



Find out
on page
B-4

City suffers another budget hit

◆ Decline in property values, taxes takes bite out of Measure W gains

By DEBRA DeANGELO
Express editor

It's almost that old cliché, with the numbers switched: three steps up, two steps back. Following the announcement from the Yolo County Assessor's office last week that Winters property tax assessments dropped 10.5 percent in

2010/11, the relief over anticipated funds coming into city coffers following the passage of Measure W on the June 8 ballot was short-lived.

According to City Manager John Donlevy, the city expects to receive \$400,000 in additional funds from Measure W, which would have gone into the General Fund. However, the drop in property tax assessments coming in to the city is expected to be \$105,000, biting off about 24 percent of that anticipated income. The Rede-

velopment Fund does slightly worse, with an anticipated loss of \$111,000, on the heels of losing \$940,000 to the state of California over a two-year period.

Donlevy says it's an ongoing struggle to keep the city afloat financially, even with the passage of Measure W. Citizens aren't going to see all of the benefits that were discussed prior to the election, now that the city has to factor in the drop in property tax income.

“The General Fund will see a hit, which is absorbed a bit

with the passage of Measure W,” says Donlevy. “No matter how you look at it, we are reducing our expectations of improving public safety and community services. To say we're disappointed is an understatement. It literally costs us a police officer position, which is desperately needed.”

And that's just the ramifications for the General Fund. For the Redevelopment Fund, which is overseen by the Com-

See BUDGET on page A-5

Police? Fire? Both?

◆ City council considers Measure W allocations

By ZACH LANDES
Staff writer

United States Congressman Mike Thompson swore in three incumbents at the July 6 city council meeting, with Woody Fridae replacing Michael Martin as Winters' new mayor. After a few congratulatory words from the congressman, City Manager John Donlevy proceeded to paint a gloomy financial forecast for the 2010-11 fiscal year that began on July 1.

Donlevy reported the city will receive 10.5 percent less revenue from property taxes in the coming year than in the previous year. This unexpected decline is more severe than the average decline in Yolo County of 4.5 percent.

The city's chief financial officer, Shelley Gunby, explained that this could translate into a potential loss of \$216,000. This, compounded with last year's decline in property tax revenue of 5 percent, the current decline in

See COUNCIL, page A-7

All fed up with fireworks

By DEBRA DeANGELO
Express editor

Her American flag flies proudly on her porch year round, there's an image of Old Glory on her white tank top and she's a U.S. Air Force veteran. No one could fault her for lack of patriotism. But “Sue” is fed up with fireworks.

Not the “safe and sane” type that people set off in front of their homes with their children on the Fourth of July. She takes no issue with those. It's the illegal ones that make her life miserable.

Sue explains that a large party took place

behind her home on the Fourth of July this year, and the party included plenty of illegal fireworks that shot up into the air and exploded, lighting up the sky and making loud booms, and the noise went on until almost midnight.

“It was like sitting here and looking up at the high school and seeing big explosions in the air,” she says. “I've never seen things like that going off before.”

“There were big bottle rockets. I never saw those until this year. I'm sure it was because the fire-

See FED UP on page A-3



Photo by Debra DeAngelo

“Sue” shows some of the litter she picked up in her yard after neighbors set off several illegal fireworks on the Fourth of July.



Photo by Julia McCandless

Congressman Mike Thompson (right) visits with Tony Turkovich (left) and his son, winemaker Chris, at the Turkovich Family Vineyards tasting room on July 6.

Congressman comes calling

By JULIA McCANDLESS
Staff writer

The city of Winters put on its best face as Congressman Mike Thompson paid a friendly visit on Tuesday, July 6. After sharing a barbecue lunch with local firefighters and police officers, Thompson toured the new Winters Community Library, as well as several city projects, including the new Orchard Village affordable housing project and the new City Well #7.

Thompson was able to escape the summer heat inside the Turkovich Family Winery tasting room, touring both the tasting room and pro-

duction facility. A wine enthusiast, Thompson gave Turkovich Winery a very positive rating.

“I think they're great. Absolutely fabulous,” said Thompson. “I tried the Syrah and the Chardonnay and they're both very good.”

Thompson was also welcomed as a special guest at a Chamber of Commerce “meet and greet” at the Winters Visitors Center, and later participated in a Winters City Council meeting, where he swore in reelected city officials.

After touring the city and receiving a warm welcome from the com-

See CALLING on page A-8

Officer singlehandedly detains suspect

By DEBRA DeANGELO
Express editor

With only 18 months of experience under his belt, Winters Police Officer Matt Martin was faced with a potentially life-threatening situation last week and handled it smoothly without even drawing his weapon.

“I'm good with my verbal skills,” says Martin, who was working alone at the time and admits that underneath the surface, he was “very scared.”

Martin found himself responding to a 911 call just before 5 p.m. on

Tuesday, July 6, while patrolling near the Chevron station, when the Yolo County Dispatch reported an emergency situation on Interstate 505 near Highway 128. Martin was listening to the police radio, heard that both Yolo County Sheriff's deputies were at least 20 minutes from the scene, and offered to help even though the emergency was technically outside city limits.

According to Detective Sergeant Lance Faille of the Yolo County Sheriff's Department, which is officially in charge of the case,

Martin discovered a vehicle that had run out of gas. Inside the vehicle was a distressed woman who said she'd been sexually assaulted. The suspect, Jose Ramirez, 29, of East Palo Alto, approached the scene after asking to use a telephone at a nearby trailer.

Faille says Ramirez interacted with a citizen at the trailer who started walking toward Ramirez' truck, but was “dissuaded” by Ramirez from getting close. The citizen became suspicious and called 911,

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Included in this week's issue are
advertising inserts from:
Lorenzo's Market,
Living Trust Seminar

(Supplements are sent to Winters,
Woodland, Davis, Capay Valley,
Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken
at 9 a.m. daily, covering the
previous 24 hour period.

Date	Rain	Hi	Lo
July 7		92	55
July 8		92	57
July 9		94	59
July 10		94	60
July 11		101	58
July 12		97	61
July 13		94	61

Rain for week: 0
Season's total: 0

Rainfall season begins
July 1, ends June 30

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OBITUARY

Carroll Sloper

Carroll Sloper passed away on July 6, 2010 after a short illness. A former resident of Chowchilla and Winters, he and his wife, Maxine, had lived in Fairfield since 2008.

He was born at Biola, in Fresno County, California on May 17, 1917, to Ross Sloper and Elsie Meakins Sloper. He graduated from Kerman High School in 1934 and Fresno State College in 1941, earning a masters degree in 1954. In 1942, he enlisted in the Army Air Force, completed pilot training and served as an instructor pilot. Late in the war he led a B29 crew and was awaiting overseas assignment at war's end.

Meantime, he had accepted a teacher's position in Chowchilla early in 1941 and returned to that position in 1945, with a wife and two children. He remained with the Chowchilla School District serving as teacher, bus driver, principal, and district superintendent until his retirement in 1975. He helped establish the Madera County Mental Health Association & Clinic and was active in the Chowchilla Lions Club.

The Slopers moved to the Winters area in 1986 where he joined the Rotary Club and sang with the Winters Circle of Singers. He always enjoyed a good game of bridge or cribbage, and loved fishing and reading. His wife Maxine died in March of this year. His son Neal lives in Eureka and daughters Linda Eastman and Nancy Howard are Winters residents. He is also survived by five grandchildren and seven great-grandchildren. He was preceded in death by sisters Erma Maerzke and Elma Kell and brothers Wayne Sloper, Maurice Sloper and Robert Sloper. Memorial contributions may be directed to either Yolo Hospice, or the Winters Healthcare Foundation in his memory.

Charles Travis Nelson

Charles "Chuck" Nelson, 76, passed away on July 8, 2010 at his home in Winters, after a brief illness. He was born on July 30, 1933 in Sentinel, Oklahoma. He worked for Hunt Wesson Foods for 19 years. His pastimes included fishing, boating, bowling, square dancing, camping, barbequing, football and baseball.

He leaves behind his wife of 38 years, Betty; daughters, Carol, Nancy and Diana; stepdaughters, Darla, Debbie and Dana; sons, Randy and Joe; stepson Jack; 18 grandchildren; friends, G.W. Davis, Brian Leaver, Danny Benitz, and Leslie Lance and brother Roger.

He was preceded in death by his parents, Charles and Elona.

A graveside service was planned for Wednesday, July 21, at the Sacramento Valley National Cemetery. Online guestbook can be signed at www.mccunechapel.com.

Weekly police report

July 2-3

~ 5:30 a.m. to 3:15 p.m., 100 block of Colby Lane, a car stereo was stolen from an unlocked vehicle. Loss: \$700.

July 2-6

~ 5 p.m. to 8 a.m., 100 block of East Grant Avenue, a lock on a storage shed door was cut. Damage: \$50.

July 6

~ 4:45 p.m., Interstate 505 and State Route 128, an officer assisted Yolo County Sheriff's Department with call of suspicious circumstances until the deputy arrived on scene to handle the incident.

~ 11:42 p.m., Austin James Cliché, 21, of Winters was issued a notice to appear for being an unlicensed driver and failing to provide proof of insurance.

July 7

~ 9:18 a.m., 300 block

of Hillview Lane, an officer responded to an audible alarm. The residence was found secure.

~ 10:35 p.m., Pablo Vargas Cisneros, 23, of Winters was issued a notice to appear for being an unlicensed driver.

July 8

~ 3:49 a.m., first block of Grant Avenue, an officer responded to an audible alarm. The business was found secure.

~ 9-10:40 p.m., Cody and Main Streets, a rock was thrown at a vehicle side window causing it to break. Damage: \$500.

~ 10:30 p.m., first block of Main Street, a bicycle was stolen from in front of a business. Loss: \$100.

July 9

~ 7:23 a.m., 600 block of Snapdragon Court, an officer responded to an

See **POLICE** on page **B-6**

YESTERYEAR



Relfe Ehret photo

Pictured above are the new teachers in the Winters School District in the fall of 1967. From left are (back) Marian Rowe, 7th grade and 8th grade Spanish; Lida Logan, fifth grade; Kilda Keefer, 7th and 8th grade art; Carol West, fourth grade; Marjory Hein, fourth grade; Sandra Lund, high school art and speech; Herman Prins, sixth grade; William Millhone, high school vice principal and counselor; Elaine Heise, high school English; Carolyn Bachich, special education at Waggoner; Marijene Allison, high school biology; Gary Pitek, high school Spanish and typing; (front) Clydora Hlppler, kindergarten; Loretta Moser, first grade; Brenda Mears, first grade; Kay Renlund, the grade social studies and English; Sara Younts, 7th and 8th grade social studies and English; Deborah Miller, 7th and 8th grade science; Nancy Adams, fifth grade; Phyllis Liston, fifth grade; Joy Roberts, sixth grade; Roberta Johns, second grade; Susan Crane, kindergarten; Anna Kay Mauzy, fourth grade. Not pictured is Carolyn Everts, who will teach high school girls' P.E.

50
YEARS AGO

July 28, 1960

The "Winters Night" at the Sacramento Music Circus Monday night has been assured of success with 73 tickets reserved for Winters. The Music Circus producers are staging a coffee and cake after-theatre party for the Winters group, so they can meet and renew acquaintances with Russell Arms. His mother is, Mrs. Al Lambert, of Winters.

In the largest real estate transaction ever recorded in the Winters area, Bill Boyce of Woodland last week sold his 320 acre ranch in the McMahon Tract to Mr. and Mrs. E.M. Faye of Knights Landing for \$750,000.

Thirteen Winters young people passed the life saving course at the community swimming pool this summer. Robbie Young received his senior life saving certificate, and junior certificates were awarded to Gaylene Ichtertz, Priscilla Chiles, Dannie Greenwood, Kim Greenwood, Roulou Reeves, Roslyn Husted, Andy Danzero, Myra Suggs, Nancy Stall, Susan Potts and John Childress.

Berryessa down .67 feet

The level of Lake Berryessa fell by .67 of a foot during the past week, adding 11,303 acre feet of water to storage, according to Ken Emigh of the Solano Irrigation District.

He reported Tuesday morning that the lake was 419.43 feet above sea level, with storage computed at 1,183,646

acre feet of water.

The SID is diverting 660 second feet of water into the Putah South Canal and 67 second feet is flowing in Putah Creek at the Diversion Dam.

Evaporation on Lake Berryessa averaged 307 acre feet of water per day during the week.

65
YEARS AGO

July 27, 1945

Bill Vasey was a weekend visitor with his father, J.F. Vasey. Bill has recently returned from New York, and is temporarily stationed at Camp Stoneman.

2nd Lt. Roy Hiramatsu is now serving with the U.S. Armed Forces in China. He was formerly under the command of the son of General Stillwell who, on a recent return to the United States, wrote Roy's wife a letter praising Roy's excellent work in the Service.

Mr. and Mrs. A. Rominger and children are having a vacation at Dillon's Beach.

Mrs. J.R. Johnston left the first of the week for a sojourn with her daughter, Mrs. C.A. Elliott and family in San Anselmo.

Tommie Pearse has returned from a 10-day visit in Vallejo with Mr. and Mrs. Elmore Pearse.

Miss Marilyn Vasey is having a vacation with her aunt, Mrs. George Stryker and family in Hayword. Mr. and Mrs. G.M. Vasey spent the weekend in the Stryker home.

100
YEARS AGO

July 28, 1910

The old tule road to Sacramento was opened to travel on Thursday morning, the tules being free from water this summer.

T.A. Sparks is the possessor of a Stoddard-Dayton 50 horse power roadster. Mrs. Sparks has the Overland in Oakland.

Abby Marlow, the 4-year-old son of Mr. and Mrs. Wm. Marlow, broke his right arm just above the elbow last night while playing on the front porch.

The Grangers Warehouse Association is building a new warehouse for the storing of baled hay. While moving baled hay from the old to the new Grangers warehouse, Harry Islip, Jr., broke one of his legs at the ankle.

115
YEARS AGO

July 27, 1895

Anthony Shirley, a deserving man, and a cripple, has opened a peanut stand at the entrance to Cradwick's building, and will keep peanuts, oranges and other similar goods for sale. Mr. Shirley has a family, is a poor man, and is trying to do for himself. He should be encouraged by the patronage of our people.

Rev. Brattin of Monticello was considerably hurt Tuesday morning by being dragged from a horse he was riding. He was coming down from J.B. Griffin's place, riding one horse and leading another when the train came by. The horse he was leading became frightened at the train and pulled back, jerking Mr. Brattan from his saddle. He was brought to town and taken to W.P. Womack's and Dr. Caldwell was called to attend.

Keep up on the local news by
reading the **Winters Express**

FED UP

Continued from page A-1

works were canceled at the high school and people just thought, ‘We’ll just get our own.’”

She says sparks and burning bits of paper were showering down all over her property, and over her neighbors’ properties as well, and she became concerned about the potential fire hazard. She called the Winters Police Department, and she says they cruised by, but was uncertain if they were able to do anything about it.

“I was so upset,” she says, noting that her little dog was so traumatized by all the explosions and bursts of light, that it nervously panted until its tongue turned black. And that was after she’d sedated it preemptively, on advice from her veterinarian.

All those sparks raining down over her home that night became litter the following morning. She has been picking bits of paper and pieces of illegal fireworks out of her flowerbeds, lawn and pool, and points out that these bits of paper get into the pool filter

and clog it up. She also brushed paper from the roofs of her vehicles, and says her neighbors’ vehicles were also covered with litter.

“I shouldn’t have to go out and pick all this up. Here it’s July 9th and I’m still picking crap up. I shouldn’t have to do that. It’s like me going and putting garbage on my neighbors’ lawns.”

Sue notes all the dry fields surrounding her neighborhood, as they do around much of Winters, and she says with all those sparks flying in the air, “we’re waiting for a situation here.” She adds that she saw a home burned to the ground because of illegal fireworks on the news, and fears the same thing could have happened to her but a tile roof likely saved her from that fate.

Besides the potential for fires and injury, Sue says the illegal fireworks and their resulting litter demonstrate “a total lack of consideration for others.”

Sue says she takes extra care to be considerate of her neighbors, like picking up after her dog when she takes it for a walk, and has become disgusted by the incon-

siderate behavior on the Fourth of July.”

“I guess I’m angry because I’m respectful of others, and I want the same in return.”

Sue adds that she is hesitant to make a public fuss about the danger and the mess because she fears retribution from neighbors. Nonetheless, she thinks something should be done about the illegal fireworks.”

“I’m a quiet person, but you can only swallow things for so long. I felt that I had to say something. You just get tired of it.”

She adds that the Fourth of July seems to have deteriorated from a celebration of patriotism to “let’s get have a party and get drunk and spend a fortune on fireworks that you don’t have to spend.” As a veteran and a year-round patriot, Sue feels that true patriotism means showing good citizenship every day, not just on a holiday.

“I think it’s a shame. I think more people should speak out.”

(Editor’s note: “Sue” requested that her real name be withheld out of fear of retribution.)

New member sought for city’s Hispanic Advisory Committee

There is one seat open on the Winters Hispanic Advisory Committee, which meets once monthly (usually the last Monday of each month) at 6 p.m. at City Hall.

The committee works as an advisory group to the city manager and focuses on outreach and communication with

the Latino community.

Committee activities include one annual information/outreach event and the Festival de la Comunidad and Carnitas Cook-off in September. Committee members are expected to help with the planning and work on the days leading up to and including the festival

and cook-off.

Seats on the committee are open to anyone in the community and are not limited to Spanish speaking individuals.

For information and an application, contact Mary Jo Rodolfa, 795-4910, extension 111, or Dawn Van Dyke, 795-4910, extension 108.

Getting married? Just had a baby?

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Opinion

LETTERS

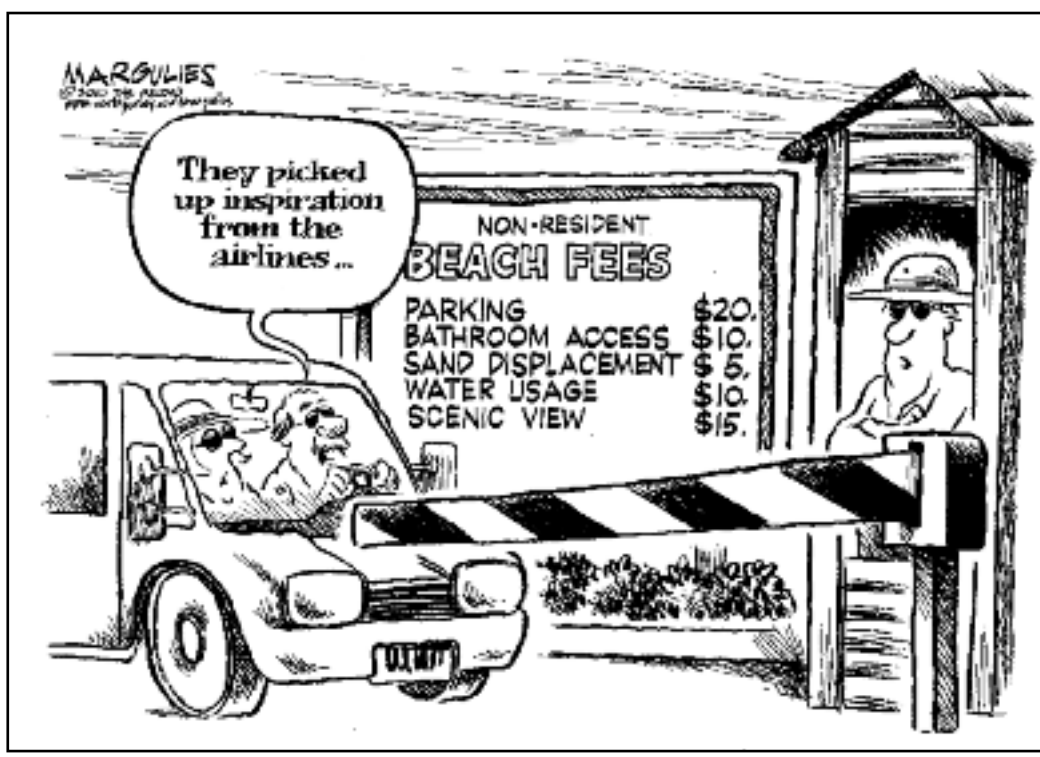
Considering reward program

The Winters Police Department would like to know if members of the community would be interested in starting a reward program for citizens who have information about a crime and notify law enforcement.

Anonymous citizen crime reporting programs, such as Crime Alert, Crime Stoppers, and WeTip, provide valuable tools to aid law enforcement. These tremendously successful programs have reduced crime incidents in communities nationwide.

The statistics behind these programs are impressive. In Sacramento, as of May 31, Crime Alert recovered \$3,341,712 in property, cleared 2,387 cases and made 2,424 arrests. Crime Stoppers, as of June 23, recovered \$1,999,301,251 in property, cleared 1,276,254 cases and totalled 828,528 arrests. WeTip collected 450,000 anonymous tips, which resulted in 15,000 cases solved and nearly 8,000 criminals convicted.

The programs are non-profit and made up of volunteers. Tips are made anonymously and relayed to law enforcement. The programs guarantee anonymity by



providing callers with a secret number instead of using a name.

If the information supplied by the caller results in an arrest the caller becomes eligible for a reward. The case is then reviewed by a volunteer citizens group who authorizes the reward to be paid out to the holder of the secret number.

Reward programs require a large community investment because funding comes entirely from donations. The creation of a reward program would require 501 (C)(3) nonprofit status, people willing to serve as president, vice president, secretary, and treasure, people willing to serve on a review board, and people willing to donate reward money.

To gauge interest in this venture, the Win-

ters Police Department would like to invite all members of the public to an informational meeting in the council chambers at City Hall on Wednesday, Aug. 4, from 6:30 p.m. to 7:30 p.m.

BRUCE MURAMOTO
Winters police chief

Apology owed

I owe Beverly DeAngelo an apology. I always thought her extreme liberal views were a result of some socialist agenda or demonic possession. I now know these views are a result of sleep deprivation.

JACOB STREETER

(Columnist's note: Interesting. I did not know that actress Beverly DeAngelo also suffers from chronic insomnia. What a coincidence.)

Letters policy

The deadline for Letters to the Editor is noon on Mondays for publication that week. When Monday is a holiday, the deadline is noon on the prior Friday.

Letters may be mailed or hand-delivered to The Winters Express, 312 Railroad Avenue, Winters, CA 95694, or emailed to news@wintersexpress.com.

Letters should not exceed 500 words. Do not use all capital letters. We reserve the right to edit or reject any letter.

Letters must be legibly signed by the writer, or if emailed, must indicate the writer's name. We may withhold writers' names from publication upon request if there is a legitimate reason, such as fear of reprisal or retribution. Anonymous letters will not be printed.

CHARLES R. WALLACE

A QUICK OPINION

A FREE DINNER? At this stage in my life I know there is no free lunch, or dinner for that matter. I get invited to a lot of events and functions, most want some kind of a contribution or sponsorship. I attend as many as I can, sometimes asking myself why I thought this was a good idea. I remind myself that they are fundraisers and for a good cause. Golf tournaments come to mind. Golf fundraisers aren't cheap to put on and they aren't cheap to attend. You meet new people and usually have a great time, but they aren't free.

A friend of mine has been inviting me to a "free" dinner for a few years now. I have always turned him down, but this year I thought I would join him at the annual Friends of the NRA dinner in Dixon. Some people consider me to be a bleeding heart liberal and I was a little concerned, just a little, about how I would be greeted by a bunch of gun loving, gun toting, red meat eating, Coors Light drinking individuals.

I might mention that I consider myself a social liberal and fiscal conservative. I might also mention that I like guns, red meat, red wine and Bud Light. As I was walking in the door of the Veteran's Legion Hall in Dixon I saw plenty of Winters people that I knew. Some I have hunted with, some I just know from growing up in Winters. Not one person said anything about my politics and all shook my hand. I'll have to work on that liberal image a little bit harder.

The crowd wasn't as large as I had imaged, maybe 150 people. The last Duck's Unlimited I attended had maybe 350 people. There was the usual raffle with lots of donated items from local businesses, outdoor themed artwork, pictures, rifles and pistols, hunting opportunities and hunting accessories. There was a silent auction with the same stuff you see at a Winters Citizen of the Year banquet along with some hunting art work, jewelry, hunting supplies and a couple of pistols.

The highlight of the evening may have been the live auction. They had some good stuff. Luckily I sat on my hands the entire time. I decided that I didn't need several items that I wanted. There were plenty of people who didn't make the distinction of want and need and plenty of money was raised for the NRA. I purchased a packet of raffle tickets but they brought me zero return. As I was looking at the dinner ticket, I noticed that it had a face value of \$50 and a note that the tax benefit (write-off) of the ticket price was \$0.00. So much for having a free meal on Uncle Sam. The raffle and auction items were tax deductible, which will help a lot of people when they fill out their 2011 taxes.

I was impressed that there wasn't any politics at this event. It was truly a fundraiser and time to meet old friends, shake a few hands, enjoy a good meal and have a few drinks. I'm not sure where all of the people came from, but Winters was well represented and took home their share of auction items and raffle prizes.

I thought a good time was had by all, but I'll have to wait and see if I get invited back next year.

Have a good week.

Another celebrity body part generates outrage

What a sad, strange world we live in. Troubled starlet Lindsay Lohan was sentenced to 90 days in jail for violating her probation for drunk driving, while those responsible for the biggest man-made environmental disaster in history enjoy complete freedom. Lindsay Lohan is doing more time than BP's limp little lump Tony Hayward. I've said it before and I'll say it again: Where are we going and why are we in this handbasket?

Hollywood's latest episode of Girls Gone Wrong rocketed to the top of the newsfeed last week. But — don't we have bigger problems at hand? Recession? War? Oil spill?

Yes we do indeed. There was another story even bigger than Lindsay Lohan: Lindsay Lohan's fingernail. You know you've hit rock bottom when you've been upstaged by your own fingernail.

You see, in the midst of videotaping Lindsay's tortured face as her verdict was read, some sharp-eyed news editor zoomed in tight and noticed something on her middle fingernail as she held her pinched, pathetic face in her hand... little black marks... by golly, it's writing!

"Damn," the news editor thunk, "This girl's good. Sarah Palin needed her whole palm for a cheat sheet. Lindsay got it all down on one fingernail!"

"Let's zoom in tighter and see what remorseful, apologetic notes she jotted down for that moment when the judge asks if she has anything to say for herself... It says... tighter... tighter... it says... Oh my gasping God, it says 'F—U.'"

"Somebody get the Associated Press on the phone. I can't. I got so excited, I soiled my Joe Boxers."

Lindsay Lohan's fingernail — bigger than financial despair or soldiers in body bags or oil-drenched pelicans or even that scary liberal activist-playin' soft-ball-playin' lesbian Elena Kagan. And those network news editors know ratings gold when they see it: "Some Hollywood hoochie learned a dirty word! Matt, Meredith, Anne! Places everyone! Cue the righteous indignation! We haven't been this upset since we got a peek at Janet Jackson's nipple!"

I hate us. In any sane society, Lindsay Lohan's fingernail shouldn't have been the lead story on the Today show until every single news story in the entire universe was exhausted, but that doesn't mean that tipsy little tart shouldn't do hard time. Why? Because she ruined my life, that's why!

Forget the drunk driving, forget flunking out of rehab, forget the ticky-tacky manicure and its teeny-tiny misssive to the world, Lindsay Lohan got my beloved GT's Kombucha pulled from the shelves!

You're SO doing time, sister.

What is kombucha? Nothing short of a miracle, if you ask me. It's an icky-ish pancake of yeast cultures called a SCOBY that ferments in sugared tea, and produces a vinegary-flavored drink believed to ease a host of health problems. Kombucha soothes your intestines like nothing else. If your intestines had feathers, and those feathers got ruffled, kombucha would smooth them flat again. It feels just like



that. I also believe kombucha is a key factor in my (so-far) success in keeping macular degeneration at bay, and even if it isn't, I don't care. When I drink it, I feel better.

Kombucha's history stretches back to the Tsin Chinese Dynasty in 221 BC, and has been consumed as a health tonic worldwide ever since, making people feel better for more than 2,000 years without a kerfuffle. Until Lindsay Lohan came along.

You see, Lindsay started drinking kombucha in an effort to stay sober, but one day it allegedly set off her alcohol monitor (she's supposed to stay on the wagon as part of her court-ordered rehab). She denied all this but after being photographed everywhere with a bottle of GT's Kombucha ubiquitously in her hand, she ignited a Next Greatest Thing frenzy and suddenly everyone wanted GT's Kombucha. Which happens to be my staple. Not a problem, there was plenty to go around.

I say "was."

Whether it was Lindsay's probation officer or the explosion of public interest she instigated, somebody discovered that the trace amount of alcohol in GT's Kombucha (less than 0.5 percent) can increase slightly after sitting on the grocery shelf. And we're talking trace amounts — less than half a percent. By comparison, one beer has an average alcohol content of 4 percent, so you'd have to drink

about eight bottles of GT's to equal one beer, and nobody's gonna drink eight bottles of kombucha because after about three, you'd have such explosive diarrhea, getting drunk would be the least of your worries.

But rules are rules! The public must be protected! Government authorities flew into action and clobbered GT's, forcing stores to remove it from their shelves immediately. Before there was time to stock up, GT's was gone. Now, I'm forced to brew kombucha myself, which I hugely resent. I'm being prevented from purchasing a product that I believe keeps me healthy and with which I have a long, loyal history. All because of stupid Lindsay Lohan and her stupid nasty fingernail.

So. Besides having to search for a good used SCOBY, what are we left with. The public can rest at ease, because Public Menace #1 Lindsay Lohan is headed for the slammer and there's no chance of accidentally getting ripped on GT's Kombucha now that authorities came down on both like a ton of dead manatees. Meanwhile, BP executives lounge at the yacht races and rifle through their billions, after nearly four months with oil gushing unchecked into the Gulf of Mexico. And not a handcuff in sight.

I hate us.

Tell them what you think

FEDERAL

President Barack Obama, The White House, Washington, D.C. 20502; (202) 456-1111; fax: (202) 456-2461; e-mail: president@whitehouse.gov

Senator Barbara Boxer, 112 Hart Senate Office Building, Washington, D.C. 20510; (202) 224-3553; e-mail: [visit http://boxer.senate.gov/contact/webform.cfm](http://boxer.senate.gov/contact/webform.cfm)

Senator Dianne Feinstein, 331 Hart Senate Office Building, Washington, D.C. 20510; (202) 224-3841; fax: (202) 228-3954; visit <http://feinstein.senate.gov/email.html>

Representative Mike Thompson, (1st District), 231 Cannon House Office Building, Washington, D.C., 20515-0501; (202) 225-3311; district office: 712 Main St., Suite 1, Woodland; 662-5272; visit <http://mikethompson.house.gov/contact/email.shtml>

STATE

Governor. Arnold Schwarzenegger, State Capitol, Sacramento, CA 95814; (916) 445-2841; fax: (916) 558-3160; e-mail: [visit http://gov.ca.gov/index.php?/interact/noscript/#email](http://gov.ca.gov/index.php?/interact/noscript/#email)

State Senator Lois Wolk, Room 4032, State Capitol, Sacramento, CA 95814; (916) 651-4005; fax: (916) 323-3204; e-mail: senator.wolk@senate.ca.gov. District office: 555 Mason St., Suite 230, Vacaville, CA 95688; (707) 454-3808; fax: (707) 454-3811

Assemblywoman Mariko Yamada, Room 5144, State Capitol, Sacramento, CA 95814; (916) 319-2008; fax: (916) 319-2108; e-mail: assemblymember.yamada@assembly.ca.gov

COUNTY

Yolo County Grand Jury, P.O. Box 2142, Woodland, CA 95695

BUDGET

Continued from page A-1

munity Development Agency, Donlevy says the additional property tax hit just makes a bad situation even worse.

“The Community Development Agency hit simply compounds the state’s theft of all of our reserves. This reduction further inhibits our ability to keep our small business assistance programs, façade improvements and senior rehabilitation programs going.”

All in all, Donlevy says the city’s financial situation is sliding backwards, and with the decline in property taxes projected to continue in the next fiscal year, the city must look elsewhere to protect what it has. One solution, he says, is to increase economic development in Winters.

“We are beginning to approach levels of 2003-04 in terms of tax revenues,” says Donlevy. “Unless we get economic development going, it will take five to seven years until our revenues catch up to where they were just two years ago.”

He notes that foreclosures are expected to continue in Yolo County, and it appears that the end of the recession is not yet in sight. As an added precaution, Donlevy says he is going to recommend an additional five percent decrease in the city’s budget to the city council.

In the midst of all this, Donlevy says Winters residents can likely expect further reductions in city services until new revenue is secured and the financial situation is stabilized. And, he adds, the economic woes here in Winters are just a reflection of what’s taking place nationwide.

“Winters will continue to struggle if the status quo persists in our economy. The reality is that the declining property values in Winters will continue, unless the city and private investment work together to increase values.”

Although Donlevy sees economic growth as a potential option to bail Winters out financially, he notes that the local economy is linked to other factors, like jobs, the schools and residential development. They’re all interconnected. Businesses create jobs, employed people need housing, more housing and population growth mean more money to local schools.

“The poor Winters economy will also continue to hit the schools. Without jobs, residential development will not restart. Without added residential development, the schools will continue to slide in student population and their ADA (Average Daily Attendance). Last week’s Express reported \$500,000 in reduced ADA for last year for the school district. Invariably, that will mean cuts and increased class sizes.”

However, even economic development isn’t a guarantee, and until private individuals and companies express an interest in opening their doors in Winters, the city is forced to make ends meet with what it has. In lieu of new business and a recently passed tax measure, Donlevy says the only other choice is to cut services.

“We’ve raised taxes, which provides some stability, but we have probably maxed out our ability to tax our businesses and residents. They have been extremely supportive of the city, but there needs to be a balance between taxes, cuts and economic growth to keep things solvent.”

Right off the bat, Donlevy says the city will not be able to hire a third police officer, which was one of the hopes for Measure W funds. And, if the General Fund continues to slide, the city will be forced to revisit the unpopular idea of turning off some of the streetlights to save money.

Another strategy to stretch city money unfortunately involves dipping into the city’s reserve funds. Donlevy says the city’s General Reserve Fund is currently \$1.6 million, which he says is “pretty good, given the circumstances.” He expects to compensate the \$105,000 drop in property tax revenues from the General Reserve Fund.

Although it appears that the city will squeeze through a tight financial hole once again, Donlevy makes it clear that he’s not pleased about how any of this has played out.

“There are really two considerations in what is happening – the raids and outright theft by the state, and the recession. The thefts by the state are a total violation of your sense of security and are more difficult than the recession.”

From Donlevy’s perspective, the state’s seizure of Redevelopment funds is the equiv-

alent of “being robbed at gunpoint.”

“Winters doesn’t have a lot, and we have worked very hard to get whatever we have,” says Donlevy. “When the state swoops in and takes all of your hard-earned money, it’s a crushing blow — like saving for your kids’ college education or retirement, only to have it stolen from you bank account in their senior year or just before you’re ready to retire. All your hard work — just gone.”

He adds that attempting to ride the crest of all these financial ups and downs hasn’t been easy.

“Trying to manage during these historically difficult financial times is a challenge. In the 26 years of my career, I have never experienced anything like this and hope we never will again. Winters has so many needs and we are at a point where we just have to say ‘no’ to those little things which make the city special.”

One of those things, he says, was the annual fireworks display, which was canceled for the first time in decades this year due to budgetary concerns.

“Canceling the fireworks show was a real disappointment for me and I know it bothered many people,” says Donlevy. “It tears at your sense of community, which is vitally important to the quality of life in a small town. There are few occasions when all of the neighbors come together to share something special and in a sense, they were denied that this year.

“I had a gentleman come by my house on Sunday who was very upset that the show was canceled and said we ruined his family event. I just had to tell him we can’t afford it and encouraged him to lead

the fundraising drive for next year.”

Donlevy says Winters residents can expect more budgetary shocks as the city prepares to forge ahead with less money than it expected.

“Unfortunately, the financial situation we are in will require cutting those little yet important things in order to maintain larger, more vitally important services. We are so bare bones at this point. I

hope our luck holds out and we avoid some huge tragedy. It’s really quite a burden for all involved, because so many care deeply about the Winters community.”

On a positive note, Donlevy notes that the current city council is experienced, with all incumbents recently sworn in for another term, and the council members are “knowledgeable about every-

thing that’s going on.” He says experienced city staff is also something working in Winters’ favor.

“We have a great team of council and staff, who I am confident will get us through these times. But no matter how you look at it, times are tough and we simply need to figure out how to get through them. I know none of us are ready to give up.”

If you see a crime in progress
don’t delay — call 911

Community

Senior Citizens Club news

By MARGE SEBASTIAN
Special to the Express

Our last meeting/potluck before our summer break was held on Wednesday, June 9 at the Community Center. It was a very nice day and we had a great turnout.

Thank you to all who brought dishes to share and drawing gifts.

We hope that all of our members have a fun and healthy summer.

Thank you to the Winters Express for printing my articles each month. It has been very helpful as it reminds members when our meetings/potlucks take place.

We will resume our activities in October. Look in the paper the week before our meeting day to see when it is.

Rainwaters celebrate 60 years

Virgil and Marge Rainwater celebrated their 60th wedding anniversary on July 1. Virgil, a native of Bellevue, Missouri, and Marge, a native of Killdeer, North Dakota, were married in San Francisco. They have resided in Yolo County for the past 55 years.

Their children hosted a family brunch on July 1. Attending were daughter Charlotte and Jerry of Chico, son Wayne of Winters, daughter Lori and Lee of Chico and grandson Daniel of Chico.

The Express visits Croatia



Courtesy photo

Kayaking, motor boating, island-hopping, exploring Medieval cities, hiking from waterfall to waterfall, beach-basking, and swimming in the clear waters of the Adriatic Sea. Is this paradise or is it Croatia? Both! The Koch, McCoy, and Harris family (joined by friends Amy and Jeanne Brown) traveled to Croatia as part of a three-week holiday in Europe in May and June. "During our travels, our team of seven adults played pass-the-baby with our ten-month old grandson, Luke, to ensure that everyone, including his parents Kelly and Jason could get an hour or two of sleep en route," said Koch. Pictured on a ferry between Bubrovnik and Hvar Island on the Adriatic Sea are: back row (left to right), Jason Harris, Kelly (McKay) Harris, Luke Harris, Cara McCoy, Michael McCoy; front row, l to r, Janice Koch, Amy Brown and Jeanne Brown.

...and a summit!

Courtesy photo
Morgan Doran and Wendy Rash of Winters brought their Winters Express to the summit of Red Mountain Pass near Ouray, Colorado. The couple rode in the annual "Ride the Rockies" bicycle tour, which took more than 2,000 cyclists on a 532-mile trip across Colorado in seven days this June.



Senior Link will assist elderly

Starting July 1, Legal Services of Northern California will offer a new Information and Assistance program, Senior Link of Yolo County. Senior Link will provide free information to link seniors age 60 and older to services and resources in Yolo County.

The information available will include a large range of topics, from caregiver support, in-home care and respite services, to long-term care facilities, home repair volunteers, financial assistance and low-income senior housing complexes. Senior Link will provide one-on-one, direct assistance to seniors and those calling on their behalf either in person or on the tele-

phone through Senior Link's toll free number: (877) 883-4927.

Senior Link will be available for in-person appointments at our office, Legal Services of Northern California at 619 North Street in Woodland, and at locations to be announced in Esparto, Knights Landing, Winters and West Sacramento.

For more information about services available to seniors in Yolo County, call Senior Link, (877) 883-4927. For any general information about the Senior Link program, contact Kristi Link-Crosier, the Senior Link of Yolo County Information & Assistance Coordinator, 662-1065.

Calendar

Thursday, July 15

Winters Rotary Club meeting, noon, The Buckhorn

Free Food Distribution, 12-1 p.m., First Baptist Church, 512 First Street; 3-4 p.m., 62 Shams Way (Yolo Housing).

Winters Farmers Market, 5-8:30 p.m., Rotary Park

Bilingual Storytime, 6:30 p.m., Winters Community Library

WFO Summer Concert, 7 p.m., Rotary Park gazebo

Alcoholics Anonymous meeting, 8 p.m., 305 First Street

Friday, July 16

Shakespeare in the Park's "Twelfth Night," 8 p.m., City Park.

Saturday, July 17

Mulhern Cycling Fundraiser, 9-11 a.m., City parking lot at Railroad and Main.

Shakespeare in the Park's "Twelfth Night," 8 p.m., City Park.

Sunday, July 18

Alcoholics Anonymous meeting, 9 a.m., 305 First Street.

Monday, July 19

Winters Putah Creek Committee meeting, 7 p.m., council chambers at City Hall

Hispanic Advisory Committee meeting, 6 p.m., City Hall

Wednesday, July 21

Soroptimist meeting, 7 a.m., Chuy's Taqueria, 208 Railroad Avenue

Narcotics Anonymous meeting, 7 p.m., 62 Shams Way

This community calendar is sponsored by:

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Photo by Zach Landes

Congressman Mike Thompson (right) does the honor of swearing in reelected city council members and staff at the July 6 city council meeting. From left are council members Mike Martin, Harold Anderson and Cecilia Aguiar Curry, city clerk Nanci Mills and city treasurer Mike Sebastian.

COUNCIL

Continued from page A-1

sales tax revenue of 16 percent and forecasted declines in the future, is bound to affect the already cash-strapped city coffers.

“The idea of a double-digit drop in property tax revenue is just unheard of,” said Donlevy.

Property tax revenue is calculated by the Yolo County Assessor, who evaluates the combined market value of all of the properties within city limits. Many properties, developed and undeveloped, have lost significant value since the bust of the housing market, and this has translated to a significant drop in property tax revenue.

On a brighter fiscal note, citizens passed Measure W, which will provide new funding for city services by doubling the tax on citizens’ utility bills. Donlevy proposed a few ways the city could distribute these new funds, seeking to invest more money in public safety. Among the proposed expenditures are funds for new police officers, new volunteer firefighters, and \$160,000 for law enforcement technology upgrades. Given the bleak financial forecast Donlevy had previously described, council members expressed concern over such expenditures,

“This is a nice program if we were flush with funds, but this is not found money, it’s money we’re probably going to have to use to balance the budget to keep some of our most critical services,” said Martin.

A few council members expressed concern for businesses with very high utility costs that may be forced to pay significant sums under the new measure.

“Doubling the tax on businesses in some cases could mean thousands of dollars per

month extra,” said Fridae. “We don’t want to make a move that would be business unfriendly.”

While an annual residential cap of \$450 exists for this new tax, no such cap exists for businesses. Whether to implement a rebate program or to cap monthly charges was discussed, but no actions were taken.

Donlevy also addressed the council on the future of economic development in Winters. Currently, most residents work outside of Winters, and Donlevy would like to see more residents employed locally in industries other than agriculture, which tends to pay low wages. He spoke of business parks, technological and research companies, and heavy manufacturing as potential sources of employment and economic growth.

“We have to create incentives for businesses to come to Winters and stay,” said Donlevy.

Donlevy said the city’s proximity to UC Davis makes the campus an untapped resource for the city. Using the analogy of Stanford University supplying the technological skills that led to the development of the Silicon Valley, Donlevy said that research at UC Davis could be a powerful source of business development for Winters. He stressed that institutional breakthroughs at the university level can directly correlate to business development.

Other items

~ The council passed a motion to allow the Winters Theater Group to pay an annual flat rate of \$3,500 for use of the Community Center instead of paying an hourly fee. Theater group spokesman Howard Hupe said that the flat rate would allow for scheduling flexibility and would simplify the billing process for the theater group and

for the city. The motion passed unanimously.

~ The Solano County Water Agency has requested an encroachment easement to bring in 35,000 cubic yards of soil as part of the Putah Creek restoration project. The Winters Putah Creek Committee estimates the soil and its transportation cost to be worth over \$100,000, none of which the city would have to pay, according to Committee

Chair Kurt Balasek. Martin expressed concern over the potential noise and dust pollution from the project, to which Balasek replied that efforts will be made to mitigate disruption in the area during the project. The motion passed unanimously.

The July 20 city council meeting has been canceled. The city council meeting is planned for Tuesday, Aug. 3.

Council meeting canceled

The regular July 20 city council meeting has been canceled due to conflicting vacation schedules amongst council members. The council will meet next on Tuesday, Aug. 3, at 6:30 p.m. in the council chambers at City Hall.

Free food will be distributed

The Food Bank of Yolo County will distribute food to eligible Winters residents on Thursday, July 15, at Yolo Housing, ,

3-4 p.m., and First Baptist Church, 12-1 p.m.

For more information call the Food Bank, 668-0690.

Zumba doesn't feel like exercise

By **JULIA McCANDLESS**
Express editor

Last week, I dared myself to do something I've never done before. It involved dancing, some major hip action and, as the instructor described it, "shaking my bon bons."

I'm talking about Zumba, the dance fitness craze that combines salsa, cumbia, reggae and hip-hop, which has taken Winters by storm and has everyone movin' and groovin' during classes offered Mondays and Wednesdays from 6-7 p.m. at the Community Center.

Creators and instructors of the Zumbatomic class, Thania Coutinho and Fathia Clay, said they decided to bring Zumba to Winters as a way to encourage exercise.

"I saw the community not exercising at all and I thought they need some kind of exercise," Coutinho said. "The women really, really like it. It's funny because you don't feel you're doing exercise, you feel like you're at a night club to dance."

I don't know that I exactly felt like I was in a nightclub, but I definitely was having fun. Talking with some of the other people in the class, I quickly learned that, besides getting a good workout, that's why people come to Zumba class.

Sandi Clay has been coming to the Zumba class since October, and said she enjoys the music and friendly atmosphere.

"It's not intimidat-



Instructors of the Zumbatomic class, Thania Coutinho and Fathia Clay, demonstrate movements used in Zumba dancing, which combines salsa, cumbia, reggae and hip-hop.

Photo by Julia McCandless

ing. You come here, you don't know the steps, it's not like anyone is watching you. Everyone is watching the instructor and trying to figure out the steps," Clay said. "I like that. It makes it more fun."

Clay's daughter, Haley, also attends the class and said that, while fun, Zumba is also an intense workout.

"I've danced all my life and it's great exercise," Clay said. "I danced for 15 years and I love doing this. It's more upbeat and fun."

After taking the class, I think that this is the key to what makes Zumba so successful: a combo of high energy dance moves that work your body into a sweat, and a fun, lighthearted approach to exercise that allows you to

laugh at yourself when you miss a step or two, or three.

As I clumsily cha-cha'd my way across the Community Center floor, I soon picked up on the fact that the idea of the class is not to perfect your dance moves, but simply to dance. People of all shapes, sizes and ages were letting loose, laughing and dancing their hearts out, which was enough to inspire me to do the same. Soon, any inhibition or self-consciousness about my lack of coordination went out the window and I was shaking it with the best of 'em.

Classes are offered year round at the Community Center, and people are encouraged to show-up and try it out — the first class is free. Punch cards for 10 classes can also be

purchased for \$60. In addition, Zumbatomic: Fitness Program for Kids is being offered this summer for children ages 4-12 years old on Tuesdays and Thursdays from 1:30-2:15 p.m. for \$3 per class.

Fathia Clay said she hopes that as the summer heat rolls in, more people take advantage of the Zumba class, and understand that it's all about having fun.

"I want people to come out and enjoy themselves even if they have two left feet," Clay said. "It doesn't matter if you have a dance background or not, it's all ages, come and have fun. It doesn't have to feel like exercise at all."

For more information on Zumbatomic classes, contact zumbawinters@live.com or call (707) 365-3372.

A tale of two cities



Courtesy photo
Chris and Roy Jones took a recent road trip to Winters, Texas. While they were in San Antonio for their nephew's wedding, they stopped at the local Chamber of Commerce office and met with Amanda Colom (right), the executive director, seen holding a copy of the Winters Express. Chris, who is on the board of directors for the Winters Chamber of Commerce, is holding the Winters Enterprise.

'Midsummer' planned

The members of the Winters Theatre Company (WTC) have been rehearsing their annual Shakespeare in the Park production for the past several weeks. This year's selection, "A Midsummer Night's Dream," is not only a local favorite, but the choice of amateur and professional companies throughout the country, and has remained popular for over 400 years, since it was first presented in 1595.

With a cast of 21 actors, ranging in age from 10 years old to senior citizen, this WTC production is real community theatre. The play will be presented in the outdoor amphitheater behind the Community Center for two week-ends, Friday, August 6, Saturday, August 7, and the following weekend,

August 13 and 14. The play begins at 8 p.m. Ticket prices for three performances are \$5 for adults, and children under 12 are admitted free if accompanied by an adult. A special benefit performance for the Winters Center for the Arts will be held on Saturday evening, August 7, and the ticket price which includes refreshments is \$10 for adults. Children under 12 are admitted free for this benefit as for all performances, but must be accompanied by an adult.

Make plans now to enjoy a midsummer night in Winters at WTC's Shakespeare in the Park. Bring a lawn chair and see "A Midsummer Night's Dream" in the beautiful amphitheater overlooking Putah Creek.

Hispanic Advisory Committee to meet

The City of Winters Hispanic Advisory Committee will meet on Monday, July 19, at 6 p.m. at City Hall. The agenda includes planning for the Earthquake Street Festival booth, planning for the Festival de la Comunidad, and a new committee member.

Committee for creek to meet

The Winters Putah Creek Committee will meet on Monday, July 19, at 7 p.m. in the council chambers at City Hall. The agenda includes:

- ~ Elections for officers and introduction of student representative
- ~ North Bank improvement update
- ~ Parkway projects update
- ~ ADA stage access
- ~ Creek design (recreational possibilities)

CALLING

Continued from page A-1

community, Thompson seemed charmed by Winters, remarking that his visit was very enjoyable.

"I like it just as much as every other time I've been here — it's wonderful. We've seen some incredible entrepreneurship, and the whole public sector side of Winters, where you have a tremendous cooperative effort amongst the local electives and the community — it's a pretty remarkable town."

Entertainment

Twelfth Night opens Friday

Fiddle tunes, horns, a pump organ and sweet singing voices fill the Winters City Park each evening this week as teen actors rehearse for the Winters Shakespeare Workshop (WSW) production of Shakespeare's Twelfth Night. This production is free to the community and will run this Friday, July 16 and Saturday, July 17 at 8 p.m. Community members can bring a lawn chair or blanket and settle in to watch a rousing comedy including a shipwreck, confused lovers, separated twins, clowns, and true love found—more than once. Award winning director Russell St Clair has brought music, dance and playful physical comedy to this sparkling production of Twelfth Night.

Director St Clair has set this production of Twelfth Night in Colonial Carolina around 1710. Jaina Frank is Viola, a young woman shipwrecked off the Carolina coast. She has lost her (virtually identical) twin brother in the shipwreck and decides to dress as a man, in his clothes, so she can live more safely in an unknown land. Great confusion follows this choice when both Duke Orsino, played by Cody Svozil, and the Countess Olivia, played by Thea Kwan, find themselves attracted to Viola in disguise. The mistaken lovers are in terrible trouble until Viola's (nearly identical) twin, Sebastian, played by Kirby Linvill, appears and all confusion is resolved in a double wed-

ding.

No Shakespeare comedy is complete without a set of clowns. In Twelfth Night, the clowns are found in the Countess Olivia's kitchen. Feste, (Burt Masem) is Olivia's fool. Her uncle, Sir Toby Belch (Stefan Blandin), his friends, Sir Andrew Aguecheek (Brandon Masteller), Maria (Sarah Stephens), and Fabia (Cienna Rominger) hatch a plot to fool Olivia's arrogant and officious house steward, Malvolio (Will Pfanner), and to stir up trouble for the disguised Viola. The appearance of the missing (practically identical) twin Sebastian, with the sea captain Antonio (Valentin Molina) puts an end to their sport.

The acting ensemble for Twelfth Night also includes the Dancing Maids in Olivia's household played by Molly Heines, Elly Johannessen, Heidi Masem, Cienna Rominger, and Rita Sandhu. Molly Heines plays the Captain who rescues Viola from the sea with her sailors, Elly Johannessen, Heidi Masem, Cienna Rominger, and Rita Sandhu. The Duke Orsino's attendants are the Lord (Noah Warnock), Valentin (Alice Moylan), and Curio (Vita Sandhu). Heidi Masem is the Priest who marries Olivia and Sebastian.

WSW Musical Director is Laura Sandage. Sandage is a singer, songwriter, and composer who plays and sings with a growing number of local groups, including

Mudlark of Davis. Laura has written original music and songs for the show based on colonial American tunes and sea shanties. All music will be performed live by the actors and by local musicians including, Allie Franke on flute and piccolo, Asha Sandhu on clarinet, Christina Dolanc on violin, Fern Henry on pump organ, Dwight Howard on string bass and trombone, Sam Bold on drums, Ray Frank on Guitar, Cedar Seegar on mandolin. Sandage will direct both musicians and singers.

The Winters Park Playground stage will be transformed into colonial Carolina, thanks to the craft of Martha Cain, Denise Cottrell, and Cairn Aran. Costumes from the American Colonial period have been designed by Emma Pfanner with Susan Hamilton, Christy Frank, Annette Blandin, Kate Snow, Donna Skinner, and Mary Lou Linvill.

This summer, teen actors of Winters Shakespeare Workshop have trained with contra dancer, Phil Gross, and with choreographer Hope Raymond, of Acme Theatre Company. They have learned stage combat with swords, also choreographed by Hope Raymond. As part of the WSW five-week acting camp, each actor has worked daily with experienced acting coaches Christina Scheisari, Jazz Trice, and Andrew Fridae.

Winters Shakespeare Workshop, begun in 1997, is a summer youth enrichment program of



Courtesy photo

Members of the Winters Shakespeare Workshop, Thea Kwan (playing Olivia) and Stefan Blandin (playing Sir Toby Belch), rehearse their parts for the upcoming production of William Shakespeare's "Twelfth Night." The production is free to the community and will run Friday, July 16 and Saturday, July 17 at 8 p.m. at Winters City Park. Attendees are encouraged to bring a lawn chair or blanket to enjoy the show; refreshments will be offered for sale at the performance.

the Winters Friends of the Library and is open to all local teens, ages 13-19. WSW is also supported by generous donations from Winters Theatre Company, from individual community members, and from the Yolo County Arts Council.

Performances of

Twelfth Night are July 16 and 17 at 8 p.m. in Winters City Park at the corner of Fourth and Main Streets. Admission is free. The public is invited to bring a lawn chair or blanket. Delicious refreshments will be offered for sale. For more information contact, 795-3476.

Local band plays the gazebo

The Winters Friends of the Library summer concert series continues on Thursday, July 15, with the Woodland Community Band (WCB), under the direction of Bobby Rogers, playing a mix of patriotic songs, big band tunes from the swing era, music from Western movies, pop standards, and more. WCB band members include a broad age range—middle school students to retired professional musicians—from Woodland, Dixon, Winters, Davis, Esparto, Yuba City and Sacramento. They rehearse and perform year-round, with up to 40 musicians on stage.

The free concert will include several medleys including pieces from "The Wizard of Oz," "The Pink Panther," "What's Up At The Symphony," featuring Bugs Bunny's greatest hits; and "Motown Revue," which includes the popular tunes "My Girl," "ABC" and "I Heard it Through the Grapevine." The band will also play the "Orange Bowl March," "America the Beautiful" and more.

The outdoor concert will take place from 7-8:30 p.m. at the Rotary Park Gazebo, on Main Street at Railroad Avenue, in front of the Community Center in Win-



Courtesy photo

Woodland Community Band members rehearse before their free outdoor concert on Thursday, July 15, at 7:00 p.m. at the Rotary Park Gazebo in Winters, as part of the Winters Friends of the Library summer concert series.

ters. Invite your friends and neighbors, bring a blanket or lawn chairs or sit on the grass, sip a cool drink, and enjoy some fine live music on a summer evening. The Friends of the Library will have pizza, ice cream, and cold drinks

for sale, and all proceeds will support the Winters Library.

Recently, the Winters Farmers Market moved to Thursday evenings, 5-8:30 p.m. Now you can enjoy great live music and get your veggies for the week at the same event.

Celtic rockers play West Sac

The Wicked Tinkers, a well-known Celtic rock band from Glendale will play at an outdoor concert on Thursday, July 22, 7-8:30 p.m. at River Walk Park. This performance is a part of the YoloArts Musical Tour concert series.

River Walk Park is located at 651 Second Street in West Sacra-

mento, and parking for the concert is free along streets adjacent to the park.

Admission for the show is a suggested donation of \$10 per person. Proceeds will benefit YoloArts Musical Tour concert series. For more information, visit yoloarts.org or call 406-4844.



Coming up

- Sat., July 17: The House Jacks
- Thurs., July 22: The Wailin' Jennys
- Friday, July 23: Lydia Pense & Cold Blood
- Saturday, July 24: Houston Jones

Winters rider heads for world class event

By JULIA McCANDLESS
Staff writer

As a rider and trainer, Susan Treabess holds the utmost respect for her horses, acknowledging her work with them as a true partnership.

"You're two bodies, two minds, two souls," Treabess said.

Perhaps that is what makes her one of the finest equestrians in the United States. As a member of the United States Para-Equestrian team, classified for elite athletes with disabilities, Treabess, who has a prosthetic arm, is preparing to compete in the World Equestrian Games in Kentucky. With 130 nations competing, approximately 1,000 competitors and an estimated 600,000 spectators, the W.E.G. can be described as the equestrian equivalent

of the World Cup, and is where every serious rider aspires to be.

To raise money for traveling expenses to the competition for herself and her horse Money Penny, Treabess is hosting a Winters to W.E.G. fundraiser on Saturday, July 17, from 6-9 p.m. at Somerset Ranch in Winters.

The fundraiser includes a barbeque dinner, horse demonstrations and performances, and a silent auction. In addition, a benefit horse clinic, hosted by Treabess' mentor, Ellen Eckstein, will be held from 9 a.m. to 4 p.m., providing tips and techniques to riders.

Treabess said she hopes that the Winters community helps support the fundraiser, as her involvement in the competition could be very beneficial to the

Winters area.

"It's a big deal. It is the equivalent of the Olympics in our sport," Treabess said. "It's a huge pull for people to come to Winters (for training). Hopefully we'll stir up some great tourism for all the great restaurants and the Farmers Market."

Looking ahead to the competition, Treabess speaks confidently about her performance and Money Penny's. Both rider and horse have established a deep connection with one another that is apparent in their work together, to which Treabess credits their success.

"We have an amazing partnership, we have this symbiotic relationship," Treabess said. "This is the first horse I've had that with, from the first day I rode her, it was as if we had been together our whole

lives."

With the perfect partner, Treabess said she plans to take this extraordinary opportunity to succeed at the World Equestrian Games, hopefully gaining a medal for her work.

"Going to represent your country is awesome. And going and finally being able to do this with Money Penny is going to be a very emotional thing for me," Treabess said. "I want to go and work as hard as I can to get on the podium. I do want to make a strong representation for the United States, so I'm going to work as hard as I can."

Tickets for the Winters to WEG fundraiser are \$40 for adults and \$20 for children and are available at the door or at www.susantreabess.com.



Photo by Julia McCandless

A fundraiser is planned for Susan Treabess and her horse, Money Penny, on Saturday, July 17, 6-9 p.m. at Somerset Ranch in Winters. Treabess hopes to ride Money Penny in the World Equestrian Games in Kentucky.

OFFICER

Continued from page A-1

which was eventually the call that Martin responded to. Martin was able to arrest Ramirez without incident and detain him in the back of his police car, where he was held for about 20 minutes until Yolo County Sheriff's deputies arrived and took him into custody.

Ramirez was booked at the Monroe Detention Center in Woodland, charged with kidnapping and rape. His 27-year old victim, a resi-

dent of Redwood City, was known to him, and they had a prior relationship. Faille says Ramirez allegedly kidnapped the woman at 8:30 the night before and had been driving around Northern California for nearly 24 hours. He allegedly assaulted his victim multiple times, and did not offer any information about where he was headed with her.

The victim was given an evidentiary exam in Woodland, and was picked up by a relative. Ramirez continues to be held without bail, as

he is additionally on an Immigration and Naturalization Service "hold" due to his status as an illegal immigrant.

Martin, who took control of the situation upon his arrival at the scene, says that working without backup is the norm for him. He works the swing shift, frequently without backup, and usually alone.

"It's a dangerous situation — one I have to put up with on a regular basis," says Martin.

As the incident played out on the highway, Police Chief Bruce Muramoto was at a city

council meeting and was unaware of what was taking place. He says no one notified him about what happened until later on in the evening. There were no other Winters officers on duty at the time.

Muramoto noted that the Winters Police Department and Yolo County Sheriff's department routinely back each other up when they are short staffed and need emergency assistance, even if it means Winters officers going outside city limits to help.

You can 'like' the Winters Express on Facebook

Sports

Warriors shine in summer basketball

By ERIC LUCERO
Express sports correspondent

The Winters Warriors varsity boys basketball team directed by head coach Jason Davis competed in a summer basketball league and went 6-2 against some very tough competition this summer. Winters played Woodland, Pioneer, Dixon, Vacaville, River City and Vanden and came out on top in each contest. Winters only losses came to Davis and a three point loss to Inderkum High School. “I am very excited about the progress we made this summer,” said Davis. Niko Doyle, Sam Newman, Skyler Geerts, John Botro, Juan Tovar, Kevin Hyde, Jesus Quirarte, David Damey and Jesse Carabes made up the nine man team. “Niko, Sam, Skyler and John really stepped up during the season and had some big games,” Davis said. “Juan, Kevin, Jesus, David and Jesse all played well and really improved.”



Photo by Eric Lucero
Tony Brever strips the ball during a tackle at the Warriors scrimmage against Pioneer High School in Woodland.

Warriors off to team camp

By ERIC LUCERO
Express sports correspondent

The Winters Warriors football program continues to keep itself busy this summer with coach Daniel Ward setting the schedule to do just that. The Warriors competed in seven on seven competition

against Davis on Tuesday, July 6, and competed in a passing league tournament at Vacaville High School on Saturday, July 10. On July 17, through July 22, the Warriors will travel to Gold Beach Oregon for their annual team camp. This is the third season in a row that the Warriors will par-

ticipate in the Gold Beach camp that will host 42 schools in three sessions this year. “Gold Beach is something that everybody looks forward to,” said Ward. “The atmosphere, the climate, the competition, it all results in the JV and varsity players bonding and becoming closer as a team.”

Daily aquatics programs offered

The swimming season at the Bobbie Greenwood Community Swim Center continues through Aug. 8. Monthly swim passes for the pool are available for purchase at the pool or at City Hall. Daily passes for recreation swim are \$3; lap swim, \$5; water aerobics, \$8; Masters, \$8. The aquatics schedule at the Bobbie Greenwood Community Swim Center includes: ~ Winters Swim Team: Weekdays, 8 a.m. to noon. For more information, call Bobbie Greenwood at 795-2367 ~ Youth swim lessons: Weekdays, 12:30-1 p.m., 1:15-1:45 p.m., and 5:15-5:45 p.m. Session I, June 7-18; Session II, June 21 to July 2; Session III, July 5-16; Session IV, July 19-30. Class levels are Parents and Tots, Kinder, Beginner I, and Beginner II. Lessons meet five days per week for two-week

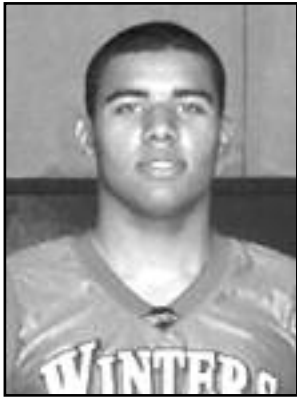
sessions, for a total of five hours of instruction. Group lessons are \$65 per child per session. Private lessons are \$100 per child per session. Registration must be done in advance at the finance office at City Hall. For more information, contact Tracy Jensen, 795-4910, ext. 100. ~ Adult swim lessons: Saturdays and Sundays, 6-7 p.m. Session I, June 14-27; Session II, July 4-19; Session III, July 25 to Aug. 9 Lessons take place on weekends for three-week sessions with a total of six hours of instruction. The cost per person per session is \$65. ~ Recreation swim: daily, 2-5 p.m. Drop-in pass, \$3; individual season pass, \$60; each additional sibling or family member, \$10. ~ Adult lap swim, through Oct. 31: week-

days, 2-1:30 p.m.; Monday through Thursday, 7-8 p.m.; weekends, 10 a.m. to noon. Monthly pass, \$50; drop-in pass, \$5. (Note: noon lap swim ends on Aug. 15.) ~ Masters swimming, through Oct. 31: weekdays, 6-7 a.m. and 6-7 p.m. Weekends 10 a.m. to noon. Monthly pass, \$45 to the Masters program and \$20 to the City of Winters (\$65 total). For more information about Masters swimming, call Dave Kelley, 795-2265, or visit <http://WintersAquaticClub.memberlodge.org>. ~ Water aerobics, Monday and Wednesday, 7-8 p.m. Monthly pass, \$60. Drop-in pass, \$8 per class (Note: On Saturdays when a Winters Swim Team meet is scheduled, adult lap swim and Masters workouts will be cancelled. Meets are scheduled every Saturday through July with the exception of

July 17.) For more information about the aquatics program, or to rent the pool for private parties, contact Tracy Jensen or Nanci Mills at City Hall, 795-4910.

PISANI’S ATHLETE OF THE WEEK

John Botro



John Botro, a member of the Winters High School varsity basketball team is this week’s athlete of the week. Botro has been playing with the Warriors in a summer league and helped lead his team to a 6-2 record against much larger schools than Winters. “John has been working hard all summer,” said head coach Jason Davis. “He has had some big nights offensively including a game winning three point shot against Dixon, but his defense is what has really improved. I always put him on their best player and he steps up to the challenge every game.”

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Schools

Kids get to be dentists for a day

By JULIA McCANDLESS
Staff writer

This summer, when not swimming, running, or playing, you can find them drilling, cleaning and inspecting teeth. Groups of kids 5-16 years old came out to the Winters Healthcare Foundation's "Dentist For a Day Camp" on Friday, July 9, where they participated in a free, hands-on look into the world of dentistry.

Volunteer professionals at the Winters Healthcare Foundation's dental clinic, including a dentist, two dental hygienists and two dental assistants, trained participants. Children were able to work with typodonts, or models of teeth and palates, learning things like how to identify a cavity and why it's important to get regular teeth cleanings.

Olivia Barbosa, registered dental assistant at the Winters Healthcare Foundation's dental office, explained that the

day camp was inspired by children's consistent fascination with dental instruments in the Winters dental clinic.

"We designed it so it would be something fun so kids can learn about the dental field," Barbosa said.

While the camp was meant as a fun learning experience, Barbosa said she was hopeful that it would open kids' minds up to the possibility of a career in the dental industry.

"I think it will help prevent fear of the dentist, and they might actually find they want to pursue this as a career," Barbosa said.

Participant Claire Cervantes said she had fun making impressions and learned many new things about being a dentist.

"I think they have a pretty cool job," Cervantes said.

Dentist Ana Maria Antoniu provided training on how to perform fillings, and the reasons why fillings are needed.

Despite the variation of age, Antoniu said that all the children that participated showed a lot of interest in dentistry, some wanting to stay for both sessions.

"It's great for the field of dentistry, especially in Winters, to educate people and have them learn something that they didn't know about the dentist," Antoniu said.

In addition to hands-on training, each child was given a dentist goodie bag, equipped with a toothbrush, toothpaste, floss, mouthwash, dentist recommended chewing gum, and a real shark's tooth, along with information about sharks teeth.

With such an enthusiastic response from the community, Antoniu said she hopes that the Winters Dental Clinic will continue to host the Dentist For a Day camp, with an even larger group of junior dentists next year.

For more information on the Winters Healthcare Foundation's dental clinic, call 795-2157.



Photo by Julia McCandless

As Javier Bermudez watches the procedure, Dr. Ana Maria Antoniu helps Ensly Barbosa simulate dental work by injecting a hot dog at Winters Healthcare Foundation's "Dentist For a Day Camp," on Friday, July 9. With the help of a dentist, dental assistants and dental hygienists, the group of young attendees got hands-on experience with dental equipment while performing procedures and learning how (and why) to keep their teeth cleaned. For more information about the Winters Healthcare Foundation or the dental clinic, call 795-2157.

RISE, Inc. offers youth programs

By McKAYLA FERREIRA
RISE, Inc.

RISE, Inc. (Rural Innovations in Social Economics) is a non-profit public benefit corporation serving the community to enhance the quality of life and opportunity for self-sufficiency.

RISE has already seen its first series for the summer programs come and go. The programs include Adventure Trails, Skate Crew and Explorer Thursdays. Adventure Trails participants traveled to beautiful creeks, ponds and homesteads, and explored the nature

along these trails. They adventured through places like the UC Davis Arboretum and hiked along several trails near Lake Berryessa.

Skate Crew is a great program for middle school students who enjoy practicing skateboarding and scooters. These students assess themselves based on goals they establish to see how far they can strive. They have glided through the neighboring skate park in Vacaville, soared down the ramps of Fairfield, and dropped into bowls in Sacramento.

Explorer Thursdays provides field trips for

middle school students with the desire to trek to adjacent cities and discover the history, culture and inspiration hidden in the surroundings. These explorers have had remarkable encounters, from movie theatres to scavenger hunts at UC Davis and through historical buildings in Old Sacramento to the scenic bath ruins in San Francisco.

Each program fosters students in building on old and creating new relationships, exploring the concealed treasures of several places all close to home, and rediscovering the endless possibilities with imagi-

nation. RISE, Inc. staff cherish the wonderful experiences they have had in the first series of their summer program and look forward to the second series starting this week.

For more information regarding RISE summer programs and/or enrollment call the RISE, Inc. office located at 312-A Railroad Avenue, 794-6000.

Coaches needed for Winters Junior Warrior program

Coaches are urgently needed for the Winters Junior Warrior program. The football program needs a head coach for the Jr. Pee-Wee team, and assistant coaches are needed for all teams. The cheerleading teams need a head coach for the Mitey Mite and Midget teams, and assistant coaches for the Midget and Jr. Pee Wee teams.

Head coaches must be at least 21 years old and assistants must be at least 18 years old. Coaches do not need to be a parent of a participant. Visit www.jrwarriors.net for more information or to contact a board member.

Other news

~ Cheer camp will take place on Saturday, July 17, at Vacaville

Christian School. All girls should meet at the Jr. Warrior Spirit tent decked out in the team colors. Contact Shelly Baylor, 795-5525, to confirm participation.

~ A free football camp that is open to the public will be hosted by the Winters High School football coaches on Saturday, July 24. Children must be at least 6 years old to participate. Children do not need to register for the Jr. Warrior program to participate.

Anyone with a child who may be interested in playing football but is unsure is invited to come out and spend the day with the high school coaches and get a feel for the game.

~ The Winters Jr. Warriors board is looking for four board mem-

bers. Board members must be at least 18 years old and do not need to have a child in the program to participate on the board. Board member terms will be ending in January. For more information, visit www.jrwarriors.net.

Calendar

~ July 21, football and cheer registration, Pizza Factory, 6-8 p.m.

~ July 22, parent meeting at Winters Community Library meeting room, 6-8 p.m.

~ July 26, first day of practice (practice schedule available online).

~ Aug. 21, jamboree at Vacaville Christian School.

~ Aug. 28, first game.

Program in place to prevent spread of invasive mussels in Lake Berryessa

By **MICHAEL McGRAW**
Bureau of Reclamation

They're small, easily fitting on the surface of a quarter, non-descript as individuals, nightmarish as a group. A phenomenal reproductive rate and an ability to completely overwhelm an environment, making them a lurking menace, a threat that an active imagination could not exaggerate.

From the depths of infested lakes and rivers they spread, covering any suitable surface, leapfrogging (with help), over dry land to invade new aquatic habitats. They change each new home they occupy, chemically altering the water, lowering oxygen levels, generating toxic byproducts such as botulism and causing fish and birds to die. People and the fabrics of modern life; boats, docks and dams, are assaulted by their onslaught and seeming disrespect for all things "permanent".

The quagga and zebra mussels have made it to the Pacific hinterlands, presenting a unique challenge to The Bureau of Reclamation, an agency charged with "Managing Water in the West." In January of 2007, National Park Service volunteer, Wen Balwin, discovered quagga mussels in Lake Mead, the first such report of the invasive mussel in a water body west of the Rocky Mountains.

According to Wen, the mussels could have been introduced into the lake many years before and gone unnoticed because of the quagga's tendency to occupy deep, cold substrates initially. As their population expands, however, they move into shallow waters, becoming more apparent and even out-competing the zebra mussel where the two species occur together.

No one knows exactly when or how the first mussels made it into Lake Mead but they were probably attached to an infested boat or boat trailer coming west during a period of cool moist air when mussels can survive out of the water for a longer time. Since the initial quagga identification in Lake Mead, over 30 water systems in California, Arizona, Nevada and Utah have been impacted, including the Colorado River Aqueduct System.

The large and impressive lakes and reservoirs of Northern California would be the logical next step on the "mussel mayhem march." Surprisingly, the zebra mussel, not the quagga has been the first to appear in the Northern half of the

state, now occupying, since early 2008, a small Reclamation managed reservoir named San Justo near Monterey (the only water body in the far west in which the zebra mussel species occurs).

With the quick spread of the mussels, particularly the quagga, through California in the last couple years, it would seem inevitable that places like Clear Lake, Shasta, Tahoe and Lake Berryessa will be infested soon. "Inevitability," though, is not a term that Reclamation or Lake Berryessa resource managers choose to adopt. In fact, the state of Minnesota, over the last couple of decades, has effectively limited the spread of zebra mussels to just a few lakes outside of the Mississippi River corridor.

Being proactive in prevention helps to maintain the integrity, recreational and resource value of a lake for as long as possible, giving time for solutions to develop, especially in the treatment of infested lakes. On a promising note, a new bio-pesticide derived from a soil bacterium is being tested and showing favorable, "lethal" results controlling the two invasive mussel species.

Berryessa is a beautiful lake, with 165 miles of shoreline, tucked away into the interior folds of the Coast Range, northeast of the San Francisco Bay area. Keeping this valuable fishing, boating, swimming, wildlife, and community water source free of mussels is the aim of a mussel awareness/intervention program which began in the spring of 2008 at Reclamation managed Lake Berryessa.

This program is a "three-pronged" approach entailing: (1) Monitor the lake with plankton nets and suspended substrate plates to detect any presence of mussel larvae; (2) Screen watercraft at marinas and boat launch ramps to help prevent mussel introduction; (3) Educate visitors to the Lake as a means of promoting overall mussel awareness.

Monitoring the lake for veligers (the free-floating, plankton stage of the mussels) and early detection of young individuals attached to substrate has been the task of Natural Resource Specialists, water agencies, and other resource personnel within the Mid-Pacific Region of Reclamation. Specialists head out onto Lake Berryessa throughout the year, checking sampling



Courtesy photo
Park rangers Jackson Collier and Bob Drey will be doing mussel inspections at Capell Launch at Lake Berryessa.

plates, ever hopeful nothing will be detected.

Screening of watercraft for mussels takes place at the concession operated marinas and boat launch ramps. The screening process, as performed by park rangers at Capell Cove Boat Launch, entails:

(1) Talking with watercraft owners to determine where and when they last launched.

(2) Issuing "Weekend Passes" to recreate on Lake Berryessa when it has been determined the watercraft/trailer has not launched into a mussel infested lake within the last 30 days.

(3) Inspecting watercraft/trailers if the initial visitor contact determine possible mussel contamination (i.e. within the 30 day window).

If mussels are present or the ranger suspects a possibility, visitors are directed to contact the California Department of Fish and Game (DFG), from whom they'll receive information on decontamination procedures. Visitors wishing to launch a suspected vessel will not be permitted to launch. Reclamation staff will track visitor contacts and the number of "Weekend Passes" issued on a chart which includes watercraft CF number, information on whether an inspection was performed and, if so, whether the vessel passed. This information, as well as a detailed inspection form, is archived within Reclamation and shared with California

Department of Fish and Game.

Educating the public on the mussel threat through signage, brochures, illustrative displays and direct contact is actively pursued at Lake Berryessa. For example, concurrent with watercraft screening, park rangers engage visitors, emphasizing the serious nature of the threat and the actions needed to safeguard the lake. The 2008 summer seasonal ranger, Tina Schuett, dramatically pointed out one troubling thought and reason to keep the lake mussel free: "In my home state of Wisconsin, you can't walk the beaches of some lakes because razor sharp mussel fragments litter the shoreline, slicing both the feet of people and dogs."

Through monitoring, screening and education the Bureau of Reclamation at Lake Berryessa is striving to stay ahead of the mussel mayhem. For more information about the mussel awareness/intervention program at Lake Berryessa, visit : www.usbr.gov/mp/ccao/berryessa/nat-res-mgmt-act.html or call Juliet Gifford, (707) 966-2111, extension 103, or jgifford@usbr.gov.

For more information on Quagga and Zebra mussels, including a list of infested lakes, visit the California Department of Fish and Game website at: <http://www.dfg.ca.gov/inv/asives/quaggamussel/>.

Changes in rabies prevention program announced

Effective immediately, animal bites incurred in Yolo County should be reported to the Animal Services section of the Yolo County Sheriff's Department, 668-5287. Animal Services will investigate all initial reports. Cases with possible human exposure to rabies will be referred to the Yolo County Health Department for additional medical investigation.

A county rabies prevention program is required by the California Department of Public Health. Rabies can be transmitted to humans through exposure to animals infected with the virus. Because of the risk to human health, as well as the potential for rabies to exist in wild animals and pets, this program requires a coordinated effort between Animal Services and the Health Department. Previously, the Health Department administered the program.

In an effort to streamline the program, Animal Services will be taking a lead role in the program which includes animal bite investigation, animal quarantine and bat colony infestation complaints. The Health Department's role will focus on providing medical advice to those potentially exposed to rabies and providing laboratory services for rabies testing.

"With the tough financial times, Yolo County has been looking for ways to

become more efficient while still maintaining adequate levels of service," said Yolo County Board of Supervisors Chairwoman, Helen Thomson. "The Rabies Prevention Program is one of the many programs we are trying to simplify in an effort to maximize our limited resources."

"Rabies is a disease that is 100 percent fatal, but can be 100 percent preventable if people do not come in contact with rabid animals, or if they do, treatment is started within a few days of contact with the animal," said Dr. Joseph Iser, Yolo County Health Officer/Director. "Rabies prevention starts with the animal owner. The more dogs and cats are vaccinated for rabies, the fewer the opportunities for people to become infected."

Bats and other wild animals, including skunks and foxes in this area are known to carry the rabies virus. Wild animals should not be kept as pets. Animals that appear sick, are showing abnormal behaviors or are dead should not be handled. It is also very important to report any contact or bites from warm-blooded animals as soon as possible after the incident. To report animal bites, or for more information, contact the Animal Services division of the Yolo County Sheriff's Department, 668-5287.

Features

Enzyme deficiency can cause emphysema

DEAR DR. DONOHUE: I would like to call your attention to a question you answered about emphysema. I think you should have mentioned alpha-1 antitrypsin deficiency. It would have been a good opportunity to bring this condition to the public's attention. I have it and was diagnosed at age 53, after having been misdiagnosed for eight years. I have been on ProLastin, which has stabilized my lung capacity. While more doctors are aware of this condition, there are some who are not. -- D.C.

ANSWER: Lungs come equipped with their own janitorial crew. They inhale lots of foreign debris, and they create trash in their work of transferring oxygen into the blood and carbon dioxide out of it. The cleanup crew is trypsin, an enzyme. Trypsin, however, can go overboard, so another enzyme, called alpha-1 antitrypsin, stops it from overdoing the trash collection and destroying air sacs in the process. Emphysema is destruction of those delicate structures. Cigarette smoking is the No. 1 cause of emphysema, also known as one of the chronic obstructive pulmonary diseases, COPD.

Symptoms of emphysema, regardless of cause, include shortness of breath with little physical exertion, cough and increased sputum production. The delay in your diagnosis of alpha-1 antitrypsin deficiency is par for the course. On average, the diagnosis takes eight years from the time a person first visits a doctor for emphysema symptoms. This illness should come to mind when a relatively young person or a person who has never smoked develops emphysema. A simple blood test for the level of the antitrypsin enzyme can secure the diagnosis. Treatment is the same as treatment for smoking-caused emphysema. However, there is an additional treatment for alpha-1 antitrypsin deficiency emphysema. Intravenous infusions of the missing enzymes can benefit those with the deficiency. Your ProLastin is one such product. The booklet on emphy-



sema and chronic bronchitis, the two chronic obstructive pulmonary diseases, discusses the more-common variety in detail. To obtain a copy, write: Dr. Donohue -- No. 601W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.75 U.S./\$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery. ***

DEAR DR. DONOHUE: I am inquiring about sebaceous cysts. During the past 20 years, I have had between eight and 10 of them on my back. They were removed surgically. My former family doctor, now retired, said there may be some prescription pills that can stop them from returning. I would like some insight from you. -- W.M.

ANSWER: Sebaceous cysts are also known as epidermal cysts. Often found on the back, they're firm, round lumps that grow slowly. They can be pushed a little from side to side. Their cause is unknown. If they're inflamed or painful, they can be cut out without a lot of trouble, usually in the doctor's office. The cyst wall must be taken too, or the cyst will return. Simply draining one of the pasty, greasy material doesn't end the problem.

Everyone would love to know of a pill that prevents or gets rid of them. I don't know of one, and I don't believe there is one. ***

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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Without my wife, it's a complicated life

Why does everything have to be so difficult and complicated. Like every morning, I plugged in the coffee pot. It began to make noise: Gurgle, gurgle and gurgle. After a short nap, I scratched, and walked to the percolator. I grabbed the cleanest dirty cup and began to pour the sweet liquid, hoping to get most of it actually into the cup.

The coffee smelled oh so good. It was hot. But there was only clear, hot water in the cup. Ya see what I mean? It's as if I have to be a detective all the time.

I thought to myself, "I wonder if it's going to get hot today? If it is, my friend Steve and I will have to go rock hunting when it's early and still cool or the snakes will be out."

Steve is a funny guy when there are snakes around. He likes to place his walking stick under a rattlesnake and flick it in the air towards me. This always starts a full-fledged rock fight. When rock fighting, I like to think big. Steve, however is like that Wallace guy in Braveheart, and thinks small and accurate. My big rocks rarely strike the target but Steve seems to have a laser sight on all of his little rocks. He cheats too!

Holding one's hands in the air is supposed to signify the end of the rock fight. I'm assuming that by saying, "the end of the rock fight," there should be no further rock throwing, right? Not for Steve! He'll wait a few minutes and then knock my hat off with one of his super accurate rock rockets. He likes to hit me on the knuckles too.

OK, back to the coffee detective. Long story short, I forgot to grind the coffee beans. There were whole beans in the little basket thingy. I had to do the whole process all over again, from the start. I was still scratching myself when I noticed there wasn't a single clean spoon anywhere to be found. No forks either. They were all dirty, in the sink, with food still on them. Every counter was stacked with dirty dishes.

I like to sit on the back steps to drink my coffee. There were stacks of dirty clothes that I had to step over to make it to the steps. I was going to throw a load or two in the wash but there was already a load in the



washer from a couple of days ago and it smelled sour. I thought, "OK forget that idea."

At about this point in time I was thinking that I probably should take a pill or something. I had promised my wife Therese that I wouldn't cut myself, so that was out. Oh yeah, I forgot to tell you that my wife is on an excursion with her five sisters in Ireland. They will be gone for three weeks. They left two days ago. Therese and I have rarely been apart for very long except for my "vacations." (Jail, some people call it.)

Jail is a trip! You can sit at a table and inevitably some big jerk will want some of your food. They say, "Are you gonna eat that?" My answer is always the same: "Don don't like you!" It seems that if you talk about yourself in third person, most people will leave you alone, even if you are incarcerated. Another funny thing about jail is the fact that I was the only innocent person in the whole place. The guards seemed to sense this and gave me the run of the place. Either that or they were afraid I'd tell the world that their boss' name is Bart Simpson.

Therese asked me if I needed a "to do" list before she left. I told her, "Heck no." I could have been an advisor to President Obama — why would I need something like a "to do" list! If you look at housework like taking prisoners in a war, there is a specific strategy that can be used to complete the task required and it's quite easy to follow. It's called "box-barrage."

Say you have some Germans or dirty laundry — whatever. At the proper time, an air strike or artillery barrage aimed at your target will provide a good reason for them to take cover. At another point in time, the target shifts to the left and right flank and around to their rear, thus making escape impossible. Works every time. Stinkin laundry!

Anyway, like I said before, I'm rarely separated from my wife, and I don't need a "to-do" list.



I already had two of the things she had asked me to do taken care of anyway. I cleaned and restacked the bookshelves and checked the plants to see if they needed water. Amazingly, there was some difficulty there too. Why is everything so hard!

Putting the books back in place, I found that I had lost some of Therese's books. And the plants didn't need water. They were already dead. I swear, they must have started dying before my wife left because it's only been two days since she left. Man, why does everything have to be so hard for me. I can't even cross the street without some jerk trying to run me over. I always yell at them, "Don don't like that!"

I could go on and on. The point of this whole sordid life thingy for me is this: I don't like it when my wife is not with me. I want her to be happy and vacation with her sisters. I want her to live life to the fullest and she can't do that with a guy who doesn't like, well, just about everything. I can't believe how much I miss her when she isn't here.

It's like the song says: "Baby come to me, let me put my arms around you."

This was meant to be and I'm oh so glad I found you.

Need you everyday, gotta have your love around me.

Baby, always stay, cause I can't go back to living without you!"

I can't go back to living without you, so come home safe Therese. I am waiting.

(Read more of Donald Sanders' columns online at www.ipinion.me)

Pleased to meet you



Name: Jessica Barbosa
Occupation: Co-owner of Winters Auto & Tow, along with her husband, Danny.
Hobby: Swimming
What's best about living in Winters: "It's a great community for kids."
Fun fact: Is originally from southern Louisiana.

King Crossword
Answers
Solution time: 27 mins.

WAS	MEL	BLIMP
AVE	THE	HARE
BIT	CANDY	CANE
PAT	ASIAN	
SNOB	ENC	BOOB
HAD	SHANDY	
MANON	ANODE	
BRANDY	AWN	
APEX	EBB	SOLO
PAIRS	POW	
BANDY	HOCK	ILL
INAIR	TAI	URN
PAYEE	ACD	MEG

King Crossword

ACROSS

- Existed
- Brooks or Gibson
- Goodyear craft
- "Hall"
- Dander
- More commonplace
- Perch
- Christmas treat
- Vanna's cohort
- Oriental
- Lippy one
- Conclusion
- Nitwit
- "Awesome"
- Stame's
- Tristram
- Maggot opera
- Battery terminal
- Sniffer contents
- Plant bristle
- Pinnacle
- Recede
- Without help
- Skating competition
- "Wham!"
- New Jersey peninsula
- Mid-afternoon hour
- "... bombs bursting —"
- Clavell's

DOWN

- Nasty stingers
- Birdlike
- Scusable
- Isinglass
- Off the board
- Red Square notable
- /saw/
- Vanish ingredient
- 401(k)
- alternative
- Chaps
- Grand —
- N.S.
- Mid-June honoree
- NYC borough
- Wedding announcement
- Lennon's lady
- Peculiar
- "See ya"
- Moreover
- Hem's partner
- Big deg.
- Big name in Dadaism
- Dundee
- Daniel
- "Why not?"
- Overseas
- Flora and fauna
- Poppy derivative
- France's longest river
- Due (to)
- Combustible heap
- Pallet
- Try the tea
- Literary collection
- Unfavorable vote
- Conk out

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HOCUS-FOCUS BY HENRY BOLTIHOFF

Find at least six differences in details between panels.

Differences: 1. Ladder is taller. 2. Mom's collar is black. 3. Extra brick on chimney. 4. Window is different. 5. Shrub has been added. 6. Boy has no freckles.

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Nuestras Noticias

Nuestros políticos



JUAN FERNANDEZ
EVENTOS Y
COMENTARIOS
HISPANOS

Esperanzas y Naufragios

Las esperanzas y naufragios de una reforma migratoria están más claros que nunca. Obama está a favor de la reforma y ha hecho un llamado a demócratas y republicanos para que ofrezcan una oportunidad a los 11 millones de indocumentados que viven en Estados Unidos de legalizar su situación, y para que aquéllos que abogan por más seguridad en las fronteras, también queden satisfechos. El lado oscuro del proceso es que el propio presidente reconoce, una vez más, que no hay suficiente apoyo en ambas cámaras del Congreso para que la reforma se apruebe pronto, así que el presidente tampoco precisó una fecha para comenzar un nuevo debate sobre la reforma migratoria.

Los líderes del movimiento pro-inmigrante, por supuesto, agradecen el apoyo del presidente a la reforma, pero muchos de ellos creen que el discurso de Obama estuvo encaminado, principalmente, a dejar claro ante la comunidad latina su posición sobre el tema, a sólo cuatro meses de las elecciones de medio período, que se realizarán en noviembre próximo. Obama recibió el 66 por ciento del voto latino en 2008, especialmente por la promesa de llevar a cabo una reforma migratoria. Un año y medio después de su llegada a la Casa Blanca, ni siquiera se ha debatido la reforma, existe la sensación de que se intensificaron las redadas y las deportaciones, y se fortaleció la presencia federal en la frontera con México. Medidas similares a las de Arizona se están discutiendo en 17 estados actualmente, y los proyectos migratorios debatidos a nivel estatal aumentaron de 520 en 2008 a mil 500 en 2009.

Parece ser que el presunto apoyo masivo de los demócratas a la reforma migratoria, y el rechazo casi total de los republicanos a la misma, es más una consigna de campaña que una realidad en lo que se refiere al partido del presidente. Los demócratas son mayoría suficiente en ambas cámaras del Congreso y tienen el poder ejecutivo en sus manos. Una reforma mucho más controversial, con rechazo de la mayoría de la opinión pública en todas las encuestas, la reforma de salud, se aprobó con apenas siete votos de diferencia en la Cámara de Representantes, en marzo pasado. En aquel debate, con resultado de 219 votos a favor y 212 en contra, 34 demócratas y todos los republicanos se opusieron a la reforma de salud. ¿No podría suceder algo igual con la reforma migratoria?

El único punto verdaderamente realista del discurso de Obama fue el de explicar que la deportación de 11 millones de indocumentados "es logísticamente imposible y atrozmente costosa". Toda persona en su sano juicio sabe eso, pero es importante escucharlo de boca del presidente de Estados Unidos. Aquéllos que culpan a los indocumentados de ciertos crímenes ocurridos en la frontera, deben saber que esos crímenes, que deben ser castigados, representan un porcentaje mínimo de todos los delitos que sufre la sociedad norteamericana, incluida la comunidad inmigrante. Que nadie está considerando una reforma migratoria para amparar a criminales, sino a familias que han llegado a este país con un sueño idéntico al de los abuelos y bisabuelos de muchos de los que hoy se oponen a la reforma.

Para los políticos de este país, el pueblo es sólo un conjunto de votos necesarios para alcanzar el poder. Para lograr esos votos, nuestros políticos investigan qué es lo que la gente quiere, y eso ofrecen aunque estén más que seguros de que no tienen forma de cumplir sus promesas. Investigan que es lo que a esas "voto-personas" les gusta escuchar, para inspirarse en las tribunas cual tenores en óperas baratas, que siempre terminan como las obras de Shakespeare, en tragedias.

Estados Unidos es el país que más droga consume en el mundo, representando el mayor negocio mejor pagado para los traficantes de ese flagelo, y el que menos acciones serias toma al respecto, si se compara lo que se invierte en defensa con lo que se invierte en combatir el narcotráfico en el país. A nuestros políticos no les interesan el medio ambiente, ni el sida, porque los que quieren

proteger al mundo del calentamiento global, son los ambientalistas, y estos son muy pocos, y apoyándolos se pierde el apoyo de sectores industriales poderosos, que aportan mucho dinero con que conseguir más votos; porque los enfermos de Sida no tienen fuerzas para ponerse de pie e ir a votar; así mismo los que consumen drogas, son fácilmente manejables para que voten por ellos, sobre todo, si se les ofrecen las posibilidades de obtener recursos provenientes de los programas de ayuda que ellos utilizan muchas veces para sostener sus adicciones.

A los políticos de este país no les interesa que haya un orden internacional que establezca muros de contención para evitar las guerras, porque estas son los mecanismos necesarios para las grandes empresas que proporcionan recursos para las campañas, obtener materia prima de otros países, o convertir a estos en con-

sumidores penitentes de lo que ellas producen. Por eso este país, invierte billones de dólares en armas, cuando el mundo clama a grito que éstas ya no debían existir.

A nuestros políticos no les preocupan los soldados norteamericanos muertos que han sido traídos desde Irak, en ataúdes envueltos en banderas. Sólo les preocupa que los vean y que el pueblo indignado se oponga a la guerra.

Muchos norteamericanos, sino la mayoría, piensan que nuestros políticos hacen lo mejor por el pueblo norteamericano. Si nuestros políticos gobernaran para servir realmente al pueblo norteamericano, no utilizaran el dinero que paga el pueblo de impuestos para enviar a nuestros jóvenes adolescentes a matar y a morir en guerras en tierras extranjeras. En conflictos en los que no está envuelta de ninguna manera la defensa del país y mucho menos el patriotismo.

No se negaran a proteger la vida del planeta, con tal de defender los intereses de las compañías que financian sus campañas. Actuarían en función de lo que beneficia a todos los habitantes del país, no a determinados grupos de poder.

Habrían adoptado las medidas pertinentes en los años 80 para evitar la epidemia del Sida. En aquellos años, durante el gobierno de Ronald Reagan, el gobierno no obligó a los bancos de sangre a examinar o eliminar sus recursos almacenados para evitar el contagio. Si realmente sirvieran al pueblo que los elige, no mintieran como lo hacen mediante el manejo de los medios de comunicación, para justificar sus acciones en favor de ellos mismos y en detrimento del país. Si a nuestros políticos no les preocupa el propio pueblo americano ¿Les puede preocupar lo que ocurra a la gente de otros países?

El mundo digital de los jóvenes

Vivimos en un mundo digital. Tal vez usted recuerde haber comprado casetes y no CDs, y computadoras del tamaño de un escritorio. Hoy día, muchos jóvenes adquieren su música 'en línea', no conciben la vida sin su laptop y nunca han visto un teléfono de discado. Los jóvenes son los más adeptos usuarios de la tecnología. Desde música digital, iPods, teléfonos celulares o consolas de videojuegos, estos aparatos forman parte integral de su mundo. Por ello, no es sorpresa que el mundo corporativo este alerta a sus gustos y diseñe campañas de mercadeo especialmente concebidas para captar la atención de los jóvenes e invitarlos a que prueben todos los aparatos existentes.

Pero, aunque sus hijos aparenten ser expertos en la arena digital, siempre necesitan de su ayuda para decodificar el mundo a su alrededor ya que con sólo hacer clic en el

contenido equivocado, pueden ponerse en peligro. Según estudios, el 55 por ciento de los usuarios de Internet dicen haber visto avisos o publicidad en línea que promueven el uso de drogas. En las redes sociales, los jóvenes pueden aprender mucho sobre drogas y otros comportamientos de alto riesgo a través de las bitácoras o blogs, chat rooms y tableros de mensajes.

Un tercio de los jóvenes entre 13 y 17 años de edad y casi la mitad de los jóvenes entre 16 y 17 años dicen que sus padres o guardianes saben muy poco o nada de lo que ellos hacen en Internet. ¿Qué pueden hacer los padres? Usted puede ayudar a sus hijos a desarrollar su pensamiento crítico sobre el mundo digital. Teniendo en cuenta su edad y nivel de madurez, intente estos pasos:

Visite el sitio personal de sus hijos en MySpace, Xanga, Facebook en compañía de el-

los y converse sobre el contenido. Lea su perfil, vea las fotos y videos y revise las bitácoras desde la perspectiva de una tercera persona que nos les conozca y pregúnteles a sus hijos como creen que un extraño percibiría esa información. Recuerde que el Internet es un lugar público y que sus maestros de ahora o del futuro, oficiales de admisión en la universidad, posibles jefes en un trabajo y personas extrañas pueden acceder a esta página y formar una opinión de ellos.

Los teléfonos celulares pueden facilitar algunos comportamientos de alto riesgo. Pídale a sus hijos revisar la lista de contactos que llevan en su celular y asegúrese de que reconoce los nombres. Si no sabe cómo hacer esto, llame a su proveedor de servicio o consulte el manual de operación del aparato. Además, converse con sus hijos sobre los peligros de enviar y corre-

sponder a mensajes de texto por parte de extraños. Pídale que borre cualquier mensaje dudoso inmediatamente que lo reciba y sin leerlo.

Si usted no tiene una cuenta de IM o mensajes instantáneos, pídale a su hijo que le ayude a establecer una. Háblele sobre quiénes están incluidos en su lista de 'amigos'. Si nota que hay algunos alias desconocidos o que su hijo no puede identificar, pídale que los borre de inmediato. Además, háblele sobre los acrónimos y símbolos que se usan para comunicarse por este medio y pídale entender su significado. Esta conversación puede abrir la puerta para hablar sobre otros temas que le puedan estar afectando a sus hijos. Una vez tenga su cuenta propia, envíele un mensaje a sus hijos de vez en cuando para que sepan que usted también está al día y entiende cómo comunicarse de este modo.

Sobrepeso infantil

Estudios han concluido que la cantidad de tiempo que los niños pasan viendo la televisión tiene una relación directa con su peso, siendo mayor la incidencia de obesidad entre los niños que pasan más horas frente a la tele. Junto con la falta de actividad física y una mala alimentación, la televisión contribuye al problema del sobrepeso y la obesidad entre niños y adolescentes. En promedio, los niños en este país pasan diariamente más de cuatro horas y media frente a una pantalla, ya sea viendo televisión, videos, videojuegos o la computadora.

Los niños que pasaron más de cuatro horas frente a la televisión tenían más grasa corporal que aquellos que la vieron por menos de dos horas, los niños a quienes no se les permitía ver la televisión más de una hora al día tenían una incidencia mucho menor de sobrepeso que aquellos que miraban la televisión por más tiempo. Se encontró que era menos probable que los niños que veían más televisión a diario participaran en actividades

físicas. Esta falta de actividad, aunada a una mala alimentación y al incremento en consumo de los medios masivos, contribuye a problemas de salud para los niños, tales como niveles altos de colesterol y de presión arterial, diabetes, enfermedad de la vesícula e interrupción del ritmo respiratorio al dormir.

Una de las mejores maneras de combatir la inactividad radica en vigilar los hábitos de diversión de los niños. Comience dando un buen ejemplo a sus hijos y vea menos televisión. Los niños cuyos padres ven más de dos horas diarias de televisión pasan mucho más tiempo entretenidos con la televisión, el Internet, los videos y los videojuegos. Usted puede encaminar bien a sus hijos para que disfruten de una vida activa y saludable poniendo en práctica las recomendaciones que brinda la Academia Estadounidense de Pediatría: No tenga un televisor en las habitaciones de los niños. Quienes tienen televisor en su recámara la ven en promedio 4.6 horas más cada semana y son más

¿Se va casar?

¿Dio a luz a un bebé?

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para mas information!

POLICE

Continued from page A-2

audible alarm. It was determined the alarm was activated accidentally.
~ 10:20 a.m., from an unknown date to July 9, victim's identity was stolen and used to manipulate credit.
~ 11:33 a.m., 200 block of Toyon Lane, suspect allegedly violated a restraining order by attempting to contact victim.
~ 7:37 p.m., 400 block of Niemann Street, an officer lo-

cated an open door to the High School Agriculture Site. The building was cleared and the door secured.
~ 10-10:30 p.m., 100 block of East Grant Avenue, a bottle of vodka was stolen from a local business. Loss: \$17.
July 10
~ 9:58 a.m., State Route 128 west of Pardesha Store, two officers assisted California Highway Patrol with a motorcycle accident.
July 11
~ 12:19 a.m., a 14-

year-old Winters juvenile was arrested for possessing a dangerous weapon (billy club) and being intoxicated in public and unable to care for his safety or the safety of others. The juvenile was booked at the Winters Police Department and released to a guardian on a notice to appear.
July 12
~ 8:31 a.m., Betty Court, a vehicle was towed from the city street for having expired vehicle registration in excess of six months.

Puzzles4Kids by Helene Hovanec

CRISSCROSS - S, T, U, OR V WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters
TOT
USE

4 Letters
SAVE
SLOT
THAT
UNIT
VAST
VENT

5 Letters
SHOUT
STUFF
TIRED
UNDER
VOTES

6 Letters
TENANT
TENDER
THRUST

For more puzzle fun, go to www.puzzles4kids.com

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STRANGE BUT TRUE
By Samantha Weaver

- It was famed 20th-century Canadian-American economist John Kenneth Galbraith who made the following sage observation: "It is a far, far better thing to have a firm anchor in nonsense than to put out on the troubled sea of thought."
- In Switzerland, it's considered to be bad luck to tell anyone your baby's name before he or she is born.
- It's been estimated that, around the world, 16 million tons of rain fall every second.
- Do you ever yawn just because you saw someone else do it? It seems that humans are the only animals so affected.
- If you've spent a great deal of time in the Scottish highlands, you might be familiar with the term "sgìomlaireachd." Evidently, the habit of dropping in at mealtimes is common enough there to require a word to describe it.
- Statisticians claim that the more money a man makes, the more likely he is to cheat on his spouse.
- Mascara was invented by a chemist named T.L. Williams, who founded the cosmetics company Maybelline. The original eyelash enhancer was composed of coal dust and Vaseline.
- Before the iconic reclining armchair was dubbed "La-Z-Boy," the names "Sit-N-Snooze," "Slack Back" and "Comfort Carrier" were considered.
- The first jugglers who were recorded in the history books were Egyptian. They also were women.
- Deaf people who suffer from Tourette's syndrome swear in sign language.
- Those who study such things say that automatic teller machines are three times more likely to be robbed between 6 and 9 p.m. than at any other time of day.

Thought for the Day: "If you're not scared or angry at the thought of a human brain being controlled remotely, then it could be this prototype of mine is finally starting to work." — John Alejandro King

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U E N E
T H R U S T
N I V O T E S
T H A T A A
O S A V
T E N A N T U S E

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<p>Yard sale sat 7/17 1003 Mermod Place 8am to noon</p> <hr/> <p>Yard Sale, Sat., July 17, 8:30 to 1 p.m. 1004 Kennedy Drive.</p> <hr/> <p>1109 McArthur St., Sat. 7/17, 8 a.m. - 3 p.m., 5 families. Dryer, dresser, furniture, many clothes, misc good stuff.</p> <hr/> <p>Estate Sale</p> <p>FAMILY ESTATE SALE 5pc. Oak B/R set by Thomasville incl. CA King bed, \$2200. 6pc. L/R set by Thomasville, \$2500. F/R set incl. sofa bed, w/matching recliner & nook tbls., \$1500. Oak computer desk w/Apple Mini Mac computer & printer, \$500. Misc. furn., lamps, desk, etc. Atomic Skier II, series 170m, \$200. All obo. Call Bob: (707)428-5616 24-4tp</p> <hr/> <p>Misc. For Sale</p> <p>Large window air conditioner, like new, \$300, 795-2146. 20-tfn</p> <hr/> <p>Pet Sitting</p> <p>Granny's Pet Sitting Service Care for Birds, Cats, Dogs & Fish, also Plant Care, Taxi Service to Vet Appointments. TLC for your pet in your home, bonded and insured. Call for more info. 795-5855.</p>	<p>Cat looking for home. 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Full Satisfaction Guaranteed</p> <p>(530)219-4067 STYERS CONSTRUCTION HOME REPAIR AND REMODELING ~Bathroom Remodels ~Doors ~Windows ~Siding Repairs ~Dryrot Pest Reports ~Drywall and Texturing ~Decks ~Patio Covers ~Fences and Much More. Lic#693168</p>	<p>'95 S-10 Chevy Truck, 5 speed, 4 x 4, V-6. New parts, smogged, clean title, \$2,100, obo. (707) 326-5493. 24-1tp</p> <hr/> <p>'99 Chrysler 300 Runs exc., Stereo \$1950 obo #6670 (707)469-8044 24-4tp</p> <hr/> <p>'01 VW Cabrio GLS 5-spd., A/C, all power, 154k mi., soft top, very clean, smogged, \$3600 obo #540118 DLR (707)280-6816, 628-6966 22-4tp</p> <hr/> <p>'96 Honda Accord LX Auto, 4-dr., A/C, all power, 4-cyl., clean title, smog. \$2,900 obo #015185 DLR (707)280-6816 22-4tp</p> <hr/> <p>Clean 1978 Mercedes Benz convertible. 450SL Coupe. Beautiful red leather interior, am/fm, CD, power brakes & windows, A/C, auto. New black soft top and matching color original hard top. Runs great, must sell. Always garaged and babied by grandma. This luxury car is priced to move and won't last long! \$11,500. (707)429-4388 22-4tp</p> <hr/> <p>CASH PAID Cars, Trucks, RVs. Running or not. No smog, reg. ok. Can tow. 707-374-3179 21-2tp</p> <hr/> <p>'91 Ford Explorer Runs excellent! \$950 obo #3135 (707)469-8044 21-4tp</p> <hr/> <p>'96 Nissan Altima 4 dr., auto \$850 obo #1519 (707)469-8044 21-4tp</p> <hr/> <p>'97 Thunderbird Runs GREAT \$700 obo #2593 (707)469-8044 21-4tp</p> <hr/> <p>'83 Chevy S-10 Pickup Auto, Runs Exc. \$1200 obo #0520 (707)469-8044 21-4tp</p> <hr/> <p>Have something for sale for less than \$100? Did you know that subscribers can run an ad for FREE 795-4551 for one week?</p>	<p>TENDER LOVING DAYCARE Enroll Now for Summer! ALL Ages Limited Space Field Trips/Swimming Lic# 573607597 15+ years Call Dawn 795-3302 35-tfn</p> <hr/> <p>I have 3 openings available, full or part time. A safe, clean environment with many fun summer activities. Call me to set up an appointment. 795-5058 Lic#573615159 23-4tp</p> <hr/> <p>Winslow's Lil Angel Academy Has a FT opening for ages 0-5, for days of fun, learning, and loving care. My program includes: a daily preschool program, crafts, storytelling, and much more! I can also do a.m. Kinder drop off and pick up. I serve a healthy breakfast, lunch, and 2 snacks. I am certified in CPR and child care health and safety. Call for more information!! Janelle at 530-795-3195 or 707-761-7399 License #573611417 30-20tp</p>	<p>3 bedroom, 2 bath home in quiet Winters neighborhood. Large yard with fruit trees. Close to schools. Avail. 8-15. \$1,550 a mo. includes garbage & water. Se Habla Español (530) 902-3879. 24-2tp</p> <hr/> <p>2 bed, 1 bath, 1 car garage, \$900/mo + deposit. 530 795-9557. 24-2tp</p> <hr/> <p>Avail. 8-1-10, in Winters, 3 bed, 2 bath, 2 car garage, washer dryer hook-ups. Large back yard with 10'x12' storage shed. Water, sewer, garbage included. \$1,500 per month + deposit. (530) 795-3230. 23-4-tp</p> <hr/> <p>Lawn Service</p> <p>David and Derek's Lawn and Garden Maintenance. 315-3631 or 554-5349. 22-4tcc</p>	<p>Retail Space Available Looking to expand your business? Need a larger space? Come check out our recently renovated store fronts at the Main Street Plaza. Store front parking is available for your customers. Contact John at 530 902-7962 or David at 530 681-1106. 52-tfn</p>	<p>\$500 room in 3 bed/2 bath home. Share house with one other person. Furnished or unfurnished. No smoking - no pet. \$200 deposit. 795-4631. 24-2tp</p> <hr/> <p>Real Estate</p> <p>12,000sq. ft. commercial building in the corner of First and Main Street. (#41, #43, #47) Call John Pickerel at (530)304-7634. 3-tfn</p>	<p>Shared office space in Winters, alley access behind the Opera House. Approximately 100 sq. ft. Needs one more person, for a total of two. Room for a desk and filing cabinets. Approximately 200 sq. ft. total space. \$100 per month plus share of PG&E bill. 795-4551, ask for Charley.</p>	<div> <div>  <p>JBN <i>Electrical Construction</i> Lic. 547685 - Bond 861703</p> <p>JOSH NELSON Owner Office 7700-5388</p> </div> <div> <p>AGRICULTURE INDUSTRIAL COMMERCIAL RESIDENTIAL</p> <p>P.O. Box 639 Winters, CA 95694 Mobile 7700-6818</p> </div> </div>	

MOMENTS IN TIME

The History Channel

- On July 30, 1619, in Jamestown, Va., the first elected legislative assembly in the New World — the House of Burgesses — convenes in the choir of the town's church. Its first law required tobacco to be sold for at least three shillings per pound. Other laws included prohibitions against gambling, drunkenness and idleness. Sabbath observance was made mandatory.
- On July 29, 1909, newly formed General Motors Corporation acquires the luxury automaker Cadillac Automobile Company for \$4.5 million. In 1954, Cadillac was the first automaker to provide power steering and automatic windshield washers as standard equipment.
- On July 26, 1931, a swarm of grasshoppers descends on crops throughout the American heartland, devastating millions of acres, especially in Iowa, Nebraska and South Dakota. The swarm was said to be so thick that it blocked out the sun and one could shovel the grasshoppers with a scoop.
- On July 28, 1945, a United States B-25 Mitchell bomber crashes into the Empire State Building, killing 14 people. The freak accident was caused by heavy fog. The bomber was flying low, seeking better visibility, when it came upon the Chrysler Building. The plane swerved to avoid the building, but the move sent it straight into the north side of the Empire State Building, near the 79th floor.
- On July 31, 1964, Ranger 7, an unmanned U.S. lunar probe, takes the first close-up images of the moon — 4,308 in total. The images were 1,000 times clearer than anything ever seen through Earth-bound telescopes.
- Aug 1, 1972, future President George Walker Bush is suspended from flying with the Texas Air National Guard for missing an annual medical examination. Bush was given an honorable discharge from the Air National Guard in 1973 to attend Harvard Business School.
- On July 27, 1981, Adam John Walsh, age 6, is abducted from a mall in Hollywood, Fla., and later found murdered. Adam's father, John Walsh, became a leading victims' rights activist and host of the long-running television show "America's Most Wanted." (c) 2010 King Features Synd., Inc.

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Weekly SUDOKU

by Linda Hittle

Make a number in the empty squares in such a way that each row, column, and 3x3 square contains each number from 1 to 9. No number is repeated in any row, column, or 3x3 square.

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NASCAR THIS WEEK

By Monte Dutton

Bobby the Iron Man

Bobby Labonte, who won the (then) Winston Cup championship a decade ago, is now 31st in the Sprint Cup standings. Labonte left TRG Motorsports and finished 16th at Daytona in a Chevy entered by James Finch. The future is murky.

What's a nice guy like Labonte doing in a place like this? He's a champion (both the Cup and what is now Nationwide). He's even been a runner-up in both series. Labonte has won 21 Cup races and 26 poles. He's 46 years old.

"Our car was good for about 20 laps," he said after the Coke Zero 400. "We kept track position for a while, then we got a 'wave-around' (back on the lead lap). We got involved in 'the Big One' (a 20-car pile-up), and that was unfortunate for the team. It took out a lot of good cars, but we were lucky enough to not have too bad a damage to keep us from running strong at the end. All in all, it was OK."

Labonte will once again be in the No. 09 Chevrolet in Saturday night's Life-Lock.com 400 at Chicagoland Speedway.

After 11 seasons at Joe Gibbs Racing, Labonte moved to Petty Enterprises for three years, finishing 21st, 18th and 21st in the Cup point standings from 2006 through 2008. In 2009, he began the season with the Hall of Fame team, then moved to Kevin Buckler's TRG team late in the year.

Most would consider a victory in the 2000 Brickyard 400 at Indianapolis Motor Speedway as the single biggest victory of Labonte's career. He has won six times at Atlanta Motor Speedway during his career, coupled with three victories each at Michigan and Pocono.

Labonte was the Grand Marshal of the Coke Zero 400 and carried Coke Zero sponsorship in the race, which marked the 600th start of his Cup career. He is 20th all-time in that category, which is led by Richard Petty (1,185 races).

"Wow, that's a lot of racing," said Labonte. "It's just an honor and a privilege to be able to have that many races under my belt. There have been so many people who have helped me get to this point in my career.

"I'm not racing just to hit milestones or anything like that. Like I've said before, I want to win and be competitive. Hitting 600 starts, it's great, and hopefully, there will be a lot more, too."

Monte Dutton has covered motorsports for The Gaston (N.C.) Gazette since 1993. He was named writer of the year by the National Motorsports Press Association in 2008. His blog NASCAR This Week (http://nascar.tbma.com) features all of his reporting on racing, roots music and life on the road. E-mail Monte at nascar_thisweek@yahoo.com.

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~ 63 acres of land just west of Winters. Take a look at www.bigelowhills.com

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Help Wanted

Help wanted: Part time reporter for the Winters Express. Must be available to work evenings one night per week, and other stories as assigned. Must have excellent spelling and grammar skills. Experience with news reporting preferred. Proficiency in Microsoft Word preferred. Send resume and three writing samples to: debra@wintersexpress.com. Position open until filled.

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Senator Dianne Feinstein, 331 Hart Senate Office Building, Washington, D.C. 20510; (202) 224-3841; fax: (202) 228-3954; visit http://feinstein.senate.gov/email.html
Representative Mike Thompson, (1st District), 231 Cannon House Office Building, Washington, D.C., 20515-0501; (202) 225-3311; district office: 712 Main St., Suite 1, Woodland; 662-5272; visit http://mike.thompson.house.gov/contact/email.shtml

STATE
Governor. Arnold Schwarzenegger, State Capitol, Sacramento, CA 95814; (916) 445-2841; fax: (916) 558-3160; e-mail: visit http://gov.ca.gov/index.php?interact/noscript/#email
State Senator Lois Wolk, Room 4032, State Capitol, Sacramento, CA 95814; (916) 651-4005; fax: (916) 323-3204; e-mail: senator.wolk@senate.ca.gov; District office: 555 Mason St., Suite 230, Vacaville, CA 95688; (707) 454-3808; fax: (707) 454-3811
Assemblywoman Mariko Yamada, Room 5144, State Capitol, Sacramento, CA 95814; (916) 319-2008; fax: (916) 319-2108; e-mail: assemblymember.yamada@assembly.ca.gov

CITY
Winters City Council, Mayor Woody Fridae; council members, Harold Anderson, Cecilia Curry, Tom McMasters-Stone, and Mike Martin; City Manager, John Donlevy; City Hall, 318 First St., Winters, CA 95694.
SCHOOL DISTRICT
Winters Joint Unified School District, 909 West Grant Avenue, Winters 95694, 795-6100; Rebecca Gillespie, superintendent; Board of Trustees, Jay Shepherd, president; Stephanie Atherton, Robert Nickelson, Rodney Orosco, Matt Brickey, David Hyde and Robin Röminger.

COUNTY
Supervisor Jim Provenza, 4th District (Davis), 625 Court St., Room 206, Woodland, CA 95695; 757-5554, 666-8624; fax: 666-8193, 747-0286; e-mail: jim.provenza@yolocounty.org
Supervisor Duane Chamberlain, 5th District (Winters, rural Yolo County), 625 Court St., Room 204, Woodland, CA 95695; 6 6 6 - 8 6 2 7; fax: 666-8193; e-mail: duane.chamberlain@yolocounty.org
Supervisor Mike McGowan, 1st District (West Sacramento), 625 Court St., Room 204, Woodland, CA 95695; (916) 375-6441; fax: (916) 375-6442; e-mail: mike.mcgowan@yolocounty.org

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Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
June 17, 2010
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2010-537
Fictitious Business Name
Root Stock
22 Main Street, Winters, CA 95694
Name of Registrant
Corinne Martinez
115 Baker Street, Winters, CA 95694
Lynda Hinds
131 Longford Ln, Vacaville, CA 95688
Business Classification: Co-Partners
s/Corinne Y. Martinez, Lynda Hinds
Beginning Date of Business: The Registrants commenced to transact business under the fictitious business name or names listed above on 6/1/10.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Ava Woodard, Deputy Clerk
Published July 15, 22, 29, August 5, 2010

Trustee's Sale

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 242201CA Loan No. 3062941715 Title Order No. 410943 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05-25-2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07-29-2010 at 12:00 PM, CALIFORNIA RECONVEYANCE COMPANY as the duly appointed Trustee under and pursuant to Deed of Trust Recorded 06-01-2006, Book , Page , Instrument 2006-0021413-00, of official records in the Office of the Recorder of YOLO County, California, executed by: JANE COURSIN, AN UNMARRIED WOMAN AND JILL COURSIN, AN UNMARRIED WOMAN AS JOINT TENANTS, as Trustor, WASHINGTON MUTUAL BANK, FA, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA Legal Description: PARCEL 9, AS SHOWN ON THE RECORD OF SURVEY OF THE GOLDEN BEAR ESTATES PROPERTY IN SECTION 19, TOWNSHIP 8 NORTH, RANGE 1 WEST, M.D.B.&M., ACCORDING TO THE OFFICIAL PLAT THEREOF FILED FOR RECORD IN THE OFFICE OF THE RECORDER OF YOLO COUNTY, CALIFORNIA ON AUGUST 19, 1959 IN BOOK 8 OF MAPS AND SURVEYS, PAGES 75, 76 AND 77, AS AMENDED BY RECORD OF SURVEY FILE ON MARCH 29, 1960 IN BOOK 8 OF MAPS AND SURVEYS, PAGE 88. TOGETHER WITH THE NONEXCLUSIVE RIGHT TO USE THE 60 FOOT ROAD EASEMENTS WHICH ARE DELINEATED ON THE AFORESAID MAP OF GOLDEN BEAR ESTATES. THIS RIGHT SHALL BE APPURTENANT TO THE ABOVE DESCRIBED PROPERTY AND ALL SUBDIVISION THEREOF, EXCEPTING THEREFROM HOWEVER, AN UNDIVIDED ONE-HALF INTEREST IN AND TO ALL OIL, GAS, HYDROCARBONS AND OTHER MINERAL RIGHTS UNDER SAID LAND, AS RESERVED BY MARY R. LITTLE ET AL., BY DEED RECORDED APRIL 12, 1951 IN BOOK 341 OF OFFICIAL RECORDS, PAGE 399. Amount of unpaid balance and other charges: \$1,040,503.61 (estimated) Street address and other common designation of the real property: **28691 EL CAMINO WINTERS, CA 95694** APN Number: 030-330-012-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. DATE: 06-30-2010 **DECLARATION PURSUANT TO CALIFORNIA CIVIL CODE SECTION 2923.54** Pursuant to California Civil Code Section 2923.54, the undersigned loan servicer declares as follows: 1. It has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.54 that is current and valid on the date the notice of sale is filed; and 2. The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or Section 2923.55. **CALIFORNIA RECONVEYANCE COMPANY**, as Trustee (714) 259-7850 or www.fidelitytasap.com (714) 573-1965 or www.priorityposting.com **CALIFORNIA RECONVEYANCE COMPANY** IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. **DEBORAH BRIGNAC**, VICE PRESIDENT ASAP# 3633125 07/08/2010, 07/15/2010, 07/22/2010

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Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
May 25, 2010
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2010-478
Fictitious Business Name
I.A.O., Inc.
24497 County Road 23, Esparto, CA 95627
Name of Registrant
I.A.O. Inc.
24497 County Road 23, Esparto, CA 95627
Business Classification: Corporation
Beginning Date of Business: The Registrant commenced to transact business under the fictitious business name of names listed above on 3-1-2010.
s/Jan Davis

If registrant is a corporation or LLC, indicate the corporation or LLC name, and your official title: Corporation Name: I.A.O., Inc. Official Title: Treasurer
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Ava Woodard, Deputy Clerk
Published July 1, 8, 15, 22, 2010

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
May 27, 2010
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2010-485
Fictitious Business Name
Simpler Times Press
Summery Reviews
1808 Virginia Ave., West Sacramento, CA 95691
Name of Registrant
Kathleen Lane,
1808 Virginia Ave., West Sacramento, CA 95691
Donald Lane
1808 Virginia Ave., West Sacramento, CA 95691
Business Classification: Husband and Wife
s/Kathleen Lane, Donald Lane
Beginning Date of Business: The Registrants commenced to transact business under the fictitious business name or names listed above on 5/26/10.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Ava Woodard, Deputy Clerk
Published June 24, July 1, 8, 15, 2010

Legal Notices.
Your Right to Know

Trustee's Sale

NOTICE OF TRUSTEE'S SALE T.S. No: H511182 CA Unit Code: H Loan No: 0021250220/MEDINA Investor No: 581008273 AP #1: 027-735-007 **POWER DEFAULT SERVICES, INC.**, as duly appointed Trustee under the following described Deed of Trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (in the forms which are lawful tender in the United States) and/or the cashier's, certified or other checks specified in Civil Code Section 2924h (payable in full at the time of sale to T.D. Service Company) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property hereinafter described: Trustor: **DANIEL MEDINA** Recorded April 12, 2006 as Instr. No. 2006-0014406-00 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA, pursuant to the Notice of Default and Election to Sell thereunder recorded April 7, 2010 as Instr. No. 2010-009248 in Book --- Page --- of Official Records in the office of the Recorder of YOLO County, CALIFORNIA. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED MARCH 29, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 1702 MERRITT CIR, WOODLAND, CA 95776-5133 "(If a street address or common designation of property is shown above, no warranty is given as to its completeness or correctness)." Said Sale of property will be made in "as is" condition without covenant or warranty, express or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. Said sale will be held on: **AUGUST 3, 2010, AT 9:00 A.M. "AT THE NORTH ENTRANCE TO THE WEST SACRAMENTO CITY HALL, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA** At the time of the initial publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described Deed of Trust and estimated costs, expenses, and advances is \$438,485.18. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. Pursuant to California Civil Code 2923.54 the undersigned, on behalf of the beneficiary, loan servicer or authorized agent, declares as follows: The mortgage loan servicer has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.53 that is current and valid on the date the notice of sale is filed; The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the monies paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: July 8, 2010 **POWER DEFAULT SERVICES, INC.** as said Trustee, as Authorized Agent for the Beneficiary **KIMBERLY THORNE**, ASSISTANT SECRETARY T.D. SERVICE COMPANY 1820 E. FIRST ST., SUITE 210, P.O. BOX 11988 SANTA ANA, CA 92711-1988 We are assisting the Beneficiary to collect a debt and any information we obtain will be used for that purpose whether received orally or in writing. If available, the expected opening bid and/or postponement information may be obtained by calling the following telephone number(s) on the day before the sale: (714) 480-5690 or you may access sales information at www.tacforeclosures.com. TAC# 905116 PUB: 07/08/10, 07/15/10, 07/22/10

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
June 28, 2010
FREDDIE OAKLEY, CLERK
Kimberli Johnson, Deputy
FBN NUMBER 2010-567
Fictitious Business Name
Traditionaljapanesemartialarts.com
2354 Ackley Pl., Woodland, CA 95776
Name of Registrant:
Mikio Nishiuchi
2354 Ackley Pl., Woodland, CA 95776
Business Classification: Individual
Beginning Date of Business: The Registrant commenced to transact business under the fictitious business name of names listed above on 6/28/2010.
s/Mikio Nishiuchi

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Kimberli Johnson, Deputy Clerk
Published July 8, 15, 22, 29, 2010

Citations

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO

In the Matter(s) of
SAMANTHA SMITH DUNLAP
NO. JV-09-00409

CITATION
TO: All persons claiming to be the father
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on September 1, 2010 at 9:00 a.m. in Department 5. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Cristy Smith on August 23, 2009. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: 6/21/10
a/Steven M. Basha
Judge of the Juvenile Court

Published July 8, 15, 22, 29, 2010

Read the legals,
they are good for you.

Trustee's Sale

NOTICE OF TRUSTEE'S SALE T.S. No. 1274990-15 APN: 049-502-01-2 TRA: 063064 LOAN NO: Xxxxx6485 REF: Robles, Javier IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED December 21, 2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On August 10, 2010, at 9:00am, Cal-Western Reconveyance Corporation, as duly appointed trustee under and pursuant to Deed of Trust recorded December 28, 2007, as Inst. No. 2007-0043561-00 in book XX, page XX of Official Records in the office of the County Recorder of Yolo County, State of California, executed by Javier M. Robles, A Married Man As His Sole and Separate Property, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank At the rear (north) entrance to the city hall building 1110 West Capitol Avenue West Sacramento, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Completely described in said deed of trust The street address and other common designation, if any, of the real property described above is purported to be: 25971 Monroe St Esparto CA 95627 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$231,020.61. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Regarding the property that is the subject of this notice of sale, the "mortgage loan servicer" as defined in civil code § 2923.53(k)(3), declares that it has obtained from the commissioner a final or temporary order of exemption pursuant to civil code section 2923.53 and that the exemption is current and valid on the date this notice of sale is recorded. The time frame for giving a notice of sale specified in civil code section 2923.52 subdivision (a) does not apply to this notice of sale pursuant to civil code sections 2923.52. California Declaration I, John Kennerty, of America's Servicing Company ("Mortgage Loan Servicer"), declare under penalty of perjury, under the laws of the State of California, that the following is true and correct: The Mortgage Loan Servicer has obtained from the Commissioner of Corporation a final or temporary order of exemption pursuant to California Civil code Section 2923.53 that is current and valid on the date the accompanying Notice of Sale is filed. AND/OR The timeframe for giving Notice of Sale specified in subdivision (a) of Civil Code Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. Date and Place: 7/03/09 Fort Mill, South Carolina Name of Signor: John Kennerty Title and/or Position VP Communication For sales information: Mon-Fri 9:00am to 4:00pm (619) 590-1221. Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: July 12, 2010. (R-323929 07/15/10, 07/22/10, 07/29/10)

Notice of Public Hearing

Notice of Public Hearing – July 27, 2010

The Winters Planning Commission will conduct a public hearing on the project application as described below, beginning at 6:30 P.M. on Tuesday, July 27, 2010, or as soon as possible thereafter, in the City Council Chambers located on the first floor of City Hall at 318 First Street, Winters, California 95694.

Project Location: Northwest quadrant of Interstate 505 and State Route 128 (Grant Avenue) in Winters, CA, 95694 totaling 2.3 acres (APN 038-058-72)

Application Type: The Planning Commission is conducting a public hearing to solicit comments regarding a planning application for Site Plan/Design Review and a Sign Permit for a freeway information sign for a proposed Burger King Restaurant, Arco gas station, AM/PM convenience mart, and truck fueling facility.

Project Description: The proposed project involves the construction of a proposed Burger King Restaurant, Arco gas station, AM/PM convenience market, and truck fueling facility on a 2.3 acre property located at the northwest quadrant of Interstate 505 and State Route 128 (Grant Avenue) in Winters. The proposed restaurant and convenience mart will be located in a 5,000 square foot, one-story building. The proposed gas station operation will provide 5 gas dispensers/10 fueling pumps underneath a canopy. On-site parking, an enclosed refuse and recycling facility, and a drive-through for the proposed restaurant are proposed as part of the overall plan. In addition, a truck fueling facility with 2 gas dispensers/4 fueling pumps and enclosed, above-ground fuel tanks are proposed for the northern half of the property. Public Hearing Information: The purpose of the public hearing will be to give citizens an opportunity to make their comments known on the Site Plan/Design Review and the Sign Permit. If you are unable to attend the public hearing, you may direct written comments to the City of Winters, Community Development Department, 318 First Street, Winters, CA 95694 or via e-mail at nelia.dyer@cityofwinters.org. In compliance with the Americans with Disabilities Act, if you are a disabled person and you need a disability-related modification or accommodation to participate in these hearings, please contact City Clerk Nanci Mills at (530) 795-4910, ext. 101. Please make your request as early as possible and at least one full business day before the start of the hearing. The City does not transcribe its hearings. If you wish to obtain a verbatim record of the proceedings, you must arrange for attendance by a court reporter or for some other means of recordation. Such arrangements will be at your sole expense. Pursuant to Section 65009 (B)(2) of the State Government Code, if you wish to challenge the action taken on this matter in court, the challenge may be limited to raising only those issues raised at the public hearing, described in this notice, or in written correspondence delivered to the Planning Commission at, or prior to, the public hearing.

Availability of Documents: Copies of the Staff Report can be viewed at the office of the Community Development Department, 318 First Street, City Hall and will also be available on the City's website at http://www.cityofwinters.org/administrative/admin_boards.htm on July 22, 2010. For more information regarding this project, please contact Nelia Dyer, Community Development Director, at (530) 795-4910 x114.

Notice of Application to Sell Alcoholic Beverages

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES

Date of Filing Application: June 22, 2010

To Whom it may concern:

The name of the applicant is:

Belinda Kay Wensel

The applicants listed above are applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at:

5 E Main St.

Suite A

Winters CA, 95694

Type of license(s) applied for:

41-On-Sale Beer And Wine - Eating Place

Department of Alcoholic Beverage Control

3321 Power Inn Road, Suite 230

Sacramento, CA 95826

(916) 227-2002

Published : July 8, 15, 22, 2010

Trustee's Sale

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 20090159911402 Title Order No.: 090879675 FHA/VA/PMI No.: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/01/06. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX West, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 03/07/06, as Instrument No. 2006 0009066 00 of official records in the office of the County Recorder of YOLO County, State of California. EXECUTED BY: BALDOMERO ARCE AND ELIA ARCE, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States) DATE OF SALE: August 4, 2010 TIME OF SALE: 12:45 PM PLACE OF SALE: At the North entrance to the City Hall located at 1110 West Capitol Avenue, West Sacramento, CA STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 110 MAIN STREET, WINTERS, CA 95694. APN# 003 022 03 1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$338,641.90. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: NATIONWIDE POSTING & PUBLICATION, INC. 5005 WINDPLAY DRIVE, SUITE 1, EL DORADO HILLS, CA 95762-9334 916-939-0772. www.nationwideposting.com NDEX West L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Authorized Agent, BY: Ric Juarez Dated: 07/08/10 NPP0162611 07/15/10, 07/22/10, 07/29/10