

Who is this?

Find out on page B-3



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Winters, Yolo County, California, Thursday, March 20, 2008

The hometown paper of Gerald and Sandra Heald

Artists planning to ‘Paint the Town’

By DEBRA LO GUERCIO
Express EDITOR

Move over, Mona Lisa — Winters is going to be the focus of fascination as artists from all over Northern California come to town on April 2-5 for “Paint the Town.” For four days, whatever catches the fancy of these professional artists will be captured on canvas and displayed at a gala artist’s reception at Briggs & Co. on Saturday, April 5, from 6-9 p.m. The artwork will be framed and will be for sale, and festivities will include people’s choice voting, with the winner announced at 8 p.m.

“The inaugural Winters plein air festival will celebrate all that Winters has to offer plein air artists,” says Shaunie Briggs, owner of Briggs & Co and coordinator of the event. She notes Winters’ old-fashioned Main Street, the Putah Creek riparian corridor, local agricultural and sweeping views of the dramatic coastal range as just some of the things that might inspire artists. She invites the entire community to the April 5 reception to see what caught the artists’ fancies.

“Come to the reception and be proud of our town,” she says. “Our town is the star of this party.”

Briggs is the driving force behind Winters’



Winters artist Cara Elliot works “en plein aire” on a recent sunny morning, in preparation for the town’s first plean air event, “Paint the Town.” Artists from all over Northern California are expected to descend upon Winters from April 2-5, capturing local scenes on canvas, which will then be displayed at Briggs & Co. on Saturday, April 5, from 6-9 p.m. Paint the Town, which is hoped to become an annual event, is a highlight of the April 5 Winters Walk.

first major plein air event, and she says it has already been picked up on area plein air web-sites, which are devoted to artwork done “en plein aire” or “in open air.” In other words, paintings and drawings are done out in the open, on the spot, rather than in a studio. One advantage to this, explains

Briggs, is that artists can choose a time of day when changing sunlight best accents the scenery they’re trying to paint. In a studio, everything is fixed or even in the artist’s imagination. Plein air painters essentially create a snapshot of a moment in time on canvas.

Briggs says Winters is

perfect for this type of event, particularly at this time of year.

“Paint the Town will bring art and artists to town to enjoy Winters at its best — the blossoms, the green hills,” says Briggs. “Winters is beautiful in the spring and this is an extra beautiful spring, and if we can get painters to paint it, that’s

a good thing. This is going to be a great time of year for top-notch art that is indigenous to our area.”

Briggs reports that artist response to the event has been “overwhelming.” So much so that she suspects next year’s event may have to

Winters’ EARTH will be featured

By JUSTIN COX
Staff writer

A workshop was held on March 13 to address the city’s EARTH (Energy, Agriculture, Recycling & conservation, Transportation and Habitat) initiative. It was a follow-up to a meeting held on Jan. 29, when community members gathered at The Palms to discuss the city’s future as it relates to the environment. In addition to developing the initiative itself, the meeting also focused on the planning of the first annual EARTH Day, which will take place in downtown Winters on Saturday, May 17.

To a somewhat disappointing crowd of less than 15 community members, City Manager John Donlevy explained that the ensuing process could be summed up in three areas.

“First, we set our goals,” he said.

See EARTH on page A-9

Nominations sought for Youth Day Grand Marshal

The Winters Youth Day Committee is accepting nominations for the 2008 Winters Youth Day Parade Grand Marshal. The honoree will lead the 72nd Youth Day Parade down historic Main Street on Saturday April 26.

Grand Marshals are selected for their dedication to Winters through their community service and service to others. There is no age limit and

all nominations will be taken into consideration. Letters can be sent to: Youth Day Grand Marshal, P.O. Box 807, Winters, CA 95694. Email responses can be sent to Mike Sebastian, Parade Chairman at mjkasebastian@aol.com.

The nomination deadline is March 28.

The Grand Marshal should be chosen at the Youth Day meeting on March 30.

Have a happy, hoppy Easter

Photo by Linn Myer

The three winners of the Golden Easter Eggs at the Easter Egg Hunt held last Saturday, March 15, at City Park are, from left, Andrew Carrion in the 5-6 year age group, Jozlyn Rooney in the 3-4 year age group, and Carissa Hernandez in the 7-8 year age group. The annual event was sponsored by the City of Winters.

Easter celebrations continue this weekend with Sunrise Services planned on Sunday, March 23, at 6:30 a.m. at the corner of Buckeye and Russell, and also at 7 a.m. at the gazebo in Rotary Park.

All are welcome to attend both services.



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Included in this week's issue are advertising inserts from:
Longs Drugs, First 5 Yolo, Les Schwab, Lorenzo's Market, Round Table
Extreme Interior Doors, Vacaville Trailer Sales, Woodland Healthcare

(Supplements are sent to Winters, Woodland, Davis, Capay Valley, Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken at 9 a.m. each day, covering the previous 24 hour period.

Date	Rain	Hi	Lo
March 12		71	46
March 13	.01	73	50
March 14	T	71	49
March 15	.01	62	41
March 16	.02	63	47
March 17	T	65	48
March 18		78	54

Rain for week: .04
Season's total: 23.10
Last year to date: 8.42
Average to March 18: 19.27



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OBITUARIES

Tony Garcia Jr.

A graveside service for Tony Garcia Jr. 86, of Dixon, was held at 11 a.m. Monday, March 17, in Silveyville Cemetery, Dixon.

Mr. Garcia died March 11, 2008, in Santa Rosa following a short illness.

Born February 2, 1922, in Mankas Corner, Mr. Garcia was a lifelong resident of Solano County. He was a local rancher, retired Solano County deputy sheriff and proud WWII Naval veteran.

Mr. Garcia was preceded in death by his loving wife of 63 years, Frances Garcia.

Mr. Garcia is survived by sons, Dennis (Jeanette), Ron (Carol), Richard (Ronica) and Michael (Fiancé Teresa); brother, Angelo (Manuela); Grandchildren, Kimberly (Scott) Robben, Brian Garcia, Beth (Brian) Schroeder, Cicely (A.J.) Bernhardt, Victoria Garcia and Daniel Garcia; and nine great-grandchildren.

Arrangements were under the direction of Milton Carpenter Funeral Home 678-2189.

Frances Cameron

Frances C.E. Cameron 95, passed away in Oklahoma City, Oklahoma on March 14. She was born Nov. 2, 1912 in Winters to Louise and George Chapman. She grew up in Winters and resided in the Mountain View area for many years, where she was very active in the community and with friends.

She is remembered for her patriotism, kindness and caring for others. She was caregiver for many years for her family and friends who needed her.

She is survived by her daughters; Francine Wagner and husband George of Piedmont, OK., Dixine Sanford and husband David of San Diego, grandchildren Ryan Wagner and wife Karen Wagner, Blaine Wagner and wife Patricia Wagner, Shalene Smith and husband Jeff Smith, Micah Sanford, Noel Medina and her husband Ryan; great-grandchildren, Lacey Smith, Makenzi Wagner, Luke Sanford, Jake Medina, Sadie Medina, Michela Sanford; sisters, Virginia Pelganti and husband Harry and Alice Mae Briggs.

She is predeceased by her parents, sister, Rhoda Johnson, brother, George Chapman, Mandarin Eugene Chapman, and her husband Lt. Col. Don I. Cameron, to whom she was very devoted. She and Mr. Cameron thoroughly enjoyed attending various military functions together.

A celebration of life service will be held in San Diego.

YESTERYEAR



File Photo

SWORN IN: Alfred Barth of Winters received his Second Lieutenant bars from his mother, Mrs. Leroy Barth at the end of the fall semester in the 1964-65 year at U.C. Davis. He was one of 15 ROTC cadets sworn in to the Army Reserves. He majored in agricultural production and agronomy.

50
YEARS AGO

April 3, 1958

A total of 3.32 inches of rain during the week brought the total for the season to 32.79 inches.

Mrs. Miles Wemp was honored at a surprise layette shower given Friday night by Mesdames Joseph Aguiar, Phil Snow and Byron Snow, at the home of the latter.

Mr. and Mrs. Lin Schroeder and Donnie are spending the week at Death Valley and vicinity. In their absence, the Western Store is being operated by Bob and Jean Schroeder, now having their spring vacation from their studies at the University of California at Davis.

Mr. and Mrs. Jack Mermod of San Lorenzo visited over the weekend with local relatives. Sunday, their youngest child, Jack Kiven, was baptized at the Pioneer Presbyterian Church with Rev. S.C. Potter officiating.

Miss Carol Merchant was up from Berkeley this week enjoying the U.C. Easter vacation with her parents, Mr. and Mrs. Elmer Merchant.

Roy Sunderman, who is with the Bureau of Reclamation at Trinity Center, was the guest last week with his parents, the Herman Sundermans.

Lawrence Wilson, Olive District rancher, is unopposed in his bid for reelection to the Solano County Board of Education. He represents the Vacaville-Winters area on the board.

65
YEARS AGO

April 2, 1943

The directing force of the government guayule farms to be planted near Winters are assembling at the Labor Camp. Mr. J.P. Sweet will be the manager and Mr. John King of Phoenix, Arizona, is assistant manager.

The entire community was saddened Monday morning by the news of the death of Perry W. Thornberry, 51, whose passing occurred at an early hour Monday, from heart attack.

Frank Sagara and Roy Hiramatsu, graduates of Wolfskill School and of the Winters High School, have been sent to Camp Shelby, Mississippi as part of the Japanese American combat team now being formed there.

At a special town council meeting Tuesday night, J.H.D. Bassett was appointed as town clerk, to fill the unexpired term of the late P.W. Thornberry.

Some 50 families are expected to arrive from Arkansas and Missouri this weekend to reside in the Labor Camp. They are to be a part of the group that will be employed on the guayule rubber project that is due to get going near here.

Word received by his folks from Elwin Martin tells of his spending a day with Ted Dunnagan on Hawaiian Islands.

‘Yolo County 101’ classes to be offered

Yolo County Supervisor Matt Rexroad is offering free seminars on various topics involving county government. Last fall, Rexroad hosted “Yolo County 101” an educational course about the processes of county government. Four additional classes, not available in the original nine-week seminar course, will start on April 2, continuing monthly through July. Each class will be held at the Yolo County Administration Building’s atrium training room, Room BO2, 625 Court Street, Woodland.

The first class on April 2 will focus on air quality

with Mat Ehrhardt, executive director of the Yolo-Solano Air Quality Management District. The May 14 class will be about the Williamson and Brown Acts. The guest lecturer will be Philip Pogledich, Yolo County senior deputy counsel.

The classes are free, but registration is required to reserve a seat in each class. To register for the first two classes or for more information, contact Dotty Huber at the Yolo County Third District County office, 666-8230, or email dotty.huber@yolocounty.org.

The Berryessa Lake levels will be in next week.

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100
YEARS AGO

April 3, 1908

The great concrete bridge was fittingly dedicated and celebrated by Yolo and Solano Counties, Wednesday, April 1. Two big bridges, the best west of the Mississippi now span the Putah and join us to Solano.

The big barbecue dinner fed 3,000 people at noon with food to spare. Dinner was also served at the Betz restaurant and at the hotel.

A ball game between Vacaville and Winters in the afternoon, grand ball in the evening drew large crowds.

Invitations are out for the wedding of Thomas Pleasants and Miss Louise Satterlee, to take place in Los Angeles, April 15.

Editor W.H. Scott of the Davis Enterprise paid the Express a visit while at the barbecue Wednesday.

Rev. Jay Pruden, S.S. missionary for Pacific coast, will hold a S.S. mass meeting at the Baptist Church, next Sunday, at 3 p.m. All S.S. workers in town are invited.

115
YEARS AGO

April 1, 1893

Charles Brinck and G.W. Thissell, Jr., set out tomato plants last week.

Mr. and Mrs. R.L. Briggs gave a social party in honor of their sister, Miss Mary Briggs, of Woodland, at their residence last Tuesday evening.

An anti high school meeting was held in Davisville Tuesday afternoon at which F.E. Russell was chosen as chairman and E.H. McMillan for secretary.

Frank Portnell has rented a portion of H.L. Beaven’s building and will open a lunch counter there in tomorrow. He intends to cater to the wants of the public, and will doubtless receive a liberal patronage.

Alex Ritchie Wednesday began the erection of a one story cottage residence for William Brinck, on his fruit farm west of town.

Henry Craner has bought the lot on the north side of Main Street, west of J. McCoubrey’s blacksmith shop, belonging to J.H. Harlan, and will move his fruit warehouse on the same shortly.

C. Roske has planted a couple of hitching posts in front of his tin shop, so that his country customers may hitch their horses when they do business with him.

Weekly police report

Feb. 25

~ On the 700 block of Valley Oak Drive, a chain link fence was cut in order to gain entry to the property. Once entrance was gained, storage unit locks were cut. Damage: \$140. Anyone who has information regarding this incident should contact Officer Mason at the Winters Police Department.

March 2

~ On the 200 block of Mermod Road, a suspect allegedly hit victim in the face and arm. The case is being forwarded to the District Attorney for complaint.

March 10

~ On the 100 block of Grant Avenue, an officer located an unsecured door while performing a property check. The building was cleared and the door secured.

March 11

~ A found ring was turned over to the police department.

March 12

~ Francisco Herrera, 41, of Winters was arrested for possessing methamphetamine,

transporting methamphetamine, possessing drug paraphernalia, being a felon in possession of a firearm, possessing a loaded firearm, threatening a police officer, having unlawful tinted vehicle windows and violating probation. Herrera was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.

~ A 15-year-old Winters juvenile was issued a notice to appear for being an unlicensed driver and having an inoperable vehicle stoplight.

March 13

~ Roberto Torres Rodriguez, 37, of Winters was issued a notice to appear for being an unlicensed driver and having an inoperable vehicle headlight.

~ Timothy Dennis Kelly, 37, of Winters was booked and released on a District Attorney letter charging him with violation of a court order.

~ On the 100 block of East Grant Avenue, a counterfeit \$100 bill was passed at a business.

See POLICE on page A-12

Winters Express

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CR 98 to be closed for two days

The Yolo County Planning and Public Works Department will be closing a two-mile section of County Road 98, between County Road 29 and County Road 31 (Covell Boulevard) on Monday, March 24, at 9 a.m. due to construction activity. The road closure is necessary to allow two failing metal culverts to be replaced with new reinforced concrete culverts. It is expected that the road will be reopened by 5 p.m. on March 25. A detour route will be posted to direct traffic around the closed section of County Road 98. The detour will direct motorists to County Road 99 between County Road 29 and County Road 31 (Covell Boulevard) during the time that Road 98 is closed. For more information contact Joseph Tagliaboschi, Yolo County Public Works Road Superintendent, 666-8032.

Proposed utility tax title tweaked

By JUSTIN COX
Staff writer

The city council held a special meeting last Tuesday, March 11, to address the previously approved Utility User's Tax Reduction and Modernization Act. The act was approved at the March 4 meeting in a 4-1 vote. Councilmember Cecilia Aguiar-Curry opposed the title, which she believed was misleading in that it suggested a reduction but would not certainly provide one. In addition to Aguiar-Curry's opposition, community member Jiley Romney raised a number of questions that brought both the wording and the application of the tax into question. A slight sense of concern lingered throughout the City Hall chamber. Faced with what was believed to be a hard deadline, the ballot measure was approved after much conversation. In the days that followed the March 4 meeting, City Attorney John Wallace learned that modifications could in fact still be made. Staff immediately called a special meeting and

spent the weekend crunching numbers and clarifying verbiage. Of particular concern to Aguiar-Curry was the use of the word "reduction" in the title. The ballot measure calls for a reduction in the rate of the tax from 5 to 4.75 percent. The problem however is that the modernization of the tax means it will also begin to include a wider variety of previously untaxed telecommunications items like satellite dishes and wireless internet. So even though the tax rate would go down, the potential to pay more would still exist. Staff calculated that current franchise revenues amount to approximately \$30,000, or .42 of the 5 percent Utility Users Tax. Therefore, by reducing the rate to 4.58 percent, the city will collect virtually the same amount that it currently does. At the meeting, the council had the option of lowering the tax from 5 percent to either the calculated 4.58 or to the previously proposed 4.75. "I'm comfortable with the 4.75 percent we hashed out last time,"

said Councilmember Harold Anderson, noting that taking a slightly conservative approach is not a bad idea, especially in such economically fragile times. The council agreed with Anderson and approved it accordingly. "The difference between the two amounts is \$17,000," said Donlevy. "That amount is rather negligible in the grand scheme of things." In addition to lowering the tax rate to 4.75 percent, the council unanimously approved a \$300 cap on utility taxes per household. The previous cap was \$300 on each utility. By removing the word "reduction" from the tax's title and maintaining the lower rate and \$300 cap, the measure will be presented fairly on the ballot. It will be up to the voters from there. The intention is to adjust the language and application of the tax in order to catch it up with the rapid pace of technology. The city has made clear that the intention is not to bolster profits; it's simply to modernize.

Murder charges dropped

Following a no-contest plea to voluntary manslaughter, murder charges against Winters resident William Michael Blackburn, 20, were dropped. Blackburn pleaded no contest to one count of voluntary manslaughter in connection with a beating on Sept. 8 at Southwood Park in Vacaville, that claimed the life of Vacaville resident James Rucker, 22. Rucker died a week after the altercation after being airlifted to the UC Davis Medical Center in

Sacramento that evening. Blackburn also pleaded no contest to two misdemeanor counts of battery while appearing before Superior Court Judge William C. Harrison on March 14. Judgment and sentencing of Blackburn will take place on April 11. As a result of the plea, Blackburn faces a sentence of approximately six years in state prison. *(Information from the March 15 Vacaville Reporter.)*

Commission meeting postponed

The March 25 planning commission meeting has been postponed to Tuesday, April 8, for lack of agenda items. The meeting will be held in the

council chambers at City Hall at 7:30 p.m. All interested residents are welcome to attend. For more information, call 795-4910.

Opinion



DEBRA LO GUERCIO BECAUSE I SAY SO

LAST WEEK I RAN PLUMB OUT OF SPACE before I could mention another issue raised by integrative physician Dr. Andrew Weil during his appearance at the Mondavi Center in Davis: the rising incidence of juvenile diabetes and heart disease, typically linked to childhood obesity. In particular, he noted the insidious prevalence of corn syrup in our food. That on top of all the white sugar that's in nearly everything, and it's not hard to see why diabetes is on the rise. We're consuming sugar without even realizing it.

Following Weil's speech, I started looking at food labels a little more closely. There I was in the bread aisle at the grocery store, choosing some whole wheat bread. I already know to look for "100 percent whole wheat flour" as the first ingredient, lest I purchase a "wheat" product that's really made with mostly bleached white flour that's been colored brown artificially and actually only contains trace amounts of whole wheat flour.

I've never bothered to read much beyond that point, because I figured once you had a 100 percent whole wheat product, you were fine. Imagine my surprise when I read beyond the first ingredient and discovered that number two on the list was corn syrup. I started reading the labels on loaf after loaf, and it was the same story every time. Corn syrup was invariably amongst the first three ingredients. In fact, I was unable to find a loaf of whole wheat bread that did appear to be heavily sweetened.

I settled for a loaf that had corn syrup as the third ingredient, and later on at home was making a turkey sandwich with the sliced deli meat I'd purchased. Something moved me to check out the label on the turkey. You guessed it — corn syrup had been added. To plain roasted turkey breast! Do we really need sweetened turkey breast? I realized that Weil is onto something. Our food is being infused with sweeteners, which we're consuming even when we're think we aren't.

Start reading labels and see for yourself just how much of our food is loaded up with corn syrup. Fruit juice is a perfect example. Unless the label says "100 percent juice," you're probably handing your child a glass full of mostly corn syrup and artificial color. Check the label on your peanut butter. Unless it's made from 100 percent peanuts, it's likely been sweetened with sugar or corn syrup. But maybe that's to hide the taste of all that hydrogenated vegetable oil (Crisco, in other words) they add to it so it'll be easier to spread on that puffy, airy nutritionally void white sandwich bread without tearing it. And don't forget the jelly! (Also sweetened with, yes, more corn syrup.)

Do yourself and your family a favor — eat close to the ground. Choose whole foods that come directly from the earth, a plant or an animal whenever possible. Or as Jack La Lanne says, "If a man made it, don't eat it." That advice seems to be serving him well. He's got to be at least 300 years old now, and still going strong.

Here's another angle on the sugar-laden food issue: advertising aimed at children. From time to time you'll hear one food crusader or another railing against all the sugary cereal and snack food TV commercials directed at children, invariably placing the blame for childhood obesity squarely on the advertisers.

What a load of hogwash. Children don't do the grocery shopping, parents do. Children cannot consume what parents don't buy. It's that simple. If you can't tell your toddler "No" when he begs for Fruit Loops, you've got big problems. It's an easy thing. Purse your lips and practice: "No. No. NO." And, just for good measure, work on this one too: "Because I'm the Mommy (or Daddy), that's why."

When it comes to grocery shopping and food choices, parents do not owe their children any explanations. Furthermore, if you never buy any sugary junk food for your kids, they won't develop a taste for it. I'll bet I can count on one hand all the times my kids ever found cookies or potato chips in the cupboards while they were growing up. Yes, I was a nutrition Nazi. And yet, they both survived, without benefit of Cap'n Crunch or Tony the Tiger.

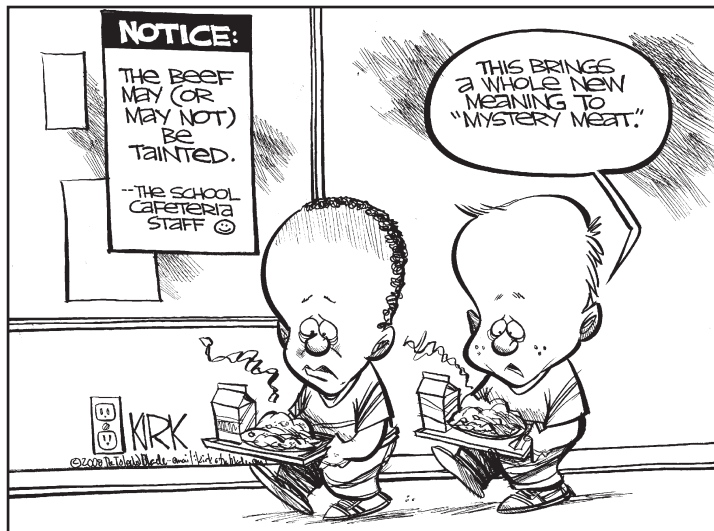
"No." Practice it at the grocery store when your kids are little. It'll be that much easier to say it during the teen years, when it really counts.

ON A LOCAL NOTE: Although the date of today's Express is March 20, some of you are holding it in your hands the day before. I mention this because some local folks have organized a candlelight vigil on Wednesday, March 19, at 7:30 p.m. in City Park, in conjunction with similar candlelight vigils taking place across the country on the same day to observe the fifth anniversary of the war in Iraq.

If you object to the hundreds of thousands of lives lost while *fighting the wrong country*, or the \$500 billion pricetag of this war so far (it's costing us \$12 billion *per month*), or simply to the war itself, you could still show up "yesterday" for the local candlelight vigil. If you don't do it for your own sake, do it for the sake of the troops who are shouldering the burden of this fiasco. Or for your great-great-grandchildren, who will still be paying for this war long after we're dead and gone.

Saw you there.

OUT OF OFFICE COUNTDOWN: 44 weeks left.



LETTERS

Don't plug up Abbey artery

Dear Editor,

"East Abbey may be a one-way street." I read the front page story in the March 13 Express with disbelief. Downtown Winters has several redevelopment/expansion projects about to unfold in 2008, all of which are intended to increase business activity in the core area. Restricting traffic flow on an exist-

ing street in this area sure sounds like wrong-headed thinking to me.

Many cities and towns make short-term planning decisions that 10 or 20 years later muster up the question, "What were they thinking when they did that?" If we want the core area to prosper, let's not plug up the arteries.

TOM POTTERS

What happened to art scene?

Dear Editor,

What happened to the art scene we were looking forward to here in Winters? It almost seems deader than when I came here six years ago.

Visitors come by on Sundays and wonder why

nothing else is going on. We are losing our "destination" appeal.

No one seems willing to pay their dues. It takes time and sacrifice to develop a successful business.

JEFF CHILDRESS

Easter Sunrise Service planned

Dear Editor,

The Winters Christian Ministerial Association invites all to celebrate the Resurrection of our Lord and Savior Jesus Christ on Easter Sunday March 23, at 7 a.m. at the Gazebo in Rotary Park, downtown Winters. Music is being coordinated by Pastor James Allen.

Refreshments will be coordinated by Father

Chuck Kelly and Pastor Bob Badgley. Encouraging Resurrection Sunday devotions will be offered by all the Winters pastors including Pastors Steve Rutledge, Al Calderone and Jorge Chavez.

Please plan to attend this special time of celebration.

**WINTERS CHRISTIAN
MINSTERIAL ASSN.**

Looking forward to next year

Dear Editor,

The Winters High School Academic Decathlon team would like to thank Rotary International, the Soroptimists, Beta Alpha Beta, The Myer Company, and the Winters Fortnightly Club for their generous support to this year's team.

Next year's topics will be Mexico-Latin America and evolutionary biology. We are looking forward to another year of great academic competition.

**MATT BIERS-ARIEL
MARCELLA HEREDIA
Academic Decathlon
coaches**

Fabulous fashion funds raised

Dear Editor,

The forecast was for showers, but it proved to be a beautiful day last Saturday for the Winters Fortnightly Club's "Spring has Sprung" Fashion Show and Luncheon. The well-attended event was held as a fund-raiser for both the club's \$1,500 scholarship and its support of youth activities in the Winters community.

A fabulous luncheon menu was designed by Isabel Snow and consisted of a beautiful spinach and ham quiche, spring greens with cranberries, toasted walnuts, and a bright balsamic vinaigrette, served with a variety of freshly baked miniature muffins. Dessert featured a selection of homemade cookies also baked by club members.

The kitchen was as usual in the capable hands of Barbara Thomas and her crew, Marge Graf, Nelda Biasi, and Isabel Snow. This group can be relied upon to create a fine product. Thanks to Lorenzo's Market for donating bottled water that was served with the meal.

Student volunteers from Winters High School who so gracefully and competently served the meal were Lilian Boisrame, Noelle Mandolfo, and Danielle Murphy. The club thanks them for doing a great job. Thanks also to Peggy Graf for her assistance.

With spring as a theme, the tables were decorated with little pitchers filled with the pastel flowers of the season, along with bright daffodils and a scattering of tiny chocolate eggs. Gayle Andersen and Audrey Thurmond created the centerpieces with flowers from the gardens of Betty Frisbee, Lavinia Young, and Darlene Benson. The table linens were donated by Buckhorn Catering and, as always, added that touch of class.

The setup crew of volunteers from Winters High School included: Marcus Carrasco, Meghan Hyde, Riki Lucero, and Jameson Shugart. Also volunteering were Cody Campos, Amy Cross, Kaplan Smith, and Sarah War-

See **LETTERS** on page **A-7**



CHARLES R. WALLACE A QUICK OPINION

HAPPY EASTER. When I mentioned that the only non-commercialized holidays were Thanksgiving and Easter, I got the horse laugh. "Haven't you been down the candy aisle lately? There are thousands of Peeps, everywhere." I guess I don't get out much. I did notice the candy displays at Eagle Drug and Lorenzo's, but they do that for every occasion. Buying candy for any event isn't commercializing the holiday, it's just a fact of life.

Maybe I'm just a little frugal, but I don't think you need to give gifts at Easter or Thanksgiving like you do at other holidays. Maybe other people think of Easter as a time for gifts, but it is really a holiday to think about our Christian beliefs and spending time with family. I don't think you can say the same thing about Christmas or Halloween.

Speaking of holidays, start planning for next Valentine's Day. My permanent tenant and I like to go to Eagle Drug, sort through Valentine's Day cards, pick out a funny one, and exchange them. We both laugh and put them back on the shelf. We usually do this around 5 o'clock, if you'd like to join us next year. There is a rule about leaving the store without buying something. So take your pick of a box of chocolate or some other gift for your tenant. With the money you saved on the cards you can pick up a bottle of wine or a six-pack of soda to enjoy at your leisure.

SAVING THE PLANET. The City of Winters has held a couple of workshops on how Winters, and its citizens, can help conserve energy and help both agriculture and the environment. It shouldn't be that hard for everyone to at least think about conserving, it will save us in the long run.

I've noticed that my home has almost complete compact florescence lighting. As the old filament bulbs burn out I replace them with curly light bulbs. If you watch the specials at either our True Value or Ace Hardware stores you'll find that the bulbs are getting cheaper. The light may take a little getting used to, the delay is the most annoying, but you won't have to change them very often and they will save all of us money in the long run.

Not everyone can afford to put in a photovoltaic (PV) system, panels that convert sunlight to electricity, but when you remodel or build a new home, PV should be on the top of your list. If you are in the country you might want to consider a wind turbine. With the price of oil and gasoline, electric rates have nowhere to go but up. PV might become even more affordable and more prevalent in new construction. It makes financial sense and it is the right thing to do.

I haven't been happy with the city in the lack of enforcement of our PV requirement that 50 percent of all new homes have to have a PV system and the other 50 percent have to be pre-wired for it. Two of the three homes built in Winters in the past two years have PV systems so that looks good. The only commercial development, the apartment buildings on East Baker don't have panels, but the buildings are said to have been built to very high energy standards that will save the tenants energy. I would still have liked to see a few panels on the project.

One of the concerns of the workshop was the lack of communication between farmers and city people. It goes both ways. People living in cities, or even those living in the country, have to understand how farmers operate, and farmers have to listen to people's concerns about farming practices. I know that farmers have to disc, spray and harvest. It should be pretty simple to explain that farmers need to make a living, but it isn't as easy as it should be.

There may be a day when there isn't any agricultural burning or spraying, but I don't want to see water trucks in the fields to keep the dust down like you see on construction projects. If we want all farmland developed, just keep making business decisions based on ideas and not based in reality. Meeting between citizens and farmers might just make that easier.

FOR BETTER OR WORSE. Heather Mills, the ex-Mrs. Sir Paul McCartney, received a divorce settlement of almost \$50 million. That comes out to \$34,000 for every day she was married to the ex-Beatle. Maybe the Governor of New York got off cheap with \$4,300 a day hookers. We'll have to wait to see what his divorce cost him, or what it will cost him if he stays married.

Have a good week.

THANKS ...

The Burke Family would like to thank the Winters Fire department for their quick response to our house fire on March 4. They did an outstanding job, and treated all of us (my family and our tenants) with great kindness and care. We would also like to thank the neighbors from the Apricot block for their calls to 911 and their care and kindness for our family. And to our tenants, Jennifer, Amanda and Meagan. You girls are incredible, and smart and kind. We are so grateful you are safe. This was an extremely emotional experience for all of us. We were very sad that this happened. We sincerely wish you all the best.

THE BURKE FAMILY

Study shows melatonin in walnuts protective against cancer, heart disease

Many think melatonin is something you can take to fall asleep after long airplane flights, but scientists are studying how this powerful antioxidant actually fights diseases like cancer, may impact diseases associated with aging and likely will allow people to live healthier lives. Research at The University of Texas Health Science Center in San Antonio has proven walnuts are a natural source of melatonin.

According to Russel J. Reiter, Ph.D., Professor of Neuroendocrinology at The University of Texas Health Science Center at San Antonio, “The ingredients in walnuts would be expected to reduce the incidence of cancer, delay or make less severe neurodegenerative diseases of aging, including Parkinsonism, Alzheimer’s disease and reduce the severity of cardiovascular disease.” Published in Nutrition: The International Journal of Applied and Basic Nutritional Sciences, the study is titled “Melatonin in walnuts: Influence on levels of melatonin and total antioxidant capacity of blood.”

Dr. Reiter’s study found walnuts are a potent source of melatonin, which is easily absorbed in the body. “When walnuts are consumed, blood levels of melatonin increase threefold,” notes Reiter. Studies have shown walnuts reduce the risk of heart disease due to their combination of healthy nutrients, including omega-3 fatty acids and antioxidants. Reiter believes it is the synergy among the ingredients in walnuts – the combination of nutrients plus the melatonin that makes them so beneficial. “Melatonin and omega-3s, both of which are in walnuts, starve cancers because they prevent the growth of cancer cells. When you take melatonin as a tablet, you are exclusively getting melatonin. I think the value of the walnut is the composite of what it contains.”

Sutter Davis Auxiliary seeks new volunteers

The Sutter Davis Hospital Auxiliary is recruiting new members (male & female), who are in good health and over 18 years of age, to volunteer in various capacities in the hospital. They must attend a general orientation and on-the-job training. For more information, check out the website <http://www.sutterdavis.org/about/volunteering.html>. Applications are available at the website, or by calling the Hospital Information Desk at 759-7485, weekdays, 9 a.m. to 4:30 p.m.

Annual swap meet planned

The Hays Antique Truck Museum’s Annual Spring Swap Meet is planned for Sunday April 6, at 6 a.m. at Woodland Community College 41605 Gibson Road in Woodland. The college is located one mile south of the Heidrick Ag History Center, west of County Road 102. The vendors gate opens at 4 a.m. Early registration is \$20 until March 20, after which it is \$25. For more information, call Hubert Bryant, 662-0629.

Reading food labels makes a difference in children’s health

By JULIE GALLELO
First 5 Yolo
Special to the Express

Want your child to eat healthier? Reading the nutrition facts on every boxed, canned and packaged food item can help you make healthier choices for your family. Knowing how to read a nutrition label is important for choosing foods with healthy ingredients for your child. Understanding food labels also can help you avoid selecting foods with hidden fats and sugar.

Too often, reading the nutrition facts can be confusing. That’s why First 5 Yolo provides the following guide to help you understand nutrition labels and what they mean for your child.

Words to Watch — To make healthy choices for your child, pay close attention to the following “tricky” words:

~ Serving Size: Serving size is the amount of food to be eaten at one time by an adult. All information below the serving size is based on only the individual serving, not the entire box or can of food. Be sure to look at the servings per container to find the total number of servings in a food package.

~ Percent Daily Value: The percent daily value tells you the percentage of each nutrient or ingredient the food contains. However, like the serving size, it is important to remember that this num-

ber is calculated for adults. Each percentage is likely to be much higher for a child’s diet. Look for foods with high percentages (20 percent or more) of good nutrients such as vitamins.

Does a Body Good — The following ingredients are important for your child’s healthy development:

~ Protein: Your child needs protein to develop parts of his or her body, especially to build muscles. The foods highest in protein are meat, poultry, fish and dairy foods.

~ Vitamins: Vitamins help build strong bones, give your child energy and can help prevent illness. Ask your doctor for the recommended amounts of each vitamin and mineral — particularly vitamins A and C, iron and calcium — for your child.

~ Fiber (or Dietary Fiber): Fiber is important for keeping your child’s digestive system healthy. Doctors generally recommend that 1-3 year-olds have at least 19 grams of fiber per day and 4-8 year-olds have 25 grams per day. Some of the best sources of fiber are whole-grain breads and cereals, fruits, vegetables, beans and nuts.

In Moderation — The ingredients listed below should be limited for a healthy diet for your child:

~ Calories: Bodies use calories for energy. However, any calories your child does not use are stored as fat. Children who eat too many calories can become overweight. Look for foods

that have a low or average amount of calories, between 40-100 calories per serving. Foods with more than 400 calories per serving are unhealthy for your child.

~ Sodium: Sodium is another term for salt. Children should eat small amounts of sodium to prevent high blood pressure and heart problems later in life. Generally, food with less than 5 percent sodium is considered healthier.

~ Fat: Limit your child’s intake of foods high in saturated and trans fat. Eating too much saturated fat increases the risk of childhood obesity and can lead to heart disease. In particular, limit fried foods, whole-milk dairy products, fatty meats, vegetable oil and butter.

~ Sugar: Eating too much sugar also can cause childhood obesity and increase your child’s risk of dental disease. Look for foods that are naturally low in sugar. However, be careful of some foods that are sugar-free. Often, these foods replace sugar with artificial sweeteners, which are not recommended for children under age 5.

First 5 Yolo encourages all parents and caregivers to read nutrition labels to help serve healthy foods to their families. For more information on First 5 Yolo programs, call 669-2475 or visit www.first5yolo.org

(Source: American Heart Association and U.S. Food and Drug Administration)

Items available for seniors

The Winters Senior Citizens Club has wheelchairs, walkers, commodes and shower chairs available to loan. For more information, call Dorothy Becker, 795-2536, Floyd Fletcher, 795-2961 or Paul Broughton, 795-2341.

Community

Easter Services planned

Winters Community Church will hold a special “Son Rise” Easter Service with live music Sunday, March 23, 6:30a.m. at the church property, located on the corner of Buckeye and Russell, next th I-505. Look for signs and the new cross.

All are welcome to attend, bring your own chair.

For more information call 795-5530.

Time to sign up for Youth Day booths

The official Winters Youth Day website is up and running. Information, forms and several extras are featured at www.wintersyouthday.com. Entry forms for the parade and for park booths are now available online. Parade forms can also be obtained at Winters City Hall, 318 First Street, or by calling Mike Sebastian, 795-2091. For information about park booths, call Chris Jones, 795-3279.

Tire amnesty events planned

A tire amnesty event, offering free collection of used passenger car, truck and farm tractor tires will take place on Saturday, April 5, 8 a.m. to noon at the Yolo County Central Landfill, 44090 County Road 28H, in Woodland. There is a limit of 20 tires per vehicle

If you are hauling more than nine waste tires, you must obtain a waste tire hauler permit, or request an exemption from the Yolo County Environmental Health Department, Local Enforcement Agency. Call 666-8646 for more information on exemptions.

Acceptable tires are all passenger vehicle, truck, and tractor tires that are air filled with no solid areas. Tires with rims are acceptable, but heavy equipment tires will not be accepted.

Tire bins full of tires will not be accepted at these events. If you have tire bins full of tires you may contact Tri C Tire Recycling directly, 661-6906, for proper management of your tires.

For more information on the Yolo County Tire Amnesty Event contact Tammy Port in the Yolo County Waste Management Division, 666-8856.

Contra Dance planned in Guinda

In the tradition of American and English line dances, swing your partner at the Guinda Community Contra Dance on Saturday, March 29. There will be a dance lesson at 7:30 p.m., with a dance from 8-11 p.m.. The ol’ Guinda Grange Hall echoes of dances, plays and community over the years, encouraging everyone to become friends, lose the uneasiness of new faces and new steps, and most of all, to have more fun than you could ever imagine.

The dance caller will explain the steps before each dance. No experience is needed. All dances are taught and prompted by caller, Erik Hoffman. All ages are welcome.

Admission is \$6 per person Call 796-3801 for more information or to volunteer to help.

30th anniversary celebration



Courtesy photo
Winters Soroptimist members Darlene Benson, Kathy Bertagnolli, Fran Philbrook and Mary Gardner will be all ready for the club’s 30th anniversary celebration, a Mad Hatters Tea Party, planned for Saturday, April 5 at Tomat’s, 11-1:30 p.m.

Still time to sign up for Quiz Show

By REBECCA FRIDAE
Special to the Express

Last year, The Wintun Warriors — Matt Archibeque, Matt Hess, Charles Morales, Michael McGraw, and Andrew Fridae, sponsored by Warrior Video — won the trophy for the Winters Friends of the Library’s Quiz Show for a second time in a row. The question now is, will they do it again?

Teams are preparing for the fifth annual fund-raiser, The Quiz Show, to be held at the Community Center on Thursday, April 3, at 7:30 p.m. So far, four teams have registered to compete, and the

deadline to sign up is fast approaching. There is only space for about 10 teams.

Teams of five, representing businesses, organizations or groups of smart friends will compete in three rounds of trivia questions for a first place prize of \$300, and bragging rights as Quiz Show Champions. The cost is \$100 a team for early-registration by Friday March 28, or \$125 at the door. If you are interested in signing up, but have no team, you may put your name on a list at the library or at the door and “pick-up” teams will be formed.

A sample of ques-

tions from past years follows: Who were the two figure skaters involved in the infamous scandal of 1994? In what state would you land if you sailed straight north from the tip of Colombia in South America? About how many people died in the Civil War, 6000 60,000-or 600,000? (Answers are: Tanya Harding and Nancy Kerrigan, New York, and 600,000.

Complete rules and registration forms are available at the Winters Branch Library, at the corner of First and Russell Streets. For more information, call Rebecca Fridae, 795-4600.

‘Read off Your Fines’ during National Library Week

April 13-19 is National Library Week, a time to celebrate the contributions of libraries, librarians and library workers in schools, campuses and communities nationwide. There are many ways to celebrate National Library Week at any one of the seven Yolo County branch libraries.

Among the many activities during National Library Week will be displays of library materials and free bookmarks at Yolo County libraries. Parents and their preschoolers will be invited to introduce their children to the library by attending preschool story times at the branches and teens can join the teen book clubs and teen advisory boards. There will also be book clubs for adults. Check the local branch library

(www.yolocountylibrary.org) for dates and times. Additionally, the Explorit Science Café and Lecture Series — “What Made Us Human? Comparing the Human and Chimp Genome” — will be presented at 7 p.m. on April 15 at the Davis Library.

The main event of the week will be the first annual “Read Off Your Fines” campaign. The goal of this program is to encourage children and young adult library card holders, ages 5-18, to pay all or part of their fines by reading passages from their favorite book. A \$1 credit will be earned for each 15 minutes spent reading. Look for this program at your local branch library.

First observed in 1958, National Library Week is a national celebration

sponsored by the American Library Association (ALA) and libraries across the country each April.

For more information, visit or call any of the branches of the Yolo County Library: Arthur F Turner Branch, West Sacramento (916) 375-6465; Clarksburg Branch, (916) 744-1755; Mary L. Stephens Branch, Davis 757-5593; Esparto Branch, 787-3426; Knights Landing Branch, 735-6593; Winters Branch, 795-4955; Yolo Branch, 662-2363. Additional information can also be found by visiting the library web site: www.yolocountylibrary.org.

FFA plans Easter activities

Local children are invited to come and have a hoppin’ good time at the FFA Easter Festival on Saturday, March 22. It will be at the Ag Site, starting at 10 a.m. There will be an Easter Egg Hunt, arts and crafts, and a petting zoo.

The petting zoo includes animal projects

that most of the Ag Leadership class has been raising. There will be three egg hunts throughout the day, starting with the 6 and under, 7-11 will follow and lastly 12 and up. Arts and crafts are included in the entry price of \$2. Proceeds will benefit the Winters FFA.

Time to get ready for Youth Day Kiddie Parade

The annual Youth Day Kiddie Parade will take place at 9:45 a.m. on Saturday, April 26. The registration table will be located at the corner of Main and Fourth Streets. Registration begins at 8 a.m. and ends at 9:30 a.m. This is a free event. Entries must be registered by 9:30 a.m. on Youth Day, as the entries are judged prior to the parade.

Kiddie Parade entrants may choose from one of six categories in which to be judged: Decorated Bicycle, Costume, Wagon, Pet,

Group and Mini-Float. For safety reasons, motorized vehicles, such as motorcycles are not allowed in the Kiddie Parade. Battery powered mini-jeep type vehicles are allowed.

For early registration forms or more information, or to volunteer to assist with the parade on Youth Day morning, call Kiddie Parade Chairman Amber Sebastian Main Parade Chairman Mike Sebastian, 795-2091. Numbers will be given out on Youth Day morning.

Getting married? Just had a baby?
Announce it in the Express — it’s free!
Call 795-4551 for assistance

LETTERS

Continued from page A-4

ren. The club thanks all these students for their time and assistance.

Thanks to Chris Jones of Chris' University Florist for the use of the arch to set off the stage decor. The club is most grateful to the Pioneer Presbyterian Church for the loan of china and silverware.

Club president Darlene Benson was in charge of the fashion show and put on a smooth-running presentation of the latest in spring attire from Gottschalks in Davis. Trends include black and white and natural fabrics, along with some lovely colors for the season. The audience enjoyed seeing adults, teens and children strut their stuff, especially as the models were club members, their families, and friends.

The club thanks all of our charming models for doing such a great job: Mia Barrera, Breanne Benson, Austin Calvert, Zachary and Casey Cox, Joan Gates, Anne and Tommy Guidici, Viona Hague, Germaine and Howard Hupe, Mason and Andrea Hurst with daughter Riley, Ashlynne Neil, Mellissa Nitzkowski, and Isabel Snow.

The sound system and music were provided by the club's good friend Austin Hill and his new DJ service, "Dance with Me".

The Winters Fortnightly Club is known for its numerous door prizes, and this year Peggy Kelley, with help from Gayle Andersen and Gerry Molnar, gathered an impressive crop of donations from the generous businesses and individuals of Winters. The club appreciates such wonderful support, and thanks Ace Hardware, Berryessa Gap, Briggs & Co., Buckhorn Steak and Roadhouse, Camile's Hair Salon, Chris' University Florist, Chuy's Taqueria, Cody's Deli, Creekside Cards and Photos, Curves, Eagle Drug, Ficelle, First Northern Bank and Jessica Kilkenney, Jessie and Peggy Gill, Gottschalks, Viona Hague, Peggy Kelley, Lester Farms Bakery, Putah Creek Cafe, Round Table Pizza, Steady Eddy's Coffee House, Subway, True Value, Warrior Video and the Winters Express.

The Winters Fortnightly Club extends special thanks to Debra Lo Guercio and the Winters Express for sharing news of the club's activities throughout the year and providing a place to communicate our goals and plans.

Thank you to all who attended and supported this event which enables members of the club and the community to contribute to the future of the young people of Winters.

AUDREY THURMOND
Winters Fortnightly Club

Fund-raiser was a raging success

Dear Editor,

Our Senior Spirit Nite, held on March 1, was a raging success! This fund-raiser directly benefits the WHS Grad Nite party for the graduating class of 2008. In typical Winters spirit, and during a particularly difficult time in our economy, family, friends and community members graciously gave their support to this effort.

I would like to take the opportunity to thank the attendees, members of the community, and committee members for con-

tributing to the success of the event. Specifically, I would like to thank Ted and Mylene Selby for catering the delicious food, and Chris Novello and the WHS Culinary Class for participating in the food prep and service. Mike Sebastian did a fabulous job keeping the evening rolling as the Master of Ceremonies.

Also the silent auction donors contributed to our success, as well as BevMo for giving us a great deal on the drinks, and the Daily Grind for donating the coffee. All desserts were donated by various members of our local community. I would also like to thank the following people and businesses who contributed to our success: Chris' Florist, Winters Express, Cody's, Buckhorn Catering, First Northern Bank, Winters Volunteer Fire Department, The Nugget, Putah Creek Cafe, Lesters Bakery, Los Reyes, McCune Garden Chapel, Milton Funeral Home, Mechanical and Engineering Contractors Assoc, Dr. Ron Riesner, Court Galvanizing, Soroptimist of Winters, United Brotherhood of Carpenters and Joiners of America Local Union No. 180, Operating Engineers Local Union No. 3, Phillippi Engineering, and Mazza Dental Care. Last, but not least, I would like to thank with deep gratitude our anonymous donor.

Now the committee begins the daunting task of planning and implementing the Grad Nite party for the class of

2008. Providing the graduating seniors with a safe and sober opportunity to celebrate their achievements is a Winters tradition needing your support. Our fund raising efforts are still ongoing, so please feel free to join our next committee meeting on March 19, at 6 p.m. at the Winters Library.

SARAH DICKINSON
President, Winters Grad Nite
Parent Committee 2008

More citrus trees are available

Dear Editor,

In response to the enormous demand for dwarf citrus at the Winters Friends of the Library Tree Sale held on March 8, Four Winds Nursery has delivered more trees to Suisun Valley Fruit Growers, located at 11 East Abbey Street. The order delivered to the Fruit Growers is based on the requests made on sale day for particular varieties.

Potential citrus buyers may wish to check with the Fruit Growers regarding their requests. The Fruit Growers are open Monday through Friday during normal weekday business hours and may be contacted at 795-4711.

TOM NEELY
Winters Friends of the Library
2008 Tree Sale
Coordinator

Dogs need a place to run

Dear Editor,

Our "mom" told us that the County Animal Services says we aren't allowed to run off leash except in "specific areas designated for unleashed dogs." Did you know that there is no such area in Winters? Do you know how nutso we'd get if we never got to run off some of our big-dog energy?

Our "mom" doesn't like it when we get nutso, so it's a good thing she knows a few fields and orchards where the dog-catcher doesn't go. We think Winters needs a place where we can legally run and play off leash.

FRANKIE and TULIP
QUICKERT,
and their "mom" PATTY

Letters policy

The deadline for Letters to the Editor is noon on Mondays for publication that week. Letters may be mailed or hand-delivered to The Winters Express, 312 Railroad Avenue, Winters, CA 95694, or emailed to news@wintersexpress.com.

Letters should not exceed 500 words. Do not use all capital letters.

We reserve the right to edit or reject any letter. Letters must be legibly signed by the writer.

We will accept letters of thanks naming individuals and local Winters businesses only. Non-Winters businesses will be edited out of all thank you letters.

Composting classes offered

The Yolo County UC Cooperative Extension Master Gardeners will present two home garden workshops on Saturday, March 22, at Woodland Community College Orchard, 2300 E. Gibson Road in Woodland.

Composting will be held from 9-10 a.m. and Worm Composting will be held from 10-11 a.m. Composting is an easy way to improve both the quantity and quality of your vegetable

garden this summer.

Free batches of worms will be available to give to class attendees, along with instructions on how to start your own worm composting system. Detailed handouts will be available covering composting instruction. Class reservations are not necessary, but an advance call to Cooperative Extension, 666-8143, is requested in case of class cancellation.



Showing the green

Photos by Debra Lo Guercio
Katie Adams (left) waves as she marches along in the annual St. Patrick's Day Parade, sponsored by the Irish Pub & Coffeehouse. Preschoolers from First Adventures Daycare, the Winters Parent Nursery School and other Winters youngsters turned out in their finest greenery. The parade was led by Winters bagpiper, Dave Parkhurst (below) along downtown Main Street on Monday, March 17.



It's all about art



Courtesy photo
Winters artist Mary Neri King will have an art show of her watercolor and acrylic paintings, much like this one called "Zinfandels," on display at the Ledge-wood Creek Winery, 4589 Abernathy Road in Suisun during March and April. An artist's reception will take place on Saturday, April 5, 10 a.m. to 5 p.m. The winery is open daily from 10 a.m. to 5 p.m. Call (707) 426-4424 for information or visit www.ledge-woodcreekwinery.com.

CPR, First Aid classes offered

The American Red Cross of Yolo County is offering an Adult CPR/AED plus First Aid class on Monday, March 31, from 9 a.m. to 4 p.m. at 120 Court Street in Woodland. This class teaches participants to prevent, prepare for, and respond to emergencies. Students will learn how to care for bleeding, burns, fractures, seizures, shock, poisoning, and hot/cold emergencies. Additionally, students will learn and practice Adult CPR, rescue breathing, choking rescue, and the use of an Automated External Defibrillator (AED).

For more information, call the Red Cross of Yolo County, 662-4669.

It's almost time for Youth Day!
Nominate a Grand Marshal!
Enter the parade! Volunteer!
Call 795-2091 to get involved

ARTISTS

Continued from page A-1

be juried because “it may be more than one gallery can handle.”

Artists who wish to participate can register in advance by emailing info@briggsandco.com or by calling 795-9505. Event information is available at www.briggsandco.com (click on “events”).

Artists guidelines: Check in, drop-off, and Artists’ Gala will take place at Briggs & Co, 820 Railroad Avenue. Each artist may submit up to

three paintings. Framed size will be no larger than 36 inches in any dimension. All paintings must be framed and wired for hanging.

All paintings must be painted “plein air” during the festival and of areas within a 10-mile radius of Winters. All paintings submitted will be offered for sale at prices set by the artist. Gallery commission is 40 percent of all paintings sold. By participation in the event, artists agree that their names and images can be used to promote future events.

The “Paint the Town”

plein air festival and gala reception coincides with the Winters Walk (formerly called the Art Walk), which takes place on the first Saturday of every month. What began as a walking tour of local galleries in downtown Winters by a group of dedicated artists has expanded to include all businesses in the area as a way of inviting visitors to spend some time here and encouraging local residents to take a walk downtown on Winters Walk days, visit with friends, have a bite to eat and support local merchants.

The Winters Chamber of Commerce decided at its recent community business forum to become more involved with the Winters Walk and help give it some direction as well as come up with ideas and activities to get more local businesses and residents involved.

More activities are being planned for the April 5 Winters Walk. There is still time to get involved.

For more information about the monthly Winters Walk or to get involved, call Chamber board member Valerie Whitworth, 795-2009.

Caregivers group offered

NAMI-Yolo is sponsoring a support group for anyone caring for a mentally ill friend or relative on Wednesday, March 26, in the Cesar Chavez housing complex confer-

ence room, 1220 Olive Drive in Davis from 7-8:30 p.m.

For more information visit the NAMI-Yolo website:www.namiyolo.org or call 756-8181.

EARTH

Continued from page A-1

“What do we want to achieve? Second, what are our policies? We’ve set our goals, now how do we go forward? And third, our programs. How will we implement these policies and hopefully achieve our goals?”

The Jan. 29 meeting was conducted in the style of a large workshop. Each of the five categories of the EARTH initiative was represented by an expert. Rotating from one group to the next, they noted the community’s specific concerns and recommendations. At the end of the meeting, they presented the gathered information to the crowd. City staff then compiled the information and prepared a document to be narrowed down and discussed at the March 13 follow-up meeting.

Where the first workshop was a great success based on its large turnout and great swell of creative ideas, the second was much more concentrated and realistic. Rather than continue to pile on the possibilities, the 12 participants worked to prioritize them and sort them in order of importance. After each person individually ranked the suggestions, the group casually discussed the possibilities.

“The city of Winters should be pushing the photovoltaic aspect,” said community member Charley Wallace. “We could be known for something other than just the Buckhorn; solar wouldn’t be a bad thing.”

The city is currently pursuing the construction of an array of solar panels to power its water-treatment facility. Such a project would serve as a concrete example of the city’s

progress and bring a tangible example of life to the EARTH Initiative.

Donlevy explained that as a small community, we benefit from the ability to execute creative ideas that benefit everybody. One such possibility was the distribution of four energy-saving lightbulbs to each household in Winters. The bulbs have become extremely affordable over time and with only 1,700 households in town, could easily be distributed to the community.

“We can transcend the idea that this is the future,” said Donlevy. “These options are available now.”

The EARTH Day celebration will incorporate all five elements of the initiative. The portion of Main Street that connects to Railroad Avenue will play host to a wide variety of educational booths and rele-

vant entertainment. In addition to local and sustainable agriculture, they will provide information about recycling, conservation and transportation alternatives. The city is currently arranging for automakers such as Toyota, Honda and General Motors to bring their newest hydrogen and electric-powered vehicles to the event. These vehicles will be displayed along Main Street along a wide variety of other booths and activities.

The city has formulated a list of community members interested in helping make the day a success. They plan to make this an annual celebration along the same lines as Youth Day and Farm Day. It will take place on May 17 from 10 a.m. to 4 p.m. in downtown Winters.

For more information or to get involved, call City Hall, 795-4910.

Cooperative Extension offers gardening classes

The Yolo County UC Cooperative Extension Master Gardeners will present seven “how to” topics in a series of classes at its Spring Gardening Festival on Saturday, March 29, from 9 a.m. to noon at Woodland Community College Orchard, 2300 East Gibson Road in Woodland.

Building & Maintaining Healthy Soil will run at 9 and 10:45 a.m. and will teach the properties of local soils and two good ways to improve soil structure.

Fruit Bush Culture will run at 9 and 10:45 a.m. as well and will demonstrate how to plant 20 trees in a space that normally allows 5, how to extend the harvest season by planting early and late fruiting varieties, keeping trees small so all work can be done without a ladder and determining whether fruit bushes are suitable for your backyard orchard.

Planting Spring Vegetable Gardens will run at 9:30 and 11:15 a.m. and will show what it takes

for a summer of bountiful vegetables. Get preparation, planning and planting guides and enjoy a question/answer session. This class takes you from basics to beautiful!

Drought Tolerant Gardening & Design will start at 9:30 a.m. The Central Valley has a Mediterranean climate with hot, dry summers and cool, wet winters. Learn what plants thrive here and see the four different types of drought-tolerant plants commonly grown here.

Cover Crops for Healthy Gardens will take place at 10 and 11:45 a.m. and will teach the benefits of good cover crops for your garden, including what to plant, how to manage them.

Rose Disease Detection & Treatment will take place at 10 and 11:45 a.m. and will teach how to detect small orange pustules on the undersides of your rose leaves. Is this good or bad? Learn about this, the top four rose diseases and treatments, and how to prevent them.

How to Select Qualified Tree Care Professionals will take place at 11:15 a.m. How do you know whether your tree-care person knows what he/she is doing? This program will offer tips to help you know before you hire.

Class reservations are not necessary, but an advance call to Cooperative Extension, 666-8143, is requested in case of class cancellation.

Youth Day booth space is now available. Call Chris Jones, 795-3279, to sign up.

Bone, vitamin study needs volunteers

The USDA and the ARS Western Human Nutrition Research Center invite healthy postmenopausal women, ages 50-65, who are non-smokers and not taking hormone replacement, bone-building medications or other medications, to participate in a nine-month study involving 10 study visits on the UC Davis campus. The study will test whether Vitamin B-12 changes markers of bone formation.

The study includes a DEXA bone scan, Vitamin B-12 injections and supplements, health evaluations and monetary compensation for participation.

For more information, call 752-5177 and press # 6 or visit our website: www.ars.usda.gov/pwa/davis/whnrc.

Nuestras Noticias



JUAN FERNANDEZ
EVENTOS Y
COMENTARIOS
HISPANOS

Recortes en Educación

¿Alguna ves se imagino la educación en California en crisis? Parece mentira, pero es cierto. La educación en California esta enfrentando muchos cambios, desafortunadamente estos cambios no son nada positivos, el gobernador del Estado, ha recortado dinero en muchas áreas, y el de la educación es uno de los mas afectados. Aquí, en Winters las escuelas están sufriendo las consecuencias de los recortes del estado, y por si eso fuera poco tenemos el problema de la inscripción de niños en el sistema escolar, ya que la inscripción esta declinando, y no se vislumbra que esta tendencia vaya a cambiar en corto tiempo, por cada niño que no se inscribe en la escuela, la escuela recibe menos dinero del estado. Y por ello el distrito escolar esta buscando hacer sus propios recortes, para balancear su presupuesto.

Nuestras escuelas en Winters son escuelas publicas, y dependemos totalmente del presupuesto que los legisladores y el gobernador aprueben, lo que no se comprende es que siendo California la octava economía mundial, este recortando el presupuesto a la educación. En todo el estado estamos mirando como muchos distritos escolares están enfrentando los mismos problemas que nuestro distrito esta enfrentando,

Viviendo en un pueblo como Winters, no tenemos muchas opciones para escoger escuelas, claro que si quieres puedes mandar a tus niños a una escuela privada, tal ves a Davis o a Vacaville, pero eso significa dinero, y muchos de nosotros no podemos costear una educación para nuestros niños en escuelas privadas.

Debemos reconocer que en nuestra comunidad tenemos niños que vienen de familias pobres, ante esta situación podemos encontrar muchas cosas negativas, la positiva es que muchos de estos niños están buscando la educación como alternativa para salir de la pobreza, muchas escuelas tratan este problema de la pobreza como si fuera un asunto escolar y no social.

Cuando los niños vienen de hogares pobres, su ambiente familiar lo limita a desarrollar su capacidad fisica, mental y académica.

Si un niño no come los alimentos necesarios para el desenvolvimiento adecuado de su condición física, no podrá responder a los requerimientos que exige el desarrollo del intelecto.

Sabemos que cuando en un hogar se vive con limitaciones económicas, las condiciones para el desarrollo de los niños no son las mas adecuadas, porque la primera preocupación de los padres no son los niños, sino como conseguir el dinero para dar alimento a la familia. Estas limitaciones económicas afectan las relaciones entre la familia.

Muchos buscan refugio en el alcohol, lo que degenera en el abuso fisico y en el abandono de las responsabilidades del hogar por los padres. Muchos de los hogares pobres están presidido por una madre soltera, lo que contribuye a empeorar la situación, debido, en primer lugar, a las limitaciones económicas que eso conlleva y, en segundo lugar, a la carencia de tiempo que esa madre tendrá para atender a las múltiples obligaciones del hogar. La presión emocional que eso crea, contribuye al deterioro del hogar y por supuesto, a la desatención de los niños.

Muchos niños al entrar a la escuela se llevan sus traumas y carencias de sus hogares, lo que les afecta su capacidad de aprender, muchos niños vienen de hogares en donde nunca se ha visto un libro, porque su prioridad no han sido los libros, sino como subsistir.

Los remedios que la escuela suele ofrecer como: ayudas después de clases, tutorías, horas extra de instrucción y consejería, pueden contribuir a rescatar tal vez uno que otro niño, pero no a la mayoría que es afectada por los problemas sociales que genera la pobreza.

Si el Estado de California no tiene la capacidad de responder a esta crisis, nuestros niños van a seguir recibiendo una educación muy limitada, y si nuestros niños no se preparan y reciben una educación que los prepare para ir a la Universidad, muchos van a escoger el camino más corto, dejar la escuela, y se quedaran sin la oportunidad de progresar. Esperemos que en esta crisis económica, la mesa de personal del distrito escolar de Winters, tome las mejores decisiones para bien de nuestros niños.

Diálogo ecológico de los redactores

Querido DiálogoEcológico: Mi pediatra tiene una fe ciega en esos desinfectantes de mano a base de gel para rebajar el riesgo de enfermedad en mi familia durante la estación de resfríos y de la gripe. Pero también he oído que estos productos pueden ser peligrosos a los niños si se ingieren. ¿Hay alternativas más seguras que trabajen del mismo modo? — Jason Blalock, Oakland, CA

Un estudio del año 2005 comisionado por el Hospital de Niños de Boston comparó las tasas de enfermedad a través de un grupo de estudio de 292 familias-la mitad de ellos recibió desinfectantes de mano mientras que la otra mitad recibió solamente literatura que les aconsejaba acerca de las ventajas del lavado frecuente de las manos. Los resultados revelaron que las familias que utilizaron desinfectantes de mano experimentaron una reducción del 59 por ciento en enfermedades gastrointestinales y que el uso creciente de desinfectantes se correlacionó con una disminución marcada de contagios en general.

Otro estudio conducido en la Universidad del Estado de Colorado rindió conclusiones similares, los desinfectantes a base de alcohol de mano eran hasta dos veces más eficaces que el jabón regular o el jabón anti-bacteriano en la reducción de gérmenes en las manos humanas. Un estudio de la Universidad de Purdue, sin embargo, concluyó que mientras los desinfectantes a base de alcohol de mano pueden matar más gérmenes que los jabones ordinarios o basados en triclosan, ellos no previenen más infecciones que afectan a la gente. En vez de eso, estos productos pueden matar las bacterias propias del cuerpo humano, a que pelan la piel de su capa externa de aceite.

Pero el problema más serio con estos productos a base de gel/alcohol es su peligro como veneno, especialmente para los niños chicos que pueden ingerir el gel lamiéndolo de sus manos o comiéndolo directamente de los dispensadores. Purell y el Germen-x, dos de las marcas de fábrica principales, cada uno contienen un 62 por ciento de alcohol etílico. Aunque este alcohol es lo que da a estos productos su energía para reventar a los gérmenes-también pone a los párvulos a riesgo de envenenamiento de alcohol.

Unos pocos chorros del desinfectante-que equivale a una botela de licor de

grado 124-es bastante como para subir el índice de alcohol de la sangre en un niño a .10, que esquivale a estar legalmente borracho en la mayoría de los estados.

¿De modo que qué es lo que puede hacer un padre atento a estos asuntos? Desafortunadamente, las alternativas más verdes no se pueden tragar sin problemas tampoco. El desinfectante de manos EO, por ejemplo, aunque utiliza aceite de lavanda orgánico también contiene alcohol para esterilizar la superficie de la piel, y también sería considerado veneno si se ingiriese en cantidades grandes. Igualmente, productos semejantes más verdes (pero aún no seguros para comerlos) están disponibles de Avant y de All Terrain.

Por ahora, el jabón y el agua caliente-y el regaño constante a los niños para que se laven las manos—pueden ser la manera más segura de esterilizar. También, cerciérese de que cualquier dispensador de desinfectante de mano que puedas todavía utilizar esté guardado y fuera del alcance de esas pequeñas manitas curiosas.

Pero quién sabe como esterilizaremos nuestras manos en el futuro. Investigadores en la Universidad del Estado de Arizona han encontrado que ciertos tipos de arcillas naturales sacadas directamente de la tierra muestran gran eficacia en controlar las bacterias. Un tipo de arcilla verde ha demostrado gran agresividad en contra del Escherichia Coli, las salmonelas, el staph y otras bacterias conocidas como agentes de enfermedades en la población. Pero la investigación todavía está en su infancia, así que no espere ver a las mamás sacar tarritos de arcilla de sus carteras en el futuro cercano.

CONTACTOS: EO Products, www.eoproducts.com; OrganicBeautySource.com, www.organicbeautysource.com; MotherNature.com, www.mothernature.com.

¿TIENE ALGUNA PREGUNTA SOBRE EL MEDIO AMBIENTE? Diríjala a: EarthTalk (DiálogoEcológico), c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; ó sométala por este e n l a c e : www.emagazine.com/earthtalk/thisweek/; ó mándela por correo electrónico a: earthtalk@emagazine.com. Lea nuestro archivo de columnas pasadas en: www.emagazine.com/earthtalk/archives.php.

car la diferencia en sus hijos con respecto al uso de la marihuana y otros comportamientos de alto riesgo. Entre más involucrados estén los padres de familia, estableciendo reglas claras y estando al tanto de dónde están sus hijos adolescentes y con quién se están asociando, menos se ve el uso de la marihuana y el comportamiento de alto riesgo. Se reporta una probabilidad siete veces más baja de uso de marihuana en adolescentes bajo supervisión estricta de sus padres. Además, dos tercios de los jóvenes en edades de 13 a 17 dijeron que hacer enojar a sus papás o perder el respeto de sus parientes o amigos era una de las principales razones por las que no fumaban marihuana o usaban otras drogas.

Potencia mundial

Vivimos en el país más rico del mundo, de eso no tenemos la menor duda, ¿Alguna ves se ha preguntado porque Estados Unidos se convirtió en la potencia que es ahora?. ¿Que cosa hicieron los americanos, que otros países no hicieron? Sin duda podemos encontrar muchas respuestas, muchas razones. Pero sin lugar a dudas lo que hizo de Estados Unidos una superpotencia, fue, sencillamente, hambre. Hambre de su gente por hacer algo. Primero, esa hambre fue para satisfacer las necesidades básicas: Tener un techo donde vivir, un plato con comida que llevar a la mesa.

Después, el hambre de crecer, aún a costa de los dueños ancestrales de la tierra, que fueron los indígenas. Y después de crecer, vino la expansión, la búsqueda de recursos, la necesidad de construir, hambre de poder, hambre de riqueza, hambre de éxito.

Muchos, como son ciudadanos, quieren que el gobierno los mantenga gratis. O que una empresa termine pagándoles sin trabajar. Los ciudadanos se quejan de que estamos llenos de inmigrantes indocumentados. Dicen que 'les quitan los empleos a los norteamericanos'. Pero la verdad es que es raro que los ciudadanos americanos acepten hacer cierta clase de trabajos, como la construcción.

Por eso, no es raro que el 90% de los trabajadores de ciertas industrias son inmigrantes. En la construcción, en la hotelaría, en los restaurantes, en los talleres mecánicos, la jardinería, y en general cualquier área donde se requiera un enorme esfuerzo físico, la mano de obra inmigrante es más que apreciada.

¿Los norteamericanos quieren que

esas industrias contraten sólo ciudadanos? Tendrían, primero, que satisfacer todas sus demandas. Y no todas las empresas están en esas condiciones y si los empresarios se ven obligados a emplear sólo a ciudadanos, ya podemos pensar que las empresas NO absorberían ese gasto extra.

¿Quién lo absorbería, entonces? Pues el consumidor. Porque los precios de varios productos y servicios subirían, para compensar las exigencias de los trabajadores.

Pero, aún hay muchos norteamericanos emprendedores y luchistas. Que se levantan temprano, que toman riesgos, que toman ventaja, que crean. En muchas industrias de punta, como la computación, el internet y el entretenimiento, Estados Unidos le lleva la delantera al mundo con mucho. Y lo seguirá llevando durante muchos años. Pero cada vez son más y más los jóvenes que adoptan una actitud irresponsable al respecto. Que les vale. A quienes nada los impulsa.

¿Qué ha pasado con esa hambre? Algunos piensan que estos americanos son víctimas de su mismo éxito. Porque las privaciones que impulsaron a sus abuelos y bisabuelos a progresar ya no existen, y la vida cómoda ha atrofiado a sus bisnietos.

Tal ves seria buena idea quitarles la ciudadanía, sacarlos del país, y obligarlos a seguir todos los trámites para inmigrar que les imponen a los extranjeros.

Como dice el dicho, que valoren lo que tienen, antes de que lo pierdan. Quizá solo así se logre de nuevo estimular ese ímpetu, esa hambre que hizo de los norteamericanos el país que es hoy. ¿Qué piensa?

La Diabetes

Visitas del Grupos en Español

¡Aprenda a Manejar su Diabetes!

Estos grupos están diseñados para proveerle a usted el conocimiento que necesita para tomar control de su diabetes.

*Venga a aprender las claves para una buena salud.

*Que puede hacer para comer bien?

*Aprenda a manejar sus medicinas.

*Aprenda cómo chequear y entender el nivel de azúcar en su sangre.

*Estrategias para incluir el ejercicio dentro de su rutina diaria.

*Aprenda cómo prevenir y minimizar las complicaciones de la diabetes.

Cuando? 26 de Marzo a los 5:30 p.m. por una hora.
23 de Abril a los 5:30 p.m. por una hora.

Donde? Sutter West Medical Group Family Practice 111 E. Grant Avenue, Winters, CA 95694

La cita es gratis. Usted debe registrarse para la cita a través de la oficina de la clínica Sutter en Winters.

Para registrarse, llamar al
530-795-4591
Pregunta por Norma.

Adolescentes tienen que tomar decisiones responsables al conducir

Para los aproximadamente tres millones de adolescentes que empiezan a conducir cada año, el sacar su licencia es la parte más fácil. Adquirir la habilidad de conducir con seguridad es el desafío más difícil. Los padres pueden ayudar a sus hijos adolescentes a prepararse para tomar decisiones responsables, especialmente mientras están al volante.

Desafortunadamente, muchos padres y jóvenes conductores no comprenden los riesgos asociados con el uso de la marihuana. De hecho, es cuatro veces más factible que los adolescentes en edad de conducir fumen marihuana, en comparación con los adolescentes más jóvenes. Como si esto fuera poco, muy pocos conductores adolescentes comprenden los riesgos que

conlleva conducir habiendo fumado marihuana. Aproximadamente uno de cada seis estudiantes del último año de escuela secundaria en los Estados Unidos reporta haber conducido bajo la influencia de esta droga; la misma proporción que en el caso del alcohol.

La marihuana es adictiva y puede resultar en una serie de problemas de salud, problemas sociales y de comportamiento en etapas cruciales de la vida de un joven. Los adolescentes que usan marihuana presentan mayores posibilidades de tomar riesgos, tales como conducir mientras se encuentran drogados o subirse a un automóvil con alguien que está bajo la influencia de drogas o alcohol. Hay estudios que demuestran que el uso de la marihuana afecta los nive-

les de concentración, percepción, coordinación y tiempos de reacción, muchas de las habilidades necesarias para conducir de forma segura; y estos efectos pueden durar hasta 24 horas.

La combinación del uso de estas drogas con la falta de experiencia de los adolescentes y su comportamiento de alto riesgo podría resultar en desastres en la carretera. Aproximadamente uno de cada cinco conductores de 16 años de edad se ve involucrado en una colisión durante su primer año al volante. Además, los accidentes son la causa principal de las muertes de gente joven entre 15 y 20 años de edad, al representar casi un tercio del total de las muertes.

Los padres pueden mar-

Entertainment



Photo by Jacob Blickenstaff.

Grammy Nominee Bill Kirchen, “Titan of the Telecaster” and the Hammer of the Honky Tonk Gods will perform at The Palms on Saturday March 22, at 8 p.m. The doors open at 7:30 p.m.

Kirchen returns to The Palms

Grammy Nominee Bill Kirchen, “Titan of the Telecaster” and the Hammer of the Honky Tonk Gods will perform at The Palms on Saturday March 22, at 8 p.m. The doors open at 7:30 p.m.

Kirchen has become widely known for the trademark big-rig guitar riffs that powered the Commander Cody hit “Hot Rod Lincoln” into the Top 10 in 1972 — and he hasn’t stopped slinging his well-worn Telecaster since. Never one to be easily categorized, Kirchen’s musical associates range from Elvis

Costello to Emmylou Harris, from groundbreaking pub-rocker and producer Nick Lowe to incomparable songsmith Kevin “Blackie” Farrell.

Since 1993, Kirchen has recorded eight critically-acclaimed albums of his own that have made him one of the musical elder statesmen of today’s Americana music, which in truth was pioneered by acts like Cody and his Lost Planet Airmen and Kirchen’s band, The Moonlighters, back in the 1970s. Kirchen’s 2007 release, Hammer of the Honky-Tonk Gods, accents his

songwriting, a talent sometimes overshadowed by his dazzling instrumental virtuosity.

On Hammer, the man known as “The King of Dieselbilly” and “A Titan of the Telecaster” visits most every sonic landmark along the proverbial Route 66 of American music that he’s traveled for decades now as a player, songwriter, and singer, and serves up a blue-plate special of such tasty and nourishing stylistic flavors as rock ‘n’ roll, honky-tonk, soul, rockabilly, Western swing, country, blues, boogie-

woogie and more. You can expect all this at The Palms as Kirchen shows you how it is that the King of Dieselbilly truly is The Hammer of the Honky Tonk Gods.

Tickets are \$20 at the door. Advance tickets are available at Pacific Ace Hardware in Winters, Armadillo Music in Davis, The Next Chapter in Woodland, Tickets.com

For more information, contact The Palms (palmsplayhouse.com; 795-1825), Bill Kirchen (billkirchen.com).

MudLark to perform at Note of Elegance

Davis trio MudLark is one of the talented acts scheduled to take the stage at this year’s Note of Elegance, a fund-raiser for music programs in Winters schools.

MudLark includes Katie Henry, Ray Frank and Laura Sandage. The rootsy, intense sound of MudLark features banjo, guitar, string bass, and three strong voices covering a broad emotional and stylistic range. The unique sound of their 2007 CD, “Nest,” draws on broadly varied influences including bluegrass and Appalachian music, folk, country, blues, pop, old-time,

choral and parlor singing, tapping into rich veins of American music past and present.

With a jazz club theme, a lineup of local talent and a scrumptious dessert to top the night, Note of Elegance is sure to please. The event will be held at the Winters Community Center on Friday and Saturday, April 18 and 19. Doors open at 7 p.m., with curtain time at 8 p.m. Tickets are \$20 and will go on sale Thursday, March 20, at Pacific Ace Hardware, 35 Main Street.

To reserve tables of eight, contact Nancy Howard, 795-4602.

Tickets available for Heart of the Home event

Tickets are on sale for the Eighth Annual Heart of the Home Kitchen Tour, planned for Saturday, May 3, 9 a.m. to 4 p.m.. The event benefits the American Red Cross of Yolo County.

Seven homes from Davis, Woodland and Winters will be open and feature new, remodeled or restored kitchens.

This year will have a “green” theme, with some of the homes featuring green elements. In particular, one home in Davis, owned by Monique and Rick Moniz, was built to be environmentally friendly inside and out.

Each home will also feature wines from area wineries (such as Fiddle-

head Cellars), food samples from local restaurants and caterers (such as the Davis Food Co-op), and stylists who will bring in the latest designs to the homes.

Tickets are \$25 each and are currently available by calling the American Red Cross, 662-4669. Tickets are also available at The Gifted Pen-

guin, 716 Main Street, Davis.

Non-profit groups that would like to raise money for their organizations can sell Heart of the Home tickets and retain \$5 per ticket. Call Tracy Shields at the American Red Cross for this fund-raising opportunity, 662-4669.

‘Our Town’ coming to our town on March 28

By JESSICCA HAPWORTH-ELDRIDGE
Special to the Express

The students in the Winters High School drama Department are eagerly awaiting the premiere of their play “Our Town, Winters.” The performance dates are March 28 and 29, with show times at 7p.m., admission is \$7 general.

The play begins in Winters, in the early 1900’s. Two houses are present while the stage manager,

played by Catherine Hasbrook, introduces the town.

The Gibb Family and the Webb Family are getting ready for school before the stage manager interviews citizens for information.

Emily Webb and George Gibbs are the protagonists in this play and foster affection for each other throughout life and death. Weddings and funerals are present in this play as it follows the cycle of life.

POLICE

Continued from page A-2

March 13-14
~ On County Road 90, an office was broken into and property was stolen. Loss: \$4,100.

March 14
~ Phillip Michael Corliss, Jr., 24, of Winters was stopped on West Grant Avenue behind a stopped vehicle driven by Mitchell Conrad Marubayshi, 22, of Winters. Isidro Hernandez Fierros, 52, of Winters was traveling westbound on West Grant Avenue and did not see that the vehicles were stopped. Fierros could not stop his vehicle in time and collided into the rear of Corliss' vehicle causing it to collide into the rear of Marubayshi's vehicle.

~ A 16-year-old Woodland juvenile was arrested for being intoxicated in public, obstructing/delaying/resisting the duties of a police officer, and providing false identification to a police officer. The juvenile was booked at the Winters Police Department and transported to Yolo County Juvenile Hall for incarceration.
~ Roberto Rojas, 18, of Woodland was arrested for obstructing/delaying/resisting the duties of a police officer. Rojas was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.
~ David Gonzalez, 18, of Woodland was arrested for exhibition of speed, obstructing/delaying/resisting the duties of a police officer, and violating probation.

Gonzalez was booked at warrant charging him the Winters Police Department with failing to appear for ment and transported to jail time on previous the Yolo County Jail for in-charge of driving under carceration. the influence of alcohol
~ Danielle Marie Orrock, with a blood alcohol content of over .08 percent. for driving under the influence of marijuana, possession of marijuana, being a minor in the Winters Police Department and transported to the Yolo County Jail nor in possession of alcohol for incarceration.
~ Ivan Martinez Lopez, license plate 18, of Winters was issued having unlawful tinted vehicle windows. Orrock was issued an unlicensed driver notice to appear for being an unlicensed driver and parking in a disabled space without a placard.
~ Joseph Stanley Shirley, 54, of Winters was arrested for driving under the influence of alcohol with a blood alcohol content of .30, of Winters was issued a notice to appear for being an unlicensed driver over .08 percent and driving at an unsafe speed. voked driver's license.
Shirley was also arrested on an outstanding Winters Police Department bench warrant for driving under the influence of alcohol, possession of marijuana, and driving at an unsafe speed. gas

was siphoned from an above ground fuel tank. Loss: \$66.
March 16
~ On the 100 block of East Grant Avenue, suspects took items from a retail store without paying. Loss: \$80.
~ Victor Alvarez, 23, of Fairfield was issued a notice to appear for being an unlicensed driver and having unlawful tinted vehicle windows.
~ On the 400 block of

Baker Street, a suspect was found to be in possession of a toluene product. The case is being forwarded to the District Attorney for complaint.
March 17
~ Dean Bell, Jr., 42, of Winters was issued a notice to appear for being an unlicensed driver and driving a vehicle with expired registration.

Sports

Warriors let the bats do the talking

By ERIC LUCERO
Express sports

The Winters Warriors varsity baseball team started their week off strong with a 10-4 victory over visiting Dixon on Tuesday, March 11. The Warriors held a 5-2 lead in the fourth before scoring five more in the fifth to put the game out of reach for the Rams.

Kevin Rowell threw a complete game for the Warriors giving up four runs on five hits, two walks and struck out eight batters. At the plate the Warriors turned things around from last week as they totaled 16 hits, nine RBI and 10 runs.

Cody Campos led the team batting 4 for 4 with a double and three RBI. Kaplan Smith batted 3 for 4 with three doubles, two RBI and two runs scored. John Cummings also batted 3 for 4 with a double, a run scored and an RBI. Zach Higgins and Ramon Bermudez both batted 1 for 3 with an RBI and a run scored. Bryan Case batted 1 for 3. Ray McIntire batted 1 for 4 with a double, a run scored and an RBI. Rowell batted 1 for 4 with two runs scored. Alex Huizar batted 1 for 4 with a run scored and Wesley Krainitz scored a run for the Warriors.

Winters hosted their second game of the week on Thursday, March 13, and needed just one inning to beat the Willows Honkers by a score of 12-1. The Warriors unloaded on the Honkers in the bottom of the third inning scoring 11 runs to

put the game out of reach. Higgins led the team at the plate as he has done all season this time batting 3 for 3 with two doubles, two RBI and two runs scored.

Huizar batted 1 for 2 with two RBI and a run scored. Case batted 1 for 2 with an RBI. Smith batted 1 for 3 with two RBI and a run scored. Cummings batted 1 for 3 with a run scored and an RBI. Rowell had an RBI and two runs scored. McIntire had two runs scored, Bermudez and Campos each had an RBI and a run scored and Krainitz scored one run for the Warriors.

Higgins picked up his first win of the season throwing the first four innings giving up one run on five hits while striking out five batters. Rafael Martinez threw one inning giving up no runs on one hit and struck out two batters.

On Friday, March 14, the Warriors won their third game of the week with a 10-6 victory over St. Helena. Winters scored four runs in the second inning, one in the fifth and five more in the sixth to put the game away. Kyle Tobler got the start on the mound for the Warriors throwing the first three innings giving up five runs on five hits, while striking out four batters. Smith threw one inning giving up one run on one hit and had one strike out, but McIntire picked up the win for the Warriors. McIntire threw the last three innings giving up no runs on one hit and had six strikeouts.



Kaplan Smith makes a play at third base and throws out a runner at first in a recent Winters Warriors baseball game.

At the plate Smith and Cummings both batted 2 for 3 with an RBI and two runs scored to lead the Warriors. Rowell batted 2 for 5 with two doubles, four RBI and a run scored. McIntire also batted 2 for 5 with a double and a run scored. Bermudez batted 1 for 2 with a run scored. Case

batted 1 for 4 with an RBI and a run scored. Tobler went 1 for 4 with a run scored. Higgins batted 1 for 4, Huizar had an RBI and Aaron Geerts scored a run for the Warriors.

Winters' next home game will be on Friday, March 21, against league opponent Orland.

GO
WARRIORS!

Softball Clinic



Photo by Tracy Nickelson
Little Leaguers Paige Wright (left), Samantha Nickelson, AJ Jimenez, Nicolette, and Morgan Olivas are impressed as Brittney Hedrick demonstrates a slide into home plate. Varsity softball players Hedrick, Mattie Long, Keeley Nickelson, and Nicole Trost participated in a softball clinic on March 15 to help girls with softball fundamentals, including sliding, batting, infielding, outfielding and pitching. Varsity softball coaches Dan Kolda, Mike Kolda and Don Calvert also helped prepare the next generation of Lady Warriors.

Hellinger goes 2-2 at State

Winters High School wrestling standout and North Section champion Jesse James Hellinger competed in the CIF State wrestling tournament on Feb. 21-22, and represented the Warriors well. Hellinger went 2-2 in the tournament against the top 30 wrestlers in the state.

Hellinger opened the tournament against a number two seed from Bakersfield and lost his first match 7-2. In round two, he turned it around and beat the Sac Joaquin number two seed from Ponderosa 4-3.

The next round Hellinger pinned a number four seed in the cen-

tral section from Kingsburg but then lost a close match in his final competition 3-2 to the southern section number two seed from Santa Fe.

“Jesse has had a fantastic season,” said coach Tim Hausler. “He is a great athlete to coach. He is a great leader and is very coachable. The best thing about him is he cares about his teammates and how well they do and that’s what makes him a very good team captain.”

The good news for the Warrior wrestling program and the bad news for future opponents is that Hellinger is only a junior.

Errors costly for Lady Warriors

By ERIC LUCERO
Express sports

The Winters High School varsity softball team committed six errors on Tuesday, March 11, against visiting Dixon and suffered a 9-3 loss to the Rams. Winters jumped to a 2-0 lead in the first and were tied at 2-2 going into the fifth but the Rams rallied and took advantage of the Warriors mistakes and scored five runs in the fifth and two more in the sixth for the victory.

Caitlin Calvert threw a complete game for the Warriors giving up nine runs; only three were earned on eight hits and struck out five batters.

Nichole Trost had the big day at the plate for

the Warriors batting 3 for 4 with two RBI and a run scored. Brittanie Hedrick batted 1 for 3 with a triple and a run scored. Mattielyn Long, Olivia Wingard, Chelsea Corrales and Calvert each batted 1 for 3, while Tess Hyer batted 1 for 4 with an RBI and a run scored.


On Thursday, March 13, the Warriors hosted Willows in another non league game and lost 6-3 to the Honkers. Winters cut their errors in half from their first game of the week but still committed three costly mis-

takes.


Calvert threw the first five innings for the Warriors giving up five runs only three earned on six hits and struck out five batters. Hyer threw the last two innings giving up one run on three hits and struck out five batters as well.

Hyer also had a big day at the plate batting 3 for 4 with an RBI. Calvert batted 2 for 4. Wingard batted 1 for 3 with an RBI and a run scored. Corrales and Hedrick each scored a run, while Trost had an RBI for the Warriors.

EXPRESS ATHLETE OF THE WEEK



312 Railroad Avenue - 795-4551 - www.wintersexpress.com



Max Van Dyke

Max Van Dyke, a sophomore on the Winters JV baseball team, is this week's Winters Express athlete of the week. Last week, Van Dyke batted 4 for 4 with a double and two RBI against St. Helena and picked up two saves for the Warriors on the mound.

“He has been our go-to guy on the mound,” said coach Daniel Ward. “He has yet to give up a run this year. In 12 innings pitched, he has stuck out 14 batters and only walked one. He is as confident as any pitcher that I have had in three years and the kids feed off him. They know he is going to be right around the plate.”

REPORTING ON LOCAL SPORTS SINCE 1884

Schools



THIS FRIDAY from 9 p.m. to midnight is Winters High School's annual Sadie Hawkins's dance. Every time I hear it, I immediately think of Relient K's song ("Sadie Hawkins's dance, in my kha-ki pants, there's nothin' better...), but the last time I started to sing, I realized that I didn't know the history behind Sadie Hawkins. I mean, who thought of the idea for the girls to ask the guys? It's a little bit of a strange tradition, and here's what I learned about the origin of Sadie Hawkins.

Well, it all started on Nov. 15, 1937. Al Capp, who was the cartoonist for Lil' Abner, created a comic strip about a homely looking woman named Sadie Hawkins. In the comic strip, Sadie's father was worried that his daughter would be a spinster forever. To solve this problem he had a race, where all of the "homely" looking girls would chase after the single boys and if a girl caught a boy, they would get married. So many people liked the comic strip that it became an annual theme for the comic strip until Al Capp retired in 1977.

After the popularity of the comic strip, Sadie Hawkins's Day spread to college campuses like wildfire. Only two years after the comic strip was written, over 200 colleges were holding Sadie Hawkins's Day races. Not long after, Sadie Hawkins's dances began to appear in high schools all over. High schools embraced the idea of girls asking the guys, and many versions of the Sadie Hawkins appeared.

I think that one of the main reasons that Sadie Hawkins is so popular is that it gives girls a chance to break out of an age-old tradition. Who says that the guy needs to be the one to awkwardly ask the girl to the dance? And why should the guy always have to pay? Back in the 1950s, it might have been out of the ordinary for a girl to ask a guy to a dance and cover the costs. However, here in 2008, it's not so out-of-the-ordinary, but the tradition still stands, and Sadie Hawkins's is still a blast!

Here at WHS, the Sadie Hawkins's dance is pretty similar to the traditional idea. Girls ask the guys to go to the dance, and all of the couples show up wearing matching outfits. However, being that it's WHS, there isn't a huge pressure to grab up a date before they're gone. We are pretty lucky to have a low-key school where it's perfectly acceptable to go with a group or your best friend.

For all of the freshmen who have never been to a Sadie Hawkins's dance, it's a ton of fun so you better be there. Ask someone you'll have fun with, and make sure you get the matching outfits (If you're lost for an idea, go with a cowboy hat and matching plaid shirts!)

Bids will be sold all week at break; it's \$15/couple with ASB, \$18/couple without ASB, and \$10/singles. Get your tickets and I'll see you there!

COMING UP...

- ~ March 20: First day of spring
- ~ March 21: Sadie Hawkins's Dance
- ~ March 24, 25, 27: Tile making for the Interact project
- ~ April 2: WHS Open House
- ~ April 5-13: Spring Break
- ~ April 16: End of the grading period.

JV baseball continues winning ways

By **ERIC LUCERO**
Express sports

The Winters Warriors JV baseball team won two more games last week despite not playing their best according to coach Daniel Ward.

"We didn't play our best baseball but still managed to win both games," Ward said.

The Warriors have relied on the arm of sophomore Max Van Dyke all season and this week was no different. Van Dyke picked up the save on Tuesday, March 11, against Dixon by throwing the last four innings giving up no runs on two hits, no walks and struck out three batters.

"Max came in a bases loaded game with no outs and we were only up by one and got us out of it," said Ward. "He has been our go to guy on the mound. He has yet to give up a run this year. In 12 innings pitched he has stuck out 14 batters and only walked one."

Freshman Jared Ney threw the first three innings for the 11-4 win giving up four runs on five hits and struck out three batters.

At the plate Russell Romero had the big hit for the Warriors as he batted 1 for 2 with a double and three RBI.

"Russell had the big hit in the third inning," Ward said. "He had a bases clearing double in a 3-2 game and really got us going."

Max Barbosa batted 1 for 1 with a double and a RBI. Sebastian Mahnke batted 1 for 3 with an RBI. Cody Romero and Ney each batted 1 for 4 with two RBI and Joe McIntire batted 1 for 4 for the Warriors.

Winters was on the road on Friday, March 14, as they traveled to the Napa Valley to take on St. Helena for their last non league game and came home with an 11-8 victory.

"We slept walked through the first couple of innings before we started hitting the ball," said Ward. "We were one hit away from 10 run ruling them before we shut down again and had to do everything possible just to get out there with a win."

Ney picked up the win once

again throwing the first three innings giving up two runs on three hits, one strike out and two walks. McIntire threw two innings giving up no runs on one hit and had three strikeouts.

"Joe is our normal catcher but did a great job in his first outing of the year and Van Dyke did a good job behind the plate," said Ward.

Vince Doyle threw two thirds of an inning giving up five runs on three hits, had two strikeouts and three walks, while Van Dyke picked up another save for the Warriors throwing the last inning giving up no hits, no runs and struck out two batters.

"Max saved us again," Ward said. "He came in with runners on first and second with the tying run at the plate and no outs. He is as confident as any pitcher that I have had in three years and the kids feed off him. They know he is going to be right around the plate. He had a great all around game."

Van Dyke also did a job at the plate batting 4 for 4 with a double and two RBI. Doyle had a good day at the plate batting 3 for 5 with a double and an RBI. Russell Romero continued to stay hot at the plate batting 3 for 5 as well and improved his season average to .600 as he is now batting 12 for 20. Cody Romero had a big day as well batting 2 for 4 with four RBI, while Mahnke and Joshua Meyers each batted 1 for 2 with a double and an RBI.

The Warriors will play Orland at home on Friday, March 21.

JV softball team continues to battle

By **ERIC LUCERO**
Express sports

The Winters JV softball team lost to the Colusa on Tuesday, March 4, 16-6. Olivia Manas pitched all five innings for the Warriors striking out five batters. At the plate Courtney Corrales led the team with two singles. Zuelma Mora, Tyler Pearce and Katie Clark all had singles, while Ashley Hoakwater had two RBI for the Warriors.

The Warriors suffered another tough loss on Friday, March 6, with an 11-1 defeat to the visiting Rio Vista Rams. Manas once again threw all five innings for the Warriors striking out seven batters along the way. Sydney Stewart had one of the Warriors two hits with a single and an RBI, while Manas, Hoakwater, Corrales, Mora and Anna Campos all had singles for the Warriors.

On Tuesday, March

11, the Warriors played Dixon at home and gave the Rams all they could handle but unfortunately lost a hard fought game 10-7.

"The girls played better and started hitting the ball again," said assistant coach Sherri Corrales. "We usually get killed by Dixon so we felt pretty good only losing by three."

Manas took the mound for the Warriors and threw a complete game striking out seven batters in seven innings. At the plate Maci Lloyd led the Warriors with two singles and an RBI. Clark had a double and two RBI. Tyler Pearce had a single and an RBI, while Manas, Hoakwater, Corrales, Mora and Anna Campos all had singles for the Warriors.

Solano CHP conducting car seat inspections

The Solano County office of the California Highway Patrol has issued an announcement noting that officers are seeing some car seats that are not installed correctly. They have technicians who can advise parents about their car seats to ensure that children

under 6 years and 60 pounds are securely restrained. The CHP is conducting car seat inspections every Tuesday at the Solano Area CHP office from 10 a.m. to 1 p.m., by appointment. Call the CHP office, (707) 428-2100 to make an appointment.

School board meets Thursday

The Winters School Board will meet on Thursday, March 20, at 6:30 p.m. in the Walnut Room at the school district office, located at 909 W. Grant Avenue. The following items are on the agenda:

- ~ Recognition of Waggoner Elementary School student Leopoldo Guzman and Waggoner parent Lauren Peters.
- ~ Communication and reports.

Action items

- ~ Second period interim report, and standards and criteria report for 2007-08.
- ~ Seventh month ADA for 2007/08.
- ~ Board policy and administrative regulation regarding graduation ceremonies and activities.
- ~ Agreement with Yolo County Office of Education for technology services.
- ~ Number of board members; board member

elections.

- ~ English Language Learner and Two-Way Immersion program update.
- ~ Consent agenda (approved as one item, includes minutes, warrants, etc.)
- ~ Informal review of Governance Team's performance.
- ~ Closed session to discuss negotiations with the California School Employees Association.

ROTARY CLUB OF WINTERS *STUDENT OF THE MONTH*

Caitlin Calvert



Kari Mann, who teaches English at the high school, introduced Caitlin Calvert as the Rotary Club of Winters' February Student of the Month. Ms. Mann went on and on about what a pleasure it is to have Caitlin in her 7th period English class. "There are three words that come to mind when I think of Caitlin. She is smart, driven and a good team player," she told the luncheon crowd. She went on to say, "This young lady has one of the top grades in all four periods of my English 11 classes." Caitlin's mother, Tracy, also attended the luncheon.



Rotary Club of Winters
Meets every Thursday, 12:15 p.m.
Buckhorn Restaurant
2 Main Street, Winters

**It's not too early to
start thinking about the
Rotary Youth Day
Pancake Breakfast
Last Saturday in April**

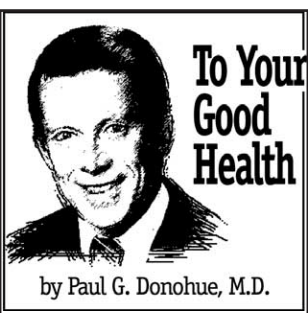
It's where you meet old friends

Features

Simple measures serve as first aid for seizure

DEAR DR. DONOHUE: When my son was in high school, he was diagnosed with epilepsy. His first and second seizures occurred at school. No one there had any training on how to handle a seizure. I am writing to ask you to explain to people what a seizure is and how to help a person having one. There is so much misinformation about this. My son, incidentally, has graduated from college and has not had a seizure in the past five years. — L.L.

ANSWER: Most people are frightened when witnessing a seizure and are at a complete loss about what they should do. There are many seizure varieties, but I'll confine my remarks to a grand mal seizure, the kind with the most dramatic manifestations. All seizures are sudden, excessive electrical discharges from brain cells. A grand mal seizure affects most of the brain, and that's why its signs are so striking. Quite often, it occurs without warning. The person stiffens and might make a loud moaning noise. He or she then falls to the ground and makes a series of jerking movements of the arms and legs as muscles contract and relax rapidly. The jerking usually lasts about half a minute to a minute. Bystanders who have never witnessed a seizure are unnerved by it. Invariably, one will try to pry open the seizing person's mouth so the person doesn't swallow the tongue. That's the wrong thing to do. During a seizure, people never swallow their tongues. Onlookers should not try to restrain the arms or legs. They should place the seizing person on his or her side to keep the airway open, and they can loosen the collar or tie. The seizure will run its course in a short time. Once the muscle contractions have stopped, the person is unconscious for a while and gradually awakens, confused. The best course is to offer the person transportation to a place where treat-



ment can be given if needed, or to call 911 for help.

DEAR DR. DONOHUE: I caught my fingers in a closing door. Two fingernails have turned black. I don't want my nails pulled off. How can I get them back to normal? — S.F.

ANSWER: If the black is pooled blood, a doctor can bore a tiny hole into the nail and let it out. If the blood has congealed, it has to stay there and you have to wait until it's absorbed by the body, which will happen in time. That might take a couple of months. If the nails themselves have become discolored, then it takes six months for a new nail to grow from the base to the nail tip.

DEAR DR. DONOHUE: What happens to artery buildup when one stops eating trans fats? — M.C.

ANSWER: It takes a lot of work to reverse artery buildup, but it can be done if a person carefully watches the amount of saturated fat, trans fat and cholesterol eaten. You have to do other things too. You have to keep blood pressure in the normal range. You have to exercise regularly. You can't smoke.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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If women have their way, men will be history

For several years I have been involved in internet research for a college professor and some of her associates. This research concerned subjects such as Psychology of Women, Sexual Abuse, Solutions to Violence, Peace, and Non-violence. For years I was ignorant of the true nature of the work that I was doing for these professors but, like everything else, nothing can be kept secret forever.

It was only recently that I was able piece together all of the small tidbits of data into what I discovered to be a distressingly big picture. I have discovered something so frightening that the mere writing of this article will place my life on the "bye-bye-you're gone" list of women scholars.

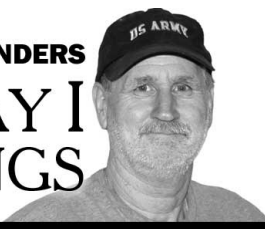
Before I am killed, I feel compelled to warn the world that the women are in the process of taking over. I have named this process "Womanization." The male half of literally every species that populates every corner of the world is on its way out. In 125,000 years (if left to nature) the population of the Earth will be 100 percent female.

Believe it or not, this information is not new, for both Socrates and Plato made the same discovery. However, my findings are less theoretical than their findings, but on the same critical level. The writings of these ancient scholars allege that they had made a genuine discovery, which they initially prepared to reveal to the world, but the response they encountered was so ferociously hostile that they masked their findings, and offered in its stead a theory of the male dominance.

Thanks to the "Y chromosome" men are far more given to extremes — intellectual achievement, creativity and yes, destruction, but strangely enough, a world devoid of men may well be a quieter, more peaceful place. Throughout history the Y chromosome has passed unchanged from generation to generation of fathers and sons, and while it has provided genealogists with a fascinating insight into the origins of entire communities, it has also raised other questions.

The lack of ability to "recombine" means that Y chromosomes cannot repair themselves. A growing number of men have inherited a Y chromosome that was damaged during the

DONALD K. SANDERS THE WAY I SEE THINGS



production of their father's sperm. There is considerable evidence that sperm counts are declining overall, and in some men the inherited damage to sperm production is so great as to render them infertile. In fact, Y chromosomes only have about 27 useful genes — the rest of the chromosome is composed of "junk" DNA that does not code for anything.

In the end, Y chromosomes will disintegrate and this will probably lead to the eventual extinction of the male gender. Already a surprisingly increasing number of animals can reproduce without male involvement if there is no other option. Sharks and lizards have demonstrated this ability in captivity, and one of the world leaders in this field, Karim Nayernia, professor of stem-cell biology at Newcastle University, has already shown that unlimited sperm can be derived from early stem cells present in any embryo. Elsewhere, producing a child that is the genetic offspring of two females is becoming a real possibility and the process is not nearly as difficult as was previously thought. Artificial sperm produced from bone-marrow cells has already led to pregnancies and live births in mice.

If the information on artificial sperm and the decline of the Y chromosome is not enough to dismay any man, there is growing evidence that women are surpassing men intellectually and financially. I have found that girls triumph over boys at every level of the education system. A natural assumption seems to be leading to the inevitable question of whether the male gender is reaching the end of its natural usefulness.

Men are unaware of these things because we live in a testosteronic (I made that word up) dream world. Reality is not synthesized. We don't make it up. It exists independently of us. Because reality exists independently of all possible experience, it remains permanently hidden to all but the female species that naturally has a low testosterone level. Within a mere 20 years,

women will be the main breadwinners in our families. We have reached a point in time where the female Black Widow will now eat the male spider without sexing him up.

Generations of girls are now becoming aware of the fact that they can do better than men and this will have an effect on the balance of society. If men can no longer achieve anything, what exactly is going to be left for us? My data states that women have the same capacity for violence and evil as men, and that they enact this violence and evil as frequently and effectively as men, indicating that the female species may be in the process of helping nature along.

The Human Tissue and Embryos Bill, which is expected to become law, says controversially that the fathers of artificially conceived children need not necessarily be recognized by the state and this is not the worst of it. Several questions arise from my research such as:

~ Why are women so insistent on feeding men vegetables and stuff like that?

~ Why are so many women are studying taxidermy?

~ Why, in a 10-year war started by a woman, Helen of Troy, were 99.9 percent of the soldiers killed of the male persuasion?

~ Why can a human male be sexually aroused, even physiologically aroused, by a photograph or drawing of a female?

All of us, as males, are in a race that is not unlike a fox and a rabbit. Men are running like hell, just to survive while women are running like hell just for a meal. I find that the great majority of male human beings are lacking understanding of what exactly is going on. The end result of my research points to one solution for us males: We must bend over and kiss our own butts goodbye.

That's the way I see things.

Pleased to meet you



Name: Linda Gonzales
Occupation: Starting her own housekeeping business in Winters in May.
Hobby: Camping and spending time outdoors with family.
What's best about living in Winters: "It's safe for the children."
Fun fact: Also works at Solano county animal shelter helping animals find homes.

King Crossword Answers Solution time: 27 mins.

TAP	PAW	PRINT
ICE	ORO	AORTA
BIN	SAMMY	CAHN
INN	TREES	
AGES	ANT	CINE
SAUTE	APT	SCHOOL
ERSATZ	HANDY	
AMEN	IDO	PIED
	ANITA	VEE
JAMES	SCAAN	ORE
AWASH	NIT	RID
BETSY	ARE	YES



ARIES (March 21 to April 19) With your practical side dominant this week, it's a good time to reassess your finances to see what expenses you can cut. Aspects also favor mending fraying relationships.

TAURUS (April 20 to May 20) Your Bovine-inspired determination to follow matters through from beginning to end pays off in a big way. Enjoy a well-earned weekend of fun with a special someone.

GEMINI (May 21 to June 20) Aspects favor re-establishing business relationships you might have neglected. A family member's request needs to be given more thought before you make a decision.

CANCER (June 21 to July 22) While you might appreciate the avalanche of advice coming from others, keep in mind that the intuitive Moon Child is best served by listening to her or his own inner voice.

LEO (July 23 to August 22) The Lion's social life whirls at centrifugal speed this week as you go from function to function. Things slow by week's end, giving you a chance to catch up on your chores.

VIRGO (August 23 to September 22) Don't let your stand on an issue cause a rift with a colleague. Insist on both of you taking time to reassess your positions while there's still room for compromise.

LIBRA (September 23 to October 22) An opportunity you'd been hoping for finally opens up. But read the fine print before you make a commitment, especially where a time factor might be involved.

SCORPIO (October 23 to November 21) Your need to know what's going on behind the scenes leads you to make some bold moves. Be prepared with a full explanation of your actions if necessary.

SAGITTARIUS (November 22 to December 21) A lot of details need tending to during the early part of the week. The pressure eases by the 20th, allowing you to get back to your major undertaking.

CAPRICORN (December 22 to January 19) A friend asks you to act on his or her behalf in a dispute. Be careful. You might not have all the facts you need in order to make a fair assessment of the situation.

AQUARIUS (January 20 to February 18) A new development might require you to cancel some of your plans. But you adapt easily, and by week's end, you could receive welcome "cheering-up" news.

PISCES (February 19 to March 20) Your recent workplace accomplishments boost your self-confidence just as you're about to consider a potentially rewarding, although possibly risky, career move.

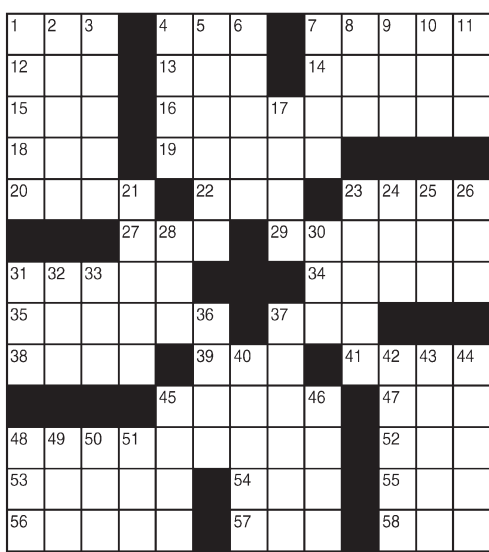
BORN THIS WEEK: Your love of the arts is equaled only by your strong sense of justice. People can depend on you to always try to do what's right.

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King Crossword

ACROSS

- Spigot
- Boxer's foot
- ...
- ... and what it may leave
- Lemieux milieu
- Acapulco gold
- Heart line?
- Crib
- "All the Way" lyricist
- Traveler's stopover
- Kilmer classic
- Stats in a big family
- Pismire
- Movie
- Suitable
- Educational institution
- Fry lightly
- Useful
- Poor substitute
- That guy
- Prayer ending
- Altar
- affirmative
- Multicolored
- "West Side Story" role
- Churchill's gesture
- "Las Vegas" actor
- Source of valuable matter
- Flooded
- Little louse
- Free (of)

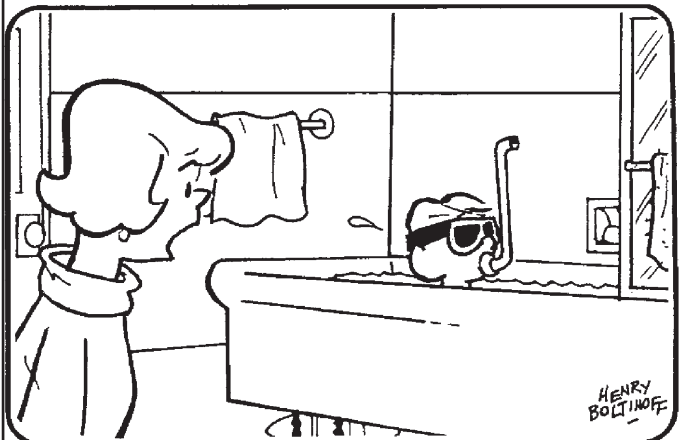


- | | | | | | |
|----|---------------------------|-------|--------------------|-----------|--------------------------|
| 56 | Ross or Palmer | Levin | 33 | Work with | |
| 31 | Fry lightly | 10 | Ultimate | 36 | Galvanizing material |
| 34 | Useful | 57 | Exist | 11 | Hosiery |
| 35 | Poor substitute | 58 | "Of course" | 37 | Empty talk |
| 37 | That guy | | | 40 | Singer Ross |
| 38 | Prayer ending | | | 42 | Ebony counterpart? |
| 39 | Altar | 1 | Leg bone | 21 | Mephistopheles |
| 41 | affirmative | 2 | Scoring 100 on | 23 | Winner |
| 45 | "West Side Story" role | 3 | Tubular pasta | 24 | Charged bit |
| 47 | Churchill's gesture | 4 | D.C. | 25 | Affirmative action? |
| 48 | "Las Vegas" actor | 5 | Ark's landing site | 26 | Nevada county seat |
| 52 | Source of valuable matter | 6 | Misogynist's bane | 28 | Favorite |
| 53 | Flooded | 7 | Picks up the check | 30 | Greek X |
| 54 | Little louse | 8 | Sinbad's bird | 31 | Body of water ... |
| 55 | Free (of) | 9 | Playwright | 32 | ... and an inlet thereof |

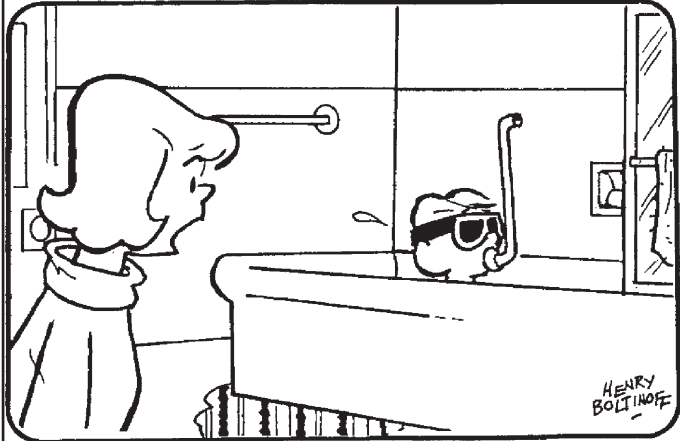
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Towel is missing. 2. Mom's hair is longer. 3. Puddle is bigger. 4. Water in tub is not visible. 5. Snorkel is longer. 6. Soap dish is higher.

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Classified Ads - The Market Place for Winters

Autos for Sale

"89 Oldsmobile 88 Grandma's car. Garaged, gold, body perfect, int. in great shape, runs great, a/c, good tires, 4 dr., 198K orig. mi. \$1800. (707)421-8065 4-4tp

'03 Mazda Protege, Auto, p/w, alarm, 63k mi., excellent condition, \$7995 obo (707)410-8290 4-4tp

06 CHRYSLER 300 22K, CLEAN, VALUE PRICED, \$17,995.00 Saturn of Fairfield 800-655-9193 4-4tp

07 MUSTANG GT Convertible: V8, VERY SPORTY, LIKE NEW, #231104, \$23,995.00 Saturn of Fairfield 800-655-9193 4-4tp

07 NISSAN SENTRA AUTO, SPORTY GAS SAVER, #603814, \$13,995.00 Saturn of Fairfield 800-655-9193 4-4tp

06 Saturn ION REDLINE RARE, SUPER-CHARGED, CERTIFIED, #490060, \$16,995.00 Saturn of Fairfield 800-655-9193 4-4tp

04 VW Beetle CONVERTIBLE ONLY 4,000 MILES! VALUE PRICED, #367309, \$16,995.00 Saturn of Fairfield 800-655-9193 4-4tp

03 OLDS ALERO ONE OWNER, CLEAN, VALUE PRICED, #22669, \$6,995.00 Saturn of Fairfield 800-655-9193 4-4tp

01 FORD TAURUS LOW MILES, CLEAN VALUE PRICED, #184418, \$4,995.00 Saturn of Fairfield 800-655-9193 4-4tp

Autos for Sale

02 Suzuki Grand V-TARA: AUTO, 3RD SEAT, CLEAN, #105120, \$8,995.00 Saturn of Fairfield 800-655-9193 4-4tp

Your ad could be here for only \$5 a week. Interested? Call 795-4551 for more details.

04 JEEP LIBERTY 4X4, LOW MILES, CLEAN, #136480, \$12,995.00 Saturn of Fairfield 800-655-9193 4-4tp

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Fantastic Home! Fantastic Price.
Approx. 1500sqft 3 bd 2bath wood floor-
ing, Kodiak granite counter tops, whole
house fan and lighting fans throughout
possible R.V. Parking,
[Best Buy in town at \$368,900]

9171 Boyce Rd.
Walnuts- 27 Acre Harttey Ranch
1800sqft 3 bd 2ba inground granite pool,
plus additional building site good pro-
duction record class 1 soil lots of water.
Only \$925,000.

1016 Kennedy
Ready to Sell
New paint, carpet, dual pane windows,
sliding door, and appliances. Big backyard, this 3 bdrm, 2
bath can be yours for only \$297,500
PENDING

Rental Available:
~108 Almond 3bdrm 2bath 1800sqft.
\$1700mo.
~475 Edwards 1740sqft. 3bdrm 2bath
\$1500mo.

Check out:
www.wintersrealestate.net
for your weekly updates on
all Winters properties


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cessful real estate
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than 20 years.*

NEW LISTING: 717 Taylor Street, 3/2 priced to sell, \$250,000. Great opportunity!

NEW LISTING: 820 Jefferson. Adorable 3/2. Granite counter tops, jetted tub. Fire place and more. \$350,000.

Rare **6.9 acre** walnut orchard with circa 1895 Victorian, small shop and water tower.

63 acres of rolling foothills in Winters. Check it out at www.bigelowhills.com


Coming soon: 20 acres with lake views, a 2/2 luxurious cottage, horse barn & shop.

Call for information on these or any other properties: 800.700.7012

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Incredible home, move-in condition.
3BD/2BA, over 1500 sq. ft. Large
master bedroom, dual vanities,
tile kitchen with island. Fully landscaped,
private backyard. Detached 2-car garage.
\$399,950

CUTIE PATOOTIE
3BD/1BA, 1,000+ sq. ft.,
beautiful hardwood floors,
centrally located near schools
and freeway.
\$249,950 (Vacaville)

SHORT SALE
4BD/3BA, 2,443 sq. ft., with tons of upgrades, built in 2005,
detached garage with loft, full bath.
\$375,000 (Dixon)

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Easter!*



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Help Wanted

Winters Joint Unified School District Classified
Substitute Grounds-Keeper; \$10.95/hr.
COACHES:
Winters High School Asst. Track Coach to-May/\$1897.00
Winters Middle School Track & Field Coach 3/31-5/22/\$704.00
Addt'l subs needed for:
Clerical; Kitchen Aides; Student Supv Aides; Crossing grd.; Instr Aides; school bus drivers. Bilingual encouraged
Child care providers & spanish Translation pool application needed. Application Packets & Addt'l Info at District Office, 909 W. Grant Ave. or Call HR/530-795-6103
Apartment Complex Front Office
PT/FT. Exp. pref'd., but not req'd., will train the right person. Exc. customer service & computer literate. Mail resume to Daily Republic PO Box 47 #D Fairfield, CA 94533 5-3tp
Drivers Teams earn top dollar plus great benefits. Solo drivers also needed for Western Regional. Werner Enterprises 800-346-2818 ext. 123. 6-3tcc

Help Wanted

Professional Horse Groom position with professional horse trainer near Winters. Experience a must. Must have knowledge of equine behavior, health related issues, tack, how to clip, ect. Show experience a plus. References required. Must speak fluent English. Parttime, approx. 20-30 hours per week. Fax resume to 795-3830 or email to pgoodyr@sbcglobal.net 6-2tp
Ranch Handyman part time misc. repairs fencing, irrigation, ect. \$12.50/hr. Fax resume to 795-3830 or email to pgoodyr@sbcglobal.net 6-2tp
EXECUTIVE ASSISTANT
Part-time Mon.-Fri. 10:00a.m.-2:00p.m. Customer service, computer, organizational and office management skills required. Wage based on experience. Please fax resume to (530) 795-3202 by Friday, March 28, or email to chamberwinters@yahoo.com or mail to Winters Chamber of Commerce, 201 Railroad Ave., Winters, CA 95694. Phone: (530) 795-2329.

Help Wanted

Seasonal Temporary Help - City of Winters - \$12.00 /hour. We are looking for individuals to provide manual labor. Must be over 18 years of age. Able to use power tools, drive various mowers and tractors. Possible weekend work. Landscape background a plus. Hours are from 7:30 a.m. to 4:00p.m., five days a week. Work will end September 26, 2008. Applications are required. 318 First Street, www.cityofwinters.org or call 795-4910 ext. 100. Must have valid CA Drivers License. AA/EOE Open until filed. 6-2tp
MEDICAL RECEPTIONIST P/T @ CMC
Esparto Family Practice. Bilingual Eng/ Span, 1 yr exp or training as a Medical Receptionist/ Customer Service. Auto Ins Required. Fax Resume to (707)635-1641. Email marellano@communitymedicalcenters.org 6-2tp
36 People Needed who are SERIOUS about losing weight! Call Daphne at (707)745-0535 bestdietprofessional.com 7-4tp

Help Wanted

Drivers Class A Driver/ Heavy Equipment Op. Seeking driver to move heavy equipment btwn. job sites, haul material generated by grow WWTP to sites for unloading, comply w/DOT regs. Must be able to work OT, some wknds. Moderate overnight travel. Bnfts. avail. Fax resume to 707/438-3737 or mail: Synagro West 3845 Bithell Ln. Suisun City, CA 94585
Nursing CNAs, PT/FT. All shifts! Looking for exceptional people to join our team. Must have great attitude & exc. reliability. Apply in person: Winsor House 101 S. Orchard Ave. Vacaville
Restaurant Management CARL'S JR. Fairfield, Vallejo & Benicia now hiring: Asst. Mgrs.....up to \$28K Mgrs.....up to \$45K Benefits avail., vacation + profit sharing Also seeking PT/FT Shift Supervisors Apply in person at •4400 Central Pl., Cordelia •5990 E. Second St., Benicia •3897 Sonoma Blvd., VjoOr fax resume to 925-373-0517 7-4tp

Help Wanted

Warehouse Immediate openings In Solano County Must be able to lift 30+lbs. Fast paced work environ. 3 yrs. prev. wk. hist. reqd. Day & Swing Shift \$8-9/hr. Apply Mon.-Thurs. in person btwn. 8:30am-11am Must clear drug & background screen. Alkar Human Resources 333 Sunset Ave. Ste 130 In Suisun
Personal Care Assistant Duties incl. loving personal care to our residents, hshld. chores & meal prep. 1 yr. exp. AM/PM shifts avail. Apply at 431 Nut Tree Rd. Vacaville, CA 95687 Fax resume 707/449-9950
CONSTRUCTION Project Mgr., Sr. Estimator & Bid Coordinator for Solano/Sacramento based constr. co. Must have prev exp. Ability to perform in fast paced environment. Hospitality exp. a must. Salary DOE. Send resume to hrdept201@yahoo.com EOE
SITE LEADERS to supervise adult staff in Middle Schl. rec. program, Mon.-Fri., 12:30-7. \$15.00/hr. Apply at 1000 Kentucky St., FF

BIBLE TRIVIA

BY WILSON CASEY
1. Is the book of Iscariot in the Old or New Testament or neither?
2. Which disciple doubted Jesus had risen unless he could see nail marks in His hands? Peter, Andrew, Thomas, Thaddeus
3. According to the apostle Paul, more than how many people saw the risen Christ at one time? 100, 300, 500, 1000
4. After the resurrection, Jesus first ate fish and ... ? Bread, Wine, Honeycomb, Manna
5. For how many pieces of silver did Judas betray Jesus? 10, 20, 30, 40
6. Where was Jesus crucified? Samaria, Colossae, Golgotha, Horeb
ANSWERS: 1) Neither, 2) Thomas, 3) 500, 4) Honeycomb, 5) 30, 6) Golgotha
For more teasers, log on to www.TriviaGuy.com
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Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
February 13, 2008
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2008-168
Fictitious Business Name
Choice Mortgage
3645 Bass Street West Sacramento, CA 95691
American Pacific Mortgage Corporation- 3000 Lava Ridge Ct. #200, Roseville CA 9566
This business classification is: Corporation
s/ Bill Lowman
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Liz Mahovich, Deputy
Published 2/28, 3/6, 3/13, 3/20, 2008
Fictitious Business Name
FILED YOLO COUNTY CLERK/RECORDER
February 27, 2008
FREDDIE OAKLEY, CLERK
Liz Mahovich, Deputy
FBN NUMBER 2008-226
Fictitious Business Name
Davis-Woodland Innovation Technology Park
1022 East St. Woodland CA 95695
Rice Mill Partners LLC 1022 East St. Woodland CA 95695
This business classification is: Limited Liability Company
s/ Rice Mill Partners LLC
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Liz Mahovich, Deputy
Published 3/6, 3/13, 3/20, 3/27, 2008
Fictitious Business Name
FILED YOLO COUNTY CLERK/RECORDER
February 13, 2008
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2008-164
Fictitious Business Name
WS Associates
17461 Derian Ave., Ste. 108 Irvine, CA 92614
WS Investors, LP 17461 Derian Ave. #108, Irvine, CA 92614
Partners Investments, LLC 17461 Derian Ave. #108, Irvine CA 92614
Additional Registrant; Dana Haynes, an individual.
This business classification is: Joint Venture
s/ Dana Haynes
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Ava Woodard, Deputy
Published 3/6, 3/13, 3/20, 3/27, 2008
Fictitious Business Name
FILED YOLO COUNTY CLERK/RECORDER
February 21, 2008
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2008-204
Fictitious Business Name
Equine Ultrasound & Rehabilitation
4108 Arroyo Ave. Davis, CA 95618
P.O. Box 4217 Davis, CA 95617
Davis T. Runk, VMD 4108' Arroyo Ave. Davis, CA 95618
This business classification is: Individual
s/ David T. Runk, VMD
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
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Published 3/6, 3/13, 3/20, 3/27, 2008
Fictitious Business Name
FILED YOLO COUNTY CLERK/RECORDER
February 21, 2008
FREDDIE OAKLEY, CLERK
Liz Mahovich, Deputy
FBN NUMBER 2008-194
Fictitious Business Name
Teresa's Tax Service
26951 Woodland Ave. Esparto CA 95627
PO BOX 376 Esparto CA 95627
Teresa Ann Kisamore 26951 Woodland Ave. Esparto CA 95627
This business classification is: Individual
s/ Teresa A. Kisamore
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
Liz Mahovich, Deputy
Published 3/13, 3/20, 3/27, 4/3, 2008

Notice of Trustee's Sale

NOTICE OF TRUSTEE'S SALE File No. 7983.21691 Title Order No. 6518271-30 MIN No. Loan No. 1001152175 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/11/05. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. Trustor(s): JAIME C. TORRES, SALVACION E. TORRES Recorded: 03/24/05, as Instrument No. 2005-00041047, of Official Records of Solano, California. Date of Sale: 04/02/08 at 11:00 AM Place of Sale: At the Santa clara Street entrance to the Vallejo City Hall 555 Santa Clara Street., Vallejo, CA The purported property address is: 4884 Noble Court, Winters, CA 95694 Assessors Parcel No. 0104-170-130 The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$459,356.88. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney Date: 3/10/2008 NORTHWEST TRUSTEE SERVICES, INC., as Trustee Camale Smith, Authorized Signatory 505 N. Tustin Avenue, Suite 243 Santa Ana, CA 92705 Sale Info website: www.USA-Foreclosure.com Reinstatement and Pay-Off Requests: (866) 387-NWTS THIS OFFICE IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE FEI# 1002.85608 03/13, 03/20, 03/27/2008

Notice of Trustee Sale

Trustee Sale No.: 20070134011881 Title Order No.: 1149367 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 2/6/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDex West, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 02/14/2006 as Instrument No. 2006-0006142-00 of official records in the office of the County Recorder of Yolo County, State of California. Executed By: Misael Bautista Magana and Joel Del Rio Misael Magana Joel Del Rio, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). Date of Sale: 3/26/2008 Time of Sale: 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Street Address and other common designation, if any, of the real property described above is purported to be: 203 Anderson Avenue, Winters, CA 95694 APN#: 003-276-10-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$381,480.10. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. For Trustee Sale Information Please Call: Priority Posting & Publication 17501 Irvine Blvd., Suite One Tustin, CA 92780 714-573-1965 www.priorityposting.com NDex West, LLC as Authorized Agent Dated: 3/5/2008 NDex West, LLC may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose.
P371438 Published: 3/6, 3/13, 03/20/2008

Notice of Trustee Sale

TSG No.: 3537065 TS No.: 20079125600842 FHA/VA/PMI No.: Notice Of Trustee's Sale
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 5/5/2006 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 4/2/2008 at 10:30 am First American Loanstar Trustee Services, as duly appointed Trustee under and pursuant to Deed of Trust recorded 05/12/2006, as Instrument No. 200600060442, in book , page , of Official Records in the office of the County Recorder of Solano County, State of California. Executed by: Anne Patton, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States) At the Santa Clara Street entrance to the City Hall at 555 Santa Clara Street, Vallejo, CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: As more fully described in the above mentioned Deed of Trust APN# 0103-230-070 The street address and other common designation, if any, of the real property described above is purported to be: 9124 Boyce Road , Winters, CA 95694 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$542,292.24 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. Date: 3/13/2008 First American Title Insurance Company First American LoanStar Trustee Services 3 First American Way Santa Ana, CA 92707 First American Loanstar Trustee Services may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. Original document signed by Authorized Agent Chet Sconyers – For Trustee's Sale Information Please Call (714) 573-1965
P373045 Published: 3/13, 3/20, 03/27/2008

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Medical Social Worker - Hospital
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Must have an MSW from a school accredited by the Council on Social Work Education and 2 years' experience within an acute care setting or a community health setting. Must also have effective care giving and advocacy skills for diverse clients, neonatal through geriatric; strong attention to detail; and the knowledge of basic word processing.

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