

Who is this?



Find out on page B-4

"Gateway to the Monticello Dam"

Winters Express

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Warriors
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— Page B-1



Photo by Debra Lo Guercio
Officer Jose Ramirez is the Winters Police Officer of the Year.

Ramirez is Winters' Officer of the Year

By DEBRA LO GUERCIO
Express editor

It there's anything sweeter than being recognized for your accomplishments, it's being recognized by your peers. Not once, but twice.

Winters Police Officer Jose Ramirez knows how that feels. For the second time in his 12-year career, he was named Winters Police Officer of the Year at a countywide celebration held at the American Legion Hall in Woodland in March.

"That's why it's a real honor. It's humbling to have your peers think of you so highly," says Ramirez.

That is particularly true when some of your peers are from your hometown, where people may have preconceived notions

about a person. In Ramirez' case, that isn't a hindrance. A true Winters native who attended Winters schools his whole life, Ramirez knew two of his fellow Winters officers, Todd Barnett and Albert Ramos, while he was growing up.

Having lifelong community ties makes working in one's own community as a police officer even more meaningful, says Ramirez. Working in another town would just be "a paycheck and a badge number."

"Here, it's personal," he says.

However, he admits that a long history with people in the community can sometimes make the job more difficult too. For example, among his least favorite duties is to have to

See OFFICER on page A-7



Photo by Debra Lo Guercio
Seth Hankins and Jacob McGlue duke it out on the inflated jousting ring at the Youth Day Kids Faire.



Photo by Debra Lo Guercio
Rebekah Snyder, 3, had her hands full and her mouth too, with a wad of cotton candy bigger than her head.



Photo by Debra Lo Guercio
Robert Fischer was among the loyal Chihuahua fans marching in the Youth Day Parade. The Chihuahua Lovers of Winters won first place in the "novelty" category.

YOUTH DAY — HURRAY!

By DEBRA LO GUERCIO
Express editor

Although the Youth Day Committee had to go begging for help this year, their struggles weren't evident in the final product, which went off without a hitch on a balmy and beautiful Saturday, April 30.

Festivities got underway the day before at opening ceremonies, held at the Community Center, at which Grand Marshal Gloria Marion and Educator of the Year Liz Coman were formally honored. Leticia Rodriguez and Piedad Junoz were crowned Sweetheart and Sweetthunk respectively, and local teens let their talents shine on stage for the annual talent show, with Guillermo Figueroa taking the first place award for his flamenco guitar performance. Local songbird Katie Hill placed second with her rendition of "You Make Me Feel Like a Natural Woman," and the Non-Standard Garage Band came in third.

Youth Day proper featured all the events the Winters community has come to know and love, such as the Rotary pancake breakfast, the Kiddie and Main parades, and non-stop entertainment at the park. City Park was packed with people enjoying everything from tri-tip sandwiches to cotton candy, horseshoes were flying at the horseshoe pits, and youngsters filled the Little League infield to partake of all the free activities at the Kids Faire, complete with carnival games and bounce houses. The events at the park were capped off, as always, by the lip-sync contest, which was won this year by The Blue Girls, who performed to "Leader of the Pack."

See HURRAY on page A-5



Photo by Debra Lo Guercio
Alyssa Younan turns a Youth Day visitor into a kitty-kat at the high school art face-painting booth at the park.

FUTURE SUBSCRIBERS

CARSON WRIGHT BOONE is the new son and first child of Willow and Steven Boone, born on April 25, 2005 at 3:48 a.m., he weighed 6 pounds 4 ounces and was 19-1/2 inches long. Paternal grandparents are Sue and Ray Boone of Winters; maternal grandparents are Donna and Tyler Wright of Tollhouse. Paternal great-grandparents are Michiko and Carroll Lindsey of Azle, TX, and maternal great-grandparents are Hattie Croy and the late Ralph Croy of Sacramento.

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Included in this week's issue are advertising inserts from:
Longs Drugs, Petrillo's Tire & Auto, Food for Thought, McMahan's, Capay Valley Farmers Market, The Home Depot
(Supplements are sent to Winters, Woodland, Davis, Capay Valley, Dixon, Vacaville and Fairfield.)

WEATHER

Weather readings are taken at 9 a.m. each day, covering the previous 24 hour period.

Date	Rain	Hi	Lo
April 27		79	53
April 28	.01	77	53
April 29		74	47
April 30		79	48
May 1		77	51
May 2		80	50
May 3		84	51

Rain for week: .01
Season's Total: 26.17
Last year to date: 22.03
Normal to May 3: 20.73



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OBITUARIES

Delfina R. Invernon

Mrs. Delfina R. Invernon, 87, a 14 year resident of Poolesville, MD, formerly of Winters, died on Monday, April 25 at the residence of her daughter in Poolesville. Born on May 26, 1917 in El Paso, Texas, she was the daughter of the late Victor Romo and Viviana Lopez Ramirez.

During Mrs. Invernon's 42 year residency in Winters she was very involved with My Stuff Bags Foundation in Westlake Village, taught dancing and piano and played piano for various local organizations.

Mrs. Invernon is survived by her children, Louis Invernon of Paradise, Armida Joyner of Sedley, VA, Pilar Garrett of Poolesville, and Raymond (Ray) Invernon of Naples, ID., eight grandchildren, 10 great grandchildren, and 5 great great grandchildren.

Graveside services will be held at noon on Monday, May 9 at the Winters Cemetery.

In lieu of flowers donations may be made to My Stuff Bags Foundation, 5347 Sterling Center Drive, Westlake, CA 91361 or mystuffbags.org..

Local arrangements by Kraft Brothers Funeral Home in Woodland.

Frederick L. Swingle

Frederick L. Swingle, born on Aug. 3, 1918, in Roundup, Montana, passed away on April 19, in Vacaville at the age of 86.

Mr. Swingle served for three and a half years in the Army in World War II where he was stationed in Australia. After he returned, he graduated with a B.S. in Agricultural Education from Montana State College. In 1946 he married his wife June, and in 1949 they traveled to Alaska where they resided for forty years. While in Alaska he worked on Fort Richardson and on the North Slope. He had many interests throughout his life including rock hounding, gold prospecting, and traveling. He managed to visit countries on six continents and enjoyed meeting people wherever he went.

In 1989 he and his wife relocated to Newcastle and in 2002 they moved to Winters.

He was preceded in death by his parents, Warren and Carrie Swingle, and his brother, Lester. Mr. Swingle is survived by his wife, June, daughter Karla and husband John Knabke; and grandsons, Brent and Lyle of Winters. He is also survived by his brother, Alfred of Tehachapi, sisters, Ruth of Edmonton, Alberta, and Rose of Ladner, B.C. and numerous nieces and nephews.

Graveside services will be held at 10 a.m. Tuesday, May 10, at the Winters Cemetery.

Rose Ruiz Gobert

Rose Ruiz Gobert was born in San Lorenzo on May 12, 1923. She grew up in Winters before moving to Saratoga and then Capitola. She died on Feb. 1, 2005.

Mrs. Gobert was one of 15 children and always loved to go home to Winters and Woodland to see her sisters, brothers, and many relatives.

Mrs. Gobert was a hairdresser for 50 years and owned her own shop, Rose's for Beauty. She was an active and long time member of the Azule Women's Club, the Italian Catholic Federation, and the Young Ladies' Institute.

Mrs. Gobert loved the simple things in life - dancing, gardening, painting, writing, walks on the beach, and family and friends.

She wrote columns for the Cupertino Courier and the Saratoga News. She had short stories published in the Santa Cruz Sentinel and her hometown paper, the Winters Express. She also wrote four books.

She is survived by her three children, Dottie, Joe, and Cindy. Cremation and private services were held at Davis Memorial Chapel in Watsonville. Mass was held at St. Joseph's Catholic Church in Capitola on Feb. 7, 2005.

Berryessa down .15 of a foot

The level of Lake Berryessa fell by .15 of a foot during the past week with a reduction in storage of 2,901 acre feet of water, according to Mickey Faulkner of the Solano Irrigation District.

He reported Tuesday morning that the lake was 440.04 feet above sea level, with storage computed at 1,603,052 acre feet of water.

The SID is diverting 450 second feet of water into the Putah South Canal and 46 second feet is flowing in Putah Creek at the Diversion Dam.

Evaporation on Lake Berryessa averaged 145 acre feet of water per day during the week.

Weekly Winters police report

April 17

~ On the 100 block of East Grant Avenue, an officer responded to an audible alarm. The business was found secure.

~ On the 200 block of East Baker Street, a vehicle was egged.

April 21

~ At Russell Boulevard and County Road 93A, an officer assisted a Yolo

See POLICE on page A-6

YESTERYEAR



~file photo by Debra Lo Guercio

Mexican dances were performed for Waggoner Elementary students in celebration of Cinco de Mayo May 5, 1995. From left are (front) teacher Nancy Somers, Daniel Salgado, Manuel Becerra, Marisol Alvarado, Jessica Gutierrez, Leticia Rodriquez, Vanessa Mariscal, Daniel Guzman, Hector Aguilera and teacher Eleanor Garcia; (second row) Leticia Alvarado, Elena Murillo, Azucena Barajas, Yalina Prado, Brenda Gomez, Elva Ibarra and Elizabeth Ayala; (third row) Esmeralda Del Toro, Yecenia Gutierrez, Maria Alvarez, Melissa Austin, Griselda Cortez, Arelis Velasco, Sandra Garcia, Raquel Marquez, Katie Solorio, Diana Velasquez and Mayra Ceja.

35
YEARS AGO

May 14, 1970

The First National Bank of Dixon has set July 15 as the target date for the opening of the Winters branch at the corner of First and Main Streets, according to Olin Timm, president of the bank.

A total of 73 seniors will be graduated from Winters High School in commencement exercises to be held on Thursday, May 28, according to Don Lund, principal.

Mrs. Roy Hoskins, teacher of the third grade, and Chester Olson, fifth grade teacher, both of whom are retiring this spring, were honored Thursday night at a regular meeting of the Winters PTA..

Congressman Robert L. Leggett this week announced that the U.S. Department of Interior has agreed to regulate water discharges from Monticello Dam into Putah Creek in such a manner as to enhance the water flow evenly, thus preventing fish losses in the creek.

Mr. and Mrs. Benito Rodriguez, of Winters, are the parents of a daughter, born May 8, 1970 in the Davis Community Hospital.

Everett W. Fenley suffered a heart attack Friday morning and was taken to the Davis Community Hospital in the fire department ambulance. He returned home Sunday.

Mrs. Carl Franke was a guest over the Mothers Day weekend at the Danville home of her daughter and son-in-law, Mr. and Mrs. Gerald Lindahl.

Winters contestants won three trophies at the Dixon May Fair talent show Sunday afternoon. Danny Capouch won first place with a piano solo, Annette Cody won a second place with her acrobatic dance, and third place went to Levada Russell who performed a comedy number.

50
YEARS AGO

May 12, 1955

Forty-five students at the Winters Elementary School will be graduated from the eighth grade at commencement exercises to be held at the high school gym May 26.

Don Freeland, of Los Angeles, son of Mr. and Mrs. Ted Freeland of Winters, has entered the famed Indianapolis Memorial Day race again this year.

Mr. and Mrs. Patrick Smythe, of Winters, are the parents of a son, Michael, born in the Woodland Clinic Hospital May 6, 1955.

Work started this week on the drilling of a new natural gas well on the Snavelly ranch in the MacMahon tract southeast of town.

The Winters Merchants Baseball Team will open the season this Sunday, when the locals meet the Moose team of Woodland, with the game scheduled to start at 2:30 p.m.

Mr. and Mrs. Don Stephens spent Mother's Day with the former's mother, Mrs. Alice Treanor of San Francisco.

Mrs. Wallace Emery and daughter, of Lodi, were Mother's Day guests at the home of her mother, Mrs. Mary Chulick.

Mrs. John Greenwood was chosen president of Friendship Circle of the First Christian Church at the meeting held Monday evening at the home of Miss Genevieve Dexter.

Mrs. Difendo Bolla, outgoing president of the Winters Fortnightly Club conducted her last slated meeting Tuesday afternoon when the club entertained at its annual spring luncheon, held this year in Wesley Hall. Ninety-three members and guests of the club attended the affair.

65
YEARS AGO

May 10, 1940

One of the Youth Day visitors to enjoy homecoming was Mrs. Madge Morrison of San Francisco whose father, the late E. C. Rust was editor and owner of the Winters Express for ten years, from 1885-1895. Mrs. Morrison conducts a secretarial and business school in the bay city.

Alan Furth, younger son of Mr. and Mrs. Victor Furth has been named as winner of the scholarship award given annually to the Davis High School senior ranking highest for the 4-year course. His brother, Gordon Furth, now a student at U. C. was also winner of this award two years ago.

Henry Meyer and sister, Mrs. Robert Steuer and Mr. Steuer of Oakland will leave this morning for a trip through Arizona, Colorado and other southwestern points.

Two senior boys, Ted Mermod and Charles Graf, have been chosen to represent Winters at the Boys' State in Sacramento in June.

Miss Virginia Lee Campbell is noted in the long list of Sacramento Junior College students who plan to graduate in June.

Monroe Drew, pulpit guest and soloist last Sunday at the Presbyterian Church was engaged by the official church board at the close of the service, and will assume his duties May 19.

100
YEARS AGO

May 12, 1905

The first apricots to leave California this season were shipped by the Earl Fruit Company from Winters May 9. The cots were all of the seedling variety, and ripe, too.

The W.C.T.U. met on the 4th last, with Mrs. D. Errington, and from there went to the cemetery to decorate the graves of our "blessed dead" with the choicest of our flowers.

A high-class musical and literary entertainment will be given in the opera house May 20 for the benefit of the free library.

The renovation of Masonic Hall is about complete, and it presents a very attractive appearance.

Despite the threatening weather there was a fair attendance at the Current Topics Club meeting last night, and it was one of the most entertaining ones of the season.

The work of stringing the electric light wires is going on rapidly, and will be finished in a week, probably. Owing to the delay in getting transformers of sufficient size, it may be two or three weeks before the current is turned on.

Mr. and Mrs. Poe have moved to Berryessa Valley, where they will make their home.

Mrs. W. H. Marston of Berkeley has come to Winters to spend the summer. The lady is a sister of W. S. Reed.



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Opinion



DEBRA LO GUERCIO BECAUSE I SAY SO

WE'RE TOO FAT. We've been getting hammered with that fact over and over and over lately. The USDA says 65 percent of adults are overweight, and the number of overweight children and teens is skyrocketing. You know what that means. Heart attacks. Diabetes. Cancer.

Oh good God, just hand me some Oreos and leave me alone. I have enough to worry about already.

There's a myriad of theories about why Americans keep getting fatter: sedentary lifestyles. Junk food. High carb diets. Low carb diets. They're all wrong. The underlying cause? Stress. When people are chronically stressed, with no way of escaping it, what do they do? Eat.

I have a theory. I'll betcha there's a spike in our collective weight gain since exactly one point in time: 9/11. On that day, life changed forever. Nothing seemed predictable or familiar or reliable anymore. Except nacho cheese Doritos. And mocha almond fudge ice cream. And M&Ms. In half-pound bags. I don't know about you, but I personally boosted Hershey's bottom line (as well as my own) by about 5 percent after 9/11.

Since that dreadful day, look at what's happened since: Stock market crash. Layoffs. Retirement accounts vanished. War in Iraq. Earthquakes. Tsunamis. Beheadings. Inflation. Laci Peterson. And four more years of you-know-who (I know, I know, that's only deeply disturbing to half of us, but for that half, it was the last straw. Pass the Haagen Dazs.) But 9/11 was the flashpoint.

My epiphany about post-9/11 poundage came from newscaster Peter Jennings' retirement announcement due to lung cancer. He hadn't smoked for decades, and then suddenly started lighting up again. The trigger? 9/11. Think about it. Since 9/11 haven't you, at least once, thought to yourself, "Oh, what the heck — why not just (insert your favorite self-destructive behavior). The world could blow up tomorrow!"

We haven't become an "Eat, drink and be merry..." society, not exactly. Eat, yes. Drink, yes. Be merry? That's a tall order in our post-9/11 world. Some days, an extra slice of pizza and some Sam Adams to wash it down is about as merry as things get.

The chronic stress that permeates everyday life these days is hardest on our kids. At least adults have a sense of control (however deluded) over their lives. Kids don't. Not only are they at our mercy, they look to us to keep them safe, and since 9/11 and all that's happened since, kids are discovering that there's a lot that goes on in the world that Mom and Dad can't fix. We really aren't so powerful after all. We can't protect them from everything.

Add to that the stresses of going to school these days, with benchmarks to meet and a parade of standardized tests to pass, and pressure to get into an Ivy League school from middle school on, and worries about strangers, gangs, AIDS and school shootings... No wonder kids are getting fatter exponentially! Their lives are becoming exponentially more frightening!

Kids don't have adult coping skills. How can they alleviate stress? They can't go play tetherball because they have three hours of homework every night, and that's after soccer practice and piano lessons. They can't ride their bikes around town because they might be abducted and found tossed in a field. What can they do to make themselves feel a little better, at least temporarily? That's right — a stack of French Fries and a Snickers bar.

So, what do we do. Life won't be getting any easier anytime soon. We can't just keep stuffing our faces to cope. If anything, that only makes life more stressful, ultimately. The USDA recently dumped \$2.5 million into solving this problem and came up with an incomprehensible new food pyramid, that basically says what food pyramids have always said: eat fewer calories than you burn and you'll lose weight. Well, DUH. We already knew that. The problem isn't that we don't have strategies for eating right and exercising, the problem is that we don't have strategies for coping with chronic stress. Until they come up with a nifty little pyramid to address that problem, Americans will handle stress the way they have for decades: "Super size me!" Literally.

ON A LOCAL NOTE: On May 5, our school board may decide to move the observance of the birthdays of Dr. Martin Luther King and Abraham Lincoln to create a three-week winter break next year, in order to "reduce absences and associated revenue loss created by long winter vacations many families take to Mexico at that time" (Winters Express, April 28).

This is blatant discrimination. A holiday is being created for one segment of the population because it refuses to follow the rules, and is being mitigated by those of us who do. This means an extra week paying for daycare for many parents, as well as losing federal holidays with our children.

Do we really want to send the message that vacations are more important than education? When these families get their three weeks, will they then want four? Five? Six? This is institutionalized coddling. If you want the benefit of our educational system, you must also follow the rules of our educational system. In this country, we do not go on vacation during school. Period.

Lastly, moving these holidays is an insult to the memory of Abraham Lincoln and Dr. Martin Luther King. They mattered more than vacations.

Voice your opinion at the meeting Thursday at 6 p.m. at the district office or email the trustees care of dmitchell@wjusd.org.



LETTERS

Thanks for supporting Youth Day

Dear Editor,

Another Youth Day Celebration has hit the history books and a successful and fun day it was. I'd like to take a few lines to thank some of the many people that helped make the 69th Youth Day Parade a big hit.

The entire Youth Day Committee are the most wonderful people around. Their hard work and dedication put a smile on thousands of faces this weekend and it was all volunteer work. A special thanks to Robert Warren for his hard work helping coordinate the elections at Winters High. The excellent coverage and help from the Winters Express helped us reach the people we needed and your efforts are greatly appreciated.

A big thank you to our Parade Marshals, Jay Shepherd, Bruce Guelden, Steve and Carmina Caselli, Don Rheuby, Angie Lindberg, and Jack Bogue, who came all the way from Grass Valley to volunteer. These people, who along with some students that I didn't get their names, lined up over 500 people that made up the parade entries. Thanks to Francisco and crew from Mariani Nut Company for the use of their flatbeds; to Brian Case at Case Chiropractic for the use of their power for our sound system; to the Winters City Public Works crew for all their hard work keeping Winters beautiful; to all

the lovely ladies at City Hall for putting up with me for months and the great support they give us; to all who stepped up and volunteered the use of their cars for our dignitaries, and to Katie Goudie for singing the National Anthem at City Hall. You are all very special people.

A loving thank you to my wife, Kathy for running the Check in table as well as thousands of other errands she has done for us; my daughter Lauren for chairing the Kiddie Parade; daughters Amber and Katie for helping put out and take down signs; to my mother, Margaret Sebastian, my "Youth Day Secretary" for the last 23 years, putting together all our entry packets; to my brother Gil Sebastian for announcing his 33rd Parade, and to my sister-in-law Lenore Sebastian for her beautiful voice in singing the National Anthem at the main reviewing stand.

Without all of you, Youth Day and myself would not survive. Finally, thanks to everyone who came out to enjoy themselves and take part in this great city tradition. We will be starting the planning stages for our 70th Birthday Celebration in the coming months, so please plan on helping us make this one birthday to remember.

MICHAEL J. SEBASTIAN
Winters Youth Day
Parade Chairman

Basketweaving show at gallery

Dear Editor,

I want to tell readers about a new show opening May 7 from 3-5 p.m. at the Winters Participation Gallery for the Arts at 31 Main Street. As happened last year, there will be a sequence of Native basketweavers coming to Winters to demonstrate their art. This second annual California Indian Basketweavers Exhibition: "California art: weaving the new traditions" will be showing from May 7 through June 18 on Thursdays 5-8 p.m., Fridays 5-8 p.m., and Saturdays 3-8 p.m. The show, class and demonstrations are supported by a generous grant from the Rumsey Foundation.

Each Saturday to June 11 at the gallery from 3-5 p.m. there will be a demonstration of some aspect of basketweaving. The final demonstration will be on the Friday before closing, June 17. On Saturday, May 14, we will host Bertha Mitchell, Wintun weaver from the Rumsey tribe demonstrating coiled artistry. On May 21, Dixie Rogers will demonstrated Karuk twining tradition from her tribe. On May 28, the basketry class under the tutelage of Kathy Wallace, Hupa, will show the final product of

their labors over the five week class. On June 4, a film on California basket-making will be aired in the gallery starting at 3 p.m.; on June 11, Diana Almen-diaz will demonstrate and involve people in tule weaving and on June 17 Marlene Montgomery and Susan Campbell from the Pitt River tradition will demonstrate twining and overlay.

Please come, and while there take some time to examine the baskets, jewelry, paintings and native plant material used for baskets that are on display. A display of Heyday books is for sale, as are selected California basket pieces. This is a rare opportunity to see recently made baskets by some of the best weavers in California. An addition this year is a small guest exhibit of eastern baskets from the Michigan and Ontario areas.

The show will continue until June 18. Gallery hours are Thursdays and Fridays 5-8 p.m., and Saturdays 3-8 p.m. For more information, call the Gallery at 795-5301 and leave a message; you will be called back. Don't miss this treat!

MICHAEL BARBOUR
Gallery Secretary

Send letters to
news@wintersexpress.com



CHARLES R. WALLACE

A QUICK OPINION

WHAT A GREAT DAY. It may sound like a cliché, but this could be one of the best Youth Days ever. Lots to do, plenty of people (new and old), and gorgeous weather. The parade was a little short for me, but I liked the bands, especially the Winters group that ended the parade on an up beat note.

We spend a lot of time discussing our youth, and we only spend one day a year honoring them, letting them run the place, if they want to. There is a lot of talk in public meetings and at local cafes about what we can do to help our children survive and succeed. The schools are a hot topic, with declining student population and school closures on the horizon. Everyone has an opinion, but few solutions as to what to do over the long run.

Winters may never grow fast enough to supply our schools with young students. The high price of land, cost of developing homes and apartments or low income housing is affecting the number of people living in each home. The bigger the home, the fewer children people seem to have, and the higher the price the fewer young people in the household. There are a lot more high school aged children in Winters than in the first four grades, for an example.

Our school board members are in for a lot of criticism, even when they make the right decisions. Laying off teachers is never pleasant, and closing schools, even temporarily is never popular.

In the past, there have been very few volunteers to serve on the school board, and being criticized around town doesn't help. In the past I've worried about the right wing taking over our school board and the curriculum being compromised, but I would look forward to those controversies over how to handle declining enrollment any day.

I like it when people still stand up at planning commission meetings and ask developers what impacts they will have on our schools. Watch out for what you ask for. One way out is to increase the number of homes or apartments being built in Winters. A better solution is for an even growth rate and not the ups and downs that we are so famous for. Remember, we haven't built any homes to speak of over the past two years, and we won't be adding any homes this year.

I know we have homes on the horizon, but if interest rates continue to rise, along with the price of materials, we won't be having a growth rate discussion, we'll be asking ourselves which school should we downsize next.

Hope everyone enjoyed Youth Day, and have a nice Mother's Day.

Thanks to everyone who helped

Dear Editor,

Winters Middle School received a "spring cleaning" recently and would like to thank Janet Andersen for organizing the campus clean-up day held in early April. Fresh landscaping, newly painted basketball and volleyball poles, newly repaired and painted practice walls, new nets and repainted softball bleachers go along with our new garbage containers to give the school a fresh, brighter appearance.

The Andersen family, including Ed, Ashley, T.J., and Ryan, were the driving force behind the clean-up, but many other staff, parents, and local businesses contributed to the effort.

Others who made it a family affair include the Doyle family — Karryn, Vincent, and Niko, along with D.J., Maya and Anietta Tice. The Burke clan of Victoria, Shelly and Jim pitched in, as well as Macario and Gloria Jimenez.

New principal Suzanne Martin and assistant principal Cindy Moody-Perkins rolled up their sleeves to join staff members Laurie Helm, Patti Warren, Alexis McMannis, and Michael Williams. Other parents included Matt Brickey and Nicole Brace. Students formed their own group to help out, including Brenna Murphy, Riki Lucero, and Anna Campos.

Local businesses deserve thanks for donating paint, plants, landscape supplies, and equipment: Yardbirds of Vacaville, Kimes Ace Hardware, True Value Hardware, Pavestone, Double M Trucking, Teichert Construction and Yves Boismoreau all made contributions to the cause.

Once again, a big thanks to all involved and an invitation to all parents to attend our open house on May 11 to see our "new look."

SUZANNE MARTIN
Principal
Winters Middle School

Thanks for fixing our playground

Dear Editor,

We play on the city park playground after school when the weather is nice and warm. We love the playground and we are sad when things break and when bad people write on it.

We want to say thank you

to Jeremy Shepherd for fixing our playground. He's really cool for doing that and when we are in high school we'll help him fix the playground, too. No more splinters!

MATT WALLACE
MARGARET EWING

"It is amazing what you can accomplish if you do not care who gets the credit."
~ Harry S. Truman



Photo by Debra Lo Guercio

Leticia Rodriguez was crowned Youth Day Sweetheart and Piedad Junoz was crowned Youth Day Sweethunk at Youth Day opening ceremonies on April 29.

HURRAY

Continued from page A-1

Also at the park, the trophy winners for the parade were announced, and this year's overall Sweepstakes/Best in Parade went to the Winters Cub Scout Pack 600. In the Kiddie Parade, the Winters Parent Nursery School won the Sweepstakes Award. Other parade winners are as follows:

Kiddie Parade

~ Decorated Bicycle: first, Carlos Daniel Mejia; second, Junior Mederos; third, Anne Ramos.

~ Costume: first, Brandon Freed; second, Andrew and Lucas Peters.

~ Wagon: first, Katie Warde; second, Connor Warde; third, Jackie Ramirez.

~ Group: first, Winters Parent Nursery School; second, First Adventures Childcare; third, Winters Head Start.

~ Pet: first, Summer Petersen; second, Katie Clark; third, Emma Fincklang.

~ Mini-Float: first, Alejandra Andrade; second, Samantha Nicole Torrez; third Darrian Lopez.

Main Parade

~ Floats (high school): first, Winters High School Class of 2007; second, Winters High School Class of 2006. (Other schools): first, Winters Middle School. (local organization): first, Winters Cub Scout Pack 600. (church): first, First Baptist Church; second, St. Anthony Catholic Church.

~ Marching Units (senior): first, Napa Pepperettes Senior Baton Corps; second, Captivation Majorettes Jr. and High School Group. (junior): first, Napa Pepperettes Junior Baton Corps; second, Captivation Majorettes, 2-8 graders. (drill tea., senior): first, Cowtown Cloggers. (drill team junior): Cowtown Kids. (solo majorette): Danielle Gram.

~ Bands (high school): first, Winters High School

Band. (junior high) first, Winters Middle School Band. (other bands): first, Winters High Garbage Symphony; second, UC Davis Cal Aggie Marching Band.

~ Color Guards (military): first, Yolo Post 77 American Legion - Woodland. (senior) first, Winters VFW Post 11091.

~ Fire trucks (antique) first, Buffalo, Winters Fire Department; second, Winters Fire Department Grass. (contemporary): first, Esparto Fire Department Engine; second, Winters Fire Department Water.

~ Autos (decorated): first, Solano Thunderbirds Baseball Club; second, Winters AFS. (custom): first, 1934 Roadster, Greg Drummond, Winters; second, Frank Martinez, Woodland. (classic): first, 1957 Chevy Pickup, Jim Hyer, Winters; second, Vacaville Auto Body.

~ Novelty (marching unit): first, Chihuahua Lovers of Winters. (vehicle): first, Moms On Mopeds, Kids Jamaican Us Crazy; second, 1951 Tractor, Joe Garcia, Woodland.

~ Horses (sheriff posse): first, Solano County Sheriff. (silver mounted): first, Peggy Narducci, Davis. (senior mounted group): first, Wild Horse Wranglers, Vacaville. (charro costume): first, Carlos Renteria and Alejandro Mauricio. (charros mounted group): first, Los Caporales de Woodland Charros. (horse-drawn vehicle): first, Double M Ranch, Farmington; second, Brian and Heidi Coy, Winters. (costume, junior): first, Sydney Stewart and Vanessa Lizarraga, Winters. (future horseman): first, Heidi Masem, Winters. (fancy Western senior): first, Cathy Kleinhenz, P.T., Vacaville. (pooper scoopers): first, Amber and Katie Sebastian, Winters; second, Nick Spenser and Mitchel Stewart. (senior horse sweepstakes): Double M Ranch. (junior horse sweepstakes): Sydney Stewart and Vanessa Lizarraga, Winters.



Photo by Dawn Van Dyke

The Blue Girls won the Youth Day Lip Sync contest this year.



Photo by Debra Lo Guercio

Youth Day Grand Marshal Gloria Marion rode in style in Al Graf's 1957 Thunderbird in the Youth Day Parade.

Thank You!
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The Winters FFA National Champion Livestock Judging Team would like to Thank those who have generously contributed towards their trip to the World contest in Scotland.

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We are STILL SHORT of our goal and would appreciate any future contributions. It is only through the gracious donations that this venture can become a reality. Donations can be mailed to Winters FFA, 101 Grant Ave., Winters CA 95694

Community

Good medicine



Photo by Debra Lo Guercio
Winters Chamber of Commerce president Howard Hupe (right) presents a proclamation from the State of California to Dr. Bill Davis, honoring him for being named the 2004 Winters Citizen of the Year. The proclamation was read into the State Assembly record on Jan. 22.

Senior citizen club news

By MARGE SEBASTIAN
Special to the Express

Our April meeting/potluck was held on Wednesday, April 13 at the Community Center. It was well attended and it was nice to see Lillie Branscum, Paul Broughton and Ursala Navarro who have been ill. We would like to thank Sandy Webster for cooking our ham and taking over again for Ursula who still is on the mend from her accident. Sandy, you did a

great job and the ham was delicious. Thanks to Jessie Gill, Lillie Branscum and Ursala Navarro for their donation of drawing gifts and Ursala also made Easter pins which she handed out to everyone. Our May meeting/potluck will be held on Wednesday, May 11 and we will celebrate Mother's Day. Also, after the potluck we will play bingo for our brown bag prizes. Please come and join in the fun.

Hospital volunteers sought

The Sutter Davis Hospital Auxiliary is recruiting new members (male and female), who are in good health and over 18 years of age, to volunteer in vari-

ous capacities in the hospital. They must attend a general orientation and on the job training. For more information, call 759-7485.

POLICE

Continued from page A-2

Sheriff deputy with a traffic enforcement stop.
~ At Russell Boulevard and Carmelo Way, an officer assisted a California Highway Patrol officer with the traffic enforcement stop of a reported reckless driver. Upon contact, the driver had an odor of an alcoholic beverage. The officer detained the subject until CHP arrived on scene.
~ On the 200 block of Railroad Avenue, an officer responded to an audible alarm. The business was found secure.

April 25
~ On the 100 block of East Baker Street, a victim received threatening telephone calls.
~ Isidro Magana Magana, 35, of Winters was arrested for being an unlicensed driver, not wearing a seatbelt and having no proof of insurance. Magana was booked at the Winters Police Department and released on a notice to appear.
~ On the 100 block of East Grant Avenue, an officer responded to an au-

dible alarm. The business was found secure.

April 26
~ On the 1000 block of Adams Lane, an officer assisted a Solano Sheriff deputy with a warrant service.
~ On the first block of Main Street, an officer responded to an audible alarm. The business was found secure.
~ Geret John Losoya, 18, of Winters was arrested for domestic battery on a girlfriend. Losoya was booked at the Winters Police Department and released on a notice to appear.

April 27
~ On the 400 block of Abbey Street, an officer assisted a Yolo Sheriff Deputy with a subpoena service.

April 28
~ On the 100 block of East Baker Street, suspect violates a court order by contacting victim via the telephone. The case forwarded to the District Attorney for complaint.
~ On the first block of Abbey Street, an officer responded to an audible alarm. The business was

Poet, painter to speak at Library

Clarence Major writes and paints, and his latest novel is an investigation of the relationship between poetry and painting. He will read from and discuss his book "One Flesh," at the Winters Public Library on Monday, May 9, at 7:30 p.m. The book is the story of a solitary painter in New York City whose comfortable loneliness is turned upside down when a Chinese American woman enters his world and

challenges him to embrace life. Major is a versatile man of letters who writes poetry and fiction as well as non-fiction. He was nominated for the 1999 National Book Award in poetry for "Configurations: New & Selected Poems 1958-1998" and won the Pushcart Prize for the short story "My Mother and Mitch" (1989). In addition to "One Flesh," his recent books include "Such Was The Season" (2003) and "Come by Here: My Mother's

Life" (2002). Major was featured reading and discussing his work on the NPR show "News and Notes with Ed Gordon" in April. He is professor of English at UC Davis. The free talk is part of the Spring Speaker Series sponsored by Winters Friends of the Library. The Library is located at 201 First Street, at the corner of First and Russell, in Winters. For more information, call Diane Cary at 795-3173.

Learn how to deal with gophers, moles

An instructional, hands-on workshop will address non-toxic measures for dealing with gophers, moles and voles in the garden and farm will take place on Saturday, May 7. 9:30 a.m. to noon at the Center for Land-based Learning, 5265 Putah Creek Road. The workshop will be led by Thomas Wittman of Gophers Limited, and some of the money raised from registration

fees will benefit the Center for Land-Based Learning. Topics to be covered will include non-violent control measures such as exclusion, using deterrent drenches and other materials, sound makers and attracting predators. Mound and damage identification will lead into several trapping techniques including a method that requires very little digging by taking advantage of gophers' natur-

al habits. Strategies for large scale control as well as dealing with Out-of-control situations will also be presented. This workshop is designed to empower growers and reduce the anger and frustration associated with small animal pests. The cost to attend is \$20. Call the Center for Land-Based Learning, 795-9569, for more information or to register.

Main Street to overflow with junk Saturday

The annual Main Street Garage Sale, featuring unwanted items adorning the driveways of scores of area homes, takes place on Saturday, May 7, beginning at 8 a.m. along the west end of Main Street and adjoining side streets. Free space is available at City Park for anyone who doesn't live in the area and would like to sell their items. To sign up for a free space or for more information about the garage sale, call Bruce Guelden, 795-4919.

Happy
Mother's Day.
Sunday, May 8.

Winters Lions Club news

By JUANITA RAMOS
Special to the Express

Winters Lions Club met Wednesday, April 27 at Tomats. President Mitchell Walker presided. Our Lion member Vic Busard arrived home Wednesday from Sutter hospital after four bypasses. Welcome home, Vic, from all of us. Our guest for the evening was Bret Gruben. He's a fire inspector for Vacaville, on a two year

assignment. He spoke about his duties as a fire inspector. We enjoyed his presentation. Our scholarship chairman, Lion Ray Massei has received three scholarship applications. Members will go over the applications and decide on two applicants to receive our scholarships. They will be invited to our meeting on May 11.

found secure.

April 29
~ Brad Lee Howell, 20, of San Diego was arrested for being a minor in possession of alcohol. Howell was booked at the Winters Police Department and released on a notice to appear.
~ Bryan Edward Seward, 19, of Vacaville was arrested for being a minor in possession of alcohol. Seward was booked at the Winters Police Department and released on a notice to appear.

April 30
~ Phi Van Nguyen, 18, of Oakland was arrested for possessing marijuana for sale and selling/furnishing marijuana to a minor. Nguyen was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.
~ Ramon Guadalupe Ruiz Aguirre, 40, of Marysville was arrested for being intoxicated in public. Aguirre was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.
~ A 14-year-old Winters juvenile was issued a notice to appear for possessing less than an ounce of marijuana.
~ Charles John Smith, 49, of Roseville was arrested on an outstanding Stanislaus County Sheriff warrant charging him with contempt of court. Smith was booked at the Winters Police Department and transported to the Yolo County Jail for incarceration.

See **POLICE** on page A-7



OFFICER

Continued from page A-1

go to someone's house and tell people he's known his whole life that a loved one has been killed in a car crash.

"It's heartbreaking," says Ramirez.

However, Ramirez isn't one to shrink from difficult situations. He earned his certificate to be a reserve police officer while working stateside in the US Navy as a radar technician for F-18 fighters, pulling a graveyard shift at night and going to school during the day.

"I got very little sleep," says Ramirez, "but I was a young buck back then."

Ramirez served two years as a reservist in the Navy and four years of active duty. Although he didn't have to go to Iraq, he is still ranked as a Gulf War veteran because he was on active duty during the Gulf War. Ramirez says his service in the Armed Forces helped him achieve his lifelong goal of becoming a police officer.

"I wanted to be a police officer right out of high school, but I didn't have the money to go to school," says Ramirez. Serving in the navy not only provided money for college, but also gave him some "world experience."

"That's something for the kids to think about," he says with a smile.

Ramirez served as a reserve police officer in Winters for 11 months before taking a full-time position as an officer in 1994. Some of his career achievements include three years on the county narcotics team (YONET), as well as undercover work in San Ysidro for narcotics stings. He also has additional training that allows him to shut down methamphetamine equipment safely during a bust.

A former field training officer and range master, Ramirez has also been honored by Mothers Against Drunk Drivers for his efforts to curtail drunk driving and also received a lifesaving award for pulling two people from a burning vehicle.

All of these heroics in addition to the daily demands of a police officer haven't been without their challenges, however. Ramirez has been injured several times while on the job and he attributes those injuries to the fact that Winters officers work alone and are often without backup. Even so, that doesn't tarnish his feelings about serving as a police officer in his home town.

"Just being able to work here is so gratifying to me. Having a job I like to go to — that pretty much sums it up right there."

Ramirez is the son of Jose and Maria Ramirez of Winters. He has three sisters, Irma, Rosie and Patricia.

POLICE

Continued from page A-6

tion.

~ A 16-year-old Vacaville juvenile was issued a notice to appear for stopping a vehicle in the roadway and possessing less than an ounce of marijuana.

~ On the 300 block of Railroad Avenue, a suspect hit two victims in the head with an open hand and fled the scene.

May 1

~ Gilberto Lopez Estrada, 30, of Winters was arrested for being an unlicensed driver, having audible stereo heard over 50 feet from vehicle and making an unsafe left turn. Estrada was arrested on two outstanding Winters Police Department bench war-

rants charging him with failure to appear on previous charges of driving under the influence, driving with a suspended/revoked driver's license, driving over a double yellow line and no proof of insurance; and failure to appear on previous charges of driving under the influence, being an unlicensed driver, and no proof of insurance. Estrada was given a notice to appear for the above charges.

Estrada was arrested on an two outstanding Woodland Police Department bench warrants charging him with failure to appear on previous charge of being intoxicated in public; and failure to appear on previous charges of being intoxicated in public and failure to pay a fine.

Estrada was also arrested on an outstanding Vacaville Police Department bench warrant charging him with failure to appear on previous charges of hit and run and driving with a suspended/revoked driver's license.

Estrada was transported to the Yolo County Jail on the Woodland and Vacaville warrants.

~ On the 400 block of Russell Street, an unoccupied residence was entered. No property appeared to be missing.

~ On the 300 block of Edwards Street, parties were involved in a verbal domestic dispute.

~ On the 100 block of Grant Avenue, vending machines were vandalized.

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Entertainment

Delightful Darn Accordions return to The Palms

By DEBRA LO GUERCIO
Express editor

Let there be no doubt about it: accordions rock. You haven't lived, my friends, until you've heard Led Zeppelin's "Whole Lotta Love," on not one amplified accordion, but four. And not just Zep, but Steppenwolf and Edgar Winter too. Then there's that slightly-tweaked rendition of a Grand Funk Railroad classic, called "We're An Accordion Band," and yes, they're coming to your hometown: Those Darn Accordions return to The Palms on Saturday, May 21.

But enough about the covers. TDA doesn't just bust a beat, they bust a gut too. Their original numbers are not only amazing but amusing as well, like "Mr. Slagle," inspired by the real-life substitute shop teacher of band leader and lead singer Paul Rogers.

"He was actually a very sweet guy, now that I look back on it, but we had no mercy on him. Spitballs, faked illnesses, all sorts of practical jokes and, of course, a fair amount of trips to the principal's office," says Rogers. "The poor guy, all he wanted to do was give us a few basic skills that might help us out later in life... hammering, sawing."

Rogers, who is an electrical contractor by day, cut a finger while using a hacksaw, and says the words just slipped out of his mouth, "It's Mr. Slagle's revenge."

"I actually saw the guys' face laughing at me," says Rogers. "By the end of the day, the song was done. That's how it happens. The best songs just land one you. There's not a lot of premeditation."

Like "My Friend Jim," was inspired by a phone message left on someone else's answering machine, as relayed to Rogers, or "Hamsterman," an ode to everyone who lives life running endlessly on that little wheel.

"Mowing the lawn, driving to the dump, changing a diaper, reading local newspapers — the source of inspiration is pretty limitless," says Rogers, who studied piano in the '70s, and took up the accordion to play with another Palms favorite, the Christmas Jug Band, which had a tradition of including mu-



Courtesy photo

Those Darn Accordions, led by Paul Rogers (third from right) will return to The Palms on Saturday, May 21, at 8:30 p.m.. Tickets are \$15.

sicians playing instruments other than they normally played. He says the accordion wasn't really the easiest choice in the world.

"My approach has always been to treat it like a piano held sideways," says Rogers, who admits that for a long while, he just ignored the buttons on the left hand side of the instrument and focused on the piano-like keys. "It's a daunting endeavor. For me, it's like chewing gum, walking backwards, rubbing your stomach, tapping your head and singing the National Anthem all at the same time."

It may be hard, but TDA makes it look like a lot of fun. That may be the hallmark of their performances — they're simply a blast, for anyone and everyone. And forget Lawrence Welk (although Rogers actually met the accordion king himself). This is not your grandmother's accordion music.

Rogers is joined on stage by "bellow-pumping babes" Carri Abrahms, Susie Davis and Suzanne Garramone, along with bass player Lewis Wallace and drummer Bill Schwartz. Although synchronizing four accordions sounds like a tall task, consider that the roots of the band began with 18 accordionists. Rogers explains that over

time, many of the original troupe dropped out because of career and family duties, and the group tightened down to just four accordionists about six years ago and started using amps. Since then, the band has been touring regularly and has one cassette and five CDs to their credit, the latest of which is called "Lawnball." One of the songs from Lawnball was included to a recent Dr. Demento compilation, and Rogers says the band is "greatly honored" to be included.

Returning to The Palms is a joy, says Rogers, because people actually listen to the music, versus playing at a state fair, "where often as not, you are following a puppet show or sheep-shearing contest."

"I've always enjoyed playing The Palms," says Rogers. "At the old location in Davis and the much larger and more comfortable space in Winters, we've always been privileged to have great audiences that appreciate the original tunes as well as the classic rock covers."

TDA heads to the Midwest after visiting The Palms, and isn't scheduled to appear in northern California again until Saturday, Aug. 27, at the Cotati Accordion Festival. That's a long time to wait to have this much fun. Get

your tickets now — they're \$15 and are available at Kimes Ace Hardware and at the door if the show isn't sold out.

To find out more about Those Darn Accordions, including tour dates and music samples, go online to www.thosedarnaccordions.com.

Studio C Dancers to present 'Twelve Dancing Princesses'

Grimm's Fairytale, "Twelve Dancing Princesses", comes to life in the Studio C Dancers production on May 21-22. Dancers ages 3-20 will take center stage.

The production takes place at the Winters Community Center. Performances will be held on Saturday, May 21, at 2 p.m. and 7:30 p.m. A special gala performance will be held on Sunday, May 22, at 2 p.m.

Pre-sale tickets can be purchased in advance from Studio C dancers. Tickets for the two Saturday performances are \$6 for chil-

dren 12 and younger and \$8 for 13 and up. Tickets purchased at the door for are \$8 for children and \$10 for adults.

Pre-sale tickets for the May 22 performance, are \$8 for children 12 and younger and \$10 for 13 and up. Gala tickets sold at the door are \$10 for children and \$12 for adults. The doors will open early for the Gala performance so the audience can enjoy delicious desserts and goodies.

For more information, call Tara Manners at 795-1900.

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See you
May 5

'Man of La Mancha' opens

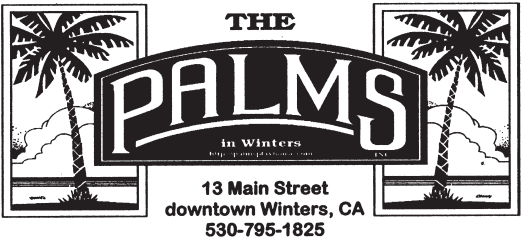
Beginning Friday, May 6, and running through May 29, the world of 16th century Spain comes to life in the Davis Musical Theatre Company's production of the musical "Man of La Mancha." Performances, at the Varsity Theater, 616 2nd Street in Downtown Davis, will be on Friday and Saturday nights at 8:15 p.m., and Sunday afternoons at 2:15 p.m. Exception: There will be no Friday performance on May 20.

Tickets are \$15 general and \$12 students/seniors (\$5 & over).

This is the story of writer Miguel Cervantes, his fictional character Don Quixote, and the Spanish Inquisition. The beautiful score includes "The Impossible Dream," "Dulcinea," "To Each His Dulcinea," and "I Am I, Don Quixote, The Man of La Mancha."

To reserve tickets for Man of La Mancha, call 756-3682. Or, you may purchase tickets online at <http://www.dmtc.org> or "at the door" in the Varsity lobby during the hour before each performance begins.

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Coming up

Thursday, May 5 - The Strawbs
Friday, May 6 - Adrian Legg
Wednesday, May 11 - The Tiptons
Friday, May 13 - Wake The Dead
Saturday, May 17 - Norton Buffalo

Sports

Warriors win 300th victory for coach Ingles

By ERIC
and LAURA LUCERO
Express sports
correspondents

The Winters High School varsity baseball team went 3-0 last week in league play and won coach Jeff Ingles 300th career victory along the way. The Warriors traveled to Orland and played a double header against the Trojans on Tuesday, April 26, and came home with a sweep as they won both games 8-3 and 8-1 respectively.

“I credit my wins to longevity and having a lot of great young men that were willing to work hard for me,” Ingles said.

Since taking over the Warriors program in 1988, Ingles has won 14 league titles and nine section titles including four consecutive section crowns from 2000 to 2003 that was capped off with a state championship with the 2003 team and was named California’s coach of the year.

Alex Thomson pitched a complete game in game one for the Warriors, winning his third game of the season.

“Alex did a good job today,” said Ingles. “He is going to be an outstanding player. He has been really effective.”

The Warriors did most of their damage at the plate with Brenden Benson leading the way as he batted 2 for 2 with a run scored. KannonSmith batted 2 for 4 with a double and two RBI. Smith’s two RBI double sparked the Warriors four run fourth inning. Danny Campos batted 2 for 4 with a RBI and two runs scored. Nick Hedrick also batted 2 for 4 with a double and a RBI. Jacob Thorne batted 1 for 3 with 3 RBI and a run scored, Thomson batted 1 for 3 with a run scored and Sebastian Salas batted 1 for 4 with a RBI and a run scored.

In game two, Thorne took the mound for the Warriors and added another victory to his pitching record. Thorne struck out nine batters in his effort allowing just one run, two hits and no walks for the Trojans.

“Thorne was in complete command today,” Ingles said. “This is the first time in a while we have not walked a batter.”

Benson kept his hot bat

swinging as he batted 3 for 3 with a RBI and two runs scored. Campos batted 2 for 2 with two runs scored. Thorne helped himself out at the plate as he batted 1 for 2 with a run scored. Hedrick batted 1 for 3 with a triple and four RBI, while Salas batted 1 for 3 with a RBI and two runs scored.

On Friday, April 29, the Warriors hosted the Oroville Tigers and finished off their regular season with a wild 12-11 victory. Nathanael Lucero got the start for the Warriors as he struck out six batters in five innings on the mound. Lucero gave up three runs in the first inning but the Warriors came back and had a 9-7 lead going into the sixth. Brock Neil threw the last two innings for the Warriors and had three strike outs, the most important one being against the Tigers power hitter for the third out to end the game.

The Warriors fell behind 9-11 in the top of the sixth before coming back to score two more on the same play with Hedrick scoring on a past ball and Lucero scoring on an overthrown ball to take the lead. Nick Medina then

scored one more for the Warriors to give the host a two-run lead. Oroville made a valiant effort to come back as they scored one in the seventh but that was as close as they came.

At the plate, the Warriors continued to hit the ball well as Hedrick batted 2 for 3 with a double a RBI and two runs scored. Lucero batted 2 for 4 with a triple and three runs scored. Salas and Thomson both batted 2 for 4 with a run scored. Neil batted 1 for 3 with a homerun, 2 RBI and two runs scored. Alex Jurado batted 1 for 4 with a double, two RBI and a run scored, while Benson added a run and a RBI.

The Warriors ended the regular season with a league record of 7-3 and a 14-7 overall record as they ended their season winning 10 of their last 11 games. Winters will travel to Gridley on Friday, May 6, to take on the Bulldogs in the first round of the north section playoffs. The Warriors lost their first match up with Gridley 4-5 earlier in the season then suffered a 4-19 loss in their second match up.

Curve ball



Photo by Eric Lucero
Joe Fiori took the mound for the J.V. Warriors last week. They played their final game of the season on Friday.

Boys track team dispatches Oroville; Girls edged

By JAY SHUTTLEWORTH
Special to the Express

The Winters High boys varsity track and field team won 12 of 14 events and cruised past Butte View League rival Oroville 91-21 on Wednesday, April 27. However, the girls’ team dropped a hotly-contested meet to the undefeated Oroville squad, 67-57. The JV boys won 32-0 while the JV boys dropped their competition, 69-48.

Highlights of the boys meet included senior Jerry Feltis leading teammates Jeremy Shepherd and Jesse Beckett in a sweep of the varsity shot put. Jesse Adams placed second in the discus while Beckett recorded a third-place toss. Shepherd also won the 110 hurdles while teammate Nico Acevedo was second. Adams and Feltis snagged second and third place in the triple

jump.

Youth Day “Sweetthunk” Piedad Junez won the 1600 and placed second in the 800 to teammate Josh Sorvari. Sorvari also won the 400, placed second in the long jump, and joined team captain Cameron Lovell, Robert Warren and Junez to win the 1600 relay. Lovell won the 200 and high jump while Senior Richard Anstead was second in the high jump and 400. Throwing specialist David Damon won the 3000 in 12:57.0.

Despite getting nipped by Oroville, the varsity girls had some fine individual performances. With Oroville star Tameeka Jones felled by a leg injury, the hurdle trio of Lauren Yehle, Sophie Sears and Cara McCoy swept the 100 and 300 hurdles. Yehle won a competitive triple jump in 30’1” and also joined McCoy, Courtney Carner, and Na-

talie Cooley in a victorious 1600 relay. Despite the meet being so close, Oroville interestingly decided not to enter a relay against the talented group in the winner-take-all race.

Cooley continued to lower her school-best mark in the 800 while also handing Oroville’s Katie Brandt a rare loss. Cooley won in 2:41.3 and also placed third in the mile (6:01).

The 400 featured a duel between the fourth and eighth-ranked runners in the North Section — Oroville’s Krista Brandt and Winters’ Carner. Although Brandt (1:01.4) prevailed over Carner (1:03.5), both set season bests in the process. Carner also tied Christine Hanes’ 2002 school record for the event. Carner later finished second in the 200.

Junior Sierra Thomas won the shot put with a toss of 32-4; this matched

her previous effort at the Ramsey Invite in Auburn, which surpassed Christina Gastelum’s school record of 32-1.5. Thomas was also second in the discus while teammate Mayte Herrera was third in both throwing events. Team-captain Sara Bean Duncan placed third in the 3000 and had a season best effort in 12:51.0.

For the JV boys, sophomore Alvaro Zaragoza won the 800 (2:15.7), the 1600 (5:03.0), was second in the

See **TRACK** on page B-2

Varsity girls fall to Oroville

The Winters High School varsity softball team lost their final game of the season on Friday, April 29, against visiting Oroville 16-3. Oroville

scored consistently each inning except for the second while the Warriors were only able to put points on the board in the second and the third.

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Call 795-4551.

Moreno, Torres make all league

Gustavo Moreno and Hugo Torres were named to the 2005 boys’ soccer Butte View All League Team.

Last month coach Art Harris held their annual awards banquet and pasted out the all league patches along with other awards. Abel Aguilera received the coaches award. Omar Silva was given the Gatorade Rookie of the Year award. Alex Bermudez was given the Gatorade Will to Win award and Moreno was named the team’s MVP.

ATHLETE OF THE WEEK

Lauren Yehle



Lauren Yehle, a hurdler, the triple sophomore on the girls’ varsity track team is this week’s Winters Express athlete of the week.

In last week’s meet against Oroville, Yehle won quadruple gold as she placed first in the 100 hurdles, the 300

hurdles, the triple jump and was a member of the winning mile relay team.

So far this season, Yehle is undefeated in the 100 hurdles, a race that she won as a freshman at the sub-sections last year.

LORENZO'S TOWN & COUNTRY MARKET

“SERVING WINTERS SINCE 1939”

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Contact



Photo by Eric Lucero
Cody Campos makes contact at the plate. Campos and the J.V. baseball team looked strong this season.

Jr. Warrior Football signups scheduled for May 14

The last official signup for junior cheerleaders and football players will be on May 14 at Cody's on Railroad Avenue from noon to 4 p.m. If you signup by May 14 the fee for playing football is \$160. First late signup by June 11 is \$175 and last late signup by July 9 is \$190. The fee for cheerleaders is \$350. Signups for

cheerleaders will be held every month through July 9 at Cody's on the second Saturday of each month, from noon to 4 p.m. Please sign up early to reserve your place on the team. Coaches are needed for both football and cheerleading. If you are interested please call Jackie Monnin at 795-1020 or come to signups on Saturday.

Golf tournament benefits Sacramento Zoo

The Sacramento Zoo's Fourth Annual Swingin' Safari Golf Tournament will take place Thursday, May 26, at Teal Bend Golf Club. Think you are a pretty good golfer? Have you ever had to putt past a pink flamingo or found the 12th hole guarded by a tall building? all under the stern gaze of a Harris' hawk and accompanied by the call of a South American blue and gold macaw. That's the kind of challenge you'll face when

The Sacramento Zoo, Nacht & Lewis Architects and John F. Otto Construction team up to bring you a golf tournament. Just to reassure you, the bird is stuffed and the building is a model, but the hawk and the macaw are real and all part of this unique tournament held annually at Teal Bend's beautiful 18-hole golf course. The day begins at noon and includes lunch, a unique putting contest only the Zoo can offer, vis-

its from live Zoo animals, the 18-hole scramble, a delicious dinner as well as special raffle prizes. Sponsorships are available and individual players are also welcome. Proceeds help the Zoo's educational programs reach students of all ages with on site programming and community outreach. If you have questions regarding this event, please contact the Sacramento Zoo at 916-264-5166 or visit the Zoo's web site at www.saczoo.com.

2005 pool schedule

The Bobbie Greenwood Swimming Pool at Winters High School opens on Saturday, June 4, the schedule follows:

Water aerobics
~ \$40.00 a session or \$4 as a drop in.
~ Monday ~ Thursday 7-8 p.m.
~ Session One: June 6 - 30.
~ Session Two: July 5 - 28.
~ Session Three: August 1 - 11.

Swim Team
~ Weekdays 8 a.m. - noon

Swim Lessons
~ Weekdays 12:30 ~ 1 p.m. and 1:15 ~ 1:45 p.m.
~ Session One: June 13 - June 24
~ Session Two: June 27 - July 8
~ Session Three: July 11 - July 22
~ Session Four: July 25 - Aug. 5

Lessons will be American Red Cross Standards swim lessons. Parents and Tots, Kinder, Beginner I, Beginner II, Beginner III, Advanced Beginner and Intermediate Lessons will meeting five day a

week for a two week session with a total of five hours of instruction. Cost per child per session is \$25. Register and pay for swim lessons at City Hall, City Clerk side, prior to each session. Call 795-4233, ext. 102 for additional information.

Recreation swim
Recreation swim: Bobbie Greenwood Pool will open for the public June 4 through Aug. 13. There has been a change in time for the recreation swim: The pool is open daily from 2-6 p.m. The cost is \$1.25 for adults, teens and children.

Season passes
Season passes are \$30, \$10 for each additional person. A family pass is \$60 for a family of four, \$10 for each additional person. Season passes must be paid for at City Hall. The adult lap swim will be held Monday-Friday from 6-7 p.m. Season passes count. The pool will close on Aug. 13. For more information, call City Hall, 795-4233 ext. 102.

Don't forget mom.
Mother's Day is Sunday, May 8.

Visit us online at www.wintersexpress.com

TRACK

Continued from page B-1
300 hurdles (48.5) and joined mates Mat Catalan, Curtis Holabird and Johnny Lucero in a victorious 1600 relay in 3:52. Zaragoza's leg was a season-best of 54.2 seconds. Catalan was second in the 800 and 1600, and he won the long jump in 17-9.5. Lucero won the triple jump in 34-10 and was second in the long jump with 16-1.5. Sophomore Curtis Holabird was second in the 400 (59.7) and 200 (27.0), while teammate Cory Haraga was third in both events. Sophomore Leila Muller helped the JV girls break their winless streak with wins in the shot put (24-1) and discus (71-5). Sophomore Amy Purvis won the 1600 and 800, while freshman Krista

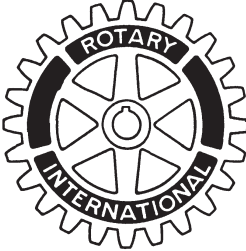
Blandin recorded second place finishes in both events to go along with her win in the long jump. Sophomore Julia Millon was third in the

mile. Winters faces Oroville and Wheatland in a non-scored pre-championship meet May 4 at Yuba College.

ROTARY CLUB OF WINTERS STUDENT OF THE MONTH Andrew Cliche



Lynn Secrist was another teacher who couldn't say enough about the Rotary Club of Winters' Student of the Month. "Andrew Cliche is the father of our band - the wise, the sensible, the knowledgeable one. As a musician, Andrew is the finest. He will never make an unmusical sound on clarinet or sax. He has spent eight years learning his craft, beginning in Vacaville. He has represented WHS at All State Festival Band on tenor sax. For fun he also plays guitar." Ms. Secrist went on to say what a leader Andrew is and how he is a team builder with lots of spirit and a smile. Andrew is an Eagle Scout and seems to have his moral compass pointed in the right direction. Andrew has also built a war memorial at the Blue Oak Park as part of his Eagle Scout project, which Rotary President John Donlevy encouraged everyone to stop by and see.



Rotary Club of Winters
Meets every Thursday, 12:15 p.m.
Buckhorn Restaurant
2 Main Street, Winters

*Latest
community project*
**Youth Day Pancake
Breakfast - 769 served**

Schools



Courtesy photo
Vasey Coman took second place in the Rotary speech contest.

Coman places second in district speech contest

By WOODY FRIDAE
Special to the Express

After winning the Winters Rotary Speech Contest, Winters High School student Vasey Coman went to the Rotary Area Competition in Fairfield on April 9 and placed first there as well. She then competed in the Rotary District competition held April 30 in Vacaville, and delivered her speech in front of approximately 200 Rotarians.

The speeches are supposed to demonstrate the core values that Rotarians call the "Four Way Test" of the things one should think, say and do: Is it the truth? Is it fair to all concerned? Will it build good will and better friendships? Will it be beneficial to all concerned?

Vasey's speech was a

moving account of her great-grandfather, Jack Vasey, who happened to be a charter member of the Winters Rotary Club. She told of how one day shortly after World War II, her great-grandfather and namesake saved a Japanese American woman and her children from an angry mob. He motioned them into the rear entrance of the Vasey Brothers' Store and called the sheriff for help and got them evacuated. She related how this demonstrated the values of Rotary's Four-Way test and why she is proud to carry on the name of Vasey.

The speeches of the final three contestants represented the best speeches from 66 different local competitions. The judges awarded her second place and \$300 prize money.

Mondavi Center plans preview of upcoming season for teachers

The Arts Education Program at the Robert and Margrit Mondavi Center for the Performing Arts at UC Davis will host a special "Preview Party for Educators" to publicize its 2005-06 season. Scheduled for May 12, the event will be the first chance to see what's in store for the Wells Fargo School Matinee series, the Kennedy Center's Partners in Education Professional Development Workshops, and other components of the 2005-06 Arts Education Program. The event will feature wine and light refreshments, and attendees will be entered into a drawing to receive 30 free school matinee tickets.

The event begins at 4:30 p.m. on Thursday, May 12, in Mondavi Center's Rumsey Rancheria Grand Lobby on the UC Davis campus. Advance notification

is not necessary, but it is requested that those interested in attending contact Janelle Davila 530.754.5431 or jcdavila@ucdavis.edu by May 6.

There is no charge for admission to the event, but participants are advised that there is a \$6 fee for parking.

Calendar on trustee agenda

~The board of trustees will meet Thursday, May 5 at the district office. The following items are on the agenda:

~Recognition of John Clayton Kinder students Luciano Arce, Omar Garnica, Fallon Griffin, Wilfredo Maldonado, Juan Marquez, Andrea Santos and Trinidad Santos.

~Recognition of John Clayton Kinder parents Laura Rey and Amy Shaw.

Discussion items
~General restructuring.

~Wednesday minimum days for 2004/05 school year.

~School staff development buy back day results for 2004/05 school year.

~Addition of Algebra 1A at Winters Middle School.

~Steroid use by high school students.

~Approval of resolution in support of senate constitutional amend-

ment - 55% majority to pass parcel tax

Action items
~Consider approval of change in observance of Martin Luther King, Jr. holiday and Lincoln's birthday for 2006/07 and 2007/08 school years.

~Consider approval of 2006/07 and 2007/08 school year calendars.

~Program improvement update and acceptance of 2004/05 program improvement intervention grant.

Final call for PTA volunteers

Winters PTA still needs volunteers to join the board for the 2005-2006 school year. Installation of new officers will occur at the May 11, meeting. Those who are interested or have questions may call PTA President, Theresa Borchelt, 795-5812; or Membership Chair, Becky Griffey, 795-5750 or come to the next PTA general meeting, Wednesday, May 11, 6:30 p.m. at the Shirley Rominger Intermediate School's faculty room.

PTA provides extra funds to help support important educational programs and field trips for grades kinder through fifth. The existence of this organization is dependent on volunteer board members. At the end of this school year, many of our existing board members are moving on to the sixth grade, and/or are stepping down from their positions, therefore a lot of key board positions are available. If you value PTA and wish for it to continue next school year, please get involved today and become a board member.

If volunteers don't come forward by the next meeting, the Winters PTA will not exist next year.

If you want to save PTA by joining the board for next year, you must be at the installation meeting, Wednesday, May 11, 6:30 p.m. at Shirley Rominger Intermediate School's faculty room. This is the final call.

Float proceeds to benefit youth

The youth of First Baptist Church of Winters are offering to the community the sale of the constructed church garden float, as seen in the Youth Day Parade. Puppets are not included.

All proceeds will go toward supporting a youth to attend Jenness Camp, a Baptist youth summer camp.

Anyone interested in making a tax deductible donation may contact Susan, 795-9035.



Photo by Debra Lo Guercio

The Winters Chamber of Commerce honored the FFA National Champion Livestock Judging Team by placing a plaque in the team's honor on the city's welcome sign, located on East Grant Avenue. From left are (front) Jesse Beckett and Brenden Benson (back) past FFA State vice president Marcus Hollan, Jacob Thorne, Chamber executive director Dan Maguire, Chamber president Howard Hupe, FFA past state sentinel Jesse Eller and Matt Hayes.

Don't forget to honor mom on Sunday, May 8, Mother's Day.

Features

Causes of swollen ankles are many

DEAR DR. DONOHUE: My feet and ankles can swell so badly that I have trouble getting my shoes on and off. My doctor shrugs when I ask why they're swollen. All he says is to stop using salt. Can you tell me what causes it and what to do for it? —M.E.

ANSWER: Such swelling is called edema (uh-DEE-muh), and it comes from tissues that are soaked with fluid. It takes several quarts/liters of excess fluid before swelling is even noticeable, so when a person has swollen ankles and feet, that person has retained a considerable amount of fluid.

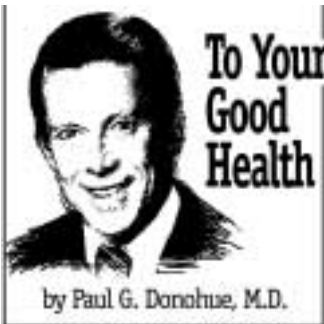
Causes are many. Heart failure is a prominent one. Untreated high blood pressure is another common cause. Failing kidneys make the body retain fluid and produces swelling. Liver cirrhosis is another cause. Obstruction of leg veins makes leg blood vessels leak fluid into tissues. So does keeping the feet dangling down when sitting for prolonged periods of time. In that position, gravity draws fluid out of blood vessels.

An often underappreciated cause is commonly used medicines. Anti-inflammatory medicines like ibuprofen can do it, as can cortisone drugs. Calcium channel blockers are a family of popular medicines for blood pressure and angina. They can give rise to swollen ankles. Some names are Calan, Procardia and Cardizem.

The only approach to treatment is finding the cause. Some general measures can help you reduce swelling. Do go easy with your use of salt. When you sit, prop your legs up, and the higher and the longer you prop them, the better.

Wearing elasticized hose compresses swollen tissues by forcing fluid back into the circulation. Water pills are usually a part of treatment.

The booklet on edema and lymphedema goes into greater depth on these topics. Readers can order a copy by writing: Dr. Donohue — No. 106W, Box 536475, Orlando,



FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I have high blood pressure and have taken many medicines for it through the years. None has worked as well as Norvasc.

My doctor told me that Norvasc is a calcium blocker. That has me wondering if I need to take calcium when I take this drug. Does it block calcium absorption? —W.R.

ANSWER: If the name "calcium blocker" confuses you, it must confuse many others. Calcium channel blockers are a large family and are used by many people. They block calcium's entrance into the strands of muscle fibers that wrap themselves around arteries. Constriction of those tiny muscles narrows the arteries and raises blood pressure. That's where the calcium blocking takes place. It doesn't take place in the digestive tract.

You don't need a calcium supplement.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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Thou shalt not kill, except when vengeance is ours

Prison is for what? Somebody does something illegal, and we lock them up for three main reasons. To punish the perpetrator of the crime and thereby teach him a lesson in the hope that he does not do it again. To protect society from further misdemeanors. And to rehabilitate him; that is to help him understand that this is not the kind of behavior that society expects of him or that he should expect of himself. Cultures differ as to how they prioritize these three reasons that may even change over time. For example, during the past decade in the US, there has been debate about the amount of rehabilitation that prisons are required to provide and even if rehabilitation is in their mission. Should prisons provide exercise equipment and books to the gentlemen under their care?

Some would argue that the punishment aspect demands reasonably harsh treatment in jails, or at least nothing approaching a bed of roses. Whereas societal protection and rehab make no such claim — there is no logical argument as to why jails should be tough environments if these are the goals. Looking internationally, US jails are in fact very harsh establishments, suggesting that we rank punishment as the principal reason for incarceration. Strange for a society that holds Christian values in such high regard.

But the death penalty is different from prison. No rehabilitation here, just punishment and protecting society. Well actually, it is not even protecting society because once a prisoner is locked away — that job is done. No, it is really about punishment. The idea is that the would-be criminal is so worried about the electric chair that he lowers the gun, sheaths the knife or drops the hatchet. But lots of research shows that capital punishment is not a deterrent for homicide. Most murders occur between family members and are spur-of-the-moment events when there is not a lot of rational thought taking place.

Europe realized this



long ago and banned the death penalty. Europeans saw institutionalized death as simply an act of vengeance and retribution, human qualities that the state should not foster, and this made death by the State unacceptable — a medieval practice that should have gone long ago.

Deep down, the US sees the death penalty as a bit medieval as well. After all, it finally banned the death penalty for minors earlier this year leaving only Somalia that officially puts children to death. That is why the law in most states has taken such pains to make death as painless as possible. The electric chair is out — too much smell of burning flesh. Instead, it is done by lethal injection. Here's how it works. The prisoner is given a sodium thiopental, an anesthetic; then next injected with pancuronium bromide which causes paralysis; and then finally given potassium chloride which causes death. Without the anesthetic, the person would suffocate and endure agonizing pain. Pretty easy way to go you might think?

Not so, according to two researchers from the University of Miami. Writing in the esteemed medical journal, The Lancet, they report that out of 49 autopsies carried out on prisoners that had been executed in Arizona, Georgia, and North and South Carolinas, blood concentrations of sodium thiopental were lower than that required for ordinary surgery in 43 cases. In 21 of these cases, concentrations were consistent with the person being aware of what was going on. Additionally disturbing is that anxiety or substance abuse, not unheard of in prisons, can increase the amount of anesthetic a person requires. Furthermore, the researchers

discovered that most executioners had no training in their "craft," that prisoners were given a standardized dose of anesthetic — one size fits all — and that no monitoring of prisoners was carried out. They suggested that the "current practice for lethal injection for execution fails to meet veterinary standards." This must be cruel and unusual punishment — a practice specifically violating the US Constitution's Eighth Amendment.

Death is an onerous penalty to hand to out for any crime because it can never be rescinded if the person is later found to be innocent. DNA technology now gives us the luxury of examining physical evidence to an extent that was never possible 50 years ago. These advancements have shown that indeed many death row inmates are innocent of the crimes for which they have been wrongfully convicted by the state. In Illinois, the death penalty was suspended by the Republican governor because of the large proportion of prisoners (12 of 25) slated for the needle having been found innocent of their "crimes".

With 12 out of 50 states rejecting the death penalty, and several others putting it on hold, what's next? Find a new "humane" way of killing people like the Nazis tried to do? Double the anesthetic dose? Award death sentences based only on DNA tests? Or finally stop the barbaric death penalty?

Pleased to meet you



Name: Laura Smith
Occupation: Administrative Assistant for WJUSD.
Hobby: loves to garden
What's best about living in Winters: "I love the small town atmosphere and the people."
Fun fact: Has worked for 5 superintendents and 6 principals.

King Crossword

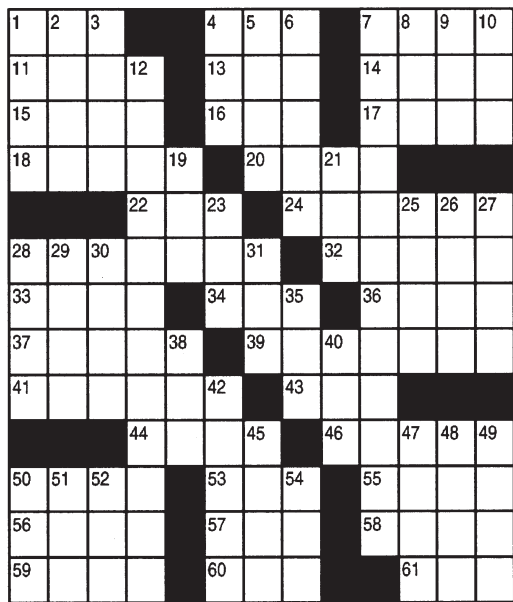
Answers

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O	R	F	F	I	M	P	I	D	L
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P	E	R	U	A	I	L	Z	E	S
R	A	I	L	R	D	A	E	L	L
O	R	G	Y	N	E	W	Y	E	W

King Crossword

ACROSS

- "- good deed"
- Beast of burden
- Equitable
- "Carmina Burana" composer
- Mischiefmaker
- Not in operation
- Gambling game
- Miss Piggy's pronoun
- Crease
- Mill output
- Summertime pest
- Uncivilized
- Gas components
- Talk on and on
- Comedian Anderson
- Apiece
- Fix the soundtrack
- Imperfection
- Detest
- Deuteronomy preceder
- Handy
- Sticky stuff
- Scoff
- Bullwinkle foe
- Lima's land
- Be below par
- Piquancy
- Bar



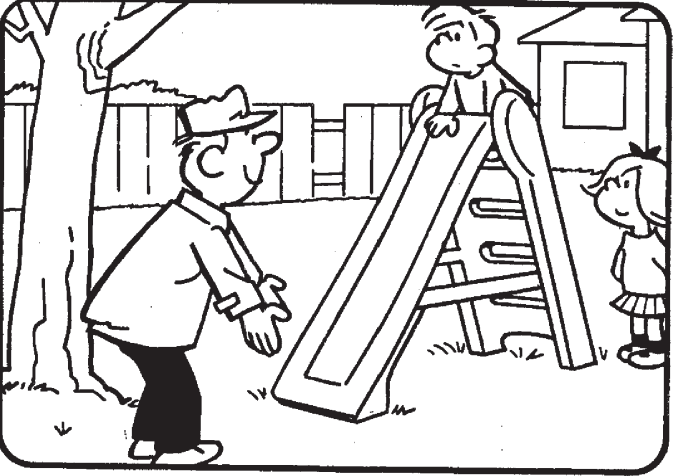
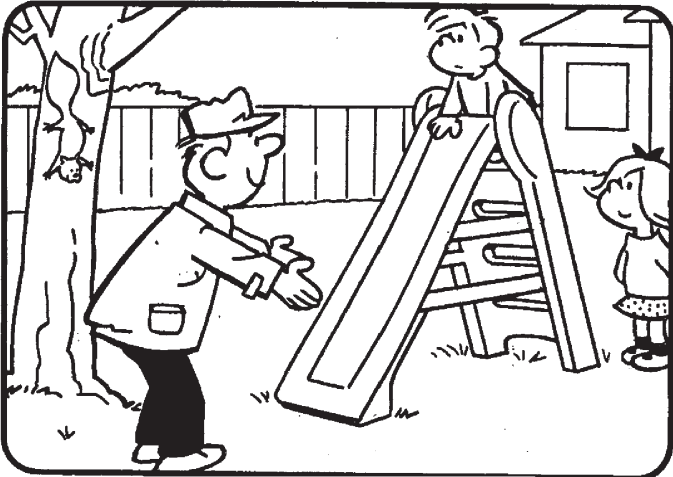
DOWN

- Remove
- Evangelist Roberts
- Frizzy hairstyle
- Pick a target
- Air pollutant
- Backbone
- Liquor quantity
- Commotion
- "- be!"
- Blushing
- Picnic holiday
- "Go team!"
- Pac. counterpart
- Marry
- Year-end celebration
- Pinocchio, at times
- Patches
- Suitor
- Some retrievers, for short
- Longing
- Skedaddle
- Glitch
- Actress McClanahan
- Unruly bunch
- Memorize
- Carnival attraction
- Depend (on)
- Gilligan's home
- Agonize (over)
- Paid player
- Listener
- Drilling equipment
- Matlock's field

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HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.
Differences: 1. Squirrel is missing. 2. Squirrel is missing. 3. Arms are moved. 4. Board is missing. 5. Slide brace is missing. 6. Skirt is different.

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ARIES (March 21 to April 19) The Lamb is usually excited about taking on a new challenge. But if that's a touch of doubt you're feeling, maybe it's you telling yourself to go slow on this until you learn more about it.

TAURUS (April 20 to May 20) Accepting new commitments when you haven't yet finished the batch on hand could be a bit rash. Better to ease up on the new ones until you get further along with your current lot.

GEMINI (May 21 to June 20) Reward yourself for what's sure to be a dynamic week with a getaway to someplace wonderful, hopefully with a wonderful someone. You'll return refreshed and ready for what's ahead.

CANCER (June 21 to July 22) Some people might be anxious about your plans. So you need to take time to explain what you expect to do and how you expect to do it. And don't forget to ask for suggestions.

LEO (July 23 to August 22) Dealing with an unfamiliar problem can be difficult. The wisest course you can take is to ask for advice from those who have been where you are and have come through it. Good luck.

VIRGO (Aug. 23 to Sept. 22) Tackle a frustrating job problem by considering possibilities you might have ignored before. This reassures colleagues you're serious about finding a solution, even if it's not totally yours.

LIBRA (Sept. 23 to Oct. 22) Your balanced approach to life proves to be helpful this week when someone you care for needs your spiritual comfort, while someone else benefits from your tough-love practicality.

SCORPIO (Oct. 23 to Nov. 21) Once again, you're likely to be asked to keep a secret for someone. But do you really want to do so? Be honest with yourself and with your needs before you make any such commitment.

SAGITTARIUS (Nov. 22 to Dec. 21) Taking a more direct approach from the more diplomatic one you've used before could make a difference in finally resolving a too-long-held disagreement. Try it.

CAPRICORN (Dec. 22 to Jan. 19) Being asked for advice is flattering to the Sea Goat, who has a habit of saying the right thing. This time, expect someone to be especially impressed and to act on that sentiment.

AQUARIUS (Jan. 20 to Feb. 18) With a number of pressures easing, your project could be making a lot more progress than you expected by this time. That's great news. But don't let yourself be distracted; stay with it.

PISCES (Feb. 19 to March 20) An interesting challenge looms that could be exactly what you've been looking for. Discuss this with colleagues who could have much to contribute and who might want to join with you.

BORN THIS WEEK: Your heart is always open to offer loving concern for others. And they, in turn, reach out to complete the circle. (c) 2005 King Features Synd., Inc.

Nuestras Noticias



JUAN FERNANDEZ

EVENTOS Y COMENTARIOS HISPANOS

Se Busca una Madre

La importancia del papel de la madre en el hogar queda claramente descrita en el siguiente anuncio que fue publicado en periódico de mi pueblo. Se solicita urgentemente una ama de casa, para este puesto la solicitante debe ser capaz de llevar a cabo y coordinar las siguientes funciones: Acompañante, Consejera, Directora, Administradora, Agente de Compras, Maestra, Enfermera, Cocinera, Nutricionista, Decoradora, Limpiadora, Chofer, Niñera, Trabajadora Social, Psicóloga, Organizadora, etc.

Los requisitos: La solicitante debe tener una automotivacion ilimitada y el mas fuerte sentido de responsabilidad si quiere tener éxito en este trabajo, debe ser independiente y con iniciativa, capaz de trabajar aisladamente y sin supervisión. Ser eficiente en el manejo de personas de todas las edades y apta para trabajar en condiciones de estrés durante largos periodos, si fuere necesario. También debe contar con flexibilidad suficiente para hacer un sinnúmero de tareas al mismo tiempo, sin cansarse y con la adaptabilidad para manejarse sin confusión, ni protesta, en los distinto cambios dentro del desarrollo de la vida de la familia, incluyendo emergencias y crisis serias.

Debe ser capaz de atender todo asunto, con gente de todo tipo, in-

cluyendo el mal carácter masculino, burócratas, maestros de escuelas, médicos, dentistas, trabajadores, comerciantes, suegras, adolescentes y niños. Ha de ser competente con los oficios arriba mencionados, sana creativa y extrovertida, para alentar y ayudar al desarrollo físico y social de la familia. Debe tener imaginación, sensibilidad, calor, amor, y comprensión, ya que será la responsable, además de concebir, parir, amamantar y cuidar la familia, de su bienestar mental, emocional y espiritual.

Horario de trabajo: Todo el tiempo que permanezca despierta, así como turnos de veinticuatro horas cuando sea necesario.

Salario: Ningún salario o sueldo. El gasto será negociado de vez en cuando y deberá presentar una contabilidad cuidadosa, y tal vez se le puede requerir a la solicitante que consiga un segundo empleo, para ayudar al sostenimiento del hogar.

Beneficios: Ningún descanso ni vacación garantizada, ni siquiera por enfermedad, maternidad o largo servicio (no hay jubilación, seguro de vida, ni seguro de accidentes). Tampoco se ofrece compensación alguna, aun cuando haya tiempo extra. Favor de enviar la solicitud a la brevedad posible, aplican restricciones. FELIZ DIA DE LAS MADRES.

Arnold, el incomprensible

Nunca me han gustado las películas de Arnold Schwarzenegger. No recuerdo haber visto ninguna jamás y, con el perdón de sus millones de fans, no creo haberme perdido ninguna perla del cine universal. Su actuación estelar como gobernador de California es otra cosa. Ésa, no me queda más remedio que prescindirla, y no deja de tener un cierto encanto, como esas películas que, de tan malas, llegan a ser buenas. O al menos, divertidas.

Últimamente, parece que el guión se lo escribe a Arnold su peor enemigo, porque ha metido la pata tan seguido, que no puede explicarse de otra manera. Y eso siempre es una buena noticia, porque da de qué escribir. Pero no creo que sea tan buena noticia para el gobernador, cuya prodigiosa popularidad de antaño se está reduciendo a pasos agigantados. Ni para California, que esperaba algo más de un héroe del celuloide.

En realidad, Arnold no es tan grande como parece en las películas. De hecho, al principio de su mandato y en lo más alto de su popularidad política, algún periódico escribió artículos completos sobre la discusión en torno a la altura física de gobernador. Su altura oficial, la que confiesan sus agentes publicitarios, son seis pies dos pulgadas, o 1.87 metros. En realidad, muchos que lo han visto en persona están de acuerdo en que no supera los cinco pies nueve pulgadas, o un

módico metro con 75 centímetros. Un hombre de altura promedio que quiere preservar el mito de que es más grande de lo que es en realidad.

Por lo pronto, Arnold “el grande” ha tenido que guardar en el cajón varios de sus ambiciosos proyectos, como el plan de privatizar las pensiones de los empleados públicos y las reformas de la escala salarial de los maestros. Con el primer proyecto se echó encima a los bomberos y a los policías, dos de los grupos más reverenciados por el público votante, que se encargaron de decirle a todo el mundo que Arnold estaba robándole la pensión a las viudas de los fallecidos en cumplimiento del deber. Cosa poco digna, la verdad. Con el segundo, terminó por destruir cualquier posibilidad de diálogo con los maestros, una relación que ya se había comenzado a resquebrajar cuando, después de prometer que sólo iba a tomar prestados unos cuantos miles de millones del presupuesto de educación para devolverlos después, resultó que no, que los maestros también eran, junto con las enfermeras, esos “intereses especiales” contra los que tanto despótica.

Mientras su “agenda reformista” se desintegra y tras enemistarse con los maestros, las enfermeras, los policías, los bomberos... ¿qué puede quedarle a Terminator más que arengar contra el punching bag favorito de los políticos republicanos de California, los inmi-grantes? Debe ser por eso

por lo que, el otro día, Arnold hizo un llamado heroico a “cerrar las fronteras”. La frase exacta parece construida por un niño de segundo grado de una escuela pública de California y ésta es mi mejor traducción:

“Cierren las fronteras en California y en todo México y los Estados Unidos. Es injusto que todas esas personas sigan cruzando esas fronteras abiertas y tener esa situación tan poco estricta”, dijo el governor ante una audiencia de la Asociación de Periódicos de los Estados Unidos.

No sabemos muy bien lo que quiso decir con esa frase tan imprecisa, pero su secretaria de prensa, Marguita Thompson, que se entrenó en traducir las ideas confusas de un candidato cuando fue secretaria de prensa de George W. Bush en California durante su primera campaña, se apuró a decirle a los periodistas que lo que el gobernador “realmente” quería decir era que “había que vigilar mejor la frontera”.

“Sin embargo, en el lenguaje de otras personas, podría significar algo completamente diferente”, agregó Thompson. No quedó mucho más claro, es cierto. Pero me hizo pensar que realmente es una lástima que las fronteras no hayan estado realmente cerradas en los años 60, cuando un jovencito Alemán vino a realizar su sueño americano de ser físico-culturalista, actor de acción y gobernador de California.

Corrección necesaria en México

El presidente Vicente Fox tomó el camino más razonable, para desactivar una maniobra política que quemó a sus autores y puso en peligro la continuidad del incipiente proceso democrático de México. El intento de eliminar de la contienda presidencial, con argucias legales, al político que encabeza las encuestas presidenciales fue una maniobra torpe y banal, digna de otros tiempos de impunidad autoritaria. Por fortuna, esa época de prepotencia gubernamental parece haber quedado atrás. Lo lamentable es que desde Los Pinos se haya intentado continuar con esas acciones, desconociendo que ya no se puede cerrar la puerta democrática sin pagar las consecuencias. El Presidente está dando una salida política adecuada a un problema político disfrazado de judicial.

No sorprende a nadie que el chivo expiatorio del desatino político lo pague el titular de la Procuraduría General de la República, Rafael

Macedo de la Concha. A él le tocó aplicar el complot, urdido por el Partido de Acción Nacional (PAN) y el Partido Revolucionario Institucional (PRI), para dejar eliminar al candidato principal del Partido de la Revolución Democrática (PRD). No obstante, es difícil predecir hasta dónde llegarán las repercusiones de esta insensata maniobra. Lo cierto es que López Obrador salió fortalecido de este incidente y su popularidad seguramente lo encumbrará aún más en las encuestas. Los opositores lograron fundir el respaldo dado al jefe municipal con la defensa de la democracia de una forma que ni siquiera el mismo PRD podía prever.

Fue exagerada la decisión de desaforar al jefe municipal por no acatar una orden judicial de no construir un camino para un hospital. La justicia debe hacer responsable a López Obrador por desacatar una orden judicial, pero el castigo de retirarlo de la contienda presidencial fue despro-

porcionado debido a las no tan solapadas motivaciones políticas. Especialmente al considerar los gigantescos escándalos de corrupción y presunto enriquecimiento ilícito en México que nunca fueron resueltos. Esta selectividad para impartir justicia fue demasiado burda tanto para los mexicanos, como para la comunidad internacional, aunque todavía es temprano para juzgar el cambio del caso legal contra López Obrador.

Esperamos que después de este incidente la necesaria reforma de justicia tome fuerza para defender la presunción de inocencia de los acusados y que sus derechos sean resguardados hasta que no se dicte una condena final y definitiva. El Congreso, que vergonzosamente se prestó a la maniobra del desafuero, le debe a los mexicanos una ley acorde a los tiempos, que proteja al individuo de avasallamiento y cargos descalficadores. Quizás todo esto sirva para algo.

Help offered for violence victims

The Sexual Assault and Domestic Violence Center offers shelter for Yolo County women and children who are victims of domestic violence. The shelter is located in Davis.

In addition to shelter, the center offers a 24-hour crisis line, community education and outreach, legal support and counseling groups for men, women and children affected by domestic violence.

The SADVC has served Yolo County since 1977. Wendy Rodrigues serves as the executive director.

For more information about the SADVC, call 661-6336.

To reach the 24-hour crisis line, call 662-1133.

La inmigración y el real Bush

El debate sobre el proyecto llamado REAL ID, que quitaría valor federal a las licencias estatales de conducir para los indocumentados, revela el verdadero rostro de George W. Bush y de su reforma migratoria. Es increíble y lamentable que la Casa Blanca haya respaldado una enmienda que no tiene nada que ver con las guerras en Irak y Afganistán ni con los tsunamis de diciembre sino con temor retrógrado de algunos legisladores republicanos. La medida era tan extremista e inapropiada que el Senado republicano no la aceptó. Sin embargo, Bush permite que el odio a los indocumentados que consume al liderazgo de la Cámara Baja prevalezca y contamine

todo el proyecto. La Casa Blanca tenía ante sí dos opciones planteadas y optó por la peor, la de quienes explotan la ignorancia y el miedo para sus propios fines políticos.

Por otro lado, la Real ID desenmascaró al verdadero Bush. En varias oportunidades hemos aprobado las palabras comprensivas del Presidente acerca de los indocumentados, de sus motivos para cruzar la frontera y de sus contribuciones al bienestar general. Ahora sabemos que eran falsas, expresión de un gobierno que borra con el codo lo que escribe con la mano, que desmiente su discurso humanista con sus acciones inhumanas. El Presidente y sus funcionarios suelen hablar

ante audiencias latinas de un plan de trabajadores temporales que no han explicado y que parece ser una medida fantasma para consumo de un pueblo, el hispano, hambriento de buenas noticias procedentes del gobierno. Ahora está claro que la política migratoria de Bush consiste en invalidar las licencias de conducir que los indocumentados pueden obtener legalmente en diez estados.

Real ID. fue presentado desde un primer momento como una medida para evitar otro 9/11. En ella se eliminan las licencias y se refuerza la frontera sur, como si Tim McVeigh y los terroristas de AlQaeda hubieran entrado desde México sin papeles. Los

argumentos adelantados por sus autores son malintencionados y falsos, pero ahora sabemos que la Casa Blanca es cómplice y protagonista de esta acción. Por otra parte, la soberbia ilimitada de la enmienda avasalla las decisiones de los estados que otorgan las licencias, obligándoles a cambiar la manera que tratan a la gente que contribuye a sus economías.

De esta forma, la Administración Bush da su respaldo al cabildeo que los autores del Proyecto Minuteman realizan esta semana en Washington. Por lo menos se ha quitado la máscara y deja ver un rostro vergonzoso.

Suscribase llamando al Winters Express
795-4551

Classified Ads - The Market Place for Winters

Help Wanted

Manager for Coffee House in Winters, Full-time. Must be able to work days & weekends. Must be willing to learn opening procedures (5:30 a.m.) and cleanup procedures (5:30 p.m.). Food service exp. pref. Salary negotiable. Apply in person at Steady Eddy's Coffee House, 5 E. Main St.

NURSING: CNA or LVN to care for disabled female. Vacaville. P/T, incl. some wknds. 449-0625 lv. msg.

Help Wanted

SALES, Outside. Earn \$500-\$900 weekly selling cable TV & internet services. Bilingual a plus. Call Scott: 1-800-249-5882

Medical assistant (MA)-New Federally Qualified Health Clinic in Winters, CA seeks a full-time MA. 3-5 yrs exp. Bilingual Spanish preferred. Email cover letter and resume to whfoice@sbcglobal.net or fax to 530-795-5300.

13-2tc

Public Workshop Notice

IMPLEMENTATION OF SENATE BILL 656, SHER 2003

On June 1, 2005, Yolo-Solano Air Quality Management District (District) staff will hold a workshop to discuss the implementation of Senate Bill 656, Sher 2003 (SB656). SB656 was enacted by Legislature to reduce public exposure to particulate matter (PM), specifically particles less than 10 microns in size (PM10) and particles less than 2.5 microns in size (PM2.5). The California Air Resources Board (CARB), adopted a list of the most readily available, feasible, and cost-effective control measures that could be adopted to reduce PM10 and PM2.5. Measures included on the list are residential wood burning, non-agricultural open burning, fugitive dust, stationary combustion, leaks and storage facilities, product manufacturing, solvents and coatings, fleet rules, transportation related programs, and incentive programs. The District is now required to review the list and adopt an implementation schedule for measures appropriate to the District by July 31, 2005. The implementation schedule will identify the selected subset of measures, and the dates for final adoption, implementation, and sequencing of selected control measures. The objective is to make progress toward attainment of State and National PM10 and PM2.5 standards.

The workshop will be held at the following time and location:

**Wednesday, June 1, 2005
2:00 p.m.**

**Yolo-Solano Air Quality Management District
1947 Galileo Court, Suite 103
Davis, California 95616**

The public is invited to attend this meeting. A more comprehensive list of measures will be discussed at the meeting, and is available on the District's website (www.ysaqmd.org) under the Permits/Rules link. Written comments are encouraged to be submitted to the District prior to the workshop. Please contact Paul Hensleigh at (530) 757-3665 if you need additional information.

May 12, 2005

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
April 8, 2005
FREDDIE OAKLEY, CLERK
Kimberli Johnson, Deputy
FBN NUMBER 2005-404
The following person(s) is/are doing business as: Cache Creek Vineyards & Winery, 15270 Road 85, Capay, CA 95607. 15224 Road 85, Capay CA 95607.

Full name of registrant(s), residence address, Paul L. Smith, 15224 Road 85, Capay, CA 95607. This business classification is: An individual. The registrant has not yet commenced to transact business under the Fictitious Business Name or names listed above.

s/Paul L. Smith

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
s/Kimberli Johnson, Deputy Clerk
April 14, 21, 28 May 5

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
April 11, 2005
FREDDIE OAKLEY, CLERK
Linda Smith, Deputy
FBN NUMBER 2005-407
The following person(s) is/are doing business as: Clear Pools, 8290 A Pleasants Valley Road, Winters, CA 95694, P.O. Box 891, Winters, CA 95694.

Full name of registrant(s), residence address, Mark Espinoza, 8290 A Pleasants Valley Road, Winters, CA 95694.

This business classification is: An individual. The registrant commenced to transact business under the Fictitious Business Name or names listed above on March 11, 2005.

s/Mark Espinoza

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
s/Linda Smith, Deputy Clerk
April 14, 21, 28 May 5

Fictitious Business Name

FILED YOLO COUNTY CLERK/RECORDER
April 18, 2005
FREDDIE OAKLEY, CLERK
Ava Woodard, Deputy
FBN NUMBER 2005-444
The following person(s) is/are doing business as: Realty World-Camelot Winters, Inc. 37 Main Street, Winters, CA 95694.

Full name of registrant(s), residence address, Sandra T. Vickrey 37 Main Street, Winters, CA 95694.

This business classification is: A corporation. The registrant commenced to transact business under the Fictitious Business Name or names listed above on April 1, 1994.

s/Sandra T. Vickrey

Realty World-Camelot, Winters, owner. I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY County Clerk/Recorder
s/Linda Smith, Deputy Clerk
May 5, 12, 19, 26

Help Wanted

Pest Control Technician. Licensed and unlicensed may apply. Branch 2. Confidentiality guaranteed. Starting salary-unlic-\$12 an hr. benefits & IRA. Mail responses to Shelby's Pest Control P.O. Box 72, Chico, CA 95927.

13-4tcc

Departmental Aide position: Lake Solano County Park is accepting applications for part-time positions. Applicants will be required to collect park fees & rent boats. Need own transportation, must be at least 16 years old and be able to pass a background examination. \$7.63/hr. April - October. May be required to work weekends and holidays. P/U applications at park. 13-2tp

Maintenance Supervisor, full time, salary, benefits. Supervise maintenance for three restaurants in Winters. Fax resume to (530) 795-5570, drop off or pick application at 10 Main Street, or e-mail to jppickerel@charterinternet.net.

13-3tc

Horse ranch/handyman. Stall cleaning, fencing, etc. Must have experience & speak English. Part-time. Near Lake Solano Park. 795-2129

12-4tp

HELP WANTED
RECREATION LEADERS FOR SUMMER PROGRAMS
June
Group Activities, Crafts, Art project & Fun

ADVENTURE DAY CAMP ~ MONDAY~ FRIDAY 9:00 am ~ 2:00 pm

FUN IN THE PARK ~ MONDAY-FRIDAY 12NOON ~ 5:00 pm
Minimum wage \$ 6.75

Apply at: Winters City Hall

318 First Street
Winters, Ca 95694
(530) 795-4910 ext. 102
Open until filled

12-3tc

Driver- Class A Required with 2 years driving experience. Flatbed with forklift delivery. Fax resume and/ or info. to (707)446-8616 or call (707)592-6891.

Locksmith Service Tech. FT, for growing company in Fairfield area. Exp. req'd. Must be reliable, self starter w/clean DMV. Fax resume (559)291-2949

Help Wanted

HELP WANTED
POOL MANAGER, SUPERVISING LIFEGUARD LIFEGUARDS AND CASHIERS

SALARY \$6.75-\$11.00 @ Hour
SWIM SEASON JUNE 4 - AUGUST 13, 2005
MINIMUM REQUIREMENTS:
RED CROSS LIFE-GUARD TRAINING
RED CROSS FIRST AID CERTIFICATE
15 HOURS EMSA CPR
WSI DESIRABLE
APPLY AT:
WINTERS CITY HALL
318 FIRST STREET
WINTERS, CA 95694
(530) 795-4233 ext. 102
(530) 795-4910 ext. 102
FINAL FILING DATE:
OPEN UNTIL FILLED

12-3tc

Help wanted. Restaurant/catering. Hiring full-time & part-time, kitchen prep, onsite servers & bartenders. Apply in person at Buckhorn Catering, 111 Main Street, Winters.

Winters Joint Unfied School District
Kitchen Aide (1)
Reg. P/T, \$10.10/hr to \$11.07/hr DOE. 45 min/day-Lunch.
Open Until Filled

Coaches needed: Middle School: Track High School: Varsity Wrestling Varsity Head Football JV Football Varsity Volleyball

Classified Subs Needed (Custodial/Playground Supv/Clerical, etc.) On-call as needed. \$10.10 /Hr. M-F.
(1) Sub needed 20 hrs/week. Bilingual English/Spanish
Work as aide to School Nurse and Speech Therapists in AM's. M-F. Need asap; work thru 6/3/05

Certificated Teachers 2005-2006
Probationary/Full-time
High School: Art; P.E.-Health; Math
Middle School: Math; P.E.
Elementary: 1st Gr. Dual Immersion 2nd Gr. Dual Immersion Bilingual Eng/Spanish
Teachers must hold appropriate credential; CLAD or BCLAD compliant. Positions are Open Until Filled.
Applications/Info @ School District Office, 909 W. Grant Ave. Winters, 530-795-6103.

Help Wanted

P/T Delivery Tech. for delivery & instruct. of medical equipment. Fax resume to (707)422-6395 Attn: Schuyler or call 422-9901.

Driver needed. 21+ years, clean DMV. No phone calls. Apply in person at Northbay Auto Auction, 4833 Auto Plaza Ct., Fairfield, See Bob.

Autos for Sale

1995 Custom Buick Regal. 140k miles, power window/locks. Gran touring suspension. Leather. \$2,950 obo. (530)795-3503

99 Ford Windstar SE. Excellent condition. 106K miles, original owner. \$5,995. (530)756-6133

1989 Corolla. Automat-ic, first owner, runs good. \$1,600. (530)757-2331

1990 Maxima, loaded, runs great, needs some work. 155K, \$1200. (530)758-0885.

BMW 528e 1988, runs great. Well maintained. Excellent body and interior. 5spd, AC, CD \$2200. (530)758-8493.

95 Ford Explorer Limited, Loaded, excellent condition, one owner, non-smoker, 125k miles, \$4990. (530)758-3394

2002 Saturn wagon Beautiful car, still under warranty, \$11,200 obo. (530)758-4082

99 Land Rover Discovery II, loaded, excellent condition. Maintenance Records, original owner, \$9650. (530)757-6158.

1994 Toyota Previa AWD, power, dual AC, cruise, quad seating, CD, ABS, 158k miles, good tires. Runs great \$4,450. (530)756-8479

1989 Honda Accord SEi, two door AC/AT, leather, Sunroof, 115k miles Blue/green Asking \$2000. (530)758-3407

2002 Subaru WRX wagon. 62k 4 DR, power windows/ locks/6 disc CD/excellent condition. \$15,000 (916)730-7199

Toyota 4 runner, 1997 Forest Green, Automatic Transmission, 95k miles. \$8,500. (530)304-7121.

Autos for Sale

1999 Grand Voyager SE. 2 sliding doors, all power, AC, cassette. 92K miles. \$5,700. (707)678-1100.

1995 Toyota Celica. Good cond. Hwy miles. 5 spd. AC. am-fm and C.D. Auto locks and windows. \$6,000 obo. 795-2936 or 219-6111.

1983 Ford E150 with wheelchair lift. 80,000 miles. Call Ray, (530)756-1989. \$2,000 obo.

1987 300E. 83,000 miles. 4 door, leather interior, sunroof. Excellent shape. \$3,600. (530)681-2545

2000 Dodge Grand Caravan LE, 73k mi. Excellent condition. \$8,600. Call Merci (530)759-2271.

'88 Cutlass Calais, 4 dr., w/ht. w/blue int. 1 owner 76k orig. mi. A/C, V6, auto, P/W P/D P/S P/B. \$1700 obo. CLEAN! 428-5417.

'89 Civic. Runs great. Excellent student car. \$1,200. (530)753-1815

Blue Honda S2000 Sport Convertible. Exc. cond. Hardly driven. 9500 mi. Must see this baby! \$23,999. 707-365-3653

1999 95 4 cyl turbo, 84k miles, excellent condition, fully loaded. Cayenne red, moonroof. \$8,150 obo. (916)761-6373

1998 S70 Sedan. 97.3k miles. JVC audio system. Leather upholstery. Very good condition. \$8,500. (530)758-5142

'99 Ford Lariat, 350 V10, Crew Cab, 4x4, Super Duty, Long-Bed, fully loaded, leather, exc. cond., 51K mi. \$18,500 707-646-2938

BMW 525i, Silver, 1995, 4 door, Manual Transmission 6 disc. CD Changer, 140k mi. \$5400. Great Condition (530)304-7121

1991 Toyota Corolla. 4 door. 145k miles. AC, CD player, roof rack. \$2,500 obo. (530)756-1002

1994 Saturn SL2 4dr. 125k, AC, chrome rims, rear spoiler, white. Excellent of gas mileage. \$2,100 obo. (530)867-4681

Autos for Sale

1989 740 GL Sedan. 245K. Very clean, loaded. 1 owner, all records available. \$2,500 (530)681-2535

'01 Ford Explorer XLT A/T, great cond., 44K mi., wrnty, to 100K, dk. blue, \$12,000. (707) 452-9709.

2003 Gem Electric car, like new, only 3400 miles, great around town. \$4,700 obo. (530)756-9111

'94 Mazda 929. 4 door, all power, a/c, cass., CD, am-fm, sunroof, leather. \$3000 obo. (707)344-2455.

2001 Ford F150 Extended Cab. Low mil., p/s, a/c, c/c, new tires. Exc. cond. \$13,500. 707-631-8960.

'96 Ford Aerostar, 3L eng., fully loaded, red w/tan int. Clean, exc. cond. \$4000 obo. 707-631-4086

96 Ford Aerostar, 3L eng., fully loaded, red w/tan int. Clean, exc. cond. \$4000 obo. 707-631-4086

Autos for Sale

'93 Tempo. 94,500 mi. \$3000. New trans. & cooling sys. Days: 974-0145 until 5pm; eves: 422-8739, until 10 p.m.

'98 Nissan Altima GXE, 137K miles, runs great, fully loaded. \$3200. (707)429-2760

'95 Toyota Tercell, a/t, a/c, \$1500 obo. '93 Toyota Tercell, 5 spd., clean, \$850. '87 Chevy S10 P/U, a/t, \$1500 obo. '93 Ford Explorer, 5 spd., p/w, p/l, 2 dr., clean in/out. \$1800. '92 Merc. Grand Marquis, low mi., runs like new. Immac. \$2300. '98 Chevy Cavalier, parting out or \$500 takes all. 720-9718

'01 Ford F150, 4x4, 5.4L V8, ext. cab, only 24K mi. Must sell, fully loaded. \$17,500 obo. 426-1580.

'78 Dodge Flatbed 1 ton dully, automatic, 4 gates, 360 engine, \$4500. (707)428-6986

'96 Saturn SL2, 4 dr., 83K, auto/pwr, mags, leather, sunroof, exc. cond. \$3500. (707) 429-9760

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Fifth wheel-1995. Triple slide-out w/washer & dryer. 14 ply tires, H.D. wheels, awning. \$12,000. 916-531-4420.

32' Carver. Too Much to list. Forward & aft sleeping quarter, separate shower & toilet, full kitchen. Fresh motors, 1 w/minor problems. A steel at \$25,000 firm. 399-7772.

'00 Aljo Travel Tlr. 30 ft. #2950. Used little, exc. cond., lrg. slideout & bath, \$12,900. (707)693-9333.

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2003 Vespa. Like new, only 26 miles. \$3,200 obo. (530)662-6991

'01 80cc Shifter Go-Kart. Race ready, extras. \$2000. (707)344-3090

'03 KAWASAKI KL R650, dual purpose, elec start, liquid cooled, 4 stroke, DOHC, 850 mi. \$3000 obo. 707-249-7038

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17' West Coaster '91, w/walk thru seats, 25 h/p, elect. start Johnson O/B motor, galv'd. thr. camel painted, \$3900. 425-7487

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Yard Sales

The Annual Garage Sale of the Rich and Famous will be held this Saturday, May 7, starting at 8 a.m. Over 40 homes are expected to participate along with several churches and civic organizations. The area includes Main Street and surrounding blocks, starting at 2nd St. and proceeding westerly.

Yard Sales

St. Anthony Parish Hall will be renting out spaces in our parking lot for the annual Winters Garage Sale, Sat. May 7. Spaces are \$5 each. Call Shaman Loredo, 795-5332. 13-2tc

434 Anderson Ave. Sat. May 7, 8 a.m. - noon. Bedroom & living rm. furn., clothes & misc.

Yard Sales

200 Rosa St. Sat. May 7, 7 a.m. - ? No early birds.

402 Dry Creek Lane, Sat. May 7, starts 7:30. Begin here, then head down Main St. Gun cabinet, other furniture, clothing, misc.

618 Snapdragon, Sat. May 7, 8-noon. Weight bench, & weights, lots of misc.

801 Jefferson St. Sat. May 7, 8 a.m. - ?

603 Ivy Loop, Sat. May 7, 8 a.m. - ? Toddler bed, infant/toddler clothes, toys, misc. household items, YZ80 motorcycle.

803 W. Grant Ave. Sat. May 7, 8 a.m. - 2 p.m.

313 Creekside Way, Sat. May 7, 7 a.m. - 2 p.m. Shop press, chop saw, furniture & more.

Misc. for Sale

Doughboy pool, 21' round. 2 years old. Paid \$3,800, Asking \$2,000 obo. (530)756-6345

Hot tub, deluxe 2005 model. Neck jets, therapy seats. Never used. Warranty. Can deliver. Worth \$5,200, sell \$1,750. Call (530)892-9117

Blanco-supreme stainless steel undermount kitchen sink, double bowl, model 511-620, brand new. 21"x32"x8". \$295. (530)756-1192

Couch, Rowe slip-cover, incl. 2 covers, exc. cond., \$800. Oak, twin capt. bed, \$250. (707)429-1420

Maytag gas range, like new and exhaust hood, new in box. \$450, no reas. offer refused. 425-7487.

10 pc. B/R set incl. matt. & box springs, \$398. Brand New! (707)447-0915.

2 pc. full sz. mattress & box springs, \$99. Qn. sz., \$139. (707)447-0915

Disney Florida Beach Family Vacation. 7 days, 6 nights, paid \$600, must sell for \$199. (707)440-1205

Dining table, Thomasville, solid oak, 2 leaves, 6 wicker back & padded chairs, \$750. Matching china cab. w/leaded, beveled glass, exc. cond. \$850. 707-428-5351

Misc. for Sale

MOVING! MUST SELL! Refrigerator. GE. 17.6 cf. \$150 (707)426-2860

Solid wood cherry or oak TV Armoire. Was \$599; now 50% off - \$249. (707)447-0915

BUNK BEDS. Wood or metal, BRAND NEW! \$198. (707)447-0915.

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Horse boarding. 5-acre pasture, large paddocks, arena, round pen, access to trails; incl hay. \$145/mo. 795-4084. 4-tfn

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Bring your horse for riding lessons. Eng./West, beginners to advanced. Winters area. Leave message, 795-2146. 14-4tc

Winters Sr. Apartments

Taking Applications
400 Morgan St. 795-1033 M-F 9-1
* Rent based on income Must be 62, disabled, or handicapped



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Is your checkbook a mess? Tired of trying to balance your checking account? Need help in doing payroll, payroll reports, and sales tax reports? Give me a call at (530) 795-4254.

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600 Railroad Ave. Ste. B Winters, CA 95694 (530) 795-4254

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Real Estate

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It's pool time! 3 bed/2bath in excellent shape. Attention to detail is the word. This home is super clean. What character. Call for details, offered at \$429,000.

Highway Commercial on 128. Over 30,000 square feet. Older home on property, **SOLD** conveys as-is. Excellent location! Offered at \$450,000. Call for details.

Rare Find!!! Only 2 miles north of Winters. 1.72 acres located right off County Road 89. Great **SOLD** views of the mountains. Offered at \$229,000. Call for details.

60 acre Walnut orchard, large home, pool, 30X60 shop, huller & Solid Set sprinklers. Much more. Call for details.

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Rentals

Duplex. \$875/mo + dep. \$1,300. 1 yr. lease. Small pets O.K. Good size yard. 1 car carport. 303 Edwards St. Andrew Skaggs, 530-681-8888.

3bd/2ba. Fireplace, garage, big back yard. \$1,200/mo + deposit. 795-3251. Avail. approx. June. 14-tfn

House for rent 3 bd/2ba. Large patio and storage. Extra parking. First/last + deposit. \$1,450/mo. Garbage/water incl. Avail. now. Small dogs allowed. No cats. Se habla espanol. 795-2561. 12-3tp

Beautiful restored Victorian, downtown Winters. 3/2, 1,850 sf. 11 E. Main. Landscape Maint. Incl. \$1,850/mo. Min. 1 yr. lease. Do not disturb current tenants. Call 707-246-4662/days. 12-4tc

Lake Berryessa New 3/2 w/office. Lg. 2-car garage. New stainless steel appliances and refrig. Central H/A, w/d hook-up. RV/boat parking. \$1595/mo. Small deposit. 707-712-2661. 12-2tc

Visit us online at
www.wintersexpress.com

Rentals

2 bdrm apt. for rent. \$800/mo. \$1000 dep. 795-3214. Ask for David. 50-tfn

Office Space on Railroad Ave. Winters
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~ 4 bdrm 2 bath. Includes water/garbage. \$1600/mo
~ Home in Esparto, 3/1, water/garbage. \$1125/mo.
~ 3/1 1/2, w/g & landscape included. \$1325/mo.
Call 795-4183 for more information. 2tfn

1910 Doris Court, 3/2. 2 car garage, very clean, nice yard. CH/A, yard maintenance included. \$1,550/ month. (916)225-2800,

2/2.5 with office, 2000 sf, newly painted & landscaped. \$1600 per mo. + dep.

707-255-8825, days
707-252-4542, eves.
kj4000@sbcglobal.net

Your real estate ad could be here for as little as \$5.00 per week. Call 795-4551 for more information or to place your ad. Your ad will also appear on the Winters Express web site, wintersexpress.com with 2000 hits per month.



If you want to sell your home or buy that dream house call me.

Jan Morkal
707-592-8198 or 530-795-2988



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Bill Parkhurst

Rare Lot in Winters. Almost 1/2 acre in a soon to be gated community. **\$299,950**

Just **SOLD** 105 Riverview Ct., 3/2, 2-car garage, RV access, 1/4 acre

Cell: 530-400-4118
Office: 707-678-4663



New listing in Winters priced at \$450,000. Rare 13,770 SF lot with 3 bedroom 1 bath home. Oversized 2-car garage & barn on the property.

Contact your Realtor or M2 & Co. 530-753-7603

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4 bedrooms, 2 bath, 1963 square feet. Only 2 years old, open floor plan, rounded corners, inside laundry, separate soaker tub and shower in master bath room and raised 6 panel doors.

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Office Exclusive! PICK YOUR COLORS on these 2 brand new homes in Winters. Both are 3 bd/2.5ba. One is approx. 1900 sf & the other is approx. 2300 sf. Call for more details & move in date! Starting at only \$534,900 & \$549,900.

2 homes on almost 20 AC. 3/2 main home, w/ 2060 sf. 2nd home is 3/2 w/1213 sf. Pool, **CON** pellet stove & panoramic views. Also includes barn & storage facility. Call now!

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Observing a track meet can provide a person with critical insights into human nature. There is much more happening than running, jumping, throwing, and waiting your turn. Though



DALE MITCHELL, Ed.D
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there were no walls, blackboards, textbooks, paper or pencils, it is definitely a learning environment.

Track is one of the few sports that combines individual performance to determine team results. There is no team success, accumulating team points and possibly winning the track meet, without individual success. This is a reality for most of us in real life. The success of our schools, of our businesses, requires individual success in order to have team success.

A second observation is that track involves competition against yourself and others. Participants do not simply judge their performance in relation to how they rank (finish) compared to the other athletes, but more importantly, compare their performance with their previous best scores and times. The challenge to do one's best and to improve is actually of greater value than ranking ahead of someone else. Unused talent and potential are wasted resources.

The recent track meet that I attended included the girls first running the 1600 meters race (about one mile) followed by the boys 1600. The girls' race was extremely interesting as I watched two athletes competing with all their might to finish ahead of one another. The fans were cheering for both of them and you could see the determination in the faces of the girls. When the race was over, one girl ranked second to last and the other last, in relation to all the competitors. In my book, they both are winners.

Our runners in the boys 1600 meters race talked with me before their run was to begin. They agreed that the race involved more of a mental challenge than a physical one. Though they had conditioned themselves to be ready to run, they recognized that the competition would result in physical strain and pain. They could not avoid that reality, but acknowledged that their mental preparation and determination would have the greatest influence on the results. This is quite a lesson that they have learned and hopefully are applying in their academics and in life. We can count on challenges and difficulties that would prevent us from doing our best. However, our motivation and mental outlook are critical if we are to do our best and to finish the race.

Both the girls and the boys understood and accepted the challenges of competing in the 1600 meters race.

My last observation is that being a team member is important. Track provides an excellent opportunity for students to experience a sense of belonging and to participate in an activity that has a greater benefit than just the individual competition. Athletes praised one another for their success, consoled one another when the results were disappointing, and expressed care and concern for each other's welfare regardless of the competitions' outcomes. They expressed interest in one another beyond the performance results. What an important lesson to learn. While we all have our roles that we play as student, teacher, or employee, caring for the welfare of one another in a way that transcends our individual roles and responsibilities and is critical to our individual and collective success.

So, when you are ready to learn a little bit more about who you are as a person and how to face the demands of life, check out a track meet. Our youth make excellent teachers.

“If you watch a game, it’s fun.
If you play, it’s recreation.
If you work at it, it’s golf”
— Bob Hope

Sprucing up the town



Photo by Debra Lo Guercio
Winters Chamber of Commerce president Howard Hupe (left) and Winters VFW quartermaster John Sexton visited the city planter on East Grant Avenue to replace the old VFW sign as part of an effort to beautify the town and replace things that are worn out or damaged. The Chamber is working on having the entire Winters sign in that planter box replaced.

Fire department recruiting volunteer firefighters

By BRAD LOPEZ
Special to the Express

The Winters Fire Department is recruiting candidates to fill volunteer firefighter/emergency medical responder positions. Firefighters must be available to respond to calls from home and/or work.

The fire department provides fire protection and other emergency services, as well as various fire prevention, education, and other safety services for the city and outlying district. No prior experience is necessary,

and all training and equipment is provided.

The Winters Fire Department currently has four permanent fire fighters and 25 volunteer firefighters. Full time and volunteer firefighters play a very important role in the overall protection of the city and district by providing the community with the benefits of full service fire protection without the costs associated with full-time career personnel. Because of the growing need for firefighters and emergency medical responders in the fire

department, and the growing demands for performance, the community needs more help.

If you have the desire to help your community, believe in excellence at performing any job, consider respect and appreciation reward enough for the job you do, then the members of the Winters Fire Department would appreciate your membership as a volunteer firefighter/emergency medical responder.

If you are interested in volunteering, call the fire department office, 795-4131.