

Who is this?



Find out on page B-7

"Gateway to the Monticello Dam"

Winters

Express

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Honoring  
those who  
served

— Page A-7

Best of the bunch



Photo by Debra Lo Guercio

Sara Bean Duncan (left) is the valedictorian for the Winters High School Class of 2005. She is the daughter of Judy Bean and Tom Duncan. Cameron Lovell is the salutatorian, and is the son of Dale and Kate Lovell. Graduation ceremonies take place at Dr. Sellers Field on Friday, June 3, at 7:30 p.m.

Walnut Lane traffic concerns voiced

By DAWN VAN DYKE  
Express city editor

Discussion of a proposed parking area at 101 East Grant Avenue prompted residents of the Almond Orchard subdivision to attend the Tuesday, May 24 planning commission meeting to voice concerns over safety at the intersection of Grant Avenue and Walnut Lane.

The agenda item was a site plan and public hearing regarding the parking area, which would allow for seven parking spaces adjacent to the building at 101 East Grant Avenue. Dr. Ed Andersen proposes to open an optometry office in the existing building. Residents did not speak against the project itself. They were more interested in seeing a solution to what they described as dangerous conditions for drivers paused on east bound Grant Avenue waiting to turn left onto Walnut Lane.

Community Development Director Dan Sokolow told the planning commission he received a letter from Walnut Lane resident Richard Atherton expressing his concern that adding more traffic access in and out of Walnut Lane would exacerbate the existing problem.

Sokolow explained that city staff had required all ingress and egress from the parking lot to be located on Walnut Lane because of the number of access points already existing on Grant Avenue.

He also spoke on the phone that day with Almond Drive resident Marion Miller-Sears, who had concerns about safety and spoke of the number of accidents that occurred while drivers where waiting to turn left onto Walnut Lane.

Sokolow explained that a mitigation measure in the city's Traffic Study calls for some sort of improvement to be made at that intersection upon issuance of the 380th building

permit issued in the city. Because Grant Avenue is actually State Highway 128, Sokolow said traffic improvements are Caltrans issues.

"We can't condition this project that they have to do an improvement," said Sokolow, explaining that intermittent car trips in and out of an eye doctor's office wouldn't warrant any sort of traffic signal or lane widening.

Planning commissioner Don Jordan expressed dismay that no improvements would be made until 380 building permits are issued, saying it seemed like too long to wait. He wanted to know why the city couldn't just put in a left-turn lane on eastbound Grant Avenue.

"It seems like it would be a real easy fix," said Jordan, "At least for a temporary solution."

Sokolow told Jordan the city engineer had looked at the idea, but not

See TRAFFIC on page A-6

Finishing touch

◆ Art teacher Sally Paul  
retires after 34 years  
with school district

By DEBRA LO GUERCIO  
Express editor

Sally Paul doesn't just teach in the Winters High School art department, she is the Winters High School art department. It isn't news that Sally teaches students to create works of art. What is less well known is that Sally didn't just teach students to create — she created the art department itself. With her busy art room at the high school, and its well-stocked supply shelves, bank of computers equipped with graphic design software, library of instructional books and student art covering every available surface, this may be her true masterpiece.

Thinking back to 1989, when she left her teaching position at Winters Middle School to teach art at the high school, Sally says she was shocked to discover that there were no supplies budgeted for art at all, and spent about \$4,000 out of her own pocket to provide students with art supplies.

"They didn't even have paper that first year," says Sally.

Not only did she become the high school art teacher that year, she became the advocate for art students and the art program, and



Photo by Debra Lo Guercio

Winters High School art teacher Sally Paul, seen surrounded by her students' artwork, is retiring at the end of this school year.

See PAUL on page A-6

City council meets Tuesday

The Winters City Council will honor the Winters High School boys varsity basketball team at its Tuesday, June 7, meeting. The meeting begins at 7:30 p.m. in the council chambers at City Hall. The following items are on the agenda:

- ~ State review of city's adopted Housing Element.
- ~ Direction to staff on live-work units as it pertains to permitting of the

units in compliance with the California Building Code.

Acting as the Community Development Agency, the council will address these agenda items:

- ~ Façade improvement program application; Richard and Janet Kimes
- ~ Consultant services agreement; water tower logo.
- ~ Main Street and Railroad Avenue intersection improvement project.

INSIDE

Classifieds .....B-10  
Community .....A-7  
Entertainment .....B-7  
Eventos hispanos .....B-9  
Features .....B-7  
Obituary .....A-2  
Opinion .....A-4  
Schools & Youth .....B-5  
Sports .....B-6

Included in this week's issue are  
advertising inserts from:  
Longs Drugs, Yardbirds,  
The Home Depot, Petrillo's  
Kimes Ace Hardware,  
Capay Farmers' Market

(Supplements are sent to Winters,  
Woodland, Davis, Capay Valley, Dixon,  
Vacaville and Fairfield.)

WEATHER

Weather readings are taken  
at 9 a.m. each day, covering  
the previous 24 hour period.

Date	Rain	Hi	Lo
May 25		96	59
May 26		98	56
May 27		97	57
May 28		96	63
May 29		80	53
May 30		83	56
May 31		89	59

Rain for week: 0

Season's Total: 27.78

Last year to date: 22.07

Normal to June 1: 21.31

Layoffs, business service funds top trustees' agenda

The Winters School Board will meet on Wednesday, June 1, at 6 p.m. in the Walnut Room at the district office, located at the corner of Taylor and Grant. The following items are on the agenda:

- ~ Recognition of Winters Middle School students and parent Pam Emery.
- ~ Recognition of Winters High School art teacher Sally Paul.

~ Recognition of Shirley Rominger Intermediate School teacher, Barbara Nichols.

Action items

- ~ Consider approval of notice of governing board member election.
- ~ Consider revised expenditure reduction implementation dates.
- ~ Consider approval of declaration of need for

fully qualified educators.

~ Consider approval of board resolution reducing hours of employment and ordering layoffs for designated positions in the classified service due to lack of funds and lack of work.

~ Consider approval of board resolution regarding salaries of management, confidential and other unrepresented employees.

~ Consider approval of

business services funds, including the general fund, the child development fund, the cafeteria fund, the deferred maintenance fund, the building fund, the bond fund, the capital facilities fund, the re-development/health and safety fund, the lease/purchase fund, and the special reserve fund.

The next board meeting will be on June 16, 6 p.m. at the district office.

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OBITUARIES

Jack Mitchell Armstrong

Jack Mitchell Armstrong of Woodland died Sunday, May 29, at age 74.

Mr. Armstrong was born on October 31, 1930 in Woodland. He was raised in Woodland and graduated from Woodland High School in 1948. He proudly served in the United States Navy in the Korean War. When he returned to Woodland he was employed by the United States Post Office. He retired from Mobil Chemical after 20 years.

Jack was an avid outdoorsman; duck hunting was his passion and training bird dogs. He was a member of the Woodland Elks Lodge. He was a member of the Veterans of Foreign Wars. Jack was a long time member of the local Pedro League. He enjoyed supporting his grandchildren in their sports and other activities. He carried on the family tradition of being an avid gardener.

Survivors include Mr. Armstrong's son, Steve Armstrong and his wife Carole, of Winters, his daughter, Carla Fletcher of Woodland, and his grandchildren Corrin Duran of Winters, Jayme Armstrong of Davis, Joseph Armstrong of San Luis Obispo and great grandson Christian Duran of Winters. Jack leaves behind numerous nieces, nephews, and sisters-in-law.

Herbert L. Heintz

Herbert L. Heintz passed away in his Winters home on May 24. Born on February 7, 1927, Mr. Heintz graduated from Sanger High School in Sanger, California, and served in the U.S. Navy during World War II. He was a branch manager of Snap-On Tools in Phoenix, Arizona, and was a member of the Free and Accepted Masons in Sanger Lodge #316 for over 50 years. He and his wife, Willa were married for 55 years.

Mr. Heintz is survived by his wife, Willa Heintz, of Winters, daughter Laura Olsen and her husband Ken of Gardenville, Nevada, and Son Larry Heintz and his wife, Cindy, of Winters. He had five grandchildren. He was preceded in death by his parents Emanuel and Molly (Grass) Heintz.

David Alan Fredericks

David Alan Fredericks passed away at his Winters home on Saturday, May 21, after a brief illness. He was born on July 16, 1948 in San Francisco. He grew up in Corte Madera and graduated from Redwood High School in 1966. He continued his education at the College of the Redwoods and went on to receive a Bachelor of Fine Arts degree from the San Francisco Art Institute where he studied photography.

Dave moved to Winters over 30 years ago to begin farming on his family's land and continued to do so until his death. His unusual varieties of melons were known by and shared with people from all over the world.

He is survived by his daughter, Caroline Elizabeth Fredericks, his mother, Helen Fredericks, and by his brother, John H. Fredericks and family. He was preceded in death by his father, John G. Fredericks in 1997.

In addition to farming, Dave enjoyed designing and building and was a fine carpenter. He also loved to surf, ski and sail. His ashes will be scattered off of the Marin County coastline of the San Francisco Bay. A celebration of his life will be held on Sunday, June 5, at 11 a.m. at the John G. Fredericks ranch. All those who knew and loved Dave are invited to attend.

Weekly police report

May 19-24

~ On the 300 block of Rosa Avenue, a residence was entered by an unknown point of entry and property was stolen. Loss: \$2,290.

May 24

~ Ryan Mateo Barbosa, 28, of Woodland was arrested on an outstanding Solano County Sheriff bench warrant charging him with failure to appear on previous charges of reckless driving and three counts of failure to appear. He was booked at the Winters Police Department and released on a promise to appear.

May 25

~ Deneen Lynn Walton, 22, of Winters was traveling westbound on Grant Avenue, lost control of her vehicle and collided with a curb and a shrub. As a result, Walton was arrested for driving under the influence of alcohol and making an unsafe turn. Blood alcohol content results: .06/.05. Walton was booked at the Winters Po-

lice Department and released to a sober adult with a notice to appear.

~ On the 700 block of Apricot Avenue, a window to a residence was shot with a BB gun, causing the window to crack.

May 27

~ Two 14-year-old Winters juveniles were arrested for burglary, which occurred on May 19 on the 600 block of Ivy Loop. The juveniles were booked at the Winters Police Department and released to a parent on notices to appear.

~ A 13-year-old Winters juvenile was arrested for curfew violation, which occurred on April 9 at Railroad Avenue and Abbey Street. The juvenile was booked at the Winters Police Department and released on a notice to appear.

~ Two Winters juveniles, ages 16 and 17, were arrested for taking a bicycle without permission and theft, which occurred on

See POLICE on page A-3

YESTERYEAR



~ File photo

PEE-WEE LEAGUE ALL-STARS for the 1973 season are shown above. Front row, left to right: Eric Lucero, Ralph Gonzalez, Don Garcia, Frank Carrion, Kirk Hansen, Steve McNeely, and Adelaido Rodriquez. Second row: Russell Invernon, Chuckie Goodwin, Brad Graf, Joseph Gray, Richie Warren, Steve Montenegro and Tracy Cook. Back row: managers Louis Invernon, Norman Laukkanen, Ralph Gonzalez, Tom Ehnat and Bill Gray.

35  
YEARS AGO

June 11, 1970

A 40 foot section of the cornice on the Masonic building housing the Winters Post Office at the corner of Main and First streets fell to the sidewalk Tuesday evening.

Lawrence F. "Larry" Fafek, of Winters, has retired from the U. S. Bureau of Reclamation after 31 years of government service. He was succeeded in that position by Guy Payton.

One of the older homes in Winters will be razed in the near future as the old Culton home at 207 Russell Street will be torn down and the lot cleared.

Sam Shimomura, son of Mr. and Mrs. Ben Shimomura, was graduated last night from the School of Pharmacy, University of California Medical Center, San Francisco.

Mr. and Mrs. Chester Olson left Tuesday morning to make their permanent home in Vining, Minnesota. Mr. Olson retired from teaching at Waggoner School this spring.

The Post Office Department is seeking competitive bids to build and lease the new Post Office at Winters. Postmaster General Winton M. Blount announced this week.

Young Dennis Mariani, who was five years old, observed his natal day on Tuesday, June 9, with a birthday party at the home of his parents, Mr. and Mrs. Dennis Mariani. Present were Jamie Borba, Bradley Graf, Michael Delbar, Michael Fergosa, Alex Suarez, Pete Suarez and Ebo Ornales.

Mr. and Mrs. Arnold H. West, of Petaluma, have announced the engagement of their daughter, Christine Elizabeth, to Roy C. Jones, of Winters.

The annual gathering of the Rominger family clan was held Sunday last in the Winters City Park, with 104 in attendance.

50  
YEARS AGO

June 9 1955

A total of 81 train cars of fruit have left the Winters area so far this season, not counting the ever increasing truck shipments.

A. M. Nash, district highway engineer from Marysville, told members of the Winters District Chamber of Commerce Monday evening that the right-of-way for the Vacaville-Dunnigan cutoff will be 160 feet wide, and take about 60 acres of orchard land.

Dr. and Mrs. Ernie A. Young of Winters are the parents of a daughter, born at the Woodland Clinic Hospital June 1, 1955.

B. P. Bellport, construction superintendent at the Monticello Dam Project said last week concrete pouring for the main dam was expected to begin between June 15 and July 11.

Voters of the Winters Joint Union High School District Tuesday approved a tax rate increase from 75 cents per hundred dollars of assessed valuation to \$1.10. The vote was 164 to 108.

Mr. and Mrs. James West and family are leaving next week for Minnesota to help his parents observe their 50th wedding anniversary.

Miss Lynn Johnson, daughter of Mr. and Mrs. Gunnard Johnson of Herlong, is spending some time as the guest of Miss Claire Adams.

Jim Granger arrived home from Chico Sate College late last week and will spend the summer here with his parents, Mr. and Mrs. J. Roscoe Granger.

Mr. and Mrs. Ralph Norfolk and baby left last week for Maryland, to spend the summer with relatives there.

B. D. Reid arrived home on Monday evening from Mexico, where he has been traveling and visiting with friends for the past month.

65  
YEARS AGO

June 7, 1940

California Fruit Exchange reports 115 cars of fruit shipped up to last night. They have a force of over 100 engaged in sorting, grading and packing.

At the meeting of the town board Tuesday evening, Carl Holmes' petition to build a warehouse on Baker Street between Railroad Avenue and East Street was granted.

The Winters All Stars will meet the Arbuckle team Friday evening in a league softball game. Harry Sattazahn and Elmore Pearse will be the batter-ies for the All Stars.

Yolo County Associated Farmers are expected to cooperate with the statewide organization in an unarmed but constantly alert force dedicated to the task of unearthing and exposing "fifth column" activities in California.

Manager Frank Doyle reports 165 families in the migratory camp, and an approximate population of over 700.

Mrs. Stewart Pruden and children of San Jose were weekend visitors with her mother, Mrs. Lizzie Kramer.

Mr. and Mrs. A. Pezzatti of Berkeley were visitors at the E. Pezzatti home last week.

Rev. E. E. Zimmerman returned yesterday from a visit to his former home near Lincoln, Nebraska.

Mermod Bros. this a.m. delivered 200 pounds of dried apricots at the Dried Fruit plant.

Mr. and Mrs. Chester Hemenway of Hayward were holiday visitors with David Hemenway, returning to the bay district Friday.

Berryessa still above spillway

The level of Lake Berryessa rose by .24 of a foot during the past week with 4,642 acre feet of water added to storage, according to Ken Emigh of the Solano Irrigation District.

He reported Tuesday morning that the lake was 440.39 feet above sea level with storage computed at 1,609,821 acre feet of water.

The SID is diverting 429 second feet of water into the Putah South Canal and 43 second feet is flowing in Putah Creek at the Diversion Dam. Evaporation on Lake Berryessa averaged 271 acre feet of water per day during the week.

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June 9, 1905

A final test of the can-erny machinery was made Tuesday evening, and everything worked smoothly. Actual work of canning apricots began Thursday morning.

If it is possible to induce the telephone company to realize that Winters is a town instead of a cross roads village the board of trade intends to accomplish it. Winters wants a full day and partial night service, that is from 6 a.m. to midnight without inter-mission.

At the meeting of the board of supervisors this week J. G. Fredericks was granted permission to maintain a temporary gate across the Matilda Scott road, and Mrs. Matilda Scott was instructed to deed to Yolo County and open for public use the Scott-Fredericks road.

Mr. and Mrs. G. W. Langston of Centralia, Mo., are the guests of Mr. and Mrs. D. O. Judy. Mr. Langston, who is Mr. Judy's brother-in-law, served in the confederate army in the same regiment with J. A. DeVilbiss.

Last Wednesday afternoon Mrs. Sam Taylor invited a few of her lady friends to meet Mrs. Reuben Clark of Monticello.

Mr. and Mrs. Jas. W. Pleasants and Mr. and Mrs. McCormack have gone to the coast lumber regions, to be gone until fall.

Miss Bernice McNeal has accepted a position as bookkeeper for Rummelsburg.



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## POLICE

Continued from page A-2

April 27 on the 200 block of First Street. The juveniles were booked at the Winters Police Department and released on notices to appear.

~ Edward Wyaman Callison, 34, of Winters was arrested for driving under the influence of alcohol and having an audible stereo heard from over 50 feet from the vehicle. Blood alcohol content results: .14/.13. Callison was booked at the Winters Police Department and released to a sober adult on a notice to appear.

~ On the 400 block of Main Street, a plant was stolen from in front of a residence.

### May 28

~ A found bicycle was turned over to the police department.

~ Larry Arthur Souza, 47, of Winters was arrested for driving under the influence of alcohol and driving on the wrong side of the roadway. Blood alcohol content results: .13/.15. Souza was booked at the Winters Police Department and released to a sober adult on a notice to appear.

### May 29

~ Mathew Anthony Nartker, 18, of Winters was driving in the northbound lane of Valley Oak Drive. Nartker lost consciousness, drove up onto the median, turned into the northbound bike lane and collided with a parked vehicle.

### May 30

~ On the 200 block of Maple Lane, a vehicle was left running and unattended. The vehicle was stolen. California Highway Patrol advised the vehicle was involved in a traffic collision in the area of Halley Road and Sievers Road. The vehicle was unoccupied.

~ Hernan Hernandez, 23, of Esparto was arrested for driving under the influence of alcohol and driving over a double yellow line. Blood alcohol content results: .19/.19. Hernandez was booked at the Winters Police Department and released to a sober adult on a notice to appear.

### May 31

~ Justin Allan Joslyn, 34, of Fairfield was arrested for driving with a suspended/revoked driver's license, driving an unregistered vehicle, driving a vehicle with an inoperable stop lamp and no proof of insurance. Joslyn was booked at the Winters Police Department and released on a notice to appear.

## Farm Service Agency seeks help

Yolo County Executive Director Marianne A. Morton announced last week that the USDA will accept nomination forms between June 15 and Aug. 1 for candidates to serve on local Farm Service Agency county committees.

“I encourage local agricultural producers to think seriously about becoming a member of their FSA county committee and make a real difference in how agricultural policy works in Yolo County,” said Morton. “FSA county committees play a vital role in the decision making for commodity price support loans and payments, conservation and disaster programs and other important agricultural

issues in their farming community.”

Almost anyone participating or cooperating in a local FSA program — and of legal voting age — may be a candidate. Individuals may nominate themselves or others.

All nomination forms must be received in the county FSA office or postmarked by Aug. 1. Voting takes place between Nov. 4 and Dec. 5.

To hold office as an FSA County Committee member, a person must meet the basic eligibility requirements described below:

~ Participate or cooperate in a program administered by FSA;

~ Be eligible to vote in a county committee elec-

tion; and

~ Reside in the LAA in which the person is a candidate. (In some cases, this requirement may be waived. Check with the local county office.)

People uncertain about their eligibility to vote in the FSA County Committee election should contact their local FSA office. Affirmation of eligibility to vote must be determined in order for a vote to count in an election.

More information on the COC elections, including the nomination form, is also available at local FSA County Offices or USDA Service Centers or online at: <http://www.fsa.usda.gov/pas/publications/elections>.

## County fair exhibitor catalogs available

Yolo County Fair exhibitor catalogs are available at the Winters Express office and the Winters Library.

Most entries close on June 24. Entry department hours are 8:30 a.m. to 4:30 p.m., Monday through Friday.

Exhibitors interested in livestock or horse show catalogs should contact the fair office.

Call the fair office, 662-5393, for more information.

Photos taken by Express staff are available for purchase. Call 795-4551 for assistance

Getting married?  
Just had a baby?  
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# Opinion



DEBRA LO GUERCIO  
**BECAUSE  
I SAY SO**

**I**F THIS DOESN'T make you furious, I hope it's because it terrifies you. Either way, I hope you channel those emotions into action. A website has come to my attention, and now to yours, that displays everyone's personal information — home addresses, home phone numbers (even if unlisted), as well as satellite photos of your home. Worse yet, extensive personal information, even the names and addresses of your relatives and their personal information, can be purchased for a nominal fee.

I didn't see the detailed information myself because I'm not going to help support this diabolical website. However, I received that information from an extremely reliable source — a police officer, who learned the hard way that undesirable folks can easily find you or your children with the click of a mouse. Just so you understand my outrage, like the police officer, I also discovered this website the hard way. By going public, I'm hoping to help bring this website down — and all others like it — so no one else learns the hard way that there's no such thing as privacy anymore in this country.

Finding my own address and unlisted phone number there was upsetting. But consider the horrifying implications for hundreds of thousands of others: police officers. Parole officers. Victims of spousal abuse or rape. Anyone who has ever testified against someone in court. Anyone who has ever hoped that someone who's behind bars stays behind bars. If you fall into one of those categories, guess what — your whereabouts and personal information, as well as those of your loved ones, are there for the taking.

Even more infuriating, the website smugly claims it's within its legal rights to invade your privacy and brags on its homepage, "Tell everyone you know about (name omitted).com... Purchase a Background Check today to be guaranteed unlimited access to (name omitted) people search throughout 2005!" So, I'm complying, I'm telling everyone I know about this website. But probably not in the way "name omitted.com" hoped.

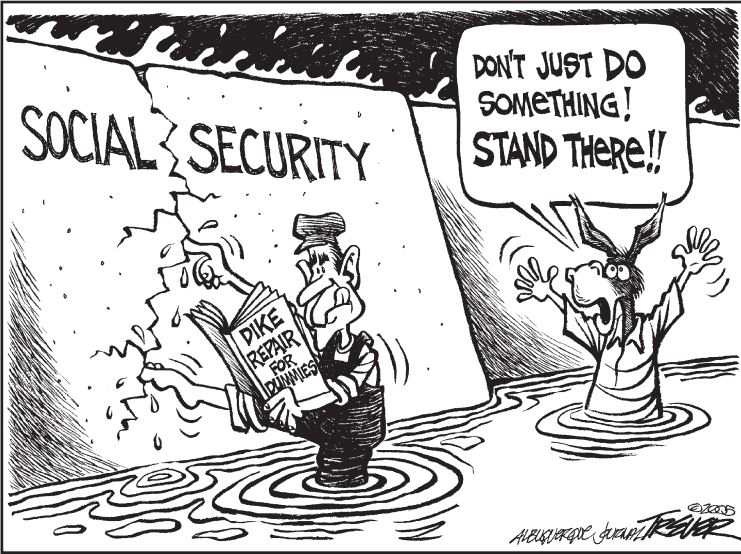
This repugnant website hides behind freedom of information laws and gleans information from public records. However, freedom of information has collided with right to privacy. Right to privacy must prevail. Imagine how many people will become victims of violence, harassment and identity theft if this is allowed to go on. It must change. But it's not enough to shut down this website. It's not the only one. The law itself must change, and it won't change unless we make it change.

Call or write your representatives. Don't send email. A voice or piece of paper gets their attention. Insist that the law that allows our personal information to be displayed on a website, let alone purchased by unidentified people for unidentified reasons must be changed. I suggest that no personal information be released to anyone unless it's done in writing at a county records office, with proper identification and a fee of at least \$10 per request. That'll slow 'em down. Further, the person whose information was requested must be notified and the inquirer identified.

I purposely did not name the website because I don't want to bring it to the attention of people who have no legitimate business using it. However, I'll provide it to anyone I already know personally. If you want the website's name, contact me, and if you know me, you already know how. If I don't know you, contact the Winters Police Department and they can give you the name. When you have the name, file a complaint against this website with the Federal Trade Commission: (877) 382-4357. The agent I spoke with told me that the only way to shut it down is for the FTC to get volumes of complaints. Let's get voluminous.

In the meantime, write to your representatives: Congressman Mike Thompson, 231 Cannon Building, Washington DC, 20515-0501, (530) 662-5272; Senator Barbara Boxer, 112 Hart Senate Office Building, Washington DC, 20510, (415) 403-0100; Senator Dianne Feinstein, 331 Hart Senate Office Building, Washington DC, 20510, (415) 393-0707.

Make some noise. And keep making it until they listen.



## LETTERS

### Thanks to those who served

Dear Editor,

Memorial Day. What does it mean to many of us? For a good number of us it is just another day off from work. How often we overlook what it is meant to honor: those who have given ultimate price for what they believe in, our great nation. Men and women who have served in our armed services or in other ways gave their lives for our country.

Many of us have loved ones who served in Vietnam, WWII, Korea, Iraq, Afghanistan, Bosnia or some other wars or conflicts around this world we live in. Have you ever wondered what they thought and why they served? So many were proud and honored to serve not just our country but us as well. Yes, they served us. They who gave their all. Many of us take for granted in our everyday lives the freedom that we so casually use and abuse.

Isn't it about time we — and I mean all generations not just our older members — remember those who gave their all for us? We should take the time and remember these fallen family members and friends, brothers and sisters. Take the time out and pay some respect where it is due to those who so valiantly served.

Memorial Day is a day to pay remembrance to fallen soldiers. We also need to take the time to remember those serving now. These are our family and

our people. They are around this troubled world we call home. Serving our nation and us; giving sometimes their all. Defending those who cannot defend themselves. Standing in harm's way.

How often have you thought of these men and women who are serving and have served? When was the last time you walked up to one and said, "Thank You"? We should thank them. For without their serving, we would not have the freedom we so richly enjoy. The freedom to take another day off from work. The freedom to pay tribute to the memory of those who served and are serving.

You have the right to agree or disagree with me; it is your right. Just take the time and remember how you got that right. So many people served and died to insure that freedom to you. Take the time out this Memorial Day to think about and thank those who served. Take the time to shake the hands of the men and women who are still living, who are serving and have served. Let them know they are honored for what they have done and are doing. Make their day. Fly your flags high; get yellow ribbons for your cars. Buy the poppies from our veterans.

We stand proud of our service men and women throughout the world. Thank you all for serving.

**BOB DILLON**

### Tell them what you think

President George W. Bush, The White House, 1600 Pennsylvania Avenue, NW, Washington, D.C., 20502, (202) 456-1111; fax, (202) 456-2451; email, president@whitehouse.gov

Congressman Mike Thompson (1st District) 119 Cannon House Office Building, Washington, D.C., 20515; (202) 225-3311; fax, (202) 225-4335; website, ww.house.gov/mthompson; Yolo County district office, 712 Main Street, Suite 1, Woodland, CA, 95695; 662-5272; fax, 662-5163; website/email, www.house.gov/mthompson

Senator Barbara Boxer, 112 Hart Senate Office Building, Washington, D.C., 20510. (202) 224-3553; 1700 Montgomery Street, Suite 240, San Francisco, CA 94111, (415) 403-0100, fax, (415) 956-6701; e-mail/website, www.boxer.senate.gov/contact/webform.cfm

Senator Dianne Feinstein, 331 Hart Senate Office Building, Washington, D.C., 20510. (202) 224-3841, fax, (202) 228-3954; 1700 Montgomery Street, Suite 305, San Francisco, CA 94111, (415) 393-0707; email/website, www.feinstein.senate.gov/contact/webform.cfm

#### STATE

Governor Arnold Schwarzenegger, State Capitol, Sacramento, CA 95814. (916) 445-2841. Fax, (916) 445-4633; email, governor@governor.ca.gov

Assemblywoman Lois Wolk, P.O. Box 942849, State Capitol, Sacramento, CA 95814; (916) 319-2008; fax, (916) 319-2108; email, assemblymember.wolk@assembly.ca.gov; district office — 555 Mason Street, Suite 275, Vacaville, CA 95688; (707) 455-8025; fax, (707) 455-0490.

Senator Michael Machado, Room 3086, State Capitol, Sacramento, CA 95814; (916) 445-2407; fax, (916) 323-2304; district office — 1020 N Street, Room 506, Sacramento, CA 95814, (916) 323-4306; email, senator.machado@sen.ca.gov.

### Questions Centex agenda

Dear Editor,

Big Brother Builder Centex has emerged from the shadows and now has open dialog with the city council. But not everything has been so open.

A few weeks ago, 205 residents were "randomly" called and polled on their feelings about growth, the direction of the community, confidence in their city leaders, and the major issues facing Winters. Centex commissioned the poll, though this little tidbit was not disclosed to those who were called; to do so would have required too much honesty for Centex.

The results of this stealth survey were wrestled from Centex by an alarmed city council in their last meeting, but there are some interesting aspects to the study that render it suspect. First, of course, was that it was conducted without disclosing its source. Additionally, its large margin of error and sample size makes it statistically pretty unscientific.

Perhaps the most disturbing thing is that certain city leaders were picked out and individually polled for their opinions on a variety of subjects and questions. Why? Clearly Big Brother Builder here is looking to craft a project proposal that they know in advance will sail through the approval process by trying to read the minds of those who will do the approving. It is Centex's modus operandi. With elections coming up, look for Centex to try campaign contributions next.

Consider the following facts about the company that wants to remake the North Area of Winters. In December of 2003, Dallas-based Centex paid \$168,000 in fines to the Federal Election Commission for continuous violations of federal campaign finance law from 1998 to 2002. The violations were part of an "I gave at the office" scheme, where Centex employees were encouraged to give charitably to favored candidates, then directly reimbursed by the corporation for their "individual and personal" campaign contributions as a way to beat the caps set on corporate contributions to candidates by post-Watergate federal campaign finance laws. Employees were told to save their cancelled checks and receipts to submit to Centex's CFO for full reimbursement.

In fact, maybe some of Centex's prowess as a successful, nationwide home builder can be attributed to the aggressiveness with which it funnels money

into the campaign coffers of lots of candidates and initiatives at every level. Centex made their desires known to such candidates as then-Governor George Bush of Texas; presidential candidate George Bush in 2000; Governor Jeb Bush of Florida; Senator Kay Bailey Hutchinson (R) of Texas; Congressman Elton Gallegly (R)-Thousand Oaks, CA; Congressman Ken Calvert (R)-Riverside, CA; and many more. Centex was fined \$203,600 in Florida when their "I gave at the office" scheme there was found out, though the paid Florida candidates, including Governor Jeb Bush, got to keep the money.

For their troubles, Centex and builder partner Lennar were able to build 7,500 homes, offices, a movie theater, and schools in a Vavrus Ranch development right next to the orange grove that became the new home of the Scripps Research Institute, brought to Palm Beach County by a grateful Jeb Bush. Think this just happens in Florida, Texas, and Washington, D.C.? Think again.

In booming El Dorado County, Centex has graciously donated big campaign funds (along with other real estate, construction, and home-builder special interests) for Measure B, in a bid to modify the general plan there to make for a more developer-friendly environment.

Riverside County, caught in the throes of its own building boom, is a great place for a builder to invest in the campaigns of friendly candidates, including county supervisor Jeff Stone, who amassed a \$463,000 war chest in his bid to unseat the incumbent just last year. Big developers ponied up for his campaign, including Centex, one of the single biggest contributors at \$8,500. Asked about his fundraising, Stone replied, "Unfortunately, money is the mother's milk of politics." Indeed.

Get ready as our friendly new neighbor Centex works to craft the best (most developer-friendly) planning policy money can buy. Is this really who we trust to deliver to our city council an "unbiased" study of the North Area, or to "review" the general plan, or to facilitate "visioning" town hall meetings, or to build houses in our community? Do we really want the corporate ethical equivalent of Halliburton and Enron to craft our city's future? Tell your city leaders to tell Centex to get lost.

**BILL SPALDING**

### How to contact them locally

#### COUNTY

Yolo County Superior Court, P.O. Box 2175, Woodland, CA 95695.

Yolo County Grand Jury, P.O. Box 2142, Woodland, CA 95695.

Yolo County Board of Supervisors, Erwin W. Meier Administration Center, 625 Court St., Woodland, CA 95695.

Mike McGowan, District 1; Helen Thompson, District 2; Frank Sieferman, Jr., District 3; Dave Rosenberg, District 4; Lynnel Pollack, District 5.

#### CITY

Winters City Council, Mayor Dan Martinez; council members, Harold Anderson, Robert Chapman, Woody Fridae and Tom McMasters-Stone; City Hall, 318 First St., Winters, CA 95694.

#### SCHOOL DISTRICT

Winters Joint Unified School District, 710 Railroad Ave., Winters 95694, 795-6100. Dale Mitchell, superintendent; Board of Trustees, Rick Romney, president; Tom Harding, Russell Lester, Kathy McIntire, Rodney Orosco, Mary Jo Rodolfa and Jay Shepherd.

Email letters to [news@wintersexpress.com](mailto:news@wintersexpress.com)

### Policy for Letters to the Editor

The deadline for Letters to the Editor is noon, on Mondays for publication that week.

Letters may be mailed or hand-delivered to The Winters Express, 312 Railroad Avenue, Winters, CA 95694.

We will also accept letters by e-mail. Our e-mail address is [news@wintersexpress.com](mailto:news@wintersexpress.com)

Letters should not exceed 500 words. Do not use all capital letters.

We reserve the right to edit or reject any letter.

Letters must be legibly signed by the writer. However, we may withhold writers' names from publication if there is a legitimate reason, such as fear of reprisal.



CHARLES R. WALLACE

**A QUICK  
OPINION**

Charley's column will return next week.



# PAUL

Continued from page A-1

began pressuring the administration for support for its art classes.

“You can’t put on an art program with no supplies,” says Sally, remembering one particularly difficult budgeting session when she was actually driven to tears when it was her turn to lobby for the things her students needed. She remembers pointing out that students in math and English classes were provided with the materials they needed for their coursework, but art students were not.

Sally succeeded in eking out a place for the art department in the school budget, and credits the school district’s chief business officer Gloria Hahn for identifying state lottery money that could be used for art, and also adds that principal George Griffin (who was once her student) also showed support for the art department by increasing its budget allotment. Sally says the lean years taught her how to get the most bang for her budget buck.

“I’ve figured out how to order wisely and use wisely and ask for money.”

Sally admits that she took a cue from ag teacher Kent Benson (also a former student) and noticed the community support FFA receives, largely because of its visibility in the community. She set out to do the same with art, and before long her students were doing face painting at community events, holiday window paintings, creating okra Christmas decorations for festivals, volunteering for art-related events such as the Winters Participation Gallery’s annual art auction, and having their own gallery shows, such as the recent one held at Lester Farms Bakery.

In addition, Sally thrust her students’ work into the public eye and opened new doors for displays and competition by entering their work into the California State Fair, Dixon May Fair and

Sacramento and Vacaville art festivals. The awards trickled in at first and before long, started pouring. The first year she entered student artwork into the State Fair, Winters students brought home only two prizes. Last year, Winters High School students walked away with 69 prizes, including a Best of Division. Sally also has taken students to study art in Mexico, Puerto Vallarta and Europe, and has also had her students’ work displayed at KOVR Channel 13 and the Crocker Art Museum.

Not too shabby for a person who never set out to be an art teacher in the first place.

“I didn’t plan to be an artist, I planned to be a dentist,” says Sally, who set out to study science and pre-med at UC Berkeley. It was while taking a botany class that a professor remarked about her artistic ability, and asked her, “what are you — some kind of artist?” The professor encouraged her to take art classes to illustrate her science work and her advisor agreed, suggesting she “take a Mickey Mouse class.”

The class was Decorative Art 1A, and once she took it, Sally says, “That was the end.”

She explains that this was the first course she’d ever taken that encouraged her to be experimental and creative, versus math and science courses that have a single correct answer.

“No one ever asked me to be experimental and creative before. I’d just been toeing the line.”

The really wonderful discovery, she says is that in art, “there was no right answer — anybody’s solution would work.”

Enthused with her new right-turn in careers, she announced her decision to be an artist to her parents.

“They said, ‘I don’t think so,’” says Sally.

Her parents informed her that she had to finish college with a certificate that said she was qualified to do a specific career, so Sally decided the

best way to study art and have a career was to become an art teacher. She finished up her studies at UC Davis, where she earned a bachelor’s degree in both history and design/art, and earned her teaching credential the following year.

Before settling into the Winters School District in 1970, Sally taught art, US history and government in Pacific Grove, Davis and Broderick. Her first position was teaching art at Waggoner Elementary School, then in 1976 she moved up to the middle school, where she taught art, home ec, yearbook and “skills for adolescence.” She also taught quilting at Solano Community College from 1978-1983.

If you stopped right there, this would be plenty for a teacher looking back on her career to be proud of. But Sally’s resume is a bit longer than that. She has written 12 books on various design and art materials topics for Sunset Books, and was featured on the front cover and in a feature article in Decorating and Crafts Magazine in 1978 for her needlework talents. She was also the director of Yours Truly Design Center in Winters from 1982-85.

Sally went on to earn her National Credential in Home Economics Education (California Single Subject) in 1979 and her National Board for Professional Teaching Standards certification in Early Adolescence through Young Adult Art in 2001, an accomplishment of which she is particularly proud. She has a list of nearly 20 awards, including being named “California’s Outstanding Art Educator by the California Art Education Association in 1994, 1996 and 1997, recognition by the National Art Education Association in 1997 for Outstanding Achievement and Exemplary Service, and “Art Educator of the Year” by the Yolo Arts Council in 1998. She was also the winner of the 1998 Yolo County “Striving for Excellence Award” and was a

1988 Fulbright scholar, traveling to China to study decorative arts, needlework and in textiles. In addition, Sally is herself an accomplished watercolor artist.

Over her 34 years in the Winters School District, Sally has outlasted six superintendents of schools, seven principals, nearly 7,000 students. She has seen generations of students pass through her doors, and is already teaching the children of former students from years past. One might think just the volumes of students alone would be enough to send her racing off to retirement and never looking back, but Sally admits she feels a little conflicted. Although she and her new husband have lots of exciting things planned, like traveling, she says she’ll miss the excitement and energy of working with teenagers. “I have mixed emotions. I still feel great, I like what I’m doing, and the kids are energizing. I enjoy being around people.

I’ll miss the kids and the fun and all the creating, all the action, the personalities.”

She even says she will miss her art room.

“I’ll miss all the toys,” she says, referring to the computers and digital cameras. “This is a working studio. This is just a fun place.”

She says she won’t stay completely away, however, and already has plans to come back next year and help the new art teacher with the Advanced Placement (AP) classes.

As she looks back on the experience of teaching itself, Sally says teaching



Photo by Debra Lo Guercio

Sally Paul displays some of her own artwork. She plans to offer private art classes in the future.

art was rewarding not only because of simply the exposure to art itself, but because of the opportunity to inspire budding talent. She says she strove to help each student develop artistic competence, and to discover “that they can see beauty and show that beauty to others.” She adds that there’s no such thing as a student with no artistic talent.

“Everybody has talent, you just have to find out what talent it is — color, spatial, drawing, portraits. Almost all students have some kind of talent, you just have to build on what you have.”

Maybe Sally’s experience as a student herself, with a teacher that nudged her into unfamiliar territory, contributed to her desire to inspire students to try new things. She says teaching art encourages students to “open doors they might not have opened on their

own.”

Her satisfaction with that experience over the years is evident.

“I’ve enjoyed my career,” she sums up with a smile. What a joy to be able to say that with confidence as you head into the next stage of life. Particularly when you know that you’re leaving everything in place for the next person to pick up and carry on — truly a shining example of leaving things in a better condition than the way you found them.

“What I’m leaving here is a room filled with art supplies. When the new teacher walks in, all she’s going to have to order is violet paint.”

*(A retirement party will take place on June 10 for Sally. Anyone who wishes to help her celebrate her career can call high school secretary Susan Southworth, 796-6140, for information about the party.)*

It’s easy to subscribe to the Express — just call 795-4551

# TRAFFIC

Continued from page A-1

ed that it wasn’t just a simple matter of putting in a turn lane. He said the road would have to be widened for a significant distance in order for the traffic that would be continuing on eastbound Grant Avenue not to experience an abrupt change. The city doesn’t have money just lying around to spend on road widening, Sokolow said.

Jordan still wanted to see some kind of solution.

“It seems like that’s kind of a high number for all the problems on Walnut Lane,” said Jordan of the 380 permit threshold.

Planning commissioner Joe Tramontana wanted to know what solution would be used when the city hits 380 building permits.

Sokolow said it could be a turn lane, it could be a no left turn requirement, it could be a traffic signal.

At that point the planning commission opened the public hearing.

Miller-Sears told the planners there was a bigger issue at stake than just Dr. Andersen’s eye clinic.

“I feel I take my life in my hands every time I stop,” she said, describing the experiences she’s had turning left on eastbound Grant Avenue.

She gave them the results of an informal poll she had taken of her neighbors. Out of 44 residents, 35 were home and 20 percent had been involved in some sort of accident at that intersection. She said residents shouldn’t have to take risks because of a poorly designed intersection.

“We want something done,” she said.

Miller-Sears said the problem doesn’t just affect residents of the Almond Orchard subdivision, but noted all residents of Winters who frequent the business on Grant Avenue “run the same gauntlet.”

“This is a serious issue and I’m surprised that the city is not taking it more seriously,” she said.

Miller-Sears suggested changing the speed limit on that portion of Grant Avenue from 40 to 25 miles per hour.

Graf agreed that it was a “tremendous problem,” but didn’t think Dr. Andersen’s business would cause any more impacts than already exist.

Marvin Goodrow addressed the planners next, explaining that he had grown up in a southern California town much like Winters and seen it grow beyond recognition. He told a story of purchasing a vase for his anniversary at Winters Antiques and then driving home via Grant Avenue. Goodrow explained that with his daughter at the wheel, his car was struck from behind, totaling the vehicle that struck him and causing extensive damage to his vehicle. The vase was not damaged because it had been buckled in, the planners were told later.

Goodrow told the planners his daughter, a police officer, was angered to hear that no traffic citation had been issued to the other driver; he asked the planners to solve the problem and let him enjoy his retirement in peace.

“I don’t care how you solve the problem; solve it,” he said.

After asking Dr. Andersen what the hours of operation of the clinic would be, the planners expressed their concern over the traffic problem, but approved Andersen’s application.

Jordan told the audience he shared their frustration, noting that Caltrans has its own set of rules. He said they have done their own study of the problems at that intersection “their study shows that it doesn’t warrant anything,” he said.

The planners agreed that it is ridiculous.

Planning commission chairman Joe McCabe told the audience the planners are now aware of the seriousness of the situation and will continue discussion at a future meeting.

Planning commissioner Cecilia Curry encouraged the residents to contact Caltrans directly with their information and concerns, suggesting they fax them in writing.

“Numbers help,” she said.

In other agenda items, the planners took the following action:

~ Clarified setback issues for a possible remodel project at 204 Abbey Street.

~ Agreed to meet with city council members to discuss communication between the two bodies and to delineate responsibilities and the role of the planning commission with regard to certain projects in the city.

The next planning commission meeting will be held on Tuesday, June 28, at 7:30 p.m. in council chambers at City Hall.



# Community

## Gallery greetings



Courtesy photo

The paintings of Father Bruno Segatta will be on display to mark the grand opening of The Arte Junction gallery on Saturday, June 4, 10 a.m. to 8 p.m. at 304 Railroad Avenue, next to Ethnographica. The Arte Junction, owned by Joyce Snyder, will be in this space while work is completed on its permanent home at 7 East Main Street. Segatta, of Florence and Tuscany, Italy, features landscapes utilizing an abstract style with emphasis on color and line. Other artwork will also be on display. For more information call Snyder, 795-3297, or go online to [www.theartejunction.com](http://www.theartejunction.com).

## Senior Citizens Club news

By MARGE SEBASTIAN  
Special to the Express

Our May meeting/potluck was held on Wednesday, May 11 at the Community Center. There was a low turnout as another luncheon in town that some of our members also belong to was held on the same day.

The potluck was very good with a wide variety of dishes. Thanks to all who brought food.

Thanks to Carol White for making all of our place setting holders which everyone got to keep and take home. Secretary Marge Sebastian donated gifts for the oldest mother present, the youngest mother, and the mother with the most children. The honor of oldest mother went to Thelma Schroeder who surprised us with her visit. Oldest mother also went to Juanita Draper. Youngest mother was Sandy

Webster and mother with the most children was Carol White.

We had a lovely drawing of gifts thanks to Ursula Navarro, Fred Ransdell and Sheri Del Toro.

President Dorothy Becker as unable to be with us, but she donated all of our brown bag bingo prizes.

After our potluck we played bingo, and as always, everyone had fun seeing what their prize was.

Our June meeting/potluck will be held on Wednesday, June 8 and you are asked to bring a dish that you would take to a picnic. Also, ladies, wear your mumus and men, wear your Hawaiian shirts. This will be our last meeting due to our summer break and we will be back in October.

We will be honoring our men members for Father's Day.

## CPR, First Aid classes offered

The American Red Cross of Yolo County is holding several CPR and First Aid classes for all ages and occupations in June. Adult CPR and First Aid classes are scheduled for Monday, June 3, and Friday, June 10, from 9 a.m. to 4 p.m. at the Red Cross office, 120 Court Street in Woodland.

Participants will learn First Aid and Adult CPR, and will be trained to use an Automated External Defibrillator (AED), which meets OSHA requirements. A First Aid Only class will be held Tuesday, June 21, 6-10 p.m. Participants will learn how to recognize and re-

spond to emergencies, care for bleeding, burns, fractures, seizures, heat/cold emergencies and poisoning.

CPR for the Professional Rescuer takes place on Saturday, June 18, from 9 a.m. to 6 p.m. This class is recommended for individuals with a professional duty to respond to emergencies. Participants will learn basic medical and legal terminology, one rescuer and two rescuer choking rescue, rescue breathing and CPR, how to use a bag valve mask (BVM) and an AED.

For more information, call the Red Cross, 662-4669.

## Childress to lead painting class

Diana Childress will lead "Painting with Chalk Pastels," at the Davis Art Center, beginning Thursday, June 2, from 7 to 9 p.m. The three-session class will offer students an opportunity to experiment with chalk pastels in a variety of ways.

Noted for their lush texture, rich color and easy portability chalk pastels offer a surprising range of effects. In this class students will explore several techniques for applying pastels to a variety of papers and boards. No prior art experience is needed and all materials will be provided.

Childress' paintings can

be seen locally at the John Natsoulas Gallery, the Art Foundry Gallery in Sacramento and the Blue Hills Gallery in Winters. Visit her website: [www.dianaartist.com](http://www.dianaartist.com), or call 756-6826.

For more information about the class, call the Davis Art Center, 756-4100. The Davis Art Center, 1919 F Street, is open Monday through Thursday from 10 a.m. to 8:30 p.m., and Friday 10 a.m. to 5 p.m. Their website is [www.davisart-center.com](http://www.davisart-center.com).

"Painting with Chalk Pastels" will also be offered on June 23 and July 14, and again in September.

## Al-Anon meets weekly in Winters

Al-Anon meets weekly every Tuesday from 7-8 p.m. at the Presbyterian Church, 205 Russell Street.

The Al-Anon Family Groups are a fellowship of relatives and friends of al-

coholics who share their experience, strength and hope in order to solve their common problems. Their philosophy is that alcoholism is a family illness and that changed attitudes can aid recovery.

## Taking time to remember those who served



Photos by Debra Lo Guercio

A member of the Winters High School band (above) stops to contemplate the veterans memorial at the Winters Cemetery after performing with the band at Memorial Day services on Monday.

Chief Master Sergeant Bryan D. Burns (middle) addressed those who came to pay their respects to fallen soldiers, reminding the crowd that Memorial Day is often "lost in commercialism or drowned in forgetful indulgence."

At far right, Mike Sebastian played "Taps" on the bugle.



## Men with mildly high triglycerides sought

Men, ages 40-65 are needed for a DHA (fatty acid found in fish) Supplementation Study at UC Davis. The purpose of the study is to learn if the type of fat in one's diet is important in determining the risk for cardiovascu-

lar disease (heart and blood vessel disease).

Healthy men with mildly high fat levels (triglycerides) in their blood and not taking lipid-lowering drugs can participate.

Participants will be asked to take a daily di-

etary supplement and complete six study visits on the UC Davis campus, and will receive monetary compensation for participating in the study.

For more information, call 752-5177, press #1 or go to [www.whnrc.usda.gov](http://www.whnrc.usda.gov).

## Y-ME will meet June 13

A Y-ME open door meeting will take place on Monday, June 13, 7 p.m., at the University Covenant Church, 315 Mace Boulevard, at the corner of Mace and Alhambra boulevards in Davis.

"Soul-Shaking: Spiritual Practices & Cancer" will be the subject of Reverend Christine Fry. Fry will explore how various spiritual practices can bring a sense of calm and healing to us when living with cancer, and strengthen the immune system at the same time.

An inflammatory breast cancer survivor, Fry is an ordained minister who leads "Write for Health" groups in Davis, offers spiritual direction to those with life-changing illnesses, and facilitates an on-line healing group through the Unitarian Universalist Church of the Larger Fellowship. She is currently preparing for a course on "Poetry, Illness and Pastoral Care" she will teach at the Graduate Theological Union in Berkeley next fall. There will be time for questions and answers.

Call Y-ME Northern California Affiliate for information or directions to the new location, 753-3940 or toll free at (866) 616-4882. A map of the location is on the Y-ME web site: [www.y-me.org/northerncalifornia](http://www.y-me.org/northerncalifornia). The program is free and open to the public.





# Winters Express

**We are proud to present the  
Winters High School  
Class of 2005**

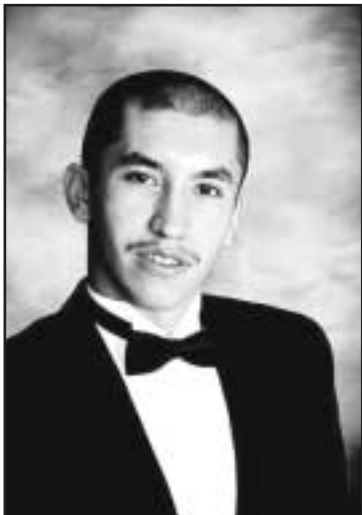
***We wish them all the best  
and a successful future***



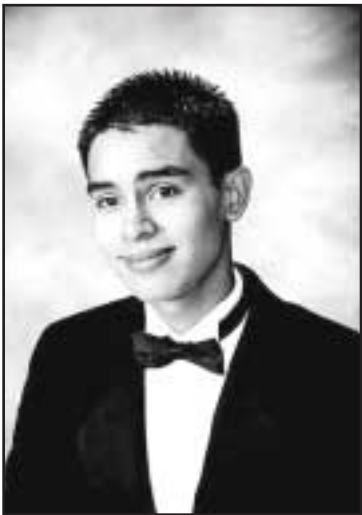
Sachi Abe



Jesse Adams



Abel Aguilera



Felipe Alarcon



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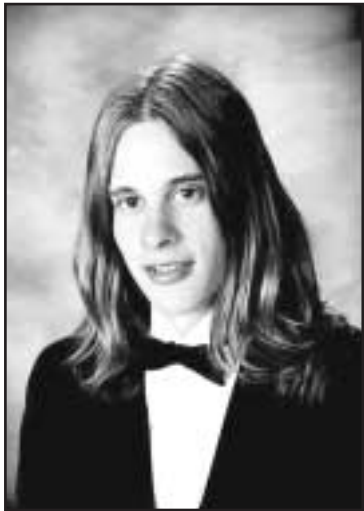
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Keith Caskey



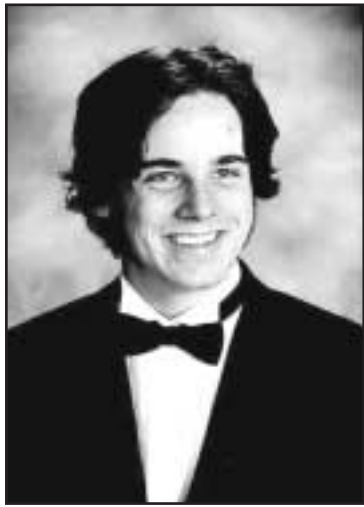
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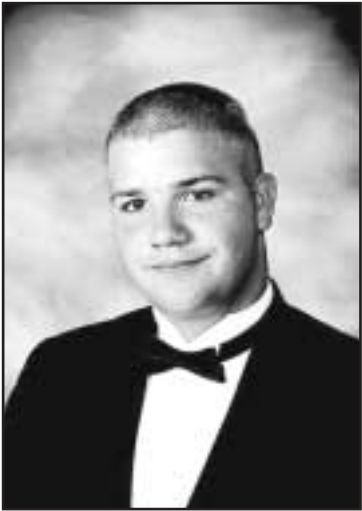


Jose Diaz





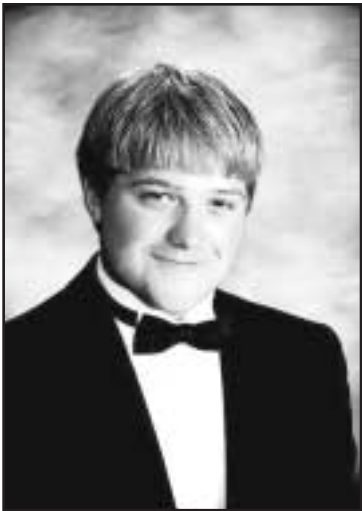
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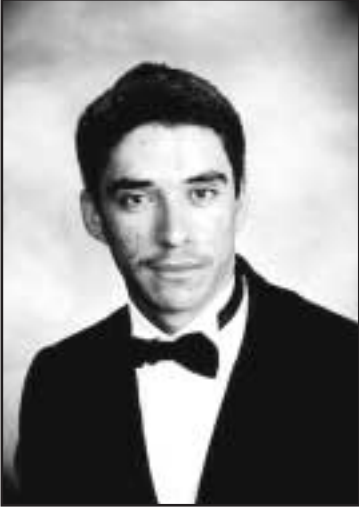
Osiel Herrera



Janet Hill



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Piedad Junez



Robin Keller



Allison Kellogg



Emilie Kimble



Rosemarie Lalicker



Cameron Lovell



Jillian Martinez



Juvenal Martinez



Jillian McDowell



Sharnae McMichael



Tiffany Mentch



Carlos Montez



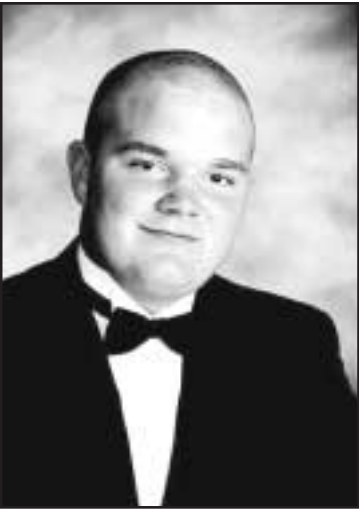
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Gustavo Moreno

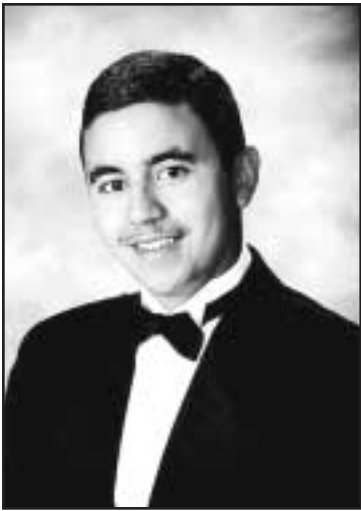


Andrea Morgan



Joshua Olson





Salvador Ortiz



Cara Patton



Melanie Paulk



Renee Penunuri



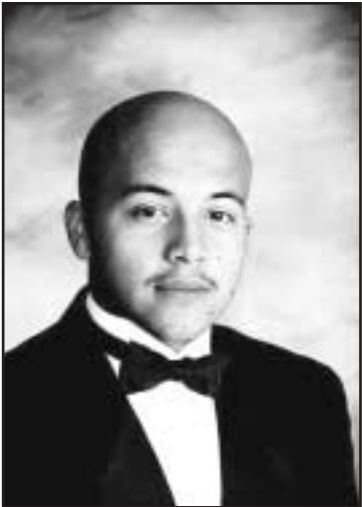
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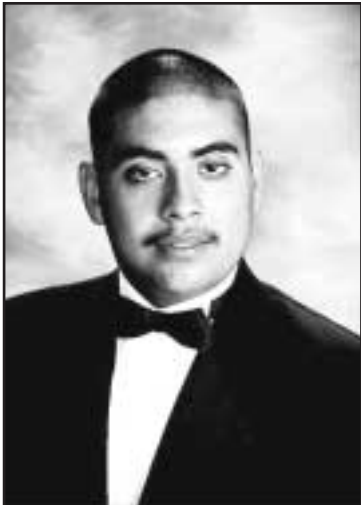
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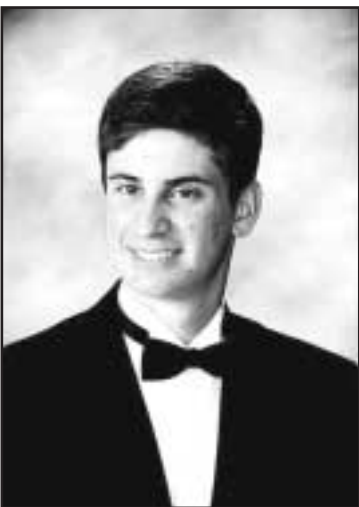
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**LORENZO'S  
TOWN & COUNTRY  
MARKET**

"SERVING WINTERS SINCE 1939"

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Photos not available: Alejandro Bermudez, Joseph Berry, Silvia Cortez, Adrianne Dagen, Brandee Dahringer, Amy Erwin, Daniel Espinoza, Erik Furrer, Ben Galloway, Joshua Garcia, Daniel Gruska, Patricia Lopez, Kaytie Martell, Vanessa Miranda, Jeremy Nelson, Natalia Quintana, Nicholas Ramos, Rene Raygoza, Jr., Anthony Ricker, Zachary Stellatino, Yenivel Valdez, Russell Walls II, Christina Wittmers, Daniel Ayala Zuniga. Nicolas Acevedo, Maame Bosompem.



Justine DeLos Santos



A wonderful event for a wonderful daughter. May all your hopes and dreams come true. Love, your family

Jules Damey



Jules Felicitaciones en tu graduacion y sigue adelante en tus estudios te quiremos tu Papa, Mama, Abuelitos, Tios, Hermano y Primos

Annie Fernandez



Nos encontramos muy orgullosos por tus logros. Te queremos mucho y siempre te apoyaremos.  
¡Felicidades!  
- tus papás, hermanos y familia

We are so proud of our students





Jose Del Rio



Francisco Del Toro



Marisela Duran



Jorge Gracia



Daniel Guzman



Hector Hernandez



Eber Jacobo



Juan Jimenez



Vanessa Mariscal



Derek Rasmussen



Angelica Solorio



Juana Valadez

# Wolfskill holds its final graduation ceremony

On Friday, May 20, at 11:30 a.m., Wolfskill Continuation High School held its third and final graduation ceremony of the year. One of the largest groups to ever graduate from Wolfskill, twelve students were honored in the ceremony. Jose Del Rio, Francisco Del Toro, Marisela Duran, Jorge Garcia, Danny Guzman, Hector Hernandez, Eber Jacobo, Juan Jimenez, Vanessa Mariscal, Derek Rasmussen, Angie Solorio, and Juana Valadez all earned diplomas.

Principal Emilie Simmons opened the ceremony by

welcoming all of the guests and introducing the staff and dignitaries including WJUSD superintendent, Dale J. Mitchell, Ed.D. Teachers Adam Hancock, Tracy Houk-Ishitoya, Deborah Lee and counselor Kathy Blankenship then presented each graduate to the audience with speeches highlighting their lives. Of the twelve graduates, nine will be attending college in the fall, two will go to trade schools, and one will seek an apprenticeship.

Next it was time for audience participation as sever-

al parents, staff members, students and graduates took to the podium to say a few words of congratulations and encouragement.

At the conclusion of the ceremony, superintendent Mitchell declared the students officially graduated and then presented each student with their framed diploma. Finally, families celebrated the occasion by taking pictures and enjoying the refreshments provided by the school.

## Winters 4-H Club enjoys successful spring show

The Winters 4-H club had an amazingly successful year at the Yolo County Spring Show.

In drawing, Krista Blandin received a 3rd place, a 2nd place, three 1st places and an outstanding achievement award; Stefan Blandin received a 2nd place award; Kelsie Sinkovich got a participant award; Sierra Tomas was awarded a first place; and Gabrielle Boisrame received a 2nd place, a Best of Division, a 1st place, and an outstanding achievement award.

In pillow making, Lillian Boisrame got a 1st place and an outstanding achievement; Gabrielle Boisrame got a 1st place; Catherine Anstead got two 2nd places; and Sinkovich got a 2nd place and a 1st place. In candle making Sierra Thomas got a 1st place, a 2nd place, a 3rd place and an outstanding achievement award. In origami, Stefan Blandin won two first places; and Raeanne Ramos won two 1st places, a 3rd place, and a 2nd place. In knitting, Sache Abe received two 1st places; and Krista Blandin received a 1st place.

In baking, Ilene Reynoso received a 1st place. In scrap booking, Katie Ivory won a 1st place.

In covies, Bridgette Elbridge won 1st in primary showmanship, and a 1st and 2nd place for her covies in the senior sow American TSW division. In rabbits, Sierra Thomas won 1st for her Netherland Dwarf, Katie Sinkovich won 2nd place for her Jr. Holland Lop, Shannon Sinkovich received 1st for her Sr. Chocolate Mini Rex, Katie Ivory received 2nd place for her Sr. Mini Lop, Jake Ivory got Best Opposite Breed for his Sr. Holland Lop and 1st place for his Sr. Holland Lop, Danielle Jones received Best of Variety for her Sr. Blue Mini Rex and Best of Variety for her Sr. Broken Mini Rex 3rd for her Sr. Broken Mini Rex and 4th in Small Animal Round Robin, Wyatt Croxon and Jessica Croxon both received a Primary Participation award, John Jones received 1st for his Sr. Tortoise Mini Rex and 3rd in Small Animal Round Robin, Sean Tran won Best of Breed for his Sr. Netherland Dwarf, and

Sydney Dickinson won 1st for her Sr. Netherland Dwarf, 1st for her Jr. Lilac Mini Rex, and Best of Breed for her Harlequin. In rabbit showmanship, Gabrielle Boisrame won 3rd in Senior Showmanship, Danielle Jones won 6th in Junior Showmanship, John Jones won 12th in Novice Showmanship, Sean Tran won 6th in Novice Showmanship, Sydney Dickinson won 4th in Novice Showmanship. In Beef, Jacob Thorne had the Grand Champion Market Steer, won First in Senior Showmanship, and won First in Senior Round Robin; Richard Anstead had the Reserve Grand Champion steer, won Second in Senior Showmanship, and 7th in Senior Round Robin; John Avelar won 3rd in Senior Beef Showmanship; Nick Hayes won First in Junior Beef Showmanship, and 5th in Junior Round Robin.

In Sheep, Brendon Benson won Grand Champion Market Lamb, and 3rd in Senior Sheep Showmanship; Breanne Benson won Reserve Champion Hampshire, 2nd in Senior Sheep Showmanship, 2nd in Senior Round Robin

and had a Group 1 Market Lamb; Katie Anstead had 2 Group 1 Market Lambs, and won 2nd in Junior Sheep Showmanship and First place in Junior Round Robin; Katie Allen had a Group 1 Market Lamb; and Rebecca Allen had a Group 1 Market Lamb.

In Swine, Danny Campos won Grand Champion Market Hog, and 5th Place Senior Swine Showmanship; Bruce Hoskins had a Group 1 Market Hog, and won 1st Place in Senior Swine Showmanship and 10th place in Round Robin; Matt Hayes won Champion Hampshire Market Swine, 2nd Place in Senior Swine Showmanship and 6th place in Round Robin; Sara Hayes had a Group 1 Market Hog; Amanda Baker had a Group 1 Market Hog; and Brittany Hedrick had a Group 1 Market Hog.

In Veal Calf, Hannah Manas won Grand Champion Market Veal Calf, and 4th in Senior Veal Calf Showmanship; and Chelsea Anstead had a Group 1 Market Veal Calf, and won 2nd Place in Senior Veal Calf Showmanship, and 12th Place in Senior Round Robin.

## WCCS celebrates end of year

“One Nation Under God,” is the title of the performance the students at Winters Community Christian Church will be putting on at 7 p.m. on June 2, at 205 Russell Street.

This patriotic program will feature music and readings by the children. Afterwards there will be a time of thanking and honoring the volunteers who have so graciously given their time throughout the year.

“The children have worked hard and are excited to be able to present

this show to the community,” said Connie Badgley, program director, adding, “This is a great time for families to see our school and find out what we are all about.”

Winters Community Christian School is a safe, nurturing environment that offers small classes with lots of one on one help. With next year being the fifth year for WCCS, a pre-kindergarten class will be started in addition to the kindergarten through eighth grade classes.

## Vickrey named to dean’s list

Jack Vickrey, a sophomore at Penn State, was named to the dean’s list for his academic achievements.

Vickrey is a 2003 graduate of Jesuit High School, and is the son of Sandy and John Vickrey, of Winters.



# Sports

## Ramos advances to state meet; Cooley gets fourth

By JAY SHUTTLEWORTH  
SPECIAL TO THE EXPRESS

**HAPPY VALLEY:** In the North Section Track and Field Championships held at West Valley High School last Friday, five Winters High School athletes joined the very best runners from all five of the region's divisions.

Senior Nick Ramos won the 300 meter intermediate hurdles in a season-best time of 39.80. Despite being ranked fifth entering the final, Ramos outpaced previous section leader Josh McOmber of West Valley (sixth place, 41.93) and top-seeded entrant, Brandon Courtney of Chico (fourth place, 41.15). Ramos held a commanding lead with 100 meters remaining, and he beat his closest competitor, Enterprise's Corey Chase (40.77), by nearly a second.

His time eclipsed his 2004 section finals effort of 39.83 and established him as one of only two athletes to win the 300 hurdles twice since the North Section was reorganized in 1979 (Corning's David Landingham accomplished this feat in 1997 and 1998). Ramos will compete in the California

state championships in this event on Friday, June 3, at Hughes Stadium in Sacramento. Ramos was 19<sup>th</sup> last year in the 300 hurdles, and his 2004 effort of 39.39 placed him 12<sup>th</sup> all-time in the North Section.

The mile relay of Josh Sorvari, Robert Warren, Piedad Junez, and Ramos turned in a similarly-impressive fourth-place effort. Because of their second-place finish last week at the Division II Section Championships, the relay team of Warren, Junez, Cameron Lovell, and Ramos did not automatically qualify for the North Section finals.

Winters High School unexpectedly got into last Friday's meet by earning the lone at-large berth for the event — essentially the fastest second-place team of all four division championships. Entering the finals, Winters was seeded sixth out of eight teams.

Running lead-off, Sorvari notched a personal best effort of 52.5 and landed WHS in third place after one lap. Warren's fancy footwork at the end of the three-turn stagger retained this position, but he would be passed by

Red Bluff and Durham athletes before handing off to Junez. Junez ran the finest 400 of his career (52.7) and re-passed Durham as he handed off to Ramos. Ramos clocked a 50.7 effort and tipped Division I power Red Bluff at the finish.

Signaling the significance of the Winters effort, all other teams finishing in the top five (Chico, West Valley, Enterprise, and Red Bluff) were Division I large-schools. Their overall time of 3:31.96 was a WHS record. All runners except junior Robert Warren ran the final mile relay of their high school career.

Junior Natalie Cooley, the Division II section champion in the 800, landed an outstanding fourth-place finish in her specialty (2:33.20). Despite being almost three seconds off her effort in the D-II championships, the North Section final race was much more tactics-oriented — none of the top four athletes improved upon their qualifying marks.

Defending-champion Lindsey Kirschman of Enterprise led teammate Stephanie Frescas and Yreka's Tanya Bower from



Courtesy photo

Nick Ramos (far left) speeds away from the competition in the North Section Track and Field Championships.

the beginning. Cooley led the second pack consisting of Modoc's Jennifer Joyce, Durham's Jamie Waldorf, Yreka's Juliana Weber, and West Valley's Brittany Williams. With about 250 meters remaining, Cooley broke away from the second pack and firmly established herself

in fourth place.

WHS coaching staff and WHS athletic director Tom Crisp believe that Cooley's finish may be the highest North Section placing by a WHS girl since the region was reorganized in 1979. Cooley's qualifying mark of 2:30.5 is a WHS record.

Despite a time conflict with his WHS commencement exercises, Ramos has elected to run in the state championships in Sacramento. For anyone interested in attending his race, CIF officials estimate that the 300 hurdles will begin at 7:55 p. m.

## Last junior cheerleading signups planned

The Winters Jr. Warriors Cheerleading program will hold its last signups for the 2005 season at the Winters High School gym on Saturday, June 4, 10 a.m. to 4 p.m.

The fees for cheerleading this year are \$350. There are no more chances for fund-raising at this time. Payment in full is expected at the fittings.

The first day of practice will be July 25 at Winters Middle School.

For more information, call Jackie Monnin, 795-1020.

## Championship bike race planned along creek

On Sunday June 5, the Davis Bike Club will hold its 14th annual Steve Dun-

lap Memorial Time Trial bicycle race along Putah Creek Road near Winters.

Riders will start at different times and race individually against the clock.

“Fun in the Park” postponed until Tuesday, June 7

## ATHLETE OF THE WEEK

### Kannon Smith



Kannon Smith, a senior on the Winters High School baseball team is this week's Winters Express athlete of the week. Smith, the only starting senior for the Warriors, played a key role as the Warriors only catcher.

“Kannon did a great job for us this year,” said coach Jeff Ingles. “He played every inning of every game. If he would have had an

injury, we would have been in trouble. Kannon erased any doubt of his arm strength early in the season and that took a lot of pressure off the pitchers.”

Because of his successful season Smith earned honorable mention all league, was the Coaches Award winner and earned the Block W Senior Scholar Athlete Award.

## You go, girls!



Courtesy photo

The Little League Girls Softball Athletics dominated the just-completed season, going undefeated with one tie. It was an impressive campaign with a team composed of dominating pitcher Tess Hyer, talented veteran players Ashley Anderson, Katie Clark, Julia Stack, Desirre Padilla, Cierra Russell and Molly Nickelson. First time players Mallory Dunn, Sarah Sisco, Breanna Rosales, Sarah Zentner, Alex Panattoni, Ellie Kreun and Sammie Nickelson all contributed to the team's success.

## LORENZO'S TOWN & COUNTRY MARKET

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# Entertainment

## Next Art Walk takes place Saturday

Find us online: [www.wintersexpress.com](http://www.wintersexpress.com)

The June Art Walk takes place on Saturday, June 4, throughout the day and into the early evening in the downtown area. Some new participants this month include Winters painter and musician Mary King, who will display her watercolor and acrylic paintings at Ficelle (Winters' newest eatery, located directly behind Steady Eddy's), two multi-media artists displaying at Berryessa Gap Winery, and an exhibit at the Main Street Gallery from the MFA Textile Art and Design Program at UC Davis.

The following galleries will participate in the Art Walk:

~ Blue Hills Gallery, 9-J East Main Street, 795-9535, [www.bluehillsgallery.com](http://www.bluehillsgallery.com); "Rough Stuff" through June 26; paintings by Bob Chapla, Clarence Major, Philippe Gandiol, Andrew Fair and others.

~ The Main Street Gallery, 9-I East Main Street, 795-5522, [mainstreetgallery@sbcglobal.net](mailto:mainstreetgallery@sbcglobal.net); UC Davis Textile Art & Design Program MFA exhibition, Fauna Taylor, Danita Cook and Paul Lynch.

~ Karen Schmitendorf, 9-D East Main Street, 758.8896, [kschmitendorf@sbcglobal.net](mailto:kschmitendorf@sbcglobal.net), Art Walk hours: 1-4 p.m. or by appointment; Drawings, paintings, embroidery pieces and large installation projects.

~ Diana Jahns Childress, 9-C East Main Street, 795-9535 or 756-6826, 12-4 p.m. Pastel paintings in progress on display. Childress' work is also on display at the John

Natsoulas Gallery in Davis.

~ Steady Eddy's Coffee House & Juice Bar, 5 E. Main Street, 795-3588, 6:30 a.m. to 4:30 p.m.; photography by Woody Fridae and hand-thrown pottery by Rebecca Bresnick Holmes.

~ Winters Antiques & Ethnographica/Marion Hamilton, 304 Railroad Avenue, 795-3707, 11 a.m. to 5 p.m.

~ The Palms, 13 Main Street, first floor hallway, [www.palmsplayhouse.com](http://www.palmsplayhouse.com); photography exhibit: Winters Tales: Oral History Project; photographer Jamie Chomas's "picture stories" of Winters community members through photographs and accompanying text taken from interviews.

~ Winters Participation Gallery for the Arts, 31 Main Street, 795 5301, 12-7 p.m.; "California Art: Weaving the New Traditions" by the California Indian Basketweavers Association, on display through June 18. Weaving demonstration and class schedule available at the gallery.

~ The Soup Gallery, 311 First Street, 795-1637, [www.signdna@cal.net](http://www.signdna@cal.net), 9 a.m. to 8 p.m.; metal dinosaur sculptures by Darren Scott, Jack Wills' off-guard art and Dave Arguello's unique, touchable paintings.

~ Lester Farms Bakery, 606 Railroad Avenue, 795-1474, 6 a.m. to 2 p.m.

~ Berryessa Gap Vineyards, 15 Main Street, 795-3201; Glen Browning, 11 a.m. to 5 p.m. Two new multi-media artists featured



Courtesy photo

The Blue Hills Gallery is a participating gallery in the Winters Art Walk, which takes place Saturday June 4, 12-6 p.m. The gallery is featuring "Rough Stuff," paintings, inspired by our natural environment, with the accent on texture and intense color. The artists are Bob Chapla, whose artwork is pictured above, as well as Clarence Major, Philippe Gandiol, Andrew Fair and others. Blue Hills is located at 9 East Main Street, Winters. Visit: [www.bluehillsgallery.com](http://www.bluehillsgallery.com) for more information.

this month: Terry Busse, who specializes in fresh colorful compositions inspired by her loving and creative young children, and Carol Gravem, a self-taught artist who surrounds herself with pots of all kinds at work and at home and uses them as in-

spiration in all of her art.

For Art Walk map and list of participating venues, go online to [www.PorFinPottery.com](http://www.PorFinPottery.com) and click on "Art Walk" link, or send email to [Rebecca@PorFinPottery.com](mailto:Rebecca@PorFinPottery.com) or call Joyce Snyder, 795-3297.

## Austin Lounge Lizards return to The Palms

The Austin Lounge Lizards will stop at The Palms on Thursday June 2, as part of their Silver Anniversary Tour. The show begins at 8 p.m.

The Austin Lounge Lizards have delighted audiences from Texas to California, from Canada to the U.K., with their inventive style of satirical folk, country and bluegrass. Based in Austin, Texas, since they formed in 1980, the Lizards have honed their music into a knife-sharp art form.

Trademarks of a Lizards song are highly literate, sharply pointed lyrics that poke fun at politics, love, religion and the culture in

general. For example, among the songs on their latest CD, Strange Noises In The Dark, are the title song-a darkly funny tale of a jilted lover obsessed with his ex; "Phil and Jesse," a sweet ode to retired Senators Phil Gramm and Jesse Helms; the self-explanatory "Why Couldn't We Blow Up Saddam?" and "We Always Fight When We Drink Gin," a touching duet with guest vocals by Kelly Willis.

The Lizard musical style features precise four- and five-part vocal harmonies and instrumental mastery, particularly from Conrad Deisler on guitar, Korey

Simeone on fiddle and mandolin, and Tom Pittman on banjo, dobro, and pedal steel guitar. Rounding out the group are Hank Card on rhythm guitar and Boo Resnick on bass. Lizard arrangements often include harmonies and instrumental parts that are themselves a spoof of the conventions of bluegrass, country, rock, and pop music. So it's no surprise that the group counts among its influences Frank Zappa, George Jones, Flatt & Scruggs and Steve Goodman.

Tickets are \$18 and are available at Kimes Ace Hardware or at the door.

## Spring Sunday in the Country features lavender

Once a year, near the tip of the Capay Valley, you can experience an acre of lavender in full bloom, learn how these resurgent popular plants grow and become quality products all while sipping first-class local wines and relaxing to live music. If lavender makes you and your house more fragrant, and its long-celebrated

medicinal benefits make your body healthier, then taking a spectacular Springtime Valley outing will make spirits soar.

Join Cache Creek Lavender's Annual Lavender Festival in Rumsey on Sunday, June 12, 10 a.m. to 4 p.m. There's no admission, you can pick lavender, hear live music, and taste two new wines just

released from festival participant Capay Valley Vineyard of Brooks. Try the new 2003 Tempranillo and 2001 Syrah along with its ever-popular, award-winning 2003 Viognier.

For directions or more information, visit Cache Creek Lavender's website at [www.cachecreeklavender.com](http://www.cachecreeklavender.com) or call (800) 323-0063.



13 Main Street  
downtown Winters, CA

### Coming up

Thurs. June 2 - Austin Lounge Lizards  
Fri. June 3 - John Reischman & the Jaybirds  
Sat. June 4 - Shana Morrison & Calcedonia  
Thurs. June 9 - Mike Marshall, Choro Famoso  
Fri. June 11 Roy Rogers, Delta Rhythm Kings

## AFTERNOON JAM!

Sunday, June 5th  
2pm-6pm

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# Features

## Pre-diabetes diagnosis is concern

DEAR DR. DONOHUE: My doctor tells me I have "pre-diabetes." I'm not sure what that means or how it's treated. Am I destined for diabetes? What should I be doing for it? — K.M.

ANSWER: Pre-diabetes is indicated by a fasting blood sugar that's higher than normal but not high enough to be considered diabetes. People with it can progress to diabetes. It's sort of a mile marker on the road to diabetes.

After a 10-hour fast, the normal blood sugar should be less than 100 mg/dL (5.6 mmol/L). If it's higher than 125 (6.9), then the person has diabetes. Numbers between those two values indicate pre-diabetes.

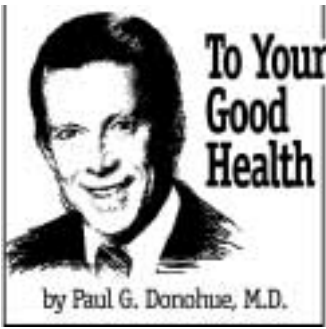
Weight loss, when indicated, is one way to get out of pre-diabetes territory. Losing only 5 percent to 7 percent of current body weight can usually bring the blood sugar down to normal ranges.

Exercise is another important way to lose the pre-diabetes label. People who spend 150 minutes a week in exercise can usually remove the pre-diabetes label. Fat blunts insulin's ability to lower blood sugar. With less fat on board, blood sugar normalizes.

This condition is not just a hazard for developing diabetes. It also leads to heart disease. When the risks for heart disease as well as diabetes are high in a person with an abnormal fasting blood sugar, then the question of prescribing medicine comes to the fore.

The diabetes booklet explains the intricacies of this illness along with its treatment. Readers can obtain a copy of it by writing: Dr. Donohue — No. 402W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

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DEAR DR. DONOHUE: What's the best way to ice an injury like a sprained ankle? Do you just put the ice directly on the ankle and wrap a bandage over it to keep it in place? I'm my school's basketball trainer — with the help of the coach. — J.J.

ANSWER: Cold has a number of beneficial actions for an injury. It constricts blood vessels, and that stops bleeding. In every injury, blood vessels break. You might not see evidence of it, but it happens. Cold stops swelling. It numbs nerves, and that lessens pain.

Don't put ice directly on the skin. Put a towel between the ice and the skin. Gently massaging with ice produces a more uniform drop in temperature throughout the area of injury.

Twenty minutes of icing is long enough.

Freezing water in a paper or plastic-foam cup gives you a handy way to apply the ice. Peel away the paper at the end of the cup that comes in contact with the injury and hold on to the cup with the paper end.

If icing produces pain, stop immediately.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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## Federal dietary guidelines affect food pyramid

What are the new recently released federal dietary guidelines and how will they affect the food pyramid?

The 2005 Dietary Guidelines for Americans, based on a report by an expert panel who reviewed the best available science, are the basis for federal nutrition policy and education. The Dietary Guidelines help Americans make smart choices about food and physical activity to help lead healthier lives. They also influence the direction of government nutrition programs, labeling and the soon-to-be updated food pyramid.

Because the major causes of disease and death in the United States are related to poor diet and a sedentary lifestyle, the following recommendations have been formulated to help prevent diseases such as cardiovascular disease, type 2 diabetes, hypertension, osteoporosis and certain cancers, which are linked to poor diet and physical inactivity.

### Physical Activity

Engage in regular physical activity and reduce sedentary activities to promote psychological well-being and a healthy body weight.

To reduce the risk of chronic disease in adulthood, engage in at least 30 minutes of moderate-intensity physical activity, above usual activity, on most days of the week.

To help manage body weight and prevent gradual, unhealthy body weight gain in adulthood, engage in approximately 60 minutes of moderate to vigorous intensity activity on most days of the week, while not exceeding caloric intake requirements.

To sustain weight loss in adulthood, participate in at least 60-90 minutes of daily moderate-intensity physical activity while not exceeding caloric intake requirements. Some people may need to consult with a healthcare provider before participating in this level of activity.

Achieve physical fitness by including cardiovascular conditioning, stretching



exercises for flexibility, and resistance exercises or calisthenics for muscle strength and endurance.

### Food Groups to Encourage

Consume a sufficient amount of fruits and vegetables while staying within energy needs. Two cups of fruit and 2.5 cups of vegetables per day are recommended for 2,000-calorie intake, with higher or lower amounts depending on the calorie level.

Choose a variety of fruits and vegetables each day. In particular, select from all five vegetable subgroups (dark green, orange, legumes, starchy vegetables, and other vegetables) several times a week.

Consume three or more ounce-equivalents of whole grain products per day, with the rest of the recommended grains coming from enriched or whole grain products. In general, at least half the grains should come from whole grains.

Consume 3 cups per day of fat-free or low-fat milk or equivalent milk products.

### Fats

Consume less than 10 percent of calories from saturated fatty acids and less than 300mg per day of cholesterol, and keep trans fatty acid consumption as low as possible.

Keep total fat intake between 20-35 percent of calories, with most fats coming from sources of polyunsaturated and monounsaturated fatty acids, such as fish, nuts and vegetable oils.

When selecting and preparing meat, poultry, dry beans, and milk or milk products, make choices that are lean, low-fat or fat-free.

Limit intake of fats and oils high in saturated and/or trans fatty acids, and choose products low in such fats and oils.

### Carbohydrates

Choose fiber-rich fruits, vegetables and whole grains often.

Choose and prepare foods and beverages with little added sugars or caloric sweeteners, such as amounts suggested by the USDA Food Guide and the DASH Eating Plan.

Reduce the incidence of dental caries by practicing good oral hygiene and consuming sugar- and starch-containing foods and beverages less frequently.

### Sodium and potassium

Choose and prepare foods with little salt. At the same time, consume potassium-rich foods, such as fruits and vegetables.

### Alcoholic beverages

Those who choose to drink alcoholic beverages should do so sensibly and in moderation — defined as the consumption of up to one drink per day for women and up to two drinks per day for men.

Alcoholic beverages should not be consumed by some individuals, including those who cannot restrict their alcohol intake, women of childbearing age who may become pregnant, pregnant and lactating women, children and adolescents, individuals taking medications that can interact with alcohol and those with specific medical conditions.

Alcohol should be avoided by individuals engaging in activities that require attention, skill or coordination, such as driving or operating machinery.

The full document is available at: [www.healthierus.gov/dietaryguidelines](http://www.healthierus.gov/dietaryguidelines)



ARIES (March 21 to April 19) Your Aries self-esteem level is high, as is your impatience to see more action come your way in the workplace. Good news, Lamb: It could start to happen sooner than you think.

TAURUS (April 20 to May 20) Changing things now could upset a lot of people. But if you feel you're acting because you believe it's the right thing to do, others will understand and even come to support you.

GEMINI (May 21 to June 20) A change of mind might not necessarily be a change of heart. You still want to go ahead with your plans, but you might see a better way to make them happen. So go for it.

CANCER (June 21 to July 22) An old business dispute could re-emerge and possibly affect upcoming negotiations. Consider opening up the situation to include suggestions from others on both sides of the issue.

LEO (July 23 to August 22) Some Leos and Leonas might find it somewhat difficult to get their ideas accepted or even considered. But that's only for a while. Things will soon return to the way you like them.

VIRGO (August 23 to September 22) The pace seems to be slowing down from the hectic on-the-job run you recently enjoyed. But be assured that you're still in the race to pick up new workplace-related goodies.

LIBRA (September 23 to October 22) Seasonal changes create opportunities for busy Librans. However, be sure to balance your workload with your personal life so that you don't overdo it on one end or the other.

SCORPIO (October 23 to November 21) A former critic could make a surprise turnaround and become a supporter. But if your Scorpion sense suspects a questionable motive, who are the rest of us to doubt it?

SAGITTARIUS (November 22 to December 21) Data on a new project seems less than dependable. But it might turn out to be just the opposite. Consult with someone who knows how you might best be able to check it out.

CAPRICORN (Dec. 22 to January 19) Capricorn means face many decisions this week, with the Sea Goat's kids rating high on the considerations scale, especially regarding vacations and upcoming school matters.

AQUARIUS (January 20 to February 18) Showing that you care is what Aquarians do so well. It's your very special skill. And this week, you'll have several chances to show off that gift for a very special person. Good luck.

PISCES (February 19 to March 21) That streak of Piscean wariness should serve you well this week should you be among those who come up against a slippery character offering a fishy deal with nothing to back it up.

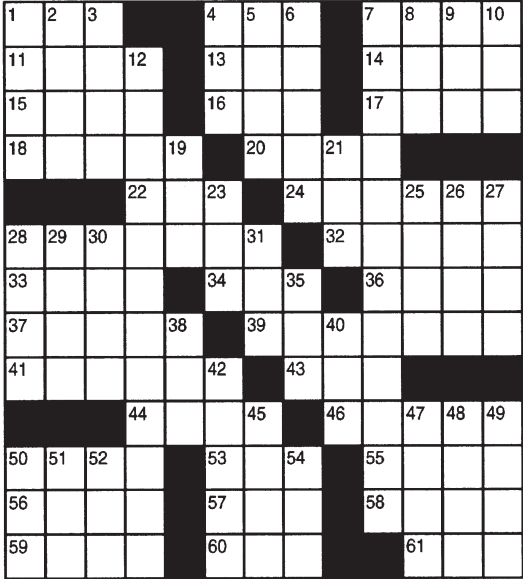
BORN THIS WEEK: You have an artist's sense of how to help others see, as you do, the beautiful things about the world.

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## King Crossword

### ACROSS

- 1 Hot tub
- 4 - Mahal
- 7 Prima donna
- 11 Kite flier's need
- 13 "Uncle Tom's Cabin" girl
- 14 Actor Sharif
- 15 Saxophone range
- 16 Artesian appellation
- 17 Big barrel
- 18 Nut-bearing tree
- 20 Frail
- 22 Dobbin's dinner
- 24 Uniform
- 28 Rubdown bracer
- 32 Show-biz union
- 33 "Rad!"
- 34 "Krazy -"
- 36 Barbershop request
- 37 Motorists' charges
- 39 Pair on Kasparov's team
- 41 Didn't leave
- 43 Appomattox also-ran
- 44 "Dead Poets Society" director
- 46 Loathe
- 50 Underworld bigwig



- 53 Soccer mom's transport
- 55 Atmosphere
- 56 Oberlin locale
- 57 Geological time
- 58 Shri! bark
- 59 "Sorcerer's Apprentice" prop
- 60 Soldier under 43-Across
- 61 Method (Abbr.)
- 5 State under oath
- 6 Shondell's lead
- 7 Redding's perch
- 8 "Little Teapot"
- 9 Anatomical duct
- 10 Noah's craft
- 12 Michael J. Fox movie
- 19 Derisive laugh
- 21 Healers' org.
- 23 Hearty laugh
- 25 Other (Sp.)
- 26 Journey
- 27 Easter entrees
- 28 Gospels followed up
- 29 Booty
- 30 Soft-drink flavor
- 31 Type of retriever, for short
- 35 Up to
- 38 Witness
- 40 Abundance
- 42 Loon, e.g.
- 45 Exceptional
- 47 Palette array
- 48 Paris airport
- 49 Knocks
- 50 Intimidate
- 51 Discoverer's call
- 52 Wrestling victory
- 54 Apprehend

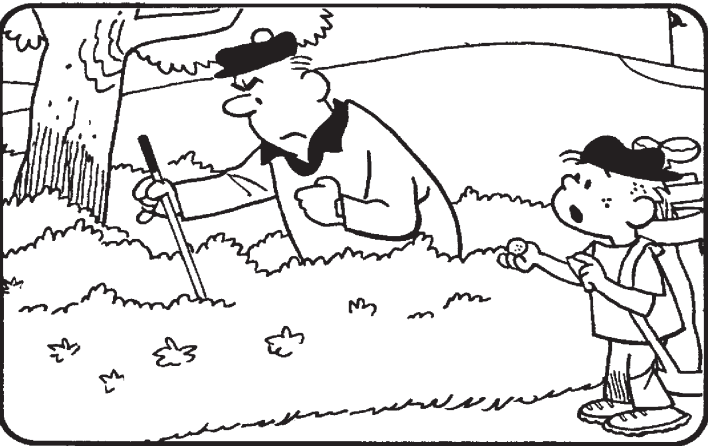
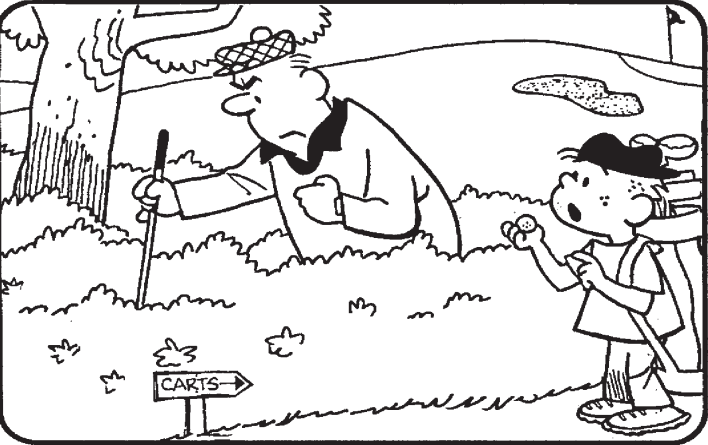
### DOWN

- 1 Q-tips end
- 2 Heap
- 3 Initial chip
- 4 X rating?

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.  
Differences: 1. Golf club is moved. 2. Sign is missing. 3. Cap is different. 4. Trap is missing. 5. Arm is moved. 6. Shirt is different.

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## Pleased to meet you



**Name:** Vickie Jacobs  
**Occupation:** Mortgage loan consultant with Young Mortgage.  
**Hobby:** Golf  
**What's best about living in Winters:** "I like living in the town where I grew up."  
**Fun fact:** Is still living in the house she was raised in.

## King Crossword

### Answers

S	P	A	T	A	J	D	I	V	A
W	I	N	D	E	V	A	O	M	A
A	L	T	O	N	O	M	C	A	S
B	E	E	C	H	W	E	A	K	
			H	A	Y	S	M	O	O
A	L	C	O	H	O	L	A	F	T
C	O	O	L	K	A	T	T	R	I
T	O	L	L	S	B	I	S	H	O
S	T	A	Y	E	D	L	E	E	
			W	E	I	R	A	B	H
C	A	P	O	V	A	N	A	A	R
O	H	I	O	E	R	A	Y	E	L
W	A	N	D	R	E	B	S	Y	S



# Nuestras Noticias

## Desde Washington: La disparidad con México

Ya sea que usted crea que los mexicanos ayudan o no a Estados Unidos, hay una verdad que debe aceptar: el trabajo en este país paga mucho mejor. Un mexicano de clase trabajadora gana aquí cinco a seis veces más que lo que ganaría en su país, si pudiera encontrar un trabajo similar. Esa verdad es tan obvia que parece un cliché. Aun así permanece fundamentalmente ausente del actual debate sobre cómo reformar el sistema de inmigración estadounidense. Mucho se dice hoy en este país acerca de fortalecer la frontera, crear programas de trabajadores temporales, castigar a los empleadores o restringir el uso de licencias de conducir, pero el triste hecho es que ninguna de esas “soluciones” atiende el problema esencial — una persistente y amplia disparidad de ingresos entre Estados Unidos y México.

Incluso la propuesta de reforma a la inmigración presentada este mes por los senadores John McCain (R-Arz.) y Edward Kennedy (D-Mass.), la más exhaustiva y progresista en años, está más preocupada por que la política de inmigración en este país sea más humana que por tratar el tema de la disparidad en salarios entre México y Estados Unidos. El proyecto de ley formula en detalle un programa de trabajadores temporales — crea nuevas categorías de visas y cuotas y un sistema seguro de identificación para empleadores — pero sólo provee vagas indicaciones de que esa disparidad puede ser un problema o una responsabilidad que debe asumirse.

¿Por qué tanto desgano? ¿Cómo puede una propuesta que pretende reducir el flujo de trabajadores mexicanos ilegales a los Estados Unidos no considerar seriamente las causas del problema? ¿Mejorar las condiciones de los trabajadores inmigrantes no promoverá el ingreso ilegal de otros,

como arguyen muchos, mientras la disparidad salarial continúe sin atenderse?

Para vencer dicha disparidad es obvio que México debe reducir su brecha de desarrollo con Estados Unidos y elevar salarios. Lo que es igual de aparente es que los estadounidenses no sienten, por lo menos en este momento, que tienen una responsabilidad o incluso un interés en reducir esa brecha por medio de inversión de recursos y experiencia. Esto difiere mucho de la obligación que sintieron hacia Europa, por ejemplo, después de la Segunda Guerra Mundial, o que la Unión Europea asumió hacia sus miembros más pobres. México y Estados Unidos tal vez compartan una frontera de más de 3000 kilómetros, pero su sentido de un futuro compartido no parece tener una profundidad de más de tres centímetros.

En este país se tiene la firme impresión de que los problemas de México son de fabricación propia y le corresponde a los mexicanos resolverlos. Es por eso que el ex funcionario de la administración Bush, Richard A. Falkenrath, y otros dicen que la idea de proporcionar significativa ayuda estadounidense a México es impensable. En efecto, México necesita desesperadamente recolectar más impuestos, reformar su sector energético y sus leyes laborales — curándose a sí mismo al remover restricciones estructurales que lo hacen más un país tercermundista que una potencia económica como la que podría ser.

El tratado de libre comercio firmado hace más de 10 años por Canadá, Estados Unidos y México, debía haber generado más empleos en México, elevado salarios y, por consiguiente, reducido el interés de emigrar. Pero resultó que eso fue mucho pedir. De hecho, NAFTA no ha generado la cantidad pronosticada de nuevos empleos ni ha aliviado la

pobreza en muchas áreas de México. Para eso, según un informe sobre NAFTA del Institute for International Economics que se publicará próximamente, será necesario un “período sostenido de fuerte crecimiento y transferencia substancial de recursos a los estados más pobres”.

Hay algunos en este país, una minoría a decir verdad, que dice que Washington debe involucrarse más directamente. De lo contrario, afirman, México no podrá reducir las disparidades por lo menos en otros 100 años. Entre ellos se encuentra Robert Pastor, ex funcionario de Carter que ha abogado incansablemente por un Fondo Norteamericano de Inversión. Pastor cita un estimado del Banco Mundial en 2000 según el cual México necesitaría 20,000 millones de dólares anuales por una década en proyectos esenciales de infraestructura y educación para reducir esos 100 años a 10.

Pastor no guarda ninguna ilusión de que dicho fondo se creará pronto. Ciertamente la administración Bush no ha planteado ideas de tal magnitud dentro de la recientemente lanzada Asociación para la Seguridad y Prosperidad de Norteamérica, el último proyecto ambiciosamente bautizado que ni siquiera tratará el tema de inmigración a pesar de que la inmigración está directamente conectada con la seguridad y la prosperidad.

La administración y el congreso, ante un público cada vez más temeroso y resentido con los inmigrantes particularmente mexicanos, enfrentan escasa presión para profundizar el compromiso estadounidense en México. Pero esos sentimientos prolongan la inmigración ilegal en la medida en que distraen a la ciudadanía y a sus líderes haciéndoles creer que si se ponen suficientes barreras los mexicanos se irán.

## Menos campaña y más gobierno

El gobernador Arnold Schwarzenegger fue electo gracias a la profunda insatisfacción con la manera ausente de gobierno de Gray Davis y su dependencia de los intereses especiales, reflejado a través de las contribuciones millonarias que recibía el demócrata. No pasó mucho tiempo, apenas 18 meses, para que el actual jefe de gobierno supere a su predecesor en muchos de estos aspectos que tanto le criticó en su momento. Schwarzenegger y su entorno podrán dar todas las explicaciones que deseen; sin embargo, las pruebas son contundentes sobre la actual contradicción entre las palabras del candidato y los hechos del gobernador.

Schwarzenegger, por ejemplo, esta semana igualó el récord de Davis en días de ausencia por viajes fuera del estado. La diferencia es que al demócrata le tomó cinco años en alcanzar los 118 días de ausencia, mientras que el actual gobernador lo hizo en menos de dos años. De igual manera en la recaudación de fondos. El republicano ha superado con creces a su antecesor en la suma de dinero recibida por parte de grupos de dentro y fuera de California con intereses en juego en las decisiones gubernamentales. Los viajes fuera del estado para obtener dinero, con el fin de respaldar sus reformas, parecenser una norma y no la excepción.

El fin de semana pasado

sirve de muestra, cuando visitó tres estados que le redituaron entre dos y tres millones de dólares para sus reformas presupuestarias, de redistribución de distritos y para los maestros. El gobernador también parece distanciado del sentir de los californianos cuando amenaza con elecciones especiales para votar su agenda, ya que la gran mayoría de los californianos prefieren esperar a las elecciones regulares de junio de 2006, como lo muestran las encuestas. Schwarzenegger asegura que las firmas recaudadas para sus iniciativas son la prueba del respaldo a la reforma y a la elección especial, confundiendo así la voz de la opinión pública con la eficiencia de una industria elec-



JUAN FERNANDEZ  
EVENTOS Y COMENTARIOS HISPANOS

## Recuerdo con rostro inmigrante

Los acordes de una guitarra resonaron en el cementerio sin criptas, sin flores y de tierra rasa color café del desierto de California al empezar una ceremonia de recuerdo de 350 indocumentados muertos y olvidados en Holtville. Ca. “México, lindo y querido/ si muero lejos de ti/ que digan que estoy dormido/ y que me traigan a aquí...”

Era parte del homenaje que los activistas de derechos civiles en la región y representantes religiosos del sur de California daban a indocumentados que en los últimos años han perdido la vida luego de cruzar la frontera de California e internarse en el desierto o en cauces mortales de canales. Sus tumbas, identificadas únicamente con pequeñas placas de concreto y las palabras de “desconocida” y “desconocido”, fueron arregladas por sus visitantes. Una flor para cada sepulcro, unas palabras para todos.

Los vivos vinieron a “exigir que estos muertos tengan nombre”, señalaron la abogada Claudia Smith y la directora del Albergue del Desierto en México, Mónica Oropeza.

La Cancillería mexicana ha anunciado un programa que permitirá a los consulados identificar a los próximos indocumentados que al perder la vida en la frontera estadounidense no traigan consigo documento alguno que permitiera conocer su nombre o su lugar de origen o a quienes buscaban al venir a Estados Unidos.

Pero Smith indicó que hasta esta fecha hay unos mil indocumentados en su mayoría mexicanos enterrados en cementerios como el “panteón de los migrantes sin nombre de Holtville”, para los que las organizaciones piden ese mismo beneficio de identificarlos y entregarlos a sus familiares. “La interrogante principal que se plantean los grupos es si el nuevo sistema de identificación del gobierno de México será sólo para los que pierdan la vida anónimamente de aquí en adelante, o si también incluirá a los cerca de mil migrantes sin nombre que hoy en día yacen abandonados en cementerios fronterizos”, indicó Mónica Oropeza.

Los acordes del trío de guitarristas parecían poner marco a las palabras de la directora del centro de asistencia para menores de edad deportados por la región fronteriza en la ciudad de Mexicali, en México. Los músicos tocaban Las golondrinas, una triste melodía de despedida arraigada en la cultura mexicana cuyo sentido es dejarse sentir la pena del adiós y, como hoy, derramar algunas lágrimas, aun cuando las quisieran esconder o borrarlas con las manos y las mangas de su ropa.

El sentido no mencionado por los activistas es que en el fin de semana que los estadounidenses recuerdan a sus héroes de guerra, ellos han venido a recordar a los indocumentados que perdieron la vida al venir a buscar un mejor futuro para sus familias o a encontrarse con sus familiares en este país. El gobierno federal mexicano a menudo se ha referido a unos 10 millones de dólares anuales que viven en Estados Unidos y envían cerca de 17,000 millones de dólares anuales a su país como héroes mexicanos.

El otro sentido que los activistas y los religiosos han dado a la ceremonia de recuerdo a los indocumentados desconocidos es el inicio del período del año más peligroso para los que cruzan la frontera, el verano. “Este fin de semana marca el inicio del verano, el período del año en que mueren más indocumentados al cruzar la frontera de Estados Unidos” indicó Oropeza, cuyo refugio ha visto el impacto del desierto en jóvenes y niños que han sobrevivido a las caminatas en el desierto.

Los desiertos de California y de Arizona son las dos regiones que registran actualmente los mayores flujos de indocumentados, pese a lo peligroso del período y a las advertencias de autoridades de ambos lados de la frontera.

Los esfuerzos de grupos que dejan agua al paso de los indocumentados para evitar que cada año entre los meses de mayo y septiembre sigan perdiéndose vidas y que algunos de los inmigrantes terminen en los cementerios como el de Holtville.

Suscribase llamando al  
Winters Express  
795-4551



# ¡Felicidades!



# Classified Ads - The Market Place for Winters

**Help Wanted**  
Round Table Pizza in Winters is now accepting applications for both day and night shift positions. We are also interviewing for a daytime cashier/delivery driver. Must be over 18 and have a current CA Drivers License. Please apply at 196 East Grant Ave. Winters  
18-2tc

Need part time house cleaner. Needs own car. Call (cell) 707-592-1676.  
18-1tcc

Pest Control Route Tech wanted for California's fastest growing pest control co. We are looking for a motivated, self-directed person to represent a co. dedicated to excellence. Must have good DMV. Apply: Clark Pest Control 811 Eubanks Dr. Vacaville or 707/446-9748

**Fictitious Business Name**

FILED YOLO COUNTY CLERK/RECORDER May 11, 2005  
FREDDIE OAKLEY, CLERK  
Elizabeth Montoya, Deputy  
FBN NUMBER 2005-543  
The following person(s) is/are doing business as: Regalare, 11 Main Street, Winters, CA 95694.  
Full name of registrant(s), residence address, Julie Ann Fuller, 414 Edwards Street, Winters, CA 95694.  
Lanette McClure, 70 Barber Avenue, San Anselmo, CA 94960..  
This business classification is: A Limited Liability Company.  
The registrant commenced to transact business under the Fictitious Business Name or names listed above on May 11, 2005.

s/Julie Ann Fuller  
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.  
State of California, County of Yolo  
FREDDIE OAKLEY County Clerk/Recorder - s/Elizabeth Montoya, Deputy Clerk  
May 19, 26, June 2, 9

**Advertisement for bids**

**SECTION 00020  
ADVERTISEMENT FOR BIDS:**

NOTICE IS HEREBY GIVEN THAT THE BOARD OF TRUSTEES, **ESPARTO UNIFIED SCHOOL DISTRICT**, of the County of Yolo, State of California, will receive up to and no later than **3:00 p.m., June 9, 2005**, sealed bids for the award of a contract for the furnishing of all labor, materials, transportation and services required for the **Construction of a Covered Colonnade at Esparto Middle School on 26058 County Road 21A, Esparto, California 95627** and such bids shall be received at the District Office, **6675 Plainfield St., Esparto, California 95627** .. and shall be opened and publicly read aloud at the above place and after receipt of all completed Bid packets.

Each bid must conform and be responsive to this invitation and the Contract Documents. Copies are on file and open to public inspection at the Office of the District and may be obtained upon **deposit of Fifty Dollars (\$ 50.00) per set** from the Office of the Architect,

**DWAYNE E. EVANS, A.I.A., 15393 State Highway 299 West, P.O. Box 2760, Shasta, CA 96087 (530) 241-6600**

This deposit will be refunded in whole if the holder has submitted a bid and if the set or sets delivered are returned in good condition within ten (10) days after the bid opening. Request for sets of plans in excess of two (2) sets shall be considered purchased and not be refundable.

Each Bid shall be accompanied by a certified or cashier's check or bid bond made in favor of the Board of Trustees, **Esparto Unified School District, Esparto, California**, executed by the bidder as principal and a satisfactory surety company as surety, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as guarantee that the bidder shall execute the Contract if it be awarded to him in conformity with the Contract Documents and shall provide the surety bond as specified therein within ten (10) days after notification of the award of the contract of the bidder.

It shall be mandatory upon the Contractor to whom a contract is awarded, and upon all subcontractors under him, to pay not less than the general prevailing rate of per diem wages to all workmen in the execution of the contract. Pursuant to the provisions of the California State Labor Code, and local laws thereto applicable, the said Board of Trustees has ascertained the prevailing rate of wages in the locality where this work is to be performed, for each craft and/or type of workman or mechanic needed to perform this contract. General Prevailing Wage Rates shall be those rates pertaining to the county in which the work is being performed as published by the Director of Industrial Relations pursuant to the California State Labor Code, Part 7, Chapter 1, Article 2, Section 1770, 1773 and 1773.1.

The Bid Bond, Faithful Performance Bond and the Labor and Material Bond must be issued by an Admitted Surety, an Insurance organization authorized by the Insurance Commissioner to transact business of insurance in the State of California during this calendar year. Failure to meet this requirement on one or more of the required bonds will result in the rejection of the bid.

Copies of the Prevailing Wage Schedules are available for public review in the County Clerk's Office, County Courthouse, in the county in which the work is being performed. The General Prevailing Wage Determinations and the General Prevailing Wage Apprentice Schedules made by the Director of Industrial Relations are available on the **INTERNET** at [www.dir.ca.gov](http://www.dir.ca.gov).

No bidder may withdraw any bid for a period of Sixty (60) calendar days after the date set for the opening of bids.

Esparto Unified School District reserves the right to reject any and all bids or waive any defect or irregularity in bidding.  
**ESPARTO UNIFIED SCHOOL DISTRICT**  
Dr. Tom Michaelson  
**Superintendent**  
May 26, June 2, 10

**Help Wanted**  
**Bakery Clerk**  
Friendly person needed to work early a.m. shift, two days per week and Sundays. Apply at 606 Railroad Ave., Winters.  
18-3tc  
**Cake Decorator**  
Dependable person needed to fill, form and decorate cakes. Early a.m. 2-3 days per week and Saturdays. Experience not necessary. Apply at 606 Railroad Ave., Winters.  
18-3tc

Pharmacy Technician Train for a new career in 8 months. Many job opportunities after graduation. Day start 6/29 Evening start 6/16  
Trinity College  
804 West Texas Street  
Fairfield, CA 94533  
Call Now 888-503-4576  
[www.trinitycollege.com](http://www.trinitycollege.com)

Driver  
**SCHOOL BUS DRIVERS**  
CA State School Bus Certificate, Class A or B, current Medical & First Aid.  
\$13.56-\$17.30/hr.  
Apply at Travis U.S.D. 2751 DeRonde Dr., Fairfield. (707) 437-8232  
Sue Carlson or apply online [www.travisusd.k12.ca.us](http://www.travisusd.k12.ca.us)  
By 6/10/05, 4pm

**Fictitious Business Name**

FILED YOLO COUNTY CLERK/RECORDER May 10, 2005  
FREDDIE OAKLEY, CLERK  
Kimberli Johnson, Deputy  
FBN NUMBER 2005-540  
The following person(s) is/are doing business as: Rumsey Canyon Inn B&B, 2996 Rumsey Canyon Road, Rumsey, CA 95679-0066.  
Full name of registrant(s), residence address, Sylvia B. Post, 2996 Rumsey Canyon Road, Rumsey, CA 95679-0066.  
This business classification is: An individual.  
The registrant commenced to transact business under the Fictitious Business Name or names listed above on May 10, 2005.

s/Sylvia B. Post  
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.  
State of California, County of Yolo  
FREDDIE OAKLEY County Clerk/Recorder s/Kimberli Johnson, Deputy Clerk  
May 19, 26, June 2, 9

**Fictitious Business Name**

FILED YOLO COUNTY CLERK/RECORDER May 10, 2005  
FREDDIE OAKLEY, CLERK  
Valerie Clinton, Deputy  
FBN NUMBER 2005-537  
The following person(s) is/are doing business as: Bijou, 126 Colby Lane, Winters, CA 95694  
Full name of registrant(s), residence address, Joan Wilkening, 126 Colby Lane, Winters CA 95694.  
This business classification is: An individual.  
The registrant commenced to transact business under the Fictitious Business Name or names listed above on May 1, 2005..

s/Joan Wilkening  
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.  
State of California, County of Yolo  
FREDDIE OAKLEY County Clerk/Recorder s/Valerie Clinton, Deputy Clerk  
May 19, 26, June 2, 9

**NOTICE OF PETITION**

Notice of Petition to Administer Estate of Naum Jeffrey Freeman a.k.a. Naum Jeffrey Phleger  
Filed Yolo County Superior Courts  
May 12, 2005  
Case # PB-05-96  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Naum Jeffrey Freeman a.k.a Naum Jeffrey Phleger, deceased.  
A PETITION FOR PROBATE has been filed by Karen Schall in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Kyle Freeman be appointed as personal representative to administer the estate of the decedent.  
The PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on July 15, 2005, 8:30 a.m. Dept. 11, 812 Court Street, Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.  
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A request for Special Notice from is available from the court clerk.  
Petitioner  
Kyle Freeman  
3665 Lakeview Court  
Santa Maria, California 93455  
Published May 26, June 2, 10

**Help Wanted**  
Massage Therapy  
Learn Swedish, deep tissue & sports massage therapy. Accupressure & reflexology  
Day start 6/8  
Night start 6/30  
Trinity College  
804 West Texas Street  
Fairfield, CA 94533  
Call Now 888-503-4576  
[www.trinitycollege.com](http://www.trinitycollege.com)

Medical Assisting  
Train to work in hospitals, doctors' offices & clinics!  
Day Start 6/14  
Night Start 6/13  
Trinity College  
804 West Texas Street  
Fairfield, CA 94533  
Call Now 888-503-4576  
[www.trinitycollege.com](http://www.trinitycollege.com)

**AUTOMOTIVE**  
Lube Tech, F/T & ASE Cert. Diagnostic & Drivability Tech, F/T. Apply in person: Monty's Automotive, 803 Vaca Valley Parkway, Ste. A, Vacaville.

Customer Service  
KETTLE KORN CO. seeks F/T & weekend help to sell & pop Kettle Korn at Farmer's Markets & events. Must be self-motivated & friendly. Will train.  
Approx. \$8 - \$14+/hr. F/T benefits available.  
Apply In Person: 4690 E. Second St. #9 Benicia. M-F, 8am-5pm.

**POSTAL JOBS**  
\$15.44 - \$21.40 per hour, now hiring. For application & free Gov't. job info, call American Assoc. of Labor 1-913-599-8226, 24 hrs.

**AUTOBODY TECH**  
Certified journeyman for DRP Shop. F/T with benefits. (530)756-0350

**Autos for Sale**

1994 Ford Bronco 4WD, 90k miles. New V8 (engine only 3000 miles) good condition - great work truck. \$5,500 obo. 530-795-0450

SE VENDE 1994 Ford Bronco 4WD, 90,000 millas, nuevo motor V8 con solamente 3,000 millas. Buena troca para trabajo. \$5,500 o mejor oferta. 530-795-0450

1995 Jeep Grand Cherokee, fully loaded. Leather interior. Excellent condition. \$7,000. Tom (530)756-5262.

2000 Saturn SL2 4 door. A/C, ps, pb, pw, pl, cc. 68,700 miles. \$4,500. (530)756-2452.

88 Civic, 4 door, AT, runs great, AC, CD, \$1100. (530)753-1815

1998 Toyota Camry LE, 4 cylinder, AT, loaded, excellent condition. 114k miles \$6900 obo. (530)753-2170

1983 Ford E150 with wheelchair lift. 80,000 miles. call Ray, (530)756-1989. \$2,500 obo.

**Help Wanted**  
Warehouse Asst.  
KETTLE KORN CO. seeks hardworking, organized & reliable shop help. Job duties incl.: equipment & gen. maintenance, packaging & processing line work, some shipping & receive & other lt. janitorial duties. \$9/hr. + med. bnfts. Apply In Person: 4690 E. Second St. #9 Benicia. M-F, 8am-5pm.

**MEDICAL RECEPTIONIST**  
F/T, Good Benefits at Dixon Family Practice. Bilingual (Eng/Spanish) written and verbal, one year's experience in clinic setting, or satisfactory completion of a medical receptionist program. Current CDL, auto ins., and transportation. Fax resumes to (707)635-1641. EOE

Motorcycle & Boating Enthusiasts  
Vacaville  
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SE VENDE 1994 Ford Bronco 4WD, 90,000 millas, nuevo motor V8 con solamente 3,000 millas. Buena troca para trabajo. \$5,500 o mejor oferta. 530-795-0450

1995 Jeep Grand Cherokee, fully loaded. Leather interior. Excellent condition. \$7,000. Tom (530)756-5262.

2000 Saturn SL2 4 door. A/C, ps, pb, pw, pl, cc. 68,700 miles. \$4,500. (530)756-2452.

88 Civic, 4 door, AT, runs great, AC, CD, \$1100. (530)753-1815

1998 Toyota Camry LE, 4 cylinder, AT, loaded, excellent condition. 114k miles \$6900 obo. (530)753-2170

1983 Ford E150 with wheelchair lift. 80,000 miles. call Ray, (530)756-1989. \$2,500 obo.

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95 Dodge Spirit 60k miles, excellent condition. A/C new CD player. Great interior \$3000 obo call Robert (530)759-9212.

98 Pontiac Bonneville SE. Leather interior in great condition. Car in excellent shape. 102k miles. runs great. A/C, CD player. \$4,400 obo. Call Robert (530)219-4502.

1991 Original Owner, well-maintained, two-wheel drive, Ford Explorer with 149,000+ miles. Still gets very good mileage, very clean and reliable, good value-take a look. Phone (530)304-0676. Blue on Blue. \$2400/ obo.

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'93 TransAm. LT1, 107k, red, AT, loaded, CD, tint, flowmaster \$3,800. (530)666-6603

2001 Honda CBR600F4i. Extras. Excellent condition, 6,700 miles, (530)220-4340, \$4,599 obo

BMW 525i 1995. 4dr, manual transmission, Silver, leather interior. Great condition, 145k miles, \$5,500 (530)304-7121

2002 Monte Carlo SS. 30k miles, all options including OnStar, under factory warranty. \$14,950. (530)756-8784

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**Autos for Sale**

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Horse boarding. 5-acre pasture, large paddocks, arena, round pen, access to trails; incl hay. \$145/mo. 795-4084. 4-tfn

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Find your next home in the Winters Express

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Baby jogger, 2-seater (orig. Twinner), very good shape, new tires, hand brake, sunshade. \$130. (530) 756-6879.

Ludwig Upright Piano Circa 1914, with original claw and ball stool. \$4,000. (530) 753-3609.

POOL SLIDE Aqua Slide, right curve, exc. cond. \$700. (707) 446-6596

DINING SET: Large heavy maple table 42Wx65L, (4) chairs, perfect condition, \$250. (707) 429-3375.

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RETAIL SPACE: 2,400 sf. downtown Winters on Main Street w/parking. 795-3020, ask for David or Al. 16-tfn

## Rentals

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~ 3/2 house, avail mid-June. \$1,325/mo.  
~ 3/2 duplex \$1,150/mo.  
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~ 4 bdrm 2 bath. Includes water/garbage. \$1600/mo Call Sandy at 681-8939 for more information. tfn

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Beautiful restored Victorian, downtown Winters. Lake Berryessa. New 3/2 w/office. Lg. 2- car garage. New stainless steel appliances and refrig. Central H/A, w/d hook-up. RV/boat parking. \$1495/mo. Small deposit. 707-712-2661. 16-3tp

Cheap rent, close to UCD: purchase 1bdr/1bth trailer at Davis Mobile Estates (\$9.5k) plus \$325/mth rent. (530) 304-0120

1910 Doris Court, 3/2. 2 car garage, very clean, nice yard. CH/A, yard maintenance included. \$1,500/ month. (916) 225-2800.

## Rentals

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1 Bedroom/ Private Entrance, \$650/mo. garden, utilities, SBC-interent included. Cable, telephone ready, furnishings available. N/S, N/P. (530) 759-2058.

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