Who is this?

Find out on page B-4

Winters Express

"Gateway to the Vacationeiro Days"

46¢
plus 4 cents for Arnold

Clean up that creek
— Page A-6

Volume 126, Number 33 - Locally owned since 1884 | Winters, Yolo County, California, Thursday, September 17, 2009 | The hometown paper of Rick and Patty Rominger

Library shelves need more books

◆ Winters Friends of the Library contribute $50,000 to purchase library books

By SARAH JEWEL
Special to the Express

The campaign to put new books on the shelves of the new Winters Community Library got a big boost with a recent $50,000 donation from Winters Friends of the Library (WFoL).

"With the generous donation from WFoL, $10,000 from the Yocha-De-He Community Fund (the Rumsey Band), and another $25,000 from members of the community, we are three-quarters of the way to our goal of $100,000," reported Janice Koch, library fund co-chair. "Raising the last $25,000 by the end of the year will help us fill the shelves of the new library."

According to County Librarian Patty Wong, there is 50 percent more shelf space in the new library than in the old. In addition to more shelf space for books, the new library, which is scheduled to open in November, will offer an expanded children's area and a section for teens. With 44 computers and wireless access throughout the building, there will be plenty of space and resources for the whole community to enjoy. And, Wong says, "the hours the library is open to the public will increase from 29 to 48 hours a week."

WFoL is planning a mailing to members and other library supporters to ask for donations. For each $25 donation, donors can specify an inscription for a special bookplate to be placed in a book, CD or DVD at the library.

"Dedicating a book plate is a great way to honor a loved one or commemorate a special event," says WFoL board member Diane Cary.

People who donate $100 or more will be invited to a special preview party before the grand opening and recognized on a large sign at the opening festivities. Donors of $500 or more will have their names inscribed on a permanent sign at the library. All donors will be recognized in the program for the dedication event.

The Library Fund Committee has scheduled two additional fund-raisers. A bike and foot race — the Duathalon — will take

See **BOOKS** on page **A-3**

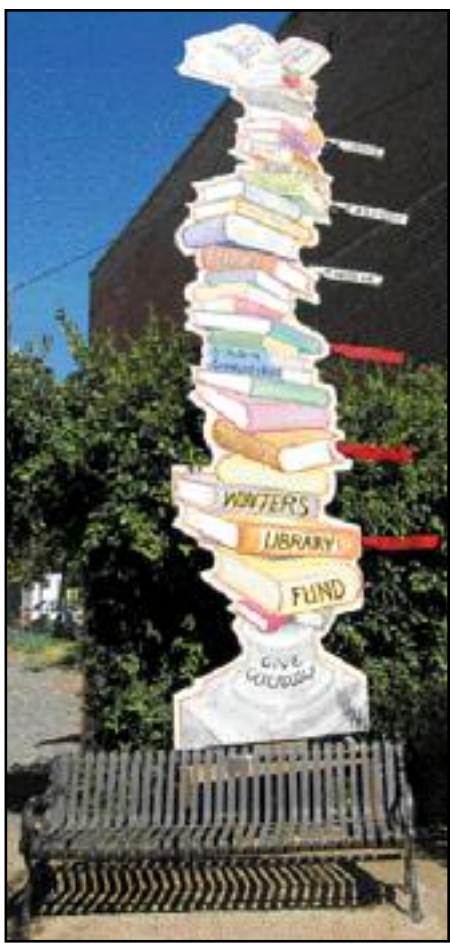

Photo by Debra DeAngelo

This book stack in the Main Street pocket park tracks the donations for books for the new Winters Library.

Photo by Debra DeAngelo

JoanE Jussell, kindergarten teacher at Waggoner Elementary School, was among the Winters teachers getting a round of applause at the Teacher Appreciation Mixer

Event celebrates Winters teachers

By DEBRA DeANGELO
Express editor

The Winters Chamber of Commerce expressed appreciation for everything teachers do for Winters Children at the annual Teacher Appreciation Mixer, held on the back lawn of the Community Center on Monday, Sept. 14.

Teachers, school staff, and their family and friends were in attendance, enjoying a "green" barbecue catered by Briggs & Co. Everyone in attendance was asked to bring their own plates, cups and silverware in an effort to reduce trash and waste, and invited to enjoy a meal featuring free-range chicken and local vegetables purchased at the Winters Farmers Market.

Rebecca Bresnick Holmes and Joie Watson of the Winters Area Education Association (WAEA) presented a special, handmade "Golden Apple" plaque to Gino Mediati, manager of Pacific Ace Hardware, for the store's par-

See **TEACHERS** on page **A-8**

Photo by Debra DeAngelo

Winters teachers Bonnie Walker and Dave Paratore pick up their gift bags at the Teacher Appreciation Mixer.

Craving carnitas?

◆ Carnitas Cook-off planned for Annual Festival de la Comunididad

By DAWN VAN DYKE
Special to the Express

Everyone in the community is invited to the Festival de la Comunidad/Community Festival, planned for Sunday, Sept 27, 2-8 p.m. at Rotary Park. The event, which is sponsored by the Winters Hispanic Advisory Committee, features the second annual Carnitas Cook-off from 2-4 p.m. Tasting tickets are $7 per person, including a small taste of carnitas from each contestant, beans,

See **CARNITAS** on page **A-8**

Photo by Dawn Van Dyke

The Hispanic Advisory Committee includes, from left, (back) Crescensio Mejia, Marsela Duran Alanis and Miguel Vazquez; (front) Leticia Quirarte, Alicia Chavez Duran and Cristina Velasco. (Not pictured, Alfonso Salas and Laura Salas.)

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Included in this week's issue are advertising inserts from: Lorenzo's Market

(Supplements are sent to Winters, Woodland, Davis, Capay Valley, Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken at 9 a.m. daily, covering the previous 24 hour period.

Date	Rain	Hi	Lo
Sept. 9		94	58
Sept. 10		96	61
Sept. 11		99	64
Sept. 12		104	70
Sept. 13	T	98	58
Sept. 14	.10	82	59
Sept. 15		84	57

Season's total: .10

Last year to date: 0

Rainfall season is July 1 through June 30:

Citizen of the Year nominations sought

DEBRA DeANGELO
Express editor

The annual Winters Chamber of Commerce "Year in Review" celebration doesn't happen until January, but the time to make nominations for the honorees is now. The highlight of the Chamber's annual recap of the local business year and installation of new members for the Chamber's board of directors is the formal recognition of the Citizen of the Year, Business of the Year, Senior Citizen of the Year and the recipient of the Theodore Winters Award.

The Citizen of the Year is selected by a committee of past Citizens of the Year as well as two Chamber representatives. Nominees should be someone who has made a significant effort to improve life in the community over a

See **CITIZEN** on page **A-8**

FUTURE SUBSCRIBERS

SAMANTHA AUTUMN DUNLAP is the newborn daughter of Cristi Smith and David Dunlap, both of Winters. Born at 5:31 a.m., on Aug. 23, 2009, at Woodland Memorial Hospital, she weighed 6 pounds, 10 ounces and was 18.5 inches long. She joins a sister, Joselyn Cueva, 10, and brothers David Dunlap, Jr., 21, and Anthony Moore, 8.

* **EMMA IRELAND GLAUDEL** is the newborn daughter of Maegan Ireland-Glaudel and Brian Glaudel of Natomas. Born Sept. 10, 2009, at Sutter Davis Hospital, she weighed 6 pounds, 14 ounces and was 19.5 inches long. She joins her brother, Mason, age 4. Maternal grandparents are Tim and Yvonne Ireland of Winters. Paternal grandparents are Valerie Price of Roseville, and Susan and Robert Glaudel of Folsom. Maternal great-grandparents are Winona Ireland of Winters, and Robert and Carmen Soulier of Winters.

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OBITUARIES

Alma Lee Farris

Alma Lee Farris, 75, passed away on Sunday, September 6, 2009, at Sierra Healthcare in Davis. Born on April 25, 1934, in Sasakwo, Okla., to John and Myrtle (Battershell) Rice, she attended California area schools.

A resident of Winters for the past 22 years, she was employed by Basic Vegetable in Vacaville for more than 28 years, prior to her retirement in 1983.

She is survived by her daughter, Julie Lopez-Rojas and husband Pete Rojas of Winters; a brother, Bob Rice, of Chowchilla; grandson Brad Lopez and wife Wendy of Winters; great-grandchildren Christyna, Nathan and Katelyn Lopez, all of Winters and numerous nieces and nephews. She was preceded in death by her husband, Richard Farris.

Private family services will be held at a later date, with interment at Winters Cemetery, 415 Cemetery Drive, in Winters. Assisting the family with funeral arrangements is Evergreen Funeral Service of Woodland.

YESTERYEAR

File photo by Debra Ramos

In October, 1995, second grade students at Waggoner Elementary School show off the boats they made while studying Columbus Day. From left are (front) Brandee Dahringer, Ben Neuman and Darius Clark; (back) Danielle Rhodes and Casey Castillo.

50 YEARS AGO

October 8, 1959

The old Laycock house, a landmark at the entrance of Pleasants Valley, was entirely destroyed Monday evening by a fire of unknown origin.

Drillers struck a "good" pocket of natural gas last week in the Wolfskill District on the McCune ranch.

Bob Little, who is serving with the U.S. Navy, is home on leave and will report to Treasure Island in San Francisco for an electronic course.

A parcel of Solano County land near Winters recently sold for $65,000 to John and Nora Ramos, according to a deed on file last Thursday in the Solano County recorder's office. It was sold by Joseph and Anna Martin.

Mr. Louis Sackett, whose 90th birthday anniversary occurred on Friday, October 2, was feted on Sunday at a family gathering in Joaquin Miller Park in Oakland.

Relatives and close friends to the number of about 65 were guests of Mr. and Mrs. John Chulick in their home Sunday, on the occasion of their twenty-fifth wedding anniversary.

65 YEARS AGO

October 6, 1944

George Moore, enterprising proprietor of the Quality Meat Market, will install a frozen locker at his plant, that he plans to have ready for service by the first of the year. The plant will have 150 compartment capacity.

Mr. and Mrs. E.W. Forwick returned to their home on Main and Third streets about 10 p.m. Thursday to find that the fire department and volunteers had extinguished a disastrous blaze in their living room.

Helm Pleasants, who has been in Chicago, Illinois, for the past months, is now at the Navy station at Shoemaker, California, awaiting assignment to a ship.

Mr. and Mrs. Hugh Proctor have this week taken up residence in the cottage on west Russell Street that they purchased from Mr. and Mrs. Clarence Campos.

Harry Rice of Berkeley visited briefly last week with his mother, Mrs. Alice Rice. Harry was a member of the class of 60 who finished the prescribed course at Stanford School of Medicine in San Francisco, September 22.

100 YEARS AGO

October 8, 1909

Conditions throughout the state are improving owing to a large influx of buyers of small farms.

The Winters Business Men's Protective Association comprises at present 32 business firms.

The Winters Post Office will withhold delivery of mail in localities where the roads are bad.

> Sing in me Muse, and through me tell the story.
> ~ Homer

Berryessa down .48 of a foot

The level of Lake Berryessa dropped by .48 of a foot during the past week with a reduction in storage of 7,583acre feet of water, according to Ken Emigh of the Solano Irrigation District.

He reported Tuesday morning that the lake was 409.22 feet above sea level, with storage computed at 1,017,251 acre feet of water.

The SID is diverting 410 second feet of water into the Putah South Canal and 41 second feet is flowing in Putah Creek at the Diversion Dam.

Evaporation on Lake Berryessa averaged 178 acre feet of water per day during the week.

Three drown in Lake Berryessa

Three separate drownings occurred at Lake Berryessa last week, near the Oak Shores area.

The Bureau of Reclamation has closed the lake's swimming areas as they investigate the deaths that happened on Sept. 7, 8 and 10.

According to a story in the Sept. 15 edition of the Vacaville Reporter, the Oak Shores area offers the largest area of public day use on the lake. The drownings themselves happened at Acorn Beach and Foxtail Flats.

Jonathan De La Fuentes,

See LAKE on page A-5

Weekly police report

Sept. 8-9

~ 9 p.m. to 7 a.m., 300 block of East Main Street, entry was made to a locked pickup shell cover and a bicycle was stolen. Loss: $700.

Sept. 9

~ 6:42 a.m., Jorge Segoviano, 33, of Winters was issued a notice to appear for being an unlicensed driver and having unlawful tinted windows.

~ 8:36 a.m., Ryan Joseph Martinez, 25, of Winters was arrested on an outstanding Winters Police Department Bench Warrant charging him with failing to appear for jail time on previous charge of possessing a gravity knife. Martinez was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.

~ 7:04 p.m., first block of Baker Street, a wallet was stolen from victim's residence. Loss: unknown.

~ 10:53 p.m., a 17-year-old Winters juvenile, who is currently on probation, was issued a notice to appear for violating curfew, riding a bicycle without wearing a helmet, riding a bicycle during darkness without a bicycle light and possessing tobacco products.

Sept. 10

~ 11:10 p.m., 100 block of Quail Court, suspect violated a restraining order. The case is being forwarded to the District Attorney for complaint.

Sept. 11

~ 10 a.m. to 4 p.m., 1100 block of Malaga Lane, a plant was stolen from the back yard of a residence. Loss: $2,400.

~ 11 a.m. to 1 p.m., 800 block of Taylor Street, a residence was entered through a window and a laptop computer was stolen. Loss: $450.

~ 5:06 p.m., as a result of a probation search on the first block of Anderson Avenue, a 16-year-old Winters juvenile was issued a notice to appear for possessing less than an ounce of marijuana and possessing a tobacco smoking pipe.

~ 8:49 p.m., Joseph Donald Bertinioa, 20, of Winters was arrested for violating a restraining order. Bertinoia was booked at the Winters Police Department and transported to Yolo County Jail for incarceration.

~ 10 p.m., first block of West Grant Avenue, a 17-year-old Winters juvenile was hit in the face with a rock and a physical fight resulted between the juvenile and suspect. The case was closed as juvenile victim and victim's guardian desired no further action.

~ 11:14 p.m., Kimberly Nicole Bianchi, 24, of Hayward was issued a notice to appear for being an unlicensed driver.

Sept. 11-13

~ 4-4:54 p.m., 400 block of Anderson Avenue, spray paint was used to write graffiti on the outer building walls of the multi-purpose room at the middle school.

Sept. 12

~ 10:14 a.m., Juan Mejia, 72, of Winters was issued a notice to appear for being an unlicensed driver, failing to stop at a stop sign and failing to have a child passenger in a child restraint seat.

~ 10:50 a.m., a found bicycle was turned over to the police department.

~ 8:01 p.m., Traci Ann Goodwin, 44, of Winters was arrested on an outstanding Humbolt County Sheriff's Department bench warrant charging her with failure to comply on previous charge of driving under the influence. Goodwin was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.

~ 9:16 p.m., 700 block of Dutton Street, an officer responded to an audible alarm. The business was found secure.

Sept. 12-13

~ 5:30 p.m. to 9:50 a.m., 1000 block of Village Circle, a car stereo was stolen from an unlocked vehicle. Loss: $160.

Sept. 13

~ 12:25 a.m., a 13-year-old Winters juvenile was issued a notice to appear for violating curfew.

~ 12:26 a.m., a 17-year-old Fairfield juvenile was issued a notice to appear for violating curfew and possessing tobacco products.

~ 2 a.m., John Michael Creamer, 46, of Winters was arrested on an outstanding Winters Police Department bench warrant charging him with failure to appear and violation of probation on previous charge of shoplifting. Creamer was booked at the Winters Police Department and released on a notice to appear.

~ 2:23 a.m., first block of Main Street, an officer responded to an audible alarm and found an open door. The business was cleared and the door secured.

~ 7:35 p.m., Brittany Atherton Dye, 19, of Winters was arrested for possessing property with the serial number removed. Dye was booked at the Winters Police Department and released on a notice to appear.

~ 10:41 p.m., 100 block of East Grant Avenue, two bottles of vodka were stolen from a business. Loss: $25.

Weekly fire department report

Sept. 7

~ Grass fire, mutual aid to Solano County.

~ Medical aid, 100 block of Elliot Street; head injury.

Sept 8

~ Medical aid, 100 block of East Grant Avenue; child choking.

~ Medical aid, 300 block of Haven Street; unknown medical problem.

~ Medical aid, 200 block of Lenis Avenue; shoulder injury.

Sept 9

~ Medical aid, 300 block of Creekside Way; abdominal pain.

~ Investigation, 300 block of Haven Street; strong odor of gas.

Sept 10

~ Medical aid, 500

See FIRE on page A-5

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Classified Advertising
Minimum cash ad $6.00, Minimum charge ad $10.00, for 20 words
60 cents per line for first week, 50 cents per line for subsequent weeks
Ad deadline, noon Tuesday

Seasonal flu shot clinics planned

Woodland Healthcare is offering seasonal adult and pediatric flu clinics beginning through Sept. 19. These are seasonal flu shots, as the vaccine for the H1N1 virus is not yet available. The cost is $20 (fee paid at time of service if not covered by insurance). It is recommended that those receiving a flu shot wear a short- sleeved shirt.

The following people are considered high risk and should contact their physician to receive a flu shot as soon as possible: all children aged six months to 18 years old; adults over the age of 50; people aged 2-64 years old with underlying chronic medical conditions, such as asthma, diabetes, heart disease, chronic lung disease, hepatitis, HIV/AIDS or who are undergoing active chemotherapy; all women who will be pregnant during flu season; out-of-home caregivers; healthcare workers and household contacts of children less than six months old.

The Seasonal Adult Flu Shot Clinics will be held at both the Woodland and Davis medical offices on the following dates and times. No appointment is needed. Call 668-2600 for more information.

Pediatric Seasonal Flu Shot Clinics will be held at the Woodland Medical Office, at station 1 in the pediatrics department, 632 W. Gibson Rd., Woodland. Call 668-2600 for an appointment or more information. Appointments begin Sept. 29.

BOOKS

Continued from page A-1

place on Sunday, Oct. 4. Two-person teams will take turns biking and running a 10.5-mile course. Also, anyone can stop by the "Create a Tile" booth at the Winters Farmers Market to design and paint a clay tile with your favorite character from literature.

Winters artist Jeff Hesemeyer designed and built a 16-foot-tall stack of books sculpture to mark the progress of the campaign to raise funds to purchase books. Look for it next to Pacific Ace Hardware on Main Street. The partners who funded the construction of the new building — Yolo County, Winters Joint Unified School District, City of Winters, Winters Friends of the Library, and the Margaret Parsons Trust — are identified, as well as major donors.

While the goal this year is to raise $100,000, the campaign will continue through 2010 with the goal of raising another $150,000.

"The collections in the Winters Library are sorely in need of replacement and updating," explains Wong. "It is an expensive process that we knew from the outset would take a couple of years."

To make a donation or get more information about the fund-raising events, visit the Library Fund page at wintersca.net or the WFoL website, wfol.org, or call the library, 795-4955.

Ongoing effort

Photo by Charles Wallace

Winters Rotary members (from left) Dan Maguire, Rich Marovich and Harold Anderson apply some straw at the base of a young tree to prevent evaporation on the "cloverleaf" area of Interstate 505 and Grant Avenue. The tree planting project, which began in 2006, has been plagued by grasshoppers and drought, as well as over-zealous landscapers mowing down the young trees or killing them with herbicides. The Rotarians planted — and replanted —50 trees at the intersection in honor of their 50th anniversary as a club in Winters.

Rumsey Band of Wintun Indians changes name

The Rumsey Band of Wintun Indians have legally changed their name to Yocha Dehe Wintun Nation. Yocha Dehe — pronounced "YO-cha DEE-hee" — is the tribe's ancestral name meaning "home by the spring water" in their native Patwin language, a reflection of the actual place their ancestors lived.

In the 19th century, the federal government labeled the tribe the Rumsey Band, solely because they had a village site close to the town of Rumsey. Today, in their traditional dialect, the Yocha Dehe Wintun Nation moves forward with a name that has cultural meaning and significance to their people.

The name change is important to the people of Yocha Dehe. It connects the tribe to their heritage, expresses hope, and helps the tribe to tell their story to visitors, neighbors, business and government partners. As the Yocha Dehe Wintun Nation, the tribe can claim their own story.

"California tribes are here today, not just as a surviving people, but here fully participating in our lives, in our cultures, in our traditional lifeways," said Yocha Dehe Tribal Chairman Marshall McKay.

For more information, visit the tribe's new website at www.yochadehe.org.

Devastating drunk driving accident focus of author's talk

Author Jill C. Mason, will speak about her book, "Couldn't Happen to Me" at Atria Covell Gardens, 1111 Alvarado Avenue in Davis, on Wednesday, Sept. 30, at 3 p.m.

Mason was hit by a drunk driver in Santa Rosa while riding her bike on Easter morning, 2004. An English major at Santa Clara University, and Masters graduate at San Jose State in the School of Journalism and Mass Communications, she draws on her communications background to teach audiences about the life of a once-accomplished athlete and marketing guru turned into a paralyzed public speaker.

Mason fights the damaging effects of the drunk driver day to day, living her life as best she can in the midst of losing the man she loved, her legs and her singing voice. "Couldn't Happen to Me," is being published by Booksurge, and will be released in October. Mason speaks at many "Every 15 Minute" programs at high schools during the school year.

For information, call 756-0700.

Commission meeting cancelled

The Winters Planning Commission meeting scheduled for Tuesday, Sept. 22, has been cancelled. The planning commission meets on the fourth Tuesday of every month. The next meeting is Tuesday, Oct. 27, 7:30 p.m.

PUBLIC NOTICE OF AN EMERGENCY PERMIT
Fremouw Environmental Services Inc.
Winters, California
August 20, 2009 to August 28, 2009

On August 20, 2009, Fremouw Environmental Services Inc. (Fremouw) requested an Emergency Permit from the California Department of Toxic Substances Control (DTSC). Fremouw proposes to store about 3570 gallons of used oil contaminated with polychlorinated biphenyls (PCBs) already contained in a tanker truck parked inside the Fremouw Facility at 9110 Winters Road, Winters, CA 95694. DTSC requires an Emergency Permit for the requested storage because Fremouw does not hold any other facility hazardous waste storage permit.

The permit application is for storage of hazardous waste or the PCBs. Based on DTSC's authority, DTSC finds that there to be an imminent and substantial endangerment to human health and the environment and issues this temporary emergency permit to Fremouw. The storage will be carried out on-site by Fremouw personnel at their Winters facility.

DTSC finds there is a potential imminent and substantial endangerment to human health and the environment. As such, DTSC issued this emergency permit to Fremouw effective August 20, 2009 through August 28, 2009. During this period, Fremouw plans to arrange transportation of this waste to an off-site facility that will accept this PCB and used oil combination. The emergency permit includes measures to minimize any adverse impact to the community or the environment during the storage.

California Environmental Quality Act (CEQA)
DTSC has determined that this Emergency Permit is exempt from the requirements of CEQA as an action necessary to prevent or mitigate an emergency. A Notice of Exemption (NOE) will be filed which starts a 35-day time period for any legal challenges to DTSC's CEQA determination for this Emergency Permit. This activity is necessary to prevent an emergency because the material cannot be stored in the tanker truck indefinitely without posing a threat to property and human health.

Additional Information
For further information regarding the Emergency Permit for Fremouw, please contact Beverly Rikala, Hazardous Substances Engineer, at (916) 255-3746 or BRikala@dtsc.ca.gov, or Nathan Schumacher, Public Participation Specialist, at (916) 255-3650 or NSchumac@dtsc.ca.gov. A copy of the Emergency Permit, NOE, and the Fremouw's request as well as the EA Administrative Record for this project are available for review at Department of Toxic Substances Control, 8800 Cal Center Drive, Sacramento, CA 95826. For media inquiries, please contact Ms. Claudia Loomis, DTSC Public Information Officer, at (916) 255-6578 or CLoomis@dtsc.ca.gov.

Notice to the Hearing Impaired
You can obtain additional information by using the California State Relay Service at 1-888-877-5378 (TDD). Ask them to contact Nathan Schumacher at (916) 255-3650 regarding Fremouw.

For additional information regarding DTSC please visit our web site at www.dtsc.ca.gov.

Seminars teach public about county government

The Yolo County 101 Resident's Academy seminar series is again being offered to provide residents insight into the form and function of Yolo County government and its programs and services. This informative series of 12 free seminars will begin Oct. 14 with closing ceremonies in February 2010. The first seminar will be held at 5:30 p.m. in the Erwin W. Meier Administration Building located at 625 Court Street in Woodland. All county residents are encouraged to participate.

During Yolo County 101 sessions, participants will learn more about their county representatives and what they do, along with the "ins and outs" of the local government processes. Subject areas will include: the Board of Supervisors, county administration, elections, land use, agriculture, public safety, the legal system, fiscal responsibilities, social services, water and flood control issues, tribal relations, public health, emergency services, and special districts and boards.

"Offering Yolo County 101 is a priority of the Board of Supervisors as it is important to us that our community members have an opportunity to become familiar with county government, the services and programs we offer, and the issues we all face," said Yolo County Board of Supervisors Chair Mike McGowan. "We encourage all county residents to consider participating."

All sessions are free, but registration is required by Oct. 7. To register, visit www.yolocounty.org (go to: Resident's Academy), or call Yolo County Human Resources 666-8055 to request a registration form by mail.

Opinion

LETTERS

Commentary, correction

I enjoy reading Debra DeAngelo's column each week. It is usually well written, often insightful and always entertaining. That said, I seldom agree with her views but respect her right to express them as she deems appropriate. Her recent rant of Sept. 10 warrants both comment and correction. In the interest of brevity, I will restrict mine to three points:

1. The First Amendment of the Bill of Rights ensures, among other things, that Congress shall make no laws abridging the freedom of speech. As stated above, I may not agree with some of her views and if I took the time to study those of Rev. Anderson, suspect that I would disagree with most his. I would however defend to the death her and his right to expound them. The recent discussion in the halls of Congress regarding the resurrection of the "Fairness Doctrine" is but one example of "big brother's" attempt to incrementally dismantle our First Amendment rights.

2. Our Founding Fathers placed The Second Amendment in sequence because they viewed it as the second most important of our Bill of Rights. It is first and foremost our country's catastrophic insurance policy against tyranny. We the People hope and pray that we never have to exercise this insurance policy, but the premiums have already been paid with the blood of patriots and we must never let it lapse or be compromised.

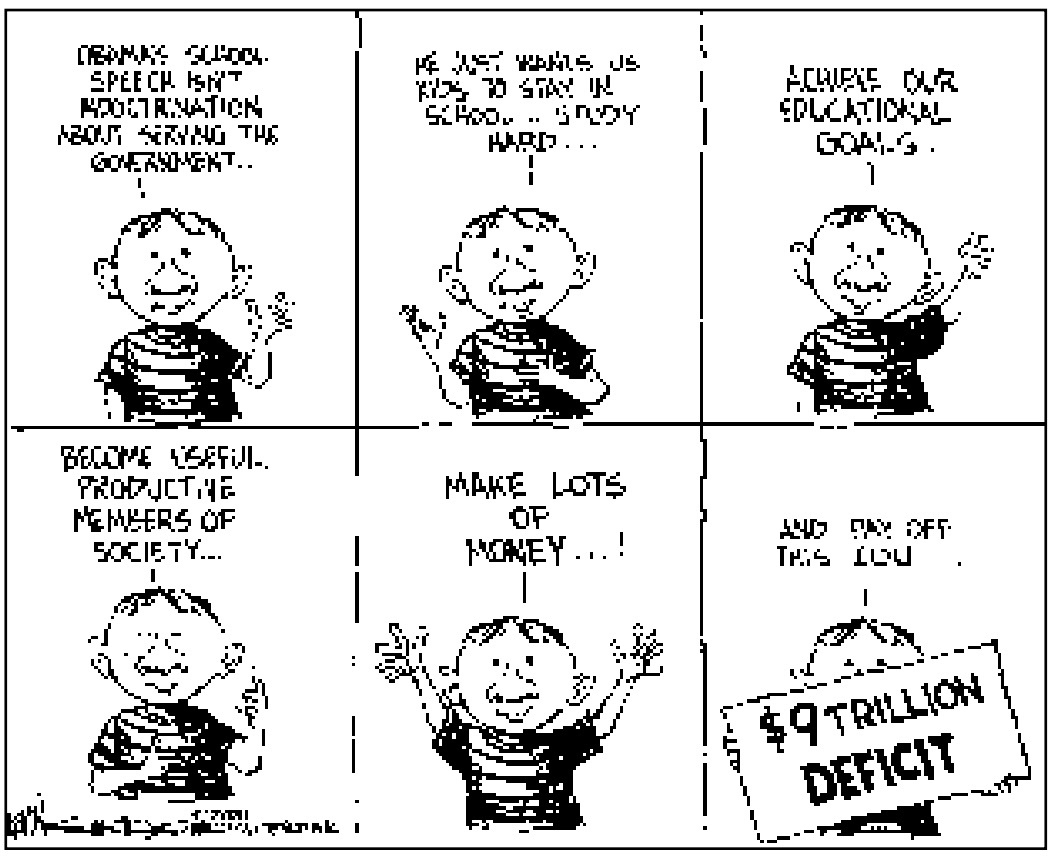
An "assault rifle" is generally recognized as a military or police issued weapon capable of both semi automatic and automatic fire. Weapons capable of automatic fire have been restricted from civilian use since the National Firearms Act of 1934. The weapon carried to the Arizona meeting was a legal (in Arizona and most other states) civilian version of an AR style semi automatic rifle.

These types of rifles are used widely for hunting, home protection and are the rifles of choice for many competitive shooting events. They are not however, "assault rifles." I think it is a far stretch for Debra to assume that the individual who inappropriately, albeit legally, decided to carry his firearm to the meeting would have drawn the weapon if he had a "clear shot."

3. I suspect the Rev. Anderson attended the same seminary as the Rev. Jesse Jackson and the Rev. Al Sharpton. There are many charlatans and self-appointed zealots that affix the prefix "Rev." to their names and we do ourselves a disservice by giving them any credence based on their dubious credentials. You see, Debra, wing nuts come in both right and left handed threads.

God Bless America, the greatest nation on earth. God Bless our President, Lord knows he could use some divine guidance and God Bless the Winters Express, the finest small town newspaper in America.

JOHN S. HASBROOK



Annual wreath project begins

Once again, it's time to begin organizing and collecting for the laying of the holiday wreaths at the Sacramento Valley National Cemetery in Dixon. This year's event will be held at 9 a.m. on Saturday, Dec. 12.

As in previous years, our goal is to ensure that each grave site is decorated with a wreath during the holiday season and the projection for this year is that 5,400 will be needed. We are teaming up with the national Wreaths Across America project again this year and are still participating as a "3-for-2" collection team, so we will be able to get three wreaths for every $30 collected. Any amount you are able to donate will be combined with other contributions and forwarded to Wreaths Across America. Our deadline for submission is Nov. 22. (Donations are tax deductible; EIN 20-8362270).

Even though these are hard times economically, we feel sure that our local and surrounding

See **LETTERS,** page **A-5**

And now, a requiem for the Republican Party

DEBRA DeANGELO

BECAUSE I SAY SO

That Congressman Joe Wilson, he had it right last week in that healthcare speech: Obama lies! No, I didn't read the healthcare bill, but I don't have to read all that gobbledy gook, because Rush Limbaugh explained it just fine on the radio. And if that Obamacare passes, us taxpayers will be payin' for abortions for illegal aliens until there's so many of them that we're outnumbered! And then they'll all be on welfare, stealing all our jobs!

Healthcare for illegals! Outrageous! Healthcare's only for real Americans, who actually come from this country like our Founding Forefathers did! You know why Obama wants healthcare for foreigners? Because that's what he is — a foreigner! Obama's not an American citizen! He doesn't have a birth certificate! I saw a picture of it on Fox News and it says "certificate of live birth." Now, why would it say "live" birth? Because if it's not a live birth, then it's a dead birth, and that would be a death certificate. It's all a scam!

You know where Obama was born? Kenya. Just like all them other al-Qaedas who crashed the Twin Towers. He's a secret Muslim, you know. His momma smuggled her Muslim baby into Hawaii so she could carry out her plans to turn him into a genius and then die of breast cancer, and then he'd go out and become President of the United States and force every single American citizen to become a Socialite.

You know, Obama follows Marx. And he's gonna force us all to follow too. And I can prove it. I learned how to figure these things out on the Glenn Beck show. All you have to do is draw it all it on a chalkboard and the facts speak for themselves: Graucho, Harpo and Chico Marx were brothers, and black guys call each other brother. And the Marx Brothers movies were in black and white. And Obama is black and white. But once colored movies came along, there were no more Marx films because they were all black and white. And Obama saw "A Day at the Races," and bingo, there you go: One day, there won't be any races, because Obama's gonna do away with black and white, and everyone will just be colored Marxes. That's right, Obama's gonna make it illegal to be white!

You know what else he's gonna do? Make it illegal to be old. That's right, I heard it straight from Sarah Palin: there's gonna be death panels in that Obamacare, and before you know it, there won't be any more grandparents in America. That's why Obama wants to start talking to children, because after all the old people are gone, they'll be the only ones left to vote for him.

Just who does that Obama he think he is, beaming into our classroom across the internets! He has no right to push his Liberal agenda about staying in school and doing your homework onto our children! That's why I kept my kids home from school that day, and I hope you did too. Besides, when I heard Obama was all set to talk about a doctor nation, I didn't want my kids worrying about going to the doctor. So I let them stay home from school last Tuesday and watch TV instead. I don't want them getting brainwashed.

And besides that, we don't need Obama telling our kids what to think. Kids don't need to think. What they need is prayer back in the schools! Kids need to start their school day praying to our Lord Jesus Christ, because that's what our Founding Fathers died for — freedom of religion.

That's what it's all about. Our freedoms, just like the Constitution says. And we need people like Joe Wilson, expressing his freedom of speech. At least someone's at the White House who's brave enough to tell it like it is. No, not just tell it — shout it! Because that's the only way you get heard.

So, you know what we need to do? Be just like Joe Wilson. Get down to one of them Tea Parties and make sure the government knows that all us patriotic American's don't want this Obamacare. I'm heading to the next one, with my gun right at my side, because I can. And to show that Obama that he can't take our guns away. He's trying to make our Constitution illegal, you know, and we can't just sit back and let it happen! We're mad as hell and we're not gonna take it anymore!

Yep, let's head right down to that Tea Party and just keep shouting "No-BamaCare" and "Don't Kill Grandma" and "He Lies" until Obama bin Laden gets the message. Don't forget your Obama Hitler picket sign, and be sure to wear your "Sarah Palin in 2012" T-shirt too. With any luck, Joe the Plumber will show up. I hope so, because that guy really makes sense. He knows what America is all about. Him and Rush Limbaugh.

* * *

Republican Party, meet your base. This is all you have left to work with in 2012. And unless the Swine Flu selectively wipes out everyone with an IQ higher than room temperature, it looks like your Party's over.

CHARLES R. WALLACE

A QUICK OPINION

WHAT A GREAT GROUP OF PEOPLE. I don't remember getting along that well with my high school classmates. Sure there were friends and teammates, but I'm not sure I was that comfortable around everyone. My, how 40 years changes things. The last time we got together it had been 20 years since we graduated in 1969 and I don't remember the bond that I felt this week. There were 60 something in our class and we found most of them, or at least their invitations didn't come back.

We escaped from Winters High School 40 years ago and a few of us decided to see what everyone has been up to and organized a class reunion. 25 classmates and a few spouses gathered last Saturday night at Sandy Tufts Vickrey's home. It was a nice evening, it could have been a 105, but we had a nice breeze and no bugs. As the wine and water flowed, people caught up on 20 years of kids and grandkids.

I'm not sure if it was the wine, or just being older, but I found my classmates to be funnier, friendlier and calmer than I remember them. The stories get better as we age and it is amazing how you start to remember the little things your classmates taught you.

I remember driving home from Davis one evening and tossing a drink container out the window. Howard Kato yelled at me to go pick it up. He wanted to know who I thought was going to pick it up, especially after a tractor broke the bottle? I haven't littered since. Rob Coman taught me that studying is important, I followed his advice, at times. Dr. Robert Kayton, who couldn't make it, but emails from time to time, taught me that not everyone has to look smart to be smart.

It is always a pleasure to see Ernie Frost. I was a little shocked to see how he has aged. Of all of us at the last reunion, he looked just the same. He still looks great, but he is showing his age.

The women in our class are gorgeous, by the way. From Candy Trafican to Lorraine Rominger, they still turn your head. The guys all put on pounds and lost most of their hair, Al Botts, Joe Soto and Ernie being the exceptions. There were a few shaved heads, but a lot of us are still trying to keep a few strands blowing in the wind on top of our heads. The women, surprisingly, all had the same, or nearly the same, color as in high school.

Most of us have had a pretty good run through life. Talking amongst ourselves we think five of our classmates have passed away. Terry Maxim was killed in Viet Nam. Ron Knutson died falling off one of the high power lines just east of Winters. Sherri Galloway passed away from complications of cancer while Mary Lizarraga passed, but I'm not sure when or why. Wayne Thomas left us last year and I'm hoping that the rest of my classmates, missing but not forgotten, are healthy and waiting to be contacted about our next get together.

At every event like this everyone says they want to keep in touch. With Facebook and email, we may just do that. Eva Adams, living in Germany for as long as I can remember, phoned to say hello, but of course no one answered the phone. We were all outside talking the night away. We plan on getting together in two years, when we'll all be turning 60. Everyone except Reyes Barbosa, who is already 60, the oldest in our class. Gary Tucker looked just the same, maybe a little grayer in his beard, but he looked good, but then he should being the youngster at the party.

We didn't do the who came the farthest or most kids stuff, just spent the evening catching up. I was surprised at those drinking water or juice. We are getting older and diabetes is alive and well in the class of 69. I didn't watch if they ate cake, but the Mexican food went down without a problem.

There was a rumor that El Pueblo was also serving food at another class reunion held on the other side of the creek, but those were second and third graders when we graduated. I'm sure they were still partying away by the time we were all tucked in for the night. I knew we were getting old when I wanted to start the party at 4 p.m. and end it around 8 p.m. I was vetoed by Richard Pitts, who had the best line of the night. "How can we be celebrating a 40 year reunion when I'm only 39?" Good point.

Have a good week.

Policy for Letters to the Editor

The deadline for Letters to the Editor is noon on Mondays for publication that week. When Monday is a holiday, the deadline is noon on the prior Friday.

Letters may be mailed or hand-delivered to The Winters Express, 312 Railroad Avenue, Winters, CA 95694, or emailed to news@wintersexpresscom.

Letters should not exceed 500 words. Do not use all capital letters.

We reserve the right to edit or reject any letter.

Letters must be legibly signed by the writer, or if emailed, must indicate the writer's name. We may withhold writers' names from publication upon request if there is a legitimate reason, such as fear of reprisal or retribution. We reserve the right to determine legitimacy.

Letters submitted anonymously will not be printed.

We will accept letters of thanks naming individuals and local Winters businesses only.

Politics and healthcare in America

By C. EDWARD DAWKINS, M.D.
Guest columnist

Politics and power. Where some one person or group controls others' money, there has always been corruption. Everywhere, throughout history.

This trend continues everywhere today. It's a fact of life and we presently have to accept it. We are very lucky in the United States, as we have a great system of judicial-legislature-presidential counter-controls, the best in the world. Our politics still stink of corruption and we can't expect any administration to stop their extensive use of "smoke and mirrors" and their self-enhancement and self-enrichment at the expense of the citizens.

Consider: If we divide our citizens into three groups, Republicans, Democrats and Independents, the Independents group outnumbers either of the other two groups. What kind of say do the Independents have in the present powerful and immediate push for a dangerous action? For years, we have given too much power to the President so that he is able to mostly have his way with Congress.

Consider: Universal healthcare is a very good idea. Politically administered health-care is a very bad idea. What must occur under a government-controlled, single-payer healthcare system (one-size-fits-all) is a long waiting list, and all citizens reduced to the same level — about the level of a rug — no escape. This is not acceptable to most of the Americans I know — all pulled down to elevate those few needing pulling up.

What about a federal public option? It won't work. The government can hide its inefficiencies and subsidies and appear to offer more for the dollar. This will undercut private prices along with likely expensive over-regulations and mandates on the private sector so that the eventual situation will leave us with a system much poorer in quality while more expensive. Even if one has a private policy, the conditions of that policy will be freakishly regulated and mandated. Something like the "No Child Left Behind" perverse consequences, only much worse.

About the "trigger" — in case private insurance groups don't meet certain "benchmarks" — we can be sure that will open the door to the government controlling another one seventh to one sixth of our economy.

Consider: There is much to reform. Insurance care is not healthcare. And the insurance companies need better regulation and openness about data and costs, and need to be tracked to ascertain proper honoring of their contracts. Inability to pay must be subsidized. Unhealthy lifestyles need some type of discouragement.

The out-of-control attorney/malpractice situation must be changed. The union burden of forcing increased benefits in relation to others (along with poor productivity) needs change. Consumers and their caregivers need to be empowered with better incentives and greatly increased influence. These are all areas where government or governments can help. They can help slice the pie, but let the citizens eat it — at least, most of it.

Forget the graceful rhetoric directed against the world's best overall health system. Don't throw out the chicken with the eggs. Let's do reform right. We have to take our time to include more thinking about some very good plans that are out there. Bureaucrat-directed healthcare is not the way to go.

(Dr. Edward Dawkins has been a resident of the Davis/Winters area as a physician and hand surgeon for 35 years and has lived in the Winters area for almost 20 years. In addition, he has spent many months of living, working, consulting and teaching in a myriad of health care systems and universities, hospitals and national medical societies around the world: Great Britain, New Zealand, Australia, South Africa, Nigeria, Russia, Czech Republic, Panama. He has also been a medical consultant and surgeon for both the U.S. Army and U.S. Navy.)

Free food to be distributed

The Food Bank of Yolo County will distribute refried beans, dried cherries, orange juice, spaghetti, spaghetti sauce and frozen ham to eligible Winters residents on Monday, Sept. 21 at Yolo Housing, 62 Shams Way, 3-5 p.m. and on Friday, Sept. 25, at First Baptist Church, 512 First Street, 12-1:30 p.m.

Participants may receive food at only one site, and are asked to bring a bag to carry their food home.

For more information, call the Food Bank, 668-0690.

Shrimp feed Oct. 17

The Winters Fire Department is sponsoring an all-you-can-eat peel and eat shrimp dinner, on Saturday, Oct.17, at the firehouse, 10 Abbey Street. Cocktails will be served from 5-6 p.m., and dinner starts at 6 p.m. The event includes a raffle and a gun raffle.

Tickets are $25 per person. Only 200 tickets are available, and must be purchased in advance. No tickets will be sold at the door, which will close at 6:30 p.m.

For tickets or more information, call 795-4131 or 681-1626.

FIRE

Continued from page A-2

block of Niemann Street; seizure.

~ Medical aid, mutual aid to Solano County; hip pain.

Sept. 11

~ Medical aid, Main Street and West Grant Avenue; child struck by a vehicle.

~ Special detail, Winters Fire Department on standby at the Winters High School football game.

~ Medical aid; crime victim.

Sept 12

~ Medical aid, 300 block of Railroad Avenue; unknown medical problem.

~ Medical aid, 800 block of Taylor Street; seizure.

LAKE

Continued from page A-2

23, of Richmond, Tyron Jenkins, 26, of Fairfield, and Shannan Duby-Johnson, 40, of Napa, drowned at approximately the same time of day, 3 p.m., within four days of each other.

However, according to the Associated Press, the cases have nothing to do with one another.

Law enforcement agents caution swimmers to use life vests, even when close to the shore, and to know your own limits.

Winters High School Homecoming rally and football games take place on Friday, Oct. 2

LETTERS

Continued from page A-4

communities will again come through for this very special memorial event to honor our fallen.

We would like to take this time to extend an invitation to all of you (individuals, families, community groups, businesses, veterans, etc.) to join us on Dec. 12 to help with the placement of the wreaths and share in the planned program. Please visit our web site, www.freewebs.com/wreathproject, for more information about this annual community project.

For donation information, contact Curtis Stocking at California Outdoor Properties, (707) 761-3343, curtis@CaOutdoorProperties.com or Susie, (707) 249-5852, susie_qs_quilts @yahoo.com. Checks may be made payable to: Wreaths Across America and mailed to: Stocking, PO Box 773, Winters, CA 95694.

Thank you all for supporting this event again this year and with your help, we look forward to another successful effort.

CURTIS STOCKING

Proud to participate in Medicare

I just received in the mail my U.S. Health Insurance card. I turn 65 later this year. I will choose to keep this medical insurance. I am proudly patriotic to participate in our government's providing this safety net, Medicare, for 40 years. The private health companies are also: all year, my U.S. mailbox is filled with solicitation letters looking like they're from the U.S. Government. After intense inspection, it turns out that they've been sales letters from private health insurance companies. They are proud to have our U.S. Government backing and bail-out.

Remember the recent government bail-out of the financial arm of AIG, a multinational insurance company? I guess they just don't want the fair and legal regulation of their windfall profits by our self-government of democratic capitalism.

JOHN C. CHENDO

Very thankful for support from all

The Winters High School JV and varsity football teams would like to thank First Northern Bank, Cody's and the Winters Farmers Market for their support with raising monies for their summer football camp in Oregon. Without the help of our families, community, and organizer Jackie Clark, the teams would not have been able to enjoy a fantastic week, which included football, barbecues and a day jet-boating down the Rogue River in Gold Beach, Oregon.

WHS JV AND VARSITY FOOTBALL TEAMS

Must increase availability

Perhaps it is a good thing that Lois Wolk is not a member of the committee regarding Delta Water issues and that she pulled her bill. She's obviously not used to having a bill of hers amended.

If you remember, Wolk was instrumental in making sure that Cache Creek became a Wild and Scenic River. Nevermind that the only reason why Cache Creek has any water at all in the summer is because of Indian Valley Dam, and Cache Creek really didn't qualify as "Wild and Scenic."

She was not interested in making sure that irrigation water would be available for Yolo County farmers. She put it at risk because she was only interested in establishing environmental laws that would control the water.

I fear that Wolk wants to fashion a new Delta Commission to be just like the Coastal Commission and we all know how draconian that group is regarding land use of all kinds within its scope of influence. If our water would be made to come under such grouchy and unreasonable management, our economy will surely continue to fail. Such a commission formation must be watched closely or our northern waters will be stolen.

The pumps at Tracy are the not the Delta's problem, it is the amount of water that isn't available, because the democrat majority legislators have long denied storage while creating legislation that has squeezed every possible drop of water away from the Delta. If you look at the financial condition of our State budget, it mirrors the water and environmental condition of the Delta.

Thank you to Governor Schwarzeneggar and our local representatives on the committee, Jim Nielsen and Sam Aanastad, for hanging in there and endeavoring to do what is right. They realize that it is past the time for the Delta to get more water.

Reason and economics must come to the forefront in the management of the Delta and its watershed. We've got enough environmental restoration to last awhile, and so we must no longer tolerate any legislative speedbumps to providing water availability. California needs the Sites Reservoir. Now.

VICKI MURPHY

Squirrels are all gone

Dear Mr. Dawkins and fellow squirrel followers,

Thank you for your kind words about my squirrel story that ran in the July 23 issue of the Express. Your suggestions to put 100 bowls of cat food in my tree, get a .22 and/or bake nut bread were all very helpful, but not as effective as the noise of my leaf blower. (For the record, I did not direct the leaf blower at the squirrel, I blew leaves on the path. I swear.)

Also, a special thanks to Ed Dawkins for writing a poem. If I weren't a vegetarian, I would definitely solicit recipes!

Here's a squirrel riff for Mr. Dawkins in light of his letter, "Haiku for you:"

Every squirrel is sacred, every squirrel is great. If a squirrel is wasted, God gets quite irate!

JESSE LOREN

Community

Creek clean-up part of statewide effort

By MARIANNE BUTLER
Solano County Resource Conservation District

Courtesy photo

Winters resident Wendy Rash strapped her daughter to her back and helped clean up Putah Creek as part of a prior California Coastal Commission Clean-up Day. A local clean-up effort is planned for this year along Putah Creek, at Yolo Housing, and at the Putah Creek Nature Park. Volunteers will meet at Rotary Park at 9 a.m. To participate, sign up online in advance at www.putahcreekcouncil.org.

Everyone is invited to join neighbors and friends on Saturday, Sept. 19, to celebrate the 25th anniversary of the California Coastal Commission's Cleanup Day Program. From 9 a.m. to noon at more than 50 sites around Solano County, volunteers will work together to clean trash and debris along the inland shorelines of bays, creeks and lakes to help make Solano County a healthier and more beautiful place to live.

The 2009 Cleanup organizers hope to build on the success of last year's event, when they almost doubled the distance covered during the cleanup the previous year, clearing 101 miles of debris, at more than 50 separate sites throughout the county. The dedicated Solano County volunteers collected a little more than 50,000 pounds of trash — a remarkable accomplishment.

At last year's event, 2,350 people contributed three hours each of their Saturday to clean up county waterways and demonstrate with their labor that they value healthy watersheds for people, wildlife and recreation.

"Watershed" is the name given to an area of land where all runoff water flows from the highest points to the lowest points, collecting in larger and larger creeks and draining into the ocean. Everyone and everything lives in a watershed. According to the Coastal Commission, 60 to 80 percent of the debris found on California's beaches originates from inland or urban areas and washes out to the ocean.

In the lower part of Solano County, water eventually flows directly into either Grizzly or Carquinez Bay. In the upper part of the county, all water eventually flows into the Delta. Every piece of trash and debris Coastal Cleanup Day volunteers remove equals protection of our watersheds from pollutants, preservation of wildlife health and helps to keep our cities beautiful. These benefits can increase exponentially if people carry on the good work of Coastal Cleanup Day throughout the year.

Coastal Cleanup Day is a great opportunity to bring communities together, outside. This event shows people the connections between removal of litter and watershed health, and helps them to improve their environment in a concrete, visible way. It's also just plain fun, and every year the participants say the event strengthens their emotional connections to the land and their communities.

This year will be Solano RCD's first time running the event, and they are eager to encourage a big turnout by county residents. Everyone is welcome to participate. To help set new records for the 25th Annual Coastal Cleanup Day in Solano County, call one of the following local site coordinators below:

~ Dixon: Martha Jensen, (707) 678-7051 ext. 105; mjensen@ci.dixon.ca.us; website: www.ci.dixon.ca.us

~ Lake Berryessa: Carol Kunze, (707) 966-5211; carol@berry essatrails.org; www.berry essatrails.org

~ Lake Solano Park: Sean McDowell, 795-2990; scmcdowell@solanocounty.com; www.solanocounty.com/parks.

~ Vacaville: Doug DeFabio, (707) 469-6670; ddefabio@ cityofvacaville.com; www. cityofvacaville.com

~ Vallejo: Jackie Giffin, (707) 645-8258; cleanup@valcorerecycling.org; www.valco rerecycling.org.

~ Winters and Yolo County: Libby Earthman, 795-3006; libby@putahcreekcouncil.org; www.putahcreek council.org.

(Marianne Butler, environmental education program coordinator for the Solano Resource Conservation District, is coordinating this year's local California Coast Cleanup effort. Reach her at (707) 678-1655, extension 121 or Mkb353@hotmail.com.)

Start stuffing those scarecrows

By HOWARD HUPE
Special to the Express

The Winters Chamber of Commerce invites all members of the Winters community to participate in the Seventh Annual Scarecrow contest, our local salute to autumn. The event is open to everyone — local businesses, clubs, organizations, and private homes. Since there is no definite theme for the scarecrows, the imagination and creativity of the designer is virtually unlimited.

In past years, merchants have chosen to reflect their businesses. The Irish Pub used a leprechaun perched in a tree, Pacific Ace Hardware designed a handyman scarecrow, the Winters Theatre Company adorned Main Street with Hamlet-Crow, and charming children scarecrows cavorted outside of a Winters daycare center.

Many other businesses, and especially private residences, chose to use the Halloween theme with ghosts, goblins, and ghouls. How many vampires will be displayed this year? Many residences chose to decorate with beautiful autumnal displays.

The Chamber of Commerce requests that scarecrows be displayed no later than Friday, Oct. 9, and remain up through Halloween. Scarecrows will be judged in late October and awards given for both businesses and private residences. To ensure your scarecrow is included in the judging, register your entry with the Chamber of Commerce, 795-2329.

All bocce fans invited

Everyone is invited to join the Berryessa Gap Bocce Bunch on Sunday, Sept. 20, 1-4 p.m., at the Berryessa Gap Vineyards winery on Highway 128.

Lunch will be catered by Cucina Italiana, which will offer authentic Italian sandwiches for $10 to bocce fans°.

Anyone can come and watch the bocce games for free. Berryessa Gap wines will be available for free tastings during the tournament, and may also be purchased.

Center For Land-Based Learning to host author

On Sunday, Sept. 20, the Center For Land-Based Learning is hosting the fifth event in its series of "Author Gatherings" at the Farm on Putah Creek in Winters. Past authors have included John Scharffenberger, Michael Pollan, David "Mas" Masumoto, and Alice Waters. Mas Masumoto is once again visiting the Farm to talk about his latest book, "Wisdom of the Last Farmer: Harvesting Legacies from the Land."

David "Mas" Masumoto is an organic peach and grape farmer and author of Epitaph for a Peach (1995), Letters to the Valley, A Harvest of Memories (2004), Four Seasons in Five Senses, Things Worth Savoring (2003) and Harvest Son and Planting Roots in American Soil (1998). His new book, "Wisdom of the Last Farmer: Harvesting Legacies from the Land" (Free Press Aug. 4) is touted as an "eloquent and moving memoir".

The day with Masumoto will begin with a very special writing workshop taught by the author for anyone wanting to sharpen their skills writing about nature, food, farming, or just how to write so your reader will become more involved in what you are trying to convey. Masumoto is unique in the way he describes his life on the farm and the "fruits" of his labor. His skill of framing a sentence into a sensory event for the reader is nothing short of poetic genius. The workshop will begin at 11 a.m., last 2 hours (lunch included), will be limited to only 20 people and will cost $50 per person. Masumoto will take you through a series of lessons and exercises in

See AUTHOR on page A-7

Getting married? Just had a baby? Graduated from college? Announce it in the Express — it's free! Call 795-4551 for assistance

Expressions of speed

Courtesy photo

David and Cherie Felsch took the Winters Express to the Bonneville Salt Flats in Utah for Speed Week, Aug. 7-14. Pictured with them are Jozey, Mark and Rustin Miller of Hailey, Idaho. Mark currently holds three Bonneville speed records and is pursuing a fourth (200+ miles per hour) in his 1979 Pontiac Firebird.

Courtesy photo

The Winters Express was in the back seat during Speed Week at the Bonneville Salt Flats in Utah on Aug. 7-14. From left are (back) Frank Walsh, Tom Walsh, Dennis Mariani Sr., Mark Mariani, Dennis Mariani, John Walsh, Dave Silveira, (front) Tom Bates, John Lopez and Justin Walsh. The Marianis set world records with their three race cars. A 32 Ford Coupe owned by Mark and Dennis Mariani went 190.452 miles per hour. Dennis Mariani Sr. set a record with a 1927 Ford Coupe at 162.421 miles per hour, and another with his 1934 Ford Coupe at 253.449 miles per hour.

Solano College hosts annual college event

Solano Community College's annual College and University Day takes place on Monday, Sept. 21. Two sessions have been scheduled from 9 a.m. to 1 p.m. and from 5:30-7:30 p.m. on the Fairfield campus at 4000 Suisun Valley Road, in the newly remodeled Cafeteria, Building 1400

The public, including parents and high school students, is invited to attend this free event and meet college and university representatives from California State Universities (CSU), Universities of California (UC) and private colleges. This event is once-a-year opportunity to get first-hand information about admission requirements, fees and expenses, housing, and other information from the representatives of these colleges:

~ Participating colleges include the Mills College, St. Mary's College, University of Nevada/Reno, CSU (CAL Poly) San Louis Obispo, CSU Chico, CSU East Bay, CSU Fresno, CSU Maritime, CSU Sacramento, Humboldt State University, Sonoma State, and the Universities of California at Berkeley, Davis, Los Angeles, and San Diego.

There is free parking in the designated lot # 4 the day of the event.

For more information, call (707) 864-7124.

AUTHOR

Continued from page **A-6**

an intense and intimate small group learning experience.

If you are not able to get a reservation for the workshop, you can still enjoy visiting with the author by attending a public reading and book signing of his recently published book. In addition to talking about his book, Masumoto will lead a general discussion concerning sustainable food and farming. This event will be held from 2-5 p.m. and will include a light snack. The cost to attend this event is $10 per person and his book will be available for purchase.

For more information about the author, visit www.masumoto.com.

The Farm on Putah Creek is located at 5265 Putah Creek Road, Winters. For more information about the Center and its mission to help educate and guide students to become future farmers and stewards of our land and for directions visit www.landbasedlearning.org.

To reserve a place for you at the farm to enjoy a "Day with David Mas Masumoto" email info@landbasedlearning.org or call 795-1520. This event is a fundraiser for the Center for Land-Based Learning and is fully tax-deductible. Masumoto is gracefully donating his workshop fees and a portion of his book sales to the Center and to their exciting educational programs.

Creek committee to meet

The Winters Putah Creek Committee will meet on Monday, Sept. 21, at 7 p.m. in the council chambers at City Hall.

The agenda includes:

Election of new officers; parkway projects update; Evilsizor easement update; North Bank Improvement update.

Don't miss out
on your local news!
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Winters Express!
795-4551

TEACHERS

Continued from page A-1

ticipation in the "Add a Dollar" campaign. Pacific Ace Hardware raked in $430 of the $800 raised by the campaign — more than half the total amount.

Bresnick Holmes said the plaque will be displayed at Pacific Ace Hardware for the rest of the year, and will be won by the business to raise the most "Add a Dollar" funds next year, as a rotating award.

The evening's highlights included a raffle for a variety of prizes, and the distribution of 31 "goodie bags" to all teachers in attendance. The bags featured all sorts of items that were donated by local merchants and that can be purchased locally for classrooms, including paper, pencils and office supplies.

Besides providing teachers with a few extras for the classroom, the bags are also the Chamber's way of pointing out that Winters merchants often have the items teachers — or anyone — might need, right here in town. Most of all, however, the barbecue is the Chamber's way of saying "thank you" to Winters teachers.

"Many of our teachers not only work but live in Winters, and they're dedicated to our students and the community — they go above and beyond," says Chamber president Nancy Meyer. "They treat these students as their own, and that's what Winters is all about.The dedication that's given to their profession and to their students displays the true heart of Winters."

Local businesses, groups and individuals that donated items for the teachers' gift bags included First Northern Bank, Winters Friends of the Library, Warrior Video, Steady Eddy's, Putah Creek Café, the Center for Land Based Learning, Three Palms, Morgan's of California, Nancy Meyer, Eagle Drug, Pacific Ace Hardware, Lester Farms, Cody's Deli, the Winters Printing Company and the Winters Express.

Chamber Mixers take place on the second Monday of each month.

Photo by Debra DeAngelo

Winters Area Education Association member Rebecca Bresnick Holmes (right) presents the Golden Apple award to Pacific Ace Hardware manager Gino Mediati at the annual Teacher Appreciation Mixer. Pacific Ace Hardware raised more than half of all the money collected in the WAEA's "Add a Dollar" campaign to raise money for local education programs.

Photo by Debra DeAngelo

Shaunie Briggs (left) serves a dessert of barbecued peaches to Winters teacher Rebecca Fridae at the Winters Chamber of Commerce's Teacher Appreciation Mixer on Sept. 14. Also in attendance was Melanie Bajakian Pickerel (center). Briggs & Co. catered the annual barbecue, and featured local produce from the Winters Farmers Market, and a "green" theme with bring-your-own dinner plates and utensils.

Walk to cure diabetes planned at State Capitol

More than 5,000 walkers, including Davis, Woodland and Winters residents, local corporations and organizations, are expected at the Juvenile Diabetes Research Foundation's (JDRF) 20th annual Walk to Cure Diabetes Sunday, Oct. 4, at the State Capitol from 8 a.m. to noon.

Henry Gonzalez will lead area walkers in their quest to raise $450,000 for research to find a cure for the Type 1 diabetes (formerly called juvenile diabetes) and its complications.

A resident of Fairfield, Gonzalez has been with PepsiCo, the parent corporation for Frito-Lay, for almost 23 years and is a frequent participant in community activities.

"Daily finger pricks and insulin shots are not something these kids should have to endure," said Gonzalez, chairman for the walk.

"I'm thrilled to be a part of this effort to raise money for a cure," Gonzalez said. "My own father died of complications from Type 2 diabetes, which affects many members of our family."

Diabetes kills one American every three minutes, and costs California's health care system $12 billion annually, according to Dave Kasama, special events coordinator of the Northern California Inland Chapter of JDRF.

"JDRF's mission is constant — to find a cure for diabetes and its complications through the support of research," Gonzalez said. "This is a great effort to raise money for a cure."

JDRF, the leading charitable funder and advocate of type 1 diabetes research worldwide, was founded in 1970 by parents of children with juvenile diabetes. Since that time, JDRF has contributed more than $1.3 billion to Type 1 research, put a cure in sight, and earned an "A" rating from the American Institute of Philanthropy.

For more information, visit the JDRF website, www.jdrf.org, or contact the Northern California Inland Chapter, (916) 920-0790 or northernca@jdrf.org.

CARNITAS

Continued from page A-1

rice, tortillas and salsa. Music, dancing and kid-friendly activities will round out the day.

There are still slots available in the Carnitas Cook-off competition. The First Place team will receive a $300 cash prize. The People's Choice winner will receive $150. Cooking begins at 9 a.m. Anyone interested in putting together a team for the cook-off may pick up an application at City Hall or on the City of Winters website. Teams are not required to obtain a health permit, as the Carnitas Cook-off will be covered under the event coordinator permit.

Community groups, non-profit groups and vendors may also submit applications to participate in the event. Food vendors must have a valid health department permit, which is available at the Yolo County Health Department, 137 North Cottonwood Street, Suite 2400 in Woodland, or by calling 666-8646. Booth applications are available at City Hall or on the City of Winters website.

All booths, except Carnitas Cook-off booths, are invited to provide a child-friendly activity such as fishing, a lollipop pull, crafts or musical chairs. Applications for all booths must be returned to City Hall as soon as possible to allow for processing.

For more information about the Festival de la Comunidad, contact Dawn Van Dyke 795-4910, extension 108; Mary Jo Rodolfa, 795-4910, extension 111; or visit the website at www.cityofwinters.org.

It's time to get your scarecrow up for the annual Scarecrow Contest! Call the Chamber of Commerce, 795-2329, for more information.

CITIZEN

Continued from page A-1

lifetime or long period of time. Priority is given to those nominees who have shown this dedication to the community on a volunteer basis, and should show "considerable selfless expenditure of time and energy" towards that end, said Chamber board member Howard Hupe, a member of the nomination committee. Volunteer activities in a variety of capacities will also be considered by the selection committee.

The Theodore Winters Award is similar to the Citizen of the Year award in spirit, but goes to someone who has devoted herself or himself to a local cause or effort on a voluntary basis. This award goes to someone who has shown dedication to making the community a better place to live on a short-term basis, sometimes in one or particular capacities. The recipient of this award is chosen by the Chamber's board of directors.

Like the recipient of the other two awards, the Senior Citizen of the Year is someone who has made a significant contribution to improving the quality of life for the citizens of the Winters community. The recipient is selected by the Chamber's board of directors.

The Business of the Year award is given to a business that has show unselfish contribution to the community and or residents of Winters. The Chamber regards the recipient of this award as a role model for enhancing the relationship between local residents and the business community. The selection for the award is made by the Chamber's board of directors.

Anyone in the community may make a nomination for one, some or all of these awards by writing a letter or emailing the Chamber about the reasons a person or business deserves the award. Nominations should include the nominee's name, the particular award she or he is being nominated for, and the sender's name and phone number in case the selection committees have any further questions.

Send written nominations to the Winters Chamber of Commerce, 11 Main Street, Winters, CA, 95694. Email nominations to chamberwinters@yahoo.com.

Besides seeking nominees for this year's awards, the Chamber is also accepting applications for four seats on its board of directors this year. Potential board members must be Chamber members.

The Chamber's board of directors meets on the second Friday of each month at 7 a.m. inside the Winters Visitors Center, which houses the Chamber office at 11 Main Street. Board member duties include helping to plan and conduct a variety of community activities.

For more information about the nomination process, available board seats, or to join the Chamber, call the Chamber's executive director, Edmund Lis, 795-2329, or stop by the Chamber office.

Entertainment

Children's festival raises funds for WPNS

The 13th Annual Winters Parent Nursery School Children's Festival takes place on Saturday, Oct. 3, 10 a.m. to 3 p.m. at St. Anthony Parish Hall, located at the corner of Grant Avenue and Main Street.

This fun and family oriented event for the community aims to raise funds that help make WPNS affordable for Winters children.

Festivities include carnival games and prizes, Jump for Joy Music with Wiley and Friends, train rides, Dilly Dally the Clown, an inflatable obstacle course, a corn bath, face painting, and plenty of food and drinks.

There will also be a "Pick a Pumpkin" raffle, and the lucky winner will walk away with $1,000. Tickets can be purchased for $10 each from the school or from the parent of any WPNS student. Ticket stubs may be exchanged at the festival for a pumpkin.

Admission and entertainment is free. Games, food and drinks will be offered for a nominal fee.

For more information, call 795-4659.

Stargazing evening planned

Rush Ranch Education Council volunteers will host a "Star Party at Rush Ranch" on Friday, Sept.18, at 7 p.m. The free event kicks off with a short presentation in the Nature Center conference room describing the objects to be viewed, and introducing guests to telescopes they will be able to use.

Jupiter should be in full view, as well as Neptune and Uranus, and there is a possibility of seeing Comet 22P/Kopff. Telescopes and viewing help will be provided by local amateur astronomers Jim Jerrell, Dennis Sullivan, Jim Klopstock and Gilbert Dominguez.

Visitors are reminded to prepare for potentially cold and windy weather after dark at the site on Suisun Marsh, as well as mosquitoes. There will be little moonlight, which improves visibility of celestial bodies, but flashlights may be needed, as long as the lens is covered with several layers of red cellophane to preserve night vision. Children are welcome but must be supervised for their safety at all times on this historic working cattle ranch. Restrooms and a drinking fountain are available on site, but smoking, open flames or alcoholic beverages are not permitted.

Guests are welcome to bring their own telescopes or binoculars. If you have purchased a new telescope for this event, Jim suggests that you "set it up at home in the daylight first, and become completely familiar with the controls and functions, as that first setup can be intimidating. If you need assistance setting up, please arrive early, and one of us will be available to help before 7:30 p.m."

Rush Ranch Open Space is located on Grizzly Island Road, about three miles from Highway 12 in Suisun, and is owned by the nonprofit Solano Land Trust, preserving agricultural lands, open space and resources through the acquisition of land and conservation easements, education and land management in Solano County.

Anyone with questions can call the Education Coordinator at Solano Land Trust at (707) 432-0150, ext 200 before Sept. 18, or e m a i l : teri@solanolandtrust.org.

UC Davis gallery hosts African American quilting exhibition

"It is widely understood that the African American contribution to American culture has been crucial, even definitive, in music and dance, and increasingly vital in literature and theater, but not as well appreciated is the black contribution to visual art forms," said Renny Pritikin, director of the Nelson Gallery in Davis, which is hosting an exhibition of African-American quilts which will be at the gallery, Room 124 of the Art Building on the UC Davis campus, from Sept. 24 to Dec. 13. An opening reception is planned for Oct. 1, 5:30-7:30 p.m.

This exhibition contains fine examples of quilts made by former slaves, and also 21st century creations informed by past African-American quilting.

Felicenne Ramey of the Nelson Board and Pritikin are curating this exhibition, which incorporates pieces from the collections of Avis C. Robinson, of Washington DC, and Sandra McPherson, of Davis. Quilts by Avis Robinson hang in The Whitney Museum, The Corcoran and The Washington Post Headquarters. Sandra McPherson is a former English professor at UC Davis who writes poetry rooted in quilting traditions.

This exhibition is supported by a gift from the Nehemiah Corporation and is in association with a concurrent exhibition at Forty Acres Gallery in Sacramento, African American Quilts of Northern California, that will run from Oct. 13 until Dec. 26. For further information, contact Katrina Wong, nelsongallery@ucdavis.edu.

Getting married?
Just had a baby?
Graduated from college?

Announce it in the Express — it's free!
Call 795-4551
for assistance

Oktoberfest is here again!

Courtesy photo

Winters Soroptimist members have their aprons on and are ready to serve you sausage, potato salad and libations at their second annual Oktoberfest, planned for Saturday, Sept. 26, at 3 p.m. at the amphitheater behind the Winters Community Center. Tickets are $20 in advance and $25 at the door. Festivities include live music with Tom Rigby and Flambeau. The event raises funds for local scholarships for Winters High School seniors and returning students. Tickets can be purchased at www.siwinters.com or by calling 795-4656, 795-2009 or (707) 410-6603.

New season of storytelling begins in Davis

A new season of the Children's International Storytelling Program opens on Sept. 20, with a performance by Bay Area storyteller Kirk Waller. The event takes place at I-House, located at 10 College Park in Davis 2-3 p.m.

Waller has been entertaining and mesmerizing audiences for over 20 years with his electrifying, musical and magical storytelling style. His stories are a dynamic blend of musicality, mime and emotion. He tells folktales from around the world, African American stories, historical tales, personal stories as well as original tales.

Waller is currently the Director of Storytelling Program at Stagebridge in Oakland, Ca. He is also a current board member of the Storytelling Association of California (SAC); a member of the National Storytelling Network, National Speakers Association, Storytelling Association of Alta California (SAAC), and Delta Word Weavers.

One Sunday afternoon per month, children ages 5-10 with an accompanying adult, enjoy storytelling performances with an international content at the I-House.

Each storytelling event is open to the public. There is no charge for International House members. There is a suggested donation for non-members ($2 per person or $5 per family).

For further details, send an e-mail to chips@internationalhousedavis.org . More information on the Storytelling Program is available at www.internationalhousedavis.org/prog/children/st.

International House, Davis is an independent, nonprofit community organization. Its purpose is to promote respect and appreciation for all peoples and cultures.

Two shows still open at gallery

Two exhibitions are still on display at the Vacaville Art Gallery, now until Sept. 26.

One is an all-photography show by members called "Shutter." The exhibition features color and black and white photographs of all types of subject matter.

The second is an exhibition of the gallery's Spotlight Artist, Mary Barry. Barry's display will feature mixed media, acrylic paintings and fiber art.

For more information, call (707) 448-8712.

'Seussical' musical opens DMTC's 25th season

The Davis Musical Theatre Company (DMTC) opens their 25th anniversary season on Sept. 18 with the musical "Seussical."

The show runs through Oct. 11, Fridays and Saturdays, 8:15 p.m., and Sundays, 2:15 p.m. at the DMTC Performing Arts Center, 607 Pena Drive in Davis.

Based on the wild wacky world of Dr. Seuss, this Broadway hit is fun for the entire family. Join the mischievous Cat in the Hat in this fantastical, magical, musical extravaganza! Seussical lovingly brings to life all the favorite Dr. Seuss characters, including Horton the Elephant, Lazy Mayzie and all of the Whos of Whoville.

The production will be directed by Jenifer Price with musical direction by David Chan and choreography by Ron Cisneros.

Tickets are $18/general, $16/students and seniors (55 & over); groups of 10 or more are $14 each ticket; available online at: http://www.dmtc.org or by calling 756-3682.

Sports

Lady Warriors looking for chemistry

Photo by Eric Lucero

Haley Tobler bumps a hard hit ball back to the setter during the JV volleyball game against Woodland Christian at Young Gymnasium on Wednesday, Sept. 11.

By ERIC LUCERO
Express sports

The Winters High School varsity volleyball team played three games last week and despite three losses, is still looking on the positive side.

`"With so many new athletes to the team, it has definitely been a good learning experience for all of us," said coach Maribell Chavez. "They show great dedication so I know that they are out here to play hard and get a win. It is going to take us some time to click together on the court. We need chemistry on the court at all times."

The Warriors started with a tough loss to Esparto on Tuesday, Sept. 8, at home. Winters lost all three games but kept all three very close. In game one the score was 25-20, then 30-28 and 25-22 in game three.

"We had some great rallies," Chavez said. "Anna had 12 digs as she played the libero postion. Ashley Anderson had seven kills. Ashley also had good consistency with her jump serves. All the girls were on, we just had a tough loss.

"Zulema Mora and Taylor Hofstrand played all around and did an excellent job on defense. Taylor Bradbury had three blocks and one kill. Taylor Hamilton did great for being her first time out on the volleyball court as a setter and backing her up was Jasmin Barrera."

On Wednesday, Sept. 9, the Lady Warriors hosted Woodland Christian and again played three solid games that ended with defeat with scores of 25-15, 25-21 and 25-21.

"We had a lot of mental errors," Chavez said. "We allowed Woodland to beat us from our mistakes. Anna had eight digs. Ashley had five kills and Taylor Bradbury had two blocks. We also had great consistency with serves by Ashley and Taylor Hofstrand."

On Thursday, Sept. 10, the Lady Warriors played Live Oak and lost to the Lions. The stats were unavailable at press time but coach Chavez said that the team just needs to learn how to work together.

"Against Live Oak it was a complete mental loss of the game," said Chavez. "We had no chemistry. It will take time for the girls to figure it out and hopefully it will be soon."

JV team struggles

The Winters High School JV volleyball team played three matches last week under the direction of new head coach Teresa Perkins. The Lady Warriors started out the week with a loss to visiting Esparto on Tuesday, Sept. 8, in three games. Winters won their first game 25-16 but lost game two 25-12 and 15-11 in game three.

On Wednesday, Sept. 9, the Warriors hosted Woodland Christian and lost in two games. In game one the Warriors lost 25-14 but put up a good fight in game two with a 25-22 score.

The Warriors kept on improving as they played the Live Oak Lions on Thursday, Sept. 10, and despite losing in two games, they kept the games close and played competitive losing 25-19 and 25-20.

"We played better each game but are not quite where we need to be," said Perkins. "The girls are working hard and are looking forward to their first win. Haley Tobler, Emma Young and Ilene Reynoso played particularly well last week."

Warriors beat Willows, ready for Dixon

By ERIC LUCERO
Express sports

The Winters Warriors varsity football team improved their early season record to 2-0 after defeating the Willows Honkers on Friday, Sept. 11, at Dr. Sellers Field by a score of 14-6.

The game started with both teams playing stingy defense and ended the first quarter scoreless. The Warriors took control in the second quarter when quarterback Zach Higgins hooked up with Bryan Case on a 50-yard touchdown pass to put the Warriors up 6-0. The PAT kick was wide right but the Warriors were on the board.

The Warrior defense was able to keep the Honkers out of the end zone until the last play of the game, but the Warriors scored again in the second quarter when Higgins found Riki Lucero on another touchdown pass — this time for a 19-yard score with a one-handed catch in the end zone by Lucero. Jacob Lucero scored the two point conversion with a run up the middle and that would put the Warriors up 14-0.

With no help from a scoreboard that wasn't working, the game seemed to be over, but the referees said there were two seconds remaining in the game. So, the Honkers went to the air and scored from 17 yards out on a pass across the middle to end the game with a 14-6 Warrior victory.

Defensively, Thomas Boswell led the Warriors for the second week in a row as he delivered punishing hits all over the field. Boswell ended the game with 15 tackles. Higgins totaled seven tackles, while Case, Dylan Ney and Billy Rotenkolber each had six tackles.

Offensively, Higgins led the Warriors completing 8 of 13 passes for 123 yards, two touchdowns and an interception. After two games Higgins leads the league in passing yardage with 385 yards, four touchdowns and has completed 22 of 31 attempts.

Steven Warren led the Warriors ground attack thanks to a 58-yard run on the first play from scrimmage. Warren only played about half the game because of an injury but still managed to total 112 yards on 13 carries. Warren also leads the league in rushing yardage with 213 yards and is followed by Jacob Lucero who is third in the league with 133 yards after gaining 73 yards on 12 carries against the Honkers. David Villagomez added 29 yards on eight carries, while Higgins had three yards on two carries.

Higgins did a good job of spreading the wealth around with his receivers as he found five different players to throw to. Case had one catch for 50 yards and a touchdown.

The Warriors will head to Dixon this week to take on the Rams. Dixon is 1-0 after defeating Antelope High School last week in their season opener.

Borchard wins grid contest

Joseph A. Borchard was the first place winner in the first Winters Merchants' football contest of the season.

Five contestants tied with 21 out of 28 games picked correctly, with Borchard winning the $30 first prize on the basis of the tie-breaker score of the Iowa State-Iowa game.

There were 38 points scored in that game with Borchard picking 37, Ann Gertz picking 35, Javier Garcia guessing 34, Jack Slaven picking 49 and Bob Young picking 48.

Gertz wins the second prize of $15.

All of the other contestants had 20 or fewer correct selections.

JV Warriors beat Willows in home opener

By ERIC LUCERO
Express sports

The Winters Warriors JV football team beat the visiting Willows Honkers 19-8 on Friday, Sept. 11, at Dr. Sellers Field. Winters took the early lead when Niko Doyle ran a 16-yard gain but had the ball stripped at the five yard line. The ball rolled into the end zone and a heads up Kyle Nichols dove on it for a Warrior touchdown. Darby Borges kicked the PAT and put the Warriors up 7-0.

Later, John Botro knocked the ball loose from the Willows quarterback, the ball popped up in the air, Keli Callison caught it and raced 85 yards for another touchdown.

Winters will travel to Dixon on Friday, Sept. 18, to take on the Rams.

Good luck, Warriors!

PISANI'S ATHLETE OF THE WEEK

Anna Campos

Anna Campos, a junior on the Winters High School varsity volleyball team, is this week's athlete of the week.

Last Tuesday, Sept. 8, against Esparto, Campos had 12 digs and had eight more against Woodland Christian on Wednesday, Sept. 9.

"Anna is one of my captains," said coach Maribell Chavez. "She shows tremendous dedication and communication on the court."

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Schools

Winters swimmers host first meet

By ANIETTA TICE
Special to the Express

The Winters High School Swim Team hosted its first meet of the 2009 season last Wednesday, Sept. 9, at the Bobbie Greenwood Community Pool. Swimmers from Durham, Gridley, Rio Vista, Oroville, and Las Plumas High Schools competed.

The Winters girls team won with 104 points while second place Durham finished with 91 points. Senior Maya Tice was the top scorer with two first place finishes in both of her individual events, the 100 yard butterfly (1:01.38) and the 100 yard backstroke (1:03.67). Junior Tess Hyer placed first in the 100 yard freestyle with a time of 59.42.

Freshman Natalie Robert-Kane had two third place finishes in the 200 yard individual medley (2:35.37) and the 100 yard breaststroke (1:21.71) in her debut high school meet. Sophomore Ashley Shaw also placed third in her two events, the 200 yard freestyle (2:35.58) and the 100 yard butterfly (1:22.24).

Tess Hyer, Ashley Shaw, Cheyenne Powell, and Sarah Stephens placed first in the 200 yard freestyle relay with a time of 1:58.25. The relay team of Tess Hyer, Shannon Sinkovich, Natalie Roberts-Kane, and Maya Tice won the 400 yard freestyle relay with a time of 4:03.12.

On the boys' side, Winters won with 132 points to second place Rio Vista with 61 points. Junior Kevin Hyde was the top scorer with two first place finishes in the 200 yard freestyle (2:03.86) and the 500 yard freestyle (5:28.99). Senior Tyler Berg placed first in the 100 yard freestyle (52.96) and second in the 100 yard breaststroke (1:13.40).

Senior Justin Hyer placed first in the 50 yard freestyle (23.69) and second in the 100 yard freestyle (54.28). Freshman Jake Nicholson had an outstanding meet with two second place finishes in the 500 yard freestyle (6:28.37) and the 100 yard backstroke (1:16.23). Sophomore D. J. Tice placed second in the 100 yard butterfly and third in the 200 yard individual medley with two personal best times of 1:04.94 and 2:24.95, respectively.

Jake Nicholson, Tyler Berg, Justin Hyer, and Kevin Hyde placed first in the 200 yard medley relay with a time of 1:55.56. The relay team of Tyler Berg, Kevin Hyde, Justin Hyer, and D. J. Tice won the 400 yard freestyle relay with a time of 3:43.12.

Coach Kevin Chester is very pleased with the performances at this first meet. He says spectators can expect more action from the team throughout the season.

The next home meet is Wednesday, Sept. 23, at 3:30 p.m.

Long rules with rabbits at county fair

By MATTIELYN LONG
Special to the Express

The end of this summer came and went, along with the Yolo County Fair. From the winters High School FFA. Hannah Long entered rabbits for the small animal barn competition.

Long started a breeding project this year. She was successful with both Californian rabbits and New Zealand Whites. She brought a total of 15 entries with her to the fair. Almost every one of her entries placed.

She won Grand Champion Meat Pen, 1st place Champion Senior Heavy Weight Buck, 1st place Champion Senior Heavy Weight Doe, 1st place Champion Intermediate Heavy Weight Doe, 1st Place Champion Single Fryer, 2nd Place Senior Heavy Weight Doe, 2nd Place Senior Heavy Weight Buck, 2nd Place Single Fryer, 2nd Place Intermediate Heavy Weight Doe, 3rd Place Senior Heavye Weight Doe, and 4th Place Single Fryer.

Long also did well in showing her rabbits. She earned herself 1st place in Advanced Rabbit Showmanship. This allowed her to advance to Small Animal Barn Round Robin, in which she won 3rd out of 12 places. She also entered and took Extreme Exhibitor of the Small Animal Barn.

What an awesome start to her senior year at Winters High.

Courtesy photo

Hannah Long and Tyler Tufts of Winters High School FFA, get ready for the Yolo County Fair auction. Long sold her Grand Champion Meat Pen, consisting of three Californian rabbits, and Tufts sold his Grand Champion Turkey.

Winters Boy Scouts hold Court of Honor

The Winters LDS Troop 998 held a Court of Honor on Wednesday, Sept. 9, at the LDS Church on Anderson Avenue. Conducting the Court of Honor was Mitchel Stewart, 2nd Class.

The theme for these meeting was "Education." After opening ceremonies, Mitchel Stewart, Nick Muldong and Tom Ryel, C.O.R., gave short talks on the need for education.

Next, Scoutmaster Aaron Drumright handed out 25 Event Patches to all those who attended Camp Cole. An Investiture Ceremony was held to welcome two new scouts into our Troop.

Ka'eo Drumright bridged May 26 and Devon Muldong bridged to scouting July 28. They have earned the Arrow of Light. This is the highest award in Cub Scouting and the only Cub Scout award that you can wear on your Boy Scout uniform.

Drumright awarded Ka'eo Drumright, Matthew Twomey, and Nick Muldong a rank advancement to Scout. They received rank patches and pins for their mothers.

The rank of Tenderfoot was awarded to Peter Escalante by Scoutmaster Drumright, and the rank of Second Class Scout was awarded also to Peter Escalante by Ruben Martinez.

A total of 25 merit badges were given to Kaimi Drumright, Peter Escalante, Nick Muldong David Olegario, Mitchel Stewart, Nick Stewart, and Zach Williams. Varsity Scout Cody Svozil was given seven merit badges: Astronomy, Auto Mech, Basketry, Camping, Leatherwork, Orienteering and Wood Carving.

Scoutmaster Drumright then gave his Scoutmaster Minute talk. This was his last night as Scoutmaster. Troop 998's new Scoutmaster is Ruben Martinez. Andrew Cliche and Aaron Drumright will be the Assistant Scoutmasters.

FFA members rewarded at county fair

By ERIN BECK
FFA reporter

Early morning feedings and long hot work days have finally paid off for Winters FFA members who attended the 2009 Yolo County Fair. The shows took place all through the week, Aug. 18-21. The auction where all members sold their animals was on Saturday, Aug. 22.

Supreme Exhibitor is an award based on an interview, livestock placement, and an educational display. Twenty-two exhibitors competed in this, and Wesley Kraintz took first place in the large animal division followed by Katie Eslick with second place. In the Small Animal division Hannah Long placed first.

Round Robin is the competition between all of the showmanship winners. They must show every species in their group either large or small animal. For large animal round robin, Kraintz was first, Eslick placed third and Alex Huizar received fifth. In novice large animal Ashley Kristensen placed first and Molly Nickelson placed fourth. For small animal advance, Hannah Long placed in the top five.

The Winters FFA Chapter had six grand champion animals and two reserve champion animals. The chapter also had plenty of breed winners. Grand Champion animals were exhibited by Kraintz with the grand champion lamb and goat, Eslick with the grand champion steer, Austin Calvert with the grand champion hog, Long with the grand champion rabbit, and Tyler Tufts with the grand champion turkey. Reserve grand champions were Wesley Kraintz with reserve grand champion steer and Eslick with reserve grand champion hog.

Breed championships are also a big deal at the fair. They are the animals that are picked to compete for grand champion over all. In lambs, there were six breeds. The winners were Eric Cardenas with the champion Dorset, Edwin Sanchez with the champion AOB, Kraintz with the champion Suffolk, Ashlynne Neil with natural colored lambs, and Sarah Warren with reserve natural colored.

For hogs, there were five breeds. The breed champions were Brad Case with the champion Duroc, Eslick with Hampshire, and Calvert with cross bred.

Many other students had class winning animals in hogs; Destiny Rogers, Sam Donlevy, Jason Pate, Jessica Cummings and Josh Myers. In goats, it was Olivia Manas and Nickelson.

For Chapter Group, where they judge a group of the best animals, the Winters FFA won in hogs, goats and steers. Winters FFA took second in lambs chapter group also.

In the showmanship category there were numerous top five finishes. For advanced showmanship, hogs were Eslick, Huizar and Calvert; lambs were Kraintz, Eslick, and Kristensen; steers were Kraintz, Eslick and Anthony Pantelao; rabbits were Long; veal calf were Chelsea Anstead; goats were Kraintz and Nicholson. Novice showmanship, hogs were Andrew Gonzales and Jason Pate; lambs were Kristensen and Taylor Choonhauari; goats were Nickelson, Augustin Villagomez, and Emma Young; turkey was Tufts.

Overall, it was a great week at the Yolo County Fair. Winters did especially well and all the hard work paid off. We are very proud of our students, for they all did extremely well in their shows. We are hoping next year's fair will be just as successful. Thank you to everyone who supported our FFA members with their projects.

School board to meet this Thursday

The Winters School Board will meet on Thursday, Sept. 17, at 6:30 p.m. in the Walnut Room at the school district office, 909 West Grant Avenue. The agenda includes:

~ Recognition of Winters Middle School students Gildarto Partida, and Winters Middle School parents Laura Dean and Susan Kreun.

~ Communication and reports.

~ Curriculum Master Plan and curriculum planner information.

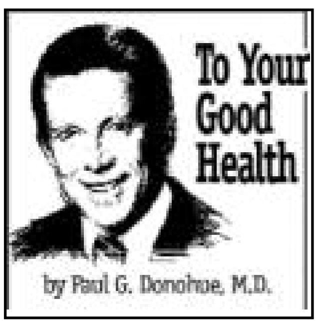
~ Maintenance and operations update.

~ Consent agenda (minutes, warrants, etc.)

~ Informal review of Governance Team's performance.

Features

Murmurs not always serious



DEAR DR. DONOHUE: During my recent physical exam, my doctor said I had a heart murmur but not to worry about it. I decided to go to my heart doctor anyway. He did an EKG — normal. I had a stress test last June — normal. He states that many people my age, 87, have heart murmurs. He said he would watch it.

Do I have a dangerous heart problem? I play tennis three nights a week and exercise with weights a few times a week. My weight is perfect for my height. I sleep well. My wife cooks without salt, and we watch our sugar intake. I take one pill for high blood pressure and one pill for an enlarged prostate gland. — R.E.

ANSWER: An 87-year-old with a dangerous heart problem could not play tennis three times a week and lift weights even a few times a week. You have no symptoms. You have a normal EKG and had a normal stress test. Your heart health must be good.

When doctors listen to hearts with a stethoscope, they hear a "lub-dub" sound due to the closing of the four heart valves. Murmurs are noises heard between those two sounds. Often they indicate narrow or leaky heart valves. The murmur comes from a disturbance in blood flow due to the abnormal valve. It creates eddy currents in the blood, which generate sound. However, eddy currents arise for other reasons, some of which have nothing to do with heart valves. Older people often have such sounds, i.e., murmurs. Those sounds are innocent murmurs.

Even if your murmur is a sign of valve damage, the damage must be slight. You have no symptoms. You are more active than people half your age. The chance that a slightly damaged valve in someone 87 years old would progress to a dangerously damaged valve is most unlikely.

Readers who would like more information on heart valve disease can order the booklet on that topic. Write to Dr. Donohue — No. 105W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for $4.75 U.S./$6 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

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DEAR DR. DONOHUE: For four years I have been dealing with lichen planus. Is there any new treatment? — J.P.

ANSWER: Lichen planus is most often found on the skin of the wrists, ankles and legs. It can also find its way into the mouth. The genital skin is another target. It starts as flat-topped, many-sided, small red patches that can merge into a larger patch. The color turns purple. White lines crisscross the surface of the patch. The outbreak is intensely itchy. A cause hasn't been identified, but it might result from an immune system gone berserk. Sometimes it's seen in conjunction with another illness, like hepatitis C.

The strongest varieties of cortisone creams and ointments are the usual treatment. Many patients are free of the condition in a year or so. To prevent relapses, some have to keep applying the ointments on a less-frequent basis once the skin has cleared.

***

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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The secret lives of mothers

It comes down to phases. In the teenager phase, the body is rock hard with skin stretched tight as a drum. Everything is new and anti-gravity. You look great from every angle! Every door is open, and most mistakes can be fixed and overcome.

People say, savor every moment, but you feel like adulthood can't come fast enough. You are almost delirious in your rush to act grown up and you find yourself married and ready for kids!

The pregnancy phase begins with delight and dry heaves — morning sickness. It is the first hint to the hard work ahead and you ignore it. Soon, you are as big as a house and people say you glow and are beautiful. Strangers try to touch you, and although you resemble a blood-engorged tick, you are pretty excited about having a baby.

Everything is filled with hope, light, and tiny, adorable, soft clothing. People buy gifts and help you do things. Nothing could make life better than the little angel you are about to receive, then you go into labor! Imagine a casaba coming out of your nostril, and you've imagined childbirth.

Childbirth is awesome, but people try to keep that a secret. Shh. Don't tell them otherwise. I did it all natural, no pain killers, and a home birth. It was the closest experience to a marathon. At the end you are equally exhausted, but you get a prize: A slippery human, complete with a set of functional lungs!

Goodbye sleep, goodbye tight skin and anti-gravity hooters. Hello strollers, bibs, spit up, nursing bras and comfortable waistbands. Whoooo hooooo.

Welcome to parenthood. Suddenly, the cutest baby in the world is yours. It is perfect, even if it's not perfect, it's perfect to you. Why not have a couple more! You are wired to love them, to do everything you can to raise them, to fret, loose sleep, fork out all kinds of money, forgive, get into debt for them, work snack bars and home games, drive to practices, pick up pom-poms and get them ready for college.

People say savor every moment, because it will be gone before you know it, and you feel it can't be true, because every day is long and hard with new things to worry about, and new things to buy, illness, car accidents, viruses, great joys and run of the mill disappointments.

You are tired, but you are in the trenches of parenthood and you see no end in sight. This is good. Really good. You could be in this phase for 20 years or more. You start to understand how your parents weren't perfect because they were probably tired too. You start to be nicer to everyone, or at least more accepting.

Then your last kid chooses a school far away and he has to move out. Trust me, there are worse fates, but it just doesn't seem right. You feel sad, but you don't know why. Then it hits you. "OMG nobody told me that if I do a good job, they're all gonna leave! What am I gonna do now? I've been raising kids my whole life!" You start to dry-heave uncontrollably, and you feel like you are going to vomit and cry at the same time. It all starts to make sense.

Now you have mourning sickness.

You are mourning that everything you know and accept as a mom is about to change. You get to be a different you than you have been for umpteen years. A new post gravity, post parenthood, you, but you aren't really sure who that is, you just know it means a new phase.

You won't be quite as needed, but you will still be needed. You won't be quite as instrumental in every decision, so you have to learn to keep your opinions to yourself.

In a way, you have to reinvent yourself by being pregnant with your own true values and your own true self. It's a lot like pregnancy, but people don't really come up to you and touch you, unless it's for a massage appointment or a pedicure, then you have to tip them.

You might resemble a blood-engorged tick again, but maybe not.

Younger people don't understand how much you really know or have experienced, and it is best not to tell them, because if you did, life would lose its element of surprise. And besides, your empty nest is an opportunity for reinvention, right? Why not!

Salome's Stars

ARIES (March 21 to April 19) Travel plans could be interrupted by the reemergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

TAURUS (April 20 to May 20) Aspects favor cultural activities for sensuous Bovines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

GEMINI (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

CANCER (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

LEO (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later on.

VIRGO (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

LIBRA (September 23 to October 22) You might be tempted to employ the same tactics as your adversary, but that could backfire. Better to use the same balanced approach that has worked for you before and could again.

SCORPIO (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

SAGITTARIUS (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

CAPRICORN (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

AQUARIUS (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

PISCES (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches to your new project and get it well and truly launched.

BORN THIS WEEK: You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.

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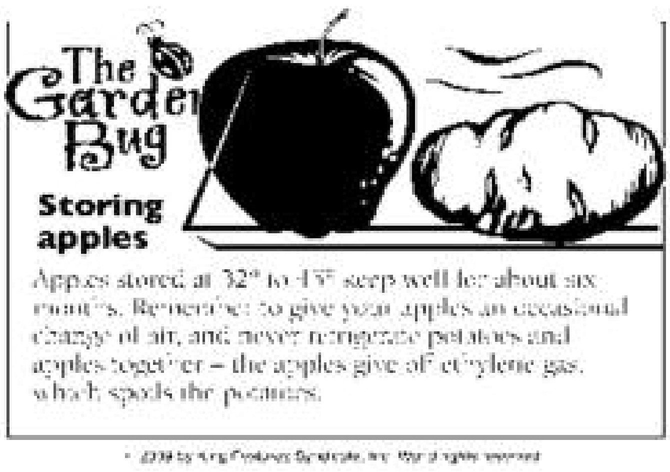


Pleased to meet you

Name: Sandy Vickrey

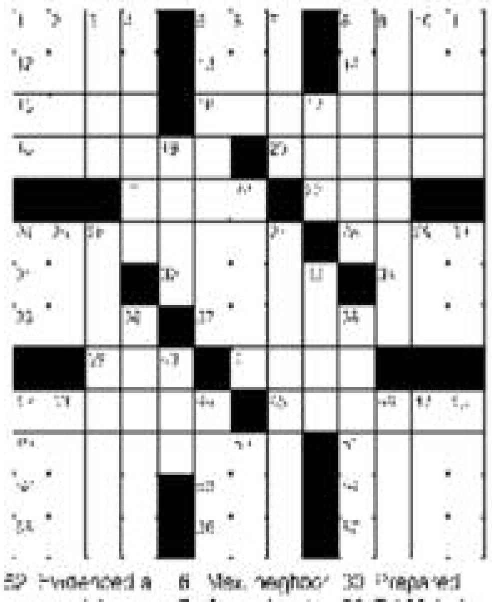
Occupation: Broker and owner of Realty World Camelot Winters

Hobby: Relaxing and reading

What's best about living in Winters: Our friendly town atmosphere.

Fun fact: Charley Wallace and I graduated from high school together.

King Crossword

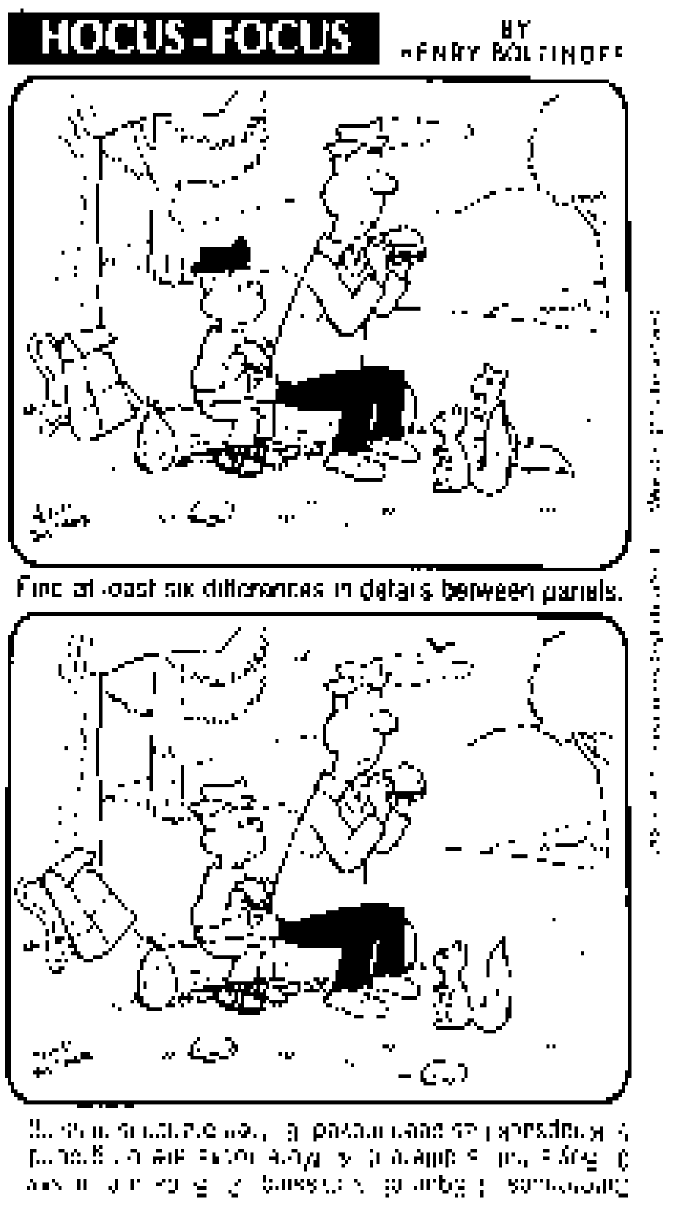


ACROSS
1 Scolded
5 Young lion
8 Skaters' venue
12 Dorothy's destination
13 Work with
14 Mideast port city
15 "... and a [illegible] there"
16 Soft fabric
18 Gray-sh[illegible]
20 Long, harsh speech
21 House section
23 Cauldron
24 Heavy military footwear
28 Makes a hole
31 Rowing prop
32 Missionary Junipero
34 Lair
35 Commandment pronoun
37 "Striker"
39 "That tastes awful!"
41 Infamous lyre player
42 Damage
45 Household linens
49 Agree
51 Pelvic bones
52 Evidenced a pinprick
53 Frank McCourt book
54 — and void
55 "[illegible]"
56 Type squares
57 Mirth

DOWN
1 African nation
2 Circle dance
3 Mosque VIP
4 Go astern
5 Repeated monotonously
6 Mex. neighbor
7 A number
8 Rifleman's tamping device
9 Act of th[illegible]ng
10 Sweet
11 Leg joint
17 With it
19 Weeps loudly
22 Dunderhead
24 Make marginal notes
25 "That feels good!"
26 Casino employee
27 Actually
29 Wildebeest
30 Prepared
33 Taj Mahal city
36 Kampala's country
38 [illegible]
40 Toper's [illegible]
42 Cold War weapon (Abbr.)
43 Magical herb of myth
44 Ceremony
46 Hebrew month
47 Anger
48 Harvard's rival
50 Poorly [illegible]

HOCUS-FOCUS

BY HENRY BOLTINOFF

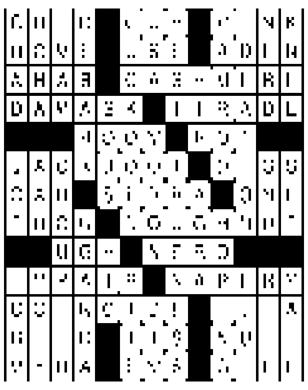


Find at least six differences in details between panels.

— King Crossword

Answers

Solution time: 21 mins.



Nuestras Noticias

JUAN FERNANDEZ
EVENTOS Y COMENTARIOS HISPANOS

¿Se acabo el encanto?

Bueno, todo principio tiene un fin, y en la política esta frase no es la excepción, La presidencia de Obama parece ser que ya empezó a ponerse en el nivel normal, o sea que ya no hay luna de miel con el pueblo, los problemas que padecemos todos los habitantes de este país, parece que van a seguir por un rato mas, la economía, la reforma migratoria, la reforma a la salud, son temas que ahí están, y nos están dando muchas preocupaciones. El encanto de Obama con el pueblo llego a sus fin, después de ocho meses, parece que todo vuelve a ser tan normal como antes.

Al principio Obama tuvo algunos logros, ideó un plan para salir de la actual crisis económica, le puso fecha a la salida de Estados Unidos de la guerra en Irak, y le quitó las restricciones a los viajes y al envío de dinero de cubanoamericanos a la isla. Pero el encanto acabo cuando presento el proyecto de reforma a la salud, el quiere cambiar el ineficiente e injusto sistema de salud de Estados Unidos, donde 46 millones de personas no tienen seguro médico. Si uno de ellos se enferma tiene 3 opciones: ir a una sala de emergencia, irse a la bancarrota o morirse. Y a veces ocurren las tres cosas. Estados Unidos es el único país desarrollado que no cubre médicamente a todos sus residentes.

Ahora Obama se está enfrentando a las compañías aseguradores, a las empresas farmacéuticas y a los que ganan dinero con las enfermedades de los otros. Es decir, se enfrenta a los dinosaurios del capitalismo y a sus cabilderos. Y eso al parecer le bajo sus popularidad, pero ¿acaso alguien le pregunto a usted o mi si es que todavía Obama estaba haciendo un buen trabajo? la semana pasada le hablo al pueblo de su proyecto, y no está claro si tiene los votos necesarios en el congreso para cambiar las cosas.

Por cierto un republicano que no se quedó callado fue el congresista Joe Wilson, de Carolina del Sur, que le gritó "¡Usted miente!" le grito a Obama después que el presidente asegurara que los inmigrantes "ilegales" no serían cubiertos en su plan de salud. Nunca antes en la historia de Estados Unidos un congresista había ofendido así a un presidente en público. (El congresista Wilson luego se disculpó y Obama aceptó la disculpa.)

Es muy triste que Obama ahora deje a un lado a los indocumentados, a los que defendió en su campaña política, me imagino que no los puso en su plan para no mezclar la salud con la inmigración, por lo de la reforma migratoria. Pero ahora con esa propuesta va a dejar un hueco de millones de niños, mujeres y ancianos sin seguro.

Es muy posible que también se esté acabando la luna de miel de los inmigrantes con Barack Obama. El 67 por ciento de los hispanos votó por Obama, en parte, por su promesa de tener un proyecto migratorio en su primer año de gobierno. Y mirando la situación del país y la situación de los congresistas, es muy poco probable que el tema migratorio se vuelva a tratar pronto. La única esperanza de legalización para los 12 millones de indocumentados se sigue llamando Barack Obama. En Obama esta la responsabilidad de darles una oportunidad a los millones de personas que trabajan a la sombra de la justicia.

Festival de la comunidad el subir

La ciudad de Winters los invita a celebrar el tercer festival de la Comunidad, el cual es patrocinado por el Comité Hispano de la ciudad de Winters. El festival se llevara a cabo el día 27 de septiembre. El lugar será el parque Rotario, que se localiza detrás del centro comunitario. Traigan su familia, esta celebración es para todos los habitantes de Winters, vengan a disfrutar la música, la comida, las actividades para los niños y las presentaciones. Habrá actividades y juegos para los niños de todas las edades.

Por demanda popular regresa el concurso buscando la mejor receta en la preparación del platillo típico mexicano, las carnitas. Si usted tiene una receta para la preparación de carnitas, forme su equipo y vengase a preparar su receta a la fiesta. Por supuesto que habrá premios para las mejores recetas, $ 300 al ganador, $150 a quien la gente designe, y $50 a la mejor salsa. Se pide como deposito pagar $50 para la carne, la cual se les dará a los participantes el día del evento. Los participantes deberán usar sus propios ingredientes al cocinar las carnitas. Se tendrá un panel para juzgar, en este caso probar las carnitas, y seleccionará el primer lugar, y la misma gente decidirá el segundo lugar.

Se les pide a los participantes decorar su puesto en una manera festiva y familiar, el panel de jueces decidirá el ganador, basado en el sabor y en la textura de las carnitas, los equipos también deben de poner su propia salsa, así que si tiene una receta favorita, por favor venga y compártala.

Se tienen espacios disponibles para vender comida, para personas o grupos de la comunidad, a los encargados de estos espacios se les pedirá que tengan actividades para los niños, como bingo, artes, manualidades o juegos. Si quiere mas información puede hablar al teléfono 795-4910 ext. 111con Mary Jo Rodolfa, o Dawn Van Dyke al teléfono 795-4910, ext. 108. La fecha límite para la inscripción es el 18 de septiembre, a las 5 p.m., en el City Hall.

Las aplicaciones para participar en el festival de la comunidad, el domingo 27 de septiembre, ya están disponibles. Los grupos comunitarios, y organizaciones no lucrativas así como personas que vayan a vender alimentos, deben de tener un permiso valido del departamento de salud, el cual pueden obtenerlo en el 137 N Cottonwood Street, Ste. 2400 en Woodland, o llamando al 666-8646.

Clases de Ingles

La maestra Susan Line ha empezado a impartir clases de inglés como segunda lengua, todos los martes en la High School, hay dos horarios, para los principiantes el horario es de 6 a 7 p.m. y para los que están en el nivel avanzado el horario es de 7 a 8 p.m.

También se hace de su conocimiento que las clases de GED se van a volver a impartir empezando en Octubre, si usted esta interesado en obtener su diploma puede llamar y dejar su nombre con María Gastelum al 795-6140 ext. 149, María pasara la información a la coordinadora que es Elvia Nava.

Educativa para los padres

Para los padres de niños de edad preescolar: Asegurándose de que su hijo entre al Kinder con las habilidades que necesitan para tener éxito esto los preparará para una experiencia positiva en la escuela.

Por favor haga nota: Si sus hijos no ha adquirido todas estas habilidades para la edad de cinco años, todavía pueden y deben entrar al Kinder. Nuestros maestros están entrenados para trabajar con todos los niños, no importa el nivel de habilidades, y los ayudarán a alcanzar a los demás lo más pronto posible.

Si tiene preguntas o gusta hablar conmigo sobre esto por favor llámeme. Kathlyn Tipton, Psicóloga de la escuela, 795-6154 ext. 25.

Maneras de conseguir más ejercicio

La prisa y el ajetreo son características de la vida adulta moderna. Sin embargo, todos los adultos necesitamos de la actividad física y la recreación. Con un poco de creatividad y planeación, hasta quienes tienen los días más abrumadores pueden apartar un poco de tiempo para aumentar su energía y mejorar su salud con un poco de actividad física. Tenemos mucho tiempo durante el día, la clave esta en buscar ese pequeño espacio en nuestras actividades diarias para buscar hacer ejercicio, si por lo menos pudiéramos utilizar 30 minutos al día para realizar actividades físicas, nuestro cuerpo n lo agradecería.

Al dar importancia a la actividad física, muchos encuentran que el rato antes y después del trabajo o de las comidas es un buen momento para caminar, montar en bicicleta o jugar algún juego activo con los hijos. Tenga en cuenta las actividades de la semana o de cada día y busque oportunidades para aumentar la actividad física. "Aun los aumentos pequeños son de beneficio."

Cuando tratamos de empezar un programa de ejercicios, cuando nuestras intenciones son las mejores, a veces pasa que nos enfrentamos con diferentes situaciones ya sea de índole personal o de trabajo, que hacen que no podamos cumplir con nuestras actividades que programamos. He aquí algunas situaciones muy comunes que nos detienen de realizar alguna actividad física.

Falta de tiempo. Anote sus actividades de cada día por una semana. Busque por lo menos tres oportunidades en las que podría dedicar media hora a las actividades físicas. Puede también ejercitar mientras mira la televisión, estacionarse más lejos de su destino para caminar más u organizar actividades escolares que incluyan movimiento y ejercicio.

Falta de energía. Planee hacer actividades físicas a horas del día o de la semana cuando generalmente tiene un buen nivel de energía.

Falta de motivación. Acostúmbrese a hacer de la actividad física parte integral de sus actividades diarias o semanales. Planee por anticipado y anote en su calendario su horario para hacer ejercicios.

Falta de habilidades. Escoja actividades que no requieran habilidades especiales, tales como caminar, subir escaleras o correr.

Falta de recursos. Escoja actividades que requieran poco o ningún equipo o instalaciones especiales. Interferencia por viajes. Meta en su equipaje una cuerda para saltar y ¡úsela! De ser posible, Responsabilidades familiares. Participe en actividades físicas con los niños. Salgan a caminar juntos, jueguen a las carreras o a otros juegos activos o sigan juntos los pasos de un video para hacer ejercicio. Aumente poco a poco el tiempo que dedica a estas actividades. Agregue unos cuantos minutos de actividad física cada cuantos días hasta que pueda cómodamente estar activo por media hora al día.

Haga un esfuerzo por realizar alguna actividad física y propóngase hacerlo una rutina.

Las comidas con la familia son importantes

Las comidas en familia son mucho más que una ocasión para consumir los alimentos que necesitamos para vivir. Son momentos para comunicarse, compartir y aprender.

Son ocasiones que pueden disfrutar juntos amistades y familiares y son el momento propicio cuando los hijos aprenden qué comer y en qué cantidad, lecciones que fijan los cimientos para la alimentación saludable durante toda la vida.

Sin embargo, la realidad es que con más hogares donde ambos padres trabajan o solamente el padre o madre está en el hogar, hay menos tiempo para y cocinar y se dificulta coordinar la hora de comer para que todos estén en la mesa.

Al crecer los hijos, muchas familias consisten solamente de parejas y otros hogares solamente incluyen sólo un individuo. En el caso de los ancianos, se ha visto que el comer solos contribuye a la mala nutrición.

Estos cambios en la sociedad actual amenazan las comidas en familia.

Pero a pesar de las vidas tan atareadas y hogares poco tradicionales de hoy, hay maneras de lograr que la familia se reúna para compartir una comida sabrosa y nutritiva.

Cada miembro de la familia puede participar en los diferentes aspectos de la preparación de una comida: planear el menú, ir de compras, preparar la comida o recoger los platos y limpiar después de comer. Todos pueden ayudar de una manera u otra para disfrutar de una agradable comida en familia.

Según los expertos, la planeación y coordinación son factores importantes. Los alimentos se pueden cocinar y congelar por adelantado, cuando se tiene tiempo. Los procesadores de alimentos y los hornos de microondas pueden ahorrar tiempo. Los alimentos preparados pueden ser de gran ayuda: simplemente hay que leer cuidadosamente la etiqueta sobre el contenido nutricional y agregar frutas y verduras frescas para completar la comida.

Otra buena alternativa es escoger restaurantes con alimentos saludables en su menú. Las comidas en familia son una valiosa tradición que se debe mantener. Con ingenio y creatividad, se pueden encontrar maneras de sacar tiempo para compartir en familia; el resultado se traduce en beneficios nutritivos y sociales de por vida para toda la familia.

Classified Ads - The Market Place for Winters

RVs

'96 Four Winds 29 ft. 99" in. Wide Body. Handicap lift, levelers, one owner. $10,000. (707)422-0461
31-4tp

Autos for Sale

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'97 Escort Wagon
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#169448 707-448-2400 KAK, 630 Orange Dr #P, Vacaville. 33-4tp

'02 Maxima SE, auto, leather, moon roof, sport pkg., Bose sys., very clean! 116k mi. New tires. $6,900 obo #311895 DLR 707-280-6816, 628-6966
32-4tp

'99 Ford Explorer Sport, 93k mi. Loaded #S6923. $4000 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
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'04 Sentra S, auto, all power, low miles 53k, 100k warranty or until 6/6/10, great on gas! $6,900 obo #910367 DLR 707-280-6816, 628-6966 32-4tp

01 Ford Expedition EX LT 87k mi. #S2692. $7995 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
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Autos for Sale

'03 Ford Windstar LX 94k mi. Very Clean #S4067. $4995 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
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'99 Ford F350 Super Duty Crew Cab XL, V8, 7.3L Turbo Diesel. 77k mi. Low miles. $11995 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
32-4tp

'96 Maxima GLE, auto, leather, all power, moon roof, 139k mi. Clean title & smogged. $3,950 obo #726382 DLR 707-628-6966, 280-6816
32-4tp

'04 Crown Victoria Police Sedan. 53k mi. #S3454. $7500 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
32-4tp

'01 Chevy Suburban LT 106k mi. Loaded #S0546. $8995 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
32-4tp

Autos for Sale

'96 Dodge Neon 4-dr., Runs exc., Rims. $1450 obo.... #4087 (707)469-8044
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1997 BMW 528i, rare 5 speed manual, original owner, 90K miles, many extras. asking $5,450. Call 530-902-7556
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'94 Toyota Tercel
Stick shift, rims, runs excellent!
$900 obo.... #0211
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'06 Chevy Uplander LS Minivan. Low Miles! 40K mi. $8995 #S7224 Solano Auto Outlet Corner of N. Texas & Travis. (707)427-2277
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ad will also be on our web site for a week. wintersexpress.com Tuesday at noon deadline. Call 795-4551 for more information.

Classifieds

STRANGE BUT TRUE

By Samantha Weaver

STRANGE BUT TRUE
By Samantha Weaver

• It was beloved comedian Bill Cosby who made the following sage observation: "I don't know the key to success, but the key to failure is trying to please everybody."

• Before the 1800s, lobster was not considered to be the delicacy it is today. In fact, the crustacean was so ill-regarded as a food source that only the very poor — such as widows, orphans and servants — ate them.

• Besides having successful careers in film, what do Steven Spielberg, Tom Cruise, Sela Ward and Lucy Liu have in common? All of them had an engineer for a father. TV stars Mila Kunis and Ray Romano did, too, as did singer Mariah Carey.

• When the popular word game Scrabble was first put on the market in 1938, the game's creator, Alfred Mosher Butts, received only 5 cents for each game that was sold.

• When he was in college, comedian and TV host David Letterman was fired from his job as a disc jockey.

• Considering the franchise's longevity, you might be surprised to learn that the original "Star Trek" series never did better than 52nd place in the ratings during its relatively brief three-year stint on TV in the late 1960s.

Classifieds

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Fictitious Business Name

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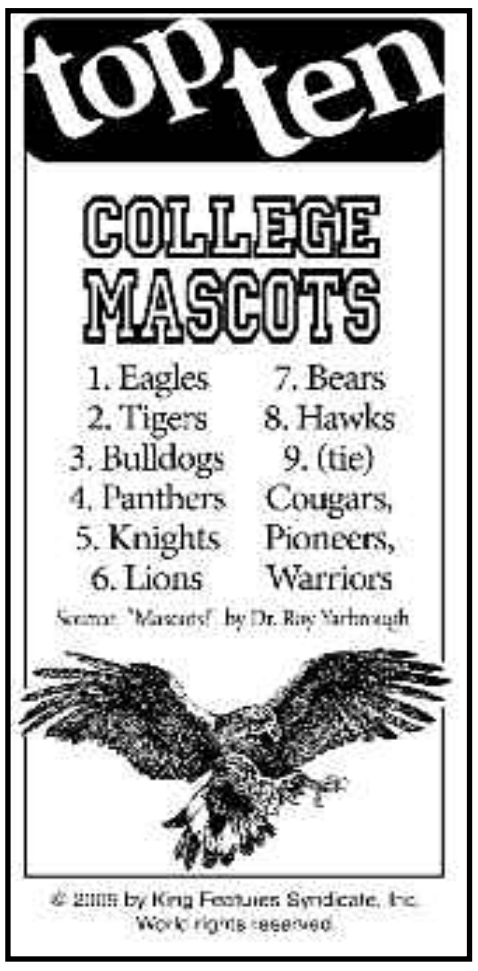
August 3, 2009
FREDDIE OAKLEY, CLERK
Isabel Becerra, Deputy
FBN NUMBER 2009-761
Ficititous Business Name
Astrinet
1112 Chestnut Ln., Davis, CA 95616
Name of Registrant
Evan S Gray
1112 Chestnut Ln., Davis, CA 95616
This business classification is: Individual
s/Evan S Gray
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Esabel Becerra, Deputy Clerk
Published August 27, Sept. 3, 10 & 17, 2009

Trustee's Sale

TSG No.: 3989822 TS No.: 20099134000618 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/30/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10/06/2009 at 09:00 AM, FIRST AMERICAN LOANSTAR TRUSTEE SERVICES, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/13/2005, as Instrument No.2005-0051196-00, in book ,page , of Official Records in the office of the County Recorder of YOLO County, State of CALIFORNIA. Executed by: DORA PENA, , FRANCISCO PENA, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) AT THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 003-480-29-1 The street address and other common designation, if any, of the real property described above is purported to be: **106 EAST MAIN STREET , WINTERS, CA, 956942109** The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any , shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges åand expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $298,710.16. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. First AmericanLoanstar Trustee Services 3 First American Way Santa Ana, CA 92707 Original document signed by Authorized Agent FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 619-590-1221 Date: 09/03/2009 FIRST AMERICAN LOANSTAR TRUSTEE SERVICES MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. Requirements of SB1137 have been met pursuant to the Notice of Sale Declaration of record. The beneficiary or servicing agent declares that it has obtained from the Commissioner of Corporations a final or temporary order of exemption pursuant to California Civil Code Section 2923.53 that is current and valid on the date the Notice of Sale is filed and/or The timeframe for giving Notice of Sale specified in subdivision (s) of California Civil Code Section 2923.52 applies and has been provided or the loan is exempt from the requirements. Authorized Signature: Chet Sconyers 09/10/09, 09/17/09, 09/24/09 R-258061

Want to see a past edition of the Express? Want to read a column or three?
wintersexpress.com



WARNING TO NON-SUBSCRIBERS

A man who was too cheap to subscribe to his hometown newspaper, sent his little boy to borrow his neighbor's copy. In his haste, the boy ran over a $100 hive of bees and in 10 minutes he looked like a warty squash.

His father ran to his assistance, and failing to notice the barbed wire fence, ran into that, cutting a hole in his anatomy as well as ruining a pair of $25 trousers.

The old cow took advantage of the gap in the fence and killed herself eating green corn.

Hearing a racket, the wife ran out, upset a four-gallon churn of cream into a basket of chicks, drowning the entire batch. In her haste, she dropped a $400 set of false teeth, which the family dog buried thinking it was a new type of bone.

The baby, having been left alone, crawled through the spilled cream and into the living room, ruining a $500 rug.

During the excitement, the oldest daughter ran away with the hired man, a stray dog broke up 11 setting hens, the calves got out and chewed the tails off four fine shirts on the clothes line, and the cat had a batch of kittens.

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Yard Sale/sale

Items for sale: in Winters
If interested Call Beth 530 902-4333,
Free-standing Jotel Gas Heater w/new remote control - 4 years old, Matte black. Perfect condition. Retail: $2300, will sacrifice for $1500.
Side by Side Matte Silver & Black Frigidaire Refrigerator - $500 obo. w/Icce Maker & Water Disperser, still under 2 1/2 years of Lowe's transferable warranty; Perfect Condition. 68 1/4" height; 32-5/8" width; 31 3/4 depth; 22.6 cubic feet, Energy Star rated - Model #FRS3LR5EM
Caldera Spa w/five seats and lounger - $5,000 new, sell for $1,000 obo
Antique Oak Upright Piano - $80 obo.
Reproduction Antique Light Ok Roll-Top Desk - Perfect Condition - $175 obo. 24"x26"x45"
Reproduction Dark Oak Table with Claw Feet Legs and leaf - $90 obo.
19" Insignia Television (Analog) - $60 obo.

Final Garage Sale on Fri. Sept. 18 & Sat. Sept 19, starting at 7 a.m., 320 Anderson Ave., Winters

Pets

5 lab pubs, 8 wks. male and female. Mother AKC registered! $250 OBO Very smart dogs!
33-2tp

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33-4tp

AKC Registered Collie Puppies $600, born 8/2. Now taking deposits. 4 females, 2 male Pedigree included. Parents on site. Great family dogs! (707)803-0124 Loving, gentle, good with other animals.
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35-tfn

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MOMENTS IN TIME
The History Channel

MOMENTS IN TIME
The History Channel

• On Oct. 1, 1890, an act of Congress creates Yosemite National Park. Yosemite's natural beauty — the 2,425-foot-high Yosemite Falls, and granite rock formations Half Dome and El Capitan — is immortalized in the black-and-white landscape photographs of Ansel Adams (1902-1984).

• On Sept. 28, 1918, a Liberty Loan parade in Philadelphia prompts a huge outbreak of the flu epidemic in the city. The most likely origin of the 1918 flu pandemic was a mutated virus from a bird or farm animal in the American Midwest. By the time the epidemic ended, an estimated 30 million people were dead worldwide.

• On Sept. 29, 1930, filming begins on the classic horror film "Dracula," starring Bela Lugosi. He spent the next 20 years starring in horror films. When he died in 1956, Lugosi was buried with his Dracula cape.

• On Oct. 3, 1942, German rocket scientist Wernher von Braun's brainchild, the V-2 missile, is fired successfully off Germany's Baltic coast. It traveled 118 miles. After the war, both the United States and the Soviet Union captured samples of the rockets for reproduction, and also captured the scientists responsible for their creation.

• On Sept. 30, 1955, movie star James Dean dies at age 24 in a car crash on a California highway. He was driving his Porsche 550 Spyder to a race. Dean rose to stardom in with his role as Cal Trask in "East of Eden." The young actor's next film was "Rebel Without a Cause," also released in 1955.

• On Oct. 2, 1967, Chief Justice Earl Warren swears in Thurgood Marshall, the first black justice of the U.S. Supreme Court. During his 24 years on the high court, Associate Justice Marshall consistently challenged discrimination based on race or sex, opposed the death penalty and vehemently defended affirmative action.

• On Oct. 4, 1970, singer Janis Joplin dies from a heroin overdose at the Landmark Hotel in Hollywood, Calif. Joplin's unrestrained personality and passionate, raspy voice made her a symbol of the intensity and rebellious spirit of the late 1960s.

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NOW HERE'S A TIP

By JoAnn Derson

• Go Green Tip: Temperatures are cooling in many parts of the country. Could your house use a fresh-air day? If the air smells a bit stale from running the air conditioner all summer, instead of using chemical air fresheners, just open up those windows and let the fall in.

• Butter wrappers are terrific pan greasers. Save your wrappers in a plastic baggie in the freezer, and they will always be on hand, ready to use almost as soon as they come out of the freezer.

• "Senior Tip: If you use a walker or cane, it's good to write your contact information somewhere on it, just in case you lose it. However, why not include only your name and the name and phone number of your emergency contact? That way, if you lose your cane, it is more likely to get returned for having a phone number on it, but a stranger cannot find out where you live just by looking at, say, a return address label on your walker. And in any case, it's good to have your emergency contact listed in case something happens while you are out." — M.A. in Arkansas

• Make your own reusable fabric softener: Fill a spray bottle with fabric softener and use an old washcloth as your "fabric softener sheet." Use by dampening the washcloth with fabric softener and adding it to the clothes in the dryer. It's reusable indefinitely. If it feels too gummed up, just toss it in the next load of your washer.

• Check out your chimney now. Use a mirror and flashlight to take a quick peek at your chimney to see if there is a buildup of soot that needs to be taken care of before fireplace season starts. Open the flue and shine the flashlight up the chimney. Hold a small hand mirror at about a 45-degree angle to look up the chimney.

Send your tips to Now Here's a Tip, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or e-mail JoAnn at heresatip@yahoo.com.

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Weekly SUDOKU

by Linda Thistle

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4	7			1		3		
9			7				8	5
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Broker Associate

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~ 200 Almond Drive, Lovely semi-custom 3/2. **SOLD**

~ 6.9 acre walnut orchard with Victorian home and small shop. **SOLD**

~ 63 acres of land just west of Winters. Take a look at **www.bigelowhills.com**

Call for information on these or any other properties: 800.700.7012 or 530.753.7603

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5) This is a legal process, the court could file a Deficiency Judgment (depending on the type of loan).

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VETERANS POST

by Freddy Groves

Discount Vacations for Veterans

It's not too early to make vacation plans for the holidays, especially if you want to travel and take the family or arrange a small reunion with buddies. There are a great many places that give good discounts to veterans. Here are two:

• Check out Veterans Holiday at www.veteransholidays.com. All of the travel is Space-A, but you don't have to be especially flexible about when you go. By going at times when there are openings, you can take advantage of available condos and timeshares. Flat rate, no matter when or where you go or how many people, is $329 a week. Click on Search for Availability. You can then search by date, region, and type of activity you're interested in. (Don't miss the Marco Resort and Club at Marco Island, Fla. There is fishing right off its private dock.)

• If you sign up at Military.com online (it's free), you'll have access to more than 700 companies that give discounts to veterans. Once on the site, look down the list on the left and pick your category. (Take a look at the $398 New England Outdoor Center Snowmobile Stay and Play Package in a Maine cabin with a fully stocked kitchen and hot tub.)

To find more vacation opportunities online, use "veterans vacation discount" (without the quotes) as your search parameters. You'll get more than 3 million hits.

NOTE: If you received a letter from the Department of Veterans Affairs saying that you can collect disability benefits for ALS, or Lou Gehrig's disease, don't panic. That doesn't mean you've been diagnosed with it. You could well be one of 1,200 veterans who received this notice in error, and you don't have ALS. If in doubt, call the VA.

email to columnreply@gmail.com.

Non-profits can apply for grants

Non-profit organizations are invited to submit applications to the Biberstein Social Action Fund for grants to address poverty, discrimination, abuse and neglect issues in Yolo County.

The fund was established in 2002 by the board of directors of Congregation Bet Haverim, Jewish Fellowship of Davis, to honor Ernie and Hannah Biberstein, longtime area residents who have devoted much of their lives to community service and social justice.

"In light of all the budget cuts in social services, we hope that grants like ours can make a difference," said Hannah Biberstein. "It means a lot to us that real individuals benefit from our grants." Special consideration will be given to new and/or innovative projects, she said.

Grants ranging from $500 to $2,000 will be awarded in November. A committee of Bet Haverim congregants and Rabbi Greg Wolfe will review grant applications, which are due Oct. 15. The application form can be downloaded from the congregation's website at: http://bethaverim.wordpress.com/news/.

Applicants can also contact the Biberstein Social Action Fund at: cbhbibersteinfund@gmail.com or call Congregation Bet Haverim, 758- 0842.

The Bibersteins were among the founders of Davis Community Meals, where they have served as board members and officers. They are also active in a variety of interfaith groups, including Care for God's Creation, Yolo Interfaith Immigration Network, and Celebration of Abraham, which brings together Jews, Moslems and Christians. They were recipients of the Brinley award for community service in 1998, the Thong Hy Huynh Memorial Humanitarian Award in 2005, and the Peace Force award by Teach Peace in 2007.

Ernie Biberstein is a professor emeritus of the UC Davis School of Veterinary Medicine. Hannah Biberstein was a mediator in the original city of Davis mediation program, was chair of the city's Social Services Commission, and served on the Affordable Housing Task Force.

"We are looking forward to the seventh distribution of these funds for good works in Yolo County," said Ernie Biberstein.

Contributions to the fund may be made through Congregation Bet Haverim, 1715 Anderson Road, Davis, CA, 95616. Note that the donation is for the Biberstein Social Action Fund.

Statewide property values decline

Betty T. Yee, Chairwoman of the Board of Equalization (BOE), reported that the total value of state-assessed and county-assessed property declined to $4.448 trillion for 2009-10, a drop of $107.2 billion (2.4 percent) from the previous year. This is the first year-to-year decline in the statewide total since the BOE began keeping records in 1933.

The value of county-assessed property fell by $107.6 billion (2.4 percent) to $4.372 trillion. The value of state-assessed property, mainly privately owned public utilities and railroads, totaled $76.1 billion, an increase of $400 million (0.5 percent).

Year-to-year percentage increases ranged from a high of a 7.1 percent gain in San Francisco County, to a low of a 13.4 percent decline in Merced County. Thirty-eight counties posted year-to-year declines, with 14 of them declining by five percent or more. Only two counties (San Francisco and Trinity) saw a positive growth rate exceeding five percent.

The assessed valuation in California's 15 coastal counties (which account for nearly 60 percent of total assessed valuation) fell 0.6 percent. In contrast, the assessed valuation in the 43 inland counties fell 4.8 percent, twice the statewide average.

The decline in assessed valuation was especially concentrated in the Central Valley. Assessed values dropped 9.9 percent in the Northern San Joaquin Valley, 4.8 percent in the Greater Sacramento Area, and 4.2 percent in the Southern San Joaquin Valley. Southern California declined 2.5 percent, roughly in line with the statewide figure. The drop was mildest in the San Francisco Bay Area (0.8 percent).

Of the 12 counties with rolls exceeding $100 billion, three counties (all in the San Francisco Bay Area) posted an increase in assessed valuation: San Francisco (7.1 percent), San Mateo (0.5 percent), and Santa Clara (0.1 percent). The assessed valuation in the other nine counties declined: Riverside County (-10.5 percent), followed by Sacramento (-7.2 percent), Contra Costa (-7.0 percent), San Bernardino (-6.0 percent), Alameda (-2.5 percent), San Diego (-2.4 percent), Ventura (-2.4 percent), and Orange (-1.4 percent). Los Angeles County, with the largest assessment roll at $1.083 trillion, declined 0.6 percent, down $6 billion over 2008-09.

For more information, visit the BOE website: www.boe.ca.gov.

Reduced hours at planning department

Due to state and local funding shortfalls, and general cost increases, the Yolo County Planning and Public Works Department has experienced a significant reduction in its workforce. As a result, Planning and Public Works will be reducing public office hours.

Effective Sept. 8, Planning and Public Works, located at 292 West Beamer Street in Woodland, will be open to the public Monday through Friday, 9 a.m. to 3 p.m., closed for lunch from 12-1 p.m.

County Visitors Bureau relocates to mansion

The Yolo County Visitors Bureau has relocated its visitor center and office to 604 2nd Street inside the Historic Hunt Boyer Mansion in the heart of downtown Davis.

The YCVB is an "integrated and influential tourism destination team" representing all of Yolo County.

The non-profit's mission is to enrich the lives of citizens by stimulating the economic activity of Yolo County businesses and organizations through the promotion of cultural, athletic and educational events and programs that build upon the strengths of our region and the quality of community life.

The new visitor center, located on the first floor of the Hunt Boyer Mansion, has information to assist visitors and meeting planners to enjoy their stay in Yolo County.

The center features useful information about hotels, attractions and things to do in Davis, Winters, Woodland and Yolo County. All of these publications are available at no cost.

The center is open weekdays, 8:30 a.m. to 4 p.m.

Museum features Native American artifacts

The Pena Adobe/Mowers Goheen Museum is a pre-Gold Rush era adobe, where visitors can watch a flintnapper make arrowheads, talk with Little Bear about Native American life and crafts, and tour the museum's exhibits of adobe housewares, maps from mid-1800s, Native American artifacts and a bust of Chief Solano sculpted by William Gordon Huff.

The museum will be open on Saturday, Oct. 3, 11 a.m. to 2 p.m., and is located at on Pena Adobe Road off Interstate 80.

Admission is free. For more information call (707) 447-0518 or visit www.penaadobe.org.

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Notice of Public Hearing

BOARD OF TRUSTEES OF THE

WINTERS JOINT UNIFIED SCHOOL DISTRICT

There will be a public hearing at the regular Board meeting of October 1, 2009, to be held at the Winters Joint Unified School District Office, 909 W. Grant Avenue, beginning at 6:30 p.m. regarding the sufficiency of textbooks for instructional materials. The Williams Act mandates that school district governing boards certify compliance with Education Code Section 60119 by holding a public hearing stating that each pupil in the district has sufficient textbooks or instructional materials in specific subjects consistent with the content and cycles of the curriculum frameworks adopted by the State Board of Education.

Published September 3, 10, 2009

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
Aug. 12, 2009
FREDDIE OAKLEY, CLERK
Isabel Becerra, Deputy
FBN NUMBER 2009-793
Ficititous Business Name
3 Legged Dog Enterprises
16808 Mattie St., Esparto, CA 95627
Business Mailing Address
PO. Box 262, Esparto, CA 95627
Name of Registrant
Christian Riz
16808 Mattie St., Esparto, CA 95627
Anthony Gummert
5233 Midway Rd., Vacaville, CA 95688
Randy Miller
595 Sanyer Ct., Dixon, CA 95620
Business Classification: General Partnership
s/Christian Riz

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Isabel Becerra, Deputy Clerk
Published Sept. 10, 17, 24, & Oct. 1, 2009

Trustee's Sale

NOTICE OF TRUSTEE'S SALE Trustee Sale No. : 20090159907291 Title Order No.: 090368499 FHA/VA/PMI No.: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 01/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX WEST, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 01/05/2007 as Instrument No. 2007-0000600-00 of official records in the office of the County Recorder of YOLO County, State of CALIFORNIA. EXECUTED BY: JAVIER REYES AND MARIA VICTORIA BARAJAS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 09/30/2009 TIME OF SALE: 12:00 PM PLACE OF SALE: AT THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: **435 RUSSELL STREET, WINTERS, CALIFORNIA 95694** APN#: 003-182-72 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any , shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $254,731.89. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES & POSTING 3210 EL CAMINO REAL, SUITE 200 IRVINE, CA 92602 714-730-2727 www.lpsasap.com NDEx West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEx West, L.L.C. as Authorized Agent Dated: 09/05/2009 NDEx West, L.L.C. 15000 Surveyor Boulevard, Suite 500 Addison, Texas 75001-9013 Telephone: (866) 795-1852 Telecopier: (972) 661-7800 ASAP# 3234874 09/10/2009, 09/17/2009, 09/24/2009

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Trustee's Sale

Trustee Sale No. 734609CA Loan No. 5303704919 Title Order No. 3206-227057 Notice of Trustee's Sale YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/1/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 9/30/2009 at 12:45 PM California Reconveyance Company as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 05/11/2006, Book , Page , Instrument 2006-0018521-00 of official records in the Office of the Recorder of Yolo County, California, executed by: JUAN M BARBOSA AND PIEDAD Z BARBOSA, HUSBAND AND WIFE, as Trustor, MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., (MERS), SOLELY AS NOMINEE FOR LENDER, SIERRA PACIFIC MORTGAGE COMPANY, INC., IT'S SUCCESSORS AND ASSIGNS., as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: At the north entrance to the West Sacramento City Hall 1110 West Capitol Avenue, West Sacramento, CA Legal Description: As more fully described in said Deed of Trust Amount of unpaid balance and other charges: $447,258.31 (estimated) Street address and other common designation of the real property: **1029 VILLAGE CIRCLE, Winters, CA 95694** APN NUMBER: 003-501-003-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". In compliance with California Civil Code 2923.5(c) the mortgagee, trustee, beneficiary, or authorized agent declares: that it has contacted the borrower(s) to assess their financial situation and to explore options to avoid foreclosure; or that it has made efforts to contact the borrower(s) to assess their financial situation and to explore options to avoid foreclosure by one of the following methods: by telephone; by United States mail; either 1st class or certified; by overnight delivery; by personal delivery; by e-mail; by face to face meeting. Date: 9/4/2009 SEE ATTACHED EXHIBIT Exhibit DECLARATION PURSUANT TO CALIFORNIA CIVIL CODE SECTION 2923.54 Pursuant to California Civil Code Section 2923.54, the undersigned loan servicer declares as follows: 1. It has obtained from the commissioner a final or temporary order of exemption pursuant to Section 2923.54 that is current and valid on the date the notice of sale is filed; and 2. The timeframe for giving notice of sale specified in subdivision (a) of Section 2923.52 does not apply pursuant to Section 2923.52 or Section 2923.55. JPMorgan Chase Bank, National Association Name: Ann Thorn Title: First Vice President California Reconveyance Company, as Trustee (714) 259-7850 or www.fidelityasap.com (714) 573-1965 or www.prioritypostingcom Deborah Brignac California Reconveyance Company is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. Deborah Brignac, Vice President 9200 Oakdale Avenue Mail Stop N110612 Chatsworth, CA 91311 P612304 9/10, 9/17, 09/24/2009

Read the legals, they are good for you.

Trustee's Sale

NOTICE OF TRUSTEE'S SALE TS No. 09-0050743 Title Order No. 4103675 Investor/Insurer No. 153203408 APN No. 003-461-05-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/21/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER." Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by FRANK NIETO, A MARRIED MAN AS HIS SOLE & SEPARATE PROPERTY, dated 11/21/2006 and recorded 12/01/06, as Instrument No. 2006-0047266-00, in Book , Page), of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 09/23/2009 at 12:00PM, At the rear (North) entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA. 95691 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: **824 JACKSON ST, WINTERS, CA, 95694-1502**. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $328,137.70. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. DATED: 08/16/2009 RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By: - Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 3240409 09/03/2009, 09/10/2009, 09/17/2009

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FILED YOLO COUNTY CLERK/RECORDER
August 18, 2009
FREDDIE OAKLEY, CLERK
Liz Mahovlich, Deputy
FBN NUMBER 2009-816
Ficititous Business Name
The Trading Post Tack Shop
16938 Yolo Ave., Esparto, CA 95627
P.O. Box 125, Esparto, CA 95627
Name of Registrant
Bruce N Eary
P.O. Box 125, Esparto, CA 95627
This business classification is: Individual
s/Bruce N Eary

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Liz Mahovlich, Deputy Clerk
Published August 27, Sept. 3, 10 & 17, 2009

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
September 8, 2009
FREDDIE OAKLEY, CLERK
Liz Mahovlich, Deputy
FBN NUMBER 2009-886
Ficititous Business Name
Keisler Hart Group
610 Fourth St., Woodland, CA 95695
Name of Registrant
Steve Keisler
610 Fourth St., Woodland, CA 95695
Cynthia Keisler
610 Fourth St., Woodland, CA 95695
Brian Hartman
610 Fourth St., Woodland, CA 95695
Marissa Hartman
610 Fourth St., Woodland, CA 95695
This business classification is: Co-Partners
ss/Steve Keisler & & Cynthia Keisler
ss/ Brian Hartman & Marissa Hartman

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Liz Mahovlich, Deputy Clerk
Published Sept. 17, 24, Oct. 1 & 8, 2009

Trustee's Sale

NOTICE OF TRUSTEE'S SALE T.S No. 1220400-10 APN: 049-521-06-1 TRA: 063072 LOAN NO: Xxxxxx2183 REF: Crocker, Joseph IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED December 22, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On October 13, 2009, at 9:00am, Cal-Western Reconveyance Corporation, as duly appointed trustee under and pursuant to Deed of Trust recorded January 06, 2005, as Inst. No. 2005-0000835-00 in book XX, page XX of Official Records in the office of the County Recorder of Yolo County, State of California, executed by Joseph W Crocker An Unmarried Man and Tracy L Merritt-jackson An Unmarried Woman, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank At the rear (north) entrance to the city hall building 1110 West Capitol Avenue West Sacramento, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Completely described in said deed of trust The street address and other common designation, if any, of the real property described above is purported to be: **25794 Craig St Esparto CA 95627** The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: $273,406.81. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Regarding the property that is the subject of this notice of sale, the "mortgage loan servicer" as defined in civil code § 2923.53(k)(3), declares that it has obtained from the commissioner a final or temporary order of exemption pursuant to civil code section 2923.53 and that the exemption is current and valid on the date this notice of sale is recorded. the time frame for giving a notice of sale specified in civil code section 2923.52 subdivision (a) does not apply to this notice of sale pursuant to civil code sections 2923.52. California Declaration I, John Kennerty, of America's Servicing Company ("Mortgage Loan Servicer"), declare under penalty of perjury, under the laws of the State of California, that the following is true and correct: The Mortgage Loan Services has obtained from the Commissioner of Corporation a final or temporary order of exemption pursuant to California Civil code Section 2923.53 that is current and valid on the date the accompanying Notice of Sale is filed. AND/OR The timeframe for giving Notice of Sale specified in subdivision (a) of Civil Code Section 2923.52 does not apply pursuant to Section 2923.52 or 2923.55. Date and Place: 07/03/2009 Fort Mill, South Carolina Name of Signor: John Kennerty Title and/or Position VP Communication. For sales information: Mon-Fri 9:00am to 4:00pm (619) 590-1221. Cal-Western Reconveyance Corporation, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: September 17, 2009. (R-259167 09/17/09, 09/24/09, 10/01/09)