome, but there's good news by midweek. Expect people who share your ideas and your goals to try to contact you by the week's end.

PISCES (Feb. 19 to March 20) A colleague's request that makes the typically perceptive Pisces feel uncomfortable is a request you probably will want to turn down. The weekend favors family get-togethers.

BORN THIS WEEK: You have a gift for making others feel warm and wanted. Even newcomers feel like old friends.

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Nuestras Noticias



Sigue la violencia

Es una lástima ver como la violencia en México sigue en aumento, ahora con el coche bomba que explotaron en Ciudad Juárez la situación se está pareciendo a lo que paso Colombia no hace muchos años. ¿Quiénes son los responsables de la situación que está padeciendo México? La violencia se incremento a raíz de la decisión del gobierno de México de darles la batalla a los narcotraficantes. Los narcos lo que hacen es introducir la droga a Estados Unidos que es su principal mercado, entonces estamos hablando de uno de muchos culpables, porque Estados es el principal consumidor de drogas del mundo. Y segundo, porque muchas de las armas que utilizan los narcotraficantes mexicanos vienen de este país.

El mismo día que la Corte Suprema de Justicia de Estados Unidos reafirmó el derecho de todos los individuos a portar armas—como indica la Segunda Enmienda de la Constitución—y que los estados y ciudades deben acatar ese fallo, era asesinado en México un candidato a gobernador. Y ambos hechos están ligados.

Roberto Torre Cantú era el candidato del Partido Revolucionario Institucional (PRI) a la gubernatura de Tamaulipas para las elecciones del domingo 4 de julio. Pero lo mataron en su camioneta, camino a otro acto de campaña, en un incidente que el presidente mexicano Felipe Calderón atribuyó al narcotráfico. Se trata del peor asesinato político en México desde 1994. No sería raro pensar que el arma con que lo mataron era un arma proveniente de Estados Unidos.

Cuando el presidente Calderón vino a Washington el pasado mes de mayo, denunció que el 80 por ciento de los 75,000 rifles y pistolas confiscados en México en los últimos tres años provenían de Estados Unidos. El presidente Calderón pidió la cooperación de este país, para evitar el tráfico de armas de asalto y más armas a través de la frontera, pero aquí en este país el gran negocio de muchos poderosos son la fabricación de armas de fuego, así que Estados Unidos pone las armas y también pone los consumidores para la droga.

Aunque lo propuso durante su campaña presidencial, Obama aún no ha restablecido la prohibición a la venta de armas de asalto, que son las más letales y las preferidas por los criminales. Y muchas de esas armas de asalto están terminando en manos de narcos mexicanos.

Pero la violencia por las armas de fuego no solo está ocurriendo del lado mexicano. En Estados Unidos hay 200 millones de armas, responsables de unas 30 mil muertes anuales, no obstante estas cifras, con un voto de 5-4 la Corte Suprema de Justicia se rehusó a poner nuevos límites al uso de armas en Estados Unidos. El resultado es totalmente predecible: más muertes en Estados Unidos y más muertes en México.

Si la Corte ha aceptado en el pasado que criminales y personas con problemas mentales no deben usar armas ¿por qué no autoriza a estados y ciudades a imponer medidas que reduzcan la actual epidemia de violencia? Al final de cuentas, todo es política e ideología. Incluso en la Corte Suprema. El presidente Barack Obama podría tomar la iniciativa e imponer, nuevamente, la prohibición a la venta de armas de asalto. Eso dijo en la campaña y eso esperan muchos votantes. Pero el problema es muy complejo. Este país se creó bajo el concepto de que toda persona tiene el derecho a portar armas. Ese principio, fundamental hace más de dos siglos, ha tenido insospechadas consecuencias negativas a nivel social en la actualidad, tanto en Estados Unidos como con su vecino al sur. Cuando el crimen y el narcotráfico acechan, hay que limitar su capacidad para actuar. Es muy buen tiempo para que se recapacite sobre el control de armas, porque la violencia puede brincarse a este lado de la frontera y va a traer muchos problemas a este país.

El dinero y dos culturas

Claro que el idioma ingles es muy distinto al español, y como tales cada idioma representa costumbres y diferencias culturales entre las personas nacidas aquí y los que venimos de Latinoamérica, el idioma lo asemeja mucho como al estandarte por parte de los anglos y nosotros los latinos, es como decir una bandera cultural, y es por eso que el idioma es muy importante, tan importante es que el uso del español en este país no les cae nada bien a los ultraderechistas de este país, así como el uso del ingles en países latinoamericanos tampoco les cae bien a los ultraderechistas de América latina.

Cuando llegamos a este país y empezamos a aprender ingles nos damos cuenta que las diferencias van mas allá de usar palabras distintas, les voy a dar ejemplos porque hay un gran abismo en el uso de las palabras, dese el punto de vista

de los anglos, y el punto de vista de nosotros los latinos, en lo referente a como miramos el mundo a nuestro alrededor.

¿Venimos a este país a ganar dinero verdad? Dinero para tener una vida mejor, esa es nuestra mentalidad, y la mentalidad de los norteamericanos está tan enfocada a tener “éxito” (léase: ganar mucho dinero) que incluso lo reflejan en sus frases de todos los días.

Veamos algunas de las más comunes: Por ejemplo, mientras que en español tenemos una frase que dice: “ganarse la vida,” el equivalente en inglés sería “to earn a living”. Sin embargo, en la práctica, mucha gente prefiere decir: “to make money” (“hacer dinero”).

Cuando en español esperamos que gane alguien o algo (por ejemplo, determinado equipo de futbol, o que se realice una posibilidad futura), decimos:

“Yo le voy a...” Pero los norteamericanos prefieren esta frase: “My money goes to ...” (“Mi dinero va a ...”).

La frase “dar en el clavo” se traduce como “on the money” (“en el dinero”). “Making good money” (“Hacer buen dinero”) sería el equivalente de “ganar bien,” o “tener buen salario.”

Cuando los hispanos decimos que no haríamos nada decimos “por nada del mundo”, pero los norteamericanos dicen: “For the love of money” (“Por el amor al dinero”). Si nosotros decimos que alguien o algo “da una buena pelea,” los norteamericanos dicen que da “una buena carrera por su dinero” (“run for someone’s money”). Cuando nosotros prediciamos que algo tiene igual posibilidad de ocurrir, decimos: “Seguro que ...” Pero los “anglos” dicen “even money” (“dinero empatado”).

Cuando los hispanos

respaldamos a alguien o a algo, generalmente decimos que “ponemos la mano en el fuego por eso,” o “si tuviera que elegir ...” En cambio, los norteamericanos dicen “for my money, I’d pick...” (“por mi dinero, yo elegiría ...”) Si nosotros le reclamamos a alguna persona hipócrita que haga lo que predica, le decimos que “predique con el ejemplo.” Pero los norteamericanos le dicen: “put your money where your mouth is” (“pon tu dinero donde está tu boca”).

Y por último, una clásica: Cuando tratamos de valorar el tiempo, los hispanos decimos: “El tiempo vuela”... pero los norte-americanos usan una frase inmortal que define como ninguna la cultura anglosajona (y que hasta ha sido adoptada por muchos países latinoamericanos): “time is money.”

Éxodo en Arizona

La población indocumentada, se organiza, ahorra o huye del estado ante la anunciada entrada en vigor de la ley SB1070. Desde hace casi tres meses, la población indocumentada de Arizona se prepara para lo peor. Tras la promulgación de la ley SB1070, que criminalizará su presencia en ese estado, algunos rezan con la esperanza de que jamás entre en vigor (el próximo 29 de julio).

Muchos más han sacado sus ahorros del banco, avisado a las escuelas que sus hijos no regresarán el próximo curso y vendido todo lo que han podido mientras afinan los planes de una mudanza para participar en un éxodo de proporciones bíblicas que dirige su mirada a estados como Nuevo México, Utah, Nevada y Minnesota. El resto ha decidido permanecer en Arizona y dar la batalla, mientras toma las providencias para evitar quedarse en un limbo a partir del próximo día 29, cuando los agentes de la policía podrán detenerles bajo la sola sospecha de parecer inmigrantes indocumentados y ordenar su inmediata deportación.

La organización Promise Arizona, esta sumando los esfuerzos de muchos para tratar de frenar la entrada en vigor de la SB1070 pero, también, para apoyar a la comunidad inmigrante ante una de las peores campañas de

hostigamiento y persecución. Las vigiliass y rezos colectivos, que han buscado conmover a la gobernadora Jan Brewer, se combinan con operaciones de acción directa, con el envío de emisarios a Washington para entrevistarse con representantes demócratas y republicanos.

“Queremos que haya registro de los abusos que estamos sufriendo aun antes de entrar en vigor esta ley que atenta contra los derechos civiles y contra los valores fundacionales de Estados Unidos,” dijo Sylvia Herrera, de la organización Puente Movement Arizona, un grupo que se ha dado a la tarea de documentar la escalada de vejaciones y ataques contra la comunidad inmigrante para denunciarla ante el Comité de Derechos humanos de la Organización de Naciones Unidas (ONU).

A través de distintos comités de acción, una poderosa coalición defensora de los derechos humanos y de la comunidad inmigrante coordina sus esfuerzos con entidades que podrían ofrecer su respaldo en caso de que se produzcan redadas y órdenes de deportaciones masivas. Entre ellos, la red consular de México y otros países de América Latina, con quienes han desarrollado planes de acción en caso de detenciones y separaciones de familias una vez que entre en svigor la SB1070. “Desde hace mucho tiempo hemos

colaborado con las autoridades consulares de México para que se encarguen de apoyar y orientar a sus ciudadanos en caso de emergencia”, aseguró Petra Falcón, una de las activistas que se han preocupado por extender la red de apoyo a la comunidad inmigrante en Arizona.

Muchos ciudadanos que han decidido regresar a México o que planean mudarse a otro estado en EU han entrado en contacto con las oficinas del Consulado para ver de qué forma los pueden apoyar. A pesar de que aún no entra en vigor la SB1070, sus efectos ya los siente una buena parte de la comunidad inmigrante. Algunos comercios se han visto obligados a bajar la cortina ante la drástica caída de las ventas. Los censos de las escuelas han experimentado una baja que no se confirmará en toda su dimensión sino hasta el inicio del curso próximo, hacia finales de agosto.

Algunas compañías inmobiliarias han confirmado que, incluso, algunas personas han dejado de pagar la renta o la hipoteca, lo que se considera como un síntoma inequívoco de abandono del estado, ante el ambiente de incertidumbre que se respira desde la promulgación de la SB1070. Muchas familias se han reagrupado en grupos de hasta 20 o 30 de sus miembros en una sola vivienda, para tratar de ahorrar y sumar recursos hasta saber qué va a pasar con ellos tras la suspensión o entrada en vigor de esa legislación que hoy divide al estado y a la nación.

Tome agua en tiempo de calor

Los días de calor pueden ser molestos pero, ¿sabía que pueden afectar la manera en que usted trabaja, practica un deporte o simplemente realiza actividades al aire libre con sus hijos? El principal componente de la mayoría de células del cuerpo, especialmente las de los músculos, es el agua. Las células necesitan agua para poder llevar a cabo sus procesos metabólicos. Al sudar, el cuerpo mantiene su temperatura dentro de los niveles normales, pero también pierde agua. Si pierde demasiada, la persona está deshidratada y sus funciones se ven afectadas. Cuando se pasa mucho tiempo trabajando o realizando actividades al aire libre durante los meses calurosos del verano, y no se bebe suficiente agua, las células no pueden procesar la energía

que les proporcionan los alimentos. Al faltar el agua en el cuerpo, el rendimiento y desempeño se reduce significativamente.

El cuerpo da señales de que ha perdido demasiada agua, como labios y lengua secos, ojos hundidos, orina de color vivo u oscuro, letargo y apatía. No se debe esperar a que el cuerpo pierda tanta agua como para llegar al punto en que, al pellizcarse la parte de encima de la mano, la piel se mantenga elevada por varios segundos. Cuando el cuerpo esta hidratado, la piel regresa a su normalidad inmediatamente.

Algunas recomendaciones para mantenerse bien hidratado: No espere hasta que sienta sed para beber agua. Para entonces, puede haber perdido fluidos esenciales y electrolitos que pueden afectar su

desempeño. Por eso ella recomienda que beba de 4 a 8 onzas de agua antes de iniciar cualquier actividad bajo los rayos candentes del sol. Mientras permanezca activo y expuesto a los rayos del sol, beba por lo menos 4 onzas cada 15 a 20 minutos para no deshidratarse.

El agua es la mejor bebida para la mayoría de las actividades. Las gaseosas o sodas tienen mucho azúcar por lo que el cuerpo no las puede absorber tan bien; además pueden provocar dolor de estómago. A menos que esté participando en un entrenamiento atlético intensivo, probablemente no necesite beber esas costosas bebidas para atletas. Recuerde que aunque no sea un atleta dedicado, todo ejercicio en condiciones de calor intenso hará que sude mucho más. Tome agua es lo importante.

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NOW HERE'S A TIP

By JoAnn Derson

• Weatherproofing in the winter makes good sense — nobody likes the feel of a chilly draft. But weatherproofing is just as important during the summer if you use air conditioning. You might not feel that cold air leaking outside, but your power bill sure does.

• Whip your butter to stretch it out. Soften sticks to room temperature and whip it to twice its volume using an electric mixer. Store in a large, sealable plastic container.

• “The secret to extra-light pancakes and waffle batter is carbonated water. Use club soda in place of regular water and you'll see a big difference.” — M.F. in Tennessee

• “To use the last bits of shampoo and conditioner in my bottles, I add a little water and shake them. I also cut open the bottle of lotion when it has a pump top. There's always so much left when the bottle won't pump any more out.” — A.R. in Oregon

• “If you have paintbrushes that have hard paint on them, try soaking them in full-strength vinegar. Check to see if paint has softened, and comb out with a wire brush.” — C.F. in New York

• Mix liquid dish detergent (or cheap shampoo) with baking soda and a bit of water to thin it out. Use this mixture to scrub the walls in your bathtub or shower.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at here-satip@yahoo.com.

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BIBLE TRIVIA

by Wilson Casey

1. Is the Book of Nahum in the Old or New Testament or neither?

2. In Acts 7, who recounts the story of Abraham along with the captivity and freedom of the children of Israel? Paul, Peter, Stephen, Andrew

3. Who went to sleep and fell out the window while Paul preached? Esua, Enid, Eutychus, Eucyrus

4. From II Corinthians 3:17, “Where the spirit of the Lord is, there is ...”? Hope, Liberty, Love, Peace

5. In what Macedonian city were Paul and Silas imprisoned? Philipi, Neapolis, Jericho, Jerusalem

6. To whom was Priscilla married? Atilla, Aquila, Andrew, Alpheus

ANSWERS: 1) Old; 2) Stephen; 3) Eutychus; 4) Liberty; 5) Philipi; 6) Aquila

Wilson Casey's new book, “Firsts: Origins of Everyday Things That Changed the World,” is available from Alpha/Penguin publishing.

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June 17, 2010
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Ava Woodard, Deputy
FBN NUMBER 2010-537
Fictitious Business Name
Root Stock
22 Main Street, Winters, CA 95694
Name of Registrant
Corinne Martinez
115 Baker Street, Winters, CA 95694
Lynda Hinds
131 Longford Ln, Vacaville, CA 95688
Business Classification: Co-Partners
s/Corinne Y. Martinez, Lynda Hinds
Beginning Date of Business: The Registrants commenced to transact business under the fictitious business name or names listed above on 6/1/10.
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Published July 15, 22, 29, August 5, 2010

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Kimberli Johnson, Deputy
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Name of Registrant:
Mikio Nishiuchi
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Fictitious Business Name
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24497 County Road 23, Esparto, CA 95627
Name of Registrant
I.A.O. Inc.
24497 County Road 23, Esparto, CA 95627
Business Classification: Corporation
Beginning Date of Business: The Registrant commenced to transact business under the fictitious business name of names liste above on 3-1-2010.
s/Jan Davis
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NASCAR THIS WEEK

By Monte Dutton

Mark Martin Knows the Challenge

In 2009, Mark Martin enjoyed a glorious comeback, finishing second in the Sprint Cup standings and winning five races. And that was at age 50. Now Martin is 51, and results haven't been as encouraging this season for the Batesville, Ark., native. At the moment, Martin has to worry about making the Chase for the Sprint Cup, which is limited to the top 12 in the point standings at the end of the 26 races that comprise the regular season. The championship is then determined over the final 10. Martin knows he faces a challenge to make the Chase, and he knows pressure will increase and tempers will flare as the next seven races wind down. "As we go forward, the kind of racing that we had at the end of (recent races) will not be every three weeks in the future," he said. "It will be every week, everywhere. Right now it's every third week or so. "That's what equal cars, double-file restarts and all that stuff brings you to, which is going to be fun to watch." Though Martin has only competed once in the Nationwide Series this year, he is its all-time leader with 48 victories, though Kyle Busch is closing in and now has 37 victories, including seven this year. "Records are going to fall, and I'm going to stand there and watch them," said Martin. "Just as Jack Ingram (31 wins) stood and watched his fall, it's not going to stand the test of time, but that's OK, too. That still doesn't lessen what I did, what I managed to do." Martin's 40 Cup victories rank him 16th all-time, trailing Bill Elliott by four. Racing isn't just competitive. To Martin's way of thinking, it's rougher and more aggressive than ever. "It's getting worse mostly because of the nature of our racing and the growth of the sport," he said. "You wouldn't be able to keep a job if you raced 20 years ago, if you drove for somebody and you wrecked as many cars as you wreck today. You wouldn't keep a job. "The teams could not justify it. They didn't have the manpower. They didn't have the money. They couldn't repair these cars and get them back out there. You wouldn't last. But it's a different day and age now. It is just different, and there's a lot of pressure on these guys." *** Monte Dutton has covered motorsports for The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (<http://nascar.tbma.com>) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar_thisweek@yahoo.com.

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MOMENTS IN TIME

The History Channel

- On Aug. 3, 1861, the last entry of the serialized novel "Great Expectations" is published. The book had been serialized in Dickens' literary circular, All the Year Round. The novel tells the story of young Pip, a poor orphan who comes to believe he will inherit a fortune.
- On Aug. 6, 1911, Lucille Desiree Ball, one of America's most famous redheads and beloved comic actresses, is born near Jamestown, N.Y. Ball starred with husband Ricky Ricardo in television's "I Love Lucy" from 1951 to 1957.
- On Aug. 4, 1936, American Jesse Owens wins gold in the long jump at the Summer Olympics in Berlin. It was the second of four gold medals Owens won in Berlin, as he firmly dispelled German leader Adolf Hitler's notion of the superiority of an Aryan "master race."
- On Aug. 5, 1957, Philadelphia-based "American Bandstand" goes national as the show is beamed to 67 ABC affiliates across the nation. The show included the famous segment in which teenage studio guests rated the newest records on a scale from 25 to 98 and offered such criticisms as "It's got a good beat and you can dance to it."
- On Aug. 7, 1964, the United States Congress overwhelmingly approves the Gulf of Tonkin Resolution, giving President Lyndon Johnson nearly unlimited powers to oppose "communist aggression" in Southeast Asia. The Johnson administration went on to use the resolution as a pretext to begin heavy bombing of North Vietnam in early 1965 and to introduce U.S. combat troops in March 1965.
- On Aug. 8, 1974, in an evening televised address, President Richard Nixon announces his intention to become the first president in American history to resign. Impeachment proceedings were under way for his involvement in the Watergate affair.
- On Aug. 2, 1990, Iraqi forces invade Kuwait, Iraq's tiny, oil-rich neighbor. Kuwait's defense forces were rapidly overwhelmed, and those that were not destroyed retreated to Saudi Arabia. On Aug. 9, Operation Desert Shield, the American defense of Saudi Arabia, began as U.S. forces raced to the Persian Gulf.

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\$13.79- \$15.24 per hour
Application deadline: July 28, 2010 at 4:00 PM
Info/Application District Office
909 W. Grant Avenue
Winters CA 95694
530-795-6103

Winters Joint Unified School District
Aide (Designated Instructional Services)
Shirley Rominger Intermediate School
0.75 FTE/179-day position
M-F 6 hrs/day (starting, then variable)
\$12.23 - \$13.45/hour
Application deadline July 30, 2010
Info/Application District Office
909 W. Grant Avenue
Winters CA 95694
530-795-6103

CONSTRUCTION Operators
Exp'd.- dozers, loaders, Scrapers/finish grade tractors, grade checkers, etc. Job is located at Travis AFB & starts immediately.
Send resume to Mountain Movers Engineering at amountainmoverseng.com or fax (760) 510-9018.

Help Wanted

Now Enrolling
• Dental Assisting
• Vocational Nursing *
• Clinical Medical Asst. w/Phlebotomy
• Admin. Medical Asst.
• Pharmacy Tech
• Medical Assisting
Front & Back Office
• Medical/Dental
Administrative Asst.
• Admin Microsoft Office

*Seating limited
Call today
707.455.0557
CSI Career College
611-K Orange Drive
Vacaville
(Next to DMV)
BlakeAustinCollege.com
25-4tp

ASE Certified Tech
F/T for busy independent shop. Sal. DOE. Call 707/374-2484, or fax resume: 707/374-5939
25-4tp

All About You Cosmetology School & Salon seeks PT/FT lic'd. Cosmetologist, Instructors.
707/447-7500

Help wanted: Part time reporter for the Winters Express. Must be available to work evenings one night per week, and other stories as assigned. Must have excellent spelling and grammar skills. Experience with news reporting preferred. Proficiency in Microsoft Word preferred. Send resume and three writing samples to: debra@wintersexpress.com. Position open until filled.

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24-2tp

Thinking about a new career? Do something about it!
Programs Offered
~ Massage Therapy
~ Cosmetology
~ Esthetician
Milan Institute of Cosmetology
934 Missouri Street
Fairfield, CA 94533
1-888-214-1356
Student Salon Open!
Call for an appt/specials
Instructor supervised student salon/spa
22-5tp

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Storage Lien Sale

PUBLIC LIEN SALE
Notice is here by given that undersigned Intends to sell the Personal property described below to satisfy a lien imposed on said property pursuant to section 21700 of the bus. And prof. code section. 2328 of the UCC, section 535 of the penal code and provisions of the civil code.
The undersigned will sell at public sale by competitive bidding on the 4th day of August 2010 at 1:00pm on the premises where said property has been stored and which is located at Beamer Street Storage, 1572 E. Beamer St. Woodland, Ca 95766 and which consists of misc. personal property, household, garage, yard items, and misc. boxes (contents unknown). Sale will begin at Beamer St. Storage.
All items sold as is. Where is and must be removed by 5 pm or make arrangements with the office. Sale subject to cancellation in the event of settlement between owner and obligated party.
Terms and inspection prior to sale.
Beamer St. Storage

Unit #
213J. Halsey
413J. Gonzalez
134R. Wilkonson
73 J. Halsey
19 A. Shull
40 C. Felix
315T. Duarte
361 B. Gonzales
225J. Halsey
30 J. Charles
331J. Gupton
233S. Aragon
226S. Rameriz
273 C. Holton

Forrest O'Brien, Auctioneer
Bond # 00104533207
Published July 22, 29, 2010

Citations

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO

In the Matter(s) of
SAMANTHA SMITH DUNLAP
NO. JV-09-00409

CITATION
TO: All persons claiming to be the father
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on September 1, 2010 at 9:00 a.m. in Department 5. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Cristi Smith on August 23, 2009. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: 6/21/10
a/Steven M Basha
Judge of the Juvenile Court

Published July 8, 15, 22, 29, 2010

Trustee's Sale

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 242201CA Loan No. 3062941715 Title Order No. 410943 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05-25-2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07-29-2010 at 12:00 PM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 06-01-2006, Book , Page , Instrument 2006-0021413-00, of official records in the Office of the Recorder of YOLO County, California, executed by: JANE COURSIN, AN UNMARRIED WOMAN AND JILL COURSIN, AN UNMARRIED WOMAN AS JOINT TENANTS, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA. Legal Description: PARCEL 9, AS SHOWN ON THE RECORD OF SURVEY OF THE GOLDEN BEAR ESTATES PROPERTY IN SECTION 19, TOWNSHIP 8 NORTH, RANGE 1 WEST, M.D.B.&M., ACCORDING TO THE OFFICIAL PLAT THEREOF FILED FOR RECORD IN THE OFFICE OF THE RECORDER OF YOLO COUNTY, CALIFORNIA ON AUGUST 19, 1959 IN BOOK 8 OF MAPS AND SURVEYS, PAGES 75, 76 AND 77, AS AMENDED BY RECORD OF SURVEY FILE ON MARCH 29, 1960 IN BOOK 8 OF MAPS AND SURVEYS, PAGE 88. TOGETHER WITH THE NONEXCLUSIVE RIGHT TO USE THE 60 FOOT ROAD EASEMENTS WHICH ARE DELINEATED ON THE AFORESAID MAP OF GOLDEN BEAR ESTATES. THIS RIGHT SHALL BE APPURTENANT TO THE ABOVE DESCRIBED PROPERTY AND ALL SUBDIVISION THEREOF. EXCEPTING THEREFROM HOWEVER, AN UNDIVIDED ONE-HALF INTEREST IN AND TO ALL OIL, GAS, HYDROCARBONS AND OTHER MINERAL RIGHTS UNDER SAID LAND, AS RESERVED BY MARY R. LITTLE ET AL., BY DEED RECORDED APRIL 12, 1951 IN BOOK 341 OF OFFICIAL RECORDS, PAGE 399. Amount of unpaid balance and other charges: \$1,040,503.61 (estimated) Street address and other common designation of the real property: 28691 EL CAMINO WINTERS, CA 95694 APN Number: 030-330-012-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 06-30-2010 DECLARATION PURSUANT TO CALIFORNIA CIVIL CODE SECTION 2923.54 Pursuant to California Civil Code Section 2923.54, the undersigned loan servicer declares as follows: 1. It has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.54 that is current and valid on the date the notice of sale is filed; and 2. The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the monies paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: July 8, 2010 POWER DEFAULT SERVICES, INC. as said Trustee, as Authorized Agent for the Beneficiary KIMBERLY THORNE, ASSISTANT SECRETARY, T.D. SERVICE COMPANY 1820 E. FIRST ST., SUITE 210, P.O. BOX 11988 SANTA ANA, CA 92711-9888 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) on the day before the sale: (714) 480-5690 or you may access sales information at www.tacforeclosures.com. TAC# 905116 PUB: 07/15/2010, 07/22/2010

Lien Sale Notice

LIEN SALE NOTICE
NOTICE IS HEREBY GIVEN PURSUANT TO SECTIONS 3071 AND 3072 OF THE CIVIL CODE OF THE STATE OF CALIFORNIA, THE UNDERSIGNED, **JOEBOB'S AUTO & TRUCK 4530 PUTAH CREEK RD. WINTERS, CA. 95694** WILL SELL AT PUBLIC SALE ON; **AUGUST 3, 2010 10:00AM**

THE FOLLOWING PROPERTY:

1985 DODGE DPLMAT LIC#2CKT095 CA VIN#1B3BG56PFXF78410
LIEN HOLDER HAS A RIGHT TO BID AT SAID SALE.
Published July 22, 2010

Trustee's Sale

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 20100134002357 Title Order No.: 100230469 FHA/VA/PMI No.: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 02/06/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX WEST, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 02/14/2006 as Instrument No. 2006-0006142-00 of official records in the office of the County Recorder of YOLO County, State of CALIFORNIA. EXECUTED BY: MISAEEL BAUTISTA MAGANA AND JOEL DEL RIO, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/11/2010 TIME OF SALE: 12:00 PM PLACE OF SALE: AT THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: **203 ANDERSON AVENUE, WINTERS, CALIFORNIA 95694** APN#: 003-276-01-0 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$431,487.82. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES & POSTING 3210 EL CAMINO REAL, SUITE 200 IRVINE, CA 92602 714-730-2727 www.ipsasap.com NDEX West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Trustee Dated: 07/16/2010 NDEX West, L.L.C. 15000 Surveyor Boulevard, Suite 500 Addison, Texas 75001-9013 Telephone: (866) 795-1852 Telecopier: (972) 661-7800 ASAP# 3636654 07/22/2010, 07/29/2010, 08/05/2010

Trustee's Sale

NOTICE OF TRUSTEE'S SALE T.S. No: H51182 CA Unit Code: H Loan No: 0021250220/MEDINA Investor No: 581008273 AP #1: 027-735-007 POWER DEFAULT SERVICES, INC., as duly appointed Trustee under the following described Deed of Trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashier's, certified or other checks specified in Civil Code Section 2924h (payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described:
Trustor: DANIEL MEDINA Recorded April 12, 2006 as Instr. No. 2006-0014406-00 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County; CALIFORNIA, pursuant to the Notice of Default and Election to Sell thereunder recorded April 7, 2010 as Instr. No. 2010-009248 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County CALIFORNIA. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED MARCH 29, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 1702 MERRITT CIR, WOODLAND, CA 95776-5133 "(If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness)." Said Sale of property will be made in "as is" condition without covenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on: AUGUST 3, 2010, AT 9:00 A.M. *AT THE NORTH ENTRANCE TO THE WEST SACRAMENTO CITY HALL, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is \$438,485.18. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. Pursuant to California Civil Code 2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the monies paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: July 8, 2010 POWER DEFAULT SERVICES, INC. as said Trustee, as Authorized Agent for the Beneficiary KIMBERLY THORNE, ASSISTANT SECRETARY, T.D. SERVICE COMPANY 1820 E. FIRST ST., SUITE 210, P.O. BOX 11988 SANTA ANA, CA 92711-9888 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) on the day before the sale: (714) 480-5690 or you may access sales information at www.tacforeclosures.com. TAC# 905116 PUB: 07/08/10, 07/15/10, 07/22/10

Election Notice

ELECTION NOTICE CANDIDACY FOR BOARD MEMBERS
NOTICE IS HEREBY GIVEN in accordance with the provisions of the Education Code of the State of California, that a School District Election will be held in the below named districts on Tuesday, November 2, 2010, in Yolo County, State of California.
On Election Day the polls shall be open at 7:00 a.m. and close at 8:00 p.m.

DISTRICT	OFFICE	TO BE ELECTED	QUALIFICATIONS
Yolo County Board Education - TA 1	Trustee	1	Registered to vote within trustee area.
Yolo County Board Education - TA 2	Trustee	1	Registered to vote within trustee area.
Yolo County Board Education - TA 5	Trustee	1	Registered to vote within trustee area.
Davis Joint Unified School District	Governing Board Member	3 At Large	Registered to vote within the district.
Esparto Unified School District	Governing Board Member	3 At Large	Registered to vote within the district.
Pierce Joint Unified School District - TA 1	Governing Board Member	2 - By Trustee Area	Registered to vote within the trustee area one seeks.
River Delta Unified School District TA 5	Governing Board Member	1 At Large	Registered to vote within the district.
Winters Joint Unified School District - TA 1	Governing Board Member	3 - By Trustee Area	Registered to vote within the trustee area one seeks.
Winters Joint Unified School District - TA 2	Governing Board Member	1 - By Trustee Area	Registered to vote within the trustee area one seeks.
Winters Joint Unified School District - TA 2	Governing Board Member	1 - (2yr) By Trustee Area	Registered to vote within the trustee area one seeks.
Woodland Joint Unified School District - TA 1	Governing Board Member	1 - By Trustee Area	Registered to vote within the trustee area one seeks.
Woodland Joint Unified School District - TA 2	Governing Board Member	1 - By Trustee Area	Registered to vote within the trustee area one seeks.
Woodland Joint Unified School District - TA 3	Governing Board Member	2 - By Trustee Area	Registered to vote within the trustee area one seeks.
Solano Community College District TA 1	Member of Trustees	1 - By Trustee Area	Registered to vote within the trustee area one seeks.
Yuba Community College District TA 3	Member of Trustees	1 - By Trustee Area	Registered to vote within the trustee area one seeks.

Individuals that may be interested in filing as a candidate may do so during the period of July 12th through August 6th Declaration of Candidacy Forms are available at the Yolo County Elections Department, 625 Court Street, Room B05, Woodland, CA.
For inquiries please contact the Yolo County Elections Department at (530) 666-8133.

NOTICE IS ALSO HEREBY GIVEN that in accordance with the provisions of the Public Resource Codes of the State of California, that the Yolo County Resource Conservation District an election will be held on November 2, 2010, and that candidates to be voted upon at said election may be nominated for the following offices.

DISTRICT	OFFICE	ELECTED	QUALIFICATIONS
Yolo Resource Conservation	Director	4- At Large	Registered voter, reside within the district; property owner or a representative.
Yolo Resource Conservation	Director	1- At Large (Short-Term)	Candidate shall be a registered voter residing within the district.

OFFICIAL NOMINATION PETITIONS for eligible candidates desiring to file for any of the elective offices may be obtained at the Elections Department, 625 Court Street, Room B-05, Woodland, on and after July 12, 2010, and must be filed no later than 5 p.m. on August 6, 2010, to nominate candidates other than the incumbent for such office. Appointments to each seat will be made by the supervising authority prescribed by California Elections Code Sec. 10515, in the event there are no nominees or an insufficient number of nominees for such office and a petition has not been filed on August 6, 2010, in accordance with Elections Code Sec. 10515.

Dated: Ju1y 19, 2010
FREDDIE OAKLEY
COUNTY CLERK-ELECTIONS
COUNTY OF YOLO
Published July 22, 2010

TRIVIA TEST

By Fifi Rodriguez

- INVENTIONS: What company invented the floppy disk?
- MEASUREMENTS: What is the Fahrenheit equivalent of 100 degrees Celsius?
- LANGUAGE: What does the word "milquetoast" mean?
- BIBLE: What kind of birds did Noah send out to find dry land?
- MUSIC: Which pop music song contained the phrase "You can't hide your lyin' eyes"?
- ART: Which Spanish Renaissance painter was famous for the creating the work called "Burial of the Count of Orgaz"?
- LANDMARKS: In modern estimates, about how long is the Great Wall of China?
- MOVIES: Who has won the most Oscars for Best Director of a film?
- FIRSTS: Who was the first woman elected to the U.S. Senate?
- GEOGRAPHY: How many U.S. states border the state of Missouri?

Answers
1. IBM
2. 212 degrees
3. A timid person
4. A raven and a dove
5. "Lyin' Eyes" by the Eagles
6. El Greco
7. 5,000 miles
8. John Ford, who won four
9. Hattie Caraway of Arkansas
10. Eight
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